

Mississippi Valley Conference Meet
UW-La Crosse - Veterans Memorial Complex
La Crosse, Wisconsin - 5/13/2017
Results

Boys 100 Meter Dash**10 Advance: Top 1 Each Heat plus Next 8 Best Times**

=====
 Meet Record: * 10.82 2013 Byron Neal, Tomah

=====
 Name Year School Prelims H#

Preliminaries

=====
 1 Seth Holden 12 Holmen 10.92Q 1
 2 Jamar Davis 10 La Crosse Central 10.96Q 2
 3 Austin Steele 12 La Crosse Central 11.13q 1
 4 Tyler Harris 10 La Crosse Logan 11.35q 2
 5 Eddie Wagner 12 Tomah 11.45q 1
 6 Tommy Kratt 11 Aquinas 11.47q 1
 7 Spencer Lund 11 Aquinas 11.50q 2
 8 Bryant Meyer 10 Aquinas 11.56q 1
 9 Rrig Falmngar 10 Sparta 11.61q 1
 10 Joah Strauss 12 Holmen 11.63q 2
 11 Tyler Hughes 11 Onalaska 11.63 2
 12 Jalen Figgins 09 Tomah 11.69 1
 13 John Hess 11 Onalaska 11.73 2

Boys 100 Meter Dash

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 Meet Record: * 10.82 2013 Byron Neal, Tomah

=====
 Name Year School Finals Points

Finals

=====
 1 Seth Holden 12 Holmen 10.78* 10
 2 Jamar Davis 10 La Crosse Central 10.80* 8
 3 Austin Steele 12 La Crosse Central 11.19 6
 4 Tyler Harris 10 La Crosse Logan 11.24 5
 5 Spencer Lund 11 Aquinas 11.35 4
 6 Tommy Kratt 11 Aquinas 11.44 3
 7 Eddie Wagner 12 Tomah 11.45 2
 8 Joah Strauss 12 Holmen 11.56 1
 9 Bryant Meyer 10 Aquinas 11.63
 10 Rrig Falmngar 10 Sparta 11.66

Boys 200 Meter Dash

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 Meet Record: * 21.87 2013 Byron Neal, Tomah

=====
 Name Year School Finals H# Points

=====
 1 Seth Holden 12 Holmen 21.85* 2 10
 2 Jamar Davis 10 La Crosse Central 22.29 2 8
 3 Bryton Parral 11 La Crosse Central 22.68 2 6
 4 Steven Cross 10 La Crosse Central 22.82 2 5
 5 Isaac Lock 12 Onalaska 23.01 2 4
 6 Noah Skifton 11 Onalaska 23.03 2 3
 7 Eddie Wagner 12 Tomah 23.13 2 2
 8 Joe Bond 12 La Crosse Logan 23.19 2 1

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....Boys 200 Meter Dash

9	Dion Smith	12	La Crosse Logan	23.27	2
10	Joah Strauss	12	Holmen	23.51	2
11	Jackson Mashak	10	Aquinas	23.80	1
12	Rrig Falmngar	10	Sparta	24.02	1
13	Jacob Babcock	12	Tomah	24.53	1
14	Jonah Johnson	10	Holmen	24.60	1
15	Bryce Edwards	10	Sparta	25.39	1

Boys 400 Meter Dash

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Meet Record: * 49.02 5/16/2015 Brandon Christinovich, Holmen

Name	Year	School	Finals	H#	Points
1 Seth Holden	12	Holmen	49.53	2	10
2 Isaac Lock	12	Onalaska	51.56	2	8
3 Noah Skifton	11	Onalaska	51.77	2	6
4 Steven Cross	10	La Crosse Central	52.91	2	5
5 Dylan Johnston	12	La Crosse Logan	53.59	2	4
6 Sterling Roper	10	La Crosse Logan	54.06	2	3
7 Anthony Adams	12	Tomah	54.10	2	2
8 Jonah Johnson	10	Holmen	56.81	2	1 56.801
9 Brett Holden	09	Holmen	56.81	1	56.806
10 Sam Matias-Escalante	10	Sparta	57.43	1	
11 Anthony Velasco	11	Sparta	58.31	1	
-- Drew Stinson	11	La Crosse Central	DNF	2	

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Boys 800 Meter Run

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Meet Record: * 1:55.21 2011 Derek Finsterwalder, Central

Name	Year	School	Finals	Points
1 Jett Mickelson	11	La Crosse Central	1:57.44	10
2 Connor Stenslien	11	La Crosse Central	1:58.44	8
3 Joe Schmida	12	La Crosse Logan	2:00.11	6
4 Braxton Haines	12	La Crosse Logan	2:02.09	5
5 Jackson Overby	11	La Crosse Central	2:06.78	4
6 Jackson Clements	12	Onalaska	2:07.77	3
7 Connor Birdsong	12	Onalaska	2:07.92	2
8 Eric Tollefson	09	Tomah	2:08.02	1
9 Trevin Nelson	11	Tomah	2:10.84	
10 Kade Steinbrecher	11	Holmen	2:16.47	
11 Max Engh	12	Sparta	2:16.97	
12 Caleb Pokorny	12	Sparta	2:17.77	
13 Chad Merow	09	Sparta	2:22.07	
14 Quinn Steinbrecher	09	Holmen	2:24.59	

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Boys 1600 Meter Run

=====					
Meet Record: * 4:16.64 2008 Zach Wilhelmy, Aquinas					
Name	Year	School	Finals	Points	
=====					
1 Sam Pinkowski	12	La Crosse Central	4:17.09	10	
2 Jett Mickelson	11	La Crosse Central	4:26.25	8	
3 Connor Stenslien	11	La Crosse Central	4:27.28	6	
4 Evan Schultz	11	La Crosse Logan	4:33.38	5	
5 Jeremiah DeGroot	11	Aquinas	4:33.45	4	
6 Trevin Nelson	11	Tomah	4:38.40	3	
7 Jackson Clements	12	Onalaska	4:39.32	2	
8 Connor Birdsong	12	Onalaska	4:41.68	1	
9 London Adams	10	Holmen	4:54.49		
10 Caleb Lenning	09	Tomah	4:57.06		
11 Eric Tollefson	09	Tomah	4:58.50		
12 Peter Glodosky	10	Aquinas	5:05.07		
13 Nick Hass	11	Holmen	5:07.68		
14 Max Engh	12	Sparta	5:09.50		

Boys 3200 Meter Run

=====					
Meet Record: * 9:27.82 2011 Paul Escher, Logan					
Name	Year	School	Finals	Points	
=====					
1 Sam Pinkowski	12	La Crosse Central	10:01.56	10	
2 Ben Pierce	12	La Crosse Logan	10:07.23	8	
3 Nick Victor	12	Onalaska	10:11.33	6	
4 Ethan Gregg	10	Aquinas	10:14.64	5	
5 Hunter Stojadinovic	10	Onalaska	10:21.18	4	
6 AJ Ervin	10	Onalaska	10:21.19	3	
7 Dylan Mitchell	09	La Crosse Logan	10:26.57	2	
8 Andy Goldsmith	11	Aquinas	10:29.91	1	
9 Chad Richter	11	La Crosse Central	10:44.10		
10 Jack Richter	11	La Crosse Central	10:48.75		
11 London Adams	10	Holmen	11:01.59		
12 Eugene Peterson	09	Tomah	11:02.05		
13 Pablo Rodriguez-Sanchez	10	Holmen	11:08.85		
14 Evan Schultz	11	La Crosse Logan	11:09.50		
15 Kole Nelson	12	Sparta	11:33.38		
-- Caleb Lenning	09	Tomah	DNF		
-- Jeremiah DeGroot	11	Aquinas	DNF		

Boys 110 Meter Hurdles

=====					
Meet Record: * 14.64 1995 Scott Crothers, Onalaska					
Name	Year	School	Finals	Points	
=====					
1 Dion Smith	12	La Crosse Logan	14.50*	10	
2 Joe Bond	12	La Crosse Logan	15.08	8	
3 Theo Carr	12	La Crosse Logan	15.42	6	

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....Boys 110 Meter Hurdles

4 Ben Medema	11 Holmen	16.97	5
5 Carter Melby	11 Onalaska	20.00	4
6 Paul Lehner	09 Onalaska	20.70	3
-- Damen Pradovic	11 La Crosse Central	DQ	

Boys 300 Meter Hurdles

=====				
Meet Record: *	39.07	2012	Aron Klos, Central	
Name	Year	School	Finals	Points
=====				
1 Joe Bond	12	La Crosse Logan	39.26	10
2 Dion Smith	12	La Crosse Logan	39.99	8
3 Tyler Rodriguez	09	Holmen	40.34	6
4 Theo Carr	12	La Crosse Logan	41.03	5
5 Sirrus Bier	12	Sparta	42.59	4
6 Zylan Mageria-Kmiecek	12	Onalaska	43.93	3
7 Ian Hanson	12	La Crosse Central	44.44	2
8 Carter Melby	11	Onalaska	46.41	1

Boys 4x100 Meter Relay

=====				
Meet Record: *	43.32	2012	Holmen	
	D Martinez, G Sua, DJ Meagher, M Jesseski			
School			Finals	Points
=====				
1 La Crosse Central			43.70	10
1) Bryton Parral 11		2) Austin Steele 12		
3) Lucious McCloud 09		4) Queto Weber 12		
2 Aquinas			44.13	8
1) Spencer Lund 11		2) Conley Malone 11		
3) Tommy Kratt 11		4) Bryant Meyer 10		
3 Sparta			44.36	6
1) Rrig Falmngar 10		2) Jasiah Scott 12		
3) Jacob Edwards 12		4) Ryan Wisniewski 12		
4 La Crosse Logan			45.02	5
1) Griffin Sullivan 10		2) Josh McGrath 11		
3) Jalen Lincoln 11		4) Tyler Harris 10		
5 Holmen			45.04	4
1) Solomon Stoeckley 12		2) Alex Cassem 12		45.033
3) Nick Shupe 12		4) Ben Jones 12		
6 Onalaska			45.04	3
1) Ray Heilman 10		2) John Hess 11		45.037
3) Tyler Hughes 11		4) Jalan Sample 12		
7 Tomah			48.41	2
1) Jacob Babcock 12		2) Nathaniel Spears 09		
3) Jarod Whaley 12		4) Jesse Schmidt 12		

**Mississippi Valley Conference Meet
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Boys 4x200 Meter Relay

=====			
Meet Record:	* 1:31.49	2010	Logan
			M Orcutt, D Hellerud, K Winslow, D LaRoche
School		Finals	Points
=====			
1 La Crosse Central		1:30.51*	10
1) Bryton Parral 11	2) Austin Steele 12		
3) Lucious McCloud 09	4) Jamar Davis 10		
2 Aquinas		1:31.85	8
1) Spencer Lund 11	2) Nick Cambio 11		
3) Conley Malone 11	4) Tommy Kratt 11		
3 Sparta		1:32.64	6
1) Sirrus Bier 12	2) Jacob Edwards 12		
3) Jasiah Scott 12	4) Ryan Wisniewski 12		
4 La Crosse Logan		1:33.19	5
1) Tyler Harris 10	2) Josh McGrath 11		
3) Lavontay Basley 12	4) Griffin Sullivan 10		
5 Holmen		1:35.41	4
1) Ben Jones 12	2) Alex Cassem 12		
3) Nick Shupe 12	4) Solomon Stoeckley 12		
6 Onalaska		1:40.45	3
1) Ray Heilman 10	2) John Hess 11		
3) Tyler Hughes 11	4) Jalan Sample 12		
-- Tomah		DNF	
1) Jacob Babcock 12	2) Jalen Figgins 09		
3) Jarod Whaley 12	4) Brandon Jackson 11		

Boys 4x400 Meter Relay

=====			
Meet Record:	* 3:25.87	2008	Logan
			K Winslow, J Mills, J Bottcher, J Losby
School		Finals	Points
=====			
1 Aquinas		3:30.68	10
1) Nick Cambio 11	2) Conley Malone 11		
3) Rory Campbell 11	4) Evan Weber 10		
2 La Crosse Logan		3:32.28	8
1) Jack Blomberg 11	2) Braxton Haines 12		
3) Dylan Johnston 12	4) Joe Schmida 12		
3 La Crosse Central		3:32.77	6
1) Queto Weber 12	2) Jett Mickelson 11		
3) Steven Cross 10	4) Drew Stinson 11		
4 Onalaska		3:36.16	5
1) Jackson Clements 12	2) Ray Heilman 10		
3) John Hess 11	4) Noah Skifton 11		
5 Tomah		3:37.30	4
1) Anthony Adams 12	2) Jalen Figgins 09		
3) Trevin Nelson 11	4) Eddie Wagner 12		
6 Holmen		3:40.39	3
1) Solomon Stoeckley 12	2) Alex Cassem 12		

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....Boys 4x400 Meter Relay

3) Nick Shupe 12	4) Joah Strauss 12		
7 Sparta		3:42.02	2
1) Sirrus Bier 12	2) Jasiah Scott 12		
3) Ryan Wisniewski 12	4) Jacob Edwards 12		

Boys 4x800 Meter Relay

=====			
Meet Record: *	8:15.44	1995	Tomah
		Zupancich, Eckelberg, Nicol, ?	
School		Finals	Points
=====			
1 La Crosse Central		8:26.05	10
1) Sam Bahr 11	2) Chad Richter 11		
3) Jack Richter 11	4) Jackson Overby 11		
2 La Crosse Logan		8:35.16	8
1) Jack Blomberg 11	2) Eric Sagen 11		
3) Marcus Jarrett 11	4) Keoni Young 10		
3 Onalaska		8:44.98	6
1) Aidan Robinson 09	2) Andrew Runde 11		
3) Hunter Stojadinovic 10	4) Caleb Wallace 10		
4 Sparta		8:48.59	5
1) Max Engh 12	2) Chad Merow 09		
3) Kole Nelson 12	4) Caleb Pokorny 12		
5 Tomah		8:49.36	4
1) Matthew Holtz 09	2) Isaiah Nick 09		
3) Shandii Begay 10	4) Roland Hockstedler 09		
6 Holmen		8:52.08	3
1) Jacob Clements 10	2) Kade Steinbrecher 11		
3) Quinn Steinbrecher 09	4) London Adams 10		

Boys High Jump

=====			
Meet Record: *	6-06	2013	Joe Gasper, Central
Name	Year	School	Finals Points
=====			
1 Kobe King	12	La Crosse Central	6-08.50* 10
2 Noah Leeser	10	Holmen	6-04.00 8
3 Sirrus Bier	12	Sparta	6-00.00 5.50
3 Jacob Edwards	12	Sparta	6-00.00 5.50
5 Bryce Edwards	10	Sparta	J6-00.00 4
6 Maguire Werner	10	La Crosse Logan	J6-00.00 3
7 Ben Jones	12	Holmen	5-08.00 2
8 Donovan Stevens	11	La Crosse Central	J5-08.00 1
9 Dalton Blihovde	10	Tomah	5-06.00

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Boys Pole Vault

Meet Record: * 15-00 1995 Craig Jeranek, Logan				
Name	Year	School	Finals	Points
1 Ben Jones	12	Holmen	12-06.00	10
2 Jesse Schmidt	12	Tomah	J12-06.00	8
3 Ben Krueger	12	La Crosse Central	11-06.00	6
4 Coleton Strupp	10	Holmen	J11-06.00	5
5 Chase Penzkover	10	La Crosse Central	11-00.00	4
6 Nate Boulton	09	Tomah	J11-00.00	3
7 Andrew Brown	10	Onalaska	10-00.00	2
8 Isaac Lock	12	Onalaska	J10-00.00	1
9 Jalen Lincoln	11	La Crosse Logan	J10-00.00	
9 Michael Prindiville	12	Tomah	J10-00.00	

Boys Long Jump

Meet Record: * 23-04.50 2005 Andy Johnson, Logan				
Name	Year	School	Finals	Points
1 Kobe King	12	La Crosse Central	22-10.00	10
2 CJ Siegel	11	La Crosse Logan	21-05.25	8
3 Ben Richmond	12	La Crosse Central	21-03.25	6
4 Isaac Lock	12	Onalaska	20-11.50	5
5 Josh McGrath	11	La Crosse Logan	20-10.75	4
6 Jalan Sample	12	Onalaska	20-09.50	3
7 Lavontay Basley	12	La Crosse Logan	20-08.75	2
8 Spencer Lund	11	Aquinas	20-08.00	1
9 Rrig Falmngar	10	Sparta	20-02.50	
10 Noah Skifton	11	Onalaska	19-09.75	
11 Noah Leeser	10	Holmen	18-08.00	
12 Jackson Mashak	10	Aquinas	18-02.00	
13 Jalen Figgins	09	Tomah	17-11.50	
14 Jarod Whaley	12	Tomah	17-10.25	
-- Jacob Edwards	12	Sparta	FOUL	
-- Tatum Grass	10	Holmen	FOUL	
-- Wally Barros	11	Sparta	FOUL	

Boys Triple Jump

Meet Record: * 47-08.50 1992 Travis Horstman, Holmen				
Name	Year	School	Finals	Points
1 CJ Siegel	11	La Crosse Logan	45-09.00	10
2 Jalan Sample	12	Onalaska	44-05.50	8
3 Ben Richmond	12	La Crosse Central	42-09.50	6
4 Dion Smith	12	La Crosse Logan	42-03.25	5
5 Tarek Schraith	10	La Crosse Central	41-07.75	4
6 Garrett Olson	11	La Crosse Logan	40-10.50	3
7 William Allen	12	La Crosse Central	40-10.00	2

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....Boys Triple Jump

8 Hank Olsen	09 Onalaska	39-10.50	1
9 Jackson Mashak	10 Aquinas	38-08.00	
10 Avyon Adams	09 Tomah	37-04.00	
11 Colton Heath	11 Holmen	36-07.00	

Boys Shot Put

Meet Record: * 63-03 2000 Jim Nelson, Logan

Name	Year School	Finals	Points
1 Austin Glynn	12 Onalaska	57-10.00	10
2 Houston Dorn	12 Onalaska	47-00.00	8
3 Bryce Lee	09 Aquinas	45-02.75	6
4 Caleb Butler	10 Holmen	42-09.00	5
5 Anthony Vang	12 La Crosse Logan	42-04.75	4
6 Shawn Franklin	11 Tomah	40-10.00	3
7 Devon Smith	12 Sparta	39-08.00	2
8 Jack Horihan	11 Aquinas	39-07.50	1
9 Derek Millard	11 Tomah	38-04.00	
10 Sawyer Brown	12 Sparta	34-07.75	

Boys Discus Throw

Meet Record: * 181-03 5/14/2016 Austin Glynn, Onalaska

Name	Year School	Finals	Points
1 Austin Glynn	12 Onalaska	209-09*	10
2 Grant Sanger	12 La Crosse Central	130-10	8
3 Shawn Franklin	11 Tomah	128-08	6
4 Devon Smith	12 Sparta	126-09	5
5 Logan Graff	12 Holmen	124-08	3.50
5 Derek Millard	11 Tomah	124-08	3.50
7 Cody Hoeth	12 La Crosse Logan	118-02	2
8 Ethan Coleman	10 La Crosse Logan	117-08	1
9 Caleb Butler	10 Holmen	113-02	
10 Houston Dorn	12 Onalaska	109-11	
11 Thomas Sarazin	11 Holmen	102-05	
12 Jack Horihan	11 Aquinas	98-09	
13 Sawyer Brown	12 Sparta	96-01	

Women - Team Rankings - 18 Events Scored

1) La Crosse Central	162.50	2) Onalaska	138.50
3) Holmen	128	4) La Crosse Logan	116
5) Aquinas	78	6) Sparta	46
7) Tomah	17		

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....Boys Discus Throw

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Men - Team Rankings - 18 Events Scored
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1) La Crosse Central	189	2) La Crosse Logan	154
3) Onalaska	118	4) Holmen	90.50
5) Aquinas	51	6) Sparta	45
7) Tomah	43.50		