

40th Annual Northern Blackhawk Conference Middle School Track Meet

Date: Thursday, May 22, 2025

Location: River Ridge High School Track

Time: 4:00 PM – field events 4:30 -Running events

If rain threatens, call Shane Sperle, River Ridge 723-9780

Individual awards will be given to the first 3 places in all events and top three places in relays. Medals for 1st place finishers with ribbons for second and third. Award to top team score for each gender.

Entry fee per school: **\$150.00 registration fee.** Make check payable to River Ridge and please send to:

Wade Winkers
River Ridge High School
11165 Cty Hwy P
Patch Grove, WI 53817

Participant Rules

Seventh and Eighth grade students will compete and be scored together. However, in each event except relays – we will medal and ribbon the top 3 7th grade and 8th grade separate.

You may scratch or replace individual before the meet, **but not add anybody.**

Max of 4 events per athlete.

Accuracetime.com will be doing the meet so please have accurate seed times for kids.

The Order of All Events

<u>Running Events</u>	<u>Field Events</u>
100 Hurdles	Triple Jump
100 M	Long Jump
1600M	High Jump
800 M relay (4x200)	Shot Put (boys use girls HS shot)
400M	(girls use girls HS shot)
400 M relay (4x100)	Discus (both use girls HS discus)
800 M	Pole Vault
200	***Note- if there is a limited number
Medley Relay (100-100-200-400)	in the 800 & 1600 runs, they could
	be together.

ENTRIES: All entries should be done on milesplit.com

ENRIES DUE WEDNESDAY May 21 at 10 AM – this time will not be extended

Any Q's you can email me at sperlesh@rrsd.k12.wi.us –

Admission will be taken upon entry for fans

Girls will go first in – Shot put (all schools will use a provided shot and throws will be flagged and measure the best attempt)

Pole Vault will be run together starting at 5'0"

We will run 2 pits for the High Jump (Girls start at 3'8" Boys start at 4'0")

Long and Triple Jump are cafeteria style from 4:15-5:45

Entry Limits:	High Jump: 6 per gender
	Relay Teams: 4 per gender
	Long Jump/Triple - 8 per gender
	Shot Put – 8 per gender
	Discus – 8 per gender
	Rest- Unlimited