

Aquinas Middle School Invitational
La Crosse Central High School
La Crosse, WI - 4/18/2024
Results

Boys 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Tyler Paulson	8	Aquinas Midd	12.31	8	6
2 AJ Korger	8	Aquinas Midd	12.91	8	4
3 Aidan Kimmerle-Lesser	8	Winona Middl	13.10	8	3
4 Conner Zimmerman	8	Winona Middl	13.13	7	2
5 Brayden Thomas	8	Longfellow M	13.15	8	1
6 Kehler Trost	7	Longfellow M	13.44	8	
7 Liam Wilkerson	7	Longfellow M	13.50	4	
8 Alex Brenengen	7	Winona Middl	13.56	6	
9 Tremell Jones	8	Logan Middle School	13.60	7	
10 Nolan Vandenlanegberg	7	Aquinas Midd	13.63	7	
11 Ethan Krautkramer	8	Aquinas Midd	13.72	7	
12 Reese Haerer	7	Aquinas Midd	13.82	8	
13 Robbie Seehafer	8	Longfellow M	13.97	7	
14 Leif Overhaug	7	Winona Middl	14.25	6	
15 Oliver Walker	8	Longfellow M	14.34	3	
16 David Parker	7	Aquinas Midd	14.44	6	
17 Ezra Ashby	8	Aquinas Midd	14.59	5	
18 Cole Ohm	8	Winona Middl	14.63	5	
19 Rylen Pfeifer	7	Longfellow M	14.66	6	
20 Liam McMichael	8	Longfellow M	14.82	5	
21 Bennett Folkers	8	Longfellow M	14.88	5	
22 Colton Smith	8	Winona Middl	15.09	4	
23 Landon Schlittler	7	Longfellow M	15.15	8	
24 Isaiah Hundt-Fiksdal	7	Longfellow M	15.16	7	
25 James Melde	7	Aquinas Midd	15.22	5	
26 Anders Van Rooyen	7	Aquinas Midd	15.31	4	
27 Matthew Klar	7	Aquinas Midd	15.32	5	
28 Dylan Salaski	8	Longfellow M	15.37	5	
29 Keagan Gerling	7	Aquinas Midd	15.47	5	
30 Benet Berendes	7	Aquinas Midd	15.75	4	
31 Iver Odegaard	6	Longfellow M	15.78	3	
32 Preston Atherton	6	Aquinas Midd	15.84	3	
33 Javell Clark	7	Longfellow M	15.87	6	
34 Jabbar Muhammed	7	Longfellow M	15.94	6	
35 Oliver Twite	7	Winona Middl	16.00	3	
36 Clayton Taylor	7	Longfellow M	16.10	4	
36 Sky Thao	7	Logan Middle School	16.10	4	
38 Hudson Zehren	7	Aquinas Midd	16.15	4	
39 Joey Hermanson	8	Longfellow M	16.16	3	
40 Clayton Schams	6	Aquinas Midd	16.38	4	
41 Riley Clements	8	Longfellow M	16.41	3	
42 Rowan Osowski	7	Aquinas Midd	16.47	2	
43 Beckett Bergstrom	7	Winona Middl	16.57	2	
44 Joseph Doely	7	Aquinas Midd	16.87	1	
45 Logan Parsons	7	Logan Middle School	17.87	2	
46 Andrew Woyczik	6	Longfellow M	17.90	1	

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47	Spencer Harpeneau	7	Longfellow M	17.97	2
48	Calvin Wolf	7	Longfellow M	18.29	1
49	Scott Rinkenberger	7	Longfellow M	21.72	1

Boys 200 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Tyler Paulson	8	Aquinas Midd	25.75	4	6
2	Brayden Styba	8	Winona Middl	26.81	4	4
3	Liam Wilkerson	7	Longfellow M	27.45	4	3
4	Nolan Vandenlanegberg	7	Aquinas Midd	27.53	4	2
5	Kehler Trost	7	Longfellow M	28.12	4	1
6	Gabe Yang	7	Longfellow M	28.32	4	
7	Alex Brenengen	7	Winona Middl	28.47	3	
8	Ethan Krautkramer	8	Aquinas Midd	28.61	4	
9	Leif Overhaug	7	Winona Middl	29.59	3	
10	David Parker	7	Aquinas Midd	29.72	3	
11	Lucas Timm	8	Aquinas Midd	29.75	3	
12	Max Bloyer	8	Longfellow M	30.40	2	
13	Cole Ohm	8	Winona Middl	30.41	1	
14	Elliot Heiden	8	Logan Middle School	30.69	1	
15	Alexander Boland	7	Aquinas Midd	31.06	3	
15	Mason Meindl	8	Aquinas Midd	31.06	2	
17	Ezra Ashby	8	Aquinas Midd	31.09	3	
18	James Melde	7	Aquinas Midd	32.12	2	
19	Jacob Penzkover	7	Aquinas Midd	32.13	3	
20	Colton Smith	8	Winona Middl	32.18	2	
21	Oliver Twite	7	Winona Middl	32.28	2	
22	Sky Thao	7	Logan Middle School	33.50	1	
23	Clayton Schams	6	Aquinas Midd	33.84	1	
24	Aaron Pedretti	7	Logan Middle School	34.31	2	
25	Beckett Bergstrom	7	Winona Middl	36.41	1	
26	Ian Rabuse	7	Winona Middl	36.88	1	
27	Logan Parsons	7	Logan Middle School	39.06	1	

Boys 400 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Tyler Paulson	8	Aquinas Midd	59.50	3	6
2	Lukas Valentine	8	Longfellow M	1:03.69	3	4
3	Ethan Krautkramer	8	Aquinas Midd	1:04.69	3	3
4	Cullen Macglolshin	8	Longfellow M	1:04.78	3	2
5	Owen Skemp	8	Longfellow M	1:05.63	3	1
6	Jackson Noel	8	Longfellow M	1:07.56	3	
7	Theron Hamilton	8	Longfellow M	1:08.87	3	
8	Lucas Timm	8	Aquinas Midd	1:09.88	2	
9	Lincoln Stanek	8	Aquinas Midd	1:10.66	2	

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10 Reid Nicklay	7 Aquinas Midd	1:10.81	2
11 Charles Nordeen	6 Aquinas Midd	1:12.13	1
12 Mason Meindl	8 Aquinas Midd	1:13.09	2
13 Jacob Penzkover	7 Aquinas Midd	1:13.62	2
14 David Parker	7 Aquinas Midd	1:14.16	2
15 Henry Merkey	7 Longfellow M	1:15.75	2
16 Isaac Sheridan	7 Winona Middl	1:20.69	1
17 Jackson Dahl	7 Aquinas Midd	1:23.32	1
18 Isaac Vanberg	6 Longfellow M	1:26.03	1
19 Ezra Fannin	6 Logan Middle School	1:29.65	2
20 Kellen Hamilton	6 Longfellow M	1:30.38	1

Boys 800 Meter Run

Name	Year School	Finals	H#	Points
1 Wil Howard	8 Logan Middle School	2:30.05	2	6
2 Theron Hamilton	8 Longfellow M	2:34.07	2	4
3 Jonah Scoville	8 Winona Middl	2:39.22	2	3
4 Wilt Schul	7 Winona Middl	2:40.05	2	2
5 Ethan Davey	8 Logan Middle School	2:41.45	2	1
6 Charles Nordeen	6 Aquinas Midd	2:42.43	2	
7 Max Benson	8 Longfellow M	2:47.36	1	
8 Caleb Farmer	8 Logan Middle School	2:51.79	2	
9 Spencer Buck	7 Aquinas Midd	2:54.59	2	
10 Jackson Dahl	7 Aquinas Midd	2:55.02	2	
11 Dawson Weiss	7 Aquinas Midd	2:55.52	2	
12 Jacob Penzkover	7 Aquinas Midd	2:55.56	2	
13 Finley Duerst	8 Logan Middle School	2:58.75	1	
14 Nolan Davey	7 Logan Middle School	3:03.91	1	
15 John Richardson	7 Logan Middle School	3:10.05	1	
16 Nils Olson	6 Logan Middle School	3:11.83	1	
17 Isaac Sheridan	7 Winona Middl	3:14.25	1	
18 Henry Merkey	7 Longfellow M	3:15.00	2	
19 Rowan Osowski	7 Aquinas Midd	3:18.65	1	
20 Charlie Hall	7 Longfellow M	3:28.31	1	
21 Tait Moore	6 Aquinas Midd	3:28.55	1	
22 Henry Sustar	6 Logan Middle School	3:36.35	1	
23 Dominic Sullivan	6 Aquinas Midd	3:56.39	1	

Boys 1600 Meter Run

Name	Year School	Finals	Points
1 Charles Nordeen	6 Aquinas Midd	5:35.15	6
2 Wilt Schul	7 Winona Middl	5:36.03	4
3 Jonah Scoville	8 Winona Middl	5:40.00	3
4 Wesley Olson	8 Longfellow M	5:45.96	2
5 Ryan Wilder	8 Longfellow M	5:48.36	1

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....Boys 1600 Meter Run

6 Spencer Buck	7 Aquinas Midd	6:15.46
7 Dawson Weiss	7 Aquinas Midd	6:24.00
8 Thatcher Blum	7 Logan Middle School	6:47.01
9 Isaac Vanberg	6 Longfellow M	6:53.55
10 Kellen Hamilton	6 Longfellow M	7:06.94
11 Tait Moore	6 Aquinas Midd	7:18.00
12 Dominic Sullivan	6 Aquinas Midd	7:34.46

Boys 100 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Wesley Olson	8 Longfellow M	15.75	2	6
2 Clayton Mlynczak	8 Winona Middl	16.25	2	4
3 Landon Goodman	7 Longfellow M	18.60	2	3
4 Rylan Gale	6 Aquinas Midd	18.63	2	2
5 Lane Thrush	7 Aquinas Midd	18.65	2	1
6 Thomas Binsfeld	6 Aquinas Midd	19.50	1	
7 Scott Rinkenberger	7 Longfellow M	28.06	1	

Boys 200 Meter Hurdles

Name	Year School	Finals	Points
1 Clayton Mlynczak	8 Winona Middl	30.34	6
2 Wesley Olson	8 Longfellow M	32.87	4
3 Thomas Binsfeld	6 Aquinas Midd	38.66	3
4 Rylan Gale	6 Aquinas Midd	39.94	2
5 Lane Thrush	7 Aquinas Midd	40.41	1
6 Lydon Boberg	7 Aquinas Midd	45.19	
7 Jackson Dahl	7 Aquinas Midd	46.34	

Boys 4x100 Meter Relay

School	Finals	H#	Points
1 Aquinas Middle School 1) Ian Honaker 8 3) Martez Sheard 8	52.50	2	6
2 Winona Middle School 1) Alex Brenengen 7 3) Conner Zimmerman 8	53.19	2	4
3 Logan Middle School 1) Haden Brubaker 7 3) Jackson Schultz 8	54.09	2	2
4 Longfellow Middle School 'C' 1) Joey Hermanson 8 3) Dylan Salaski 8	54.16	2	
5 Aquinas Middle School 'B' 2) Alex Penzkover 8 4) Korbin Neher 8	x56.09	2	
2) Aidan Kimmerle-Lesser 8 4) Brayden Styba 8			
2) Tremell Jones 8 4) Damarrion Thomas 8			
2) Liam McMichael 8 4) Bennett Folkers 8			

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....Boys 4x100 Meter Relay

1) Adiel Onyeabor 7	2) Reese Haerer 7
3) Alexander Boland 7	4) Nolan Vandenlanegberg 7
6 Longfellow Middle School	x56.37 2
1) D'Artagnan Wilk 8	2) Kehler Trost 7
3) Landon Schlittler 7	4) Gabe Yang 7
7 Longfellow Middle School 'B'	x56.81 2
1) Eddie Carey 8	2) Ayden Olson 8
3) Logan Olinger 8	4) Robbie Seehafer 8
8 Longfellow Middle School 'D'	x1:01.50 1
1) Tayson Barrett 7	2) Javell Clark 7
3) Clayton Taylor 7	4) Jabbar Muhammed 7
9 Aquinas Middle School 'C'	x1:04.09 1
1) Preston Atherton 6	2) Thomas Binsfeld 6
3) Rylan Gale 6	4) Clayton Schams 6
10 Longfellow Middle School 'F'	x1:13.75 1
1) Andrew Woyczik 6	2) Rylen Pfeifer 7
3) Iver Odegaard 6	4) Riley Clements 8

Boys 4x200 Meter Relay

School	Finals	H#	Points
1 Aquinas Middle School	1:50.59	2	6
1) Ian Honaker 8	2) Alex Penzkover 8		
3) Martez Sheard 8	4) Korbin Neher 8		
2 Winona Middle School	1:51.56	2	4
1) Leif Overhaug 7	2) Clayton Mlynczak 8		
3) Conner Zimmerman 8	4) Brayden Styba 8		
3 Longfellow Middle School	1:54.71	2	2
1) Gabe Yang 7	2) Liam Wilkerson 7		
3) D'Artagnan Wilk 8	4) Lukas Valentine 8		
4 Longfellow Middle School 'B'	x1:58.16	2	
1) Ayden Olson 8	2) Logan Olinger 8		
3) Robbie Seehafer 8	4) Owen Skemp 8		
5 Logan Middle School	2:02.62	2	
1) Elliot Heiden 8	2) Aaron Pedretti 7		
3) Jackson Schultz 8	4) Damarrion Thomas 8		
6 Longfellow Middle School 'C'	x2:06.00	2	
1) Joey Hermanson 8	2) Liam McMichael 8		
3) Dylan Salaski 8	4) Bennett Folkers 8		
7 Aquinas Middle School 'B'	x2:06.53	2	
1) Alexander Boland 7	2) Jackson Dahl 7		
3) Lydon Boberg 7	4) Keagan Gerling 7		
8 Longfellow Middle School 'D'	x2:07.22	1	
1) Tayson Barrett 7	2) Javell Clark 7		
3) Jabbar Muhammed 7	4) Landon Schlittler 7		
9 Longfellow Middle School 'F'	x2:13.79	1	
1) Andrew Woyczik 6	2) Rylen Pfeifer 7		
3) Oliver Walker 8	4) Iver Odegaard 6		

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Boys 4x400 Meter Relay

School	Finals	Points
1 Aquinas Middle School	4:30.63	6
1) Ian Honaker 8	2) Alex Penzkover 8	
3) Martez Sheard 8	4) Korbin Neher 8	
2 Longfellow Middle School 'B'	4:32.12	4
1) Ryan Wilder 8	2) Max Benson 8	
3) Theron Hamilton 8	4) Tayson Barrett 7	
3 Logan Middle School	4:57.97	2
1) Elliot Heiden 8	2) Tremell Jones 8	
3) Jackson Schultz 8	4) Damarrion Thomas 8	
4 Logan Middle School 'B'	x5:01.35	
1) Ethan Davey 8	2) Caleb Farmer 8	
3) Wil Howard 8	4) John Richardson 7	
5 Logan Middle School 'C'	x5:41.06	
1) Thatcher Blum 7	2) Nolan Davey 7	
3) Finley Duerst 8	4) Henry Sustar 6	
6 Longfellow Middle School 'C'	x5:58.60	
1) Isaac Vanberg 6	2) Henry Merkey 7	
3) Kellen Hamilton 6	4) Charlie Hall 7	

Boys High Jump

Name	Year School	Finals	Points
1 Jackson Noel	8 Longfellow M	5-00.00	6
2 Cullen Macglolshin	8 Longfellow M	4-10.00	4
3 Adiel Onyeabor	7 Aquinas Midd	4-08.00	3
4 Tayson Barrett	7 Longfellow M	J4-06.00	2
5 Jonah Scoville	8 Winona Middl	J4-06.00	1
6 Anders Van Rooyen	7 Aquinas Midd	J4-06.00	
7 Finley Duerst	8 Logan Middle School	J4-04.00	
8 Lincoln Stanek	8 Aquinas Midd	J4-04.00	
9 Thatcher Blum	7 Logan Middle School	4-02.00	
-- Nolan Davey	7 Logan Middle School	NH	

Boys Long Jump

Name	Year School	Finals	Points
1 Tremell Jones	8 Logan Middle School	16-01.00	6
2 Brayden Thomas	8 Longfellow M	14-05.00	4
3 Adiel Onyeabor	7 Aquinas Midd	14-03.50	3
4 Reese Haerer	7 Aquinas Midd	13-07.00	2
5 Ethan Krautkramer	8 Aquinas Midd	13-02.50	1
6 Wesley Olson	8 Longfellow M	13-01.00	
7 Lincoln Stanek	8 Aquinas Midd	12-11.50	
8 Ayden Olson	8 Longfellow M	12-10.50	
9 Reid Nicklay	7 Aquinas Midd	12-06.00	

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9	Ezra Ashby	8 Aquinas Midd	12-06.00
11	James Melde	7 Aquinas Midd	12-00.00
12	Anders Van Rooyen	7 Aquinas Midd	11-11.00
13	Mason Meindl	8 Aquinas Midd	11-08.00
14	Jacob Penzkover	7 Aquinas Midd	11-07.50
15	Ryan Wilder	8 Longfellow M	11-00.00
15	Iver Odegaard	6 Longfellow M	11-00.00
15	Hudson Zehren	7 Aquinas Midd	J11-00.00
16	Lydon Boberg	7 Aquinas Midd	J11-00.00
19	Jackson Dahl	7 Aquinas Midd	10-11.00
20	Benet Berendes	7 Aquinas Midd	10-10.00
21	Joseph Doely	7 Aquinas Midd	10-07.00
22	Lane Thrush	7 Aquinas Midd	9-09.00
--	Cooper Sonsalla	7 Aquinas Midd	FOUL
--	Keagan Gerling	7 Aquinas Midd	FOUL

Boys Triple Jump

Name	Year	School	Finals	Points
1	Jackson Noel	8 Longfellow M	33-04.00	6
2	Cullen Macglolshin	8 Longfellow M	31-05.50	4
3	Anders Van Rooyen	7 Aquinas Midd	27-05.00	3
4	Hudson Zehren	7 Aquinas Midd	26-07.00	2
5	Reid Nicklay	7 Aquinas Midd	25-03.00	1
6	Theron Hamilton	8 Longfellow M	24-08.00	
7	Joseph Doely	7 Aquinas Midd	23-03.00	

Boys Shot Put

Name	Year	School	Finals	H#	Points
1	Clayton Mlynczak	8 Winona Middl	36-05.00	2	6
2	Kenneth Cheney	8 Winona Middl	32-06.00	2	4
3	Oliver Walker	8 Longfellow M	32-03.00	1	3
4	AJ Korger	8 Aquinas Midd	32-00.50	2	2
5	Aidan Kimmerle-Lesser	8 Winona Middl	31-11.50	1	1
6	George Lundebreck	8 Logan Middle School	31-05.50	2	
7	Eddie Carey	8 Longfellow M	29-10.00	1	
8	Max Benson	8 Longfellow M	29-05.00	1	
9	Riley Clements	8 Longfellow M	29-02.50	2	
10	Will Nordeen	8 Aquinas Midd	28-07.50	2	
11	Clayton Taylor	7 Longfellow M	26-09.00	1	
12	Haden Brubaker	7 Logan Middle School	25-06.00	1	
13	Jeffrey Beier	7 Logan Middle School	23-10.00	2	
14	Braylen McKey	8 Logan Middle School	23-07.50	2	
15	Jackson Leger	8 Winona Middl	23-02.00	2	
16	Max Woodward	8 Logan Middle School	22-11.00	2	
16	Jared Schirm	7 Logan Middle School	22-11.00	1	

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18 Edison Erdmanczyk	7 Winona Middl	22-09.50	2
19 Alexander Moore	8 Aquinas Midd	22-05.50	2
20 Calvin Wolf	7 Longfellow M	20-11.50	1
21 Colton Smith	8 Winona Middl	19-06.00	1
22 Owen McMullen	6 Logan Middle School	13-03.50	2
23 Kyler Hellerude	6 Logan Middle School	10-11.50	1
24 Spencer Harpeneau	7 Longfellow M	2-10.50	1

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Women - Team Rankings - 14 Events Scored

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1) Aquinas Middle School	69	2) Longfellow Middle School	62.50
3) Winona Middle School	57.50	4) Logan Middle School	9

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Men - Team Rankings - 14 Events Scored

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1) Aquinas Middle School	77	2) Longfellow Middle School	67
3) Winona Middle School	51	4) Logan Middle School	17