



Wisconsin Interscholastic Athletic Association DIVISION II REGIONAL MEET

Hosted by Viroqua High School
100 Blackhawk Drive
Viroqua, WI 54665

TUESDAY, May 27, 2025 (Rain date: Wednesday, May 28, 2025)

VIROQUA REGIONAL

Aquinas, Arcadia, Black River Falls, Durand-Arkansaw, Ellsworth
Gale-Ettrick-Trempealeau, Logan, Prescott, Viroqua/Youth Initiative, West Salem

ENTRIES: Entries will be made online at [Athletic.net](https://athletic.net). Entry deadline is 8:00 am on Friday, May 23, 2025. Coaches are reminded to review tournament procedures in the [24-25 Spring Sports Regulations Handbook](#) beginning on page 60.

FACILITY:

- ☐ 8-lane Seal-Flex track located at [Blackhawk Field](#) (119 Parkwood Trail, Viroqua, WI 54665).
CHALK ONLY–NO TAPE. Chalk will be provided.
- ☐ Shot and discus pads are located north of track.
- ☐ High jump located in the infield.
- ☐ All other field events located within the fenced area on the east side of the track.
- ☐ 1/4" pyramid spikes allowed for the track, approaches, and runways.
- ☒ Bus Parking: Please instruct drivers to park in the Northern section of the stadium or along Ben Lawton Drive near the stadium parking lot. This will ensure athletes have quick access to shelter in the event of a storm.
- ☐ Coaching boxes will be provided. Only athletes competing allowed on the infield.
- ☐ Athletic trainer will be on the south-end of the infield near the finish line.
- ☐ Concessions will be available.
- ☐ Tent area will be to the north of the track and field parking lot (toward the high school).
- ☐ Admission (Child/Student/Adult) = \$6 (plus fees for digital tickets). Cash and electronic tickets will be available. Digital tickets can be purchased here: [T&F Region 2 GoFan tickets](#)

MEET MANAGEMENT:

- ☐ Jury of Appeals includes Gale Ettrick Trempealeau (boys), Logan (girls), Dan Brown (Meet Manager), and WIAA starters. [Alternates: (Ellsworth) and (Logan)]
- ☐ Meet officials: Steve Berg, Karl Bisek, Don Hill
- ☐ Plaques for first place boys and girls teams will be distributed at the conclusion of the meet.
- ☐ Live results will be available at www accuracetimeing.com.
- ☐ Scratches can be made at Coaches' Meeting.
- ☒ **Coaches/ Pre Event Emergency Plan meetings at 3:30pm- North Side of Concession stand.**
- ☒ Please send your pole vault weight verification form to Dan Brown at dbrown@viroquablackhawk.org by Monday, May 26, at noon.

FIELD EVENTS:

- ❑ Field events begin at **4:00pm** with the girls starting in Long Jump, High Jump, and Shot Put, and boys starting in Pole Vault, Triple Jump, and Discus.
- ❑ We will have flights in Shot Put and Discus events with the top 9 qualifying for finals.
Implements must be weighed between 2:45 PM and 3:30 PM.
- ❑ Long jump and Triple jump prelims. will be cafeteria style by gender for 1.5 hrs, then top 9 to finals. **If all competing athletes complete their jumps before the 1.5 hour time limit, we will move ahead with finals.**
- ❑ We'll run a "five alive" continuing flight procedure for High Jump and Pole Vault.
- ❑ Warm-up throws and run-throughs are allowed before the start of competition as long as the field event judge is present. Warm-up throws and run-throughs are allowed between flights for 10 minutes. After trials have been completed, another 10 minutes of warm-up throws or run-throughs are allowed before finals begin.
- ❑ If a competitor needs to compete in another event, he/she must notify the field event judge before leaving, and then is allowed 15 minutes to report back to conclude his/her competition.
- ❑ Please become familiar with the information detailed in the WIAA Track and Field Regional & Sectional document on www.wiaawi.org for more field event procedures.
- ❑

RUNNING EVENTS:

- ❑ Races begin at **4:45pm** with the 1600M co-ed wheelchair event.
- ❑ **Coaches - We will run ahead of time!**
- ❑ Athletes are encouraged to report to the Clerk of Course before the second call. We will not wait for athletes to check in after the third call has been made.
- ❑ There will be starting blocks available.
- ❑ Please become familiar with the information detailed in the WIAA Track and Field Regional & Sectional document on www.wiaawi.org for more running event procedures.
- ❑ **Exchange Zones Responsibilities: After heat sheets are published, exchange zone responsibilities will be assigned. ADs will receive the assignments at least 24 hours prior to the start of the meet.**

CONTACT INFORMATION:

****Please call:** Dan Brown, O: 608-637-1610, C: (608) 606-1427

[WIAA TRACK AND FIELD REGIONAL AND SECTIONAL TOURNAMENT INFORMATION](#)

Thanks, and we look forward to seeing you on Tuesday, May 27, 2025!

ALL REGIONAL SCHEDULE – DIVISION 2 & 3 SECTIONAL SCHEDULE

2:45 - 3:30 Implement weigh ins

3:30 - 3:45 Coaches meeting and Pre Event Emergency meeting

4:00 Field Events Begin (We will run ahead of schedule when possible.)

Boys Pole Vault
Boys Triple Jump
Boys Discus
Girls High Jump
Girls Long Jump
Girls Shot Put

These events will be contested first, followed by the other gender when the event is completed.

Wheelchair/Seated Shot Put competes with the appropriate gender.

4:45 PM – Races begin. Order as follows:

1600 Meter Coed Wheelchair
3200 Meter Relay (Girls)
3200 Meter Relay (Boys)
100 Meter Dash (Girls)
100 Meter Dash (Boys)
100 Meter High Hurdles (Girls)
110 Meter High Hurdles (Boys)

Break – 15 minutes (Regionals all divisions, sectionals Divisions 2 and 3)

National Anthem

Finals:

110 Meter High Hurdles (Boys) (only if more than 8 entries)
100 Meter High Hurdles (Girls) (only if more than 8 entries)
100 Meter Coed Wheelchair
100 Meter Dash (Girls)
100 Meter Dash (Boys)
1600 Meter Run (Girls)
1600 Meter Run (Boys)
800 Meter Relay (Girls)
800 Meter Relay (Boys)
400 Meter Coed Wheelchair
400 Meter Dash (Girls)
400 Meter Dash (Boys)
400 Meter Relay (Girls)
400 Meter Relay (Boys)
300 Meter Low Hurdles (Girls)
300 Meter Intermediate Hurdles (Boys)
800 Meter Run (Girls)
800 Meter Run (Boys)
800 Meter Coed Wheelchair
200 Meter Dash (Girls)
200 Meter Dash (Boys)
3200 Meter Run (Girls)
3200 Meter Run (Boys)
1600 Meter Relay (Girls)
1600 Meter Relay (Boys)

Team Scores Announced – Plaques awarded

Official results can be viewed at www accuracetimeing.com