

UD Girls High School Indoor Classic
Univ. of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/17/2023
Results

Girls 55 Meter Dash Varsity
Top 8 Advance by Time

Meet Record: M 7.27 2017		Karly King, Assumption			
Name	Year	School	Prelims	H#	
Preliminaries					
1	Riley Steffen	11	Dubuque Wahlert	7.36q	5
2	Taylor Wing	10	Maquoketa	7.44q	3
3	Brynn Walters	11	Western Dubuque	7.46q	9 7.452
4	Meghan McDonald	12	Dubuque Wahlert	7.46q	6 7.458
5	Sierra Poteat	12	Verona Area	7.54q	3
6	Ava Ramler	11	Western Dubuque	7.61q	8
7	Ashley Hansen	9	Pleasant Valley	7.67q	2
8	Reese Kuhlman	11	Maquoketa	7.70q	2
9	Claire Stuntz	9	Western Dubuque	7.71	7 7.701
10	Addison Albrecht	11	Galena	7.71	3 7.706
11	Nevaeh Harden	12	Madison Memorial	7.71	4 7.707
12	Aleigh Zettle	11	Monroe	7.76	4
13	Lauren Coppes	12	Monroe	7.85	6
14	Adessa Leibfried	12	Bellevue	7.87	7 7.861
15	Alison Daugherty	12	Cuba City	7.87	2 7.862
16	Katie Christiansen	10	Maquoketa	7.90	1
17	Mackensie Lebarge	9	Calamus-Wheatland	7.93	6
18	Miraya Pessman	10	Fulton	7.94	8
19	Akeelah Anderson	10	Dubuque Hempstead	7.96	7
20	Bella Eisbach	10	Dubuque Wahlert	7.98	6
21	Maria Kilburg	11	Easton Valley	7.99	8 7.981
22	Gift Gonpue	12	CR Jefferson	7.99	4 7.984
23	Lilliana Tracy	9	Marquette Catholic	7.99	1 7.990
24	Princess Nwachukwu	10	Madison Memorial	8.00	1
25	Timmia Tetteh	10	Madison Memorial	8.01	1
26	Toyriana Hampton	9	Dubuque Hempstead	8.04	8 8.038
27	Lynzee Anderson	9	Verona Area	8.04	4 8.039
28	Olivia Brimeyer	11	Dubuque Senior	8.05	7
29	Brie Meyer	10	CR Jefferson	8.06	5
30	Sadie Fry	12	Galena	8.08	3
31	Paige Cramer	9	Fulton	8.09	5 8.082
32	Morgan Meyer	12	Bellevue	8.09	9 8.083
33	Mimi Kuundu	10	CR Jefferson	8.09	5 8.084
34	Safia Almabrazi	12	Iowa City	8.09	4 8.090
35	Brianna Koppes	12	Cascade	8.10	1
36	Annie Garsayne	9	CR Kennedy	8.11	5
37	Haley Smither	9	Fulton	8.12	3 8.112
38	Brooklyn Guild	9	Linn-Mar	8.12	9 8.114
39	Rosalie Griesel	11	Fennimore	8.16	3
40	Quren Hullon	11	CR Kennedy	8.18	6
41	Jenna Lawler	9	Dubuque Senior	8.22	2
42	Addison Ohda	10	Pleasant Valley	8.24	6 8.232
43	Kate Carlson	10	Union	8.24	4 8.236
44	Monica Schmidt	12	Cuba City	8.26	1

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45	Natalie Schlichte	12	Dubuque Hempstead	8.29	9
46	Sophia Tigges	12	Bellevue	8.30	2
47	Elise Kilburg	11	Marquette Catholic	8.31	2 8.302
48	Raelyn VanKerckhove	10	CR Kennedy	8.31	7 8.310
49	Aviera Marburger	9	Easton Valley	8.33	1
50	Mya Curry	11	Cascade	8.34	9 8.334
51	Micaela Miller	11	Galena	8.34	7 8.335
52	Ellie Green	11	Cascade	8.35	5
53	Aubrey Connelly	12	Calamus-Wheatland	8.36	8 8.353
54	Anna Cota	9	Marquette Catholic	8.36	9 8.357
55	Esther Oyunge	10	Iowa City	8.45	7 8.445
56	Anabelle Siech	11	Union	8.45	6 8.448
57	Gwen Johnson	11	Fennimore	8.46	8
58	Thisbe Lewis	9	Iowa City	8.61	4
59	Libby Bierman	12	Easton Valley	8.62	5
60	Lauren Verhagen	11	Monticello	8.63	3
61	Kaylin Noll	11	Monticello	8.65	5
62	Kaydence Ahart	9	Dubuque Senior	8.68	3
63	Dasia Woods	10	Linn-Mar	8.71	8
64	Chloe Fry	11	Monroe	8.72	1
65	Ella Glawatz	12	Monticello	8.87	7
66	Lily Conley	12	Fennimore	8.93	2
67	Brooklyn Hubbard	11	Union	8.98	4
68	Chayse Lausen	10	Linn-Mar	9.00	9

Girls 55 Meter Dash Varsity

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 Meet Record: M 7.27 2017 Karly King, Assumption
 Name Year School Finals Points
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Finals

1	Riley Steffen	11	Dubuque Wahlert	7.35	10	7.345
2	Brynn Walters	11	Western Dubuque	7.35	8	7.349
3	Meghan McDonald	12	Dubuque Wahlert	7.40	6	
4	Taylor Wing	10	Maquoketa	7.49	5	
5	Sierra Poteat	12	Verona Area	7.55	4	
6	Ava Ramler	11	Western Dubuque	7.61	3	
7	Ashley Hansen	9	Pleasant Valley	7.68	2	
8	Reese Kuhlman	11	Maquoketa	7.70	1	

Girls 400 Meter Dash Varsity

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 Meet Record: M 56.83 2018 Payton Wensel, Linn-Mar
 Name Year School Finals H# Points
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1	Addison Swartzendruber	11	CR Kennedy	57.95	7	10
2	Sidney Swartzendruber	11	CR Kennedy	59.27	7	8
3	Reese Kuhlman	11	Maquoketa	1:03.50	7	6
4	Sophie Petta	11	Verona Area	1:04.55	7	5

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5	Ava Maradiaga	12	Verona Area	1:04.66	7	4	
6	Breka Trapp	11	Linn-Mar	1:05.75	6	3	1:05.747
7	Brooklyn Trumm	9	Cascade	1:05.75	6	2	1:05.749
8	Keziah McQuillen	11	Monticello	1:06.75	5	1	
9	Karly Belken	9	Dubuque Wahlert	1:06.78	5		
10	Mya Curry	11	Cascade	1:06.83	6		
11	Maddie Digman	12	Dubuque Hempstead	1:07.20	6		
12	Maddie Lesser	11	Dubuque Hempstead	1:08.09	6		
13	Brooklyn Brennan	11	Fulton	1:08.29	5		
14	Cheyanna Thompson-Will	10	CR Jefferson	1:08.58	4		
15	Aniyah Jackson-Bey	9	Monroe	1:09.38	6		
16	Esther Oyunge	10	Iowa City	1:10.84	4		
17	Aubrie Tritz	9	Galena	1:11.09	4		
18	Destiny Flowers	10	Madison Memorial	1:11.63	4		
19	Carley Hillebrand	10	Western Dubuque	1:11.89	4		
20	Finley Starr	10	Maquoketa	1:12.07	1		
21	Kalyn Skrivseth	10	Marquette Catholic	1:12.85	1		
22	Kaci Patterson	9	Galena	1:13.16	5		
23	Jessa Read	9	Fulton	1:13.28	3		
24	Kambree Schwager	9	Marquette Catholic	1:14.05	1		
25	Olivia Zimmerman	12	Monticello	1:14.61	2		
26	Lydia Long	10	CR Jefferson	1:15.35	3		
27	Madi Hoffman	10	Madison Memorial	1:15.43	3		
28	Cambel Drapeau	9	Dubuque Senior	1:15.49	5		
29	Jade Sprout	10	Bellevue	1:16.29	3		
30	Shawna McCoy	10	Union	1:20.09	2		
31	Lanie Bedtka	9	Western Dubuque	1:21.04	2		
32	Lorelei Hinebaugh	9	Union	1:22.37	2		
33	Jordan Hennings	10	Bellevue	1:28.85	1		

Girls 800 Meter Run Varsity

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Meet Record: M 2:17.06 2017 Payton Wensel, Linn-Mar						
Name	Year	School	Finals	H#	Points	
=====						
1	Noelle Steines	10	Calamus-Wheatland	2:20.33	4	10
2	Ani Wedemeyer	10	Iowa City	2:22.37	4	8
3	Julia Gehl	11	Dubuque Hempstead	2:22.46	4	6
4	Bethany Northrup	12	Linn-Mar	2:24.80	4	5
5	Arianna Pedrin	12	Galena	2:32.15	4	4
6	Leah Koehler	10	Monticello	2:34.90	4	3
7	Hannah Dohnal	12	Verona Area	2:36.49	4	2
8	Raelyn Bartels	11	Verona Area	2:37.13	4	1
9	Kaitlyn Miller	11	Dubuque Senior	2:37.28	4	
10	Avery Engle	11	Galena	2:37.88	4	
11	Rachel Adamson	12	Linn-Mar	2:38.27	3	
12	Bella Meyers	10	Western Dubuque	2:41.02	3	
13	Kylee Mumm	9	Fennimore	2:41.67	3	
14	Saleh Flanigan	9	Pleasant Valley	2:44.01	3	

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15 Clare Hackman	12 Maquoketa	2:44.40	4
16 Molly Migon	9 Verona Area	2:45.09	3
17 Isabel Brauhn	11 Dubuque Hempstead	2:46.47	4
18 Addie Domer	9 Linn-Mar	2:46.68	3
19 Lauren Gehl	11 Dubuque Hempstead	2:49.04	2
20 Lily Lorenzen	10 Union	2:51.25	3
21 Allison Bean	11 Maquoketa	2:52.22	2
22 Ella Crowe	12 Madison Memorial	2:52.30	3
23 Brealey Wullweber	9 Dubuque Senior	2:54.48	2
24 Izzy Rima	10 Western Dubuque	2:55.15	2
25 Ximena Miranda	11 Monroe	2:56.68	3
26 Katiya Ellermeier	9 Iowa City	2:57.84	3
27 Jessica Deaver	12 Marquette Catholic	2:59.33	1
28 Anna Zentner	9 Monroe	2:59.58	2
29 Bri Kearney	9 Monticello	2:59.96	1
30 Gabby Kaiser	12 Western Dubuque	3:00.69	3
31 Jasmine Moreland	10 Fulton	3:03.53	1
32 Lizeth Esqueda	10 CR Jefferson	3:04.85	2
33 Cori Atten	11 Cuba City	3:05.91	1
34 Lynnea Groezinger	11 Galena	3:08.46	2
35 Kali Brewer	10 Fulton	3:09.71	1
36 Olivia Knott	10 Fulton	3:09.96	1
37 Leah Schemmel	9 Monticello	3:09.99	1
38 Lorelei Hinebaugh	9 Union	3:12.50	1
39 Noelle Schnoebelen	9 Iowa City	3:12.71	1
40 Camryn Hendrickson	9 Cuba City	3:13.77	1
41 Emma Meneguín	9 Cuba City	3:20.43	1

Girls 1500 Meter Run Varsity

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Meet Record: M 4:35.52		2017	Joy Ripplinger, Assumption		
Name	Year	School	Finals	H#	Points
=====					
1 Avery Engle	11	Galena	5:07.47	2	10
2 Georgia Harms	12	Dubuque Senior	5:16.42	2	8
3 Amilia Condon	10	Union	5:16.68	2	6
4 Rachel Adamson	12	Linn-Mar	5:18.72	2	5
5 Marisa Kehoe	11	Monticello	5:21.45	2	4
6 Lilly Graham	10	Dubuque Wahlert	5:21.68	2	3
7 Alyssa Klein	11	Western Dubuque	5:23.07	2	2
8 Kya Harms	12	Madison Memorial	5:39.56	1	1
9 Anna Besler	12	Dubuque Hempstead	5:40.70	2	
10 Addie Domer	9	Linn-Mar	5:47.32	1	
11 Lilly Supple	9	Cascade	5:49.44	1	
12 Brynn Albertsen	9	Union	5:50.72	2	
13 Bani Talwar	9	Madison Memorial	5:53.38	1	
14 Ellie Hermiston	11	Dubuque Hempstead	5:57.66	1	
15 Grace Hingtgen	11	Bellevue	6:09.59	2	
16 Jessica Deaver	12	Marquette Catholic	6:14.01	1	

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17 Lynnea Groezinger	11 Galena	6:21.21	1
18 Lorelei Hinebaugh	9 Union	6:21.65	1
19 Ali Simmons	11 Maquoketa	6:24.90	1

Girls 3000 Meter Run Varsity

Meet Record: M 10:38.76 2015 Hannah Owens, Dodge/Point				
Name	Year	School	Finals	Points
1 Evie Henneberry	10	Dubuque Hempstead	11:04.98	10
2 Amilia Condon	10	Union	11:16.26	8
3 Nina Peterson	10	Iowa City	11:24.84	6
4 Hallie Kelchen	9	Cascade	11:25.09	5
5 Nicole Peterson	10	Iowa City	11:25.27	4
6 Ava Capron	10	Monticello	11:50.39	3
7 Jady Elgin	11	Monroe	12:08.74	2
8 Abbey Vezina	12	Linn-Mar	12:14.60	1
9 Anna Besler	12	Dubuque Hempstead	12:43.28	

Girls 55 Meter Hurdles Varsity**Top 8 Advance by Time**

Meet Record: M 8.39 2014 Madison Ranschau, Cedar Rapids				
Meet Record: M 8.39 2018 Paige Christopher, Galena				
Name	Year	School	Prelims	H#

Preliminaries

1 Devin Simon	12	Cascade	9.10q	7
2 Sierra Pruessner	11	Iowa City	9.24q	2
3 Kate Green	10	Cascade	9.45q	5
4 Emery Wherry	10	Fulton	9.66q	1
5 Ava Mills	11	Union	9.67q	6
6 Summer Surrault	11	Verona Area	9.84q	6
7 Taylor Jacobson	12	Monroe	9.86q	2
8 Brianna Koppes	12	Cascade	9.87q	1
9 Elise Kilburg	11	Marquette Catholic	9.92	1
10 Brooklyn Thoms	9	Fulton	9.93	3
11 Jaily Petersen	10	Union	9.95	3
12 Kacy Williams	11	Maquoketa	9.98	7
13 Macy Kalb	9	Western Dubuque	9.99	7
14 Brenna Aebly	12	Monroe	10.01	4
15 Rylie Zeimet	12	Easton Valley	10.25	2
16 Kylie Trentz	10	Maquoketa	10.31	2 10.301
17 Mariah Young	10	Linn-Mar	10.31	2 10.307
18 Kayla Langerman	9	CR Kennedy	10.39	5
19 Grace Bray	9	Fulton	10.41	1
20 Emerson Swearingen	9	CR Kennedy	10.44	5
21 Leah Fick	11	Cuba City	10.45	7
22 Mackenzie Martin	12	Madison Memorial	10.49	2

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23	Chloee Abeln	10	Maquoketa	10.55	4
24	Ava Zimmerman	9	Monticello	10.57	3
25	Desiree McDonald	12	CR Jefferson	10.60	3
26	Sophie Jasper	9	Dubuque Senior	10.62	1
27	Tori Sletteland	9	Linn-Mar	10.65	7
28	Ella Kranig	10	Monroe	10.70	3
29	Natalie Leisen	12	Western Dubuque	10.77	1
30	Kendall Jacobi	9	Western Dubuque	10.81	3
31	Micaela Miller	11	Galena	10.86	5
32	Ashley Long	11	Dubuque Hempstead	10.87	1
33	Emma York	10	CR Jefferson	10.95	4
34	Mary Hamilton	10	Iowa City	10.97	2
35	Sierra Posey	10	Verona Area	11.00	5 10.996
36	Lauren Lewicki	11	Verona Area	11.00	6 10.998
37	Cambel Drapeau	9	Dubuque Senior	11.06	1
38	Monique Schnoebelen	12	Iowa City	11.07	6
39	Skye Luckett	10	CR Jefferson	11.17	5
40	Taliyah Mcdaniel	11	CR Kennedy	11.18	4
41	Nykira Easter	11	Galena	11.26	4
42	Savannah Freese	12	Monticello	11.31	5
43	Lilliana Tracy	9	Marquette Catholic	11.68	6
44	Grace Schmidt	10	Pleasant Valley	11.76	6
45	Molly Matthiesen	12	Easton Valley	11.88	7
46	Rayna Timmerman	10	Dubuque Hempstead	12.29	3
47	Haley Johnson	12	Madison Memorial	12.60	6
48	Maddy Morrison	9	Dubuque Hempstead	12.71	4
49	Hannah Butterworth	9	Monticello	12.87	2
50	Grace Barnard	11	Madison Memorial	14.95	7

Girls 55 Meter Hurdles Varsity

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 Meet Record: M 8.39 2014 Madison Ranschau, Cedar Rapids
 Meet Record: M 8.39 2018 Paige Christopher, Galena

Name	Year	School	Finals	Points
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Finals

1	Devin Simon	12	Cascade	8.85	10
2	Sierra Pruessner	11	Iowa City	8.95	8
3	Ava Mills	11	Union	9.33	6
4	Kate Green	10	Cascade	9.35	5
5	Taylor Jacobson	12	Monroe	9.67	4
6	Summer Surrault	11	Verona Area	9.69	3
7	Emery Wherry	10	Fulton	9.73	2
8	Brianna Koppes	12	Cascade	9.84	1

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Girls 4x200 Meter Relay Varsity

Meet Record: M 1:44.90 2015 Cedar Rapids Jefferson, Cedar Rapids A Ranschau, J Blue, M Meese, L Schneekloth		Finals	H#	Points
School				
1 Dubuque Wahlert		1:46.77	4	10
1) Meghan McDonald 12	2) Emma Donovan 12			
3) Olivia Donovan 10	4) Rylee Steffen 11			
2 Western Dubuque		1:47.93	4	8
3 Cedar Rapids Kennedy		1:50.22	3	6
1) Emerson Swearinger 9	2) Morgan Hospodarsky 9			
3) Annie Garsayne 9	4) Jovie Veach 11			
4 Maquoketa		1:52.63	1	5
1) Kacy Williams 11	2) Cora Widel 9			
3) Kylie Trentz 10	4) Taylor Wing 10			
5 Iowa City		1:52.73	4	4
6 Madison Memorial		1:53.10	4	3
1) Nevaeh Harden 12	2) Gladys Cruz-Perez 12			
3) Ari Eubanks 10	4) Morgan DeYoung 12			
7 Fulton		1:53.54	3	2
1) Brooklyn Thoms 9	2) Miraya Pessman 10			
3) Grace Dykstra 11	4) Annaka Hackett 11			
8 Cascade		1:53.75	4	1
1) Devin Simon 12	2) Molly Roling 10			
3) Brianna Koppes 12	4) Addison Frake 9			
9 Monroe		1:53.96	3	
1) Brenna Aebly 12	2) Lauren Coppes 12			
3) Taylor Jacobson 12	4) Aleigh Zettle 11			
10 Dubuque Hempstead		1:54.52	4	
1) Akeelah Anderson 10	2) Ayla Osterkamp 10			
3) Mallory Tomkins 9	4) Natalie Schlichte 12			
11 Bellevue		1:56.83	3	
1) Morgan Meyer 12	2) Adessa Leibfried 12			
3) Catherine Dunne 10	4) Tayla Leibfried 10			
12 Pleasant Valley		1:57.04	3	
1) Kami Wood 9	2) Addison Ohda 10			
3) Kaylee Mowen 10	4) Sophia Lewis 10			
13 Calamus-Wheatland		1:57.15	2	
14 Galena		1:58.56	2	
1) Nykira Easter 11	2) Gwen Miller 11			
3) Sadie Fry 12	4) Addison Albrecht 11			
15 Linn-Mar		1:58.79	3	
1) Brooklyn Guild 9	2) Mariah Young 10			
3) Jayda Bowman 11	4) Ameriz Nielsen 12			
16 Union		1:59.27	2	
17 Verona Area		1:59.70	2	
1) Lynzee Anderson 9	2) Sedea Bennett 9			
3) Whitney Nielson 12	4) Nicole Repka 10			
18 Dubuque Senior		2:00.26	2	
1) Jenna Lawler 9	2) Ava Singletary 10			

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....Girls 4x200 Meter Relay Varsity

3) Olivia Brimeyer 11	4) Carley Hefel 12		
19 Cedar Rapids Jefferson	2:00.29	1	
1) Desiree McDonald 12	2) Thierrina Wolooch 10		
3) Emma York 10	4) Skye Lockett 10		
20 Monticello	2:03.53	1	
1) Lauren Verhagen 11	2) Ava Zimmerman 9		
3) Kinzi Schlarmann 9	4) Kaylin Noll 11		
21 Marquette Catholic	2:05.50	1	
1) Josie Kintzle 10	2) Lilliana Tracy 9		
3) Kory Kintzle 10	4) Anna Cota 9		
22 Easton Valley	2:06.25	2	
23 Cuba City	2:11.67	1	
1) Ella McKinley 11	2) Lauren Gustafson 9		
3) Leah Klein 9	4) Isabella Austin 9		

Girls 4x400 Meter Relay Varsity

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Meet Record: M 4:03.97 2016 Assumption, Assumption
 J Ripplinger, M King, C King, M Carroll

School	Finals	H#	Points
1 Cedar Rapids Kennedy	4:10.52	4	10
1) Addison Swartzendruber 11	2) Morgan Hospodarsky 9		
3) Jovie Veach 11	4) Sidney Swartzendruber 11		
2 Dubuque Hempstead	4:12.23	4	8
1) Camdyn Kay 11	2) Brooke O'Brien 12		
3) Maddie Digman 12	4) Keelee Leitzen 11		
3 Pleasant Valley	4:13.42	4	6
1) Sophia Lewis 10	2) Jessie Clemons 11		
3) Grace Boleyn 10	4) Ashley Hansen 9		
4 Dubuque Wahlert	4:15.08	4	5
1) Olivia Donovan 10	2) Olivia Bellini 9		
3) Rylee Steffen 11	4) Emma Donovan 12		
5 Cascade	4:18.86	4	4
1) Molly Roling 10	2) Mya Curry 11		
3) Addison Frake 9	4) Devin Simon 12		
6 Iowa City	4:22.63	4	3
7 Verona Area	4:23.83	3	2
1) Ava Maradiaga 12	2) Liz den Daas 10		
3) Hannah Dohnal 12	4) Lexi Remiker 11		
8 Calamus-Wheatland	4:25.37	3	1
9 Western Dubuque	4:25.57	3	
10 Monticello	4:31.50	3	
1) Marisa Kehoe 11	2) Ava Zimmerman 9		
3) Keziah McQuillen 11	4) Leah Koehler 10		
11 Madison Memorial	4:33.02	3	
1) Morgan DeYoung 12	2) Gladys Cruz-Perez 12		
3) Haley Johnson 12	4) Hannah Zietlow 12		
12 Linn-Mar	4:36.03	2	



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1) Brooklyn Guild 9	2) Breka Trapp 11		
3) Jayda Bowman 11	4) Ameriz Nielsen 12		
13 Fulton		4:38.35	1
1) Miraya Pessman 10	2) Grace Dykstra 11		
3) Jessa Read 9	4) Brooklyn Brennan 11		
14 Maquoketa		4:38.90	1
1) Justice Armbruster 9	2) Kalyn Hackman 10		
3) Finley Starr 10	4) Rylee Wing 10		
15 Galena		4:43.66	2
1) Arianna Pedrin 12	2) Emily Gockel 12		
3) Lauren Kloss 12	4) Avery Engle 11		
16 Dubuque Senior		4:45.53	2
1) Julia Kilgore 12	2) Georgia Harms 12		
3) Emily Gorton 10	4) Kaitlyn Miller 11		
17 Union		4:46.32	2
18 Cedar Rapids Jefferson		4:54.99	3
1) Samantha Fowler 12	2) Mimi Kuundu 10		
3) Brie Meyer 10	4) Gift Gonpue 12		
19 Bellevue		5:01.48	1
1) Grace Hingtgen 11	2) Jade Sprout 10		
3) Hannah Braet 11	4) Delaney Dunne 12		
20 Cuba City		5:25.82	2
1) Ella McKinley 11	2) Isabella Austin 9		
3) Camryn Hendrickson 9	4) Lauren Gustafson 9		

Girls 4x800 Meter Relay Varsity

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 Meet Record: M 9:32.33 3/18/2022 Dubuque Hempstead, Dubuque Hempste
 K Leitzen, J Gehl, B O'Brien, C Kay

School		Finals	Points
1 Dubuque Hempstead		9:20.54M	10
1) Camdyn Kay 11	2) Brooke O'Brien 12		
3) Julia Gehl 11	4) Keelee Leitzen 11		
2 Monticello		10:28.89	8
1) Marisa Kehoe 11	2) Leah Koehler 10		
3) Kennedy Hermsen 9	4) Ava Capron 10		
3 Dubuque Senior		10:29.59	6
1) Kaitlyn Miller 11	2) Julia Kilgore 12		
3) Emily Gorton 10	4) Georgia Harms 12		
4 Western Dubuque		10:44.47	5
5 Iowa City		10:50.41	4
6 Union		10:56.84	3
7 Cascade		11:04.83	2
1) Hallie Kelchen 9	2) Ella Nauman 10		
3) Lilly Supple 9	4) Anna Conlin 12		
8 Maquoketa		11:17.24	1
1) Justice Armbruster 9	2) Allison Bean 11		
3) Kalyn Hackman 10	4) Clare Hackman 12		



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....Girls 4x800 Meter Relay Varsity

9 Dubuque Wahlert	11:20.37
1) Olivia Bellini 9	2) Lilly Graham 10
3) Samantha Callahan 12	4) Annabelle Cearlock 9
10 Fulton	11:33.92
1) Jessa Read 9	2) Jordin Rathburn 9
3) Brooklyn Brennan 11	4) Jasmine Moreland 10
11 Monroe	11:45.69
1) Jadyn Elgin 11	2) Ximena Miranda 11
3) Anna Zentner 9	4) Reagan Schmelzer 10
12 Bellevue	11:58.40
1) Catherine Dunne 10	2) Grace Hingtgen 11
3) Hannah Braet 11	4) Delaney Dunne 12

Girls 1600 Sprint Medley Varsity

Meet Record: M 4:25.09 2016		Wahlert Catholic, Wahlert Catholic	
School		A Osterberger, A Sherman, A Gall, E Osterberger	
		Finals	H# Points
1 Iowa City	4:19.02M	4	10
2 Calamus-Wheatland	4:21.14M	4	8
3 Pleasant Valley	4:24.13M	4	6
1) Jessie Clemons 11	2) Kami Wood 9		
3) Kaylee Mowen 10	4) Grace Boleyn 10		
4 Dubuque Wahlert	4:28.51	4	5
1) Bella Eisbach 10	2) Emma Donovan 12		
3) Olivia Bellini 9	4) Olivia Donovan 10		
5 Linn-Mar	4:30.07	3	4
1) Brooklyn Guild 9	2) Ameriz Nielsen 12		
3) Breka Trapp 11	4) Bethany Northrup 12		
6 Verona Area	4:31.37	4	3
1) Sierra Poteat 12	2) Nicole Repka 10		
3) Sophie Petta 11	4) Lexi Remiker 11		
7 Western Dubuque	4:42.18	3	2
8 Dubuque Hempstead	4:43.12	4	1
1) Aubrey Schlichte 10	2) Emma Oberhoffer 11		
3) Isabel Brauhn 11	4) Evie Henneberry 10		
9 Fennimore	4:45.42	3	
1) Rhiannon Nelson-Hahn 9	2) Rosalie Griesel 11		
3) Braycee Nelson 11	4) Kylee Mumm 9		
10 Madison Memorial	4:49.98	3	
1) Timmia Tetteh 10	2) Monika Jeraj 11		
3) Hannah Zietlow 12	4) Ella Crowe 12		
11 Maquoketa	4:50.51	1	
1) Kylie Trentz 10	2) Cora Widel 9		
3) Kalyn Hackman 10	4) Justice Armbruster 9		
12 Dubuque Senior	4:51.40	3	
1) Carley Hefel 12	2) Ava Singletary 10		
3) Emily Gorton 10	4) Julia Kilgore 12		

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....Girls 1600 Sprint Medley Varsity

13	Fulton		4:53.29	1
	1) Brooklyn Thoms 9	2) Annaka Hackett 11		
	3) Grace Dykstra 11	4) Jasmine Moreland 10		
14	Bellevue		4:55.83	3
	1) Morgan Meyer 12	2) Jade Sprout 10		
	3) Adessa Leibfried 12	4) Catherine Dunne 10		
15	Union		4:59.55	2
16	Monroe		5:02.13	2
	1) Miley Hanson 9	2) Delaney Fortney 11		
	3) Mya Wild 9	4) Aniyah Jackson-Bey 9		
17	Galena		5:03.99	2
	1) Sadie Fry 12	2) Gwen Miller 11		
	3) Addison Albrecht 11	4) Emily Gockel 12		
18	Cedar Rapids Jefferson		5:06.29	2
	1) Ella Neil 9	2) Skye Luckett 10		
	3) Samantha Fowler 12	4) Cheyanna Thompson-Williams 10		
19	Cascade		5:07.27	2
	1) Ellie Green 11	2) Emyerson Green 10		
	3) Grace Rhomberg 12	4) Annie Trumm 9		

Girls High Jump Varsity

=====				
Meet Record:	M	5-05	2017	Jordan Hirsbrunner, Monroe
Meet Record:	M	5-05	2018	Skyler Presler, Linn-Mar
Name		Year	School	Finals Points
=====				
1	Sarah Gruver	10	Easton Valley	5-01.00 10
2	Cambel Drapeau	9	Dubuque Senior	5-00.00 8
3	Emerson Myers	11	Madison Memorial	J5-00.00 6
4	Grace Cummins	12	Cuba City	4-10.00 5
5	Aubrey Gates	12	Union	4-08.00 4
6	Katelyn Orr	10	Linn-Mar	J4-08.00 3
7	Abby Matley	11	Monroe	J4-08.00 2
8	Kate Green	10	Cascade	4-06.00 0.50
8	Emily Grockel		Galena	4-06.00 0.50
10	Aminatha Rukakiza	10	Iowa City	J4-06.00
11	Dana Ballenger	10	Pleasant Valley	J4-06.00
12	Mya Wild	9	Monroe	J4-06.00
13	Lily Lorenzen	10	Union	4-04.00
13	Tommy Simmons	10	Iowa City	4-04.00
13	Aubrie Tritz	9	Galena	4-04.00
13	Taylor Jacobson	12	Monroe	4-04.00
13	Emily Boeckmann	11	Calamus-Wheatland	4-04.00
13	Elise Kilburg	11	Marquette Catholic	4-04.00
19	Payton Vant	10	Verona Area	4-02.00
19	Morgan Bills	9	Dubuque Hempstead	4-02.00
19	Timmia Tetteh	10	Madison Memorial	4-02.00
19	Princess Nwachukwu	10	Madison Memorial	4-02.00
19	Taliyah Mcdaniel	11	CR Kennedy	4-02.00

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....Girls High Jump Varsity

19 Nykira Easter	11 Galena	4-02.00
25 Natalie West	11 Verona Area	4-00.00
25 Tristin Jones	12 Dubuque Senior	4-00.00
25 Marlie Lemke	12 Maquoketa	4-00.00
-- Kate Bjorklund	12 Verona Area	NH

Girls Pole Vault Varsity

Meet Record: M 10-00 2019 Annie Gebhardt, Homestead			
Name	Year	School	Finals
1 Rose French	11	Fennimore	9-00.00
1 Aleigh Zettle	11	Monroe	9-00.00
3 Josie O'Sheridan	11	Verona Area	8-06.00
4 Monica Schmidt	12	Cuba City	8-00.00
4 Liz den Daas	10	Verona Area	8-00.00
6 Morgan DeYoung	12	Madison Memorial	7-06.00
6 Kathryn Sun	12	Madison Memorial	7-06.00
8 Lauren Lewicki	11	Verona Area	7-00.00
8 Gladys Cruz-Perez	12	Madison Memorial	7-00.00
10 Reaghan Schmelzer	10	Monroe	6-00.00
-- Arianna Warner-Villareal	12	Madison Memorial	NH
-- Taylor Jacobson	12	Monroe	NH

Girls Long Jump Varsity

Meet Record: M 17-08 2018 Paige Christopher, Galena				
Name	Year	School	Finals	Points
1 Addison Albrecht	11	Galena	17-05.00	10
2 Paige Cramer	9	Fulton	16-08.50	8
3 Taylor Wing	10	Maquoketa	16-06.00	6
4 Alison Daugherty	12	Cuba City	16-04.50	5
5 Ruth Cloyd	10	Iowa City	16-03.50	4
6 Meghan McDonald	12	Dubuque Wahlert	15-10.50	3
7 Morgan Meyer	12	Bellevue	15-08.50	2
8 Kate Bjorklund	12	Verona Area	15-07.50	1
9 Orinda Shala	12	Madison Memorial	15-04.50	
10 Lauren Coppes	12	Monroe	15-02.50	
11 Sadie Fry	12	Galena	15-01.50	
12 August Palmer	10	Iowa City	14-11.50	
12 Princess Nwachukwu	10	Madison Memorial	14-11.50	
14 Miraya Pessman	10	Fulton	14-11.00	
15 Macy Kalb	9	Western Dubuque	14-09.50	
16 Natalie Schlichte	12	Dubuque Hempstead	14-09.00	
17 Grace Cummins	12	Cuba City	14-08.50	
18 Ayla Osterkamp	10	Dubuque Hempstead	14-08.00	
19 Grace Dykstra	11	Fulton	14-07.00	
20 Summer Surrault	11	Verona Area	14-05.00	

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....Girls Long Jump Varsity

21	Cydney Tath	9	Bellevue	14-04.50
22	Aleigh Zettle	11	Monroe	14-04.00
23	Raquel Fern	9	Western Dubuque	14-02.50
24	Kayla Langerman	9	CR Kennedy	14-01.00
24	Monika Jeraj	11	Madison Memorial	14-01.00
24	Courtney Knoche	11	Calamus-Wheatland	14-01.00
27	Emerson Swearinger	9	CR Kennedy	14-00.50
27	Himidi Kuundu	10	CR Jefferson	14-00.50
27	Addison Frake	9	Cascade	14-00.50
30	Katie Christiansen	10	Maquoketa	14-00.00
31	Malia Sims	12	Maquoketa	13-10.00
32	Lauren Vernhagen	11	Monticello	13-09.00
33	Toyriana Hampton	9	Dubuque Hempstead	13-08.50
34	Rosalie Griesel	11	Fennimore	13-06.00
34	Ella Kranig	10	Monroe	13-06.00
36	Natalie Leisen	12	Western Dubuque	13-02.50
37	Ava Mills	11	Union	13-00.00
38	Monique Schnoebelen	12	Iowa City	12-11.00
39	Jenna Lawler	9	Dubuque Senior	12-10.00
40	Mariah Young	10	Linn-Mar	12-09.00
41	Dasia Woods	10	Linn-Mar	12-07.50
41	Issie Rhomberg	10	Cascade	12-07.50
43	Chayse Lausen	10	Linn-Mar	12-07.00
44	Elise Gatto	12	Dubuque Senior	12-06.50
44	Micaela Miller	11	Galena	12-06.50
46	Caitlyn Klein	10	Bellevue	12-03.00
47	Whitney Nielson	12	Verona Area	12-02.50
48	Ava Ahart	10	Dubuque Senior	12-00.00
49	Gwen Johnson	11	Fennimore	11-06.50
50	Josie Kintzle	10	Marquette Catholic	10-10.00
51	Lily Conley	12	Fennimore	10-09.00
--	Gift Gonpue	12	CR Jefferson	FOUL

Girls Triple Jump Varsity

Meet Record: M 34-00 3/18/2022 Alison Daugherty, Cuba City			
Name	Year	School	Finals
1	Emerson Myers	11	Madison Memorial 35-01.50M
2	Lauren Coppes	12	Monroe 34-03.00M
3	Orinda Shala	12	Madison Memorial 34-00.50M
4	Rhiannon Nelson-Hahn	9	Fennimore 31-10.00
5	Haley Smither	9	Fulton 30-05.50
6	Clare McDermott	11	Madison Memorial 30-02.00
7	Gwen Miller	11	Galena 29-10.50
8	Olivia Knott	10	Fulton 29-07.50
9	Jayda Smith	11	Madison Memorial 29-05.50
10	Brenna Roe	10	Madison Memorial J29-05.50
11	Aniyah Jackson-Bey	9	Monroe 27-09.50

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....Girls Triple Jump Varsity

12 Erisa Rushiti	11 Verona Area	26-08.00
13 Ornella Adanhou	10 Verona Area	26-05.50
14 Delaney Fortney	11 Monroe	26-00.00
14 Ava Steverson	Verona Area	26-00.00
16 Ella McKinley	11 Cuba City	25-10.00
17 Grace Cummins	12 Cuba City	25-08.00
18 Gracie Leaser	9 Cuba City	25-05.50
-- Sophie Grissinger	9 Galena	FOUL
-- Josie Kintzle	10 Marquette Catholic	FOUL

Girls Shot Put Varsity

Meet Record: M 40-10 2015		Maddie Nilles, Wahlert				
Name	Year	School	Finals	H#	Points	
1 Brigitte Rohrer	11	Union	36-04.00	3	10	
2 Michaela Silich	11	Western Dubuque	35-00.00	3	8	
3 Olivia Morgan	12	Madison Memorial	34-07.00	3	6	
4 Josianna Toingar	11	Linn-Mar	34-06.00	3	5	
5 Rachel Schauer	11	Fennimore	33-00.00	3	4	
6 Maci Cook	12	Western Dubuque	32-11.00	3	3	
7 Dori Paddock	12	Monticello	32-09.00	3	2	
8 Brenna Aebly	12	Monroe	32-08.00	2	1	
9 Alyssa Westhoff	12	Dubuque Hempstead	31-10.00	3		
10 Mallory Clark	12	Verona Area	31-06.00	3		
11 Erica Will	10	Calamus-Wheatland	30-10.00	3		
12 Sharidan Engelken	11	Western Dubuque	30-07.00	3		
12 Meghan Klemme	12	Easton Valley	30-07.00	2		
14 Chloe Plautz	12	Madison Memorial	30-05.00	3		
15 Riley Gillen	9	Easton Valley	30-04.00	2		
16 Abby Hinkle	12	Madison Memorial	29-10.00	3		
17 Olivia Hilby	10	Dubuque Wahlert	29-04.00	2		
18 Mekdes Holesinger	10	Dubuque Hempstead	29-02.00	2		
19 Lily Fick	11	Cuba City	28-09.00	2		
20 Eunice Koffi	11	Linn-Mar	28-07.00	3		
21 Rose French	11	Fennimore	28-04.00	3		
22 Natalie Printy	11	Dubuque Senior	28-02.00	2		
23 Morgan Balbach	12	Cuba City	27-00.00	2		
24 Raegan LaGrange	11	Monticello	26-07.00	2		
24 Hanna Albert	11	Cuba City	26-07.00	3		
26 Natalie Henderson	10	Monticello	26-03.00	1		
27 Maria Tsiolis	10	Verona Area	26-00.00	2		
28 Mallory Schmelzer	12	Monroe	25-10.00	1		
28 Brianna Harwick	12	Maquoketa	25-10.00	1		
30 Alley Freemon	11	Union	25-09.00	2		
31 Shannon Freno	11	CR Jefferson	25-08.00	1		
32 Chloe Schwerin	11	CR Kennedy	25-04.00	2		
32 Alyssa Schoepp	12	Fennimore	25-04.00	1		
32 Cora Collins	10	CR Kennedy	25-04.00	1		

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....Girls Shot Put Varsity

35 Grace Quillin	9 Linn-Mar	25-01.00	1
35 Natalie West	11 Verona Area	25-01.00	2
37 Lilly Anderson	10 Dubuque Senior	22-03.00	1
38 Graci Vanderheyden	10 Galena	20-10.00	1
38 Kaylee Huseman	10 Dubuque Senior	20-10.00	1
40 Morgan Flynn	11 Galena	20-07.00	1
41 Sanibel Schmitz	9 Union	20-01.00	1
42 Berkeley Mensendike	9 Galena	18-06.00	1

Girls Shot Put Wheelchair Varsity

Name	Year School	Finals
1 Zoe Eisenberg	10 Galena	11-00.00

Girls 55 Meter Dash JV

Meet Record: M 7.76 2018

Amaya Jackson, Assumption

Name	Year School	Finals	H#	Points	
1 Jillian Renne	10 Dubuque Hempstead	8.03	9	10	
2 Carley Hillebrand	10 Western Dubuque	8.23	9	8	
3 Naomi Duehr	10 Dubuque Wahlert	8.25	9	6	
4 Hailey VanZuiden	12 Fulton	8.26	3	5	
5 Cami Hurley	11 Madison Memorial	8.30	9	4	8.292
6 Myah Pont	10 Union	8.30	6	3	8.296
7 Emily Dowda-Uker	9 Pleasant Valley	8.31	2	2	
8 Tayla Leibfried	10 Bellevue	8.32	9	1	
9 Janet Martinez	11 Madison Memorial	8.40	9		8.395
10 Mymuna Diallo	11 Iowa City	8.40	3		8.396
11 Kaci Patterson	9 Galena	8.40	8		8.400
12 Aaliyah Hoskins	9 CR Jefferson	8.45	7		
13 Emyerson Green	10 Cascade	8.47	8		
14 Eunice Koffi	11 Linn-Mar	8.52	4		
15 Jami Portz	11 Bellevue	8.56	8		
16 Cydney Tath	9 Bellevue	8.58	7		
17 Tristin Jones	12 Dubuque Senior	8.61	3		8.606
18 Ashlyn Ender	10 CR Kennedy	8.61	4		8.607
19 Lilly Sutton	10 Cascade	8.62	8		
20 Kaylynn Westphal	9 Fulton	8.64	2		
21 Dureti Ali	9 CR Kennedy	8.65	3		8.642
22 Isabella Austin	9 Cuba City	8.65	1		8.644
23 Emma Esch	12 Madison Memorial	8.66	8		
24 August Palmer	10 Iowa City	8.70	3		
25 DeDe Aboussa-Folly	9 Iowa City	8.73	2		
26 Lezi Zeal	10 Dubuque Wahlert	8.74	9		
27 Grace Larson	9 CR Kennedy	8.75	1		8.744
28 Carly Manternach	9 Cascade	8.75	6		8.746
29 Estelle Fuller	9 Verona Area	8.76	8		

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30	Lucy Roventine	12	Galena	8.84	7	
31	Emily Porschke	11	Pleasant Valley	8.85	7	
32	Taylor Witzel	--	Western Dubuque	8.90	1	
33	Chloe Kramer	9	Pleasant Valley	8.91	6	
34	Makena Edmunds	9	Verona Area	8.94	8	
35	Holly Manders	10	Maquoketa	8.95	1	
36	Elise Gatto	12	Dubuque Senior	9.00	2	
37	Lexi Wallroff	10	Maquoketa	9.01	2	
38	Rachel Offerman	12	Dubuque Hempstead	9.03	6	
39	Letizia Caldara	12	Cuba City	9.06	3	9.054
40	Kara Edmonds	9	Western Dubuque	9.06	7	9.059
41	Alexis Elgin	9	Monroe	9.09	8	9.087
42	Jasha Mckinney	10	CR Jefferson	9.09	5	9.090
43	Koye Jaeger	9	Monticello	9.11	5	
44	Lydia Huizenga	10	Fulton	9.13	3	
45	Claire McEmeel	9	Monticello	9.17	5	
46	Jaela Collins	9	CR Jefferson	9.24	5	
47	Taylor Coulter	9	Calamus-Wheatland	9.27	2	
48	Megan Balk	10	Linn-Mar	9.28	4	
49	Magnolia Adanhou	12	Verona Area	9.34	7	
50	Amelia Taylor	9	Marquette Catholic	9.49	2	
51	Hailey Larrimore	9	Monticello	9.62	4	
52	Gracie Schnitzler	9	Galena	9.66	6	
53	Sophia Martinez	9	Dubuque Senior	9.69	5	
54	Ashley Meyer	10	Easton Valley	9.75	4	
55	Greta Gammage	9	Dubuque Hempstead	9.83	6	
56	Sydney Myers	10	Linn-Mar	9.91	4	
57	Mallori Oyen	9	Fennimore	9.96	6	
58	Jordan Kolman	9	Fennimore	9.98	5	
59	Kelsie Thompson	9	Marquette Catholic	10.00	2	
60	Katie Tritz	11	Marquette Catholic	10.05	4	
61	Giulia Garau	12	Cuba City	10.20	1	
62	Jaycee Atkinson	9	Easton Valley	10.23	5	
63	Tilla Cutting	9	Fennimore	10.30	5	
64	Lena Hines	9	Calamus-Wheatland	10.35	1	
65	Lillia Sumkina	12	Monroe	10.36	7	
66	Elezalyn Liles	9	Easton Valley	10.46	4	
67	Delanie Sweeney	10	Monroe	10.68	6	
--	Chloee Abeln	10	Maquoketa	FS	3	

Girls 1500 Meter Run JV

Meet Record: M 5:31.05 2018 Ashley Donovan, Dubuque Seni						
Name	Year	School	Finals	H#	Points	
1	Annabelle Stelpflug	9	Iowa City	5:56.51	1	10
2	Lily Krapfl	12	Dubuque Senior	6:18.54	2	8
3	Lilah Heifetz	9	Madison Memorial	6:23.00	2	6
4	Maria Hart	9	Dubuque Hempstead	6:26.07	2	5

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....Girls 1500 Meter Run JV

5 Alma Bhandary-Narayanan	9 Iowa City	6:32.72	1	4
6 Rachel Richter	11 Dubuque Hempstead	6:39.32	2	3
7 Lilly Marks	9 Verona Area	6:41.01	2	2
8 Ella Gunn	12 Dubuque Senior	6:46.94	2	1
9 Cece Smith	10 Western Dubuque	7:03.78	1	
10 Nelly Preston	9 Fulton	7:05.41	1	
11 Hannah Lindholm	9 Linn-Mar	7:11.20	1	
12 Alyssa Ferris	9 Fulton	7:13.51	1	
13 Brittney Hovey	12 Maquoketa	7:20.35	1	
14 Natalie Martin	12 CR Kennedy	7:58.61	2	
15 Mia Nass	11 Dubuque Senior	8:13.42	1	

Girls 4x200 Meter Relay JV

=====				
Meet Record: M 1:54.85	2017	Wahlert Catholic, Wahlert Catholic		
		B Vane, M McDonald, S Smith, M McCarron		
School		Finals	H#	Points
=====				
1 Western Dubuque		1:58.88	3	10
2 Dubuque Hempstead		1:59.57	4	8
1) Rayna Timmerman 10	2) Toyriana Hampton 9			
3) Emma Oberhoffer 11	4) Piper Birkenholtz 9			
3 Dubuque Wahlert		1:59.64	3	6
1) Bella Eisbach 10	2) Lezi Zeal 10			
3) Naomi Duehr 10	4) Kaydence Cantril 9			
4 Fulton		1:59.81	4	5
1) Jada Schaver 9	2) Paige Cramer 9			
3) Hailey VanZuiden 12	4) Haley Smither 9			
5 Madison Memorial		2:01.43	4	4
1) Janet Martinez 11	2) Emerson Myers 11			
3) Mackenzie Martin 12	4) Cami Hurley 11			
6 Iowa City		2:03.32	2	3
7 Cascade		2:03.85	3	2
1) Kate Green 10	2) Ellie Green 11			
3) Emyerson Green 10	4) Carly Manternach 9			
8 Maquoketa		2:04.10	1	1
1) Katie Christiansen 10	2) Malia Sims 12			
3) Chloe Abeln 10	4) Marlie Lemke 12			
9 Union		2:04.96	2	
10 Bellevue		2:05.83	3	
1) Sophia Tigges 12	2) Jami Portz 11			
3) Cydney Tath 9	4) Caitlyn Klein 10			
11 Cedar Rapids Kennedy		2:06.03	4	
1) Ava Kingsbury 11	2) Ashlyn Ender 10			
3) Grace Larson 9	4) Jeymar Cuevas-Suarez 11			
12 Monroe		2:06.11	3	
1) Brooke Bunker 9	2) Abby Matley 11			
3) Chloe Fry 11	4) Ella Kranig 10			
13 Pleasant Valley		2:07.05	4	

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....Girls 4x200 Meter Relay JV

1) Emily Porschke 11	2) Dana Ballenger 10		
3) Eliza Shamrell 9	4) Emily Dowda-Uker 9		
14 Dubuque Senior		2:08.26	1
1) Sophie Jasper 9	2) Elise Gatto 12		
3) Kaydence Ahart 9	4) Ava Ahart 10		
15 Verona Area		2:09.80	2
1) Sierra Posey 10	2) Josie O'Sheridan 11		
3) Delaney Weid 10	4) Jordan Summers 12		
16 Cedar Rapids Jefferson		2:10.38	2
1) Taylor Brejcha 10	2) Aaliyah Hoskins 9		
3) Ella Neil 9	4) Jaela Collins 9		
17 Linn-Mar		2:10.41	3
1) Tori Sletteland 9	2) Eunice Koffi 11		
3) Dasia Woods 10	4) Chayse Lausen 10		
18 Easton Valley		2:14.33	2
19 Monticello		2:15.73	2
1) Ella Glawatz 12	2) Claire McEmeel 9		
3) Koye Jaeger 9	4) Hailey Larrimore 9		
20 Marquette Catholic		2:19.94	1
1) Kambree Schwager 9	2) Amelia Taylor 9		
3) Kelsie Thompson 9	4) Justine Hager 9		
21 Cuba City		2:20.10	1
1) Leah Fick 11	2) Letizia Caldara 12		
3) Giulia Garau 12	4) Gracie Leeser 9		
22 Fennimore		2:20.55	1
1) Jenna Parrish 9	2) Mallori Oyen 9		
3) McKenna Helms 10	4) Lily Conley 12		
23 Galena		2:20.57	1
1) Brook Bradbury 9	2) Jaime Miller 9		
3) Lily Rausch 9	4) Gracie Schnitzler 9		

Girls 4x400 Meter Relay JV

=====				
Meet Record: M 4:21.97	2016	Wahlert Catholic, Wahlert Catholic		
		J Ganshirt, B Hasken, A Sherman, V Herbst		
School		Finals	H#	Points
=====				
1 Dubuque Hempstead		4:30.33	3	10
1) Aubrey Schlichte 10	2) Ayla Osterkamp 10			
3) Mallory Tomkins 9	4) Maddie Lesser 11			
2 Western Dubuque		4:35.19	2	8
3 Dubuque Wahlert		4:42.49	3	6
1) Karly Belken 9	2) Samantha Callahan 12			
3) Ashlin Cox 11	4) Annabelle Cearlock 9			
4 Pleasant Valley		4:44.70	2	5
1) Mikenna Culp 10	2) Kailee Wilson 9			
3) Allison Schafer 10	4) Caitlin Reiter 11			
5 Monticello		4:48.18	2	4
1) Kennedy Hermsen 9	2) Kinzi Schlarmann 9			

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....Girls 4x400 Meter Relay JV

3) Olivia Zimmerman 12	4) Savannah Freese 12		
6 Linn-Mar	4:50.07	2	3
1) Tori Sletteland 9	2) Rita Sourwine 11		
3) Megan Smiley 9	4) Morgan Like 11		
7 Cascade	4:51.42	3	2
1) Brooklyn Trumm 9	2) Grace Rhomberg 12		
3) Ella Nauman 10	4) Lilly Sutton 10		
8 Fulton	4:52.39	2	1
1) Grace Bray 9	2) Jada Schaver 9		
3) Jordin Rathburn 9	4) Kaylynn Westphal 9		
9 Madison Memorial	4:52.94	3	
1) Brenna Roe 10	2) Destiny Flowers 10		
3) Claire Lucas 11	4) Madi Hoffman 10		
10 Iowa City	4:53.07	3	
11 Verona Area	4:57.44	1	
1) Lauren Hoffman 11	2) Emma Larson 9		
3) Lilly Marks 9	4) Makena Edmunds 9		
12 Maquoketa	5:06.94	1	
1) Erin Otten 11	2) Faith Lovely 10		
3) Lexi Wallroff 10	4) Holly Manders 10		
13 Cedar Rapids Kennedy	5:16.54	3	
1) Renee Michalec 12	2) Ayda Cook 11		
3) Cora McArtor 10	4) Grace Larson 9		
14 Galena	5:34.23	1	
1) Emma Goldsmith 12	2) Sophie Grissinger 9		
3) Lily Rausch 9	4) Daisha Balayti 9		

Girls 4x800 Meter Relay JV

=====
 Meet Record: M 10:48.85 2018 Wahlert Catholic, Wahlert Catholi
 K Welbes, R Knapp, G Lueken, H Hohmann
 School Finals Points
 =====

1 Pleasant Valley	11:14.31	10
1) Kailee Wilson 9	2) Ella Welch 10	
3) Caitlin Reiter 11	4) Allison Schafer 10	
2 Linn-Mar	11:36.10	8
1) Gabby Mauren 10	2) Megan Smiley 9	
3) Rita Sourwine 11	4) Morgan Like 11	
3 Dubuque Hempstead	11:55.18	6
1) Eve Stevenson 9	2) Paris Mickelson 10	
3) Hannah McFadden 10	4) Carissaa Stockel 12	
4 Dubuque Senior	11:55.57	5
1) Lily Krapfl 12	2) Sara Rubio Fuertes 11	
3) Ella Donovan 11	4) Brealey Wullweber 9	
5 Maquoketa	12:19.64	4
1) Erin Otten 11	2) Finley Starr 10	
3) Rylee Wing 10	4) Evelyn Nelson 10	
6 Cedar Rapids Kennedy	12:28.02	3

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....Girls 4x800 Meter Relay JV

- | | | |
|--------------------------|----------------------|------------|
| 1) Cora McArtor 10 | 2) Renee Michalec 12 | |
| 3) Miah Gomez 9 | 4) Emily Brandt 9 | |
| 7 Cedar Rapids Jefferson | | 13:35.66 2 |
| 1) Lizeth Esqueda 10 | 2) Martine Niwe 12 | |
| 3) Abby Calderon 10 | 4) Alexia Kracht 10 | |

Girls 1600 Sprint Medley JV

School	Finals	H#	Points
Meet Record: M 4:48.36 2016 Wahlert Catholic, Wahlert Catholic M McCarron, S Rury, V Herbst, E Earles			
1 Dubuque Hempstead	4:54.57	3	10
1) Jillian Renne 10	2) Piper Birkenholtz 9		
3) Lauren Gehl 11	4) Mylee Lange 10		
2 Dubuque Wahlert	5:00.71	1	8
1) Lezi Zeal 10	2) Kaydence Cantril 9		
3) Karly Belken 9	4) Sarah Bandy 10		
3 Verona Area	5:10.30	3	6
1) Delaney Weid 10	2) Lauren Hoffman 11		
3) Estelle Fuller 9	4) Emma Larson 9		
4 Western Dubuque	5:10.58	3	5
5 Fulton	5:11.15	1	4
1) Haley Smither 9	2) Grace Bray 9		
3) Jada Schaver 9	4) Jordin Rathburn 9		
6 Union	5:19.17	2	3
7 Pleasant Valley	5:20.50	2	2
1) Mikenna Culp 10	2) Chloe Kramer 9		
3) Siddhi Bharadwaj 9	4) Emma Beam 9		
8 Marquette Catholic	5:24.00	1	1
1) Lilliana Tracy 9	2) Justine Hager 9		
3) Kelsie Thompson 9	4) Kambree Schwager 9		
9 Iowa City	5:27.05	3	
10 Dubuque Senior	5:32.18	2	
1) Catharine Ruden 9	2) Payton Markham 9		
3) Maggie Sullivan 12	4) Ella Donovan 11		
11 Madison Memorial	5:32.26	2	
1) Mia Walz 11	2) Sara Douglas 12		
3) Clare McDermott 11	4) Audrey Walz 11		
12 Monroe	5:32.57	2	
1) Alexis Elgin 9	2) Lillia Sumkina 12		
3) Abby Matley 11	4) Reagan Schmelzer 10		
13 Bellevue	5:34.76	3	
1) Jami Portz 11	2) Tayla Leibfried 10		
3) Hannah Braet 11	4) Delaney Dunne 12		
14 Easton Valley	5:35.30	2	
15 Galena	5:36.19	3	
1) Kaci Patterson 9	2) Aubrie Tritz 9		
3) Carly Miller 10	4) Lauren Kloss 12		

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....Girls 1600 Sprint Medley JV

16 Cedar Rapids Jefferson	5:56.89	1
1) Za'Nariyah Williams 10	2) Taylor Brejcha 10	
3) Lydia Long 10	4) Martine Niwe 12	
17 Maquoketa	6:04.51	1
1) Quinn Williams 12	2) Lexi Wallroff 10	
3) Faith Lovely 10	4) Hailey Veach 10	

Girls High Jump JV

Name	Year	School	Finals	Points
Meet Record: M 4-10 2016 Corinne Gadiant, Monticello				
Meet Record: M 4-10 2019 Ivy Dearstone, Wahlert Cath				
1 Jordin Rathburn	9	Fulton	4-09.00	10
2 Eliza Shamrell	9	Pleasant Valley	4-06.00	8
3 Miley Hanson	9	Monroe	4-04.00	6
4 Ari Eubanks	10	Madison Memorial	J4-04.00	5
5 Nevaeh Jackson	9	Madison Memorial	4-02.00	4
6 Rachel Offerman	12	Dubuque Hempstead	3-08.00	3
7 Rylee Wing	10	Maquoketa	J3-08.00	2

Girls Long Jump JV

Name	Year	School	Finals	Points
Meet Record: M 15-05 2014 Morgan Pitz, Western Dubu				
1 Eliza Shamrell	9	Pleasant Valley	14-04.50	10
2 Camdyn Kay	11	Dubuque Hempstead	14-00.00	8
3 Kaci Patterson	9	Galena	13-09.50	6
4 Erisa Rushiti	11	Verona Area	13-07.00	5
5 Hailey VanZuiden	12	Fulton	13-03.50	4
6 Grace Schmidt	10	Pleasant Valley	13-03.00	3
7 Jayda Smith	11	Madison Memorial	13-02.00	2
8 Madison Randall	9	Western Dubuque	13-00.00	1
9 Grace Barnard	11	Madison Memorial	12-11.50	
10 Sophie Jasper	9	Dubuque Senior	12-10.00	
11 Alie Sakk	11	Madison Memorial	12-06.50	
12 Avery Mertz	9	Western Dubuque	12-06.00	
13 Leah Steger	8	Western Dubuque	12-02.00	
13 Jordan Summers	12	Verona Area	12-02.00	
15 Delaney Fortney	11	Monroe	11-03.00	
16 Ornella Adanhou	10	Verona Area	11-02.00	
17 Greta Gammage	9	Dubuque Hempstead	11-00.50	
18 Mady Lutton	9	Easton Valley	10-10.00	
18 Miley Hanson	9	Monroe	10-10.00	
20 Alexis Elgin	9	Monroe	10-08.00	
21 Evelyn Harbin	12	Dubuque Hempstead	10-05.50	
22 Kaydence Ahart	9	Dubuque Senior	10-05.00	
23 Tristin Jones	12	Dubuque Senior	10-03.50	

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....Girls Long Jump JV

-- Brook Bradbury	9 Galena	FOUL
-- Jaime Miller	9 Galena	FOUL

Girls Shot Put JV

Meet Record: M 32-04.25 2018 Kaitlyn Morgan, Pleasant Val					
Name	Year	School	Finals	H#	Points
1 Isabella Digman	10	Cuba City	29-05.00	3	10
2 Carley Knapp	9	Western Dubuque	29-00.00	3	8
3 Claire Neblett	11	Madison Memorial	28-04.00	3	6
4 Makayla Owens	10	Madison Memorial	27-05.00	3	5
5 Marisa Grant	12	Monticello	25-06.00	3	4
6 Lainey Welp	9	Cuba City	25-05.00	3	3
7 Halle Larew	9	Iowa City	24-10.00	3	2
8 Camille Jackson	10	Madison Memorial	J24-10.00	3	1
9 Percy Haag	10	Verona Area	24-07.00	2	
10 Zulieka Nodal	11	Cascade	24-05.00	2	
11 Cora Boop	11	Galena	24-01.00	2	
12 Pru Strauch	12	Monroe	23-10.00	3	
13 Molly Carlson	9	Iowa City	23-06.00	3	
14 Addy McDermott	9	Linn-Mar	22-06.25	3	
15 Kristina Foley	11	Western Dubuque	22-06.00	2	
16 Lillyan Courtney	11	Bellevue	22-03.00	2	
17 Alaina DeSotel	10	Marquette Catholic	22-02.00	2	
18 Kyrie Zimmerman	11	Monticello	22-01.00	1	
19 Kimberly Steffens	10	Dubuque Hempstead	21-08.00	2	
19 Emma Schwendinger	11	Monticello	21-08.00	2	
21 Hayley Rahn	12	Verona Area	21-07.00	2	
22 Katie Otten	10	Maquoketa	21-04.00	1	
23 Layla Fry	9	Monroe	21-02.00	2	
24 Lydia Troester	9	Cuba City	21-01.00	1	
25 Kristina Haumer	12	Monroe	20-08.00	3	
26 Magnolia Adanhou	12	Verona Area	20-03.00	1	
27 Lakera Hannah	12	Maquoketa	19-09.00	1	
28 Cameron Einsweiler	9	Galena	19-08.00	2	
29 Bella Bush	9	Fulton	18-04.00	1	
30 Avalon May	11	CR Kennedy	18-03.00	1	
31 Laila Stoner-Davis	9	Linn-Mar	18-01.00	3	
32 Aariel White	10	Dubuque Senior	18-00.00	1	
33 Cheyenne Hoffmann	9	Western Dubuque	17-11.00	1	
34 Keana Williams	9	Dubuque Senior	17-04.00	1	
35 Victoria Wall	10	Galena	16-08.00	1	
36 Lizzie Stoner-Davis		Linn-Mar	15-07.00	2	
37 Payton Mickelson	10	Dubuque Hempstead	14-03.00	1	

Women - Varsity - Team Rankings - 13 Events Scored

1) Iowa City	51	2) Dubuque Wahlert	42
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....Girls Shot Put JV

3) Western Dubuque	39	4) Union	37
5) Dubuque Hempstead	35	6) Cedar Rapids Kennedy	34
7) Cascade	30.50	8) Linn-Mar	26
9) Verona Area	25	10) Galena	24.50
11) Maquoketa	24	12) Dubuque Senior	22
13) Monticello	21	14) Calamus-Wheatland	19
15) Madison Memorial	16	16) Pleasant Valley	14
17) Fulton	12	18) Easton Valley	10
18) Cuba City	10	20) Monroe	9
21) Fennimore	4	22) Bellevue	2

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Women - JV - Team Rankings - 9 Events Scored

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1) Dubuque Hempstead	63	2) Pleasant Valley	40
2) Western Dubuque	40	4) Madison Memorial	37
5) Fulton	29	6) Dubuque Wahlert	26
7) Iowa City	19	8) Dubuque Senior	14
9) Verona Area	13	9) Cuba City	13
11) Linn-Mar	11	12) Monticello	8
13) Maquoketa	7	14) Galena	6
14) Monroe	6	14) Union	6
17) Cascade	4	18) Cedar Rapids Kennedy	3
19) Cedar Rapids Jefferson	2	20) Bellevue	1
20) Marquette Catholic	1		