

2024 Scenic Bluffs Conference Track & Field Meet



Date: Tuesday, May 14th

Location: Royall High School

Teams: Bangor, Brookwood, Cashton, Hillsboro, Necedah, New Lisbon, Royall, Wonewoc-Center

Times: Coaches Meeting - **3:30 PM** by athletic shed
Field Events - **4:00 PM**
Running Events - **4:30 PM** beginning with Girls 4x800 meter relay

Team Area: Please set team tents behind the press box.

Entry Limits:

- 26 individual entries and one relay entry per race
- A maximum of three individuals may be entered in an event
- Individuals may be in a maximum of 4 events (no more than 3 running or field events)
- Relay teams may include up to 6 members; being listed on a relay team counts as one of an individual's entries whether they compete or not

Entries: Entries will be done using www accuracetiming.com. The deadline for entries will be **11:59 AM on Monday, May 13th**.

Scoring: Top 8 athletes or relay teams will score (10-8-6-5-4-3-2-1)

Awards:

- Medals for 1st, 2nd & 3rd in all events
- Team championship trophy for each gender
- Female and male selections for SBC sportsmanship award for each School (selected during the coaches meeting)

Results: Available as soon as possible after meet is over and posted on AccuRace website and MileSplit website. Live results will also be available.
www accuracetiming.com

Concessions: Available and sponsored by the Booster Club

Officials:

- Ken Hall - Starter
- Karl Bisek - Assistant Starter
- Brad Bever - Field Judge

Jury of Appeals: Ken Hall (starter), Karl Bisek (Asst. Starter) coaches from Hillsboro, Necedah and Wonewoc-Center.

Exchange Zones: 4x100: 1st - Bangor, 2nd - Necedah, 3rd - Wonewoc
4x200 - Cashton

Questions: Contact Kole Huth at huthk@royall.k12.wi.us or (608) 604-4905

FIELD EVENTS

4:00 PM start

DISCUS (boys/girls): 3 preliminary throws, top nine advance to finals for three more attempts

SHOT PUT (girls/boys): 3 preliminary throws, top nine advance to finals for three more attempts

HIGH JUMP (girls/boys): opening height to be determined by entries

LONG JUMP (girls/boys): 3 preliminary jumps, top nine advance to finals for three more attempts

- Girls - open pit from 4:00-5:15 followed by 10 min. break, then finals
- Boys - 15 min. warm-up after girls are done. Then open pit for 1 hour & 15 mins. followed by 10 min. break, then finals

TRIPLE JUMP (boys/girls): 3 preliminary jumps, top nine advance to finals for three more attempts

- Boys - open pit from 4:00-5:15 followed by 10 min. break, then finals
- Girls - 15 min. warm-up after boys are done. Then open pit for 1 hour & 15 mins. followed by 10 min. break, then finals

*****Jumps may run ahead of schedule if they can*****

RUNNING EVENTS

4:30 PM start

GIRLS WILL RUN FIRST IN EACH EVENT

3200 METER RELAY

100 METER DASH PRELIMS

100 METER GIRLS HIGH HURDLE PRELIMS

110 METER BOYS HIGH HURDLE PRELIMS

10 MINUTE BREAK

110 METER BOYS HIGH HURDLE FINAL

100 METER GIRLS HIGH HURDLE FINAL

100 METER DASH FINAL

1600 METER RUN

800 METER RELAY

400 METER DASH

400 METER RELAY

300 METER LOW/INTERMEDIATE HURDLES

800 METER RUN

200 METER DASH

3200 METER RUN

1600 METER RELAY