

**Cascade Invitational
Cascade High School
Cascade, Iowa - 4/30/2026
Results**

Boys 100 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
Finals					
1 Tate Hosch	11	Cascade	11.10	3	10
2 Jax Steger	10	Edgewood-Colesburg	11.62	3	8
3 Ethan Stone	11	Lisbon	11.64	3	6
4 Jade Mielk	11	Northeast	11.86	3	5
5 Josh Slepser	10	West Delaware	11.91	2	4
6 Dashny Munyakazi	12	Central City	11.93	3	3
7 Dylan Popp	12	West Delaware	11.95	3	2
8 Julien Kramer	12	Beckman Catholic	12.03	3	1
9 Micylus Fisher	9	Northeast	12.05	2	
10 Carter LeClere	11	Maquoketa Valley	12.23	3	
11 Carson Ingles	12	Edgewood-Colesburg	12.29	2	12.282
12 Asa Bee	11	Lisbon	12.29	2	12.286
13 Mizael Aburto	11	Beckman Catholic	12.44	2	
14 Carter Conrad	12	Cascade	12.93	2	
15 Thomas Jerome	9	Central City	13.23	1	
16 Tristan Perry	12	Springville	13.44	1	
17 Isaac Weber	11	Springville	14.91	1	
18 Kien Leppart	10	Maquoketa Valley	16.19	1	

Boys 200 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Mason Hoy	12	Springville	22.88	3	10
2 Emerson Smith	9	West Delaware	23.07	3	8
3 Jude Kramer	10	Beckman Catholic	23.36	3	6
4 Conlin Rouse	12	Springville	23.87	3	5
5 Spencer Casey	11	Cascade	23.88	2	4
6 Ryder Meeks	11	Lisbon	24.00	3	3
7 Wesley Helle	10	West Delaware	24.36	3	2
8 Jaxen Christiansen	9	Northeast	24.45	2	1
9 Carter LeClere	11	Maquoketa Valley	24.59	3	
10 Clayton Sweely	11	Northeast	24.67	2	24.663
11 Brody Otting	12	Cascade	24.67	2	24.667
12 Jaxson LeGassick	11	Maquoketa Valley	24.89	2	
13 Dashny Munyakazi	12	Central City	25.17	3	
14 Luke Kruse	11	Beckman Catholic	26.09	2	
15 Logan Prochaska	9	Edgewood-Colesburg	26.61	2	
16 Thomas Jerome	9	Central City	26.94	2	
17 Colton Hoisington	10	Edgewood-Colesburg	27.34	1	
18 Tanner Beatty	9	Lisbon	27.52	1	
19 Ben Hines	10	Calamus-Wheatland	28.64	1	

**Cascade Invitational
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Boys 400 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Steffen Goerd	11	Beckman Catholic	50.83	3	10
2 Chase McFarlane	12	Lisbon	52.71	3	8
3 Owen Smith	10	Maquoketa Valley	54.34	3	6
4 Carter Conter	9	Cascade	55.31	3	5
5 Karter Knipper	10	Edgewood-Colesburg	55.71	2	4
6 Frederick Gericke	10	Central City	55.91	3	3
7 Sawyer Feldman	12	Lisbon	56.52	3	2
8 Samuel Smith	9	Beckman Catholic	56.54	2	1
9 Conor Sweet	10	Springville	57.19	2	
10 Trevin Houlb	9	Central City	1:00.45	1	
11 Jackson Kleinschmidt	10	Northeast	1:00.66	3	
12 Keagan Rahe	10	Maquoketa Valley	1:01.18	2	
13 Parker Rotunno	10	Cascade	1:01.32	2	
14 Austin Hewer	9	Calamus-Wheatland	1:01.51	1	
15 Kinnick Matt	9	Edgewood-Colesburg	1:04.18	1	
16 Clayton Sweely	11	Northeast	1:05.21	3	

Boys 800 Meter Run Varsity

Name	Year	School	Finals	Points
1 Anthony Armstrong	11	Lisbon	1:59.61	10
2 Sawyer Feldman	12	Lisbon	2:04.11	8
3 Andrew Schlarmann	12	Beckman Catholic	2:04.75	6
4 Kenyon Baker	12	Maquoketa Valley	2:12.05	5
5 Adian Yaddof	12	Calamus-Wheatland	2:12.37	4
6 Luke Williams	11	Beckman Catholic	2:26.65	3
7 Roman Paulson	9	Springville	2:36.14	2
8 Cameron Scriven	9	Northeast	2:38.64	1
9 Nathan Wiese	9	Calamus-Wheatland	2:40.56	
10 Colt Haas	9	Maquoketa Valley	2:42.28	

Boys 1600 Meter Run Varsity

Name	Year	School	Finals	Points
1 Mason Mohr	12	Calamus-Wheatland	4:47.97	10
2 Brendan White	11	West Delaware	4:58.78	8
3 Kyler Happel	11	Lisbon	5:02.71	6
4 Nathan Schlarmann	10	Beckman Catholic	5:06.91	5
5 Charlie Lindley	9	Central City	5:08.27	4
6 Owen Smith	10	Maquoketa Valley	5:09.16	3
7 Cole Luensmann	12	Beckman Catholic	5:14.54	2
8 Tate Petersen	11	Lisbon	5:15.47	1
9 Alex Rickertsen	12	Calamus-Wheatland	5:17.51	
10 Owen Salow	9	Maquoketa Valley	5:25.25	
11 Jase Stecher	11	Central City	5:26.90	

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....Boys 1600 Meter Run Varsity

12 Kinnick Matt	9 Edgewood-Colesburg	5:32.15
13 David Swanton	11 Northeast	5:36.50
14 Yosie Howard	9 Springville	5:46.91
15 Isaac Hansel	9 Edgewood-Colesburg	5:47.44
16 Caleb Williams	10 Cascade	6:00.06
17 Noah Jensen	9 Springville	7:15.87

Boys 3200 Meter Run Varsity

Name	Year School	Finals	Points	
1 Mason Mohr	12 Calamus-Wheatland	10:20.31	10	
2 Charlie Lindley	9 Central City	10:59.65	8	
3 Alex Rickertsen	12 Calamus-Wheatland	11:13.37	6	
4 Kinnick Matt	9 Edgewood-Colesburg	11:38.62	5	
5 Isaac Hansel	9 Edgewood-Colesburg	12:14.94	4	
6 Noah Sporrer	9 Lisbon	12:50.97	3	
7 Caleb Williams	10 Cascade	13:32.77	2	
-- Kyler Happel	11 Lisbon	DQ		running on the line

Boys 110 Meter Hurdles Varsity

Name	Year School	Finals	Points	
1 Jace March	11 Springville	15.58	10	15.574
2 Jaden Miller	10 Edgewood-Colesburg	15.58	8	15.580
3 Kyle Pasker	12 West Delaware	16.11	6	
4 Cael Helmrichs	12 Edgewood-Colesburg	16.43	5	
5 Kage Fox	11 Lisbon	16.57	4	
6 Dashny Munyakazi	12 Central City	16.70	3	
7 Levi Wilson-Bries	11 West Delaware	16.87	2	

Boys 400 Meter Hurdles Varsity

Name	Year School	Finals	H#	Points
1 Nolan Hemann	9 West Delaware	57.38	2	10
2 Jaden Miller	10 Edgewood-Colesburg	58.14	2	8
3 Cael Helmrichs	12 Edgewood-Colesburg	59.50	2	6
4 Dain Sprague	12 Calamus-Wheatland	59.62	2	5
5 Jackson Kleinschmidt	10 Northeast	1:03.24	2	4
6 Carter Conter	9 Cascade	1:05.80	1	3
7 Adian Yaddof	12 Calamus-Wheatland	1:05.91	2	2
8 Caleb Brown	10 Lisbon	1:06.82	2	1
9 Trevin Houlb	9 Central City	1:09.00	1	
10 Elliott Moehlman	12 Lisbon	1:11.23	1	

**Cascade Invitational
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Boys 4x100 Meter Relay Varsity

School	Finals	H#	Points
1 Cascade	44.07	2	10
1) Brody Otting 12	2) Jake Hosch 12		
3) Tanner Topping 11	4) Tate Hosch 11		
2 Beckman Catholic	44.37	2	8
1) Jack Wessels 11	2) Jude Kramer 10		
3) Noah Kluesner 10	4) Steffen Goerd 11		
3 West Delaware	44.71	2	6
1) Dylan Popp 12	2) Keysean Wilson 10		
3) Austin Schnieders 12	4) Josh Slep 10		
4 Springville	45.70	2	5
1) Luke Lansing 12	2) Jace March 11		
3) Conlin Rouse 12	4) Mason Hoy 12		
5 Edgewood-Colesburg	46.18	1	4
1) Carson Ingles 12	2) Jax Steger 10		
3) Bryce Stannard 12	4) Carter Battin 12		
6 Northeast	46.28	2	3
1) Kody Camp 12	2) Jade Mielk 11		
3) Micylus Fisher 9	4) Jaxen Christiansen 9		
7 Maquoketa Valley	47.98	1	2
1) Keagan Rahe 10	2) Colin Smith 12		
3) Dylan Knipper 12	4) Jaxson LeGassick 11		
8 Lisbon	48.47	2	1
1) Ian Kelsey 10	2) Klayton Kahl 9		
3) Asa Bee 11	4) Calder Schumacher 11		
9 Calamus-Wheatland	53.05	1	
1) Brody Koch 12	2) Daithan Hostens 9		
3) Adian Yaddof 12	4) Austin Hwer 9		

Boys 4x200 Meter Relay Varsity

School	Finals	H#	Points
1 Cascade	1:30.98	2	10
1) Tanner Topping 11	2) Jake Hosch 12		
3) Spencer Casey 11	4) Tate Hosch 11		
2 West Delaware	1:33.17	2	8
1) Nolan Hemann 9	2) Austin Schnieders 12		
3) Wesley Helle 10	4) Emerson Smith 9		
3 Edgewood-Colesburg	1:36.85	1	6
1) Carson Ingles 12	2) Jax Steger 10		
3) Bryce Stannard 12	4) Carter Battin 12		
4 Maquoketa Valley	1:37.02	2	5
1) Dylan Knipper 12	2) Carter LeClere 11		
3) Jaxson LeGassick 11	4) Dashawn Strickland 12		
5 Central City	1:39.28	2	4
1) Cash Weber 12	2) Parker Pangburn 12		
3) Jase Stecher 11	4) Dashny Munyakazi 12		

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....Boys 4x200 Meter Relay Varsity

6 Calamus-Wheatland	1:40.85	1	3
1) Chase Klatt 12		2) True Grell 12	
3) Brody Koch 12		4) Logan Green 9	
7 Lisbon	1:41.77	2	2
1) Ian Kelsey 10		2) Klayton Kahl 9	
3) Asa Bee 11		4) Calder Schumacher 11	
8 Northeast	1:43.74	2	1
1) Micylius Fisher 9		2) Jaxen Christiansen 9	
3) Clayton Sweely 11		4) Jade Mielk 11	
9 Springville	1:45.72	1	
1) Kolson Moorman 9		2) Reece Jacobi 9	
3) Noah Sweet 10		4) Noah Derrick 11	

Boys 4x400 Meter Relay Varsity

School	Finals	Points
1 Lisbon	3:34.69	10
1) Ryder Meeks 11		2) Chase McFarlane 12
3) Ethan Stone 11		4) Anthony Armstrong 11
2 Cascade	3:38.07	8
1) Tanner Topping 11		2) Brody Otting 12
3) Carter Conter 9		4) Jake Hosch 12
3 Maquoketa Valley	3:39.38	6
1) Carter LeClere 11		2) Kash Hunt 12
3) Kenyon Baker 12		4) Dashawn Strickland 12
4 Edgewood-Colesburg	3:46.07	5
1) Cael Helmrichs 12		2) Bryce Stannard 12
3) Karter Knipper 10		4) Carter Battin 12
5 Springville	3:48.98	4
1) Noah Derrick 11		2) Tyler Taube 11
3) Zak King 11		4) Conor Sweet 10
6 Northeast	3:50.22	3
1) Clayton Sweely 11		2) Jaxen Christiansen 9
3) Jackson Kleinschmidt 10		4) Heath Harmsen 11
7 Calamus-Wheatland	3:52.64	2
1) Chase Klatt 12		2) Dain Sprague 12
3) Logan Green 9		4) Reed Elvert 11

Boys 4x800 Meter Relay Varsity

School	Finals	Points
1 Beckman Catholic	9:02.13	10
1) Cole Luensmann 12		2) Nathan Schlarmann 10
3) Luke Williams 11		4) Andrew Schlarmann 12
2 Springville	9:37.32	8
1) Noah Derrick 11		2) Roman Paulson 9
3) Noah Sweet 10		4) Yosie Howard 9



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....Boys 4x800 Meter Relay Varsity

3	Maquoketa Valley	10:10.17	6
	1) Owen Smith 10	2) Owen Salow 9	
	3) Keagan Rahe 10	4) Colt Haas 9	

Boys 800 Sprint Medley Varsity

	School	Finals	Points
1	West Delaware	1:37.02	10
	1) Dylan Popp 12	2) Keysean Wilson 10	
	3) Emerson Smith 9	4) Nolan Hemann 9	
2	Edgewood-Colesburg	1:37.08	8
	1) Carson Ingles 12	2) Jax Steger 10	
	3) Carter Battin 12	4) Jaden Miller 10	
3	Lisbon	1:38.86	6
	1) Ryder Meeks 11	2) Ethan Stone 11	
	3) Asa Bee 11	4) Anthony Armstrong 11	
4	Springville	1:40.13	5
	1) Jace March 11	2) Conlin Rouse 12	
	3) Mason Hoy 12	4) Luke Lansing 12	
5	Maquoketa Valley	1:44.32	4
	1) Colin Smith 12	2) Dylan Knipper 12	
	3) Carter LeClere 11	4) Dashawn Strickland 12	
6	Calamus-Wheatland	1:48.76	3
	1) True Grell 12	2) Daithan Hostens 9	
	3) Brody Koch 12	4) Reed Elvert 11	
7	Northeast	1:49.22	2
	1) Kody Camp 12	2) Jade Mielk 11	
	3) Micylius Fisher 9	4) Clayton Sweely 11	
--	Beckman Catholic	DQ	exchange zone
	1) Julien Kramer 12	2) Abe Smith 12	
	3) Noah Kluesner 10	4) Jack Wessels 11	

Boys Distance Medley Varsity

	School	Finals	Points
1	Springville	3:43.26	10
	1) Luke Lansing 12	2) Mason Hoy 12	
	3) Conlin Rouse 12	4) Tyler Taube 11	
2	Maquoketa Valley	3:49.07	8
	1) Dylan Knipper 12	2) Kash Hunt 12	
	3) Dashawn Strickland 12	4) Kenyon Baker 12	
3	Calamus-Wheatland	3:52.55	6
	1) Chase Klatt 12	2) Dain Sprague 12	
	3) Adian Yaddof 12	4) Mason Mohr 12	
4	Northeast	3:55.97	5
	1) Jade Mielk 11	2) Micylius Fisher 9	
	3) Clayton Sweely 11	4) Jackson Kleinschmidt 10	

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....Boys Distance Medley Varsity

5 West Delaware	4:07.51	4
1) Layne Klosterman 9	2) Clayton Schnieders 9	
3) Bryce Maury 9	4) Brett Uribe 9	
6 Beckman Catholic	4:25.85	3
1) Mason Smith 11	2) Luke Kruse 11	
3) Henry Milbert 10	4) Hayden Heisler 10	
7 Edgewood-Colesburg	4:26.38	2
1) Colton Hoisington 10	2) Logan Prochaska 9	
3) Conner Bahls 10	4) Isaac Hansel 9	

Boys 4x110 Meter Shuttle Hurdle Varsity

School	Finals	Points
1 West Delaware	1:03.90	10
1) Bryce Maury 9	2) Levi Wilson-Bries 11	
3) Kinnick Weis 12	4) Kyle Pasker 12	
2 Edgewood-Colesburg	1:05.75	8
1) Cael Helmrichs 12	2) Conner Bahls 10	
3) Karter Knipper 10	4) Jaden Miller 10	
3 Springville	1:07.14	6
1) Reece Jacobi 9	2) Luke Lansing 12	
3) Jace March 11	4) Zak King 11	
4 Lisbon	1:08.51	5
1) Ian Kelsey 10	2) Justin Snyder 11	
3) Klayton Kahl 9	4) Kage Fox 11	

Boys High Jump Varsity

Name	Year School	Finals	Points
1 Chase Klatt	12 Calamus-Wheatland	6-00.00	10
2 Logan Green	9 Calamus-Wheatland	5-10.00	8
3 Justin Snyder	11 Lisbon	J5-10.00	6
4 Keysean Wilson	10 West Delaware	5-08.00	5
5 Leon Rogers	11 Lisbon	J5-08.00	4
6 Henry Milbert	10 Beckman Catholic	J5-08.00	3
7 Gavin Burken	9 Northeast	J5-08.00	2
8 Brody Otting	12 Cascade	5-04.00	1
9 Parker Rotunno	10 Cascade	5-02.00	

Boys Long Jump Varsity

Name	Year School	Finals	Points
1 Josh Slepser	10 West Delaware	20-00.00	10
2 Jaxen Christiansen	9 Northeast	19-01.50	8
3 Bryce Stannard	12 Edgewood-Colesburg	19-00.50	6
4 Micylus Fisher	9 Northeast	18-07.00	5

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....Boys Long Jump Varsity

5 True Grell	12 Calamus-Wheatland	17-01.50	4
6 Calder Schumacher	11 Lisbon	17-00.00	3
7 Owen Heser	10 Central City	15-00.00	2

Boys Shot Put Varsity

Name	Year School	Finals	H#	Points
1 Preston Salow	12 Maquoketa Valley	49-01.75	2	10
2 Cael Kluever	12 Northeast	47-00.75	2	8
3 Henry Reiling	12 Lisbon	45-06.00	2	6
4 Erik Boge	12 Beckman Catholic	42-09.00	2	5
5 Connor Soesbe	12 Northeast	41-10.75	2	4
6 Lane Manternach	11 Cascade	41-00.50	2	3
7 Mason Roeder	10 Beckman Catholic	38-11.50	2	2
8 Brady Olson	12 Calamus-Wheatland	38-02.50	2	1
9 Gabriel Halweg	11 Maquoketa Valley	37-08.00	2	
10 Kooper Harms	11 Lisbon	34-06.75	1	
10 Taran Singh	12 Springville	34-06.75	1	
12 Jace Carpenter	11 Calamus-Wheatland	34-02.00	1	
13 Brady Thein	11 Edgewood-Colesburg	32-06.75	1	
14 Max Recker	11 Central City	32-03.75	1	
15 Aman Singh	10 Springville	27-11.50	1	
16 Kurtis Stanley	9 Central City	26-08.00	1	
17 Ethan Cornwell	9 Edgewood-Colesburg	22-08.50	1	

Boys Discus Throw Varsity

Name	Year School	Finals	H#	Points
1 Henry Reiling	12 Lisbon	149-00.50	2	10
2 Cael Kluever	12 Northeast	144-07.25	2	8
3 Erik Boge	12 Beckman Catholic	137-09.50	2	6
4 Preston Salow	12 Maquoketa Valley	131-04	2	5
5 Lane Manternach	11 Cascade	123-09.50	2	4
6 Luke Chrisman	10 Springville	116-02	2	3
7 Eli Recker	11 Beckman Catholic	106-07.50	1	2
8 Kale Ploog	9 Northeast	105-09	2	1
9 Owen Yaddof	9 Calamus-Wheatland	101-03.50	1	
10 Caleb Brown	10 Lisbon	100-05.50	1	
11 Tyler Bietz	9 Maquoketa Valley	100-04.50	2	
12 Jace Carpenter	11 Calamus-Wheatland	99-10	1	
13 Payton Deutmeyer-Burkle	11 West Delaware	93-02.50	2	
14 Max Recker	11 Central City	91-01	1	
15 Owen Heser	10 Central City	89-02	1	
16 Andrew Schwiebert	11 Springville	88-04.50	1	
17 Brady Thein	11 Edgewood-Colesburg	83-02	1	

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Boys 4x100 Meter Relay JV

School	Finals
1 West Delaware	46.83
1) Clayton Schnieders 9	2) Josh Sleper 10
3) Layne Klosterman 9	4) Ben Palas 12
2 Beckman Catholic	48.12
1) Riley Burlage 10	2) Mizaël Aburto 11
3) Henry Milbert 10	4) Mason Smith 11
3 Lisbon	50.07
1) Logan Mitchell 11	2) Kaden Martin 11
3) Brogan Boots 9	4) Spencer Fall 11
4 Northeast	51.32
1) Collin Burken 9	2) Gavin Burken 9
3) Carver Christiansen 9	4) Paxton Shannon 9
5 Edgewood-Colesburg	52.09
1) Conner Bahls 10	2) Colton Hoisington 10
3) Logan Prochaska 9	4) Brysen Zurcher 10
6 Springville	55.66
1) Kolson Moorman 9	2) Tristan Perry 12
3) Luke Chrisman 10	4) Masen Brady 9
7 Maquoketa Valley	56.34
1) Preston Salow 12	2) Tyler Beitz 9
3) Colt Haas 9	4) Gabe Helweg 11

Boys 4x200 Meter Relay JV

School	Finals
1 West Delaware	1:38.43
1) Layne Klosterman 9	2) Bryce Maury 9
3) Kinnick Weis 12	4) Ben Palas 12
2 Beckman Catholic	1:43.97
1) Riley Burlage 10	2) Mason Smith 11
3) Luke Kruse 11	4) Henry Milbert 10
3 Lisbon	1:46.01
1) Logan Mitchell 11	2) Kaden Martin 11
3) Brogan Boots 9	4) Colin Applegate-Clark 10
4 Northeast	1:48.08
1) Daniel Schemers 11	2) Darren Schemers 11
3) Jayden Jensen 10	4) Heath Harmsen 11
5 Springville	1:55.58
1) Magnus Hennig 12	2) Isaac Weber 11
3) Andrew Schwiebert 11	4) Tristan Perry 12

Women - Varsity - Team Rankings - 19 Events Scored

1) Northeast	134	2) Maquoketa Valley	95
3) Edgewood-Colesburg	92	4) Maquoketa	82
5) Cascade	75	6) Springville	66

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7) Lisbon	58	8) Beckman Catholic	53
8) Calamus-Wheatland	53	10) Central City	8

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 Men - Varsity - Team Rankings - 19 Events Scored
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1) Lisbon	105	2) West Delaware	95
3) Edgewood-Colesburg	87	4) Calamus-Wheatland	74
5) Beckman Catholic	73	6) Springville	68
7) Northeast	61	8) Maquoketa Valley	60
8) Cascade	60	10) Central City	27