

Lake Michigan Open
UW-Parkside - Frank Petretti Fieldhouse
Kenosha, Wisconsin - 1/21/2023
Results

Women 55 Meter Dash
Top 8 Advance by Time

Name	Year School	Prelims	H#
Preliminaries			
1 Ellyse Wolfrath	SO Northern Michigan	7.37q	1
2 Jahtivya Williams	FR Northern Michigan	7.41q	2
3 Emily Mikkelson	FR Wis.-Parkside	7.58q	1
4 Emme Burrough	SO Northern Michigan	7.63q	2
5 Gracie Wolfe	FR St. Norbert	7.67q	3
6 Nikki Tranel	SO St. Norbert	7.79q	1
7 Zoe Turner	FR Illinois Tech	7.82q	1
8 Arianah Carroll	JR Wis.-Parkside	7.83q	3
9 Iyana Simmons	SO Wis.-Parkside	7.88	2
10 Sydney Schroer	FR Wisconsin Lutheran	7.90	1
11 AJ Jones	FR Lake Forest	7.92	3
12 Evie Stamatis	FR Lake Forest	8.09	1
13 Kenna Flores	SO Illinois Tech	8.80	2
14 Gisella Di Prizio	FR Lake Forest	9.09	3
15 Katia Flores	SO Lake Forest	9.95	3

Women 55 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Ellyse Wolfrath	SO Northern Michigan	7.42	10
2 Jahtivya Williams	FR Northern Michigan	7.52	8
3 Gracie Wolfe	FR St. Norbert	7.61	6
4 Emily Mikkelson	FR Wis.-Parkside	7.64	4
5 Emme Burrough	SO Northern Michigan	7.65	2
6 Nikki Tranel	SO St. Norbert	7.82	1
7 Zoe Turner	FR Illinois Tech	7.83	
8 Arianah Carroll	JR Wis.-Parkside	7.89	

Women 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Zoe Turner	FR Illinois Tech	27.36	4	10
2 Amelia Moseman	FR Illinois Tech	27.65	4	8
3 AJ Jones	FR Lake Forest	28.17	3	6
4 Nikki Tranel	SO St. Norbert	28.32	4	4
5 Ally Zickert	SO St. Norbert	28.38	4	2
6 Gracie Wolfe	FR St. Norbert	28.57	3	1
7 Kalista Butkiewicz	FR Wis.-Parkside	28.78	1	
8 Sydney Schroer	FR Wisconsin Lutheran	30.50	3	
9 Jacquelyn Han	FR Lake Forest	30.95	3	
10 Evie Stamatis	FR Lake Forest	31.00	2	
11 Ella Jerdee	FR St. Norbert	32.60	1	

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....Women 200 Meter Dash

12 Gisella Di Prizio FR Lake Forest 33.94 2

Women 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Carolin Bothe	SR	Parkside Pines	X1:00.88	3	
2 Ahna Larson	SO	Northern Michigan	1:01.37	3	10
3 Jahtivya Williams	FR	Northern Michigan	1:02.88	1	8
4 Ciara Ostrenga	FR	Northern Michigan	1:03.23	1	6
5 Sydney Romps	SO	Northern Michigan	1:03.66	3	4
6 Grace Mildice	FR	Wis.-Parkside	1:04.08	2	2
7 Savannah Wittig	FR	Wis.-Parkside	1:05.34	2	1
8 Ashlee Mueller	JR	Wisconsin Lutheran	1:05.90	2	
9 Sara Wilson	SO	Wis.-Parkside	1:06.67	3	
10 Olivia Jameson	FR	Illinois Tech	1:09.50	1	
11 Annika McKown	FR	Illinois Tech	1:09.53	2	
12 Ella Jerdee	FR	St. Norbert	1:11.75	1	

Women 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Katja Bauerle	SO	Wis.-Parkside	2:13.85	2	10
2 Amanda Johnson		Wisconsin Runner	X2:26.73	2	
3 Beverly Harper	FR	Northern Michigan	2:28.35	2	8
4 McKenzie Gruner	FR	Northern Michigan	2:28.51	2	6
5 Olivia Ship	SO	St. Norbert	2:33.73	2	4
6 Gabriella Baltes	FR	Illinois Tech	2:35.46	2	2
7 Bijou Phillips	FR	St. Norbert	2:37.22	2	1
8 Veronika Colon Torres	SO	St. Norbert	2:37.45	1	
9 Emily Herried	SR	Wisconsin Lutheran	2:38.17	2	
10 Valerie Lending	FR	Illinois Tech	2:46.64	2	
11 Rachel Brettin	FR	Illinois Tech	2:48.92	2	
12 Becca Ray	JR	Lake Forest	2:57.01	1	
13 Julie Dorner	FR	Lake Forest	2:58.91	1	
14 Rawya Mechta	FR	Lake Forest	3:10.15	1	
15 Megan Petras	JR	St. Norbert	3:15.55	1	
16 Kate Kiamah	SO	Lake Forest	3:16.54	1	
17 Aditi Kumar	FR	Illinois Tech	3:23.20	1	
18 Heidi Cruz	SO	Lake Forest	3:25.47	1	
19 Elizabeth Ross	FR	Lake Forest	3:27.99	1	
20 Sriya Avadhanam	FR	Illinois Tech	4:12.60	1	

Women 1 Mile Run

Name	Year	School	Finals	H#	Points
1 Sonja Mitrovic	SO	Wis.-Parkside	5:29.22	2	10

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....Women 1 Mile Run

2 Lilly Majestic	JR Northern Michigan	5:29.57	2	8
3 Ella Rondeau	SO Wis.-Parkside	5:30.86	2	6
4 Skylar Grubb	SO Northern Michigan	5:33.30	2	4
5 Faith Mertzig	SR St. Norbert	5:40.55	2	2
6 Meghan Langworthy	JR Northern Michigan	5:41.29	2	1
7 Paige Anderson	FR Northern Michigan	5:44.12	2	
8 Emma Sweeney	FR Northern Michigan	5:44.74	2	
9 Emma Moore	FR Northern Michigan	5:44.84	2	
10 Brenna Cisler	SR St. Norbert	5:48.06	1	
11 Elliott Smith	FR Northern Michigan	5:51.07	2	
12 Brooke Graesslin	SR Wisconsin Lutheran	5:53.76	2	
13 Cecilia Quevedo	SO Wis.-Parkside	5:56.19	1	
14 Hallie Hoger	FR Wis.-Parkside	5:57.07	2	
15 Sophia Halama	FR Illinois Tech	5:58.02	1	
16 Monika Wolska	FR Lake Forest	6:00.38	1	
17 Roman Menhart	FR Northern Michigan	6:00.44	1	
18 Ellee Grunwald	SO St. Norbert	6:07.06	1	
19 Delfina Jorgensen	SO Lake Forest	6:18.29	1	
20 Amy Czauderna	FR Lake Forest	6:49.48	1	
21 Natalie Drane	SO St. Norbert	6:58.17	1	
22 Kara Connolly	FR Illinois Tech	7:00.79	1	
23 Atlas Hampton-Gregory	FR Lake Forest	7:07.17	1	

Women 3000 Meter Run

Name	Year School	Finals	Points
1 Madi Szymanski	FR Northern Michigan	10:04.99	10
2 Emily Sterling	JR Northern Michigan	10:52.04	8
3 Talon Prusi	SO Northern Michigan	11:00.69	6
4 Lilly Majestic	JR Northern Michigan	11:02.27	4
5 Skylar Grubb	SO Northern Michigan	11:11.68	2
6 Meghan Langworthy	JR Northern Michigan	11:11.96	1
7 Emma Moore	FR Northern Michigan	11:30.42	
8 Sarah Kulas	SO St. Norbert	11:46.92	
9 Paige Anderson	FR Northern Michigan	11:48.15	
10 Emma Sweeney	FR Northern Michigan	11:48.29	
11 Dijana Mitrovic	SO Wis.-Parkside	11:48.52	
-- Kristin Hintz	SO St. Norbert	DNF	

Women 55 Meter Hurdles

Top 8 Advance by Time

Name	Year School	Prelims	H#
Preliminaries			
1 Ellyse Wolfrath	SO Northern Michigan	8.31q	1
2 Sydney Romps	SO Northern Michigan	9.05q	2
3 Ahna Larson	SO Northern Michigan	9.13q	2

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....Women 55 Meter Hurdles

4 Alaura Busch	SO Wis.-Parkside	9.38q	1
5 Sammi Digman	SR St. Norbert	9.42q	2
6 Lauren Borchardt	SO St. Norbert	10.59q	1
7 Jacquelyn Han	FR Lake Forest	10.72q	1

Women 55 Meter Hurdles

Name	Year School	Finals	Points
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Finals			
1 Ellyse Wolfrath	SO Northern Michigan	8.32	10
2 Sydney Romps	SO Northern Michigan	9.33	8
3 Lauren Borchardt	SO St. Norbert	9.35	6
4 Sammi Digman	SR St. Norbert	9.73	4
5 Jacquelyn Han	FR Lake Forest	10.30	2
6 Ahna Larson	SO Northern Michigan	10.63	1

Women 4x400 Meter Relay

School	Finals	Points
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1 Wis.-Parkside	4:18.90	10
1) Grace Mildice FR	2) Sonja Mitrovic SO	
3) Hallie Hoger FR	4) Ella Rondeau SO	
2 Illinois Tech	4:22.17	8
1) Gabriella Baltas FR	2) Amelia Moseman FR	
3) Annika McKown FR	4) Zoe Turner FR	
3 Northern Michigan	4:23.46	6
1) Crystal Walker SO	2) Beverly Harper FR	
3) Roman Menhart FR	4) Teiolla Harvey FR	
4 Illinois Tech 'B'	x4:58.88	
1) Valerie Lending FR	2) Sophia Halama FR	
3) Rachel Brettin FR	4) Kara Connolly FR	
-- Wisconsin Lutheran	DNF	
1) Brooke Graesslin SR	2) Ashlee Mueller JR	
3) Emily Herried SR	4) Sydney Schroer FR	

Women Distance Medley

School	Finals	Points
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1 St. Norbert	14:36.43	10
1) Faith Mertzig SR	2) Natalie Drane SO	
3) Ellee Grunwald SO	4) Brenna Cisler SR	



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Women High Jump

Name	Year	School	Finals	Points
1 Olivia Jameson	FR	Illinois Tech	1.60m	5-03.00 10
1.40 1.45 1.50 1.55 1.60 1.65				
O O O O XXO XXX				
2 Jacqueline Smith	FR	Northern Michigan	1.55m	5-01.00 8
1.45 1.50 1.55 1.60				
O O O XXX				
3 Iyana Simmons	SO	Wis.-Parkside	J1.55m	5-01.00 6
1.40 1.45 1.50 1.55 1.60				
O O O XXO XXX				
4 Annika McKown	FR	Illinois Tech	1.50m	4-11.00 4
1.40 1.45 1.50 1.55				
O XXO XO XXX				
5 McKenzie Gruner	FR	Northern Michigan	1.45m	4-09.00 2
1.40 1.45 1.50				
O O XXX				
6 Amereka McPherson	FR	St. Norbert	J1.45m	4-09.00 1
1.40 1.45 1.50				
XO XO XXX				
7 Ally Zickert	SO	St. Norbert	1.35m	4-05.00
1.25 1.30 1.35 1.40				
XO O XXO XXX				
8 Megan Petras	JR	St. Norbert	1.20m	3-11.25
1.15 1.20 1.25				
XO O XXX				

Women Pole Vault

Name	Year	School	Finals	Points
1 Leah Root	SO	Northern Michigan	3.45m	11-03.75 10
3.30 3.45 3.68				
O O XXX				
2 Grace Kowalkowski	SR	St. Norbert	J3.30m	10-10.00 8
3.30 3.45				
O XXX				
3 Rebecca Lane	FR	Northern Michigan	J3.30m	10-10.00 6
3.00 3.15 3.30 3.45				
XO O O XXX				
4 Emily Czeiszperger	FR	Northern Michigan	J3.30m	10-10.00 4
3.00 3.15 3.30 3.45				
O XO XO XXX				
5 Amber Tomazevic	SO	Wis.-Parkside	3.15m	10-04.00 2
2.85 3.00 3.15 3.30				
O O XO XXX				
6 Isabella Galindo	FR	St. Norbert	J2.55m	8-04.25 1
2.40 2.55 2.70				
O XO XXX				

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....Women Pole Vault

7 Lara Deshler	FR St. Norbert	J2.55m	8-04.25
2.40 2.55 2.70			
O XXO XXX			
8 Madeline Kilps	FR St. Norbert	2.25m	7-04.50
2.25 2.40			
O XXX			
-- Kalista Butkiewicz	FR Wis.-Parkside	NH	
3.15			
XXX			

Women Long Jump

Name	Year	School	Finals	Points
1 Rachel Blaskowski	FR	Wis.-Parkside	5.78m	18-11.75 10
5.45m 5.51m 5.78m		5.30m 5.46m 5.78m		
2 Akirah Venerable	SO	Northern Michigan	5.55m	18-02.50 8
PASS 5.45m 5.55m		5.47m PASS PASS		
3 Marissa Lorenz	SO	St. Norbert	4.97m	16-03.75 6
FOUL 4.74m 4.69m		4.97m FOUL 4.92m		
4 Alaura Busch	SO	Wis.-Parkside	4.96m	16-03.25 4
4.94m 4.96m 4.86m		PASS PASS PASS		
5 Amereka McPherson	FR	St. Norbert	4.90m	16-01.00 2
4.56m 4.29m 4.75m		FOUL 4.90m 4.80m		
6 Amelia Moseman	FR	Illinois Tech	4.66m	15-03.50 1
4.36m FOUL FOUL FOUL		4.66m FOUL		
7 Brooke Soles	FR	Wis.-Parkside	4.36m	14-03.75
4.15m 4.17m 4.26m		4.36m 4.27m 4.16m		
8 Kenna Flores	SO	Illinois Tech	3.82m	12-06.50
3.80m 3.67m 3.70m		3.71m 3.75m 3.82m		
9 Bella Ortiz	FR	Illinois Tech	3.67m	12-00.50
3.41m FOUL 3.67m		FOUL 3.61m 3.59m		

Women Triple Jump

Name	Year	School	Finals	Points
1 Victoria Lendal	SO	Wis.-Parkside	11.66m	38-03.25 10
FOUL 11.66m 11.50m		11.22m FOUL 11.56m		
2 Mckenna Armstrong	SO	Wis.-Parkside	10.83m	35-06.50 8
10.29m 10.46m 10.83m		10.29m 10.32m FOUL		
3 Marissa Lorenz	SO	St. Norbert	10.77m	35-04.00 6
FOUL 10.45m 10.49m		10.57m 10.55m 10.77m		
4 Leah Root	SO	Northern Michigan	10.63m	34-10.50 4
10.26m 10.53m 10.30m		FOUL 10.63m 10.46m		
5 Anna Kluever	SO	Wis.-Parkside	9.79m	32-01.50 2
FOUL FOUL 9.79m		9.49m 9.19m FOUL		

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Women Shot Put

Name	Year	School	Finals	H#	Points
1 Megan Petras	JR	St. Norbert	11.41m	37-05.25	2 10
10.90m 11.09m 10.85m 11.41m 11.14m 10.62m					
2 Michelle Barnvos	SO	Wis.-Parkside	10.62m	34-10.25	2 8
10.62m 10.50m 10.33m PASS 9.93m 10.56m					
3 Alizabeth Little	FR	Northern Michigan	10.19m	33-05.25	2 6
9.17m 10.19m 10.19m 8.88m 8.94m 8.81m					
4 Adelyn Sanders	SO	Northern Michigan	10.10m	33-01.75	2 4
9.95m 10.08m 10.10m 9.69m 10.06m FOUL					
5 Kayla Starnes	SO	St. Norbert	9.97m	32-08.50	2 2
9.65m 9.87m 9.20m 9.97m 8.86m 9.15m					
6 Emily Gonnering	SR	St. Norbert	9.58m	31-05.25	2 1
FOUL 9.48m 8.61m 8.95m 9.58m FOUL					
7 Hannah Vlies	FR	Wis.-Parkside	9.46m	31-00.50	1
9.20m 8.59m 8.81m 8.85m 9.46m 9.23m					
8 Abby Winzenried	SR	St. Norbert	9.34m	30-07.75	2
FOUL 8.84m 9.25m 9.01m 9.34m PASS					
9 Alaura Busch	SO	Wis.-Parkside	9.24m	30-03.75	1
9.24m FOUL FOUL 8.23m 8.91m 8.15m					
10 Kayla Pagel	SR	Wisconsin Lutheran	9.19m	30-02.00	2
FOUL 8.65m 9.19m					
11 Emily Maynard	SO	Wis.-Parkside	8.82m	28-11.25	2
7.78m 8.70m 8.82m					
12 Leah Schmidt	FR	Wisconsin Lutheran	8.48m	27-10.00	1
8.42m 8.48m 8.43m					
13 Gloria Tyler	SO	St. Norbert	7.51m	24-07.75	1
7.21m 7.26m 7.51m					
14 Paige Sweem	SR	Wisconsin Lutheran	7.08m	23-02.75	1
7.08m 6.45m 6.53m					
15 Leen Abounayef	SO	Lake Forest	6.12m	20-01.00	1
5.64m 5.73m 6.12m					
16 Adela Rivas	FR	Illinois Tech	5.38m	17-08.00	1
4.97m 5.38m 5.27m					

Women Weight Throw

Name	Year	School	Finals	Points
1 Kayla Starnes	SO	St. Norbert	14.20m	46-07.25 10
FOUL 12.90m 14.20m 13.74m 8.31m 13.13m				
2 Gloria Tyler	SO	St. Norbert	13.23m	43-05.00 8
11.59m FOUL 12.61m 12.83m 13.23m 12.90m				
3 Emily Gonnering	SR	St. Norbert	12.59m	41-03.75 6
12.59m 11.81m 12.52m 12.39m 12.45m PASS				
4 Hannah Vlies	FR	Wis.-Parkside	11.80m	38-08.75 4
FOUL FOUL 10.13m 10.99m 11.80m 11.39m				
5 Alizabeth Little	FR	Northern Michigan	11.59m	38-00.25 2
11.44m 10.09m 11.47m 11.59m 11.51m 10.35m				

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6 Emily Maynard	SO Wis.-Parkside	11.34m	37-02.50	1
10.17m 11.34m FOUL FOUL 9.54m 10.71m				
7 Adelyn Sanders	SO Northern Michigan	11.13m	36-06.25	
11.13m 11.10m 10.50m 10.57m 10.31m 11.01m				
8 Kayla Pagel	SR Wisconsin Lutheran	10.93m	35-10.50	
10.93m PASS FOUL 10.86m FOUL 10.58m				
9 Abby Winzenried	SR St. Norbert	10.29m	33-09.25	
9.24m 9.35m 10.29m FOUL FOUL PASS				
10 Paige Sweem	SR Wisconsin Lutheran	9.10m	29-10.25	
5.99m 8.16m 9.10m				
11 Leah Schmidt	FR Wisconsin Lutheran	8.33m	27-04.00	
8.33m FOUL FOUL				
12 Adela Rivas	FR Illinois Tech	4.53m	14-10.50	
2.73m 4.53m FOUL				

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Women - Team Rankings - 15 Events Scored

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1) Northern Michigan	185	2) St. Norbert	102
3) Wis.-Parkside	98	4) Illinois Tech	43
5) Lake Forest	8		

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Men - Team Rankings - 15 Events Scored

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1) Wis.-Parkside	210.50	2) St. Norbert	101.50
3) Illinois Tech	54	4) Wisconsin Lutheran	33
5) Lake Forest	21		