

Cardinal Relays
Maquoketa High School
Maquoketa, Iowa - 4/29/2024
Results

Girls 100 Meter Dash Varsity

| Name | Year | School | Finals | H# | Points |
|--------------------|------|--------------------|--------|----|--------|
| Finals | | | | | |
| 1 Taylor Wing | 11 | Maquoketa | 12.84 | 3 | 10 |
| 2 Quinn Nielsen | 12 | Clinton (Ia) | 12.92 | 3 | 8 |
| 3 Kanijah Angel | 12 | Clinton (Ia) | 12.98 | 3 | 6 |
| 4 Alivia Chambers | 10 | Northeast | 13.63 | 3 | 4 |
| 5 Maria Kilburg | 12 | Easton Valley | 13.69 | 3 | 2 |
| 6 Makayla Paar | 9 | Cascade | 13.95 | 2 | 1 |
| 7 Bella Leibfried | 9 | Bellevue | 14.20 | 2 | |
| 8 Alyssa Eckhardt | 11 | Midland | 14.22 | 3 | |
| 9 Madelyn Bly | 10 | Davenport West | 14.36 | 3 | |
| 10 Olivia Coates | 11 | Midland | 14.73 | 2 | |
| 11 Karleigh Hansen | 9 | Northeast | 14.80 | 2 | |
| 12 Kamari Hatley | 10 | Maquoketa | 14.86 | 2 | |
| 13 Kory Kintzle | 11 | Marquette Catholic | 15.53 | 1 | |
| 14 Lilly Sutton | 11 | Cascade | 16.28 | 2 | |
| 15 Josie Kintzle | 11 | Marquette Catholic | 16.33 | 1 | |
| 16 Kyrsten Perez | 12 | Maquoketa | x17.01 | 1 | |
| 17 Jami Portz | 12 | Bellevue | 17.46 | 2 | |
| 18 Ashley Meyer | 11 | Easton Valley | 17.66 | 1 | |

Girls 200 Meter Dash Varsity

| Name | Year | School | Finals | H# | Points |
|---------------------|------|--------------------|--------|----|--------|
| 1 Jordan Tegeler | 9 | Northeast | 26.52 | 3 | 10 |
| 2 Cora Widel | 10 | Maquoketa | 26.56 | 3 | 8 |
| 3 Maria Kilburg | 12 | Easton Valley | 28.25 | 3 | 6 |
| 4 Kylie Trentz | 11 | Maquoketa | 29.23 | 3 | 4 |
| 5 Claire Unke | 12 | Clinton (Ia) | 29.47 | 3 | 2 |
| 6 Cydney Tath | 10 | Bellevue | 29.92 | 2 | 1 |
| 7 Addison Frake | 10 | Cascade | 30.01 | 3 | |
| 8 Meredith Mitchell | 12 | Davenport West | 30.22 | 2 | |
| 9 Mariah Hacke | 12 | Midland | 30.33 | 2 | |
| 10 Karleigh Hansen | 9 | Northeast | 31.16 | 2 | |
| 11 Catherine Dunne | 11 | Bellevue | 31.26 | 2 | |
| 12 McKenna Doll | 10 | Midland | 31.56 | 2 | |
| 13 Kory Kintzle | 11 | Marquette Catholic | 32.71 | 1 | |
| 14 Kalynn Lamey | 11 | Cascade | 34.54 | 2 | |
| 15 Josie Kintzle | 11 | Marquette Catholic | 37.24 | 1 | |
| 16 Ashley Meyer | 11 | Easton Valley | 37.85 | 1 | |

Girls 400 Meter Dash Varsity

| Name | Year | School | Finals | H# | Points |
|------------------|------|-----------|---------|----|--------|
| 1 Jordan Tegeler | 9 | Northeast | 1:00.85 | 2 | 10 |
| 2 Reese Kuhlman | 12 | Maquoketa | 1:03.49 | 2 | 8 |

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Results

....Girls 400 Meter Dash Varsity

| | | | | |
|-------------------|------------------|----------|---|---|
| 3 Rylee Wing | 11 Maquoketa | 1:04.77 | 2 | 6 |
| 4 Claire Unke | 12 Clinton (Ia) | 1:04.80 | 2 | 4 |
| 5 Julia Suessmith | 12 Clinton (Ia) | 1:07.82 | 2 | 2 |
| 6 Ivery Brammann | 9 Davenport West | 1:08.48 | 2 | 1 |
| 7 Haleigh Payne | 11 Midland | 1:10.84 | 1 | |
| 8 Catherine Dunne | 11 Bellevue | 1:12.27 | 2 | |
| 9 Holly Manders | 11 Maquoketa | x1:12.31 | 1 | |
| 10 Cadence Klen | 10 Bellevue | 1:16.92 | 1 | |
| 11 Addison Holst | 11 Northeast | 1:19.02 | 1 | |
| 12 Chloe Bowling | 10 Easton Valley | 1:21.48 | 1 | |

Girls 800 Meter Run Varsity

| Name | Year School | Finals | Points |
|-----------------------|------------------|---------|--------|
| 1 Carryn Sattler | 10 Clinton (Ia) | 2:24.65 | 10 |
| 2 Hallie Kelchen | 10 Cascade | 2:27.79 | 8 |
| 3 Teryn Hansen | 10 Northeast | 2:32.07 | 6 |
| 4 Allison Bean | 12 Maquoketa | 2:47.36 | 4 |
| 5 Addison Golinghorst | 9 Davenport West | 2:48.88 | 2 |
| 6 Abby Bierman | 12 Easton Valley | 2:56.10 | 1 |
| 7 Hannah Braet | 12 Bellevue | 3:06.77 | |
| 8 Lily Ranke | 9 Northeast | 3:06.77 | |
| 9 Evelyn Nelson | 11 Maquoketa | 3:22.02 | |
| 10 Alyssa Noriega | 9 Davenport West | 3:30.86 | |

Girls 1500 Meter Run Varsity

| Name | Year School | Finals | Points |
|---------------------|------------------|---------|--------|
| 1 Isabelle Hardin | 10 Maquoketa | 4:56.38 | 10 |
| 2 Hallie Kelchen | 10 Cascade | 4:57.00 | 8 |
| 3 Madeline Paustian | 9 Davenport West | 5:53.26 | 6 |
| 4 Ali Simmons | 12 Maquoketa | 5:57.52 | 4 |

Girls 3000 Meter Run Varsity

| Name | Year School | Finals | Points |
|-------------------|-----------------------|----------|--------|
| 1 Isabelle Hardin | 10 Maquoketa | 10:27.59 | 10 |
| 2 Aubrey Rivers | 10 Clinton (Ia) | 12:11.04 | 8 |
| 3 Jessica Deaver | 10 Marquette Catholic | 13:48.32 | 6 |

Girls 100 Meter Hurdles Varsity

| Name | Year School | Finals | H# | Points |
|-----------------|--------------|--------|----|--------|
| 1 Kacy Williams | 12 Maquoketa | 16.50 | 2 | 10 |
| 2 Kate Green | 11 Cascade | 16.59 | 2 | 8 |

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....Girls 100 Meter Hurdles Varsity

| | | | | |
|--------------------|-------------------|-------|---|---|
| 3 Makayla Paar | 9 Cascade | 18.04 | 2 | 6 |
| 4 Maelyn Kluever | 10 Maquoketa | 18.23 | 2 | 4 |
| 5 Emmaleigh Soper | 11 Midland | 18.44 | 2 | 2 |
| 6 Anna Bedford | 9 Clinton (Ia) | 19.16 | 1 | 1 |
| 7 McKenna Brown | 11 Midland | 19.72 | 2 | |
| 8 Raelyn Schroeder | 10 Northeast | 19.89 | 2 | |
| 9 Ashanti Kolwey | 11 Davenport West | 20.14 | 2 | |
| 10 Jharia Knox | 9 Clinton (Ia) | 22.09 | 1 | |

Girls 400 Meter Hurdles Varsity

| Name | Year School | Finals | Points |
|----------------------|-----------------------|---------|--------|
| 1 Justice Armbruster | 10 Maquoketa | 1:10.50 | 10 |
| 2 Molly Roling | 11 Cascade | 1:10.75 | 8 |
| 3 Joselyn Petersen | 10 Clinton (Ia) | 1:17.20 | 6 |
| 4 Finley Starr | 11 Maquoketa | 1:19.34 | 4 |
| 5 Kalyn Skrivseth | 11 Marquette Catholic | 1:19.42 | 2 |
| 6 McKenna Brown | 11 Midland | 1:28.03 | 1 |

Girls 4x100 Meter Relay Varsity

| School | Finals | H# | Points |
|------------------------|-----------------------|----|--------|
| 1 Maquoketa | 50.49 | 2 | 10 |
| 1) Kacy Williams 12 | 2) Cora Widel 10 | | |
| 3) Reese Kuhlman 12 | 4) Taylor Wing 11 | | |
| 2 Cascade | 53.23 | 2 | 8 |
| 1) Makayla Paar 9 | 2) Molly Roling 11 | | |
| 3) Kate Green 11 | 4) Addison Frake 10 | | |
| 3 Northeast | 53.28 | 2 | 6 |
| 1) Kaitlyn Hansen 12 | 2) Jordan Tegeler 9 | | |
| 3) Teryn Hansen 10 | 4) Alivia Chambers 10 | | |
| 4 Davenport West | 54.19 | 2 | 4 |
| 1) Ivery Brammann 9 | 2) Wiklund Sophie 11 | | |
| 3) Preslee Timmons 9 | 4) Madelyn Bly 10 | | |
| 5 Bellevue | 55.00 | 2 | 2 |
| 1) Jami Portz 12 | 2) Tayla Leibfried 11 | | |
| 3) Cydney Tath 10 | 4) Bella Leibfried 9 | | |
| 6 Clinton (Ia) | 55.77 | 2 | 1 |
| 1) Quinn Nielsen 12 | 2) Hannah Malli 12 | | |
| 3) Aumree Russell 9 | 4) Kanijah Angel 12 | | |
| 7 Marquette Catholic | 56.72 | 1 | |
| 1) Kalyn Skrivseth 11 | 2) Anna Cota 10 | | |
| 3) Kambree Schwager 10 | 4) Lilliana Tracy 10 | | |
| 8 Easton Valley | 56.82 | 1 | |
| 1) Aviera Marburger 10 | 2) Sarah Gruver 11 | | |
| 3) Lexie Tebbe 12 | 4) Maria Kilburg 12 | | |
| 9 Midland | 56.85 | 1 | |

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Maquoketa, Iowa - 4/29/2024
Results

....Girls 4x100 Meter Relay Varsity

- | | |
|---------------------|--------------------|
| 1) Jayde Martin 12 | 2) McKenna Doll 10 |
| 3) Olivia Coates 11 | 4) Emmi Huston 10 |

Girls 4x200 Meter Relay Varsity

| School | Finals | H# | Points |
|-------------------------|------------------------|----|--------|
| 1 Maquoketa | 1:47.99 | 2 | 10 |
| 1) Chloe Abel 11 | 2) Cora Widel 10 | | |
| 3) Kylie Trentz 11 | 4) Taylor Wing 11 | | |
| 2 Clinton (Ia) | 1:52.26 | 2 | 8 |
| 1) Quinn Nielsen 12 | 2) Hannah Malli 12 | | |
| 3) Joselyn Petersen 10 | 4) Jayda Skiff 9 | | |
| 3 Cascade | 1:53.68 | 2 | 6 |
| 1) Kate Green 11 | 2) Molly Roling 11 | | |
| 3) Addison Frake 10 | 4) Maddie Recker 10 | | |
| 4 Northeast | 1:55.49 | 2 | 4 |
| 1) Kaitlyn Hansen 12 | 2) Rieley Burken 10 | | |
| 3) Raelyn Schroeder 10 | 4) Alivia Chambers 10 | | |
| 5 Davenport West | 1:55.98 | 2 | 2 |
| 1) Brianna Krusey 10 | 2) Preslee Timmons 9 | | |
| 3) Meredith Mitchell 12 | 4) Madelyn Bly 10 | | |
| 6 Bellevue | 1:56.67 | 2 | 1 |
| 1) Jami Portz 12 | 2) Tayla Leibfried 11 | | |
| 3) Jade Sprout 11 | 4) Bella Leibfried 9 | | |
| 7 Marquette Catholic | 1:59.67 | 1 | |
| 1) Kalyn Skrivseth 11 | 2) Anna Cota 10 | | |
| 3) Kambree Schwager 10 | 4) Lilliana Tracy 10 | | |
| 8 Midland | 2:00.25 | 1 | |
| 1) Gabbie Franzen 10 | 2) Jayde Martin 12 | | |
| 3) Mariah Hacke 12 | 4) Emmi Huston 10 | | |
| 9 Easton Valley | 2:01.89 | 1 | |
| 1) Maria Kilburg 12 | 2) Sarah Gruver 11 | | |
| 3) Lexie Tebbe 12 | 4) Aviera Marburger 10 | | |

Girls 4x400 Meter Relay Varsity

| School | Finals | Points |
|--------------------------|-----------------------|--------|
| 1 Maquoketa | 4:20.59 | 10 |
| 1) Justice Armbruster 10 | 2) Kalyn Hackman 11 | |
| 3) Rylee Wing 11 | 4) Reese Kuhlman 12 | |
| 2 Bellevue | 4:31.97 | 8 |
| 1) Gabby Hingtgen 10 | 2) Jade Sprout 11 | |
| 3) Grace Hingtgen 12 | 4) Bella Leibfried 9 | |
| 3 Midland | 4:36.29 | 6 |
| 1) Gabbie Franzen 10 | 2) Alyssa Eckhardt 11 | |
| 3) Haleigh Payne 11 | 4) Emmaleigh Soper 11 | |
| 4 Northeast | 4:37.46 | 4 |

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....Girls 4x400 Meter Relay Varsity

| | | |
|--------------------------|----------------------------|-----------|
| 1) Teryn Hansen 10 | 2) Rielely Burken 10 | |
| 3) Kaitlyn Hansen 12 | 4) Raelyn Schroeder 10 | |
| 5 Davenport West | | 5:06.30 2 |
| 1) Brianna Krusey 10 | 2) Madeline Paustian 9 | |
| 3) Addison Golinghorst 9 | 4) EmmaLynn Golinghorst 11 | |

Girls 4x800 Meter Relay Varsity

| School | Finals | Points |
|--------------------------|----------------------------|--------|
| 1 Davenport West | 11:18.92 | 10 |
| 1) Madeline Paustian 9 | 2) Emma Schneiderman 9 | |
| 3) Addison Golinghorst 9 | 4) EmmaLynn Golinghorst 11 | |
| 2 Bellevue | 11:24.20 | 8 |
| 1) Grace Hingtgen 12 | 2) Gabby Hingtgen 10 | |
| 3) Bel Sieverding 9 | 4) Hannah Braet 12 | |
| 3 Maquoketa | 12:17.94 | 6 |
| 1) Atty Moore 9 | 2) Allison Bean 12 | |
| 3) Ali Simmons 12 | 4) Evelyn Nelson 11 | |

Girls 800 Sprint Medley Varsity

| School | Finals | Points |
|-----------------------|-------------------------|--------|
| 1 Maquoketa | 1:54.35 | 10 |
| 1) Kacy Williams 12 | 2) Chloe Abeln 11 | |
| 3) Cora Widel 10 | 4) Reese Kuhlman 12 | |
| 2 Northeast | 1:55.58 | 8 |
| 1) Kaitlyn Hansen 12 | 2) Alivia Chambers 10 | |
| 3) Teryn Hansen 10 | 4) Jordan Tegeler 9 | |
| 3 Davenport West | 2:03.37 | 6 |
| 1) Ashanti Kolwey 11 | 2) Sydney Westerhof 12 | |
| 3) Brianna Krusey 10 | 4) Meredith Mitchell 12 | |
| 4 Midland | 2:03.48 | 4 |
| 1) Alyssa Eckhardt 11 | 2) Emmi Huston 10 | |
| 3) Mariah Hacke 12 | 4) Gabbie Franzen 10 | |
| 5 Cascade | 2:03.80 | 2 |
| 1) Ellie Green 12 | 2) Emyerson Green 11 | |
| 3) Maddie Recker 10 | 4) Hallie Kelchen 10 | |
| 6 Bellevue | 2:06.90 | 1 |
| 1) Jami Portz 12 | 2) Tayla Leibfried 11 | |
| 3) Jade Sprout 11 | 4) Catherine Dunne 11 | |
| 7 Marquette Catholic | 2:23.98 | |
| 1) Josie Kintzle 11 | 2) Kory Kintzle 11 | |
| 3) Lilliana Tracy 10 | 4) Sylvia Atkins 11 | |

Cardinal Relays
Maquoketa High School
Maquoketa, Iowa - 4/29/2024
Results

Girls Distance Medley Varsity

| School | Finals | Points |
|-----------------------|--------------------------|--------|
| 1 Maquoketa | 4:41.32 | 10 |
| 1) Chloe Abeln 11 | 2) Kylie Trentz 11 | |
| 3) Kalyn Hackman 11 | 4) Justice Armbruster 10 | |
| 2 Bellevue | 4:59.10 | 8 |
| 1) Tayla Leibfried 11 | 2) Cydney Tath 10 | |
| 3) Gabby Hingtgen 10 | 4) Grace Hingtgen 12 | |

Girls 4x100 Meter Shuttle Hurdle Varsity

| School | Finals | Points |
|--------------------------|------------------------|--------|
| 1 Maquoketa | 1:09.87 | 10 |
| 1) Chloe Abeln 11 | 2) Kylie Trentz 11 | |
| 3) Justice Armbruster 10 | 4) Kacy Williams 12 | |
| 2 Cascade | 1:10.10 | 8 |
| 1) Molly Roling 11 | 2) Makayla Paar 9 | |
| 3) Addison Frake 10 | 4) Kate Green 11 | |
| 3 Midland | 1:20.98 | 6 |
| 1) McKenna Brown 11 | 2) Emmaleigh Soper 11 | |
| 3) Jordyn Ellefson 11 | 4) Allesha Westphal 10 | |

Girls High Jump Varsity

| Name | Year School | Finals | Points |
|-----------------|------------------|---------|--------|
| 1 Elle Lonergan | 10 Clinton (Ia) | 5-00.00 | 10 |
| 2 Kalynn Lamey | 11 Cascade | 4-06.00 | 7 |
| 2 MaLaya Irons | 12 Clinton (Ia) | 4-06.00 | 7 |
| 4 Sarah Gruver | 11 Easton Valley | 4-04.00 | 4 |
| 5 Lexi Wallroff | 11 Maquoketa | 4-02.00 | 2 |
| -- Cadence Klen | 10 Bellevue | NH | |

Girls Long Jump Varsity

| Name | Year School | Finals | Points |
|--------------------|-----------------------|----------|--------|
| 1 Cydney Tath | 10 Bellevue | 14-09.50 | 10 |
| 2 Alyssa Eckhardt | 11 Midland | 14-06.00 | 8 |
| 3 Finley Starr | 11 Maquoketa | 14-00.00 | 6 |
| 4 Raelyn Schroeder | 10 Northeast | 13-11.50 | 4 |
| 5 Ivery Brammann | 9 Davenport West | 13-10.50 | 2 |
| 6 Joselyn Petersen | 10 Clinton (Ia) | 13-10.00 | 1 |
| 7 Aumree Russell | 9 Clinton (Ia) | 13-00.00 | |
| 8 Ava Franzen | 8 Midland | 12-07.00 | |
| 9 Josie Kintzle | 11 Marquette Catholic | 12-01.00 | |
| 10 Bel Sieverding | 9 Bellevue | 11-09.50 | |
| 11 Wiklund Sophie | 11 Davenport West | 11-08.50 | |

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Results

....Girls Long Jump Varsity

| | | |
|------------------|-----------------------|----------|
| 12 Atty Moore | 9 Maquoketa | 11-04.00 |
| 13 Kory Kintzle | 11 Marquette Catholic | 11-00.00 |
| 14 Lizzy Seidell | 9 Easton Valley | 10-03.50 |
| 15 Jada Geerts | 9 Easton Valley | 9-09.50 |

Girls Shot Put Varsity

| Name | Year School | Finals | Points |
|----------------------|-----------------------|----------|--------|
| 1 Luxi Coutu | 9 Northeast | 36-03.50 | 10 |
| 2 Lilli Gustaf | 11 Davenport West | 35-11.50 | 8 |
| 3 Gracie Tompkins | 11 Midland | 33-07.00 | 6 |
| 4 Leah Mangelsen | 11 Northeast | 33-06.50 | 4 |
| 5 Kendie Huizenga | 12 Clinton (Ia) | 31-08.50 | 2 |
| 6 Kailyn Thompson | 11 Marquette Catholic | 31-04.00 | 1 |
| 7 Rachel Ehlers | 11 Davenport West | 30-02.00 | |
| 8 Zoey Seitz | 10 Clinton (Ia) | 29-09.00 | |
| 9 Emma Beck | 11 Easton Valley | 28-09.50 | |
| 10 Alaina DeSotel | 11 Marquette Catholic | 27-10.50 | |
| 11 Lillyan Courtney | 12 Bellevue | 27-03.50 | |
| 12 Makenna Klemme | 9 Easton Valley | 25-04.50 | |
| 13 Jentry Johnson | 11 Maquoketa | 24-02.50 | |
| 14 MacKayla Cavanagh | 9 Maquoketa | 22-09.50 | |

Girls Discus Throw Varsity

| Name | Year School | Finals | Points |
|--------------------|-----------------------|--------|--------|
| 1 Gracie Tompkins | 11 Midland | 108-05 | 10 |
| 2 Kailyn Thompson | 11 Marquette Catholic | 107-05 | 8 |
| 3 Rachel Ehlers | 11 Davenport West | 106-08 | 6 |
| 4 Arie Russell | 12 Clinton (Ia) | 101-09 | 4 |
| 5 Luxi Coutu | 9 Northeast | 98-04 | 2 |
| 6 Emma Beck | 11 Easton Valley | 98-01 | 1 |
| 7 Aubrey Fergurson | 10 Clinton (Ia) | 96-11 | |
| 8 Lilli Gustaf | 11 Davenport West | 81-06 | |
| 9 Madilyn Koch | 9 Maquoketa | 78-10 | |
| 10 Makenna Klemme | 9 Easton Valley | 61-10 | |
| 11 Katie Otten | 11 Maquoketa | 61-04 | |
| 12 Avery Lindquist | 9 Northeast | 55-08 | |

Girls 4x100 Meter Relay JV

| School | Finals |
|--|---|
| 1 Maquoketa 1) Maelyn Kluever 10 3) JoAnna Ochoa 9 | 55.95 2) Atty Moore 9 4) Kendall Kuhlman 10 |
| 2 Clinton (Ia) | 56.40 |



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Results

....Girls 4x100 Meter Relay JV

| | | |
|-------------------------|------------------------|---------|
| 1) Emerson Jensen 9 | 2) Vanessa Hensel 9 | |
| 3) Harper Detterman 9 | 4) Aiyunah Orr 10 | |
| 3 Davenport West | | 57.05 |
| 1) Ashanti Kolwey 11 | 2) Tyrihanna Brown 9 | |
| 3) Meredith Mitchell 12 | 4) Sydney Westerhof 12 | |
| 4 Cascade | | 57.14 |
| 1) Ellie Green 12 | 2) Emersyn Green 11 | |
| 3) Maddie Recker 10 | 4) Lilly Sutton 11 | |
| 5 Bellevue | | 58.29 |
| 1) Jade Sprout 11 | 2) Bel Sieverding 9 | |
| 3) Leana Grothe 11 | 4) Juliana Gleason 9 | |
| 6 Midland | | 58.80 |
| 1) Naveaha Wagner 10 | 2) Kaylee Atkinson 11 | |
| 3) Ava Franzen 8 | 4) Aj Soper 10 | |
| 7 Northeast | | 1:00.25 |
| 1) Addison Holst 11 | 2) Rieley Burken 10 | |
| 3) Karleigh Hansen 9 | 4) Lily Ranke 9 | |
| 8 Easton Valley | | 1:06.42 |
| 1) Lizzy Seidell 9 | 2) Leire Vargas 11 | |
| 3) Maddy Edwards 9 | 4) Jada Geerts 9 | |

Girls 4x200 Meter Relay JV

| School | | Finals |
|----------------------------|----------------------|---------|
| 1 Clinton (Ia) | | 1:59.24 |
| 1) Enee Jensen 9 | 2) Vanessa Hensel 9 | |
| 3) Emeree Luett 11 | 4) Aumree Russell 9 | |
| 2 Maquoketa | | 2:02.56 |
| 1) Macky Marlowe 9 | 2) Lexi Wallroff 11 | |
| 3) Hailey Veach 11 | 4) JoAnna Ochoa 9 | |
| 3 Midland | | 2:05.54 |
| 1) Kaylee Atkinson 11 | 2) Ava Franzen 8 | |
| 3) Naveaha Wagner 10 | 4) Olivia Coates 11 | |
| 4 Cascade | | 2:06.50 |
| 1) Ellie Green 12 | 2) Emyersyn Green 11 | |
| 3) Lilly Sutton 11 | 4) Kalynn Lamey 11 | |
| 5 Davenport West | | 2:10.48 |
| 1) EmmaLynn Golinghorst 11 | 2) Tyrihanna Brown 9 | |
| 3) Emma Schneiderman 9 | 4) Hailey Mizer 12 | |
| 6 Bellevue | | 2:12.96 |
| 1) Bel Sieverding 9 | 2) Leana Grothe 11 | |
| 3) Hannah Braet 12 | 4) Juliana Gleason 9 | |
| 7 Easton Valley | | 2:20.92 |
| 1) Bridgette Moeller 9 | 2) Leire Vargas 11 | |
| 3) Lizzy Seidell 9 | 4) Maddy Edwards 9 | |

Cardinal Relays
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Results

Girls 800 Sprint Medley JV

| School | Finals |
|------------------------|----------------------|
| 1 Maquoketa | 2:10.03 |
| 1) Kamari Hatley 10 | 2) Macky Marlowe 9 |
| 3) Hailey Veach 11 | 4) Holly Manders 11 |
| 2 Northeast | 2:11.80 |
| 1) Addison Holst 11 | 2) Karleigh Hansen 9 |
| 3) Rielely Burken 10 | 4) Lily Ranke 9 |
| 3 Clinton (Ia) | 2:18.66 |
| 1) Harper Detterman 9 | 2) Anna Bedford 9 |
| 3) Emeree Luett 11 | 4) McKenna Bray 12 |
| 4 Easton Valley | 2:24.25 |
| 1) Aviera Marburger 10 | 2) Lizzy Seidell 9 |
| 3) Bridgette Moeller 9 | 4) Chloe Bowling 10 |

Girls Distance Medley JV

| School | Finals |
|-------------------|------------------------|
| 1 Clinton (Ia) | 5:34.03 |
| 1) Jharia Knox 9 | 2) Ashlee Hartz 9 |
| 3) Maya Shadden 9 | 4) Kara Klinkhammer 12 |

Girls 4x100 Meter Shuttle Hurdle JV

| School | Finals |
|--------------------|-----------------------|
| 1 Maquoketa | 1:19.31 |
| 1) Finley Starr 11 | 2) Maelyn Kluever 10 |
| 3) Atty Moore 9 | 4) Kendall Kuhlman 10 |

Girls Long Jump JV

| Name | Year School | Finals |
|------------------|-------------------|----------|
| 1 JoAnna Ochoa | 9 Maquoketa | 12-10.50 |
| 2 Vanessa Hensel | 9 Clinton (Ia) | 12-05.50 |
| 3 Audriana Tete | 12 Davenport West | 8-06.00 |
| -- Kyrsten Perez | 12 Maquoketa | FOUL |

Girls Shot Put JV

| Name | Year School | Finals |
|-------------------|-----------------|----------|
| 1 Aubrey Ferguson | 10 Clinton (Ia) | 30-00.50 |
| 2 Renee Cook | 9 Maquoketa | 26-11.50 |
| 3 Cambrie McLoyd | 10 Clinton (Ia) | 25-10.00 |
| 4 Roslyn Klemme | 9 Easton Valley | 25-09.00 |
| 5 Madilyn Koch | 9 Maquoketa | 24-11.00 |

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....Girls Shot Put JV

| | | |
|-------------------|-------------------|-----------|
| 6 Alexis Stuhr | 11 Davenport West | 24-07.00 |
| 7 Katie Otten | 11 Maquoketa | x23-06.50 |
| 8 Avery Lindquist | 9 Northeast | 22-00.00 |
| 9 Cambri Clark | 9 Easton Valley | 21-09.00 |

Girls Discus Throw JV

| Name | Year | School | Finals |
|---------------------|------|----------------|--------|
| 1 Hailey Mizer | 12 | Davenport West | 81-07 |
| 2 Haylee House | 10 | Clinton (Ia) | 77-10 |
| 3 Renee Cook | 9 | Maquoketa | 73-01 |
| 4 Cambrie McLoyd | 10 | Clinton (Ia) | 66-00 |
| 5 Roslyn Klemme | 9 | Easton Valley | 63-10 |
| 6 Jentry Johnson | 11 | Maquoketa | 60-10 |
| 7 Leana Grothe | 11 | Bellevue | 60-06 |
| 8 Juliana Gleason | 9 | Bellevue | 57-05 |
| 9 MacKayla Cavanagh | 9 | Maquoketa | x54-10 |

Women - Varsity - Team Rankings - 19 Events Scored

| | | | |
|-------------------|-----|-----------------------|----|
| 1) Maquoketa | 166 | 2) Clinton (IA) | 80 |
| 3) Northeast | 72 | 4) Cascade | 70 |
| 5) Davenport West | 49 | 6) Midland | 43 |
| 7) Bellevue | 39 | 8) Marquette Catholic | 17 |
| 9) Easton Valley | 14 | | |

Men - Varsity - Team Rankings - 19 Events Scored

| | | | |
|----------------------|--------|-----------------------|-----|
| 1) Maquoketa | 140.50 | 2) Dubuque Wahlert | 132 |
| 3) Davenport Central | 107 | 4) Bellevue | 92 |
| 5) Midland | 64.50 | 6) Marquette Catholic | 13 |