

**River Valley Conference Championships**  
**University of Dubuque - A.Y. McDonald Indoor Track**  
**Dubuque, Iowa - 3/24/2026**  
**Results**

**Girls 55 Meter Dash**

Name	Year	School	Finals	H#	Points
<b>Finals</b>					
1	Jeorgia	Evans	10	Mid-Prairie	7.25 8 10
2	Jovi	Evans	12	Mid-Prairie	7.43 8 8
3	Kenya	Davis-Robinson	9	Monticello	7.65 8 6
4	Leah	Lambe	10	Bellevue	7.78 8 5
5	Cora	Widel	12	Maquoketa	7.83 8 4
6	Ava	Eskildsen	9	Northeast	7.84 7 3
7	Gabrielle	LA Rue	12	Anamosa	7.86 8 2
8	Reese	Naeve	12	Regina	7.91 8 1
9	Elise	Jones	11	Durant	7.94 7 7.932
10	Alivia	Chambers	12	Northeast	7.94 7 7.936
11	Gabbi	Kjormoe	12	Anamosa	7.94 6 7.938
12	Karley	McCombie	10	Bellevue	7.99 7
13	Brooklyn	Jones	9	Cascade	8.06 6
14	Hinderaker	Tenley	9	Tipton	8.09 8
15	Sienna	Rahe	10	Beckman Catholic	8.12 5
16	Ava	Lacina	9	West Branch	8.15 2
17	Brooklyn	Depoorter	9	West Branch	8.16 2
18	Bella	Dellege	12	Tipton	8.17 7
19	Laney	Steines	11	Bellevue	8.18 7 8.174
20	Leah	Kelley	9	Mid-Prairie	8.18 7 8.180
21	Abren	Bazal	11	Wilton	8.22 7
22	Mackylie	Marlow	11	Monticello	8.24 6
23	JoAnna	Ochoa	11	Maquoketa	8.25 6 8.241
24	Ryley	Galloway	10	Maquoketa	8.25 6 8.250
25	Annika	Bueckers	10	Alburnett	8.32 6
26	Sydney	Chambers	9	Northeast	8.34 5
27	Jaclynne	Driscoll	9	Tipton	8.37 2 8.361
28	Chandler	Gingerich	11	West Liberty	8.37 5 8.364
28	Vivienne	Rahe	10	Beckman Catholic	8.37 6 8.364
30	Avery	Herteen	9	Mid-Prairie	8.39 5
31	Leah	Lloyd	9	Anamosa	8.40 1
32	Cydney	Tath	12	Bellevue	8.42 5
33	Fibrine	Mboyo	11	Regina	8.43 2
34	Reese	Ortiz	9	West Liberty	8.44 5
35	Paige	Thomas	12	Tipton	8.45 4
36	Taylor	Kavanaugh	9	Alburnett	8.46 3
37	Brielle	Fuller	9	Durant	8.49 4
38	Izzy	Cinadr	10	Camanche	8.58 2
39	Lily	Nibaur	11	Regina	8.60 1
40	Gemma	Haas	10	Monticello	8.61 4
41	Avery	Jurgens	11	Monticello	8.68 5
42	Grace	Dorsey	10	Camanche	8.73 2
43	Izzy	Snyder	10	Cascade	8.77 6
44	Belinda	Swen	11	Regina	8.80 1
45	Hannah	Taylor	11	Beckman Catholic	8.87 3
46	Annie	Holladay	11	Wilton	8.91 4

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47	Michaela Gendreau	9	Camanche	9.02	1
48	Avalynn Miller	10	West Liberty	9.04	4
49	Aliannah Esquivel	9	West Liberty	9.17	4
50	Avery Beecher	10	Cascade	9.28	4
51	Zoey Kissling	10	Alburnett	9.38	3
52	Kaelin Hahn	10	Durant	9.41	4
53	Penelope Heinrichs	9	Beckman Catholic	9.46	3
54	Elaina Blount	9	Northeast	9.49	5
55	Sadie Johnson	11	Camanche	9.64	3
56	Lyla Snyder	10	West Branch	9.66	2
57	Ivayal Ringgold	9	Maquoketa	9.68	1
58	Olivia Linn	9	West Branch	9.86	1
59	Tori Avis	11	Alburnett	9.92	3
60	Delilah Lerma	9	Durant	10.73	3
61	Josie Green	10	Cascade	11.04	3
62	Gena Niyomukiza	11	Anamosa	11.16	2

**Girls 200 Meter Dash**

Name	Year	School	Finals	H#	Points	
1	Jordan Tegeler	11	Northeast	26.07	10	10
2	Jeorgia Evans	10	Mid-Prairie	26.12	10	8
3	Jovi Evans	12	Mid-Prairie	26.56	10	6
4	Ella Hein	11	Tipton	26.77	10	5
5	Leah Lambe	10	Bellevue	27.52	9	4
6	Kenya Davis-Robinson	9	Monticello	27.56	10	3
7	Cora Widel	12	Maquoketa	27.80	10	2
8	Miranda Neighbor	12	Alburnett	28.24	9	1
9	Hinderaker Tenley	9	Tipton	28.40	9	
10	Reese Naeve	12	Regina	28.71	9	
11	Lexi Skay	12	West Branch	28.86	8	
12	Tenley Holst	9	Northeast	29.20	9	
13	Johanna Shaffer	9	Anamosa	29.61	2	
14	Ava Zimmerman	12	Monticello	29.84	9	
15	Ella Keune	12	Regina	29.93	8	
16	Averie Bolger	11	Tipton	30.07	8	
17	Sydney Chambers	9	Northeast	30.29	5	
18	Laney Steines	11	Bellevue	30.34	6	30.332
19	Rheagyn Uthoff	12	Anamosa	30.34	1	30.337
20	Sierra Crouner	10	Mid-Prairie	30.38	8	
21	Aubrey Garcia	9	Durant	30.56	7	
22	McKenna Hiller	11	West Liberty	30.60	6	
23	Alyssa Vargason	12	West Branch	30.73	6	
24	Kainoa Senio	9	West Branch	30.78	8	
25	Jaclynne Driscoll	9	Tipton	30.79	1	
26	Annika Bueckers	10	Alburnett	30.94	7	
27	Isabelle Hirsch	9	Camanche	30.95	6	
28	Grace McWherter	9	Anamosa	31.27	2	

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29	Avery Herteen	9	Mid-Prairie	31.39	7	
30	Elli Roling	10	Cascade	31.45	2	
31	Millie Wing	10	Maquoketa	31.50	8	31.491
32	Emerlynn Wright	9	Monticello	31.50	7	31.493
33	Alivia Chambers	12	Northeast	31.50	6	31.496
34	Brielle Fuller	9	Durant	31.51	3	
35	Fibrine Mboyo	11	Regina	31.57	1	
36	Tenley Thole	9	Maquoketa	31.61	7	
37	Briseyda Rodriguez	12	Beckman Catholic	31.65	5	
38	Ave Hoerschelman	9	Bellevue	31.76	5	
39	Lila Finzel	10	West Branch	31.78	2	
40	Emma Frake	10	Cascade	31.81	1	
41	Molly Garcia	9	West Liberty	31.90	6	
42	Josie Green	10	Cascade	32.05	2	
43	Gemma Haas	10	Monticello	32.06	7	
44	Vanessa Steines	10	Bellevue	32.15	4	
45	Bryndle Smith	9	Durant	32.19	5	
46	Phoebe Rahm	9	Beckman Catholic	32.28	5	
47	Belinda Swen	11	Regina	32.39	2	
48	Ava Ferguson	10	Maquoketa	32.80	3	
49	Catalina McGrane	11	Beckman Catholic	33.00	4	
50	Grace Lynn	11	Alburnett	33.03	3	
51	Izzy Cinadr	10	Camanche	33.15	4	
52	Riley Martin	9	Durant	33.25	4	
53	Olivia Ovel	11	Alburnett	33.26	4	
54	Maria Rogriquez	11	Beckman Catholic	33.43	3	
55	Aliannah Esquivel	9	West Liberty	33.81	5	
56	Avery Beecher	10	Cascade	34.67	1	
57	Paige Ross	9	Camanche	35.94	3	
58	Sadie Johnson	11	Camanche	36.44	3	
59	Rosemary Coreas	11	West Liberty	37.26	4	
60	Gena Niyomukiza	11	Anamosa	43.09	1	

**Girls 400 Meter Dash**

=====					
Name	Year	School	Finals	H#	Points
=====					
1	Jordan Tegeler	11	Northeast	59.22	9 10
2	Ella Hein	11	Tipton	59.86	9 8
3	Grace Hamann	11	West Branch	1:01.74	9 6
4	Jeorgia Evans	10	Mid-Prairie	1:01.81	9 5
5	Jovi Evans	12	Mid-Prairie	1:02.77	9 4
6	Adah Fishell	10	Alburnett	1:02.99	8 3
7	Cora Widel	12	Maquoketa	1:03.01	9 2
8	Lindsay Ruchti	9	Monticello	1:03.20	8 1
9	Lexi Skay	12	West Branch	1:04.83	8
10	Justice Armbruster	12	Maquoketa	1:06.40	8
11	Autumn Domeyer	11	Beckman Catholic	1:07.66	7
12	Zoe Holstein	12	Tipton	1:08.14	8

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13 Cameron Shaffer	9 Camanche	1:08.24	7
14 Tenley Thole	9 Maquoketa	1:08.76	1
15 Natalie Wagaman	9 Wilton	1:08.99	6
16 Rachel Reeves	10 Northeast	1:09.42	4
17 Charlee Chapman	9 Tipton	1:09.44	6
18 Hailey Feller	9 Bellevue	1:09.76	1
19 Halle Recker	12 Monticello	1:09.98	7
20 Nikkari Poll	9 Mid-Prairie	1:10.11	7
21 Riley Buttz	10 Maquoketa	1:10.11	6
22 Vivienne Rahe	10 Beckman Catholic	1:10.51	7
23 Sienna Rahe	10 Beckman Catholic	1:10.94	6
24 Gabby Hingtgen	12 Bellevue	1:11.74	5
25 Paige Thomas	12 Tipton	1:12.28	5
26 Calie Waltz	12 Camanche	1:12.82	6
27 Kylie Cushman	10 Alburnett	1:13.21	7
28 Olivia Bliss	9 Wilton	1:13.24	5
29 JayLyn Burroughs	11 West Liberty	1:13.39	4
30 Lily Jackson	9 Northeast	1:13.56	5
31 Kayla Arduser	9 Monticello	1:13.96	6
32 Rheagyn Uthoff	12 Anamosa	1:14.24	8
33 Ally Meincke	11 Durant	1:14.42	4
34 Autumn Guilliams	9 Northeast	1:15.02	3
35 Addy Topping	10 Cascade	1:15.54	3
36 Elle Iske	10 West Liberty	1:16.44	5
37 Elise Foster	9 Mid-Prairie	1:16.73	4
38 Carley Conrad	10 Cascade	1:17.31	4
39 Selah Hoyt	12 Anamosa	1:17.50	1
40 Bryndle Smith	9 Durant	1:17.67	3
41 Olivia Ovel	11 Alburnett	1:18.38	2
42 Gianna Alpen	9 Durant	1:18.79	3
43 Lova Kettisen	12 Anamosa	1:19.70	1
44 Grace Dorsey	10 Camanche	1:20.07	3
45 Clara Simon	10 West Liberty	1:20.34	3
46 Vanessa Steines	10 Bellevue	1:20.93	2
47 Yareli Torres-Bueno	10 West Liberty	1:20.97	4
48 Zoey Kissling	10 Alburnett	1:22.21	2
49 Sara Dudzik	9 Beckman Catholic	1:23.12	2
50 Maria Monfort Felip	12 West Branch	1:23.15	1
51 Myra Hornung	9 Cascade	1:26.82	2
52 Maddy Geiger	12 Camanche	1:31.31	1
53 Adriana Ames	10 Anamosa	1:40.97	2

**Girls 800 Meter Run**

Name	Year School	Finals	H#	Points
1 Grace Hamann	11 West Branch	2:21.20	4	10
2 Natalie Hackman	10 Maquoketa	2:21.30	4	8
3 Tessa Brokaw	10 Mid-Prairie	2:30.58	4	6

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**....Girls 800 Meter Run**

4	Delany Homan	11	Camanche	2:33.05	4	5
5	Brooklyn Stutzman	11	Mid-Prairie	2:33.34	4	4
6	Costello Lucy	9	Tipton	2:40.92	4	3
7	Lakyn Noard	9	Tipton	2:43.84	4	2
8	Malin Phelps	9	Monticello	2:44.81	3	1
9	Emersen Verhagen	11	Monticello	2:44.99	3	
10	Claire Blanchard	9	Northeast	2:47.26	3	
11	Aileen Aragon	10	West Liberty	2:50.52	3	
12	Riley Buttz	10	Maquoketa	2:51.84	3	
13	Amelia Goldbeck	9	Alburnett	2:51.93	2	
14	Jana Casellas	11	Northeast	2:52.04	3	
15	Bella Hagen	9	Camanche	2:55.45	3	
16	Eva Schneider	9	Northeast	2:58.33	2	
17	Teryn Hansen	12	Northeast	2:58.69	4	
18	Bri Kearney	12	Monticello	2:59.32	2	
19	Gentry Maier	9	West Branch	2:59.42	3	
20	Mia Gomez	9	Monticello	3:00.20	2	
21	Emrie Petersen	9	Maquoketa	3:00.81	1	
22	Sydney Nash	9	West Branch	3:01.16	2	
23	Nora Ford	12	Alburnett	3:03.14	2	
24	Madelyn Deahr	11	West Liberty	3:13.67	2	
25	Emma Cleveland	11	Camanche	3:15.52	1	
26	Clara Ihns	11	Maquoketa	3:17.33	1	
27	Caroline O'Rourke	9	Regina	3:19.00	1	
28	Sophia Housenga	11	Camanche	3:19.67	1	
29	Claire Troll	9	Regina	3:19.74	1	
30	Audrey Fort	12	Anamosa	3:20.26	1	
31	Kjersten Sundstrom	9	Anamosa	3:23.85	1	
32	Angelly Gonzalez	12	West Liberty	3:23.86	2	
33	Alaina Safly	12	Mid-Prairie	3:29.38	2	
34	Lorelai Onken	9	Regina	3:56.16	1	

**Girls 1500 Meter Run**

=====						
	Name	Year	School	Finals	Points	
=====						
1	Kendal Landstrum	11	Mid-Prairie	5:00.10	10	
2	Mary Grace Lyons	9	Monticello	5:00.24	8	
3	Delany Homan	11	Camanche	5:04.69	6	
4	Brooklyn Stutzman	11	Mid-Prairie	5:13.36	5	
5	Hallie Kelchen	12	Cascade	5:25.00	4	
6	Charlotte Ihns	10	Maquoketa	5:43.29	3	
7	Ava Remley	12	Anamosa	5:46.42	2	
8	Mia Gomez	9	Monticello	6:10.96	1	
9	Ella Green	9	Cascade	6:16.20		
10	Drea Burkle	9	Monticello	6:26.10		
11	Esme Crist	11	Alburnett	6:36.62		
12	Kjersten Sundstrom	9	Anamosa	7:01.97		
13	Kathryne Sundstrom	11	Anamosa	7:11.04		

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**....Girls 1500 Meter Run**

14 Ella Gilchrist                      10 Alburnett                      7:11.77

**Girls 55 Meter Hurdles**

Name	Year	School	Finals	H#	Points
1 Miranda Neighbor	12	Alburnett	8.86	6	10
2 Reese Naeve	12	Regina	9.10	6	8
3 Makayla Paar	11	Cascade	9.14	6	6
4 Addison Frake	12	Cascade	9.31	6	5
5 Lorelei Christensen	9	West Liberty	9.38	6	4
6 Sophie Miller	12	Mid-Prairie	9.50	6	3
7 Justice Armbruster	12	Maquoketa	9.55	6	2
8 Josie McGraw	10	Alburnett	9.60	5	1
9 Kylee Daufeldt	10	West Liberty	9.72	5	
10 Tessa Bombei	10	Mid-Prairie	9.86	6	
11 Addison Norton	11	Monticello	10.00	5	
12 Natalyn Tarr	10	Northeast	10.03	5	
13 Ella Butt	9	Northeast	10.07	5	10.061
14 Charlett Smith	10	Monticello	10.07	5	10.069
15 Bristol Nannelli	9	Alburnett	10.13	5	
16 Raelyn Schroeder	12	Northeast	10.16	4	
17 Addalyn Weber	9	Northeast	10.21	4	
18 Natalie Besler	11	Beckman Catholic	10.27	5	
19 Paityn Daedlow	11	Tipton	10.34	4	
20 Sierra Crowner	10	Mid-Prairie	10.37	4	
21 Molly Garcia	9	West Liberty	10.43	4	
22 Isabel Hopson	9	Maquoketa	10.46	3	
23 Macy Dusanek	11	Monticello	10.50	3	
24 Ava Oberbroecking	11	Beckman Catholic	10.54	3	
25 Emily Meier	12	Tipton	10.55	3	
26 Olivia Schlabach	12	Mid-Prairie	10.56	4	10.552
27 Emma Frake	10	Cascade	10.56	3	10.558
28 Alyssa Lenz	12	West Liberty	10.62	4	
29 Jada Wiltz	9	Regina	10.66	1	
30 Autumn Domeyer	11	Beckman Catholic	10.71	4	
31 Leah Sickels	11	Regina	10.79	1	
32 Aubrey Garcia	9	Durant	11.02	1	
33 Elli Roling	10	Cascade	11.03	3	
34 Aleigha Campie	11	Camanche	11.08	2	
35 Grace Nicpon	9	Regina	11.09	1	
36 Rylie Bartlett	11	Alburnett	11.22	3	
37 Alyssa Vargason	12	West Branch	11.27	1	
38 Hailey Feller	9	Bellevue	11.36	2	
39 Gianna Alpen	9	Durant	11.51	2	11.503
40 Natalie Wagaman	9	Wilton	11.51	1	11.510
41 Atty Moore	11	Maquoketa	11.65	3	
42 Riley Martin	9	Durant	11.69	2	
43 Taylor Luensmann	10	Beckman Catholic	11.71	2	

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44 Emrie Petersen	9 Maquoketa	11.94	2
45 Karley Tobiason	11 Monticello	12.64	2
46 Ariani Roberts	9 Bellevue	12.78	2
47 Gentry Maier	9 West Branch	13.35	1

**Girls 4x200 Meter Relay**

School	Finals	H#	Points
1 Northeast	1:50.98	3	10
1) Tenley Holst 9	2) Jordan Tegeler 11		
3) Natalyn Tarr 10	4) Janyssa Johnson 9		
2 Beckman Catholic	1:53.18	3	8
1) Lillie Womer 10	2) Paige Fangmann 11		
3) Eleanor Brehm 10	4) Miya Pitz 10		
3 Cascade	1:54.81	3	6
1) Makayla Paar 11	2) Addison Frake 12		
3) Leona Manternach 10	4) Brooklyn Jones 9		
4 Alburnett	1:56.11	2	5
1) Taryn Moore 10	2) Morgan Wickman 10		
3) Ingrid Landa 12	4) Miranda Neighbor 12		
5 Bellevue	1:56.21	2	4
1) Karley McCombie 10	2) Bella Leibfried 11		
3) Laney Steines 11	4) Leah Lambe 10		
6 Monticello	1:56.41	2	3
1) Ava Zimmerman 12	2) Laila Atkinson 11		
3) Mackylie Marlow 11	4) Mallory McElmeel 10		
7 Mid-Prairie	1:57.50	3	2
1) Myli Hershberger 11	2) Graci Hershberger 9		
3) Kyrie Poll 11	4) Leah Kelley 9		
8 Tipton	1:57.57	2	1
1) Paityn Daedlow 11	2) Averie Bolger 11		
3) Zoe Holstein 12	4) Hinderaker Tenley 9		
9 West Branch	1:57.65	1	
1) Cameron Waters 10	2) Kainoa Senio 9		
3) Olivia Becker 10	4) Dani Crutchley 12		
10 West Liberty	1:58.25	3	
1) Sully Hall 11	2) Kylee Daufeldt 10		
3) Alivia Garcia 11	4) Lorelei Christensen 9		
11 Maquoketa	1:58.79	2	
1) Ryley Galloway 10	2) Millie Wing 10		
3) Anniston Starr 9	4) Macklyn McLaughlin 10		
12 Durant	1:59.36	1	
1) Kylee Hahn 12	2) Ally Meincke 11		
3) Jordan Enfield 9	4) Elise Jones 11		
13 Wilton	2:00.24	1	
1) Klarissa Dillon 9	2) Harper Grunder 9		
3) Teagan Chinander 9	4) Abren Bazal 11		
14 Anamosa	2:02.05	3	

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**....Girls 4x200 Meter Relay**

1) Gabrielle LA Rue 12	2) Shaylynn Albrecht 11	
3) Rebekah Bonifazi-King 10	4) Gabbi Kjormoe 12	
15 Camanche		2:12.69 1
1) Sadie Johnson 11	2) Aleigha Campie 11	
3) Izzy Cinadr 10	4) Kaityln Lathrop 10	

**Girls 4x400 Meter Relay**

School	Finals	H#	Points
1 Maquoketa	4:19.44	3	10
1) Justice Armbruster 12	2) Natalie Hackman 10		
3) Isabel Hopson 9	4) Cora Widel 12		
2 Monticello	4:22.07	3	8
1) Peyton Ries 11	2) Lindsay Ruchti 9		
3) Addison Norton 11	4) Mallory McElmeel 10		
3 Alburnett	4:26.91	3	6
1) Adah Fishell 10	2) Ingrid Landa 12		
3) Bristol Nannelli 9	4) Kylie Cushman 10		
4 Beckman Catholic	4:28.25	3	5
1) Lillie Womer 10	2) Paige Fangmann 11		
3) Eleanor Brehm 10	4) Miya Pitz 10		
5 Mid-Prairie	4:31.86	3	4
1) Tessa Brokaw 10	2) Jovi Evans 12		
3) Graci Hershberger 9	4) Rachel Hostetler 10		
6 Tipton	4:36.49	3	3
1) Averie Bolger 11	2) Lakyn Noard 9		
3) Charlee Chapman 9	4) Zoe Holstein 12		
7 Northeast	4:40.53	2	2
1) Ella Butt 9	2) Janyssa Johnson 9		
3) Emma Butt 9	4) Rielely Burken 12		
8 Camanche	4:43.43	2	1
1) Cameron Shaffer 9	2) Delany Homan 11		
3) Toni Ebensberger 10	4) Calie Waltz 12		
9 Bellevue	4:44.68	1	
1) Gabby Hingtgen 12	2) Bella Leibfried 11		
3) Hailey Feller 9	4) Cydney Tath 12		
10 Anamosa	4:46.87	2	
1) Selah Hoyt 12	2) Livia Rohwedder 9		
3) Quinn Ruess 9	4) Kennedy Thompson 11		
11 West Liberty	4:52.81	2	
1) Kylee Daufeldt 10	2) Alivia Garcia 11		
3) Addison Guerra 11	4) Reese Ortiz 9		
12 Cascade	5:25.88	1	
1) Addy Topping 10	2) Ella Green 9		
3) Carley Conrad 10	4) Myra Hornung 9		

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**Girls 4x800 Meter Relay**

School	Finals	Points
1 Monticello	10:09.86	10
1) Mary Grace Lyons 9	2) Peyton Ries 11	
3) Halle Recker 12	4) Brynn Schmit 11	
2 Northeast	10:51.19	8
1) Claire Blanchard 9	2) Teryn Hansen 12	
3) Jana Casellas 11	4) Rieleley Burken 12	
3 West Branch	10:55.75	6
1) Lander Malloy 10	2) Grace Hamann 11	
3) Sydney Nash 9	4) Gentry Maier 9	
4 Tipton	11:05.53	5
1) Costello Lucy 9	2) Lakyn Noard 9	
3) Alexa Fitzgerald 11	4) Addison Mente 10	
5 Maquoketa	11:20.53	4
1) Riley Buttz 10	2) Charlotte Ihns 10	
3) Emrie Petersen 9	4) Ella Gibson 10	
6 Anamosa	11:24.48	3
1) Ava Remley 12	2) Quinn Ruess 9	
3) Brooke Heying 12	4) Mason Lloyd 9	
7 Cascade	11:30.57	2
1) Hallie Kelchen 12	2) Ella Green 9	
3) Addy Topping 10	4) Carley Conrad 10	
8 Alburnett	12:08.26	1
1) Josie McGraw 10	2) Nora Ford 12	
3) Rylie Bartlett 11	4) Livia Flannery 9	
9 Camanche	12:22.45	
1) Pyper Krogman 9	2) Bella Hagen 9	
3) Paige Ross 9	4) Toni Ebensberger 10	
10 Mid-Prairie	12:26.87	
1) Nikkari Poll 9	2) Elise Foster 9	
3) Braelee Yoder 10	4) Alaina Safly 12	

**Girls Distance Medley**

School	Finals	H#	Points
1 Mid-Prairie	4:41.87	3	10
1) Graci Hershberger 9	2) Myli Hershberger 11		
3) Tessa Bombei 10	4) Kyrie Poll 11		
2 Cascade	4:43.79	3	8
1) Makayla Paar 11	2) Addison Frake 12		
3) Leona Manternach 10	4) Hallie Kelchen 12		
3 West Liberty	4:45.91	3	6
1) Sully Hall 11	2) Kylee Daufeldt 10		
3) Lorelei Christensen 9	4) Addison Guerra 11		
4 Monticello	4:48.16	1	5
1) Ava Zimmerman 12	2) Laila Atkinson 11		
3) Charlett Smith 10	4) Brynn Schmit 11		

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**....Girls Distance Medley**

5 Bellevue	4:54.73	2	4
1) Karley McCombie 10		2) Leah Lambe 10	
3) Bella Leibfried 11		4) Gabby Hingtgen 12	
6 Anamosa	4:55.87	2	3
1) Grace McWherter 9		2) Leah Lloyd 9	
3) Livia Rohwedder 9		4) Mason Lloyd 9	
7 Regina	4:59.05	3	2
1) Ella Keune 12		2) Caitlyn Bell 12	
3) Leah Sickels 11		4) Harper Erwin 12	
8 Durant	4:59.14	2	1
1) Kylee Hahn 12		2) Jordan Enfield 9	
3) Elise Jones 11		4) Elise Hein 11	
9 Northeast	5:01.90	2	
1) Alivia Chambers 12		2) Raelyn Schroeder 12	
3) Emma Butt 9		4) Madelyne Zmuda 9	
10 Alburnett	5:04.64	3	
1) Taryn Moore 10		2) Annika Bueckers 10	
3) Morgan Wickman 10		4) Josie McGraw 10	
11 Tipton	5:04.67	2	
1) Jaclynne Driscoll 9		2) Emily Meier 12	
3) Addison Mente 10		4) Alexa Fitzgerald 11	
12 Maquoketa	5:19.04	1	
1) Renee Cook 11		2) De'Ajah Moore 9	
3) Emily Siegrist 11		4) Ella Gibson 10	
13 Camanche	5:24.11	3	
1) Isabelle Hirsch 9		2) Michaela Gendreau 9	
3) Toni Ebensberger 10		4) Pyper Krogman 9	
14 West Branch	5:26.04	1	
1) Madi Brand 9		2) Kinsley Jennings 9	
3) Eloise Guhl 9		4) Harper Jeffries 9	
15 Beckman Catholic	5:44.55	2	
1) Kate Goerdts 10		2) Carly Digmann 9	
3) Peyton Ungs 9		4) Jacinta Westhoff 11	

**Girls High Jump**

Name	Year	School	Finals	Points
1 Isabel Hopson	9	Maquoketa	5-00.00	1.52m 10
3-08 3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-02				
PPP PPP PPP O O O O XXO O XXX				
2 Jada Wiltz	9	Regina	4-10.00	1.47m 8
3-08 3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00				
PPP PPP PPP PPP PPP O XO XXO XXX				
3 Leona Manternach	10	Cascade	4-08.00	1.42m 6
3-08 3-10 4-00 4-02 4-04 4-06 4-08 4-10				
PPP PPP PPP PPP XO XXO XO XXX				

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4	Johanna Shaffer	9 Anamosa	J4-08.00	1.42m	5
	3-08 3-10 4-00 4-02 4-04 4-06 4-08 4-10				
	PPP PPP XO O O O XXO XXX				
5	Taylor Luensmann	10 Beckman Catholic	J4-08.00	1.42m	4
	3-08 3-10 4-00 4-02 4-04 4-06 4-08 4-10				
	PPP PPP PPP O O XO PO XXX				
6	Leia Gilchrist	12 Alburnett	4-06.00	1.37m	2.50
	3-08 3-10 4-00 4-02 4-04 4-06 4-08				
	PPP PPP O O O O XXX				
6	Klarissa Dillon	9 Wilton	4-06.00	1.37m	2.50
	3-08 3-10 4-00 4-02 4-04 4-06 4-08				
	PPP PPP PPP O O O XXX				
8	Miya Pitz	10 Beckman Catholic	J4-06.00	1.37m	1
	3-08 3-10 4-00 4-02 4-04 4-06 4-08				
	PPP PPP PPP PPP XO O XXX				
9	Tessa Bombei	10 Mid-Prairie	J4-06.00	1.37m	
	3-08 3-10 4-00 4-02 4-04 4-06 4-08 4-10				
	PPP PPP PPP PPP PPP XXO XPP XX				
9	McKenna Hiller	11 West Liberty	J4-06.00	1.37m	
	3-08 3-10 4-00 4-02 4-04 4-06 4-08				
	PPP PPP O O O XXO XXX				
9	Sully Hall	11 West Liberty	J4-06.00	1.37m	
	3-08 3-10 4-00 4-02 4-04 4-06 4-08				
	PPP PPP O O O XXO XXX				
12	Jordan Enfield	9 Durant	4-04.00	1.32m	
	3-08 3-10 4-00 4-02 4-04 4-06				
	PPP PPP O O O XXX				
13	Miley Trumm	12 Cascade	J4-04.00	1.32m	
	3-08 3-10 4-00 4-02 4-04 4-06				
	PPP PPP PPP XXO O XXX				
14	Bristol Nannelli	9 Alburnett	J4-04.00	1.32m	
	3-08 3-10 4-00 4-02 4-04 4-06				
	PPP PPP O O XO XXX				
15	Ava Lacina	9 West Branch	J4-04.00	1.32m	
	3-08 3-10 4-00 4-02 4-04 4-06				
	PPP PPP O XPP XO XXX				
15	Isabelle Hirsch	9 Camanche	J4-04.00	1.32m	
	3-08 3-10 4-00 4-02 4-04 4-06				
	PPP PPP O XO XO XXX				
17	Bryndle Smith	9 Durant	4-02.00	1.27m	
	3-08 3-10 4-00 4-02 4-04				
	PPP PPP O O XXX				
17	Autumn Guilliams	9 Northeast	4-02.00	1.27m	
	3-08 3-10 4-00 4-02 4-04				
	PPP PPP O O XXX				
17	Paige Keppy	12 Durant	4-02.00	1.27m	
	3-08 3-10 4-00 4-02 4-04				
	PPP PPP O O XXX				

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**....Girls High Jump**

20	Abren Bazal	11	Wilton	J4-02.00	1.27m
	3-08 3-10 4-00 4-02 4-04 4-06				
	PPP PPP PPP XO XPP XX				
21	Kainoa Senio	9	West Branch	J4-02.00	1.27m
	3-08 3-10 4-00 4-02 4-04				
	PPP PPP XO XO XXX				
21	Aubrey Witt	9	Maquoketa	J4-02.00	1.27m
	3-08 3-10 4-00 4-02 4-04				
	PPP PPP XO XO XXX				
23	Penelope Heinrichs	9	Beckman Catholic	4-00.00	1.21m
	3-08 3-10 4-00 4-02				
	PPP PPP XO XXX				
--	Natalyn Tarr	10	Northeast	NH	
	3-08 3-10 4-00 4-02 4-04 4-06				
	PPP PPP PPP PPP PPP XXX				
--	Audrey Fort	12	Anamosa	NH	
	3-08 3-10 4-00				
	PPP PPP XXX				
--	Sara Dudzik	9	Beckman Catholic	NH	
	3-08 3-10 4-00				
	PPP PPP XXX				
--	Harper Jeffries	9	West Branch	NH	
	3-08 3-10 4-00				
	PPP PPP XXX				
--	Annie Holladay	11	Wilton	NH	
	3-08 3-10 4-00				
	PPP PPP XXX				

**Girls Long Jump**

Name	Year	School	Finals	Points
1 Jeorgia Evans	10	Mid-Prairie	18-00.00	5.48m 10
2 Ella Hein	11	Tipton	17-00.00	5.18m 8
3 Kenya Davis-Robinson	9	Monticello	16-08.00	5.08m 6
4 Tenley Holst	9	Northeast	16-07.00	5.05m 5
5 Sully Hall	11	West Liberty	16-05.00	5.00m 4
6 Abren Bazal	11	Wilton	15-09.00	4.80m 3
7 Klarissa Dillon	9	Wilton	15-06.00	4.72m 2
8 Raelyn Schroeder	12	Northeast	15-03.00	4.64m 1
9 Dani Crutchley	12	West Branch	15-01.00	4.59m
10 Myli Hershberger	11	Mid-Prairie	15-00.00	4.57m
11 Cydney Tath	12	Bellevue	14-10.00	4.52m
12 Millie Wing	10	Maquoketa	14-04.00	4.36m
13 Ella Butt	9	Northeast	14-02.00	4.31m
14 Teagan Chinander	9	Wilton	14-00.00	4.26m
15 Bella Hagen	9	Camanche	13-11.00	4.24m
16 Paityn Daedlow	11	Tipton	13-10.00	4.21m
16 Karley McCombie	10	Bellevue	13-10.00	4.21m



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**....Girls Long Jump**

18 Ave Hoerschelman	9 Bellevue	13-09.00	4.19m
19 Lexi Skay	12 West Branch	13-07.00	4.14m
19 Amelia Goldbeck	9 Alburnett	13-07.00	4.14m
21 Sienna Rahe	10 Beckman Catholic	13-05.00	4.08m
22 Gianna Alpen	9 Durant	13-04.00	4.06m
23 Taryn Moore	10 Alburnett	13-02.00	4.01m
24 Atty Moore	11 Maquoketa	12-09.00	3.88m
24 Sophia Petrin	9 West Branch	12-09.00	3.88m
26 Izzy Snyder	10 Cascade	12-05.00	3.78m
27 Ariani Roberts	9 Bellevue	12-00.00	3.65m
28 Elaina Blount	9 Northeast	11-09.00	3.58m
29 Vivienne Rahe	10 Beckman Catholic	11-04.00	3.45m
30 Michaela Gendreau	9 Camanche	11-03.00	3.42m
31 Kayla Arduser	9 Monticello	10-08.00	3.25m

**Girls Shot Put**

Name	Year	School	Finals	H#	Points
1 Harper Pacha	12	Mid-Prairie	37-08.00	3	10
37-08 36-06 35-03 36-11					
2 Luxi Coutu	11	Northeast	35-09.50	3	8
35-01 35-04 35-09.50 32-05					
3 Jordyn Schmidt	11	Tipton	34-02.00	3	6
33-11 33-08 32-11 34-02					
4 Crystal Bonifazi-King	12	Anamosa	33-09.00	3	5
32-06.50 30-11 33-09 33-02					
5 Kasey Frommelt	10	Anamosa	32-05.00	2	4
32-05 31-08 30-11 30-07					
6 Adalee Klein	11	Regina	32-03.00	3	3
32-03 30-09.50 32-03 28-00					
7 Emee Himes-Luensman	11	Monticello	32-02.00	3	2
28-04 31-02 32-02 30-09					
8 Skylar Wegener	12	Northeast	30-11.50	3	1
30-11.50 26-10 26-06 29-08					
9 Sophie Miller	12	Mid-Prairie	30-11.00	3	
30-11 FOUL 26-05 24-10					
10 Provianna Peterson	9	Northeast	30-09.00	3	
27-09.50 29-02 29-06.50 30-09					
11 Kylee McElmeel	10	Monticello	30-05.00	3	
28-09 28-08.50 30-05 27-07.50					
12 Hadli Schultz	11	Camanche	30-00.50	2	
FOUL FOUL 28-11.50 30-00.50					
13 Jordee Klein	9	Regina	29-11.00	1	
29-01.50 28-05.50 28-07 29-11					
14 Alexis Adnew	10	Northeast	29-07.00	3	
28-11.50 29-07 29-00 27-08					
15 Danika Pratt	11	Tipton	29-01.00	3	
27-02 29-01 28-06 27-11					

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16	Kaylee Lawrence	10 Monticello	29-00.50	8.85m	1
	26-07	29-00.50	25-02	24-08.50	
17	Porter Maurer	11 West Liberty	28-09.00	8.76m	3
	28-09	28-00	27-05	27-11	
18	Claire Recker	11 Beckman Catholic	28-07.00	8.71m	1
	25-02	25-09	26-00	28-07	
19	Leah Caffery	11 Wilton	28-06.00	8.68m	2
	28-01	26-01	28-06	20-09	
20	Clancy Trepanier	9 West Branch	27-06.00	8.38m	3
	26-07	27-06	25-04.50	FOUL	
21	Caitlin Betzler	10 Anamosa	27-04.00	8.33m	1
	25-10	27-04	24-09	25-02	
22	Harper Gjerstad	9 Maquoketa	26-09.50	8.16m	2
	25-09	26-09.50	26-06	25-09	
23	Jersey Jergens	9 Mid-Prairie	26-07.50	8.11m	1
	23-11.50	25-02.50	26-07.50	24-10.50	
24	Reese Mangels	9 Durant	26-03.00	8.00m	2
	21-08	25-04	26-03	25-05	
25	Paige Ross	9 Camanche	26-02.00	7.97m	2
	23-05	23-11	26-02	24-08.50	
26	Cameron Shaffer	9 Camanche	25-08.00	7.82m	2
	21-03	23-10	23-05	25-08	
27	Emma Kromminga	11 Monticello	25-06.00	7.77m	2
	25-06	23-06	24-05	23-08	
28	Zoie Hermiston	10 Tipton	24-10.00	7.56m	1
	20-09	21-05	24-10	19-03	
29	Gisele Gross	11 West Branch	24-09.00	7.54m	1
	24-09	21-06	22-06	24-00.50	
30	Mallory Wulf	12 West Liberty	24-01.50	7.35m	2
	22-07	23-04	23-07.50	24-01.50	
31	Leniva Satkryas	10 Maquoketa	23-09.00	7.23m	1
	23-03	23-09	21-08	FOUL	
31	Madilyn Koch	11 Maquoketa	23-09.00	7.23m	2
	23-03	22-11	23-09	22-09	
33	MacKayla Cavanagh	11 Maquoketa	23-06.00	7.16m	1
	20-09	23-00	23-06	22-11	
34	Taylor Billhorn	9 Wilton	23-01.00	7.03m	2
	21-04.50	23-01	22-06	FOUL	
35	Shiya Patel	9 Regina	22-06.00	6.85m	1
	21-07	21-11.50	20-07	22-06	
36	Gisselle Sanchez Antonio	8 West Liberty	20-09.00	6.32m	1
	20-06	19-05	19-11	20-09	
37	Sage Horgen	9 West Branch	19-03.00	5.86m	1
	18-11.50	19-03	17-10	18-09	
38	Josie Green	10 Cascade	18-11.00	5.76m	1
	16-01	17-11	17-08	18-11	

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**....Girls Shot Put**

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Women - Team Rankings - 13 Events Scored

=====

1) Mid-Prairie	105	2) Northeast	58
3) Monticello	54	4) Maquoketa	45
5) Tipton	41	6) Cascade	37
7) Alburnett	29.50	8) Anamosa	24
9) Regina	22	9) West Branch	22
11) Beckman Catholic	18	12) Bellevue	17
13) West Liberty	14	14) Camanche	12
15) Wilton	7.50	16) Durant	1

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Men - Team Rankings - 13 Events Scored

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1) Mid-Prairie	75	2) Regina	52
3) West Branch	47.50	4) Alburnett	43
5) Cascade	41	6) Anamosa	39
7) Monticello	37.50	8) Bellevue	36
9) Beckman Catholic	33	10) Tipton	28
11) Camanche	18	12) West Liberty	17
12) Durant	17	14) Northeast	9
15) Maquoketa	8	16) Wilton	6