

St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results

Men 100 Meter Dash

Name	Year	School	Finals	Wind	H#
Finals					
1 Justin Cunningham	SO	Southwestern CC	10.92	1.8	3
2 Noah Mack	FR	DuPage	11.23	1.8	3
3 Lucas Woodside	SO	Southeastern CC	11.40	1.8	3
4 Ethan Fox	SO	Sauk Valley CC	11.57	1.8	3
5 Connor Christophersen	0	Iowa Track	X11.58	1.8	3
6 Jonovan Findley	FR	Southeastern CC	11.72	2.5	1
7 Andrew Olenek	SR	St. Ambrose	11.75	1.8	3
8 Jack Merlo	FR	St. Ambrose	11.86	1.6	2
9 Gabriel Parker	FR	DuPage	11.95	1.6	2
10 Lane Grice	FR	Monmouth (Ill.)	12.07	1.8	3
11 Aubrey Obershan	FR	DuPage	12.30	2.5	1
12 Jordan Sharp	FR	Southeastern CC	12.31	1.6	2
13 Dominic Cokinis	FR	DuPage	12.43	2.5	1
14 Erik Hite	0	Iowa Track	X12.44	1.6	2
15 Brian Segura	0	Iowa Track	X12.46	1.6	2
16 Tramere Cornelius	FR	DuPage	12.69	1.6	2
17 Zaki Mohammed	FR	DuPage	12.87	2.5	1
18 Kenyon Baker	FR	Southeastern CC	12.88	2.5	1
19 Thomas Parisi		Iowa Track	X13.03	1.6	2
20 Alex Steffensmeier	SO	Southeastern CC	13.35	1.6	2
21 Raul Garcia	FR	Monmouth (Ill.)	14.02	1.8	3

Men 200 Meter Dash

Name	Year	School	Finals	Wind	H#
1 Noah Mack	FR	DuPage	22.62	1.7	5
2 Justin Cunningham	SO	Southwestern CC	22.71	1.8	6
3 Adrian Outlaw	FR	Monmouth (Ill.)	23.18	1.7	5 23.172
4 Connor Christophersen	0	Iowa Track	X23.18	1.8	6 23.174
5 Graham McAninch	FR	DuPage	23.70	2.3	4
6 Robert Norton	SO	Southwestern CC	23.78	1.8	6
7 Joshua Mottet	FR	St. Ambrose	23.87	1.7	5
8 Carson Jensen	0	Iowa Track	X23.97	2.3	4
9 Derek Erdman	SO	DuPage	24.10	1.1	3
10 Luke Jachimiec	FR	Monmouth (Ill.)	24.12	1.7	5
11 Javon Bruce	SO	Sauk Valley CC	24.14	2.3	4 24.132
12 Jonovan Findley	FR	Southeastern CC	24.14	1.8	6 24.139
13 Ethan Fox	SO	Sauk Valley CC	24.15	2.3	4
14 Gabriel Parker	FR	DuPage	24.17	2.4	2
15 Patrick Curry	FR	Monmouth (Ill.)	24.21	2.3	4
16 Davea Davis	SR	St. Ambrose	24.34	2.2	1
17 Owen McBride	FR	Sauk Valley CC	24.57	1.1	3
18 Jack Sauder	FR	DuPage	24.72	1.1	3
19 Jordan Sharp	FR	Southeastern CC	24.84	2.3	4
20 Alex Mendez	FR	DuPage	24.94	2.2	1

St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results

....Men 200 Meter Dash

21	Nate Long	JR	St. Ambrose	24.98	2.4	2
22	Aubrey Obershan	FR	DuPage	25.05	2.2	1
23	Dominic Cokinis	FR	DuPage	25.09	2.4	2
24	Brian Segura	0	Iowa Track	X25.38	1.1	3
25	Harry Liobrera	SO	DuPage	26.03	1.1	3
26	Mohammed Ali	FR	DuPage	26.05	2.4	2
27	Dawson Wherle	FR	Southeastern CC	26.22	2.2	1
28	Tramere Cornelius	FR	DuPage	26.69	2.3	4
29	Thomas Parisi		Iowa Track	X27.02	2.4	2
30	Alex Steffensmeier	SO	Southeastern CC	27.12	2.4	2
31	Kaden Welty	FR	Sauk Valley CC	27.26	2.4	2
32	Joey Twardowski	FR	Monmouth (Ill.)	27.31	1.1	3
33	Kenyon Baker	FR	Southeastern CC	27.83	2.4	2

Men 400 Meter Dash

Name	Year	School	Finals	H#
1	Graham McAninch	FR DuPage	51.02	3
2	Carson Jensen	0 Iowa Track	X51.50	3
3	Ben Olson	FR Southwestern CC	51.51	3
4	Robert Norton	SO Southwestern CC	51.68	3
5	Jonathon Hackett	FR Southwestern CC	52.68	3
6	Derek Erdman	SO DuPage	52.91	2 52.908
7	Javon Bruce	SO Sauk Valley CC	52.91	3 52.909
8	Kobe Wyldon	FR Southeastern CC	54.61	3
9	Maxwell Stoos	JR St. Ambrose	54.80	2
10	Dominic Neely	FR St. Ambrose	55.01	2
11	Alex Mendez	FR DuPage	55.05	2
12	Justin Bowers	FR St. Ambrose	55.06	1
13	Owen McBride	FR Sauk Valley CC	55.64	2
14	Ryan Warrick	FR St. Ambrose	55.74	1
15	Steven Austin	Iowa Track	X57.98	2
16	Dawson Wherle	FR Southeastern CC	58.56	1
17	Harry Liobrera	SO DuPage	58.74	2

Men 800 Meter Run

Name	Year	School	Finals	H#
1	Sebastian Esparza	SO DuPage	2:01.93	2
2	Anthony Eddy	SO DuPage	2:03.58	2
3	Chase Oates	FR Southwestern CC	2:07.09	2
4	Kevin Chaney	FR St. Ambrose	2:07.36	2
5	Sheldon Powell	FR DuPage	2:09.17	1
6	Will Dowda	SO St. Ambrose	2:09.19	2
7	Luke Benes	SO St. Ambrose	2:09.77	2
8	Nick Simpson	0 Iowa Track	X2:11.10	1
9	Matt Acosta	JR St. Ambrose	2:11.97	2

St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results

....Men 800 Meter Run

10	Axel Huerta	SO DuPage	2:12.66	1
11	Dayton Hauger	SO St. Ambrose	2:13.97	2
12	Noah Maske	SO St. Ambrose	2:14.75	1
13	Ryan Kuhlman	FR Southeastern CC	2:16.01	1
14	Donnie Ingram	SO St. Ambrose	2:18.37	1
15	Kaden Welty	FR Sauk Valley CC	2:21.40	1

Men 1500 Meter Run

Name	Year	School	Finals	H#
1	Sheldon Powell	FR DuPage	4:16.38	2
2	Chase Oates	FR Southwestern CC	4:16.46	2
3	Chris Miserendino	FR St. Ambrose	4:21.05	2
4	Nathan Boleyn	SO St. Ambrose	4:21.93	2
5	Axel Huerta	SO DuPage	4:26.57	2
6	Randy Almarales	FR DuPage	4:29.62	2
7	Bryan Flentge	SO St. Ambrose	4:31.56	2
8	Freddy Vergara	FR Southeastern CC	4:34.35	2
9	Braden Bernas	JR Monmouth (Ill.)	4:36.06	2
10	Tommy Ashby	JR St. Ambrose	4:36.70	2
11	Nick Feller	Iowa Track	X4:39.20	1
12	Eli Newton	SO Monmouth (Ill.)	4:42.55	2
13	Abdi Mohamed	SO Southeastern CC	4:44.01	1
14	William Plumley	JR Monmouth (Ill.)	4:47.57	1
15	Josiah Teller	FR Southeastern CC	4:53.92	1
16	Brady Benoit	Iowa Track	X5:03.17	1
17	Parker Walsh	FR DuPage	5:31.49	1

Men 10000 Meter Run

Name	Year	School	Finals
1	Chris King	Iowa Track	X34:26.22
2	Caleb Deboer	SO DuPage	34:27.19
3	Nicholas Keeling	FR DuPage	34:29.61
4	Mick Flannery	Iowa Track	X34:39.55
5	Grant Trentz	Iowa Track	X34:58.02
6	Brooks Julian	FR Southeastern CC	35:47.16
7	Timothy O'Leary	FR DuPage	37:02.44
8	Kile Dowd	SO Southeastern CC	38:10.15

Men 110 Meter Hurdles

Name	Year	School	Finals	Wind
1	Lucas Woodside	SO Southeastern CC	16.23	1.6
2	Graham McAninch	FR DuPage	17.12	1.6
3	Alex Bates	SO Southwestern CC	18.25	1.6

St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results

....Men 110 Meter Hurdles

4 Peter Soutsos	FR Monmouth (Ill.)	19.04	1.6
5 Jonathon Hackett	FR Southwestern CC	19.30	1.6

Men 400 Meter Hurdles

Name	Year School	Finals
1 Will Reemtsma	SR St. Ambrose	53.00
2 Alex Bates	SO Southwestern CC	1:00.24
3 Reed Bona	SR Monmouth (Ill.)	1:01.02
4 Gage Godsey	FR Southwestern CC	1:02.16
5 Peter Soutsos	FR Monmouth (Ill.)	1:08.06

Men 3000 Meter Steeplechase

Name	Year School	Finals
1 Neo Colter	JR Monmouth (Ill.)	10:51.21
2 Eli Perry	FR Monmouth (Ill.)	11:26.26
3 Mason Hills-Carrier	FR Southeastern CC	13:04.95
4 Mason Dunn	Iowa Track	X14:04.06

Men 4x100 Meter Relay

School	Finals
1 St. Ambrose	41.94
1) Austin Kalar JR	2) Will Reemtsma SR
3) Nikolas Norton FR	4) Yemi Ward FR
2 Monmouth (Ill.)	43.25
1) Reed Bona SR	2) Luke Ditsworth SR
3) Luke Jachimiec FR	4) Adrian Outlaw FR
3 DuPage	44.08
1) Gabriel Parker FR	2) Aubrey Obershan FR
3) Tramere Cornelius FR	4) Noah Mack FR
4 Southeastern CC	44.15
1) Jordan Sharp FR	2) Kobe Wyldon FR
3) Jonovan Findley FR	4) Lucas Woodside SO
5 St. Ambrose 'B'	x45.02
1) Brandon Connors FR	2) Jeremiah Crawford FR
3) Donte Sibley FR	4) Andrew Olenek SR
6 Monmouth (Ill.) 'B'	x45.17
1) Riley Bernas SO	2) Lane Grice FR
3) Johnny York FR	4) Patrick Curry FR
7 Iowa Track and Field Club	X45.26
1) Erik Hite 0	2) Connor Christophersen 0
3) Brian Segura 0	4) Carson Jensen 0

**St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results**

Men 4x400 Meter Relay

School	Finals	H#
1 Southwestern CC 1) Ben Olson FR 3) Justin Cunningham SO	3:30.90	2
2 Monmouth (Ill.) 1) Reed Bona SR 3) Eli Newton SO	3:31.09	2
3 St. Ambrose 1) Matt Acosta JR 3) Ryan Warrick FR	3:42.53	2
4 St. Ambrose 'C' 1) Dayton Hauger SO 3) Will Dowda SO	x3:46.51	1
5 Southwestern CC 'B' 1) Alex Bates SO 3) Conrad Schroeder SO	x3:47.66	1
6 St. Ambrose 'B' 1) Chris Miserendino FR 3) Donnie Ingram SO	x3:54.47	1

Men High Jump

Name	Year School	Finals
1 Ben Olson 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 P P O O O XO XXO XXX	FR Southwestern CC	1.85m 6-00.75
2 Isaac Mojica 1.55 1.60 1.65 1.70 1.75 1.80 1.85 P P P P O O XXX	JR St. Ambrose	1.80m 5-10.75
3 Jonathon Hackett 1.55 1.60 1.65 1.70 1.75 P P O XXO XXX	FR Southwestern CC	1.70m 5-07.00
4 Joey Twardowski 1.55 1.60 1.65 1.70 O XXO XXO XXX	FR Monmouth (Ill.)	1.65m 5-05.00
5 Keion Lewis 1.55 1.60 1.65 P XXO XXX	FR St. Ambrose	1.60m 5-03.00

Men Pole Vault

Name	Year School	Finals
1 Cameron Abell 3.18 3.33 3.48 3.63 3.78 3.93 4.08 4.23 4.38 4.53 4.65 P P P P P P P O O O XXX	SO Sauk Valley CC	4.53m 14-10.25

**St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results**

....Men Pole Vault

2	Jack Sauder	FR DuPage	4.38m	14-04.50
	3.18 3.33 3.48 3.63 3.78 3.93 4.08 4.23 4.38 4.53			
	P P P P P P P O O XXX			
3	Joshua Mottet	FR St. Ambrose	4.23m	13-10.50
	3.18 3.33 3.48 3.63 3.78 3.93 4.08 4.23 4.38			
	P P P P P P P O XXX			
4	Reed Bona	SR Monmouth (Ill.)	4.08m	13-04.50
	3.18 3.33 3.48 3.63 3.78 3.93 4.08 4.23			
	P P P P XO XO O XXX			
5	Justin Bowers	FR St. Ambrose	3.93m	12-10.75
	3.18 3.33 3.48 3.63 3.78 3.93 4.08			
	P P P O XO XXO XXX			
6	Nate Long	JR St. Ambrose	J3.93m	12-10.75
	3.18 3.33 3.48 3.63 3.78 3.93 4.08			
	P P P XO XO XXO XXX			
7	Thomas Kling	FR DuPage	3.78m	12-04.75
	3.18 3.33 3.48 3.63 3.78 3.93			
	P XXO O O O XXX			
8	Isaac Mojica	JR St. Ambrose	3.63m	11-10.75
	3.18 3.33 3.48 3.63 3.78			
	P P XXO O XXX			
9	Keagan Anderson	JR St. Ambrose	3.33m	10-11.00
	3.18 3.33 3.48			
	P XXO XXX			
--	Dominic Cokinis	FR DuPage		NH
	3.18			
	XXX			
--	Jacob Mertes	SO St. Ambrose		NH
	3.18 3.33 3.48			
	P P XXX			

Men Long Jump

Name	Year School	Finals	Wind
1 Ben Olson	FR Southwestern CC	6.82m	NWI 22-04.50
6.75m(NWI) 6.82m(NWI) PASS	6.58m(NWI) 6.59m(NWI) 6.71m(NWI)		
2 Keion Lewis	FR St. Ambrose	6.42m	NWI 21-00.75
6.16m(NWI) 6.19m(NWI) 6.16m(NWI) 6.28m(NWI) 6.42m(NWI) 6.35m(NWI)			
3 Ethan Fox	SO Sauk Valley CC	6.29m	NWI 20-07.75
6.17m(NWI) 5.96m(NWI) 5.95m(NWI) 6.12m(NWI) 6.04m(NWI) 6.29m(NWI)			
4 Jonathon Hackett	FR Southwestern CC	6.28m	NWI 20-07.25
5.81m(NWI) 6.21m(NWI) 6.28m(NWI) 6.08m(NWI) FOUL	6.18m(NWI)		
5 Gabriel Parker	FR DuPage	6.16m	NWI 20-02.50
6.16m(NWI) 6.16m(NWI) 5.92m(NWI) PASS PASS	PASS		
6 Johnny York	FR Monmouth (Ill.)	5.96m	NWI 19-06.75
5.63m(NWI) 5.96m(NWI) FOUL PASS PASS	PASS		
7 Joseph Vollmer	FR St. Ambrose	5.70m	NWI 18-08.50
5.68m(NWI) 5.42m(NWI) 5.57m(NWI) FOUL	5.51m(NWI) 5.70m(NWI)		



**St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results**

....Men Long Jump

8	Aubrey Obershan	FR DuPage	5.61m	NWI	18-05.00
	5.61m(NWI) 5.55m(NWI) 5.51m(NWI)	PASS PASS PASS			
9	Luke Jachimiec	FR Monmouth (Ill.)	5.59m	NWI	18-04.25
	FOUL 5.35m(NWI) 5.59m(NWI)	PASS PASS PASS			
10	Dominic Neely	FR St. Ambrose	5.59m	NWI	18-04.25
	5.59m(NWI) 5.01m(NWI) 4.72m(NWI)				
11	Maurice Greene	SR Monmouth (Ill.)	5.38m	NWI	17-08.00
	FOUL FOUL 5.38m(NWI)				
--	Zaki Mohammed	FR DuPage	FOUL		
	FOUL FOUL FOUL				

Men Triple Jump

Name	Year	School	Finals	Wind
1 Keion Lewis	FR	St. Ambrose	12.70m	NWI 41-08.00
	12.70m(NWI)	FOUL 12.25m(NWI)	PASS PASS 12.21m(NWI)	
2 Abu Kemokai	FR	Southwestern CC	12.33m	NWI 40-05.50
	11.75m(NWI) 11.98m(NWI)	12.33m(NWI) 12.29m(NWI)	FOUL 12.19m(NWI)	
3 Maurice Greene	SR	Monmouth (Ill.)	12.22m	NWI 40-01.25
	11.98m(NWI) 12.02m(NWI)	12.21m(NWI) FOUL	12.22m(NWI) 11.75m(NWI)	
4 Mohammed Ali	FR	DuPage	11.97m	NWI 39-03.25
	11.97m(NWI) 11.82m(NWI)	FOUL FOUL FOUL	PASS	
5 Joseph Vollmer	FR	St. Ambrose	11.64m	NWI 38-02.25
	11.64m(NWI) FOUL	FOUL FOUL FOUL	FOUL	
-- Koral Flinn	FR	DuPage	FOUL	
	FOUL FOUL FOUL	FOUL FOUL FOUL	PASS	
-- Keagan Anderson	JR	St. Ambrose	FOUL	
	FOUL FOUL FOUL	FOUL FOUL FOUL	FOUL	
-- Anthony Bianchi	SO	St. Ambrose	FOUL	
	FOUL FOUL FOUL	FOUL FOUL FOUL	PASS	

Men Shot Put

Name	Year	School	Finals	H#
1 Mykolas Saloninas	SR	St. Ambrose	16.11m	52-10.25 2
	14.89m 14.86m	FOUL 15.37m 15.52m	16.11m	
2 Jonah Wilson	JR	St. Ambrose	15.33m	50-03.50 2
	14.57m 14.61m	FOUL FOUL FOUL	15.33m	
3 Alec Seifert	SR	St. Ambrose	14.82m	48-07.50 2
	13.65m FOUL 13.74m	14.82m 14.48m	FOUL	
4 Kyle Uhl	SO	St. Ambrose	14.07m	46-02.00 2
	FOUL 14.07m 13.91m	13.31m 12.85m	13.50m	
5 Bryce Peacher	SR	St. Ambrose	13.80m	45-03.50 2
	12.83m 13.67m	FOUL 13.51m 13.57m	13.80m	
6 Caleb Toberman	SO	Monmouth (Ill.)	12.84m	42-01.50 2
	12.50m 11.50m	12.84m FOUL	12.36m	FOUL



**St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results**

....Men Shot Put

7	Sam Phillips	SR Monmouth (Ill.)	12.59m	41-03.75	2
	12.14m 12.59m 12.53m 11.04m	FOUL FOUL			
8	Conrad Schroeder	SO Southwestern CC	12.12m	39-09.25	1
	11.26m 10.66m 11.71m	FOUL 11.25m 12.12m			
9	Blake Orwig	FR Monmouth (Ill.)	11.69m	38-04.25	2
	11.64m FOUL 11.67m	FOUL 11.69m 11.61m			
10	Lyden King	FR Sauk Valley CC	10.98m	36-00.25	1
	10.16m 10.98m 10.17m				
11	Shane Anderson	SO Monmouth (Ill.)	10.78m	35-04.50	1
	9.85m 10.35m 10.78m				
12	Dustyn Kocsis	FR DuPage	10.67m	35-00.25	2
	10.67m 10.60m	FOUL			
13	Isaias Lopez	FR DuPage	10.21m	33-06.00	2
	FOUL 9.43m 10.21m				
14	Jace L'Heureux	FR Southwestern CC	9.78m	32-01.00	1
	9.78m 9.70m	PASS			
15	Luke Gavin	FR DuPage	9.42m	30-11.00	1
	FOUL 9.42m	FOUL			
16	Joe Sonntag	FR Southwestern CC	9.36m	30-08.50	1
	9.36m 9.11m 8.58m				
17	Austin Cernich	FR Sauk Valley CC	6.88m	22-07.00	1
	6.61m 6.88m	FOUL			

Men Discus Throw

=====					
Name	Year	School	Finals	H#	
=====					
1	Mykolas	Saloninas	SR St. Ambrose	52.22m	171-04 2
	33.86m 37.12m 50.61m	FOUL 52.22m	FOUL		
2	Jonah	Wilson	JR St. Ambrose	42.30m	138-09 2
	40.45m FOUL 37.39m	FOUL 42.30m 41.59m			
3	Bryce	Peacher	SR St. Ambrose	42.02m	137-10 2
	37.97m 38.95m 42.02m	FOUL 39.11m	FOUL		
4	Hunter	Kasap	JR St. Ambrose	41.28m	135-05 2
	FOUL FOUL 41.28m 40.68m	39.92m 39.56m			
5	Caleb	Toberman	SO Monmouth (Ill.)	40.66m	133-05 2
	40.66m 37.27m	FOUL 29.38m	FOUL FOUL		
6	Dustyn	Kocsis	FR DuPage	38.37m	125-11 1
	35.40m 34.64m 35.54m	38.37m 33.51m 37.59m			
7	Shane	Anderson	SO Monmouth (Ill.)	37.91m	124-04 2
	FOUL 37.91m 36.97m	37.05m 36.77m 37.34m			
8	Alec	Seifert	SR St. Ambrose	37.43m	122-10 2
	35.03m FOUL 37.43m	FOUL FOUL 33.26m			
9	Blake	Orwig	FR Monmouth (Ill.)	34.71m	113-10 1
	34.71m 32.80m 33.66m	FOUL 33.13m 30.48m			
10	Conrad	Schroeder	SO Southwestern CC	33.57m	110-02 2
	31.11m 32.86m 33.57m				
11	Isaias	Lopez	FR DuPage	32.77m	107-06 1
	29.40m 29.74m 32.77m				



**St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results**

....Men Discus Throw

12 Luke Gavin	FR DuPage	26.53m	87-00	1
23.02m 26.53m 25.12m				
13 Jace L'Heureux	FR Southwestern CC	24.17m	79-03	1
FOUL FOUL 24.17m				
14 Joe Sonntag	FR Southwestern CC	22.16m	72-08	1
FOUL 18.77m 22.16m				
15 Lyden King	FR Sauk Valley CC	20.52m	67-04	1
18.94m 20.52m FOUL				
16 Austin Cernich	FR Sauk Valley CC	19.93m	65-05	1
18.82m 19.93m 19.09m				

Men Hammer Throw

Name	Year School	Finals	
1 Caleb Toberman	SO Monmouth (Ill.)	48.23m	158-03
45.57m FOUL 43.85m FOUL 48.23m FOUL			
2 Hunter Kasap	JR St. Ambrose	43.77m	143-07
FOUL 43.77m FOUL FOUL FOUL FOUL			
3 Shane Anderson	SO Monmouth (Ill.)	43.43m	142-06
42.78m 43.43m 43.15m FOUL FOUL FOUL			
4 Kaden Swanger	SO St. Ambrose	40.42m	132-07
37.67m 39.80m FOUL 40.42m FOUL FOUL			
5 Blake Orwig	FR Monmouth (Ill.)	39.54m	129-09
FOUL 37.24m 36.30m 39.54m 36.09m 38.04m			
6 Isaias Lopez	FR DuPage	34.85m	114-04
FOUL 31.10m FOUL 32.42m 33.15m 34.85m			
7 Conrad Schroeder	SO Southwestern CC	34.78m	114-01
26.46m FOUL 32.57m 30.32m FOUL 34.78m			
8 Anthony Woods	SO St. Ambrose	34.06m	111-09
34.06m FOUL 33.76m FOUL 32.24m FOUL			
9 Luke Gavin	FR DuPage	30.91m	101-05
28.54m 30.91m 29.29m FOUL 28.66m FOUL			
10 Dustyn Kocsis	FR DuPage	30.19m	99-00
FOUL FOUL 30.19m			
11 Ethan Woods	FR St. Ambrose	24.07m	79-00
17.72m 24.07m FOUL			
12 Jace L'Heureux	FR Southwestern CC	22.98m	75-05
22.94m 22.98m 21.75m			
13 Lyden King	FR Sauk Valley CC	19.32m	63-05
16.24m 19.32m 18.02m			
14 Joe Sonntag	FR Southwestern CC	18.38m	60-04
FOUL 18.38m 17.08m			
15 Austin Cernich	FR Sauk Valley CC	13.27m	43-06
FOUL 13.27m 11.61m			
-- Payton Woods	JR St. Ambrose	FOUL	
FOUL FOUL FOUL			

**St. Ambrose Spring Opener
St. Vincent Athletic Complex
Davenport, Iowa - 4/1/2023
Results**

Men Javelin Throw

Name	Year	School	Finals	
1 Conrad Schroeder	SO	Southwestern CC	46.63m	153-00
41.77m 39.74m FOUL	42.15m	44.70m	46.63m	
2 Simon Holland	SO	St. Ambrose	42.03m	137-11
40.93m 41.14m FOUL	39.19m	FOUL	42.03m	
3 Sam Phillips	SR	Monmouth (Ill.)	41.03m	134-07
38.95m 40.46m 40.78m	40.86m	FOUL	41.03m	
4 Thomas Kling	FR	DuPage	37.66m	123-07
35.74m FOUL 23.04m	28.82m	37.66m	35.98m	
5 Mohammed Ali	FR	DuPage	31.12m	102-01
26.55m 31.12m 29.98m				
6 Jace L'Heureux	FR	Southwestern CC	30.89m	101-04
25.37m 30.89m 27.13m	26.86m	25.17m	30.08m	
7 Austin Cernich	FR	Sauk Valley CC	28.17m	92-05
23.03m 26.28m FOUL	24.93m	24.22m	28.17m	
8 Kaden Swanger	SO	St. Ambrose	27.92m	91-07
27.01m 25.05m 27.92m	24.54m	FOUL	26.42m	
9 Jack Sauder	FR	DuPage	27.28m	89-06
FOUL 27.28m 26.30m				
10 Abu Kemokai	FR	Southwestern CC	25.90m	85-00
25.90m 24.95m 23.68m	23.55m	23.10m	12.62m	
11 Joe Sonntag	FR	Southwestern CC	25.53m	83-09
25.53m 23.17m 20.37m	22.00m	25.01m	22.22m	
12 Luke Gavin	FR	DuPage	24.37m	79-11
21.09m 23.33m 24.37m				