

University of Dubuque Invitational
Douglas J. Miller Track
Dubuque, Iowa - 4/21/18
Results

Women 100 Meter Dash
Top 8 Advance by Time

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Toni Canfall	FR	Concordia-St. Paul	12.25q	2.6	4
2 Emma Baynes	FR	St. Cloud State	12.44q	1.3	1
3 Zaria Lambert	SO	Cornell College	12.75q	2.7	2
4 Valarie Varanese	JR	Knox	12.88q	2.7	5
5 Aminah Crawford	FR	Beloit	12.92q	2.6	4
6 Alison Beeman	SO	Dubuque	12.99q	2.0	3
7 Lena Ramsey	FR	Beloit	13.07q	2.7	2
8 Asha Flowers	SO	Dubuque	13.08q	2.7	5
9 Aleeshah Heinzen	JR	Beloit	13.14	1.3	1
10 Genesis Dade	JR	Beloit	13.24	2.7	5
11 Shanika Smith	FR	Lincoln College	13.35	2.6	4
12 Megan Hudson	FR	Hawkeye CC	13.43	2.0	3
13 Tierra Hildebrandt	SO	Dubuque	13.44	2.0	3
14 Kayla McIntyre	SO	Dubuque	13.45	2.0	3
15 Laura Klein	SO	Dubuque	13.70	1.3	1
16 Miara Oliver	FR	Hawkeye CC	13.84	2.7	2
17 Morgan Thompson	FR	Hawkeye CC	13.96	2.6	4
18 Mia Bruty	FR	Dubuque	14.04	2.7	5
19 Mackencia Steinberg	FR	Wisconsin Lutheran	14.18	2.7	2
20 Moi Yamazaki	SR	Beloit	14.22	2.7	5
21 Carolyn Porter	SO	Lincoln College	14.57	2.0	3 14.561
22 Breana Bamlet	FR	Concordia-St. Paul	14.57	2.6	4 14.566
23 Emily Schwendinger	SO	Dubuque	14.74	1.3	1
24 Sondra VanZeeland	FR	Edgewood	14.82	2.7	2
25 Krysta Navarro	SR	Judson	15.24	1.3	1
26 Melanie Arteaga	SO	Cornell College	15.34	2.6	4
27 Robin Nilsson	FR	Cornell College	15.43	2.7	5
28 Jaime Lepito	SO	Beloit	15.64	2.0	3
29 Kiana Arango	SO	Knox	16.01	2.7	5

Women 100 Meter Dash

Name	Year	School	Finals	Wind	Points
Finals					
1 Toni Canfall	FR	Concordia-St. Paul	12.10	0.7	10
2 Emma Baynes	FR	St. Cloud State	12.57	0.7	8
3 Alison Beeman	SO	Dubuque	12.72	0.7	6
4 Zaria Lambert	SO	Cornell College	12.86	0.7	5
5 Valarie Varanese	JR	Knox	12.89	0.7	4
6 Asha Flowers	SO	Dubuque	13.21	0.7	3

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Name	Year	School	Finals	Wind	H#	Points
1 Emelia Burris	FR	St. Cloud State	25.48	0.6	7	10
2 Erika Shady	SR	Concordia-St. Paul	25.93	0.6	7	8
3 Emma Cochrane	JR	Cornell College	26.21	0.1	6	6
4 Emma Baynes	FR	St. Cloud State	26.56	0.6	7	5
5 Teghan Norman	SO	Concordia-St. Paul	26.73	0.1	6	4
6 Isabel Hindt	FR	Judson	26.83	0.1	6	3
7 Valarie Varanese	JR	Knox	26.89	0.6	7	2
8 Genesis Dade	JR	Beloit	27.25	0.6	7	1
9 Toni Bonds	FR	Beloit	27.30	0.2	5	
10 Zaria Lambert	SO	Cornell College	27.63	0.1	6	
11 Tierra Hildebrandt	SO	Dubuque	28.06	0.1	6	
12 Shanika Smith	FR	Lincoln College	28.14	2.4	4	
13 Kayla McIntyre	SO	Dubuque	28.22	0.2	5	
14 Samantha Hardison	FR	Cornell College	28.24	0.2	5	
15 Nicolette Dobson	FR	Judson	28.36	2.4	4	
16 Laura Klein	SO	Dubuque	28.49	2.2	3	
17 Shelby Williams	FR	Cornell College	28.56	0.2	5	
18 Asia Rance	FR	Lincoln College	28.60	0.2	5	
19 Erin Layne	FR	Lincoln College	28.67	2.4	4	
20 Jenna Schmitz	FR	Wisconsin Lutheran	28.69	2.4	4	
21 Mackencia Steinberg	FR	Wisconsin Lutheran	28.90	2.2	3	
22 Miranda Connell	FR	Edgewood	29.16	2.2	3	
23 Mia Bruty	FR	Dubuque	29.40	2.2	3	
24 Caroline Hickey	SR	Knox	29.51	1.8	2	
25 Morgan Thompson	FR	Hawkeye CC	29.56	2.4	4	
26 Taylor Parr-Davis	SO	Concordia-St. Paul	29.68	2.2	3	
27 Savannah Henn	SR	Judson	29.71	2.2	3	
28 Hannah Johnson	FR	Hawkeye CC	29.90	1.8	2	
29 Sondra VanZeeland	FR	Edgewood	30.31	1.8	2	
30 Maddix Stovie	FR	Cornell College	30.65	2.2	3	
31 Alexis Nguyen	FR	Judson	31.43	2.2	3	
32 Markayla Rodgers	SO	Lincoln College	31.44	1.8	2	
33 Kieanna Rebers	SO	Cornell College	31.73	1.8	2	
34 Robin Nilsson	FR	Cornell College	31.75	2.2	1	
35 Melanie Arteaga	SO	Cornell College	31.94	2.2	1	
36 Krysta Navarro	SR	Judson	32.42	1.8	2	
37 Kiana Arango	SO	Knox	34.15	2.2	1	

Women 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Emma Cochrane	JR	Cornell College	58.69	3	10
2 Maddy Kunshier	JR	Concordia-St. Paul	59.58	3	8
3 Kaylee Gessay	FR	St. Cloud State	59.85	3	6
4 Emily Yeager	SR	St. Cloud State	1:00.27	3	5
5 Isabel Hindt	FR	Judson	1:00.46	3	4

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....Women 400 Meter Dash

6 Leah Rosenow	SO Wisconsin Lutheran	1:00.99	2	3
7 Lauren Magnuson	SO Concordia-St. Paul	1:01.09	3	2
8 Rebekah Alexandere	FR Knox	1:01.84	3	1
9 Leah Amundson	SR Concordia-St. Paul	1:03.09	2	
10 Shelby Williams	FR Cornell College	1:03.11	2	
11 Samantha Hardison	FR Cornell College	1:03.60	3	
12 Erin Layne	FR Lincoln College	1:03.67	1	
13 Kendra Schumacher	FR Wisconsin Lutheran	1:05.02	2	
14 Becca Heller	SO Wisconsin Lutheran	1:06.35	2	
15 Asia Rance	FR Lincoln College	1:06.98	1	
16 Lexie Collins	SR Rockford	1:07.57	2	
17 Caroline Hickey	SR Knox	1:08.62	1	
18 Ashely Clinton	FR Hawkeye CC	1:10.97	1	
19 Taylor Parr-Davis	SO Concordia-St. Paul	1:11.56	2	
20 Katrina Lewis	SR Cornell College	1:12.36	1	
21 Markayla Rodgers	SO Lincoln College	1:12.98	1	
22 Farzana Ahmed	JR Knox	1:17.01	1	

Women 800 Meter Run

Name	Year School	Finals	H#	Points
1 Heather Muntz	FR Dubuque	2:20.91	2	10
2 Autum Shurbert-Hetzel	SO St. Cloud State	2:24.91	2	8
3 Maria Hauer	SR St. Cloud State	2:27.46	2	6
4 Marie Mayer	FR Judson	2:29.12	2	5
5 Dominique Fleming	JR Cornell College	2:31.58	2	4
6 Siobhan Heiss	JR Wisconsin Lutheran	2:34.00	2	3
7 Maria Brown	FR Concordia-St. Paul	2:36.66	1	2
8 Brooke Malchow	FR Wisconsin Lutheran	2:36.99	2	1
9 Kaylyn Shevey	FR Wisconsin Lutheran	2:37.10	2	
10 Meaghan Dorsey	JR Knox	2:42.06	2	
11 Taniya Bible	SO Concordia-St. Paul	2:43.57	2	
12 Christina Biffert	FR Wisconsin Lutheran	2:43.71	1	
13 Savannah Henn	SR Judson	2:45.41	1	
14 Nicolette Dobson	FR Judson	2:46.02	1	
15 Maya Peske	SO Cornell College	2:46.69	2	
16 Bobbi Jo Helgemoe	SR Dubuque	2:49.44	1	
17 Emily Miller	JR Knox	2:49.61	1	
18 Dana Osthoff	SO Edgewood	2:50.72	1	
19 Mackenzie Helgemoe	SO Dubuque	2:54.37	1	
20 Nicole Hebel	JR Beloit	3:06.74	1	
21 Farzana Ahmed	JR Knox	3:07.15	1	

Women 1500 Meter Run

Name	Year School	Finals	H#	Points
1 Alyse Peters	SR Edgewood	5:00.49	3	10



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...Women 1500 Meter Run

2	Jade Romagna	SO Dubuque	5:04.10	3	8
3	Joanna Topham	FR Hawkeye CC	5:04.54	3	6
4	Hannah Weide	JR Wisconsin Lutheran	5:05.95	2	5
5	Marie Mayer	FR Judson	5:07.66	3	4
6	Maria Hauer	SR St. Cloud State	5:08.88	3	3
7	Lily Niswonger	SR Cornell College	5:11.54	3	2
8	Taylor Mair	SO Edgewood	5:11.76	3	1
9	Brooke Lonigro	FR Edgewood	5:13.99	3	
10	Siobhan Heiss	JR Wisconsin Lutheran	5:15.38	2	
11	Marissa Czapla	SO Cornell College	5:16.35	2	
12	Ashley Harnack	SR Edgewood	5:17.67	3	
13	Stephanie Voller	JR Cornell College	5:17.95	2	
14	Isabella Mazzanti	SO Dubuque	5:18.40	3	
15	Edith Flores	FR Dubuque	5:20.25	2	
16	Clara Berning	FR Edgewood	5:21.41	2	
17	Katie Baker	JR Cornell College	5:22.89	3	
18	Bethany Wagenknecht	JR Wisconsin Lutheran	5:23.23	2	
19	Morgan Barnard	SO Cornell College	5:23.35	2	
20	Zoe Kane-Preissing	SO Cornell College	5:27.34	2	
21	Cassie Balts	SR Wisconsin Lutheran	5:28.87	2	
22	Meaghan Dorsey	JR Knox	5:31.87	2	
23	Frances Knaggs	SO Beloit	5:33.56	1	
24	Madi Hanseder	SO Edgewood	5:34.02	1	
25	Mingyi Zhang	SR Beloit	5:35.75	1	
26	Elissa Boll	FR Concordia-St. Paul	5:37.29	1	
27	Emily Miller	JR Knox	5:46.53	1	
28	Kailey Heusohn	FR Wisconsin Lutheran	5:51.78	1	
29	Brenda Martinez-Flores	FR Beloit	5:53.43	1	
30	Amanda Van Swol	SO Wisconsin Lutheran	6:00.29	1	
31	Ashley Risley	SO Edgewood	6:05.25	1	
32	Grace Kosmatka	JR Edgewood	6:13.80	1	

Women 5000 Meter Run

Name	Year	School	Finals	Points
1	Kara Lindberg	FR Concordia-St. Paul	18:58.58	10
2	Chloe Burkhart	SO Judson	19:12.09	8
3	April Goetz	FR Lincoln College	19:18.30	6
4	Ruth Lindberg	JR Concordia-St. Paul	19:48.32	5
5	Lydia Carr	SO Concordia-St. Paul	19:52.99	4
6	Hannah Weide	JR Wisconsin Lutheran	19:55.38	3
7	Megan Ely	SO Dubuque	20:09.73	2
8	Tasha Bennett	SO Concordia-St. Paul	20:15.74	1
9	Fatima Chaudhry	SO Judson	20:19.46	
10	Courtney Ramsay	JR Concordia-St. Paul	20:29.85	
11	Bethany Wagenknecht	JR Wisconsin Lutheran	20:36.23	
12	Rebecca Katz	SR Knox	20:48.40	
13	Cassie Balts	SR Wisconsin Lutheran	20:51.80	

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....Women 5000 Meter Run

14 Danica Dosmann	SO Knox	21:32.43
-- Kailey Heusohn	FR Wisconsin Lutheran	DNF

Women 100 Meter Hurdles
Top 8 Advance by Time

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Eva Laun-Smith	FR Beloit	14.98q	2.1	3
2 Faith Lubner	FR St. Cloud State	15.06q	0.6	1
3 Megan Hudson	FR Hawkeye CC	15.43q	2.1	3
4 Brittany Burks	JR Dubuque	15.54q	1.5	2
5 Demetria Johnson	FR Dubuque	15.57q	1.5	2
6 Jocelyn Johnson	SO St. Cloud State	15.83q	0.6	1
7 Karah Polk	FR Knox	15.90q	0.6	1
8 Sami Huebner	JR Wisconsin Lutheran	16.00q	1.5	2
9 Leighton Fischer	FR St. Cloud State	16.19	0.6	1
10 Michaela Kowalewski	SO Knox	16.28	2.1	3
11 MichelleAnn Sanchez	SR Dubuque	16.73	2.1	3
12 Hailey Schwenker	FR Dubuque	17.00	2.1	3
13 Mia Bruty	FR Dubuque	17.33	1.5	2
14 Maddix Stovie	FR Cornell College	17.47	2.1	3
15 Bobbi Jo Helgemoe	SR Dubuque	17.84	0.6	1
16 Kaylyn Shevey	FR Wisconsin Lutheran	18.15	1.5	2
17 Lexie Collins	SR Rockford	18.86	2.1	3
18 Carolyn Porter	SO Lincoln College	19.05	0.6	1

Women 100 Meter Hurdles

Name	Year School	Finals	Wind	Points
Finals				
1 Faith Lubner	FR St. Cloud State	14.80	1.2	10
2 Eva Laun-Smith	FR Beloit	14.92	1.2	8
3 Megan Hudson	FR Hawkeye CC	15.07	1.2	6
4 Demetria Johnson	FR Dubuque	15.79	1.2	5
5 Sami Huebner	JR Wisconsin Lutheran	15.90	1.2	4
6 Jocelyn Johnson	SO St. Cloud State	16.02	1.2	3
7 Karah Polk	FR Knox	16.61	1.2	2

Women 400 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Bridget Brown	SO St. Cloud State	1:07.05	2	10
2 Leighton Fischer	FR St. Cloud State	1:07.54	2	8
3 Sami Huebner	JR Wisconsin Lutheran	1:08.85	2	6
4 Katrina Pagel	SR Dubuque	1:09.60	2	5

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....Women 400 Meter Hurdles

5	Hailey Schwenker	FR Dubuque	1:11.38	1	4
6	Tacora Taylor	FR Concordia-St. Paul	1:14.40	1	3
7	Michaela Kowalewski	SO Knox	1:15.66	2	2
8	Rachel Smith	FR Judson	1:15.85	1	1
9	Breana Bamlet	FR Concordia-St. Paul	1:21.12	1	
10	Aminah Crawford	FR Beloit	1:23.73	2	
11	Demetria Johnson	FR Dubuque	1:29.93	2	

Women 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Chrissy Lofgren	SO St. Cloud State	11:39.41	10
2 Lacey Heaver	JR Judson	12:14.97	8
3 Frances Larsen	SR Knox	12:23.78	6
4 Jamie Herridge	FR St. Cloud State	12:33.50	5
5 Erin Hosto	FR Cornell College	13:06.97	4
6 Zia Matti	SR St. Cloud State	13:57.58	3
7 Kristina Schuette	SR Wisconsin Lutheran	14:27.97	2

Women 4x100 Meter Relay

School	Finals	H#	Points
1 St. Cloud State	48.43	2	10
1) Emma Baynes FR			
2) Faith Lubner FR			
3) Maya Taylor FR			
4) Emelia Burris FR			
2 Dubuque	49.39	2	8
1) Alyssa Skrove SO			
2) Alison Beeman SO			
3) Asha Flowers SO			
4) Aleyha Slatter JR			
3 Concordia-St. Paul	49.41	2	6
1) Toni Canfall FR			
2) Lauren Magnuson SO			
3) Erika Shady SR			
4) Maddy Kunshier JR			
4 Knox	49.77	2	5
1) Karah Polk FR			
2) Rebekah Alexandere FR			
3) Michaela Kowalewski SO			
4) Valarie Varanese JR			
5 Beloit	49.91	2	4
1) Lena Ramsey FR			
2) Genesis Dade JR			
3) Aminah Crawford FR			
4) Aleeshah Heinzen JR			
6 Dubuque 'B'	x51.12	2	
1) Tierra Hildebrandt SO			
2) Brittany Burks JR			
3) MichelleAnn Sanchez SR			
4) Kayla McIntyre SO			
7 Cornell College	51.50	2	3
1) Shelby Williams FR			
2) Emma Cochrane JR			
3) Samantha Hardison FR			
4) Zaria Lambert SO			
8 Hawkeye CC	53.64	1	2
1) Megan Hudson FR			
2) Zarreeel Knox FR			
3) Morgan Thompson FR			
4) Miara Oliver FR			
9 Judson	55.05	1	1

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....Women 4x100 Meter Relay

1) Krysta Navarro SR	2) Isabel Hindt FR
3) Alexis Nguyen FR	4) Nicolette Dobson FR
10 Beloit 'B'	x57.13 1
1) Moi Yamazaki SR	2) Eva Laun-Smith FR
3) Toni Bonds FR	4) Melissa Pelkey JR
11 Cornell College 'B'	x57.89 1
1) Melanie Arteaga SO	2) Shay Rule SR
3) Kieanna Rebers SO	4) Katrina Lewis SR

Women 4x400 Meter Relay

School	Finals	H#	Points
1 Dubuque	4:11.38	2	10
1) Alison Beeman SO	2) Heather Muntz FR		
3) Brittany Burks JR	4) Katrina Pagel SR		
2 Wisconsin Lutheran	4:20.99	1	8
1) Sami Huebner JR	2) Kaylyn Shevey FR		
3) Kendra Schumacher FR	4) Brooke Malchow FR		
3 Judson	4:24.15	2	6
1) Marie Mayer FR	2) Lacey Heaver JR		
3) Nicolette Dobson FR	4) Isabel Hindt FR		
4 Hawkeye CC	4:33.25	2	5
1) Ashely Clinton FR	2) Joanna Topham FR		
3) Hannah Johnson FR	4) Megan Hudson FR		
5 Edgewood	4:33.58	1	4
1) Brooke Lonigro FR	2) Clara Berning FR		
3) Madi Hanseder SO	4) Ashley Harnack SR		

Women High Jump

Name	Year School	Finals	Points
1 Jocelyn Johnson	SO St. Cloud State	1.51m	4-11.50 10
1.26 1.31 1.36 1.41 1.46 1.51 1.56			
P P P O O O XXX			
2 Asha Flowers	SO Dubuque	1.46m	4-09.50 8
1.26 1.31 1.36 1.41 1.46 1.51			
P P P O O XXX			
3 Shantelle Des Marais	FR St. Cloud State	1.41m	4-07.50 6
1.26 1.31 1.36 1.41 1.46			
O O O O XXX			
4 Lexie Collins	SR Rockford	1.36m	4-05.50 5
1.26 1.31 1.36 1.41			
O XXO O XXX			
5 Dana Osthoff	SO Edgewood	J1.36m	4-05.50 4
1.26 1.31 1.36 1.41			
O O XO XXX			

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....Women High Jump

6	Katrina Lewis	SR Cornell College	J1.36m	4-05.50	3
	1.26 1.31 1.36 1.41				
	P XO XO XXX				
7	Kieanna Rebers	SO Cornell College	1.31m	4-03.50	1
	1.26 1.31 1.36				
	P O XXX				
7	Jaime Lepito	SO Beloit	1.31m	4-03.50	1
	1.26 1.31 1.36				
	O O XXX				
7	Bobbi Jo Helgemoe	SR Dubuque	1.31m	4-03.50	1
	1.26 1.31 1.36				
	P O XXX				
10	Rachel Smith	FR Judson	J1.31m	4-03.50	
	1.26 1.31 1.36				
	O XO XXX				
--	Kayla McIntyre	SO Dubuque		NH	
	1.26 1.31 1.36				
	P P XXX				

Women Pole Vault

=====										
Name	Year School					Finals	Points		=====	
1	Erika Shady	SR	Concordia-St. Paul			3.37m	11-0.75	10		
	2.32 2.47 2.62 2.77 2.92		3.07 3.22 3.37 3.52							
	P P P P O		XO O XO XXX							
2	Teghan Norman	SO	Concordia-St. Paul			3.07m	10-0.75	8		
	2.32 2.47 2.62 2.77 2.92		3.07 3.22							
	P P P O O		XO XXX							
3	Jenna Heimark	SO	Dubuque			2.92m	9-07.00	6		
	2.32 2.47 2.62 2.77 2.92		3.07							
	P P P P XXO		XXX							
4	Brittany Burks	JR	Dubuque			2.62m	8-07.00	5		
	2.32 2.47 2.62 2.77									
	XXO XO XXO XPP									
--	Genesis Dade	JR	Beloit				NH			
	2.32									
	XXX									

Women Long Jump

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Name	Year School					Finals	Wind	Points		=====	
1	Emelia Burris	FR	St. Cloud State			5.58m	2.7	18-03.75	10		
	4.96m(2.0) 5.29m(1.5) 5.11m(0.3) 5.58m(2.7)		FOUL			5.33m(0.9)					
2	Faith Lubner	FR	St. Cloud State			5.47m	0.3	17-11.50	8		
	FOUL 5.34m(2.1) FOUL 5.47m(0.3) 5.14m(0.8)		FOUL								
3	Demetria Johnson	FR	Dubuque			5.40m	1.9	17-08.75	6		
	5.14m(1.2) 5.16m(1.2) 4.95m(3.1) 4.93m(0.1) 5.40m(1.9) 5.08m(1.3)										

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4	Abby Jungwirth	SO St. Cloud State	5.28m	0.6	17-04.00	5
	5.11m(1.7) 5.28m(0.6) FOUL	5.22m(0.1) 5.28m(1.4) FOUL				
5	Leah Rosenow	SO Wisconsin Lutheran	5.26m	1.8	17-03.25	4
	FOUL 4.91m(2.3) 5.07m(3.3) FOUL	5.19m(1.0) 5.26m(1.8)				
6	Eva Laun-Smith	FR Beloit	5.23m	1.7	17-02.00	3
	5.08m(2.6) 5.23m(1.7) FOUL					
7	Aleeshah Heinzen	JR Beloit	5.14m	0.1	16-10.50	2
	4.86m(1.4) 5.04m(1.6) 5.14m(0.1) FOUL	FOUL FOUL				
8	Lena Ramsey	FR Beloit	5.13m	3.1	16-10.00	1
	4.85m(0.4) FOUL 5.13m(3.1) 4.66m(0.9) FOUL	4.86m(0.2)				
9	Maya Taylor	FR St. Cloud State	5.02m	0.9	16-05.75	
	5.02m(0.9) 4.90m(1.2) 4.78m(1.4) FOUL	4.64m(0.8) 4.99m(0.9)				
10	Shanika Smith	FR Lincoln College	4.78m	0.1	15-08.25	
	FOUL 4.49m(2.5) 4.78m(0.1)					
11	Miranda Connell	FR Edgewood	4.77m	+0.0	15-07.75	
	4.77m(+0.0) 4.72m(+0.0) 4.65m(1.9)					
12	Kaylyn Shevey	FR Wisconsin Lutheran	4.75m	0.6	15-07.00	
	FOUL 4.75m(0.6) 4.62m(0.7)					
13	Zarreeel Knox	FR Hawkeye CC	4.65m	2.5	15-03.25	
	4.65m(2.5) 4.54m(1.6) 4.62m(1.3)					
14	Jenna Schmitz	FR Wisconsin Lutheran	4.61m	0.9	15-01.50	
	4.56m(1.2) 4.61m(0.9) 4.52m(1.5)					
15	Laura Klein	SO Dubuque	4.59m	0.7	15-0.75	
	4.59m(0.7) 4.51m(4.2) 4.40m(2.0)					
16	Tyra Zinkel	FR Concordia-St. Paul	4.57m	0.9	15-00.00	
	FOUL FOUL 4.57m(0.9)					
17	Bobbi Jo Helgemoe	SR Dubuque	4.49m	1.6	14-08.75	
	4.49m(1.6) 4.36m(1.9) FOUL(0.4)					
18	Emily Schwendinger	SO Dubuque	4.46m	+0.0	14-07.75	
	FOUL 4.46m(+0.0) 4.31m(1.7)					
19	Sami Huebner	JR Wisconsin Lutheran	4.37m	2.2	14-04.00	
	FOUL 4.37m(2.2) FOUL					
20	Aleyha Slatter	JR Dubuque	4.32m	0.3	14-02.25	
	FOUL 4.32m(0.3) FOUL					
21	Jaime Lepito	SO Beloit	4.20m	0.8	13-09.50	
	4.15m(0.3) 3.95m(2.1) 4.20m(0.8)					
22	Moi Yamazaki	SR Beloit	3.86m	1.4	12-08.00	
	3.76m(0.8) 3.86m(1.4) 3.83m(0.9)					
23	Mya Patrick	SO Lincoln College	3.78m	NWI	12-05.00	
	FOUL FOUL 3.78m(NWI)					
24	Brianna Neal	FR Lincoln College	3.75m	2.1	12-03.75	
	FOUL FOUL 3.75m(2.1)					
25	Krysta Navarro	SR Judson	3.62m	0.8	11-10.50	
	FOUL 3.62m(0.8) FOUL					
--	Alyssa Skrove	SO Dubuque	FOUL			
	FOUL FOUL FOUL					

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Women Triple Jump

Name	Year	School	Finals	Wind	Points
1 Abby Jungwirth	SO	St. Cloud State	11.39m	2.2	37-04.50 10
			10.80m(1.1) 11.39m(2.2) 11.11m(0.4) 11.10m(1.1) 11.10m(+0.0) 10.96m(1.7)		
2 Aleeshah Heinzen	JR	Beloit	11.13m	0.6	36-06.25 8
			FOUL FOUL 11.13m(0.6) FOUL FOUL FOUL		
3 Maya Taylor	FR	St. Cloud State	11.09m	2.4	36-04.75 6
			10.57m(2.3) 10.95m(0.6) 11.09m(2.4) 10.84m(1.8) 10.66m(0.5) FOUL		
4 Jenna Heimark	SO	Dubuque	11.00m	2.0	36-01.25 5
			FOUL FOUL 11.00m(2.0) 10.59m(0.6) 10.85m(0.7) 10.95m(0.5)		
5 Alyssa Skrove	SO	Dubuque	10.99m	+0.0	36-0.75 4
			FOUL FOUL 10.40m(1.9) 10.48m(0.7) 10.52m(+0.0) 10.99m(+0.0)		
6 Tyra Zinkel	FR	Concordia-St. Paul	10.69m	1.2	35-01.00 3
			FOUL 10.38m(1.4) 10.69m(1.2) 10.52m(0.2) FOUL 9.99m(0.1)		
7 Aleyha Slatter	JR	Dubuque	10.64m	2.6	34-11.00 2
			FOUL FOUL 10.64m(2.6) FOUL FOUL FOUL		
8 Zarreeel Knox	FR	Hawkeye CC	10.45m	1.8	34-03.50 1
			10.01m(0.9) 10.34m(1.4) 10.42m(1.5) 10.45m(1.8) 10.07m(+0.0) 10.15m(+0.0)		
9 Leah Rosenow	SO	Wisconsin Lutheran	10.45m	1.2	34-03.50
			9.69m(0.4) 9.87m(0.9) 10.13m(1.2) 10.40m(0.8) 10.45m(1.2) FOUL		
10 Brianna Neal	FR	Lincoln College	9.71m	1.0	31-10.25
			9.71m(1.0) 9.51m(1.6) FOUL		
11 Jenna Schmitz	FR	Wisconsin Lutheran	9.49m	+0.0	31-01.75
			8.82m(+0.0) FOUL 9.49m(+0.0)		
12 Shay Rule	SR	Cornell College	9.38m	0.2	30-09.25
			FOUL 9.07m(2.2) 9.38m(0.2)		
-- Maddix Stovie	FR	Cornell College	FOUL		
			FOUL FOUL FOUL		

Women Shot Put

Name	Year	School	Finals	Points
1 Tanasha Atwater	SR	Dubuque	14.14m	46-04.75 10
			13.60m 14.14m FOUL FOUL FOUL FOUL	
2 Jennifer Donnell	SR	Judson	13.47m	44-02.50 8
			13.19m 12.40m 13.09m 12.64m 13.47m 12.95m	
3 Carrissa Tinsley	SO	Lincoln College	12.95m	42-06.00 6
			12.01m FOUL 12.95m FOUL FOUL FOUL	
4 Hannah Gustafson	SO	Concordia-St. Paul	12.70m	41-08.00 5
			12.23m FOUL 12.65m FOUL FOUL 12.70m	
5 Adahja Weathers	SO	Dubuque	12.33m	40-05.50 4
			12.26m 12.11m 12.00m 12.33m 12.25m 12.18m	
6 Kayla Slowick	FR	Dubuque	12.07m	39-07.25 3
			11.94m 1.16m 10.68m 12.07m 11.76m 11.72m	
7 Kayla Schlichting	SO	Dubuque	12.02m	39-05.25 2
			11.90m 11.80m 12.02m 11.93m 12.02m 11.96m	
8 Bralon Mack	SO	Lincoln College	11.84m	38-10.25 1
			10.94m 11.42m 11.66m 11.40m 11.84m 11.71m	

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....Women Shot Put

9	Caroline Ferguson	FR Dubuque	11.79m	38-08.25
	11.79m FOUL FOUL FOUL FOUL FOUL			
10	Naomi Yamane	JR North Centra	11.30m	37-01.00
	FOUL FOUL 11.30m			
11	Erica Frazier	SR Dubuque	11.16m	36-07.50
	FOUL 11.16m FOUL			
12	Tia Donlan	FR Concordia-St. Paul	11.13m	36-06.25
	FOUL FOUL 11.13m			
13	Octavia Martinez	JR Cornell College	11.04m	36-02.75
	10.60m 11.04m 10.84m			
14	Brenna Seeser	FR Dubuque	10.43m	34-02.75
	9.95m 10.33m 10.43m			
15	Libby Schnoor	SR Cornell College	10.30m	33-09.50
	10.12m 10.30m FOUL			
16	Haile Cook	FR Hawkeye CC	10.20m	33-05.75
	FOUL 9.77m 10.20m			
17	Bobbi Jo Helgemoe	SR Dubuque	10.02m	32-10.50
	10.02m 9.87m FOUL			
18	Alice Lee	JR Knox	9.79m	32-01.50
	9.79m FOUL FOUL			
19	Danielle Stubner	FR North Centra	9.66m	31-08.50
	9.66m FOUL FOUL			
20	Kelsey Betthauser	JR Dubuque	9.60m	31-06.00
	FOUL FOUL 9.60m			
21	Katrina Kopfhamer	JR Rockford	8.95m	29-04.50
	8.95m FOUL FOUL			
22	Lexie Collins	SR Rockford	7.99m	26-02.75
	7.99m FOUL FOUL			
23	Danni Hanson	FR Rockford	7.07m	23-02.50
	FOUL 7.07m FOUL			
24	Ali Jaeger	SO Rockford	5.10m	16-08.75
	FOUL FOUL 5.10m			
25	Jajce Janvier	FR Beloit	4.63m	15-02.25
	FOUL 4.63m FOUL			

Women Discus Throw

Name	Year School	Finals	Points
1 Abigail Willis	SR Dubuque	43.71m	143-05 10
	FOUL 42.07m 43.33m FOUL 43.49m 43.71m		
2 Rebecca Burmahl	JR Dubuque	41.90m	137-06 8
	40.15m FOUL FOUL 41.90m FOUL FOUL		
3 Shelby Lane	JR Dubuque	41.16m	135-00 6
	41.12m FOUL 41.10m 40.74m 41.16m FOUL		
4 Kayla Slowick	FR Dubuque	40.50m	132-10 5
	38.27m FOUL FOUL 40.50m FOUL 37.72m		
5 Octavia Martinez	JR Cornell College	40.15m	131-09 4
	40.15m FOUL 39.09m 38.44m FOUL FOUL		



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....Women Discus Throw

6	Adahja Weathers	SO Dubuque	39.94m	131-00	3
	39.94m FOUL 38.61m FOUL FOUL 37.54m				
7	Anna Ripke	JR Concordia-St. Paul	39.74m	130-04	2
	38.40m 36.25m 35.91m 39.74m FOUL FOUL				
8	Jennifer Donnell	SR Judson	38.88m	127-07	1
	36.20m FOUL 38.88m 37.40m FOUL 36.21m				
9	Hannah Gustafson	SO Concordia-St. Paul	37.92m	124-05	
	FOUL 36.77m 37.92m FOUL FOUL FOUL				
10	Tia Donlan	FR Concordia-St. Paul	37.53m	123-01	
	37.53m FOUL FOUL				
11	Kayla Joyce	FR Hawkeye CC	36.94m	121-02	
	36.94m 36.46m 36.47m				
12	Naomi Yamane	JR North Centra	36.88m	121-00	
	FOUL FOUL 36.88m				
13	Haile Cook	FR Hawkeye CC	33.76m	110-09	
	FOUL 33.76m 30.52m				
14	Lauren Egnarski	SR Dubuque	32.25m	105-10	
	FOUL FOUL 32.25m				
15	Kelsey Betthauser	JR Dubuque	31.11m	102-01	
	FOUL 31.11m FOUL				
16	Alice Lee	JR Knox	26.09m	85-07	
	26.09m FOUL FOUL				
17	Taliah Ellis	JR Knox	24.48m	80-04	
	FOUL FOUL 24.48m				
18	Lauren Julian	FR St. Cloud State	24.23m	79-06	
	FOUL FOUL 24.23m				
--	Taylor Sikora	JR North Centra	FOUL		
	FOUL FOUL FOUL				
--	Sarah Snyder	FR Wisconsin Lutheran	FOUL		
	FOUL FOUL FOUL				

Women Hammer Throw

Name	Year School	Finals	Points
1 Rebecca Burmahl	JR Dubuque	52.22m	171-04 10
	FOUL 44.18m FOUL FOUL 52.22m FOUL		
2 Tanasha Atwater	SR Dubuque	51.32m	168-04 8
	FOUL FOUL 47.39m 47.78m 46.49m 51.32m		
3 Naomi Yamane	JR North Centra	50.82m	166-09 6
	FOUL 48.72m 50.82m FOUL 48.82m 50.65m		
4 Shelby Lane	JR Dubuque	44.73m	146-09 5
	44.17m FOUL FOUL 44.73m FOUL FOUL		
5 Abigail Willis	SR Dubuque	43.31m	142-01 4
	39.50m 41.01m 43.31m 39.51m 40.24m FOUL		
6 Carrissa Tinsley	SO Lincoln College	42.46m	139-04 3
	42.46m FOUL 36.91m 40.02m 39.82m FOUL		
7 Lauren Egnarski	SR Dubuque	41.18m	135-01 2
	FOUL 38.11m 41.18m FOUL FOUL FOUL		

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....Women Hammer Throw

8	Anna Ripke	JR Concordia-St. Paul	40.96m	134-04	1
	40.83m 36.90m 37.20m	39.47m 40.96m FOUL			
9	Tia Donlan	FR Concordia-St. Paul	40.17m	131-09	
	38.29m 36.46m 40.17m	34.61m 37.78m 37.22m			
10	Haile Cook	FR Hawkeye CC	39.90m	130-11	
	39.90m FOUL FOUL				
11	Hannah Gustafson	SO Concordia-St. Paul	39.19m	128-07	
	39.19m 35.39m 38.28m				
12	Kayla Slowick	FR Dubuque	38.55m	126-06	
	38.36m 38.55m 37.93m				
13	Adahja Weathers	SO Dubuque	38.02m	124-09	
	38.02m 36.74m FOUL				
14	Kelsey Betthauser	JR Dubuque	36.89m	121-00	
	36.89m FOUL FOUL				
15	Octavia Martinez	JR Cornell College	36.35m	119-03	
	36.35m FOUL 35.07m				
16	Erica Frazier	SR Dubuque	J36.35m	119-03	
	FOUL FOUL 36.35m				
17	Brenna Seeser	FR Dubuque	35.46m	116-04	
	35.46m 34.28m FOUL				
18	Kayla Schlichting	SO Dubuque	33.88m	111-02	
	33.88m FOUL FOUL				
19	Danielle Stubner	FR North Centra	33.60m	110-03	
	33.60m FOUL FOUL				
20	Katrina Kopfhamer	JR Rockford	33.35m	109-05	
	31.38m 33.35m 31.26m				
21	Sarah Snyder	FR Wisconsin Lutheran	33.25m	109-01	
	33.25m FOUL FOUL				
22	Caroline Ferguson	FR Dubuque	32.42m	106-04	
	32.42m FOUL FOUL				
23	Alexus Diaz	JR Judson	31.91m	104-08	
	31.91m 31.63m 31.02m				
24	Alice Lee	JR Knox	29.13m	95-07	
	FOUL 29.13m FOUL				
25	Bralon Mack	SO Lincoln College	28.00m	91-10	
	FOUL 28.00m FOUL				
26	Lauren Julian	FR St. Cloud State	26.81m	87-11	
	FOUL 26.81m FOUL				
27	Danni Hanson	FR Rockford	26.21m	86-00	
	FOUL 26.21m FOUL				
28	Devon Drew	SO Beloit	24.47m	80-03	
	FOUL 24.47m FOUL				
29	Taliah Ellis	JR Knox	23.25m	76-03	
	FOUL 23.25m FOUL				
30	Ali Jaeger	SO Rockford	18.87m	61-11	
	FOUL FOUL 18.87m				
31	Kiara Davis	FR Beloit	18.20m	59-08	
	FOUL FOUL 18.20m				

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....Women Hammer Throw

32 Jajce Janvier	FR Beloit	12.38m	40-07
FOUL FOUL 12.38m			
-- Taylor Sikora	JR North Centra	FOUL	
FOUL FOUL FOUL			

Women Javelin Throw

Name	Year School	Finals	Points
1 Eva Laun-Smith	FR Beloit	32.85m	107-09 10
23.02m 28.15m 24.70m 29.46m 32.85m 30.82m			
2 Carrissa Tinsley	SO Lincoln College	32.15m	105-06 8
29.11m 32.15m FOUL FOUL 30.80m 29.23m			
3 Aleyha Slatter	JR Dubuque	29.78m	97-08 6
29.48m 29.54m 27.54m FOUL 28.53m 29.78m			
4 Emily Schwendinger	SO Dubuque	29.18m	95-09 5
28.28m 29.18m 27.95m 25.77m 24.58m 24.66m			
5 Hailey Schwenker	FR Dubuque	29.09m	95-05 4
29.09m 27.23m 23.98m 25.89m 26.91m 28.71m			
6 Lexie Collins	SR Rockford	27.99m	91-10 3
22.60m 24.34m 25.52m 25.58m 25.16m 27.99m			
7 Madison Pearson	JR Rockford	25.32m	83-01 2
23.31m 23.75m 25.32m FOUL FOUL FOUL			
8 Brianna Neal	FR Lincoln College	22.32m	73-03 1
FOUL 22.32m FOUL 22.10m FOUL 20.61m			
9 Devon Drew	SO Beloit	20.63m	67-08
18.24m 20.41m 19.34m 18.96m 20.63m FOUL			
10 Angelica Foster	SO Beloit	17.62m	57-10
17.16m 16.98m 16.70m 17.62m 16.63m 17.12m			
11 Kiara Davis	FR Beloit	16.53m	54-03
FOUL 13.38m 16.53m			
12 Ali Jaeger	SO Rockford	16.09m	52-09
13.82m 16.09m 14.65m			
13 Danni Hanson	FR Rockford	15.66m	51-04
15.66m 11.54m 13.15m			
14 Jajce Janvier	FR Beloit	10.68m	35-00
FOUL 7.73m 10.68m			

Women - Team Rankings - 19 Events Scored

1) Dubuque	193	2) St. Cloud State	165
3) Concordia-St. Paul	92	4) Judson	49
5) Cornell College	42	6) Wisconsin Lutheran	39
7) Beloit	38	8) Lincoln College	25
9) Knox	22	10) Hawkeye CC	20
11) Edgewood	19	12) Rockford	10
13) North Central (Ill.)	6		

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....Women Javelin Throw

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Men - Team Rankings - 19 Events Scored
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1) Dubuque	236.50	2) Concordia-St. Paul	136
3) Hawkeye CC	68	4) Beloit	60.50
5) Cornell College	49.50	6) Wisconsin Lutheran	48.50
7) Knox	41	8) Lincoln College	36
9) Edgewood	35	10) Judson	13
11) Rockford	7		