

**Lake Michigan Open**  
**UW-Parkside - Frank Petretti Fieldhouse**  
**Kenosha, Wisconsin - 1/20/2024**  
**Results**

**Women 55 Meter Dash**  
**Top 8 Advance by Time**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Rachel Blaskowski	SO	Wis.-Parkside	7.41q	3
2 Baux Truckey	FR	Northern Michigan	7.42q	2
3 Jahtivya Williams	SO	Northern Michigan	7.45q	2
4 AJ Jones	SO	Lake Forest	7.60q	3
5 Mayda Conrad	FR	Wis.-Parkside	7.62q	1
6 Jenna Zahorik	SR	Concordia (Wis.)	7.68q	1
7 Emme Burrough	JR	Northern Michigan	7.73q	3
8 Sabrina Moore	SR	Concordia (Wis.)	7.76q	2
9 Sydney Romps	SR	Northern Michigan	7.81	1
10 Alaura Busch	JR	Wis.-Parkside	7.85	1
11 Regan Furmankiewicz	FR	Joliet Junio	7.97	1
12 Brynn Meyer	FR	Wis.-Parkside	8.07	1
13 Lorin Laney	FR	Concordia (Wis.)	8.10	3
14 Ema Williquette	SO	Concordia (Wis.)	8.19	3
15 Annie Pulaski	SO	Lake Forest	8.20	2
16 Madelyn Vanderhoof	FR	Wisconsin Lutheran	8.36	3
17 Marin Schibbelhut	FR	Wisconsin Lutheran	8.80	2
18 Katia Flores	SO	Lake Forest	10.26	2

**Women 55 Meter Dash**

Name	Year	School	Finals	Points
<b>Finals</b>				
1 Baux Truckey	FR	Northern Michigan	7.33	10
2 Rachel Blaskowski	SO	Wis.-Parkside	7.39	8
3 Jahtivya Williams	SO	Northern Michigan	7.41	6
4 Jenna Zahorik	SR	Concordia (Wis.)	7.62	4
5 Mayda Conrad	FR	Wis.-Parkside	7.64	2
6 Emme Burrough	JR	Northern Michigan	7.68	1
7 Sabrina Moore	SR	Concordia (Wis.)	7.70	
8 AJ Jones	SO	Lake Forest	7.82	

**Women 200 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Jenna Zahorik	SR	Concordia (Wis.)	27.29	3	10
2 Ciara Ostrenga	SO	Northern Michigan	27.43	3	8
3 Mayda Conrad	FR	Wis.-Parkside	27.61	2	6
4 Janae Jensen	SR	Wisconsin Lutheran	27.64	3	4
5 Sabrina Moore	SR	Concordia (Wis.)	28.29	3	2
6 Savannah Wittig	SO	Wis.-Parkside	28.78	1	1
7 Miranda Winkler	FR	Wis.-Parkside	28.89	2	
8 Regan Furmankiewicz	FR	Joliet Junio	29.11	1	

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9	Ema Williquette	SO Concordia (Wis.)	30.01	1
10	Amber Fietzer	SO Concordia (Wis.)	30.02	1
11	Annie Pulaski	SO Lake Forest	30.17	2
12	Willa Bullers-Shah	FR Lake Forest	30.39	1
13	Jacy Boberg	FR Wis.-Parkside	31.03	2

**Women 400 Meter Dash**

Name	Year	School	Finals	H#	Points
1	Beverly Harper	SO Northern Michigan	59.68	3	10
2	Grace Mildice	SO Wis.-Parkside	1:00.01	3	8
3	Anna Raasch	SR Wisconsin Lutheran	1:00.31	3	6
4	Sonja Mitrovic	JR Wis.-Parkside	1:00.34	3	4
5	Lana Mac	FR Northern Michigan	1:01.73	1	2
6	Amelia Kashian	FR Northern Michigan	1:01.88	1	1
7	AJ Jones	SO Lake Forest	1:05.42	3	
8	Ashlee Mueller	SR Wisconsin Lutheran	1:05.85	3	
9	Jacy Boberg	FR Wis.-Parkside	1:07.10	2	
10	Meg Sukley	SO Joliet Junio	1:08.77	2	
11	One Kenosi	FR Lake Forest	1:09.84	2	
12	Adrienne Karpen	SO Joliet Junio	1:10.44	2	
13	Kayla Williams	SO Joliet Junio	1:11.61	2	
14	Alicia Martinez	Unattached	X1:14.29	1	

**Women 800 Meter Run**

Name	Year	School	Finals	Points
1	Petra Foote	FR Northern Michigan	2:33.23	10
2	Isabella Beck	FR Northern Michigan	2:36.55	8
3	Delfina Jorgensen	JR Lake Forest	2:46.45	6
4	Alicia Martinez	Unattached	X2:55.96	
5	Julie Dorner	SO Lake Forest	2:56.93	4
6	Lauren Rastall	FR Wisconsin Lutheran	2:58.93	2
7	Avery Huffman	FR Lake Forest	3:00.45	1
8	Maya Hielscher	JR Concordia (Wis.)	3:06.02	

**Women 1 Mile Run**

Name	Year	School	Finals	H#	Points
1	Amanda Johnson	Parkside Pin	X5:04.18	3	
2	Katie Scott	SR Wild Side TC	X5:06.51	3	
3	Riley McMahan	SR Brtc	X5:06.80	3	
4	Audrey Amaya	SO Wis.-Parkside	5:12.17	3	10
5	Carolyn Bothe	SR Parkside Pines	X5:19.60	3	
6	Lamar Gordon	FR Northern Michigan	5:21.28	3	8
7	Lexy Sams	JR Wis.-Parkside	5:21.54	3	6

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**....Women 1 Mile Run**

8	Melody Ochana	JR Wis.-Parkside	5:21.70	3	4
9	Hope Orvold	Unattached	X5:22.36	3	
10	Ella Rondeau	JR Wis.-Parkside	5:24.67	3	2
11	Madison Perez	FR Wis.-Parkside	5:24.88	3	1
12	Emma Sweeney	SO Northern Michigan	5:27.13	3	
13	Ainara Sainz De Rozas	SO Concordia (Wis.)	5:30.54	2	
14	Abigail Poehlman	SO Concordia (Wis.)	5:30.76	2	
15	Danielle Van Grinsven	SO Concordia (Wis.)	5:30.86	2	
16	Anessa Yim	SR Concordia (Wis.)	5:31.89	2	
17	Lettia Hoda	FR Lake Forest	5:34.13	2	
18	Petra Foote	FR Northern Michigan	5:34.84	2	
19	Paige Anderson	SO Northern Michigan	5:35.30	2	
20	Elliott Smith	SO Northern Michigan	5:38.95	2	
21	Isabella Beck	FR Northern Michigan	5:40.90	2	
22	Gianna Schubert	FR Northern Michigan	5:44.26	2	
23	Attica Brandt	FR Northern Michigan	5:47.82	2	
24	Cecilia Quevedo	JR Wis.-Parkside	5:50.56	1	
25	Claire Waligorski	FR Northern Michigan	5:53.66	2	
26	Olivia Ebel	FR Concordia (Wis.)	5:54.89	1	
27	Abigail Lange	FR Concordia (Wis.)	5:55.58	1	
28	Endla Harris	FR Northern Michigan	5:58.41	1	
29	Becca Ray	SR Lake Forest	5:59.49	1	
30	Mikayla Becker	FR Concordia (Wis.)	6:03.50	1	
31	Kylee Camble	FR Concordia (Wis.)	6:04.28	2	
32	Bailee Schlender	FR Concordia (Wis.)	6:04.91	1	
33	Sydney Leschisin	FR Concordia (Wis.)	6:06.83	1	
34	Emma Cecich	SO Joliet Junio	6:20.36	1	
35	Sarah Birenbaum	JR Concordia (Wis.)	6:20.64	1	
36	Alexandria Blankenship	FR Concordia (Wis.)	6:40.03	1	
37	Utopia Pasika	FR Lake Forest	7:12.99	1	
38	Amy Czauderna	SO Lake Forest	7:43.32	1	

**Women 3000 Meter Run**

=====				
Name	Year	School	Finals	Points
=====				
1	Madi Szymanski	SO Northern Michigan	9:54.94	10
2	Emma Ahrens	FR Concordia (Wis.)	10:42.83	8
3	Talon Prusi	JR Northern Michigan	10:53.08	6
4	Dani VanLente	FR Northern Michigan	10:53.27	4
5	Skylar Grubb	JR Northern Michigan	11:03.58	2
6	Emma Sweeney	SO Northern Michigan	11:08.78	1
7	Leora Kurtz	Northwestern	X11:15.91	
8	Melanie Arvis	SO Concordia (Wis.)	11:28.08	
9	Mary Grace Cleinmark	SR Concordia (Wis.)	11:47.13	
10	Claire Waligorski	FR Northern Michigan	12:09.35	
11	Abby Van Rixel	SR Concordia (Wis.)	12:18.80	



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**Women 55 Meter Hurdles**  
**Top 8 Advance by Time**

Name	Year School	Prelims	H#
<b>Preliminaries</b>			
1 Sofi Diop	FR Northern Michigan	8.72q	2
2 Miranda Winkler	FR Wis.-Parkside	8.86q	1
3 Emma Eilertson	FR Concordia (Wis.)	9.33q	2
4 Eva Zonca	FR Northern Michigan	9.39q	1
5 Sydney Romps	SR Northern Michigan	9.49q	1
6 Natasha Nowakowski	FR Northern Michigan	9.80q	1
7 Jacquelyn Han	SO Lake Forest	9.90q	2
8 Meg Sukley	SO Joliet Junio	9.96q	1
9 Marin Schibbelhut	FR Wisconsin Lutheran	11.06	2
10 Elizabeth Van Rixel	SO Concordia (Wis.)	12.54	1

**Women 55 Meter Hurdles**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Sofi Diop	FR Northern Michigan	8.53	10
2 Miranda Winkler	FR Wis.-Parkside	8.90	8
3 Emma Eilertson	FR Concordia (Wis.)	9.14	6
4 Eva Zonca	FR Northern Michigan	9.53	4
5 Sydney Romps	SR Northern Michigan	9.63	2
6 Natasha Nowakowski	FR Northern Michigan	9.65	1
7 Jacquelyn Han	SO Lake Forest	9.95	

**Women 4x400 Meter Relay**

School	Finals	H#	Points
1 Northern Michigan 'C'	4:02.98	2	10
1) Jahtivya Williams SO	2) Ciara Ostrenga SO		
3) Lana Mac FR	4) Paige Anderson SO		
2 Wis.-Parkside	4:12.65	2	8
1) Sonja Mitrovic JR	2) Grace Mildice SO		
3) Savannah Wittig SO	4) Audrey Amaya SO		
3 Northern Michigan	x4:15.32	2	
1) Baux Truckey FR	2) Emme Burrough JR		
3) Natasha Nowakowski FR	4) Elliott Smith SO		
4 Concordia (Wis.)	4:32.83	1	6
1) Mikayla Becker FR	2) Kylee Camble FR		
3) Olivia Ebel FR	4) Danielle Van Grinsven SO		
5 Lake Forest	4:43.47	1	4
1) Jacquelyn Han SO	2) AJ Jones SO		
3) One Kenosi FR	4) Annie Pulaski SO		
6 Concordia (Wis.) 'B'	x4:50.44	1	
1) Sarah Birenbaum JR	2) Alexandria Blankenship FR		



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**....Women Pole Vault**

1 Leah Root	SR Northern Michigan	3.35m	10-11.75	10
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35 3.50				
P P P P P P P P XXO XO XXX				
2 Kati Smith	FR Northern Michigan	3.20m	10-06.00	8
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35				
P P P P P P O O XXX				
3 Kalista Butkiewicz	SO Wis.-Parkside	J3.20m	10-06.00	6
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35				
P P P P P O XXO O XXX				
4 Rebecca Lane	SO Northern Michigan	3.05m	10-00.00	4
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20				
P P P P O O O XXX				
5 Carly Griesemer	SO Concordia (Wis.)	J3.05m	10-00.00	2
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20				
P P P P P XO XXO XXX				
6 Emily Czeiszperger	SO Northern Michigan	2.90m	9-06.25	1
2.15 2.30 2.45 2.60 2.75 2.90 3.05				
P P P P P O XXX				
7 Alexis Klein	FR Northern Michigan	2.75m	9-00.25	
2.15 2.30 2.45 2.60 2.75 2.90				
P O O O XO XXX				
8 Kaitlyn Pankau	FR Concordia (Wis.)	2.15m	7-00.50	
2.15 2.30				
XO XXX				

**Women Long Jump**

Name	Year School	Finals	Points
1 Rachel Blaskowski	SO Wis.-Parkside	5.89m 19-04.00	10
5.89m FOUL FOUL 5.53m 5.65m 5.20m			
2 Maya Hielscher	JR Concordia (Wis.)	5.28m 17-04.00	8
4.94m 5.03m 5.07m 5.21m 5.28m 5.12m			
3 Sabrina Moore	SR Concordia (Wis.)	4.80m 15-09.00	6
4.80m FOUL 4.58m FOUL 4.53m 3.43m			
4 Janae Jensen	SR Wisconsin Lutheran	4.78m 15-08.25	4
4.78m 4.71m 4.51m 4.17m 4.38m 4.44m			
5 Lucia Gallardo Martos	FR Wisconsin Lutheran	3.79m 12-05.25	2
3.77m 3.76m FOUL 3.79m 3.75m 3.53m			

**Women Triple Jump**

Name	Year School	Finals	Points
1 Leah Root	SR Northern Michigan	10.92m 35-10.00	10
FOUL FOUL 10.78m 10.92m 10.55m FOUL			
2 Mckenna Armstrong	JR Wis.-Parkside	10.52m 34-06.25	8
10.22m 10.02m 10.52m FOUL FOUL 10.45m			
3 Brynn Meyer	FR Wis.-Parkside	9.86m 32-04.25	6
9.65m 9.70m 9.53m 9.86m 9.65m 9.50m			



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**....Women Triple Jump**

4 Amber Fietzer	SO Concordia (Wis.)	9.40m	30-10.25	4
8.97m 9.40m 9.27m 9.14m 9.23m 8.99m				
5 Emily Czeiszperger	SO Northern Michigan	9.25m	30-04.25	2
9.17m FOUL FOUL 9.25m 8.90m FOUL				
-- Lorin Laney	FR Concordia (Wis.)	FOUL		
FOUL FOUL FOUL FOUL FOUL FOUL				

**Women Shot Put**

Name	Year School	Finals	H#	Points
1 Adelyn Sanders	SO Northern Michigan	11.03m	36-02.25	2 10
10.98m 11.03m 10.36m 10.95m FOUL 10.88m				
2 Morgan Huntley	SR Concordia (Wis.)	10.96m	35-11.50	2 8
10.00m 10.56m FOUL 10.96m 10.75m 10.79m				
3 Alizabeth Little	SO Northern Michigan	10.61m	34-09.75	2 6
10.01m 9.93m 9.86m 9.59m 10.13m 10.61m				
4 Leah Schmidt	SO Wisconsin Lutheran	10.37m	34-00.25	2 4
9.93m 9.66m 9.47m 10.17m 9.82m 10.37m				
5 Michelle Barnvos	JR Wis.-Parkside	10.31m	33-10.00	2 2
9.59m 10.31m 10.21m 10.10m FOUL 9.95m				
6 Morgan Feuker	FR Concordia (Wis.)	9.83m	32-03.00	2 1
9.83m 9.28m 9.47m 9.01m 9.53m 8.90m				
7 Emily Maynard	JR Wis.-Parkside	9.81m	32-02.25	2
9.42m 9.19m 9.36m 9.81m FOUL 9.18m				
8 Bryanna Mursch	FR Concordia (Wis.)	9.43m	30-11.25	2
9.00m 8.19m 8.58m 9.43m 7.67m 8.21m				
9 Hannah Vlies	SO Wis.-Parkside	9.33m	30-07.50	2
8.53m 9.23m 9.33m FOUL 8.75m 9.00m				
10 Caterina Thelen	FR Northern Michigan	8.93m	29-03.75	1
7.50m 8.93m 8.14m				
11 Jamie Maas	SO Concordia (Wis.)	8.84m	29-00.00	1
8.84m 8.65m FOUL				
12 Kailey Ramaker	SO Concordia (Wis.)	8.71m	28-07.00	2
8.71m FOUL FOUL				
13 Maya Hielscher	JR Concordia (Wis.)	8.06m	26-05.50	1
6.16m 7.57m 8.06m				
14 Stephanie Schafer	JR Wisconsin Lutheran	7.96m	26-01.50	1
FOUL 7.96m FOUL				
15 Elizabeth Van Rixel	SO Concordia (Wis.)	7.86m	25-09.50	1
7.86m 7.73m 7.80m				
16 Leah Wierschke	SO Wisconsin Lutheran	7.57m	24-10.00	1
7.34m 7.57m 6.93m				
17 Fallon Hamilton	FR Joliet Junio	7.38m	24-02.50	1
7.38m 6.56m 7.25m				
18 Nina Alft	FR Concordia (Wis.)	7.32m	24-00.25	1
7.32m 6.86m 7.31m				
19 Kaitlynn Sabish	SR Concordia (Wis.)	5.18m	17-00.00	1
4.58m 4.62m 5.18m				

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**Women Weight Throw**

Name	Year	School	Finals	Points
1 Riley Barlage	SR	Northern Michigan	14.60m	47-11.00 10
FOUL 14.24m FOUL 14.36m 14.60m FOUL				
2 Alizabeth Little	SO	Northern Michigan	13.96m	45-09.75 8
13.08m 13.90m 13.92m 13.54m 13.96m FOUL				
3 Morgan Huntley	SR	Concordia (Wis.)	12.56m	41-02.50 6
12.52m 11.67m 12.56m FOUL 12.35m 12.17m				
4 Emily Maynard	JR	Wis.-Parkside	12.30m	40-04.25 4
12.30m FOUL FOUL FOUL 11.50m 11.78m				
5 Michelle Barnvos	JR	Wis.-Parkside	12.16m	39-10.75 2
11.67m 11.87m 11.93m 12.16m FOUL FOUL				
6 Hannah Vlies	SO	Wis.-Parkside	11.75m	38-06.75 1
11.60m 11.28m FOUL FOUL FOUL 11.75m				
7 Leah Schmidt	SO	Wisconsin Lutheran	10.96m	35-11.50
10.23m FOUL 10.57m 10.66m FOUL 10.96m				
8 Caterina Thelen	FR	Northern Michigan	10.94m	35-10.75
10.36m 10.94m 10.39m 10.08m 10.30m 10.83m				
9 Leah Wierschke	SO	Wisconsin Lutheran	10.90m	35-09.25
FOUL 10.23m 10.25m 10.58m 9.59m 10.90m				
10 Jamie Maas	SO	Concordia (Wis.)	9.73m	31-11.25
9.73m 9.29m FOUL				
11 Stephanie Schafer	JR	Wisconsin Lutheran	9.58m	31-05.25
FOUL 9.58m FOUL				
12 Morgan Feuker	FR	Concordia (Wis.)	9.56m	31-04.50
9.56m FOUL 8.54m				
13 Kailey Ramaker	SO	Concordia (Wis.)	9.32m	30-07.00
8.46m 9.32m FOUL				
14 Olivia Baker	SR	Wisconsin Lutheran	8.46m	27-09.25
8.46m 8.13m FOUL				
-- Bryanna Mursch	FR	Concordia (Wis.)	FOUL	
FOUL FOUL FOUL				

Women - Team Rankings - 14 Events Scored

1) Northern Michigan	185.50	2) Wis.-Parkside	129
3) Concordia (Wis.)	77.50	4) Wisconsin Lutheran	22
5) Lake Forest	15	6) Joliet Junior College	2

Men - Team Rankings - 13 Events Scored

1) Wis.-Parkside	159	2) Joliet Junior College	69
3) Concordia (Wis.)	67	4) Wisconsin Lutheran	37
5) Lake Forest	33		