



Dairyland Conference
Hosted by Melrose-Mindoro High School
Melrose, WI 54642
Thursday, May 9th, 2024



Teams: Augusta High School, Blair-Taylor High School, Cochrane Fountain City High School, Eau Claire Immanuel Lutheran, Eleva-Strum High School, Lincoln High School, Melrose-Mindoro, Alma-Pepin, Whitehall High School, Independence/Gilmanton.

Entries: Please submit your entries on MileSplit (wi.milesplit.com) by Noon, Wednesday, May 8th. Results will be posted on Accurace Timing. Regional Format (28 entries) and 1 relay team.

Time: Coaches meeting will be held at 3:45 at the start finish line, field events begin at 4:00 and running events at 4:45. *Events will be on a rolling schedule.*

Facility: Meet will be held at the **Melrose-Mindoro** athletic facilities. Rubberized track surface and jumping facilities. CHALK ONLY-no tape for markings

Concessions: Available at the building between the track and baseball fields.

Spikes: ¼ inch spikes

Scoring: All events will be scored as follows 10-8-6-4-3-2-1 (Individual) 10-8-6-4-3-2-1 (relay).

Awards: All-conference awards to be passed out at the conclusion of the meet.

Misc Details

Implement weigh-in - will be under the press booth

Games Committee – Eleva-Strum and Alma-Pepin.

Handoffs – 2 per exchange zone. 4x100: Augusta, Blair-Taylor, Cochrane Fountain City, Eau Claire Immanuel Lutheran, Lincoln, Eleva-Strum. 4x200: Whitehall, Independence/Gilmanton, Alma-Pepin.

Bus Drop Off / Parking - busses will either park on the playground area or on the grass just South of the team camps depending on weather and ground conditions.

Team Camps - Team Camps are to be set up in the area West of concessions and South of shot– NOT in the concession area.

NO fans in the infield (athletes allowed for warm ups only).

TIME SCHEDULE

3:45 Coaches Meeting by finish lines

4:00 National Anthem followed by field events

Girls and Boys High Jump - starting height determined by entries

- 3 jumps

-Girls first, followed by Boys

Shot Put and Discus - 3 throws for prelims, 3 finals (9 qualifying throwers)

-Boys Discus, followed by Girls

- Girls Shot, followed by Boys

Long and Triple Jump - 3 jumps for prelims, 3 finals (9 qualifying jumpers) **jumps must be completed by 5:15 – finals to follow after with a 15 minute warmup**

-Girls Long Jump, followed by Boys **Jumps must be completed by 5:15 – finals to follow after**

- Boys Triple Jump, followed by Girls **Jumps must be completed by 5:15 – finals to follow after**

Girls and Boys Pole Vault (starting height determined at coaches meeting.)

- Boys Pole Vault, followed by Girls

4:45 Running events

ORDER OF EVENTS

We will operate on a rolling time schedule. Athletes need to listen for race calls and announcements for field event start time. Girls will run first in each event followed by boys.

4 x 800 Meter Relay

---Trials ---

100m Dash

100/110 Meter Hurdles

--- 15 min Break---

--- Finals ---

100m/110m Hurdles

100m Dash

1600m Run

4 x 200 Meter Relay

400 Meter Dash

4 x 100 Meter Relay

300m Hurdles

800 Meter Run

200 Meter Dash

3200 Meter Run

4 x 400 Meter Relay