

**A-R-C Triangular**  
**Univ. of Dubuque - A.Y. McDonald Indoor Track**  
**Dubuque, Iowa - 2/20/2021**  
**Results**

**Men 55 Meter Dash****Top 8 Advance by Time**

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Facility: * 6.37 1/17/2015 John Rivan, Southwestern
Name Year School Prelims H#
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## Preliminaries

	Name	Year	School	Prelims	H#
1	Jeremiah Steed	SR	Dubuque	6.64q	3
2	Josh Bishop	FR	Coe	6.68q	1
3	Spencer Hunt	SO	Buena Vista	6.74q	2
4	Nolan Lentz	FR	Dubuque	6.76q	1
5	Jack Mayer	FR	Dubuque	6.81q	1
6	Jaidyn Williams	FR	Dubuque	6.82q	2
7	Kobe Howell	SO	Dubuque	6.83q	1
8	Christian St. Romain	FR	Buena Vista	6.84q	1
9	Jadon Micke	SO	Buena Vista	6.86	2
10	Jackson Sylvester	SO	Buena Vista	6.88	3
11	Frankie Atwater	FR	Dubuque	6.91	3
12	Isaiah Thomas	FR	Buena Vista	6.92	3
13	Garrett Byrd	FR	Dubuque	6.96	1
14	Max Santiago	FR	Dubuque	7.00	3
15	Ziad Alshomrani	SO	Dubuque	7.12	1
16	Kyellis Atwater	FR	Dubuque	7.19	2 7.183
17	Ausar Alexander	SO	Coe	7.19	2 7.188
18	Noah Gabrys	FR	Dubuque	7.32	3

**Men 55 Meter Dash**

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Facility: * 6.37 1/17/2015 John Rivan, Southwestern
Name Year School Finals Points
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## Finals

	Name	Year	School	Finals	Points
1	Jeremiah Steed	SR	Dubuque	6.57	7
2	Josh Bishop	FR	Coe	6.69	5
3	Jack Mayer	FR	Dubuque	6.76	4
4	Jaidyn Williams	FR	Dubuque	x6.81	
5	Kobe Howell	SO	Dubuque	x6.87	
6	Christian St. Romain	FR	Buena Vista	6.89	3

**Men 200 Meter Dash**

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Facility: * 22.25 1/14/2012 Gabriel Green, William Penn
Facility: * 22.25 1/18/2020 Patrick Mikel, Loras
Name Year School Finals H# Points
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	Name	Year	School	Finals	H#	Points
1	Jeremiah Steed	SR	Dubuque	22.61	5	7
2	Kobe Howell	SO	Dubuque	23.22	4	5
3	Blake Hardison	FR	Dubuque	x23.23	5	
4	Josh Bishop	FR	Coe	23.25	5	4
5	Nehemiah Griffin	FR	Dubuque	x23.52	5	
6	Jackson Sylvester	SO	Buena Vista	23.64	4	3

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**....Men 200 Meter Dash**

7	Austin Wierick	FR Dubuque	x24.04	4	
8	Frankie Atwater	FR Dubuque	x24.14	3	
9	Caleb Rigdon	SR Coe	24.18	4	2
10	Garrett Byrd	FR Dubuque	x24.19	3	
11	Isaiah Thomas	FR Buena Vista	24.23	3	1
12	Max Santiago	FR Dubuque	x24.31	3	
13	Noah Gabrys	FR Dubuque	x24.38	1	
14	Christian St. Romain	FR Buena Vista	x24.41	1	
15	Dylan Reimer	FR Buena Vista	x24.54	1	
16	Brayden Trebon	SO Coe	x24.76	2	
17	Ziad Alshomrani	SO Dubuque	x24.78	2	
18	Ausar Alexander	SO Coe	x25.30	1	
19	Zackary Huffman	FR Buena Vista	x25.92	1	

**Men 400 Meter Dash**

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 Facility: \* 49.48 1/28/2012 Ben Farrell, UW-Platteville  
 Name Year School Finals H# Points  
 =====

1	Jadon Micke	SO Buena Vista	51.69	2	7
2	Andrew Hutchinson	FR Dubuque	52.55	2	5
3	Austin Wierick	FR Dubuque	53.24	2	4
4	Jayden Weber	JR Coe	55.02	2	3
5	Sabian Arceneaux	FR Coe	57.56	1	2
6	Max Powers	JR Buena Vista	1:01.71	1	1

**Men 800 Meter Run**

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 Facility: \* 2:31.85 2011 Matt Isaac, Clarke  
 I Smith, D Volland, N Savage, K Cline  
 Name Year School Finals H# Points  
 =====

1	Mark Biechler	JR Dubuque	1:59.69*	2	7
2	Michael Orcutt	SR Dubuque	2:00.85*	2	5
3	Coe Booker	JR Coe	2:04.24*	2	4
4	Jordan Morrow	SO Dubuque	x2:05.53*	2	
5	John Innamorato	FR Dubuque	x2:08.88*	2	
6	Jared Thoma	FR Coe	2:09.46*	2	3
7	Dillion Leffler	FR Dubuque	x2:12.79*	1	
8	Luke Armstrong	FR Dubuque	x2:16.67*	1	
9	Hunter Snyder	FR Dubuque	x2:17.68*	1	
10	Nick Kremer	FR Dubuque	x2:18.64*	1	
11	Nick Rotter	FR Dubuque	x2:20.73*	1	
12	Jared Rutkowski	FR Dubuque	x2:26.74*	1	

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**Men 1 Mile Run**

Facility: * 4:16.11 2/24/2013 Eli Horton, Central				
Name	Year	School	Finals	Points
1 Andrew Hutchinson	FR	Dubuque	4:34.70	7
2 Justin Phillips	SR	Coe	4:35.43	5
3 Kyle Miller	FR	Buena Vista	4:38.78	4
4 Lewis Kleman	FR	Coe	4:40.32	3
5 Jon Flaws	SO	Buena Vista	4:47.12	2
6 Luke Armstrong	FR	Dubuque	4:48.67	1
7 John Innamorato	FR	Dubuque	x4:50.37	
8 Nick Kremer	FR	Dubuque	x4:54.01	
9 Joey Wohlers	FR	Dubuque	x5:13.42	

**Men 5000 Meter Run**

Facility: * 8:32.65 2017 Alec Bass, Dubuque				
Name	Year	School	Finals	Points
1 Tyler Cernohous	JR	Dubuque	15:43.85	7
2 Cameron Kaltschnee	SR	Buena Vista	16:10.33	5
3 Greg Tystahl	JR	Buena Vista	16:12.06	4
4 Noah Forrey	SR	Dubuque	16:15.72	3
5 Tyler Grames	JR	Buena Vista	x16:42.30	
6 Jayden Oshirak	JR	Dubuque	x16:50.13	
7 Ryan Smith	SO	Coe	16:55.44	2

**Men 55 Meter Hurdles****Top 8 Advance by Time**

Facility: * 7.64 1/28/2012 TJ Valley, UW-Platteville				
Name	Year	School	Prelims	H#
Preliminaries				
1 Max Santiago	FR	Dubuque	8.15q	1
2 Blake Hardison	FR	Dubuque	8.29q	2
3 Dylan Reimer	FR	Buena Vista	8.38q	2
4 Zackary Huffman	FR	Buena Vista	8.52q	2
5 Tyler Fowler		Unat-Dubuque	X8.65q	1
6 Julian Perez	FR	Coe	8.66q	1
7 Trevor Eckols	SR	Coe	8.81q	2
8 Jack Mayer	FR	Dubuque	9.01q	2
9 Max Powers	JR	Buena Vista	10.33	1

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**Men 55 Meter Hurdles**

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Facility: * 7.64 1/28/2012 TJ Valley, UW-Platteville					
Name	Year	School	Finals	Points	
=====					
Finals					
1	Max	Santiago	FR Dubuque	8.12	7 8.116
2	Blake	Hardison	FR Dubuque	8.12	5 8.120
3	Dylan	Reimer	FR Buena Vista	8.38	4
4	Julian	Perez	FR Coe	8.58	3
5	Trevor	Eckols	SR Coe	8.61	2
6	Zackary	Huffman	FR Buena Vista	8.63	1
7	Max	Powers	JR Buena Vista	x10.41	

**Men 4x400 Meter Relay**

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Facility: * 3:20.12 1/18/2020 Loras, Loras					
S Scott, J Smith, M Jasa, P Mikel					
School	Finals	H#	Points		
=====					
1 Dubuque 'B'	3:34.26	2	7		
1) Nehemiah Griffin FR				2) Austin Wierick FR	
3) Jack Mayer FR				4) Michael Orcutt SR	
2 Buena Vista	3:35.36	2	5		
1) Spencer Hunt SO				2) Jadon Micke SO	
3) Kyle Miller FR				4) Jackson Sylvester SO	
3 Coe	3:37.28	2	4		
1) Paul Cory FR				2) Brayden Trebon SO	
3) Trevor Eckols SR				4) Jayden Weber JR	
4 Dubuque 'C'	x3:46.89	1			
1) Hunter Snyder FR				2) Jordan Morrow SO	
3) Nick Rotter FR				4) Dillion Leffler FR	
-- Coe 'B'	DNF		1		
1) Coe Booker JR				2) Jared Thoma FR	
3) Justin Phillips SR				4) Lewis Kleman FR	
-- Dubuque	DNF		2		
1) Blake Hardison FR				2) Nolan Lentz FR	
3) Garrett Byrd FR				4) Andrew Hutchinson FR	

**Men High Jump**

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Facility: * 2.11m 2/24/2013 Jonas Elusme, Wartburg							
Facility: * 2.11m 1/14/2017 Tristin Elmore, William Penn							
Name	Year	School	Finals	Points			
=====							
1 Jatavion Hawkins	SO	Dubuque	1.91m	6-03.25	7		
1.61 1.66 1.71 1.76 1.81 1.86 1.91 2.00							
P P P P P O XO XXX							
2 Kyellis Atwater	FR	Dubuque	1.86m	6-01.25	5		
1.61 1.66 1.71 1.76 1.81 1.86 1.91							
P P P P O O XXX							



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**....Men High Jump**

3	Paul Cory	FR Coe	1.81m	5-11.25	4
	1.61 1.66 1.71 1.76 1.81 1.86				
	P P O O XO XXX				
4	Sabian Arceneaux	FR Coe	1.66m	5-05.25	3
	1.61 1.66 1.71				
	P O XXX				
5	Jack Mayer	FR Dubuque	x1.61m	5-03.25	
	1.61 1.66				
	O XXX				

**Men Pole Vault**

Facility: \* 4.80m 2/21/2009 Ryan Rupcich, Unattached

Name	Year	School	Finals	Points
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1	Garrett Bates	JR Buena Vista	4.20m	13-09.25	7
	2.43 2.58 2.73 2.88 3.03 3.18 3.33 3.48 3.60 3.75 3.90 4.05 4.20 4.35				
	P P P P P P P P P P O XXO O O XXX				
2	Joe Fisher	SO Buena Vista	3.90m	12-09.50	5
	2.43 2.58 2.73 2.88 3.03 3.18 3.33 3.48 3.60 3.75 3.90 4.05				
	P P P P P P P P P P XO XO XXX				
3	Tyler Fowler	Unat-Dubuque	X3.33m	10-11.00	
	2.43 2.58 2.73 2.88 3.03 3.18 3.33 3.48				
	P P P P O P O XXX				
4	Jack Mayer	FR Dubuque	2.43m	7-11.50	4
	2.43 2.58				
	O XXX				

**Men Long Jump**

Facility: \* 7.32m 1/18/2014 James Wilson, Monmouth

Name	Year	School	Finals	Points
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1	Jaidyn Williams	FR Dubuque	6.76m	22-02.25	7
	6.33m 6.61m 6.70m 6.57m 6.62m 6.76m				
2	Jakhari Anderson	FR Dubuque	6.22m	20-05.00	5
	5.31m FOUL 6.22m 5.89m 5.86m 6.00m				
3	Paul Cory	FR Coe	6.15m	20-02.25	4
	5.61m 5.95m 5.61m 6.10m 6.15m 6.04m				
4	Spencer Willett	SR Coe	5.96m	19-06.75	3
	5.41m 5.63m 5.96m 5.84m 5.75m FOUL				
5	Jatavion Hawkins	SO Dubuque	x5.83m	19-01.50	
	5.83m FOUL FOUL PASS PASS PASS				
6	Julian Perez	FR Coe	x5.63m	18-05.75	
	5.47m 5.31m 5.63m 5.49m 5.53m 5.49m				
7	Sabian Arceneaux	FR Coe	x5.61m	18-05.00	
	5.45m 5.61m 5.21m 5.33m 5.29m 5.51m				
8	Kyle Miller	FR Buena Vista	5.53m	18-01.75	2
	4.71m 5.48m 5.21m 4.93m 5.53m 5.06m				

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**....Men Long Jump**

9	Isaiah Thomas	FR Buena Vista	5.24m	17-02.25	1
	5.24m 4.83m 5.13m	FOUL FOUL 5.09m			
10	Max Powers	JR Buena Vista	x4.70m	15-05.00	
	4.70m FOUL FOUL				

**Men Triple Jump**

Facility: \* 14.86m 1/15/2011 Pat Zeunik, Augustana

Name	Year School	Finals	Points
1 Jeremiah Steed	SR Dubuque	13.31m	43-08.00 7
	13.00m 13.14m 13.31m 13.22m 13.02m	FOUL	
2 Jakhari Anderson	FR Dubuque	12.41m	40-08.75 5
	FOUL FOUL 12.18m FOUL 12.41m 12.06m		
3 Spencer Willett	SR Coe	11.27m	36-11.75 4
	11.27m 11.25m PASS 10.63m FOUL PASS		

**Men Shot Put**

Facility: \* 17.49m 1/19/2019 Blaze Murfin, Dubuque

Name	Year School	Finals	Points
1 Clayton Hahn	JR Dubuque	16.17m	53-00.75 7
	15.04m 16.02m 15.64m	FOUL FOUL 16.17m	
2 Zachary Naatz	SR Dubuque	15.31m	50-02.75 5
	15.07m 15.21m 15.31m 15.13m 15.29m 15.01m		
3 Cade Collier	SO Dubuque	x14.33m	47-00.25
	13.19m FOUL 13.84m 13.61m 14.33m 14.04m		
4 Lane Jellison	SR Buena Vista	13.56m	44-06.00 4
	FOUL 12.98m FOUL 13.56m 13.49m 13.43m		
5 Luke Weber	FR Dubuque	x11.64m	38-02.25
	FOUL 10.86m 10.93m 10.51m FOUL 11.64m		
6 Tyler Fowler	Unat-Dubuque	X10.56m	34-07.75
	10.46m 10.56m 10.53m		
7 Jack Mayer	FR Dubuque	x9.79m	32-01.50
	9.79m 9.56m 9.27m 8.95m	PASS PASS	
8 Max Powers	JR Buena Vista	8.80m	28-10.50 3
	7.99m 8.04m 8.80m 7.92m 7.92m 8.12m		
9 Josh Huetter	FR Coe	7.34m	24-01.00 2
	FOUL 7.34m 7.17m FOUL 6.90m 7.02m		
10 Marcos Villanueva	FR Coe	6.79m	22-03.50 1
	FOUL 6.79m 6.56m FOUL 6.63m FOUL		

**Men Weight Throw**

Facility: \* 20.39m 1/19/2019 Blaze Murfin, Dubuque

Name	Year School	Finals	Points
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**....Men Weight Throw**

1	Zachary Naatz	SR Dubuque	16.15m	53-00.00	7
	15.07m 16.15m FOUL FOUL 15.28m 14.68m				
2	Lane Jellison	SR Buena Vista	15.48m	50-09.50	5
	FOUL 15.04m 14.97m 14.88m FOUL 15.48m				
3	Luke Weber	FR Dubuque	14.07m	46-02.00	4
	FOUL 12.50m 13.17m 13.11m 12.50m 14.07m				
4	Cade Collier	SO Dubuque	x13.62m	44-08.25	
	10.46m FOUL 13.62m FOUL 10.69m 12.92m				
5	Ross Stauffacher	FR Dubuque	x10.48m	34-04.75	
	10.48m FOUL 9.55m 9.99m 8.88m 8.72m				
6	Kyle Buikema	FR Dubuque	x9.35m	30-08.25	
	9.35m FOUL 7.86m 8.92m FOUL 9.18m				
7	Josh Huetter	FR Coe	8.74m	28-08.25	3
	8.11m 8.61m 8.74m 7.03m 8.05m FOUL				
8	Marcos Villanueva	FR Coe	7.21m	23-08.00	2
	6.96m FOUL 6.89m 7.21m FOUL 6.35m				
--	Clayton Hahn	JR Dubuque	FOUL		
	FOUL FOUL FOUL				

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Women - Team Rankings - 14 Events Scored

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1) Dubuque	128	2) Buena Vista	80
3) Coe	35		

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Men - Team Rankings - 14 Events Scored

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1) Dubuque	144	2) Coe	68
3) Buena Vista	67		