

Knights of Columbus Relays
La Crosse Aquinas High School
Veterans Memorial Stadium - La Crosse, WI - 4/29/2017
Results

Boys 100 Meter Dash
Top 10 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Jamar Davis	10	La Crosse Central	10.98q	4
2 Austin Steele	12	La Crosse Central	11.27q	2
3 Brent Heilman	12	West Salem	11.35q	3 11.341
4 Seth Holden	12	Holmen	11.35q	5 11.343
5 Robert Warren	11	Winona	11.41q	1
6 Spencer Lund	11	Aquinas	11.60q	3
7 Tyler Harris	10	La Crosse Logan	11.65q	5
8 Blake Martin	12	Brookwood	11.67q	1
9 Bryant Meyer	10	Aquinas	11.68q	2
10 Ray Heilman	10	Onalaska	11.69q	5
11 Josh McGrath	11	La Crosse Logan	11.75	4
12 Riley Donaghue	11	Hayward	11.80	4
13 Tyler Hughes	11	Onalaska	11.81	1
14 Brady Ferguson	12	Winona	11.85	3
15 Colin Smith	SO	Rochester Century	12.07	3
16 Jonah Johnson	10	Holmen	12.09	3
17 Raul Fernando	10	Arcadia	12.13	1
18 Levi Schewe	10	Winona	12.23	2
19 Shane Staerkel	10	Franklin	12.29	2
20 Anuraag Borgohain	SO	Rochester Century	12.32	5
21 Chance Yarrington	12	Arcadia	12.59	2
22 Stefan Peterson	09	Viroqua	12.60	2
23 Cole Kobylski	11	Mauston	12.62	1
24 Payton Oliver	10	Altoona	12.79	4
25 Hunter Wehrenberg	09	West Salem	12.89	1
26 Jacob Whiteaker	09	Franklin	13.00	5
27 Scott Van Ert	11	Altoona	13.02	2
28 Josh Domenech	11	Mauston	13.05	2 13.043
29 Bennet Schmitz	09	Cashton	13.05	5 13.045
30 Logan Millhausen	09	Mosinee	13.10	3
31 Therrick Roberts	09	West Salem	13.11	5
32 Tyler Hannah	09	Viroqua	13.17	4
33 Trevin Freit	09	Cashton	13.24	1
34 Rayn Vang	10	Mauston	13.26	3
35 Mitchel Kuhn	12	Cashton	13.30	4
36 Tony Wu	10	Aquinas	13.31	5
37 Zack Brown	09	Mosinee	13.36	5
38 Wyatt Beyerl	10	Mosinee	13.50	4
39 Sawyer Felton	10	Viroqua	13.69	3
40 Austin Watson	09	Altoona	14.22	1

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Name	Year	School	Finals	Points
Finals				
1 Jamar Davis	10	La Crosse Central	10.91	10
2 Brent Heilman	12	West Salem	10.96	8
3 Seth Holden	12	Holmen	11.03	6
4 Austin Steele	12	La Crosse Central	11.17	5
5 Robert Warren	11	Winona	11.27	4
6 Tyler Harris	10	La Crosse Logan	11.47	3
7 Blake Martin	12	Brookwood	11.58	2
8 Ray Heilman	10	Onalaska	11.60	1
9 Spencer Lund	11	Aquinas	11.63	
10 Bryant Meyer	10	Aquinas	11.64	

Boys 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Jamar Davis	10	La Crosse Central	22.15	5	10
2 Seth Holden	12	Holmen	22.24	5	8
3 Steven Cross	10	La Crosse Central	22.76	5	6
4 Isaac Lock	12	Onalaska	22.95	5	5
5 Noah Schultz	11	Winona	23.08	5	4
6 Lucious McCloud	09	La Crosse Central	23.13	5	3
7 Conner Dunn	12	West Salem	23.25	5	2
8 Miguel Benjamin	SR	Rochester Century	23.32	4	1
9 Steven Nah	SO	Rochester Century	23.33	4	
10 Joah Strauss	12	Holmen	23.41	4	
11 Blake Martin	12	Brookwood	23.53	5	
12 Jalan Sample	12	Onalaska	23.58	5	
13 Parker Samples	12	Mosinee	23.95	4	
14 Lavontay Basley	12	La Crosse Logan	24.22	4	
15 Austin Johnson	11	Franklin	24.23	4	
16 Cole Stugelmeyer	11	Franklin	24.24	4	
17 Dan Jonsgaard	11	Winona	24.38	3	
18 Jonah Boelter	11	Winona	24.55	3	
19 Garrett Olson	11	La Crosse Logan	24.56	3	
20 Maguire Werner	10	La Crosse Logan	24.70	3	24.697
21 Carter Samples	10	Mosinee	24.70	2	24.698
22 Alvin Parker	10	Adams-Friendship	24.86	4	
23 Luke Boppart	11	Mauston	24.90	3	
24 Chase Roehl	10	Hayward	24.96	3	
25 Joe Wopat	10	West Salem	24.99	4	
26 Connor Dertz	09	Franklin	25.02	3	
27 Evan Veres	12	Viroqua	25.29	3	
28 Chance Yarrington	12	Arcadia	25.31	2	
29 Austin Schaldach	09	Cashton	25.34	2	
30 Ian Hoehne	09	Hayward	25.39	2	
31 Theo Muellenberg	11	Bangor	25.40	3	

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32 Lisowski Kaden	09 Arcadia	25.49	2
33 Tony Wu	10 Aquinas	26.05	2
34 Sam Downing	12 Brookwood	26.32	2
35 Kody Tormoen	12 Brookwood	27.17	3
36 Trevin Freit	09 Cashton	27.28	2
37 Tyler Hannah	09 Viroqua	27.42	1
38 Wyatt Beyerl	10 Mosinee	27.78	2
39 Ari Nelson	09 Viroqua	27.93	1
40 Zachary Friell	09 West Salem	28.48	2

Boys 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Seth Holden	12 Holmen	51.57	4	10
2 Dakota Kull	10 Hayward	53.38	4	8
3 Tucker Kasten	10 Adams-Friendship	53.72	2	6
4 Steven Nah	SO Rochester Century	53.88	3	5 53.871
5 Dylan Johnston	12 La Crosse Logan	53.88	3	4 53.879
6 Raul Fernando	10 Arcadia	54.35	4	3
7 Ramon Romero	11 Arcadia	54.81	4	2
8 Bailey Nelson	12 Viroqua	55.04	4	1
9 Ryan Pearson	SR Rochester Century	55.24	4	
10 Matthew Sueppel	12 Cashton	55.34	3	
11 Colin Bucholz	11 Bangor	56.01	4	
12 Marcus Jarrett	11 La Crosse Logan	56.10	3	
13 Calvin Williams	09 Onalaska	57.00	3	
14 Joey Perrigo	12 Brookwood	57.04	3	
15 Jonah Johnson	10 Holmen	57.13	2	
16 Ashton Pince	10 Mosinee	57.47	4	
17 Traner Weiler	10 Mosinee	57.77	4	
18 Joe Wopat	10 West Salem	58.05	2	
19 Grant LeDoux	09 West Salem	58.53	3	
20 Larry Butler	10 Hayward	59.11	2	
21 Connor Strainis	10 West Salem	59.67	2	
22 Bryce Coleman	10 Brookwood	1:00.30	2	
23 Braden Fritz	10 Winona	1:00.81	2	
24 Raymond Parker	12 Onalaska	1:01.54	3	
25 Jan Kauffman	10 Brookwood	1:04.27	2	
26 Jackson Anderson	09 Altoona	1:05.05	1	
27 Dylan Cochart	10 Mosinee	1:07.71	1	
28 Jed Goodwin	09 Adams-Friendship	1:09.88	1	
29 Cameron Frank	10 Altoona	1:16.60	1	

Boys 800 Meter Run

Name	Year School	Finals	H#	Points
1 Sam Pinkowski	12 La Crosse Central	1:58.11	3	10

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2	Bailey Nelson	12	Viroqua	2:02.86	3	8
3	Braxton Haines	12	La Crosse Logan	2:03.57	3	6
4	Rory Campbell	11	Aquinas	2:04.43	3	5
5	Drew Peterson	11	West Salem	2:04.59	3	4
6	Connor Birdsong	12	Onalaska	2:04.88	3	3
7	Brandon Nee	SR	Rochester Century	2:06.33	3	2
8	Connor Stenslien	11	La Crosse Central	2:06.36	3	1
9	Aidan Robinson	09	Onalaska	2:07.40	3	
10	Jack Blomberg	11	La Crosse Logan	2:08.90	3	
11	Keoni Young	10	La Crosse Logan	2:09.52	2	
12	Orrie Maurhoff	11	Brookwood	2:10.10	3	
13	Grayson Barrett	10	Mosinee	2:10.43	2	
14	Noah Cox	12	Mosinee	2:11.11	2	
15	Dakota Kull	10	Hayward	2:11.44	3	
16	Noah Stockheimer	12	West Salem	2:12.04	2	
17	Marshall Nelson	10	Arcadia	2:12.83	2	
18	Kade Steinbrecher	11	Holmen	2:14.82	3	
19	Patrick Mullan	SR	Rochester Century	2:15.56	2	2:15.557
20	Aidan Mohan	10	Winona	2:15.56	1	2:15.559
21	Ethan Wolfe	12	Hayward	2:16.02	1	
22	Jackson Overby	11	La Crosse Central	2:17.43	3	
23	Daniel Walsh	12	Mauston	2:18.83	2	
24	Garret Dekan	12	Altoona	2:19.13	2	
25	Isaiah Jackson	12	Altoona	2:20.02	2	
26	Zachary DeGroot	09	Aquinas	2:21.38	2	
27	Matthew Sueppel	12	Cashton	2:21.49	2	
28	Pablo Rodriguez-Sanchez	10	Holmen	2:21.56	1	
29	James Ziegeweid	09	Arcadia	2:23.23	1	
30	Jansen McClelland	12	Viroqua	2:23.33	1	
31	Tim Hicks	11	Adams-Friendship	2:25.33	1	
32	Thor Anderson	10	Bangor	2:25.39	1	
33	Cameron Mastin	12	Viroqua	2:27.42	1	
34	Rian Gronemus	10	Cashton	2:27.86	1	
35	Keagen Kuhn	10	Cashton	2:28.26	1	
36	Dillon Markell	12	Brookwood	2:30.24	1	
37	Ethan Nott	09	Aquinas	2:37.89	1	
38	Tyler Srp	09	Altoona	2:44.92	1	
39	Kevin Chen	11	Adams-Friendship	2:47.92	1	

Boys 1600 Meter Run

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Name	Year	School	Finals	H#	Points	
=====						
1	Evan Schultz	11	La Crosse Logan	4:36.10	2	10
2	Connor Stenslien	11	La Crosse Central	4:36.26	2	8
3	AJ Ervin	10	Onalaska	4:42.25	2	6
4	David Will	SR	Rochester Century	4:46.17	2	5
5	Zach Slevin	09	La Crosse Logan	4:48.30	2	4
6	Jackson Overby	11	La Crosse Central	4:48.33	2	3



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7	Nathan Larson	JR Rochester Century	4:51.79	2	2
8	Ethan Gregg	10 Aquinas	4:52.29	2	1
9	Josiah Ziebell	10 Mauston	4:54.25	2	
10	London Adams	10 Holmen	4:57.60	2	
11	Andrew Murphy	10 West Salem	5:10.32	2	
12	Nick Sandstrom	11 Altoona	5:10.58	1	
13	Yousef Almatrok	12 Winona	5:11.49	2	
14	Daniel Walsh	12 Mauston	5:11.64	2	
15	Isaac Bachmann	10 Bangor	5:13.64	2	
16	Jacob Cafferty	10 Mauston	5:13.84	1	
17	Peter Glodosky	10 Aquinas	5:14.08	1	
18	Liam Sjoquist	09 West Salem	5:14.43	1	
19	Rian Gronemus	10 Cashton	5:14.88	2	
20	Quinn Steinbrecher	09 Holmen	5:16.36	1	
21	Chase Ferries	11 Brookwood	5:24.05	2	
22	Keagen Kuhn	10 Cashton	5:25.44	1	
23	Nathan Ramos	09 Adams-Friendship	5:35.05	1	
24	Nicholas Hansen	10 Altoona	5:39.15	1	
25	Logan Knaack	11 Altoona	5:39.38	1	
26	Trevor Hills	12 Hayward	5:39.68	1	
27	Alvaro Gonzalez	10 Brookwood	6:24.60	1	
28	Austin Heitman	10 Adams-Friendship	6:34.94	1	

Boys 3200 Meter Run

=====					
Name	Year	School	Finals	Points	
=====					
1	Jett Mickelson	11 La Crosse Central	9:54.89	10	
2	Nick Victor	12 Onalaska	9:59.33	8	
3	Ben Pierce	12 La Crosse Logan	10:01.44	6	
4	Carter Briggs	09 Winona	10:01.56	5	
5	Chad Richter	11 La Crosse Central	10:06.73	4	
6	Jackson Clements	12 Onalaska	10:12.92	3	
7	Erick Sells	12 West Salem	10:18.20	2	
8	Ezekiel Green	SR Rochester Century	10:19.02	1	
9	David Will	SR Rochester Century	10:24.35		
10	Jack Richter	11 La Crosse Central	10:25.26		
11	Andy Goldsmith	11 Aquinas	10:26.57		
12	Josiah Ziebell	10 Mauston	10:43.11		
13	London Adams	10 Holmen	10:46.90		
14	Eric Kordus	09 Mosinee	11:02.48		
15	Mitchell Ploetz	10 Winona	11:09.17		
16	Connor Koepnick	12 West Salem	11:17.56		
17	Dylan Dearth	11 Mauston	11:20.48		
18	Ray Firebaugh	12 Viroqua	11:26.03		
19	Nick Hass	11 Holmen	11:26.52		
20	Jacob Cafferty	10 Mauston	11:27.11		
21	Zach Leis	12 Brookwood	11:34.36		
22	Dakota Markell	12 Brookwood	11:40.83		

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23 Drew Hintz	09 Mosinee	11:45.01
24 Cole Brandau	10 Brookwood	11:58.29
25 Jakob Zhovtis	09 Aquinas	11:59.23
26 Carlyle Lyga	09 Bangor	12:22.62
-- Hunter Stojadinovic	10 Onalaska	DNF

Boys 110 Meter Hurdles
Top 10 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Dion Smith	12	La Crosse Logan	15.39q	3
2 Ben Medema	11	Holmen	16.12q	1
3 Caleb Hedlund	JR	Rochester Century	16.26q	3
4 DeVonte Kuykendall	12	Hayward	16.47q	2
5 Damen Pradovic	11	La Crosse Central	16.54q	1
6 Theo Carr	12	La Crosse Logan	16.76q	2
7 John Dougherty	SR	Rochester Century	17.33q	2
8 Tyler Rodriguez	09	Holmen	17.50q	3
9 Jakob Meyer	10	Altoona	17.57q	2
10 Kyle Livingston	11	Adams-Friendship	17.88q	1
11 Noah Rugaber	11	Franklin	17.95	3
12 Jamin Fladhammer	12	Brookwood	18.62	2
13 Luke Boppart	11	Mauston	18.94	3
14 Jaymeson Freit	10	Bangor	19.19	2
15 Nick Vollmar	10	West Salem	19.35	3
16 Zach Lohr	09	Viroqua	19.53	1
17 Theo Meyer	10	Winona	19.96	1
18 Wyatt Woods	10	Brookwood	20.58	3
19 Randy Pronschinske	10	Arcadia	20.68	2
20 McKay Wolsey	10	Onalaska	20.84	2
21 Cameron Zimmerman	09	Brookwood	21.34	1

Boys 110 Meter Hurdles

Name	Year	School	Finals	Points
Finals				
1 Dion Smith	12	La Crosse Logan	14.98	10
2 Ben Medema	11	Holmen	16.09	8
3 DeVonte Kuykendall	12	Hayward	16.09	6
4 Damen Pradovic	11	La Crosse Central	16.39	5
5 Theo Carr	12	La Crosse Logan	16.61	4
6 John Dougherty	SR	Rochester Century	17.10	3
7 Caleb Hedlund	JR	Rochester Century	17.17	2
8 Tyler Rodriguez	09	Holmen	17.54	1
9 Jakob Meyer	10	Altoona	17.91	
10 Kyle Livingston	11	Adams-Friendship	18.75	



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Boys 300 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Joe Bond	12	La Crosse Logan	39.98	4	10
2 Theo Carr	12	La Crosse Logan	42.08	4	8
3 Tyler Rodriguez	09	Holmen	42.64	4	6
4 John Dougherty	SR	Rochester Century	43.21	4	5
5 Luke Boppart	11	Mauston	43.37	4	4
6 DeVonte Kuykendall	12	Hayward	44.44	4	3
7 Ben Medema	11	Holmen	44.98	4	2
8 Matt Johnson	11	La Crosse Central	45.71	3	1
9 Jamin Fladhammer	12	Brookwood	45.85	4	
10 Connor Nee	JR	Rochester Century	46.49	4	
11 Jaymeson Freit	10	Bangor	46.75	3	
12 Zach Lohr	09	Viroqua	46.96	4	
13 Cody Dureske	12	Winona	46.99	2	
14 Kyle Livingston	11	Adams-Friendship	47.32	3	
15 Carter Melby	11	Onalaska	47.59	3	
16 Cole Kobylski	11	Mauston	48.19	3	
17 Tanner Johnson	09	Hayward	48.83	3	
18 Kristt Hilden	09	Cashton	48.96	2	
19 Theo Meyer	10	Winona	49.62	3	
20 Nick Vollmar	10	West Salem	49.83	2	
21 Justin Obiofu	11	Winona	49.91	3	
22 Randy Pronschinske	10	Arcadia	50.35	2	
23 Mitchel Kuhn	12	Cashton	50.92	2	
24 Jakob Meyer	10	Altoona	50.97	2	
25 Cameron Zimmerman	09	Brookwood	51.47	2	
26 Nathanael Wiggins	09	Bangor	51.55	2	
27 Wyatt Woods	10	Brookwood	53.46	1	
28 Kyle Buchkowski	10	Mosinee	53.94	1	
29 Jed Goodwin	09	Adams-Friendship	55.39	1	

Boys 4x100 Meter Relay

School	Finals	H#	Points
1 La Crosse Central	43.52	2	10
1) Bryton Parral 11			
2) Austin Steele 12			
3) Steven Cross 10			
4) Jamar Davis 10			
2 West Salem	44.74	2	8
1) Conner Dunn 12			
2) Brendan Holt 11			
3) Tyler LeDoux 12			
4) Brent Heilman 12			
3 Aquinas	45.04	2	6
1) Tommy Kratt 11			
2) Spencer Lund 11			
3) Bryant Meyer 10			
4) Conley Malone 11			
4 Winona	45.46	2	5
1) Brady Ferguson 12			
2) Robert Warren 11			
3) Jonah Boelter 11			
4) Brody Hogenson 12			
5 La Crosse Logan	45.85	1	4

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1) Lavontay Basley 12	2) Griffin Sullivan 10		
3) Josh McGrath 11	4) Garrett Olson 11		
6 Rochester Century		46.14	2 3
1) Anuraag Borgohain SO	2) Steven Nah SO		
3) Jonathan Muhs JR	4) Colin Smith SO		
7 Holmen		46.38	2 2
1) Alex Cassem 12	2) Joah Strauss 12		
3) Nick Shupe 12	4) Solomon Stoeckley 12		
8 Onalaska		46.42	2 1
1) Tyler Hughes 11	2) John Hess 11		
3) Everett Jones 09	4) Alex Franzini 10		
9 Bangor		46.84	1
1) Alex Matz 12	2) Adrien Bouillaud 12		
3) Drew Johnson 11	4) Connor Zager 11		
10 Hayward		47.73	2
1) Tanner Johnson 09	2) Ian Hoehne 09		
3) Chase Roehl 10	4) Riley Donaghue 11		
11 Franklin		48.20	2
1) Shane Staerkel 10	2) Cole Stugelmeyer 11		
3) Jacob Whiteaker 09	4) Austin Johnson 11		
12 Altoona		49.56	1
1) Issac Koehler 12	2) Paxton Gluch 09		
3) Zayne Johnson 12	4) Payton Oliver 10		
13 Mauston		50.30	1
1) Cole Kobylski 11	2) Rayn Vang 10		
3) Josh Domenech 11	4) Damion Muerett 10		
14 Cashton		50.96	1
1) Bennet Schmitz 09	2) Michael Barnes 09		
3) Garrett Olson 11	4) Isaac Hemmersbach 09		
15 Viroqua		51.13	1
1) Steve Diehl 11	2) Evergreen Wildingway 11		
3) Sawyer Felton 10	4) Stefan Peterson 09		
16 Brookwood		52.58	1
1) Alan Downing 09	2) Sam Downing 12		
3) Malachi Schmitz 12	4) Will Chadwick 10		
17 Adams-Friendship		58.18	1
1) Hayden D'Anza 10	2) Jed Goodwin 09		
3) Andrew Cwikla 09	4) Isaha Williams 09		
-- Mosinee		DNF	2
1) Riley Kats 11	2) Ryan Thomas 11		
3) Carter Samples 10	4) Parker Samples 12		

Boys 4x200 Meter Relay

School	Finals	H#	Points
1 La Crosse Central	1:32.43	2	10
1) Queto Weber 12	2) Lucious McCloud 09		
3) Bryton Parral 11	4) Austin Steele 12		

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2 Aquinas	1:32.95	2	8
1) Tommy Kratt 11	2) Nick Cambio 11		
3) Spencer Lund 11	4) Conley Malone 11		
3 West Salem	1:33.91	2	6
1) Conner Dunn 12	2) Brendan Holt 11		
3) Tyler LeDoux 12	4) Brent Heilman 12		
4 Winona	1:34.75	2	5
1) Robert Warren 11	2) Justin Obiofu 11		
3) Noah Schultz 11	4) Brady Ferguson 12		
5 Rochester Century	1:35.12	2	4
1) Miguel Benjamin SR	2) Jonathan Muhs JR		
3) Jose Benjamin JR	4) Colin Smith SO		
6 Mosinee	1:36.99	2	3
1) Riley Kats 11	2) Ryan Thomas 11		
3) Justin Stubbe 11	4) Parker Samples 12		
7 Franklin	1:38.11	2	2
1) Cole Stugelmeyer 11	2) Chase Ward 10		
3) Noah Rugaber 11	4) Austin Johnson 11		
8 Holmen	1:38.20	2	1
1) Alex Cassem 12	2) Joah Strauss 12		
3) Nick Shupe 12	4) Solomon Stoeckley 12		
9 Onalaska	1:38.66	2	
1) Tyler Hughes 11	2) Ray Heilman 10		
3) Raymond Parker 12	4) Alex Franzini 10		
10 Bangor	1:38.74	1	
1) Alex Matz 12	2) Adrien Bouillaud 12		
3) Connor Zager 11	4) Theo Muellenberg 11		
11 Hayward	1:40.36	2	
1) Riley Donaghue 11	2) Tanner Johnson 09		
3) James Gouge 10	4) Ronny Snider 11		
12 Altoona	1:44.63	1	
1) Issac Koehler 12	2) Jakob Meyer 10		
3) Payton Oliver 10	4) Scott Van Ert 11		
13 Mauston	1:46.12	1	
1) Josh Domenech 11	2) Carter Messer 10		
3) Rayn Vang 10	4) Damion Muerett 10		
14 Viroqua	1:47.14	1	
1) Evergreen Wildingway 11	2) Ari Nelson 09		
3) Stefan Peterson 09	4) Carter Simonson 09		
15 Brookwood	1:49.42	1	
1) Alan Downing 09	2) Sam Downing 12		
3) Will Chadwick 10	4) Jamin Fladhammer 12		
16 Adams-Friendship	1:53.16	1	
1) Kyle Livingston 11	2) Tucker Kasten 10		
3) CJ Tikkannen 12	4) Alvin Parker 10		
-- Cashton	DNF	1	
1) Kristt Hilden 09	2) Michael Barnes 09		
3) Garrett Olson 11	4) Isaac Hemmersbach 09		

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Boys 4x400 Meter Relay

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1 La Crosse Logan 1) Jack Blomberg 11 3) Joe Schmida 12	3:32.38	2	10
2 La Crosse Central 1) Queto Weber 12 3) Drew Stinson 11	3:32.57	2	8
3 Onalaska 1) Ray Heilman 10 3) Isaac Lock 12	3:38.33	2	6
4 Rochester Century 1) 3) Ryan Pearson SR	3:40.01	2	5
5 Hayward 1) James Gouge 10 3) Ronny Snider 11	3:42.45	2	4
6 Arcadia 1) Raul Fernando 10 3) Lisowski Kaden 09	3:44.97	2	3
7 Mosinee 1) Riley Kats 11 3) Noah Cox 12	3:45.27	2	2
8 Franklin 1) Chase Ward 10 3) Connor Dertz 09	3:45.33	1	1
9 Winona 1) Noah Schultz 11 3) Cody Dureske 12	3:45.34	2	
10 West Salem 1) Brendan Holt 11 3) Tyler LeDoux 12	3:45.91	1	
11 Bangor 1) Colin Bucholz 11 3) Connor Zager 11	3:46.29	2	
12 Holmen 1) Kade Steinbrecher 11 3) Brett Holden 09	3:52.57	1	
13 Viroqua 1) Elliot Leum 12 3) Evan Veres 12	3:57.92	1	
14 Brookwood 1) Bryce Coleman 10 3) Cameron Zimmerman 09	4:18.95	1	
15 Adams-Friendship 1) Chad Slaght 11 3) Isaha Williams 09	4:21.30	1	

**Knights of Columbus Relays
La Crosse Aquinas High School
Veterans Memorial Stadium - La Crosse, WI - 4/29/2017
Results**

Boys Distance Medley 12-4-8-16

School	Finals	Points
1 Rochester Century 1) Jackson Robelia SR 3) Kyle Philpott SO	11:13.87 2) Brandon Nee SR 4) Ezekiel Green SR	10
2 West Salem 1) Drew Peterson 11 3) Noah Stockheimer 12	11:20.39 2) Connor Koepnick 12 4) Erick Sells 12	8
3 Aquinas 1) Rory Campbell 11 3) Evan Weber 10	11:25.25 2) Jeremiah DeGroot 11 4) Jackson Mashak 10	6
4 Arcadia 1) Lisowski Kaden 09 3) Ramon Romero 11	11:40.66 2) James Ziegeweid 09 4) Marshall Nelson 10	5
5 Mosinee 1) Eric Kordus 09 3) Noah Cox 12	11:46.26 2) Traner Weiler 10 4) Grayson Barrett 10	4
6 Brookwood 1) Zach Leis 12 3) Joey Perrigo 12	12:05.81 2) Dakota Markell 12 4) Orrie Maurhoff 11	3
7 Winona 1) Mitchell Ploetz 10 3) Aidan Mohan 10	12:09.00 2) Oliver Hamilton 12 4) Yousef Almatrok 12	2
8 Onalaska 1) Andrew Runde 11 3) Caleb Wallace 10	12:15.51 2) John Hess 11 4) Jaden Coles 10	1
9 Viroqua 1) Carter Simonson 09 3) Sam Saner 10	12:29.75 2) Elliot Leum 12 4) Trevor Howe 10	
10 Holmen 1) Bennett Clark 09 3) Nick Hass 11	12:34.27 2) Mason Heisler 11 4) Pablo Rodriguez-Sanchez 10	
11 Altoona 1) Nicholas Hansen 10 3) Garret Dekan 12	12:41.05 2) Isaiah Jackson 12 4) Logan Knaack 11	

Boys High Jump

Name	Year School	Finals	Points
1 Noah Leeser	10 Holmen	6-04.00	10
2 Ty Eder	SR Rochester Century	6-02.00	8
3 Maguire Werner	10 La Crosse Logan	5-10.00	6
4 Jacob Frandsen	JR Rochester Century	J5-10.00	5
5 Tatum Grass	10 Holmen	5-06.00	3.50
5 Orrie Maurhoff	11 Brookwood	5-06.00	3.50
7 Donovan Stevens	11 La Crosse Central	J5-06.00	2
8 Joe Bond	12 La Crosse Logan	J5-06.00	1
9 Ronny Snider	11 Hayward	5-04.00	

Knights of Columbus Relays
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....Boys High Jump

10 Carter Melby	11 Onalaska	J5-04.00
11 James Gouge	10 Hayward	5-02.00
11 Zach Lohr	09 Viroqua	5-02.00
13 Kyle Livingston	11 Adams-Friendship	J5-02.00
14 Connor Dertz	09 Franklin	J5-02.00
-- Cole Brandau	10 Brookwood	NH
-- Matthew Sueppel	12 Cashton	NH
-- Chase Ward	10 Franklin	NH
-- Willy Moses	10 Onalaska	NH

Boys Pole Vault

Name	Year School	Finals	Points
1 Tristan Trejo	SR Rochester Century	12-00.00	10
2 Evan Veres	12 Viroqua	11-06.00	8
3 Ray Firebaugh	12 Viroqua	J11-06.00	6
4 Cameron Mastin	12 Viroqua	11-00.00	4.50
4 Chase Penzkover	10 La Crosse Central	11-00.00	4.50
6 Dante Fitzsimmons	SR Rochester Century	10-06.00	3
7 Jalen Lincoln	11 La Crosse Logan	J10-06.00	2
8 Aidan Mohan	10 Winona	9-06.00	1
9 Jacob Frandsen	JR Rochester Century	J9-06.00	
9 Tim Hicks	11 Adams-Friendship	J9-06.00	
11 Coleton Strupp	10 Holmen	8-06.00	
12 Randy Pronschinske	10 Arcadia	J8-06.00	
12 Maxx Kaiser	11 Mosinee	J8-06.00	
14 Justin Jones	09 Holmen	J8-06.00	
14 John Kabliska	10 Onalaska	J8-06.00	
-- Myles Knoble	12 La Crosse Logan	NH	
-- Zack Brown	09 Mosinee	NH	
-- Cole Kobylski	11 Mauston	NH	
-- Andrew Brown	10 Onalaska	NH	

Boys Long Jump

Name	Year School	Finals	Points
1 Isaac Lock	12 Onalaska	20-07.50	10
2 Lavontay Basley	12 La Crosse Logan	20-06.00	8
3 Chase Roehl	10 Hayward	20-01.50	6
4 Noah Leeser	10 Holmen	20-01.00	5
5 Ben Richmond	12 La Crosse Central	20-00.00	4
6 Jalan Sample	12 Onalaska	19-09.00	3
7 Josh McGrath	11 La Crosse Logan	19-03.00	2
8 Brent Heilman	12 West Salem	19-02.00	1
9 Spencer Lund	11 Aquinas	19-00.00	
10 Tatum Grass	10 Holmen	18-11.00	
11 Ryan Pearson	SR Rochester Century	18-09.50	

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....Boys Long Jump

12 Theo Muellenberg	11 Bangor	18-06.00
13 Riley Donaghue	11 Hayward	18-00.00
14 Zayne Johnson	12 Altoona	17-10.00
15 Brendan Holt	11 West Salem	17-08.00
16 Shane Staerkel	10 Franklin	17-07.50
17 Jacob Whiteaker	09 Franklin	16-11.00
18 Carter Simonson	09 Viroqua	16-10.00
19 Dylan Dearth	11 Mauston	16-09.50
19 Issac Koehler	12 Altoona	16-09.50
21 Paxton Gluch	09 Altoona	16-07.00
22 Zach Lohr	09 Viroqua	16-06.00
23 Bangalee Bamba	SR Rochester Century	16-03.00
24 Ryan Thomas	11 Mosinee	15-11.50
25 Lisowski Kaden	09 Arcadia	15-10.50
26 Tucker Kasten	10 Adams-Friendship	15-08.00
27 Ben Suchla	10 Arcadia	15-05.00
28 Carter Messer	10 Mauston	15-02.00
29 Logan Millhausen	09 Mosinee	14-08.00
30 Therrick Roberts	09 West Salem	13-08.00

Boys Triple Jump

Name	Year School	Finals	Points
1 Hank Olsen	09 Onalaska	42-07.00	10
2 Ben Richmond	12 La Crosse Central	42-02.00	8
3 Tarek Schraith	10 La Crosse Central	41-03.00	6
4 Ryan Pearson	SR Rochester Century	40-06.00	5
5 Garrett Olson	11 La Crosse Logan	40-05.00	4
6 Chase Roehl	10 Hayward	40-03.00	3
7 Isaac Lock	12 Onalaska	J40-03.00	2
8 Brian Aeling	12 Winona	40-00.00	1
9 Ty Eder	SR Rochester Century	39-09.00	
10 William Allen	12 La Crosse Central	39-08.00	
11 Adam Tallman	11 Bangor	39-06.00	
12 Shane Staerkel	10 Franklin	39-04.00	
13 Ian Hoehne	09 Hayward	39-00.00	
14 Issac Koehler	12 Altoona	36-02.00	
15 Colton Heath	11 Holmen	35-06.00	
16 Evergreen Wildingway	11 Viroqua	34-11.00	
17 Jakob Meyer	10 Altoona	34-08.00	
18 Justin Jones	09 Holmen	33-10.00	
19 Cody Dureske	12 Winona	33-09.00	
20 Ben Suchla	10 Arcadia	33-05.00	
21 Connor Strainis	10 West Salem	32-09.00	
22 Carter Messer	10 Mauston	32-00.00	
-- Colin Bucholz	11 Bangor	FOUL	
-- Tyler LeDoux	12 West Salem	FOUL	
-- Paxton Gluch	09 Altoona	FOUL	

Knights of Columbus Relays
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....Boys Triple Jump

-- Dylan Dearth	11 Mauston	FOUL
-- Michael Barnes	09 Cashton	FOUL
-- Joe Wopat	10 West Salem	FOUL

Boys Shot Put

Name	Year	School	Finals	Points
1 Austin Glynn	12	Onalaska	57-04.00	10
2 Houston Dorn	12	Onalaska	44-07.50	8
3 Michael Lampman	12	Viroqua	44-03.00	6
4 Dalton Scharmer	12	Winona	42-06.00	5
5 Bryce Lee	09	Aquinas	41-05.00	4
6 Demetrius Dunbar	SO	Rochester Century	40-03.00	3
7 Anthony Vang	12	La Crosse Logan	40-02.50	2
8 Riley Butler	12	Winona	39-08.50	1
9 Maxwell Woods	10	La Crosse Central	39-00.50	
10 Koby Gutsch	12	Altoona	38-08.50	
11 Steve Diehl	11	Viroqua	38-04.50	
12 Caleb Butler	10	Holmen	38-04.00	
13 Sam Roske	11	Altoona	37-02.50	
14 Noah Weisbrod	12	La Crosse Logan	37-00.00	
15 Josh Edwards	11	La Crosse Central	36-11.00	
16 Ben Miller	12	La Crosse Central	36-10.00	
17 Damian Boberg	11	Arcadia	36-09.00	
18 Ronny Snider	11	Hayward	36-08.00	
19 Jose Mohr	11	Mosinee	36-06.00	
20 Jack Horihan	11	Aquinas	36-03.00	
21 Gabe Sweeney	12	West Salem	36-01.00	
22 Brody Hogenson	12	Winona	35-10.50	
23 Logan Peterson	12	Brookwood	35-08.00	
23 Thomas Sarazin	11	Holmen	35-08.00	
25 Travis Johnson	11	Mauston	35-01.00	
26 Jordan Samson	12	Adams-Friendship	34-06.00	
27 Ethan Vik	FR	Rochester Century	34-01.00	
28 Nolan Rogalla	09	Brookwood	33-10.00	
29 AJ Komorowski	10	Franklin	32-07.50	
30 Adam Moucha	10	Mosinee	32-07.00	
31 Reese McCoy	09	Mosinee	31-11.50	
32 Malachi Schmitz	12	Brookwood	31-03.50	
33 Dylan Noel	09	West Salem	30-06.00	
34 Jared Carley	11	Hayward	29-11.50	
35 Sam Olson	11	Arcadia	29-07.00	
36 Cameron Wilson	09	Franklin	29-06.50	
37 Noah DeGroot	09	Aquinas	29-01.00	
38 Ridge Diehlmann	11	Bangor	28-06.00	
39 Dom Muerett	10	Mauston	28-01.00	
-- Garrett Krueger	11	Bangor	FOUL	

Knights of Columbus Relays
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Boys Discus Throw

Name	Year	School	Finals	Points
1 Austin Glynn	12	Onalaska	197-08	10
2 Garrett Krueger	11	Bangor	157-09	8
3 Grant Sanger	12	La Crosse Central	156-01	6
4 Michael Lampman	12	Viroqua	150-03	5
5 Houston Dorn	12	Onalaska	138-05	4
6 Riley Butler	12	Winona	137-04	3
7 DeVonte Kuykendall	12	Hayward	134-07	2
8 Logan Graff	12	Holmen	126-00	1
9 Steve Diehl	11	Viroqua	121-09	
10 Adam Moucha	10	Mosinee	115-11	
11 Ethan Coleman	10	La Crosse Logan	114-04	
12 Damian Boberg	11	Arcadia	111-06	
13 Evan Mohan	12	Winona	111-02	
14 Anthony Vang	12	La Crosse Logan	111-01	
15 Cole Murray	12	West Salem	109-06	
16 Brody Hogenson	12	Winona	107-06	
17 Koby Gutsch	12	Altoona	106-02	
18 Caleb Butler	10	Holmen	101-10	
19 Logan Peterson	12	Brookwood	100-04	
20 Randy Pronschinske	10	Arcadia	99-10	
21 Jared Carley	11	Hayward	94-11	
22 Jose Mohr	11	Mosinee	93-01	
23 Ridge Diehlmann	11	Bangor	91-06	
24 Azi Ickovich	12	Altoona	89-07	
25 Cameron Wilson	09	Franklin	87-11	
26 Tony Weilandt	11	West Salem	87-06	
27 Jack Horihan	11	Aquinas	86-10	
28 AJ Komorowski	10	Franklin	85-09	
29 Finn Firkus	09	Mosinee	83-08	
30 Malachi Schmitz	12	Brookwood	83-07	
31 Sam Olson	11	Arcadia	83-00	
32 Travis Johnson	11	Mauston	80-08	
33 Charlie Langeberg	09	Aquinas	77-00	
34 Nolan Rogalla	09	Brookwood	75-00	
35 Dom Muerett	10	Mauston	66-04	
36 Noah DeGroot	09	Aquinas	63-02	
-- Trent Sell	12	Altoona	FOUL	
-- Casey Neumann	FR	Rochester Century	FOUL	

Knights of Columbus Relays
La Crosse Aquinas High School
Veterans Memorial Stadium - La Crosse, WI - 4/29/2017
Team Rankings - Through Event 36
Male Team Scores - Large Schools

Place	School		Points
1	La Crosse Central	LACE	134.50
2	La Crosse Logan	LALO	104
3	Onalaska	ONAL	91
4	Rochester Century	CHSTR	82
5	Holmen	HOLM	63.50
6	Winona	WINO	36
7	Franklin	FRAN	3
			<hr/>
			Total 514.00

Male Team Scores - Small Schools

Place	School		Points
1	West Salem	WESA	39
2	Viroqua	VIRO	38.50
3	Hayward	HAYW	32
4	Aquinas	AQUI	30
5	Arcadia	ARCA	13
6	Mosinee	MOSI	9
7	Brookwood	BROK	8.50
8	Bangor	BANG	8
9	Adams-Friendship	ADAM	6
10	Mauston	MAUS	4
			<hr/>
			Total 188.00