

39th Annual Northern Blackhawk Conference Middle School Track Meet

Date: Thursday, May 16, 2024

Location: River Ridge High School Track

Time: 4:15 PM – field events 4:45 -Running events

If rain threatens, call Shane Sperle, River Ridge 723-9780

Individual awards will be given to the first 3 places in all events and top three places in relays. Medals for 1st place finishers with ribbons for second and third.

Entry fee per school: ***\$150.00 registration fee.*** Make check payable to River Ridge and please send to:

Wade Winkers
River Ridge High School
11165 Cty Hwy P
Patch Grove, WI 53817

Participant Rules

Seventh and Eighth grade students will compete and be scored together. However, in each event except relays – we will medal and ribbon the top 3 7th grade and 8th grade separate.

You may scratch or replace individual before the meet, **but not add anybody.**

Max of 4 events per athlete.

Accuracetime.com will be doing the meet so please have accurate seed times for kids.

The Order of All Events

<u>Running Events</u>	<u>Field Events</u>
100 Hurdles	Triple Jump
100 M	Long Jump
1600M	High Jump
800 M relay (4x200)	Shot Put (boys use girls HS shot) (girls use girls HS shot)
400M	Discus (both use girls HS discus)
400 M relay (4x100)	Pole Vault
800 M	***Note- if there is a limited number
200	in the 800 & 1600 runs, they could
Medley Relay (100-100-200-400)	be together.

ENTRIES: All entries should be done on athletic.net this year for Middle School

ENRIES DUE WEDNESDAY May 15 at 9 AM – this time will not be extended

Any Q's you can email me at sperlesh@rrsd.k12.wi.us –

Admission will be taken upon entry for fans

Girls will go first in – Shot put (all schools will use a provided shot and throws will be flagged and measure the best attempt)

Pole Vault will be run together starting at 5'0"

We will run 2 pits for the High Jump (Girls start at 3'8" Boys start at 4'0")

Long and Triple Jump are cafeteria style from 4:15-5:45

Entry Limits: High Jump: 6 per gender
 Relay Teams: 4 per gender
 Long Jump/Triple - 8 per gender
 Shot Put – 8 per gender
 Discus – 8 per gender
 Rest- Unlimited