

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/21/2023
Results

Girls 55 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Taylor Wing	10	Maquoketa	7.39	6	10
2 Jovi Evans	9	Mid-Prairie	7.51	4	8
3 Paige Holst	12	Northeast	7.59	6	6 7.586
4 Ella Blinkinsop	12	Camanche	7.59	6	5 7.589
5 Reese Kuhlman	11	Maquoketa	7.65	6	4
6 Adessa Leibfried	12	Bellevue	7.72	6	3
7 Jayden Cravatta	11	Camanche	7.73	6	2
8 Gracie Sanderson	12	Camanche	7.84	6	1
9 Dakota Mitchell	10	Mid-Prairie	7.89	4	
10 Alivia Chambers	9	Northeast	7.91	5	
11 Avery Kies	11	Regina	7.93	5	
12 Grace Nauman	12	Camanche	7.94	5	
13 Tayla Leibfried	10	Bellevue	7.96	5	
14 Niveah Decker	11	Mid-Prairie	8.01	4	8.005
15 Katie Christiansen	10	Maquoketa	8.01	6	8.009
16 Jasalyn Jensen	9	Northeast	8.06	5	
17 Reise Neuhaus	10	Anamosa	8.11	4	
18 Chloee Abeln	10	Maquoketa	8.12	1	8.114
19 Allison Clark	11	Regina	8.12	1	8.117
20 Lauryn Tarr	9	Northeast	8.25	5	
21 Sophia Tigges	12	Bellevue	8.30	5	
22 Ellie Green	11	Cascade	8.34	5	
23 Alaina Timmerman	11	Regina	8.35	3	
24 Emyerson Green	10	Cascade	8.45	4	
25 Lauren Verhagen	11	Monticello	8.49	4	
26 Gabi Barnhart	11	Monticello	8.50	4	
27 Halle Gatto	10	Anamosa	8.51	3	
28 Lilly Sutton	10	Cascade	8.54	3	
29 Reagan Schneiter	12	Monticello	8.55	3	
30 Cydney Tath	9	Bellevue	8.59	3	
31 Lauren Fey	9	Mid-Prairie	8.60	3	
32 Berlyn O'Connor	12	Regina	8.66	4	
33 Allysa Power	12	Anamosa	8.68	3	
34 Carly Manternach	9	Cascade	8.78	3	
35 Rebekah Graham	9	Anamosa	8.84	2	
36 Zoey Hagen	10	Tipton	8.85	2	
37 Briseyda Rodriguez	9	Beckman Catholic	8.94	2	
38 Paige Thomas	9	Tipton	8.98	2	
39 Madison Goedken	9	Beckman Catholic	9.01	2	
40 Gianna Westhoff	10	Beckman Catholic	9.06	2	
41 Genevieve Stewart	9	Tipton	9.12	1	
42 Izzy Lutgen	11	Beckman Catholic	9.24	2	
43 Anna Thomas	11	Tipton	9.87	2	

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Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Tabitha Evans	12	Mid-Prairie	26.56	6	10
2 Devin Simon	12	Cascade	26.87	6	8
3 Paige Holst	12	Northeast	26.98	5	6
4 Taylor Wing	10	Maquoketa	27.21	5	5
5 Reese Kuhlman	11	Maquoketa	27.46	6	4
6 Adessa Leibfried	12	Bellevue	28.32	6	3
7 Ella Blinkinsop	12	Camanche	28.51	6	2
8 Chloee Abeln	10	Maquoketa	28.74	5	1
9 Avery Recker	9	Regina	29.04	1	
10 Avery Kies	11	Regina	29.08	4	
11 Tatum Nebergall	10	Tipton	29.15	6	
12 Brianna Koppes	12	Cascade	29.48	4	
13 Alivia Chambers	9	Northeast	29.64	4	
14 Kate Green	10	Cascade	29.93	5	
15 Reese Naeve	9	Regina	30.03	1	
16 Anniese Beeler-Allen	9	Tipton	30.26	5	
17 Judith Williams	10	Beckman Catholic	30.69	2	
18 Morgan Meyer	12	Bellevue	30.85	5	
19 Lauryn Tarr	9	Northeast	30.95	3	
20 Jazmine Woode	12	Tipton	31.38	3	
21 Becca Goerdts	10	Beckman Catholic	31.42	2	
22 Maike Brenner	11	Camanche	31.60	4	
23 Lauren Verhagen	11	Monticello	31.67	4	
24 Caitlyn Gorman	9	Anamosa	31.69	2	
25 Elise Gingerich	9	Mid-Prairie	31.71	4	
26 Cadence Spores	10	Anamosa	31.97	2	
27 Kaylin Noll	11	Monticello	32.20	3	
28 Jami Portz	11	Bellevue	32.44	3	
29 Sophie Miller	9	Mid-Prairie	32.48	3	
30 Gianna Westhoff	10	Beckman Catholic	33.10	2	
31 Ella Glawatz	12	Monticello	33.19	3	
32 Allie Althoff	11	Anamosa	33.84	2	
33 Gracie Haack	9	Camanche	37.15	1	

Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Tabitha Evans	12	Mid-Prairie	1:01.58	5	10
2 Reese Kuhlman	11	Maquoketa	1:03.05	5	8
3 Marisa Kehoe	11	Monticello	1:05.23	4	6
4 Claire Montgomery	10	Tipton	1:05.29	5	5
5 Addie Nerem	11	Tipton	1:05.39	5	4
6 Jeorgia Neumann	10	Camanche	1:05.79	5	3
7 Addison Frake	9	Cascade	1:06.19	5	2
8 Grace Rhomberg	12	Cascade	1:07.70	4	1
9 Teryn Hansen	9	Northeast	1:09.74	4	

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10	Rieley Burken	9	Northeast	1:09.75	4
11	Ella Keune	9	Regina	1:09.85	1
12	Calie Waltz	9	Camanche	1:10.19	4
13	Rylee Wing	10	Maquoketa	1:11.17	3
14	Finley Starr	10	Maquoketa	1:11.37	3
15	Elise Gingerich	9	Mid-Prairie	1:11.40	3
16	Izzy Beal	11	Camanche	1:12.62	4
17	Avery Recker	9	Regina	1:13.63	1
18	Savannah Freese	12	Monticello	1:14.25	3
19	Ana Lower	9	Northeast	1:15.81	2
20	Claire Waikel	10	Regina	1:15.96	1
21	Olivia Zimmerman	12	Monticello	1:16.35	2
22	Jade Sprout	10	Bellevue	1:17.83	2
23	Hannah Braet	11	Bellevue	1:18.42	3
24	Chloe Borst	11	Anamosa	1:18.81	1
25	Rebekah Graham	9	Anamosa	1:19.08	1
26	Madison Ward	11	Anamosa	1:19.52	2
27	Jordan Hennings	10	Bellevue	1:22.42	1
28	Alaina Safly	9	Mid-Prairie	1:23.87	3

Girls 800 Meter Run

Name	Year	School	Finals	H#	Points	
1	Danielle Hostetler	11	Mid-Prairie	2:24.98	3	10
2	Alivia Edens	11	Tipton	2:35.46	3	8
3	Mack Walter	11	Tipton	2:35.60	3	6
4	Julia Mertz	11	Beckman Catholic	2:39.72	3	5
5	Clare Hackman	12	Maquoketa	2:40.12	3	4
6	Grace Ketelsen	12	Northeast	2:40.56	3	3
7	Hallie Kelchen	9	Cascade	2:41.78	3	2
8	Halle Recker	9	Monticello	2:41.96	3	1
9	Jeorgia Neumann	10	Camanche	2:46.21	3	
10	Emma Althoff	12	Monticello	2:46.65	3	
11	Lilly Supple	9	Cascade	2:47.05	2	
12	Gretchyn Fairlie	10	Camanche	2:47.47	2	
13	Maria Dudzik	11	Beckman Catholic	2:49.28	2	
14	Jazmine Johnson	9	Northeast	2:53.06	2	
15	Allison Bean	11	Maquoketa	2:53.21	2	
16	Madelyn Reiter	10	Beckman Catholic	2:54.43	2	
17	Annie Trumm	9	Cascade	2:56.11	1	
18	Bri Kearney	9	Monticello	2:56.33	1	
19	Ryan Carlson	9	Anamosa	2:59.12	2	
20	Kali Miller	11	Mid-Prairie	2:59.21	2	
21	Faith Boileau	11	Regina	3:07.64	1	
22	Addison Holst	10	Northeast	3:08.97	1	
23	Hannah Rodgers	9	Mid-Prairie	3:10.53	1	
24	Elizabeth Johnson	9	Regina	3:13.45	1	
25	Caejyn Helgens	10	Anamosa	3:13.75	1	

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....Girls 800 Meter Run

26 Evie Petersen	9 Tipton	3:14.77	1
27 Audrey Fort	9 Anamosa	3:16.88	1

Girls 1500 Meter Run

Name	Year	School	Finals	H#	Points
1 Danielle Hostetler	11	Mid-Prairie	4:56.54	2	10
2 Hallie Kelchen	9	Cascade	5:18.44	2	8
3 Abby Fleming	11	Mid-Prairie	5:19.54	2	6
4 Emma Althoff	12	Monticello	5:19.82	2	5
5 Julia Mertz	11	Beckman Catholic	5:20.55	2	4
6 Ava Capron	10	Monticello	5:25.89	2	3
7 Phoebe Shetler	11	Mid-Prairie	5:28.56	2	2
8 Laura Owen	10	Tipton	5:31.72	2	1
9 Alivia Edens	11	Tipton	5:33.58	2	
10 Ava Remley	9	Anamosa	5:34.69	2	
11 Gretchyn Fairlie	10	Camanche	5:42.62	1	
12 Maria Dudzik	11	Beckman Catholic	5:43.92	1	
13 Lilly Supple	9	Cascade	5:44.51	2	
14 Madelyn Reiter	10	Beckman Catholic	5:46.27	1	
15 Karli Hines	10	Tipton	5:53.16	1	
16 Ashlynn Brown	12	Anamosa	5:53.67	2	
17 Grace Hingtgen	11	Bellevue	5:53.80	1	
18 Mya Whitaker	12	Regina	5:56.47	1	
19 Ruby Eastman	9	Regina	6:08.75	1	
20 Ali Simmons	11	Maquoketa	6:18.89	1	
21 Audrey Fort	9	Anamosa	6:40.76	1	
22 Delaney Dunne	12	Bellevue	6:48.81	1	
23 Brittney Hovey	12	Maquoketa	6:55.25	1	

Girls 55 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Devin Simon	12	Cascade	8.88	4	10
2 Kate Green	10	Cascade	9.22	4	8
3 Amara Jones	12	Mid-Prairie	9.42	4	6
4 Reese Naeve	9	Regina	9.53	1	5
5 Mya Curry	11	Cascade	9.71	4	4
6 Kacy Williams	11	Maquoketa	9.72	4	3
7 Brianna Koppes	12	Cascade	9.83	4	2
8 Abby Knepper	12	Beckman Catholic	10.03	4	1
9 Jazmine Woode	12	Tipton	10.11	3	
10 Ashlee Farrier	10	Mid-Prairie	10.32	3	
11 Kylie Trentz	10	Maquoketa	10.33	3	
12 Emily Schlabach	12	Mid-Prairie	10.44	3	
13 Ava Zimmerman	9	Monticello	10.53	3	
14 Cadence Spores	10	Anamosa	10.54	2	

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15 Olivia Schlabach	9 Mid-Prairie	10.60	4
16 Celina Hermann	11 Camanche	10.73	3
17 Finley Starr	10 Maquoketa	10.76	1
18 Aleayah Card	9 Camanche	10.84	3
19 Rilie Little	9 Anamosa	10.93	1
20 Kayla Burkle	10 Beckman Catholic	11.17	3
21 Savannah Freese	12 Monticello	11.42	2
22 Larissa Fultner	12 Maquoketa	11.69	1
23 Callie Linnville	10 Camanche	11.81	2
24 Emily Meier	9 Tipton	11.89	2
25 Madison Ward	11 Anamosa	11.94	2
26 Hannah Butterworth	9 Monticello	12.98	2
27 Sophia Geistkemper	11 Beckman Catholic	13.72	2

Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Mid-Prairie	1:51.28	4	10
1) Madeline Schrader 12			
3) Jovi Evans 9			
2 Maquoketa	1:51.95	4	8
1) Kacy Williams 11			
3) Katie Christiansen 10			
3 Northeast	1:53.65	3	6
1) Alivia Chambers 9			
3) Alyssa Fowler 12			
4 Tipton	1:53.79	4	5
1) Annie Beeler-Allen 9			
3) Claire Montgomery 10			
5 Bellevue	1:55.29	3	4
1) Morgan Meyer 12			
3) Catherine Dunne 10			
6 Cascade	1:55.85	4	3
1) Molly Roling 10			
3) Mya Curry 11			
7 Regina	1:56.21	2	2
8 Anamosa	1:59.57	3	1
1) Halle Gatto 10			
3) Kaylee Fairbanks 11			
9 Camanche	1:59.61	4	
1) Grace Nauman 12			
3) Jayden Cravatta 11			
10 Cascade 'B'	x1:59.80	2	
1) Brianna Koppes 12			
3) Ellie Green 11			
11 Monticello	2:02.14	3	
1) Gabi Barnhart 11			
3) Kaylin Noll 11			

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....Girls 4x200 Meter Relay

12 Tipton 'B'	x2:02.47	3	
1) Delany Chambliss 9	2) Zoe Holstein 9		
3) Storm Snyder 9	4) Bella Dellege 9		
13 Camanche 'B'	x2:02.67	3	
1) Krishel Kalina 10	2) Calie Waltz 9		
3) Izzy Beal 11	4) Maike Brenner 11		
14 Bellevue 'B'	x2:04.42	2	
1) Jami Portz 11	2) Sophia Tigges 12		
3) Cydney Tath 9	4) Caitlyn Klein 10		
15 Northeast 'B'	x2:05.15	1	
1) Lauryn Tarr 9	2) Rielely Burken 9		
3) Addison Holst 10	4) Ana Lower 9		
16 Beckman Catholic	2:05.26	1	
1) Becca Goerdts 10	2) Sophia Geistkemper 11		
3) Kayla Burkle 10	4) Judith Williams 10		
17 Regina 'B'	x2:07.35	1	
18 Beckman Catholic 'B'	x2:10.89	1	
1) Taylor Forrest 9	2) Briseyda Rodriguez 9		
3) Madison Goedken 9	4) Izzy Lutgen 11		
19 Monticello 'B'	x2:13.93	2	
-- Mid-Prairie 'B'	DQ	4	out of zone 1-2
1) Dakota Mitchell 10	2) Lanee Duwa 10		
3) Emma Lueck 11	4) Sophia Schwartz 11		
-- Anamosa 'B'	DQ	2	out of zone 3-4
1) Kayla Noll-Heims 12	2) Allysa Power 12		
3) Crystal Bonifazi-King 9	4) Gabbi Kjormoe 9		

Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Cascade	4:17.69	4	10
1) Molly Roling 10	2) Mya Curry 11		
3) Addison Frake 9	4) Devin Simon 12		
2 Tipton	4:28.84	4	8
1) Claire Montgomery 10	2) Addie Nerem 11		
3) Mack Walter 11	4) Anniese Beeler-Allen 9		
3 Monticello	4:30.24	4	6
1) Keziah McQuillen 11	2) Ava Zimmerman 9		
3) Leah Koehler 10	4) Marisa Kehoe 11		
4 Northeast	4:31.10	4	5
1) Teryn Hansen 9	2) Alyssa Fowler 12		
3) Jasalyn Jensen 9	4) Paige Holst 12		
5 Mid-Prairie	4:33.47	4	4
1) Greta Sieren 11	2) Annika Poll 11		
3) Tabitha Evans 12	4) Lanee Duwa 10		
6 Camanche	4:37.20	4	3
1) Miley Duritza 10	2) Izzy Beal 11		
3) Calie Waltz 9	4) Jeorgia Neumann 10		

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7 Maquoketa	4:39.18	3	2
1) Justice Armbruster 9		2) Kalyn Hackman 10	
3) Kylie Trentz 10		4) Chloee AbeIn 10	
8 Cascade 'B'	x4:39.85	3	
1) Brooklyn Trumm 9		2) Ella Nauman 10	
3) Grace Rhomberg 12		4) Annie Trumm 9	
9 Monticello 'B'	x4:43.33	3	
10 Anamosa	4:45.04	2	1
1) Savanna Venenga 11		2) Kaylee Fairbanks 11	
3) Regan Nebergall 10		4) Alliya Vratney 10	
11 Mid-Prairie 'B'	x4:46.98	3	
1) Grace Conway 12		2) Dessa Poll 10	
3) Sophia Schwartz 11		4) Ashlee Farrier 10	
12 Northeast 'B'	x4:49.57	3	
1) Grace Ketelsen 12		2) Rieleley Burken 9	
3) Faith Ketelsen 12		4) Addison Holst 10	
13 Camanche 'B'	x4:56.70	2	
1) Krishel Kalina 10		2) Celina Hermann 11	
3) Hazel Fuller 9		4) Grace Nauman 12	
14 Tipton 'B'	x4:57.10	2	
1) Zoe Holstein 9		2) Emily Meier 9	
3) Addi Tholen 11		4) Zoey Hagen 10	
15 Regina	4:57.16	1	
16 Bellevue	5:05.28	2	
1) Grace Hingtgen 11		2) Hannah Braet 11	
3) Delaney Dunne 12		4) Jade Sprout 10	
17 Anamosa 'B'	x5:24.03	1	
1) Gabbi Kjormoe 9		2) Crystal Bonifazi-King 9	
3) Kayla Noll-Heims 12		4) Madison Ward 11	
18 Maquoketa 'B'	x5:31.31	2	
1) Erin Otten 11		2) Quinn Williams 12	
3) Lexi Wallroff 10		4) Holly Manders 10	
19 Regina 'B'	x6:10.07	1	

Girls 4x800 Meter Relay

School	Finals	H#	Points
1 Tipton	10:11.33	2	10
1) Addie Nerem 11		2) Claire Montgomery 10	
3) Mack Walter 11		4) Alivia Edens 11	
2 Monticello	10:11.52	2	8
1) Marisa Kehoe 11		2) Leah Koehler 10	
3) Halle Recker 9		4) Ava Capron 10	
3 Mid-Prairie	10:29.95	2	6
1) Danielle Hostetler 11		2) Abby Fleming 11	
3) Phoebe Shetler 11		4) Greta Sieren 11	
4 Maquoketa	10:45.19	2	5
1) Justice Armbruster 9		2) Allison Bean 11	

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3) Kalynd Hackman 10	4) Clare Hackman 12		
5 Northeast	10:47.99	2	4
1) Grace Ketelsen 12	2) Teryn Hansen 9		
3) Faith Ketelsen 12	4) Jazmine Johnson 9		
6 Cascade	11:00.28	2	3
1) Hallie Kelchen 9	2) Ella Nauman 10		
3) Lilly Supple 9	4) Anna Conlin 12		
7 Beckman Catholic	11:07.67	2	2
1) Maria Dudzik 11	2) Julia Mertz 11		
3) Kennedy Recker 11	4) Madelyn Reiter 10		
8 Anamosa	11:14.88	1	1
1) Savanna Venenga 11	2) Regan Nebergall 10		
3) Ashlynn Brown 12	4) Ava Remley 9		
9 Tipton 'B'	x11:27.44	1	
1) Laura Owen 10	2) Addi Tholen 11		
3) Karli Hines 10	4) Shelby Griebat 9		
10 Bellevue	11:31.65	1	
1) Catherine Dunne 10	2) Grace Hingtgen 11		
3) Hannah Braet 11	4) Delaney Dunne 12		
11 Mid-Prairie 'B'	x11:38.50	1	
1) Annika Poll 11	2) Dessa Poll 10		
3) Grace Conway 12	4) Rebekah Wallington 9		
12 Regina	12:10.02	1	
13 Monticello 'B'	x12:10.87	1	
14 Anamosa 'B'	x12:50.00	1	
1) Chloe Borst 11	2) Ryan Carlson 9		
3) Audrey Fort 9	4) Caejyn Helgens 10		
15 Maquoketa 'B'	x13:04.84	1	
1) Erin Otten 11	2) Finley Starr 10		
3) Hailey Veach 10	4) Evelyn Nelson 10		

Girls 1600 Sprint Medley

School	Finals	H#	Points
1 Mid-Prairie	4:29.91	2	10
1) Dakota Mitchell 10	2) Lanee Duwa 10		
3) Jovi Evans 9	4) Greta Sieren 11		
2 Monticello	4:40.20	2	8
1) Gabi Barnhart 11	2) Ava Zimmerman 9		
3) Keziah McQuillen 11	4) Leah Koehler 10		
3 Maquoketa	4:46.41	2	6
1) Kylie Trentz 10	2) Cora Widel 9		
3) Kalynd Hackman 10	4) Justice Armbruster 9		
4 Tipton	4:49.59	2	5
1) Annie Beeler-Allen 9	2) Tatum Nebergall 10		
3) Zoe Holstein 9	4) Laura Owen 10		
5 Anamosa	4:52.85	2	4
1) Regan Nebergall 10	2) Reise Neuhaus 10		

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3) Alliya Vratney 10	4) Savanna Venenga 11			
6 Bellevue		4:55.07	2	3
1) Morgan Meyer 12	2) Jami Portz 11			
3) Adessa Leibfried 12	4) Catherine Dunne 10			
7 Beckman Catholic		5:17.28	1	2
1) Anna Sperslage 10	2) Sophia Geistkemper 11			
3) Kayla Burkle 10	4) Kennedy Recker 11			
8 Regina		5:18.59	1	1
9 Camanche		5:27.38	1	
1) Callie Linnville 10	2) Payton Flack 9			
3) Aleayah Card 9	4) Hazel Fuller 9			
-- Cascade			DQ	1
				cut in too soon
1) Ellie Green 11	2) Emyerson Green 10			
3) Ella Nauman 10	4) Anna Conlin 12			

Girls High Jump

Name	Year	School	Finals	Points
1 Ella Groenewold	12	Mid-Prairie	5-02.00	10
2 Tatum Nebergall	10	Tipton	5-00.00	8
3 Alliya Vratney	10	Anamosa	4-10.00	6
4 Alyssa Fowler	12	Northeast	4-08.00	4.50
4 Jazmine Woode	12	Tipton	4-08.00	4.50
6 Celina Hermann	11	Camanche	J4-08.00	2.50
6 Aleayah Card	9	Camanche	J4-08.00	2.50
8 Jovi Evans	9	Mid-Prairie	4-06.00	0.50
8 Kayla Noll-Heims	12	Anamosa	4-06.00	0.50
10 Rilie Little	9	Anamosa	J4-06.00	
11 Madison Butterworth	12	Monticello	4-04.00	
12 Izzy Lutgen	11	Beckman Catholic	4-02.00	
13 Madison Goedken	9	Beckman Catholic	J4-02.00	
14 Marlie Lemke	12	Maquoketa	4-00.00	
14 Callie Linnville	10	Camanche	4-00.00	
16 Emily Meier	9	Tipton	J4-00.00	
-- Rylee Wing	10	Maquoketa	NH	

Girls Long Jump

Name	Year	School	Finals	Points
1 Taylor Wing	10	Maquoketa	15-10.00	10
2 Emma Lueck	11	Mid-Prairie	15-09.50	8
3 Gracie Sanderson	12	Camanche	15-02.00	6
4 Kaylee Fairbanks	11	Anamosa	14-11.00	5
5 Maike Brenner	11	Camanche	14-05.00	4
6 Cydney Tath	9	Bellevue	14-04.00	3
7 Addison Frake	9	Cascade	J14-04.00	2
8 Storm Snyder	9	Tipton	14-02.50	1

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9	Sophia Schwartz	11	Mid-Prairie	14-00.50
10	Katie Christiansen	10	Maquoketa	13-11.50
11	Jazmine Woode	12	Tipton	13-11.00
12	Lauren Vernhagen	11	Monticello	13-09.00
13	Jayden Cravatta	11	Camanche	13-08.50
14	Malia Sims	12	Maquoketa	13-01.50
15	Bella Dellege	9	Tipton	12-00.50
16	Caitlyn Klein	10	Bellevue	11-10.50
17	Piper Sweeting	10	Regina	11-05.00
18	Allie Althoff	11	Anamosa	9-09.50
--	Caitlyn Gorman	9	Anamosa	FOUL
--	Madeline Schrader	12	Mid-Prairie	FOUL

Girls Shot Put

Name	Year	School	Finals	H#	Points
1	Sydney Wagner	11	Regina	34-08.00	2 10
2	Elian Dzangue	11	Tipton	32-02.00	2 8
3	Dori Paddock	12	Monticello	31-02.00	2 6
4	Harper Pacha	9	Mid-Prairie	30-00.00	2 5
5	Miley Duritza	10	Camanche	29-09.00	2 4
6	Ashley Harmsen	11	Mid-Prairie	29-04.00	2 3
7	Calie Waltz	9	Camanche	28-04.00	1 2
8	Emma Barrick	10	Beckman Catholic	28-02.00	2 1
9	Brianna Harwick	12	Maquoketa	27-10.00	2
10	Natalie Henderson	10	Monticello	27-07.00	2
11	Lacee Kos	12	Mid-Prairie	26-07.00	2
12	Raegan LaGrange	11	Monticello	26-00.00	2
13	Paige Irvine	9	Camanche	25-10.00	1
14	Jorja Culver	11	Anamosa	24-07.00	1
15	Zulieka Nodal	11	Cascade	23-11.00	1
16	Izzy Himes	11	Tipton	22-08.00	1
16	Lillyan Courtney	11	Bellevue	22-08.00	1
18	Katie Otten	10	Maquoketa	22-04.00	1
19	Lakera Hannah	12	Maquoketa	21-07.00	1
20	Jilliyn Kessler	10	Tipton	21-00.00	1
21	Heather Pellizzari	10	Regina	19-01.00	1
22	Riley Houser	9	Regina	18-09.00	1

Women - Team Rankings - 13 Events Scored

1)	Mid-Prairie	118.50	2)	Tipton	73.50
3)	Maquoketa	70	4)	Cascade	63
5)	Monticello	43	6)	Camanche	37
7)	Northeast	34.50	8)	Anamosa	18.50
9)	Regina	18	10)	Bellevue	16
11)	Beckman Catholic	15			

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/21/2023
Results

....Girls Shot Put

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Men - Team Rankings - 13 Events Scored

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1) Anamosa	101	2) Northeast	79
3) Bellevue	64	4) Mid-Prairie	53
5) Tipton	40	5) West Branch	40
7) Cascade	28	8) Monticello	26
9) Maquoketa	23	10) Camanche	22
11) Beckman Catholic	19	12) Regina	12