

# 2025 Rock Valley Conference JV Track & Field Meet Hosted by Monroe High School



**Date:** Wednesday, May 21th 2025

**Time:** Field Events @ 4:15, Running Events @ 4:30

**Teams (11):** Big Foot, Brodhead/Juda, Clinton, Delavan-Darien, East Troy, Edgerton, Evansville, Jefferson, Monroe, Turner, Whitewater

**Cost:** \$5 for adults, \$2 for students

**Location:** Monroe High School, Outdoor Track & Field Facilities - 1600 26th Street

**Schedule of Events:** Event order: Girls first, followed by boys.

4:30	4x8 Relay	4:15	Girls & Boys Long Jump (4 jumps, co-ed) ***
	High Hurdles		Girls & Boys Triple Jump (4 jumps, co-ed) ***
	100 Dash		Boys Pole Vault (girls to follow)
	1600 Run		Girls High Jump (boys to follow)
	4x2 Relay		Girls Shot Put (boys to follow)
	400 Dash		Boys Discus (girls to follow)
	4x1 Relay		
	300 Hurdles		
	800 Run		
	200 Dash		*** Track events will be on a rolling schedule.
	3200 Run		*** All track events are TIMED FINALS
	4x4 Relay		

**Field Events:** Long & Triple Jump – 1.5 hour+ open pit; 4 jumps, no finals. Will remain open longer if numbers require

High Jump – 2” increments

Starting heights... Girls – TBD Boys – TBD

Pole Vault –6” increment

Starting heights... Girls – TBD Boys - TBD

Shot & Disc – 4 throws, no finals

**Coaches Meeting:** 3:45 at the finish line

**Exchange help:** 4 x 100 1st - exchange Brodhead & Big Foot. 2nd - exchange - Evansville & Turner. 3rd exchange - Clinton & East Troy

4 x 200 1st & 3rd exchange - Delavan-Darien & Edgerton. 2nd exchange - officials

**Scoring:** 10-8-6-5-4-3-2-1.

**Entries:** Entries will be through MileSplit at [wi.milesplit.com](http://wi.milesplit.com) with a deadline set for **noon on Tuesday, May 20th**. If you have questions logging in, contact Clark Jillson, AccuRace Timing at [chvjillson@aol.com](mailto:chvjillson@aol.com) or 608-778-1727. [Accuracetiming](http://Accuracetiming) has meet information on it as well

**Concessions:** There will be concessions available.

**Bathrooms:** There are outdoor restrooms, no need to utilize our indoor facilities.

**Trainer:** There will be a trainer on site, near the finish line.

### **JV Conference Specifics:**

- Athletes that placed (top 8) in an individual event at the 11 team RVC meet are ineligible for the event in which they scored. However, these athletes may participate in other events.
- There are unlimited entries for individual events and each team may enter 2 relays.

