## 2024 Scenic Bluffs Conference Track \& Field Meet

Date: Tuesday, May 14th
Location: Royall High School
Teams: Bangor, Brookwood, Cashton, Hillsboro, Necedah, New Lisbon, Royall, Wonewoc-Center

Times: $\quad$ Coaches Meeting - 3:30 PM by athletic shed
Field Events - 4:00 PM
Running Events - 4:30 PM beginning with Girls $4 \times 800$ meter relay
Team Area: Please set team tents behind the press box.
Entry Limits: $\quad-26$ individual entries and one relay entry per race -A maximum of three individuals may be entered in an event -Individuals may be in a maximum of 4 events (no more than 3 running or field events)
-Relay teams may include up to 6 members; being listed on a relay team counts as one of an individual's entries whether they compete or not

Entries: Entries will be done using www.accuracetiming.com. The deadline for entries will be 11:59 AM on Monday, May 13th.

Scoring: $\quad$ Top 8 athletes or relay teams will score (10-8-6-5-4-3-2-1)
Awards: $\quad-M e d a l s$ for 1st, 2nd \& 3rd in all events
-Team championship trophy for each gender
-Female and male selections for SBC sportsmanship award for each School (selected during the coaches meeting)

Results: Available as soon as possible after meet is over and posted on AccuRace website and MileSplit website. Live results will also be available.
www.accuracetiming.com
Concessions: Available and sponsored by the Booster Club
Officials: Ken Hall - Starter
Karl Bisek - Assistant Starter
Brad Bever - Field Judge
Jury of Appeals: Ken Hall (starter), Brad Bever (Field Judge), coaches from Hillsboro, Necedah and Wonewoc-Center.

Exchange Zones: 4x100: 1st - Bangor, 2nd - Necedah, 3rd - Wonewoc
$4 \times 200$ - Cashton
Questions: Contact Kole Huth at huthk@royall.k12.wi.us or (608) 604-4905

## FIELD EVENTS

## 4:00 PM start

DISCUS (boys/girls): 3 preliminary throws, top nine advance to finals for three more attempts

SHOT PUT (girls/boys): 3 preliminary throws, top nine advance to finals for three more attempts

HIGH JUMP (girls/boys): opening height to be determined by entries
LONG JUMP (girls/boys): 3 preliminary jumps, top nine advance to finals for three more attempts

- Girls - open pit from 4:00-5:15 followed by 10 min. break, then finals
- Boys - 15 min. warm-up after girls are done. Then open pit for 1 hour \& 15 mins. followed by 10 min . break, then finals

TRIPLE JUMP (boys/girls): 3 preliminary jumps, top nine advance to finals for three more attempts

- Boys - open pit from 4:00-5:15 followed by 10 min. break, then finals
- Girls - 15 min . warm-up after boys are done. Then open pit for 1 hour $\& 15$ mins. followed by 10 min . break, then finals
***Jumps may run ahead of schedule if they can***


## RUNNING EVENTS

4:30 PM start
GIRLS WILL RUN FIRST IN EACH EVENT
3200 METER RELAY
100 METER DASH PRELIMS
100 METER GIRLS HIGH HURDLE PRELIMS
110 METER BOYS HIGH HURDLE PRELIMS

## 10 MINUTE BREAK

100 METER GIRLS HIGH HURDLE FINAL 110 METER BOYS HIGH HURDLE FINAL 100 METER DASH FINAL 1600 METER RUN 800 METER RELAY 400 METER DASH
400 METER RELAY
300 METER LOW/INTERMEDIATE HURDLES
800 METER RUN
200 METER DASH
3200 METER RUN
1600 METER RELAY

