

SAU Tune Up
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 2/10/2024
Results

Men 60 Meter Dash
Top 8 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Easton Bianchi		Unattached	X6.80q	7
2 Nikolas Norton	SO	St. Ambrose	6.96q	6
3 Liam Carlson	FR	Hawkeye CC	7.15q	5 7.141
4 Jimmy Vercoe	SO	Augustana (Ill.)	7.15q	4 7.149
5 Carter Even	SO	Hawkeye CC	7.25q	5
6 Jeremy Gomez	FR	Roosevelt	7.26q	7
7 Sean Abracia-Wendel	SO	Augustana (Ill.)	7.27q	1
8 Caden Stimmel	FR	Hawkeye CC	7.29q	5 7.285
9 Cameron Williams	SR	Unattached	X7.29	1 7.287
10 Deyon Moore		Iowa Track a	X7.30	5 7.291
11 Kameron Bohnsack	FR	St. Ambrose	7.30	2 7.294
12 Keegan Fogarty		Iowa Track a	X7.30	7 7.295
13 Fabian Brown	JR	Grand View	7.30	4 7.296
14 Sylvester Brady	JR	Augustana (Ill.)	7.31	6 7.306
15 Rayan Antonia	JR	William Penn	7.31	2 7.310
15 Russell Lamar-Nelson	FR	Grand View	7.31	2 7.310
17 Jason Smith	SR	Augustana (Ill.)	7.32	3
18 Bennett Polite	SO	William Penn	7.33	4 7.322
19 Ak'Tavion Agee	FR	St. Ambrose	7.33	1 7.328
20 Jaquarion Lewis	FR	St. Ambrose	7.35	1 7.345
21 Alec Schneider	FR	Hawkeye CC	7.35	2 7.348
22 Brandon Connors	SR	St. Ambrose	7.36	6
23 Cameron Tomko	SO	Augustana (Ill.)	7.38	5
24 Michael Hellwig	FR	St. Ambrose	7.39	6
25 Zack Trapp	SR	Unattached	X7.40	3
26 Brody Clark-Hurlbert	FR	Hawkeye CC	7.54	3 7.531
27 Jalen Morris	FR	William Penn	7.54	2 7.540
27 Emanuel Johnson	JR	William Penn	7.54	3 7.540
29 Ean Martin	JR	Augustana (Ill.)	7.55	7
30 Erik Hite	0	Iowa Track a	X7.56	5 7.558
31 Tracy Hayslett		St. Ambrose	7.56	4 7.560
32 Ashton Gray	FR	Roosevelt	7.58	4
33 Travis Lanier	SR	William Penn	7.68	6 7.674
34 Lamar Dave	FR	St. Ambrose	7.68	1 7.678
35 Reid McNeill	JR	Augustana (Ill.)	7.75	1
36 Grant Hein	FR	William Penn	7.78	4
37 Benjamin Hansen	FR	Hawkeye CC	7.83	1
38 Caden Foulke	SR	Augustana (Ill.)	7.98	4
39 Jad Massouh	FR	Augustana (Ill.)	7.99	1
40 Ethan Gabrys	SO	Augustana (Ill.)	8.00	2
41 Curtis Baldwin	SO	Augustana (Ill.)	8.06	6
42 Summer Pandey	FR	Augustana (Ill.)	8.24	7
43 Joey Hadsell	FR	Augustana (Ill.)	8.49	4
44 Bill Wilson		Iowa Track a	X10.56	7
-- Jackson Rhomberg	FR	Hawkeye CC	DQ	7

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Men 60 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Nikolas Norton	SO St. Ambrose	6.90	10
2 Liam Carlson	FR Hawkeye CC	7.04	8
3 Jimmy Vercoe	SO Augustana (Ill.)	7.15	6
4 Caden Stimmel	FR Hawkeye CC	7.16	5
5 Carter Even	SO Hawkeye CC	7.19	4
6 Sean Abracia-Wendel	SO Augustana (Ill.)	7.23	3
7 Jeremy Gomez	FR Roosevelt	7.25	2
-- Easton Bianchi	Unattached	XDQ	

Men 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Connor McBride	SR Augustana (Ill.)	23.02	15	10
2 Sylvester Brady	JR Augustana (Ill.)	23.10	13	8
3 Cameron Tomko	SO Augustana (Ill.)	23.16	13	6
4 Jason Smith	SR Augustana (Ill.)	23.28	12	5
5 Liam Carlson	FR Hawkeye CC	23.35	15	4
6 Fabian Brown	JR Grand View	23.41	15	2.50 23.410
6 Russell Lamar-Nelson	FR Grand View	23.41	13	2.50 23.409
8 Jackson Rhomberg	FR Hawkeye CC	23.49	12	1
9 Ashton Gray	FR Roosevelt	23.57	10	
10 Jayton Poole	SO Grand View	23.66	7	
11 Mason Thompson	JR Grand View	23.68	11	
12 Jeremy Gomez	FR Roosevelt	23.70	12	
13 Michael Hellwig	FR St. Ambrose	23.71	3	23.705
14 Kameron Bohnsack	FR St. Ambrose	23.71	8	23.709
15 Bennett Polite	SO William Penn	23.98	8	
16 Jaden Loveless	JR William Penn	24.00	9	23.993
17 AJ Banks	FR Augustana (Ill.)	24.00	9	23.998
18 Keegan Fogarty	Iowa Track a	X24.02	6	
19 Nathan Koonce	SO St. Ambrose	24.08	7	
20 Alec Schneider	FR Hawkeye CC	24.11	8	
21 Sean Abracia-Wendel	SO Augustana (Ill.)	24.13	11	24.128
22 Braeden Clements	SR Augustana (Ill.)	24.13	10	24.130
22 Ean Martin	JR Augustana (Ill.)	24.13	8	24.130
24 Harrison Makovec	FR William Penn	24.24	9	
25 Caden Foulke	SR Augustana (Ill.)	24.48	2	
26 Erik Hite	0 Iowa Track a	X24.72	6	
27 Alejandro Flores	JR William Penn	24.87	7	
28 Rayan Antonia	JR William Penn	24.92	9	
29 Travis Lanier	SR William Penn	24.94	7	
30 Emanuel Johnson	JR William Penn	25.02	11	
31 Jad Massouh	FR Augustana (Ill.)	25.21	5	
32 Grant Hein	FR William Penn	25.39	6	
33 Curtis Baldwin	SO Augustana (Ill.)	25.52	5	

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....Men 200 Meter Dash

34 Lamar Dave	FR St. Ambrose	25.63	2
35 Ethan Gabrys	SO Augustana (Ill.)	25.67	10
36 Kelvin Mukosa	Iowa Track a	X25.86	4
37 Benjamin Hansen	FR Hawkeye CC	25.90	4
38 Emmanuel Atsin	SR City Speed SF	X27.13	5
39 Summer Pandey	FR Augustana (Ill.)	27.27	3
40 Anthony Miyashiro	0 Iowa Track a	X27.56	4
41 Joey Hadsell	FR Augustana (Ill.)	28.44	2
42 Bill Wilson	Iowa Track a	X37.41	3

Men 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Will Reemtsma	SR St. Ambrose	49.19	5	
2 Ezra Denny	JR Grand View	51.07	4	
3 Connor McBride	SR Augustana (Ill.)	51.18	5	
4 Jimmy Vercoe	SO Augustana (Ill.)	51.40	4	
5 Dylan Grandon	FR St. Ambrose	51.81	5	
6 Carter Even	SO Hawkeye CC	51.90	3	
7 Sean Knockel	SO Hawkeye CC	52.19	3	
8 Noah Sheridan	SO Hawkeye CC	52.84	2	52.833
9 Jaden Loveless	JR William Penn	52.84	4	52.834
10 Isaac Nolan	FR St. Ambrose	53.12	3	
11 Dean Check	SR Augustana (Ill.)	53.42	3	
12 Ardadi Adum	SO Grand View	53.77	4	
13 Harrison Makovec	FR William Penn	54.28	2	
14 Delane Lewis	FR Grand View	54.40	2	
15 Steven Austin	SO Iowa Track a	X55.63	1	
16 Colin Stapleton	JR Augustana (Ill.)	55.91	1	
17 Alejandro Flores	JR William Penn	55.96	1	
18 Willie Rouse	SR Roosevelt	57.40	1	
-- Cameron Williams	SR Unattached	XDNF	5	

Men 600 Meter Run

Name	Year School	Finals	H#	Points
1 Isaac Davis	SR Grand View	1:24.12	3	10
2 Alex Fuller	FR St. Ambrose	1:27.24	3	8
3 Matthew Bonner	FR Grand View	1:30.31	1	6
4 Anthoneih Kopsa	FR Hawkeye CC	1:30.50	2	5
5 Connor Keller	JR Grand View	1:33.19	3	4
6 Drake Hamm	FR William Penn	1:35.18	2	3
7 Donnie Ingram	JR St. Ambrose	1:35.55	3	2
8 Jake Buchholtz	FR Grand View	1:36.40	1	1
9 Steven Austin	SO Iowa Track a	X1:36.41	1	
10 Mason Dunn	0 Iowa Track a	X1:36.42	2	

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Men 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Aidan O'Connor	0	Iowa Track a	X2:02.11	2	
2 Jess Cornick	FR	Hawkeye CC	2:02.84	1	10
3 Donovan Garro	JR	Augustana (Ill.)	2:03.73	2	8
4 Nick Simpson	0	Iowa Track a	X2:06.75	1	
5 Christian Haywood	FR	Augustana (Ill.)	2:09.24	1	6
6 Jose Gomez	FR	Augustana (Ill.)	2:09.74	2	5
7 Josh Traugott	FR	Augustana (Ill.)	2:11.77	1	4
8 Aiden Bowser	SO	Augustana (Ill.)	2:11.94	1	3
9 Emiliano Almendariz	FR	Augustana (Ill.)	2:12.13	2	2
10 Jaden Gocken	FR	Augustana (Ill.)	2:12.25	2	1
11 Austin Langreck	SO	Hawkeye CC	2:13.57	1	
12 Dominic Gamez	SR	Roosevelt	2:15.21	1	
13 Miles Rubio	JR	Augustana (Ill.)	2:17.45	2	

Men 1000 Meter Run

Name	Year	School	Finals	Points
1 Brandon Williams	JR	William Penn	2:29.56	10
2 Jonah Heckenberg	SR	William Penn	2:30.11	8
3 Braylan Silva	SR	Grand View	2:43.84	6
4 Ethan Varvelo	JR	William Penn	2:50.26	5
5 Seth Diser	SR	Grand View	2:56.07	4

Men 1 Mile Run

Name	Year	School	Finals	H#	Points
1 Joe Gibbons	JR	Augustana (Ill.)	4:29.29	2	10
2 Luke Benes	JR	St. Ambrose	4:31.40	2	8
3 Grant Trentz	JR	Iowa Track a	X4:39.00	2	
4 Kevin Chaney	SO	St. Ambrose	4:39.82	2	6
5 Peyton Sand	FR	Augustana (Ill.)	4:41.05	2	5
6 Brennen Sager	FR	Hawkeye CC	4:42.69	1	4
7 Brandon Saavedra	SR	Roosevelt	4:42.86	1	3
8 Nathan Boleyn	JR	St. Ambrose	4:43.64	2	2
9 Severio Hernandez	SR	Unattached	X4:45.24	2	
10 Carson Springer	FR	William Penn	4:50.88	2	1
11 Zachary Benoit		Iowa Track a	X4:52.71	1	
12 Ruben Perez-Rodriguez	SR	William Penn	5:00.87	1	
13 Nick Feller	SO	Iowa Track a	X5:06.27	1	
14 Mitch Dolynchuk	SO	Augustana (Ill.)	5:07.00	1	
15 Dominic Gamez	SR	Roosevelt	5:12.66	1	
16 Jeffrey Tsao	FR	Augustana (Ill.)	5:15.24	1	
17 Brady Benoit	SO	Iowa Track a	X5:19.56	1	
18 Raul Ortiz	SO	Roosevelt	5:20.15	1	
19 Ben Roseman		Iowa Track a	X7:23.46	1	

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Men 3000 Meter Run

Name	Year School	Finals	Points
1 D'Artagnon Beaver	JR William Penn	8:34.54	10
2 Will Dowda	JR St. Ambrose	8:56.86	8
3 Cade Baker	Iowa Track a	X9:05.36	
4 Chris King	0 Iowa Track a	X9:08.39	
5 Brayana Silva	SR Grand View	9:14.62	6
6 Noah Maske	JR St. Ambrose	9:17.96	5
7 Caden Kueker	FR Unattached	X9:22.60	
8 Ian Eller	SO St. Ambrose	9:22.95	4
9 Beck Fitzpatrick	0 Iowa Track a	X9:25.85	
10 Nathan Limas	SO Grand View	9:28.10	3
11 Brandon Saavedra	SR Roosevelt	9:34.94	2
12 Caden Ludin	SO Augustana (Ill.)	9:45.06	1
13 Santiago Cuevas	SR Augustana (Ill.)	9:49.24	
-- Isaiah Rabata	Running Wild Elite	XDNF	
-- Raul Ortiz	SO Roosevelt	DNF	
-- Bryan Flentge	JR St. Ambrose	DNF	

Men 60 Meter Hurdles**Top 8 Advance by Time**

Name	Year School	Prelims	H#
Preliminaries			
1 Will Reemtsma	SR St. Ambrose	8.28q	3
2 Mason Thompson	JR Grand View	8.44q	2
3 Noah Sheridan	SO Hawkeye CC	8.72q	1
4 Kasey Wirtjes	FR Hawkeye CC	8.75q	2
5 Emmanuel Atsin	SR City Speed SF	X8.77q	3
6 AJ Banks	FR Augustana (Ill.)	8.84q	1
7 Jeovanni Heyes	FR Grand View	8.88q	3
8 Kenny Cutler	SO Hawkeye CC	9.14q	2
9 Ethan Gabrys	SO Augustana (Ill.)	9.41	1
10 Nathan Koonce	SO St. Ambrose	9.72	1
11 Mike Hudson	SR Augustana (Ill.)	9.97	3
12 Curtis Baldwin	SO Augustana (Ill.)	10.23	2
13 Dylan Russell	SO Augustana (Ill.)	10.98	1
14 Devin Gephart	SR Augustana (Ill.)	10.98	1
15 Jaxon Weber	FR Hawkeye CC	11.01	2
-- Tyler Randall	FR St. Ambrose	DNF	3

Men 60 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Mason Thompson	JR Grand View	8.33	10
2 AJ Banks	FR Augustana (Ill.)	8.60	8

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3 Emmanuel Atsin	SR City Speed SF	X8.65	
4 Jeovanni Heyes	FR Grand View	8.69	6
5 Noah Sheridan	SO Hawkeye CC	9.07	5
6 Kenny Cutler	SO Hawkeye CC	9.07	4
7 Kasey Wirtjes	FR Hawkeye CC	9.11	3

Men 4x400 Meter Relay

School		Finals	H#	Points
1	Augustana (Ill.)	3:29.69	2	10
	1) Sylvester Brady JR			
	2) Connor McBride SR			
	3) Jimmy Vercoe SO			
2	Grand View	3:31.82	2	8
	1) Ardadi Adum SO			
	2) Jeovanni Heyes FR			
	3) Isaac Davis SR			
	4) Samuel Wandera FR			
3	Hawkeye CC 'B'	3:31.88	2	6
	1) Noah Sheridan SO			
	2) Sean Knockel SO			
	3) Evan Kearney FR			
	4) Aaron Campbell SO			
4	Hawkeye CC	x3:33.17	2	
	1) Carter Even SO			
	2) Kaden Miller SO			
	3) Kenny Cutler SO			
	4) Tyler Bartels FR			
5	Augustana (Ill.) 'B'	x3:36.05	2	
	1) Jason Smith SR			
	2) Dean Check SR			
	3) AJ Banks FR			
	4) Dylan Russell SO			
6	Iowa Track and Field Club	X3:42.90	1	
	1) Anthony Miyashiro 0			
	2) Grant Trentz JR			
	3) Steven Austin SO			
	4) Nick Simpson 0			
7	Hawkeye CC 'C'	x3:44.66	1	
	1) Anthoneih Kopsa FR			
	2) Austin Langreck SO			
	3) Brennen Sager FR			
	4) Jackson Rhomberg FR			
8	Augustana (Ill.) 'C'	x3:48.17	1	
	1) Mike Hudson SR			
	2) Caden Eller FR			
	3) Joe Gibbons JR			
	4) Devin Gephart SR			
--	St. Ambrose	DNF	2	
	1) Jackson Baedke FR			
	2) Alex Fuller FR			
	3) Jaquarion Lewis FR			
	4) Isaac Nolan FR			

Men 4x800 Meter Relay

School		Finals	Points
1	St. Ambrose	7:53.99	10
	1) Dylan Grandon FR		
	2) Trae Corby JR		
	3) Chris Miserendino SO		
	4) Will Reemtsma SR		

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Men Distance Medley

School	Finals	Points
1 Augustana (Ill.)	11:14.76	10
1) Jose Gomez FR	2) Colin Stapleton JR	
3) Josh Traugott FR	4) Donovan Garro JR	
2 Augustana (Ill.) 'C'	x11:17.21	
1) Christian Haywood FR	2) Ean Martin JR	
3) Finbar Martin SO	4) Jack Bathje SR	
3 Iowa Track and Field Club	X11:22.87	
1) Aidan O'Connor 0	2) Mason Dunn 0	
3) Beck Fitzpatrick 0	4) Chris King 0	
4 Augustana (Ill.) 'B'	x11:26.11	
1) Emiliano Almendariz FR	2) Miles Rubio JR	
3) Jaden Gocken FR	4) Aiden Bowser SO	
5 Grand View	11:37.75	8
1) Connor Keller JR	2) Samuel Wandera FR	
3) Matthew Bonner FR	4) Jake Buchholtz FR	

Men High Jump

Name	Year School	Finals	Points
1 Isaiah Roundtree	FR Grand View	J1.97m	6-05.50 10
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97 2.02 2.08			
P P P P P P P P P O O XXO XXP XXX			
2 Jayton Poole	SO Grand View	J1.97m	6-05.50 8
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97 2.02			
P P P P P P P P P O O XO XXO XXX			
3 Nathan Black	SO Grand View	J1.92m	6-03.50 6
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97			
P P P P P P P P O O O XXO XXX			
4 Nathan McFarland	FR Hawkeye CC	J1.92m	6-03.50 5
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97			
P P P P P P P P O O O XXO XXX			
5 TJ Jackson	FR Grand View	J1.92m	6-03.50 4
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87 1.92 1.97			
P P P P P P P P O O XO XXO XXX			
6 Matthew Benedict	SO Hawkeye CC	J1.87m	6-01.50 3
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87 1.92			
P P P P P P P P O O O XXX			
7 David Engstrom	Unattached	XJ1.87m	6-01.50
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87 1.92			
P P P P P P P O O XXO O XXX			
8 Kwabena Banahene	FR William Penn	J1.82m	5-11.50 1
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87			
P P P P P P P O O O XXX			
8 Isaac Mojica	SR St. Ambrose	J1.82m	5-11.50 1
1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87			
P P P P P P P O O O XXX			



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8	Bennett Polite	SO William Penn	1.82m	5-11.50	1
	1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82 1.87				
	P P P P P P XO XXO XXO XXX				
11	Keion Lewis	SO St. Ambrose	1.77m	5-09.75	
	1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82				
	XO O O O XO O O O XXX				
11	Cameron Tomko	SO Augustana (Ill.)	1.77m	5-09.75	
	1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82				
	P P P P P O O O XXX				
11	Caden Eller	FR Augustana (Ill.)	1.77m	5-09.75	
	1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82				
	P P P P P P P O XXX				
11	Kasey Wirtjes	FR Hawkeye CC	1.77m	5-09.75	
	1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77 1.82				
	P P P P P P O XO XXX				
15	Caden Foulke	SR Augustana (Ill.)	1.72m	5-07.75	
	1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77				
	P P P P P O XO XXX				
15	Aiden Haag	FR St. Ambrose	1.72m	5-07.75	
	1.42 1.47 1.52 1.57 1.62 1.67 1.72 1.77				
	P P P P P O XO XXX				
17	Mike Hudson	SR Augustana (Ill.)	1.67m	5-05.75	
	1.42 1.47 1.52 1.57 1.62 1.67 1.72				
	P P P P P XO XXX				
18	Dylan Russell	SO Augustana (Ill.)	1.52m	4-11.75	
	1.42 1.47 1.52 1.57				
	P P XXO XXX				
19	Devin Gephart	SR Augustana (Ill.)	1.47m	4-09.75	
	1.42 1.47 1.52				
	P XO XXX				
19	Maxwell Stoos	SR St. Ambrose	1.47m	4-09.75	
	1.42 1.47 1.52				
	O XO XXX				

Men Pole Vault

Name	Year School	Finals	Points
1 Joshua Mottet	SO St. Ambrose	4.57m 15-00.00	10
		4.42 4.57 4.72	
		XO XXO XXX	
2 Derek Butts	SR Augustana (Ill.)	4.27m 14-00.00	8
		3.35 3.50 3.66 3.81 3.96 4.12 4.27 4.42	
		P P P P P P XO XXX	
3 Reid McNeill	JR Augustana (Ill.)	4.12m 13-06.25	6
		3.35 3.50 3.66 3.81 3.96 4.12 4.27	
		P P P P O O XXX	

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....Men Pole Vault

4	Nate Long	JR St. Ambrose	J3.96m	12-11.75	5
	3.35 3.50 3.66 3.81 3.96 4.12				
	P P P XO O XXX				
5	Dakota Straight	JR Augustana (Ill.)	J3.96m	12-11.75	4
	3.35 3.50 3.66 3.81 3.96 4.12				
	P P P P XO XXX				
6	Isaac Mojica	SR St. Ambrose	J3.81m	12-06.00	3
	3.35 3.50 3.66 3.81 3.96				
	XO O O O XXX				
7	Cameron Abell	Unattached	XJ3.81m	12-06.00	
	3.35 3.50 3.66 3.81 3.96				
	P P P XXO XXX				
8	Ryan O'Dell	FR Augustana (Ill.)	J3.66m	12-00.00	2
	3.35 3.50 3.66 3.81				
	O O XO XXX				
9	Justin Bowers	SO St. Ambrose	J3.66m	12-00.00	1
	3.35 3.50 3.66 3.81				
	P P O XXX				
10	Jacob Mertes	JR St. Ambrose	3.50m	11-05.75	
	3.35 3.50 3.66				
	O O XXX				
11	Dylan Russell	SO Augustana (Ill.)	3.35m	10-11.75	
	3.35 3.50				
	XO XXX				
12	Mike Hudson	SR Augustana (Ill.)	3.05m	10-00.00	
	3.05 3.35				
	XXO XXX				
12	Devin Gephart	SR Augustana (Ill.)	3.05m	10-00.00	
	3.05 3.35				
	XXO XXX				

Men Long Jump

Name	Year School	Finals	H#	Points
1 Kelvin Mukosa	Iowa Track a	X6.56m	21-06.25	2
	6.38m 6.30m 6.41m 6.33m 6.56m 6.27m			
2 Caden Eller	FR Augustana (Ill.)	6.54m	21-05.50	1 10
	6.22m 6.54m 6.53m 6.27m 6.42m 6.29m			
3 Ben Davis	JR St. Ambrose	6.50m	21-04.00	2 8
	6.50m 6.07m 6.40m 6.29m 6.12m FOUL			
4 Sylvester Brady	JR Augustana (Ill.)	6.45m	21-02.00	2 6
	6.38m 6.26m 6.45m 6.36m PASS PASS			
5 Joseph Vollmer	SO St. Ambrose	6.28m	20-07.25	2 5
	6.28m FOUL 6.20m FOUL FOUL FOUL			
6 Braeden Clements	SR Augustana (Ill.)	6.21m	20-04.50	2 4
	5.93m 6.13m 6.21m 5.86m FOUL FOUL			
7 David Arney	JR St. Ambrose	6.19m	20-03.75	2 3
	6.03m 6.19m FOUL PASS PASS PASS			

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....Men Long Jump

8	Jalen Morris	FR William Penn	6.04m	19-09.75	2	2
	5.87m FOUL FOUL	6.04m 5.93m FOUL				
9	Tyler Bartels	FR Hawkeye CC	5.91m	19-04.75	1	1
	5.91m FOUL FOUL	5.87m FOUL 5.69m				
10	Anthony Bianchi	JR St. Ambrose	5.72m	18-09.25	1	
	5.42m 5.72m 5.72m					
11	Jaxon Weber	FR Hawkeye CC	5.62m	18-05.25	1	
	FOUL FOUL 5.62m					
12	Brandon Conners	SR St. Ambrose	5.56m	18-03.00	1	
	5.56m 5.37m 5.34m					
13	Anthony Miyashiro	0 Iowa Track a	X5.10m	16-08.75	1	
	4.85m 5.10m 4.94m					

Men Triple Jump

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Name	Year	School	Finals	Points		
=====						
1 Ben Davis	JR	St. Ambrose	13.04m	42-09.50	10	
	13.04m 12.81m	FOUL 12.79m 12.65m 12.82m				
2 Tom Nyandoro	JR	William Penn	12.47m	40-11.00	8	
	12.20m 12.02m 12.03m	12.47m 12.42m FOUL				
3 Keion Lewis	SO	St. Ambrose	12.17m	39-11.25	6	
	12.17m 11.77m FOUL FOUL	FOUL FOUL				
4 Anthony Miyashiro	0	Iowa Track a	X11.19m	36-08.50		
	10.83m 11.13m 11.04m	11.19m 10.88m PASS				

Men Shot Put

=====						
Name	Year	School	Finals	H#	Points	
=====						
1 Jonah Wilson	JR	St. Ambrose	16.03m	52-07.25	3	10
	FOUL 15.87m 16.03m	FOUL 15.87m 16.02m				
2 Blake Willey	JR	Grand View	15.71m	51-06.50	3	8
	14.51m 15.06m 15.10m	15.71m 15.35m 15.31m				
3 Alec Seifert	SR	St. Ambrose	15.67m	51-05.00	3	6
	14.69m 15.44m 15.67m	15.19m FOUL 14.84m				
4 Kyle Uhl	JR	St. Ambrose	14.78m	48-06.00	3	5
	FOUL 14.78m 14.37m	13.76m 14.00m 14.78m				
5 Adam Smith	FR	Hawkeye CC	14.54m	47-08.50	3	4
	12.31m 14.19m 14.52m	14.54m FOUL FOUL				
6 Joseph Reinhart	FR	St. Ambrose	14.37m	47-01.75	3	3
	12.77m FOUL 14.37m	13.79m 14.27m FOUL				
7 Steven Murray	SR	William Penn	13.60m	44-07.50	2	2
	FOUL 13.00m 13.60m	13.60m 13.59m 13.11m				
8 Nickolas Marshall	JR	William Penn	13.40m	43-11.75	3	1
	12.93m FOUL FOUL FOUL	13.40m FOUL				
9 Nathan Wilde	SO	Grand View	12.93m	42-05.25	3	
	FOUL 12.93m FOUL	12.03m FOUL FOUL				



SAU Tune Up
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....Men Shot Put

10	Luke Cowan	JR Augustana (Ill.)	12.90m	42-04.00	2
	12.78m FOUL 12.90m				
10	Brandt Williams	SO Hawkeye CC	12.90m	42-04.00	2
	11.54m 12.25m 12.90m				
12	Xzavion West	SO William Penn	12.86m	42-02.25	2
	12.26m FOUL 12.86m				
13	Jacob Taylor	JR Augustana (Ill.)	12.65m	41-06.00	2
	12.65m FOUL FOUL				
14	Ryan Saddler	FR Grand View	12.64m	41-05.75	2
	11.12m 11.97m 12.64m				
15	Jeremiah Conteh	SR William Penn	12.41m	40-08.75	2
	11.95m 11.85m 12.41m				
16	Conrad Schoening	FR Grand View	12.10m	39-08.50	2
	11.90m 11.28m 12.10m				
17	Aykeem Spivey	SR Augustana (Ill.)	12.01m	39-05.00	3
	12.01m FOUL FOUL				
18	Quillian McMurry	FR Grand View	11.90m	39-00.50	2
	FOUL 11.90m 11.77m				
19	Jadale Mitchell	FR Roosevelt	11.89m	39-00.25	2
	11.19m 11.89m 11.67m				
20	Tino Tamayo	SO Hawkeye CC	11.64m	38-02.25	3
	FOUL FOUL 11.64m				
21	Connor Rockford	FR Augustana (Ill.)	11.10m	36-05.00	1
	10.66m 11.10m FOUL				
22	Landon Wierenga	FR Augustana (Ill.)	11.05m	36-03.00	2
	11.05m FOUL FOUL				
23	Logan Lefils	FR St. Ambrose	11.02m	36-02.00	1
	10.71m 11.02m FOUL				
24	Dominic Neely	SO St. Ambrose	10.55m	34-07.50	1
	9.88m 9.76m 10.55m				
25	Mike Hudson	SR Augustana (Ill.)	10.34m	33-11.25	1
	10.34m 10.18m 10.01m				
26	Evan James	FR Augustana (Ill.)	10.16m	33-04.00	1
	10.16m FOUL FOUL				
27	Devin Gephart	SR Augustana (Ill.)	9.88m	32-05.00	1
	9.36m 9.88m FOUL				
28	Dylan Russell	SO Augustana (Ill.)	9.71m	31-10.25	1
	9.40m 9.38m 9.71m				
29	Beau Brackemeyer	SO Hawkeye CC	9.58m	31-05.25	1
	9.58m FOUL FOUL				
30	Tyler Bartels	FR Hawkeye CC	9.31m	30-06.50	1
	FOUL 8.86m 9.31m				
31	Kieran Cassidy	JR Roosevelt	9.13m	29-11.50	1
	8.95m 8.92m 9.13m				
32	Justin Russell	FR Augustana (Ill.)	7.97m	26-01.75	1
	7.50m 7.61m 7.97m				
33	Maxwell Stoos	SR St. Ambrose	7.61m	24-11.75	1
	7.61m 7.49m FOUL				

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....Men Shot Put

34 Bill Wilson Iowa Track a X5.57m 18-03.25 1
 5.57m 5.15m 5.49m

Men Weight Throw

Name	Year	School	Finals	H#	Points
1 Aykeem Spivey	SR	Augustana (Ill.)	18.03m	59-02.00	2 10
18.03m 17.58m FOUL FOUL FOUL 17.88m					
2 Nathan Wilde	SO	Grand View	17.10m	56-01.25	2 8
16.85m 17.10m 16.69m 15.77m FOUL FOUL					
3 Payton Woods	SR	St. Ambrose	16.26m	53-04.25	2 6
FOUL 16.26m FOUL FOUL FOUL FOUL					
4 Magnus Wells	SO	Augustana (Ill.)	16.18m	53-01.00	2 5
15.36m 16.18m 16.10m FOUL FOUL FOUL					
5 Caden Sussex	JR	Grand View	16.12m	52-10.75	2 4
15.07m FOUL 14.90m 15.87m 15.88m 16.12m					
6 Nickolas Marshall	JR	William Penn	15.92m	52-02.75	2 3
15.19m FOUL 14.74m FOUL 15.78m 15.92m					
7 Xzavion West	SO	William Penn	15.74m	51-07.75	2 2
14.60m FOUL FOUL 15.51m FOUL 15.74m					
8 Hunter Kasap	SR	St. Ambrose	15.30m	50-02.50	2 1
15.30m FOUL FOUL 15.29m FOUL FOUL					
9 Jeremiah Conteh	SR	William Penn	15.24m	50-00.00	2
FOUL FOUL 15.20m 15.24m 14.79m 15.20m					
10 Kaden Swanger	JR	St. Ambrose	14.28m	46-10.25	2
FOUL 14.28m FOUL					
11 Tino Tamayo	SO	Hawkeye CC	13.83m	45-04.50	2
13.83m 13.52m FOUL					
12 Steven Murray	SR	William Penn	13.62m	44-08.25	2
FOUL 13.62m FOUL					
13 Conrad Schoening	FR	Grand View	13.50m	44-03.50	1
12.85m 13.50m FOUL					
14 Landon Wierenga	FR	Augustana (Ill.)	13.49m	44-03.25	1
13.49m FOUL FOUL					
15 Connor Rockford	FR	Augustana (Ill.)	13.36m	43-10.00	1
13.36m 12.36m 12.16m					
16 Brandt Williams	SO	Hawkeye CC	12.91m	42-04.25	2
12.22m 12.91m 12.50m					
17 Evan James	FR	Augustana (Ill.)	12.90m	42-04.00	1
12.90m 12.67m FOUL					
18 Quillian McMurry	FR	Grand View	12.82m	42-00.75	1
12.45m 12.82m FOUL					
19 Ryan Saddler	FR	Grand View	12.25m	40-02.25	1
11.73m 12.25m FOUL					
20 Beau Brackemeyer	SO	Hawkeye CC	12.17m	39-11.25	1
FOUL FOUL 12.17m					
21 Joseph Reinhart	FR	St. Ambrose	12.03m	39-05.75	1
FOUL 11.54m 12.03m					



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....Men Weight Throw

22 Anthony Woods	JR St. Ambrose	11.78m	38-07.75	1
11.13m 11.78m 11.49m				
23 Jadale Mitchell	FR Roosevelt	10.60m	34-09.50	1
9.36m 7.98m 10.60m				
24 Micah Bischoff	FR Augustana (Ill.)	9.54m	31-03.75	1
9.45m 8.77m 9.54m				
25 Justin Russell	FR Augustana (Ill.)	8.26m	27-01.25	1
7.90m 8.26m 8.23m				
26 Logan Lefils	FR St. Ambrose	7.86m	25-09.50	1
FOUL FOUL 7.86m				
27 Bill Wilson	Iowa Track a	X4.36m	14-03.75	1
3.51m 4.36m 3.84m				
-- Luke Cowan	JR Augustana (Ill.)	FOUL		2
FOUL FOUL FOUL				

Men 3000 Meter Race Walk

Name	Year School	Finals	Points
1 Nathan Limas	SO Grand View	13:28.04	10
2 Cristian Martinez	SR Roosevelt	13:57.07	8
3 Owen Myers	FR Marian (Ind.)	14:47.21	6

Women - Team Rankings - 18 Events Scored

1) St. Ambrose	198	2) Augustana (Ill.)	157
3) Grand View	113	4) William Penn	62
5) Hawkeye CC	27	6) Roosevelt	24

Men - Team Rankings - 18 Events Scored

1) Augustana (Ill.)	166	2) St. Ambrose	146
3) Grand View	135	4) Hawkeye CC	72
5) William Penn	57	6) Roosevelt	15
7) Marian (Ind.)	6		