

**Fire Starter Invitational**  
**Knox College - T. Fleming Fieldhouse**  
**Galesburg, IL - 1/14/2017**  
**Results**

**Women 60 Meter Dash**

Name	Year	School	Finals	Points
Finals				
1 Valarie Varanese	SO	Knox	8.19	6
2 Aleeshah Heinzen	SO	Beloit	8.45	4
3 Heather Wenzel		unattached	X9.02	
4 Rose Unger	FR	Knox	9.04	3
5 Moi Yamazaki	JR	Beloit	9.10	2
6 Jaime Lepito	FR	Beloit	9.96	1

**Women 200 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Valarie Varanese	SO	Knox	27.67	2	6
2 Jamie Barry	JR	Grand View	29.25	2	4
3 Michaela Kowalewski	FR	Knox	30.05	1	3
4 Rose Unger	FR	Knox	30.29	1	2
5 Aleeshah Heinzen	SO	Beloit	30.69	2	1
6 Heather Wenzel		unattached	X32.24	1	
7 Caroline Hickey	JR	Knox	32.27	1	

**Women 400 Meter Dash**

Name	Year	School	Finals	Points
1 Ronnoja Ayers	JR	Grand View	1:01.89	6
2 Katie Roberts	JR	Grand View	1:02.70	4
3 Allie Flaws	FR	Grand View	1:07.13	3
4 Michaela Kowalewski	FR	Knox	1:11.60	2

**Women 600 Meter Run**

Name	Year	School	Finals	Points
1 Melissa Pelkey	SO	Beloit	1:45.94	6

**Women 800 Meter Run**

Name	Year	School	Finals	Points
1 Kennedy King	JR	Grand View	2:29.50	6
2 Hannah Sobaski	SR	Grand View	2:40.45	4
3 Bakita Kak	JR	Grand View	2:42.15	3
4 Erin Wenzel	FR	Grand View	2:49.33	2
5 Theresa Birzer	SO	Knox	3:03.96	1

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**Women 1 Mile Run**

Name	Year	School	Finals	Points
1 Ellie Waddle	SR	Beloit	5:32.23	6
2 Michelle Thayer	SO	Grand View	5:59.34	4
3 Hannah Sobaski	SR	Grand View	6:01.31	3
4 Christa Nordgren	JR	Grand View	6:06.93	2
5 Meaghan Dorsey	SO	Knox	6:11.67	1
6 Emily Miller	SO	Knox	6:23.98	
7 Theresa Birzer	SO	Knox	6:36.52	
8 Michaela Barretta	FR	Grand View	6:54.29	

**Women 3000 Meter Run**

Name	Year	School	Finals	Points
1 Michelle Thayer	SO	Grand View	12:06.38	6
2 Meaghan Dorsey	SO	Knox	12:30.24	4
3 Christa Nordgren	JR	Grand View	12:34.63	3
4 Hayley Leonard	SR	Grand View	12:38.05	2
5 Joanna Furlan	FR	Beloit	12:42.07	1
6 Emily Miller	SO	Knox	13:02.95	
7 Emily Sneed	SR	Beloit	13:06.33	
8 Miranda Simes	SR	Beloit	14:00.01	

**Women 60 Meter Hurdles**

Name	Year	School	Finals	Points
1 Dimetrea Hamilton	FR	Grand View	9.50	6
2 Jessica VanZuuk	SO	Grand View	10.10	4
3 Lydia VanVeldhuizen	SO	Grand View	10.12	3
4 Jaidin Ross	SR	Grand View	10.31	2

**Women 4x200 Meter Relay**

School	Finals	Points
1 Knox	1:57.01	6
1) Michaela Kowalewski FR	2) Rebecca Skalla SO	
3) Valarie Varanese SO	4) Caroline Hickey JR	
2 Beloit	2:00.19	4
1) Sophia Miliotis SO	2) Aleeshah Heinzen SO	
3) Melissa Pelkey SO	4) Moi Yamazaki JR	
3 Grand View	2:02.08	2
1) Jamie Barry JR	2) Megan Baysinger SO	
3) Raven Jones FR	4) Kaleigha MacDougall JR	
4 Beloit 'B'	x2:14.07	
1) Sabrina Tomicelli SO	2) Linnae Capuder SO	
3) Britta Johnson FR	4) Jaime Lepito FR	

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**Women 4x400 Meter Relay**

School	Finals	Points
1 Grand View 1) Ronnoja Ayers JR 3) Allie Flaws FR	4:17.90	6
2 Grand View 'B' 1) Dimetrea Hamilton FR 3) Lydia VanVeldhuizen SO	x4:36.21	
3 Beloit 1) Sophia Miliotis SO 3) Ellie Waddle SR	4:47.97	4
2) Kennedy King JR 4) Katie Roberts JR		
2) Jaidin Ross SR 4) Jamie Barry JR		
2) Melissa Pelkey SO 4) Miranda Simes SR		

**Women Pole Vault**

Name	Year School	Finals	Points
1 Linnae Capuder	SO Beloit	2.29m	7-06.00 6
2 Hayley Leonard	SR Grand View	1.83m	6-00.00 4
-- Laura Lehmann	SO Beloit	NH	

**Women Long Jump**

Name	Year School	Finals	Points
1 Aleeshah Heinzen 4.79m 4.60m 4.69m 4.84m 4.90m 4.98m	SO Beloit	4.98m	16-04.25 6
2 Raven Jones x 4.55m 4.65m 4.49m	FR Grand View	4.65m	15-03.25 4
3 Heather Wenzel 4.56m 4.51m x 4.59m 4.44m 4.36m	unattached	X4.59m	15-00.75
4 Megan Baysinger x x 3.81m 4.25m	SO Grand View	4.25m	13-11.50 3
5 Moi Yamazaki 3.94m x 4.07m 4.09m 3.96m	JR Beloit	4.09m	13-05.00 2
6 Sabrina Tomicelli 3.93m x 3.95m 4.02m	SO Beloit	4.02m	13-02.25 1
7 Laura Lehmann x 3.67m	SO Beloit	3.67m	12-00.50

**Women Triple Jump**

Name	Year School	Finals	Points
1 Aleeshah Heinzen 9.97m 10.06m	SO Beloit	10.06m	33-00.25 6
2 Heather Wenzel 9.15m 9.23m 8.76m 8.77m 9.25m	unattached	X9.25m	30-04.25

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**Women Shot Put**

Name	Year	School	Finals	Points
1 Caroline Slaughter	SO	Grand View	11.72m	38-05.50 6
		10.89m 10.90m 11.72m 11.49m 11.18m 11.50m		
2 LaVon Davis	FR	Grand View	10.54m	34-07.00 4
		8.86m 7.22m 10.54m 10.02m		
3 Michelle Carrillo	FR	Grand View	10.10m	33-01.75 3
		8.00m 9.80m 9.36m 8.92m 9.53m 10.10m		
4 Tyffaney Toms	SO	Grand View	10.00m	32-09.75 2
		9.97m 9.96m 9.46m 9.24m 9.35m 10.00m		
5 Alice Lee	SO	Knox	9.18m	30-01.50 1
		9.18m 8.94m 8.80m 9.12m 7.69m		
6 Megan O'Meara	FR	Beloit	8.56m	28-01.00
		8.53m 8.52m 8.56m 7.96m 8.50m		
7 Monsurat Tiamiyu	FR	Grand View	8.27m	27-01.75
		5.47m 7.40m 6.40m 8.27m		
8 Rebekah Evans	JR	Beloit	7.96m	26-01.50
		7.13m 7.33m 7.84m 7.34m 7.83m 7.96m		

**Women Weight Throw**

Name	Year	School	Finals	Points
1 Tyffaney Toms	SO	Grand View	13.80m	45-03.50 6
		x 13.02m 12.80m 12.73m 13.80m		
2 LaVon Davis	FR	Grand View	13.31m	43-08.00 4
		13.31m 13.15m 12.80m 12.27m		
3 Cherise Cox	SR	Grand View	13.19m	43-03.25 3
		12.64m 12.29m 13.17m 12.45m 13.19m 13.10m		
4 Michelle Carrillo	FR	Grand View	11.48m	37-08.00 2
		10.98m 11.48m 11.46m		
5 Jessica Fritts	SR	Knox	11.22m	36-09.75 1
		10.45m 9.45m 10.45m 11.22m		
6 Alice Lee	SO	Knox	9.58m	31-05.25
		9.45m 9.14m 8.80m 9.58m		
7 Rebekah Evans	JR	Beloit	8.78m	28-09.75
		8.78m 8.37m 8.45m 7.22m 8.20m		
8 Megan O'Meara	FR	Beloit	7.58m	24-10.50
		7.42m 7.45m 7.04m 7.00m 7.58m		
9 Hannah Klehr	JR	Beloit	6.10m	20-00.25
		5.29m 5.61m 5.60m 5.81m 6.10m		
10 Monsurat Tiamiyu	FR	Grand View	5.92m	19-05.25
		5.61m 4.53m 5.92m		

Women - Team Rankings - 15 Events Scored

1) Grand View	116	2) Beloit	50
3) Knox	36		

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**....Women Weight Throw**

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Men - Team Rankings - 16 Events Scored  
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1) Grand View	100	2) Knox	50
3) Beloit	35	4) Eureka	31