



Freedom Mile



New Lisbon Running Club is once again hosting the Freedom Mile race and pancake breakfast at the New Lisbon Athletic Complex.



Chose your division, level of competition, and come run an officially timed mile race on the track.



The races will held Sunday, July 13th of
Wa Du Shuda Weekend!

Pancake Breakfast Starts at 7:30

Races start at 8:30

Divisions For All Ages and Levels of Competition!

T-Shirts and Medals Provided!



Register at <https://wi.milesplit.com/meets/695914-freedom-mile-2025>



Freedom Mile



Pancake Breakfast

July 14th

Serving 7:30 to End of Races

New Lisbon Athletic Complex



Money raised goes towards the New
Lisbon Running Club

Breakfast 7:30—End of Races

Races start at 8:30



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Freedom Mile



Schedule

7:30 Check In Open and Pancake Breakfast Starts

8:30 National Anthem and Races Start

Order of Events



Elementary Girls Mile

Elementary Boys Mile

Middle School Girls Mile

Middle School Boys Mile

High School Girls Mile

High School Boys Mile

Open Women's Mile

Open Men's Mile

Competitive Women's Mile

Competitive Men's Mile



Some Events May Be Combined



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Freedom Mile



In consideration of my entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Event Director, MileSplit, AccuRace, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Signature _____ 07/14/2024



