

Cardinal Relays
Maquoketa High School
Maquoketa, Iowa - 5/5/2025
Results

Girls 100 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
Finals					
1 Taylor Wing	12	Maquoketa	12.74	2	10
2 Aiyunah Orr	11	Clinton (Ia)	13.55	2	8
3 Alivia Chambers	11	Northeast	13.78	2	6
4 Ava Ferguson	9	Maquoketa	13.90	2	4
5 Maya Westerhof	9	Davenport West	14.29	2	2
6 Vanessa Steines	9	Bellevue	14.32	1	1
7 Kylie Lafella	9	Midland	14.41	1	
8 Rachel Reeves	9	Northeast	14.42	2	
9 Emersyn Green	12	Cascade	14.48	2	
10 Serenity Ross	10	Davenport West	14.58	2	
11 Jaylee Bredekamp	9	Easton Valley	15.07	1	
12 Juliana Gleason	10	Bellevue	15.08	1	
13 Avery Edwards	9	Midland	15.13	1	
14 Evelyn Cooper	9	Marquette Catholic	15.55	1	
15 Josie Green	9	Cascade	19.09	1	

Girls 200 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Cora Widel	11	Maquoketa	25.77	3	10
2 Jordan Tegeler	10	Northeast	25.89	3	8
3 London Riggs	9	Davenport West	28.02	3	6
4 Leona Manternach	9	Cascade	28.04	3	4
5 Lauren Whitney	10	Clinton (Ia)	28.10	3	2
6 Sarah Gruver	12	Easton Valley	29.29	2	1
7 Emerson Huston	11	Midland	29.48	3	
8 Alivia Chambers	11	Northeast	29.70	3	
9 Cadence James	11	Maquoketa	29.75	2	
10 Bel Sieverding	10	Bellevue	30.09	2	
11 McKenna Doll	11	Midland	30.52	1	
12 Vanessa Steines	9	Bellevue	30.66	2	
13 Tyrihanna Brown	10	Davenport West	31.12	2	
14 Emma Frake	9	Cascade	31.52	2	
15 Lizzy Seidell	10	Easton Valley	32.79	1	
16 Evelyn Cooper	9	Marquette Catholic	35.20	1	
17 Josie Green	9	Cascade	x42.32	1	

Girls 400 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Gabbie Franzen	11	Midland	1:05.69	2	10
2 Rieley Burken	11	Northeast	1:05.98	2	8
3 Jayda Skiff	10	Clinton (Ia)	1:07.06	2	6
4 Julia Knepper	9	Cascade	1:13.85	2	4

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5	Josie Wood	12	Easton Valley	1:13.93	2	2
6	Kylie Lafella	9	Midland	1:17.24	2	1
7	Payton Cobert	9	Davenport West	1:19.84	1	
8	Jordan Hennings	12	Bellevue	1:23.86	1	
9	Jamyra Wagner	11	Easton Valley	1:35.34	1	

Girls 800 Meter Run Varsity

Name	Year	School	Finals	Points
1 Teryn Hansen	11	Northeast	2:34.34	10
2 Riley Buttz	9	Maquoketa	2:38.01	8
3 Addison Golinghorst	10	Davenport West	2:38.79	6
4 Chloe Rolland	10	Davenport West	2:53.31	4
5 Jade Sprout	12	Bellevue	2:54.16	2
6 Abby Bierman	12	Easton Valley	3:00.60	1
7 Bailey Sullivan	11	Easton Valley	3:01.41	

Girls 1500 Meter Run Varsity

Name	Year	School	Finals	Points
1 Isabelle Hardin	11	Maquoketa	5:03.10	10
2 Aubrey Rivers	11	Clinton (Ia)	5:20.92	8
3 Hallie Kelchen	11	Cascade	5:24.69	6
4 Charlotte Ihns	9	Maquoketa	5:37.91	4
5 Carley Conrad	9	Cascade	5:47.51	2
6 Madeline Paustian	10	Davenport West	5:52.69	1
7 Alyssa Noriega	10	Davenport West	7:33.82	

Girls 3000 Meter Run Varsity

Name	Year	School	Finals	Points
1 Abby Bierman	12	Easton Valley	13:57.87	10

Girls 100 Meter Hurdles Varsity

Name	Year	School	Finals	H#	Points
1 Kate Green	12	Cascade	15.29	2	10
2 Justice Armbruster	11	Maquoketa	16.28	2	8
3 Makayla Paar	10	Cascade	16.33	2	6
4 Jada Clifton	9	Easton Valley	17.21	2	4
5 Anijah Williams	11	Clinton (Ia)	17.77	2	2
6 Anna Bedford	10	Clinton (Ia)	18.28	1	1
7 McKenna Brown	12	Midland	19.15	2	
8 Abby Felkey	11	Easton Valley	19.92	1	
9 Jordyn Ellefson	12	Midland	20.55	1	

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Girls 400 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Justice Armbruster	11 Maquoketa	1:06.31	10
2 Kalynn Lamey	12 Cascade	1:14.87	8
3 Madyson MacAvoy	10 Clinton (Ia)	1:20.81	6
4 McKenna Brown	12 Midland	1:21.81	4
5 Elise Knutsen	10 Easton Valley	1:30.85	2

Girls 4x100 Meter Relay Varsity

School	Finals	Points
1 Maquoketa	50.33	10
1) Rylee Wing 12	2) Cora Widel 11	
3) Millie Wing 9	4) Taylor Wing 12	
2 Bellevue	50.83	8
1) Laney Steines 10	2) Tayla Leibfried 12	
3) Bella Leibfried 10	4) Leah Lambe 9	
3 Cascade	52.16	6
1) Makayla Paar 10	2) Molly Roling 12	
3) Kate Green 12	4) Addison Frake 11	
4 Clinton (Ia)	53.86	4
1) Emerson Jensen 10	2) Alaina Carpenter 9	
3) Harper Determan 10	4) Aiyunah Orr 11	
5 Davenport West	55.20	2
1) Tyrihanna Brown 10	2) Maya Westerhof 9	
3) London Riggs 9	4) Wiklund Sophie 12	
6 Easton Valley	56.69	1
1) Abby Felkey 11	2) Sarah Gruver 12	
3) Elise Knutsen 10	4) Jada Clifton 9	
7 Midland	56.96	
1) Emmi Huston 11	2) Jordyn Ellefson 12	
3) McKenna Doll 11	4) Haleigh Payne 12	

Girls 4x200 Meter Relay Varsity

School	Finals	Points
1 Bellevue	1:50.25	10
1) Karley McCombie 9	2) Tayla Leibfried 12	
3) Bella Leibfried 10	4) Leah Lambe 9	
2 Cascade	1:51.13	8
1) Maddie Recker 11	2) Leona Manternach 9	
3) Addison Frake 11	4) Molly Roling 12	
3 Clinton (Ia)	1:54.02	6
1) Dorianna Hill 9	2) Camila Hunter 11	
3) Alaina Carpenter 9	4) Molly Steiner 9	
4 Midland	1:58.36	4
1) Emmi Huston 11	2) Haleigh Payne 12	

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....Girls 4x200 Meter Relay Varsity

3) Caycee Crist 10	4) McKenna Doll 11		
5 Maquoketa		2:01.25	2
1) Cadence James 11	2) Emily Siegrist 9		
3) Macklyn McClaughlin 9	4) Holly Manders 12		

Girls 4x400 Meter Relay Varsity

School	Finals	Points
1 Maquoketa	4:09.51	10
1) Kalyn Hackman 12	2) Natalie Hackman 9	
3) Justice Armbruster 11	4) Cora Widel 11	
2 Northeast	4:20.10	8
1) Jordan Tegeler 10	2) Rieley Burken 11	
3) Teryn Hansen 11	4) Claire Johnson 9	
3 Midland	4:25.88	6
1) Alyssa Eckhardt 12	2) Gabbie Franzen 11	
3) Caycee Crist 10	4) Addison Miller 10	

Girls 4x800 Meter Relay Varsity

School	Finals	Points
1 Clinton (Ia)	10:23.63	10
1) Carryn Sattler 11	2) Molly Steiner 9	
3) Aubrey Rivers 11	4) Alli Haskell 9	
2 Maquoketa	12:04.51	8
1) Riley Buttz 9	2) Charlotte Ihns 9	
3) Evelyn Nelson 12	4) Emily Siegrist 9	

Girls 800 Sprint Medley Varsity

School	Finals	Points
1 Maquoketa	1:51.09	10
1) Rylee Wing 12	2) Millie Wing 9	
3) Taylor Wing 12	4) Cora Widel 11	
2 Northeast	1:54.19	8
1) Raelyn Schroeder 11	2) Natalyn Tarr 9	
3) Claire Johnson 9	4) Jordan Tegeler 10	
3 Bellevue	1:58.65	6
1) Laney Steines 10	2) Tayla Leibfried 12	
3) Leah Lambe 9	4) Gabby Hingtgen 11	
4 Clinton (Ia)	2:00.28	4
1) Emerson Jensen 10	2) Aumree Russell 10	
3) Lauren Whitney 10	4) Alli Haskell 9	
5 Midland	2:02.03	2
1) Emmi Huston 11	2) Haleigh Payne 12	
3) Addison Miller 10	4) Alyssa Eckhardt 12	

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....Girls 800 Sprint Medley Varsity

6 Davenport West	2:02.49	1
1) Tyrihanna Brown 10	2) Wiklund Sophie 12	
3) London Riggs 9	4) Emma Schneiderman 10	
7 Cascade	2:02.91	
1) Izzy Snyder 9	2) Emersyn Green 12	
3) Maddie Recker 11	4) Kalyann Lamey 12	
8 Easton Valley	2:16.44	
1) Jaylee Bredekamp 9	2) Emma Beck 12	
3) Bailey Sullivan 11	4) Josie Wood 12	

Girls Distance Medley Varsity

School	Finals	Points
1 Clinton (Ia)	4:22.57	10
1) Dorianna Hill 9	2) Camila Hunter 11	
3) Molly Steiner 9	4) Carryn Sattler 11	
2 Maquoketa	4:26.10	8
1) Rylee Wing 12	2) Millie Wing 9	
3) Kalyn Hackman 12	4) Natalie Hackman 9	
3 Northeast	4:29.37	6
1) Raelyn Schroeder 11	2) Natalyn Tarr 9	
3) Claire Johnson 9	4) Teryn Hansen 11	
4 Davenport West	4:51.48	4
1) Wiklund Sophie 12	2) Elaina Gholston Guldenpfenn 9	
3) Addison Golinghorst 10	4) Emma Schneiderman 10	
5 Cascade	4:55.47	2
1) Izzy Snyder 9	2) Emma Frake 9	
3) Carley Conrad 9	4) Hallie Kelchen 11	
6 Bellevue	4:59.31	1
1) Laney Steines 10	2) Cydney Tath 11	
3) Jade Sprout 12	4) Gabby Hingtgen 11	

Girls 4x100 Meter Shuttle Hurdle Varsity

School	Finals	Points
1 Cascade	1:07.93	10
1) Molly Roling 12	2) Makayla Paar 10	
3) Addison Frake 11	4) Kate Green 12	
2 Clinton (Ia)	1:15.05	8
1) Madyson MacAvoy 10	2) Alaina Carpenter 9	
3) Anna Bedford 10	4) Anijah Williams 11	
3 Easton Valley	1:18.71	6
1) Abby Felkey 11	2) Elise Knutsen 10	
3) Jaylee Bredekamp 9	4) Jada Clifton 9	

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Girls High Jump Varsity

Name	Year	School	Finals	Points
1 Elle Lonergan	11	Clinton (Ia)	5-02.00	10
2 Lauren Whitney	10	Clinton (Ia)	4-08.00	6
2 Leona Manternach	9	Cascade	4-08.00	6
2 Sarah Gruver	12	Easton Valley	4-08.00	6
5 Alivia Buresch	10	Midland	4-06.00	2

Girls Long Jump Varsity

Name	Year	School	Finals	Points
1 Joselyn Petersen	11	Clinton (Ia)	16-01.50	10
2 London Riggs	9	Davenport West	15-07.00	8
3 Cydney Tath	11	Bellevue	15-03.50	6
4 Karley McCombie	9	Bellevue	14-09.00	4
5 JoAnna Ochoa	10	Maquoketa	14-02.50	2
6 Kylie Lafella	9	Midland	13-06.50	1
7 Emma Schneiderman	10	Davenport West	13-04.00	
8 Lucia Hausmann Paris	10	Maquoketa	12-11.00	
9 Evelyn Cooper	9	Marquette Catholic	11-09.00	

Girls Shot Put Varsity

Name	Year	School	Finals	H#	Points
1 Aubrey Fergusson	11	Clinton (Ia)	38-08.00	2	10
2 Kailyn Thompson	12	Marquette Catholic	35-09.50	2	8
3 Riley Gillen	11	Easton Valley	35-07.50	2	6
4 Rachel Ehlers	12	Davenport West	34-11.50	2	4
5 Zoey Seitz	11	Clinton (Ia)	33-07.50	2	2
6 Payshence Price	9	Davenport West	32-10.00	2	1
7 Luxi Coutu	10	Northeast	32-01.00	2	
8 Alexis Adnew	9	Northeast	29-09.50	2	
9 Emma Beck	12	Easton Valley	29-05.00	2	
10 Stephan Sophia	9	Cascade	27-11.00	1	
11 Alaina DeSotel	12	Marquette Catholic	26-01.50	1	
12 Kara Felton	9	Cascade	26-00.00	1	
13 Milee Streets	9	Midland	24-11.00	1	
14 Juliana Gleason	10	Bellevue	23-09.00	1	
15 Renee Cook	10	Maquoketa	23-03.50	1	
16 Hadley Dosland	9	Midland	22-10.50	1	

Girls Discus Throw Varsity

Name	Year	School	Finals	H#	Points
1 Kailyn Thompson	12	Marquette Catholic	118-05.50	2	10
2 Rachel Ehlers	12	Davenport West	110-07	2	8

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3 Aubrey Fergusson	11 Clinton (Ia)	109-01.50	2	6
4 Luxi Coutu	10 Northeast	97-03	2	4
5 Maloree Byrns	11 Clinton (Ia)	92-02	2	2
6 Emma Beck	12 Easton Valley	90-03	2	1
7 Riley Gillen	11 Easton Valley	87-07	1	
8 Stephan Sophia	9 Cascade	82-02.50	2	
9 Kara Felton	9 Cascade	76-11	1	
10 Alexis Adnew	9 Northeast	68-10	1	
11 Juliana Gleason	10 Bellevue	63-10	1	
12 Hadley Dosland	9 Midland	62-08	1	
13 Milee Streets	9 Midland	56-05	1	

Girls 4x100 Meter Relay JV

School	Finals
1 Bellevue	54.77
1) Cydney Tath 11	2) Bel Sieverding 10
3) Vanessa Steines 9	4) Jordan Hennings 12
2 Clinton (Ia)	56.99
1) Lilly Hankins 9	2) Bryanna Samuels 9
3) Emeree Luett 12	4) Anna Bedford 10
3 Maquoketa	57.42
1) JoAnna Ochoa 10	2) Holly Manders 12
3) Ava Ferguson 9	4) Audree Kuhlman 12
4 Cascade	57.58
1) Izzy Snyder 9	2) Emma Frake 9
3) Emersyn Green 12	4) Julia Knepper 9
5 Davenport West	59.65
1) Rachel Ehlers 12	2) Addison Golinghorst 10
3) Madeline Paustian 10	4) Emma Schneiderman 10

Girls 4x200 Meter Relay JV

School	Finals
1 Maquoketa	1:57.44
1) Ava Ferguson 9	2) Audree Kuhlman 12
3) Evelyn Nelson 12	4) Lucia Hausmann Paris 10
2 Davenport West	2:03.95
1) Karlee McDaniel 10	2) Zoe Shields 9
3) Darriyonna Terrell 9	4) Serenity Ross 10
3 Clinton (Ia)	2:09.06
1) Harper Determan 10	2) Aumree Russell 10
3) Lilly Hankins 9	4) Olivia Glover 12

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School	Finals
1 Northeast	4:43.07
1) Natalyn Tarr 9	2) Raelyn Schroeder 11
3) Karleigh Hansen 10	4) Alix Bougenies 11

Girls 800 Sprint Medley JV

School	Finals
1 Clinton (Ia)	2:10.17
1) Sienna Fransen 9	2) Vanessa Hensel 10
3) Rose Wauford 11	4) Olivia Glover 12
2 Maquoketa	2:11.04
1) Macklyn McClaughlin 9	2) Ava Ferguson 9
3) Evelyn Nelson 12	4) Emily Siegrist 9
3 Davenport West	2:14.96
1) Karlee McDaniel 10	2) Zoe Shields 9
3) Darriyonna Terrell 9	4) Elisyeh Jones 9
4 Easton Valley	2:18.71
1) Lizzy Seidell 10	2) Jamyra Wagner 11
3) Hailey Sullivan 11	4) Chloe Bowling 11

Girls Distance Medley JV

School	Finals
1 Easton Valley	5:33.48
1) Lizzy Seidell 10	2) Bailey Sullivan 11
3) Hailey Sullivan 11	4) Chloe Bowling 11
2 Clinton (Ia)	5:47.80
1) Sienna Fransen 9	2) Emeree Luett 12
3) Emily Anderson 9	4) Kaylee Davis 10

Girls Long Jump JV

Name	Year School	Finals
1 Vanessa Hensel	10 Clinton (Ia)	13-01.50
2 Lizzy Seidell	10 Easton Valley	12-02.50

Girls Shot Put JV

Name	Year School	Finals
1 Haylee House	11 Clinton (Ia)	28-03.50
2 Ava Serrano	9 Davenport West	27-07.00
3 McKenna Schroeder	12 Clinton (Ia)	26-07.00
4 Roslyn Klemme	10 Easton Valley	25-08.00

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5 Makenna Klemme	10 Easton Valley	24-03.50
6 Kaylee Dierksen	10 Easton Valley	x21-08.00

Girls Discus Throw JV

Name	Year School	Finals
1 Haylee House	11 Clinton (Ia)	86-00
2 Payshence Price	9 Davenport West	79-08
3 Liv Lonergan	9 Clinton (Ia)	78-09
4 Ava Serrano	9 Davenport West	75-11
5 Roslyn Klemme	10 Easton Valley	67-05
6 Makenna Klemme	10 Easton Valley	61-01
7 Kaylee Dierksen	10 Easton Valley	x57-08

Women - Varsity - Team Rankings - 19 Events Scored

1) Clinton (IA)	121	2) Maquoketa	114
3) Cascade	72	4) Northeast	58
5) Davenport West	47	6) Easton Valley	40
7) Bellevue	38	8) Midland	30
9) Marquette Catholic	18		

Men - Varsity - Team Rankings - 19 Events Scored

1) Davenport Central	185	2) Monticello	128
3) Midland	98	4) Bellevue	81
5) Maquoketa	55	6) Marquette Catholic	10