

Onalaska Middle School Invitational
Onalaska High School
Onalaska, Wisconsin - 4/13/2023
Results

Girls 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Ella Ballmer	8	Onalaska Mid	14.57	9	6
2 Molly McBride	8	Holmen Middl	14.67	8	4
3 Ella Everson	7	Holmen Middl	14.70	9	3
4 Hannah Kleiner	7	Holmen Middl	14.86	8	2
5 Emily Lepak	8	Aquinas	15.01	9	1
6 Elsa Swiggum	8	Westby	15.07	9	
7 Pearl Schwinn-Weaver	10	Aquinas	15.16	7	
8 Jada Clay	8	Onalaska Mid	15.38	9	
9 Ava Amundson	8	Holmen Middl	15.43	9	
10 Madilynn Nicholson	8	Onalaska Mid	15.48	8	
11 Caitlin Wengel	8	Aquinas	15.60	9	
12 Avery Arms	8	Holmen Middl	15.70	8	
13 Ava Kujak	7	Aquinas	15.78	7	
14 Zoey Olesevich	7	Onalaska Mid	15.85	3	
15 Ilyanna Martinez	7	Onalaska Mid	15.90	3	
16 Delilah Heacox	8	Holmen Middl	15.95	8	
17 Natalie Barr	7	Onalaska Mid	15.97	9	
18 Kate Arsenault	8	Onalaska Mid	15.99	8	
19 Ali Amundson	7	Westby	16.04	7	
20 Nevaeh Williams	8	Onalaska Mid	16.09	7	
21 Lilli Ryan	8	Onalaska Mid	16.12	3	
22 Claire Verzwylvelt	7	Onalaska Mid	16.19	1	
23 Avery Cowley	7	Onalaska Mid	16.32	1	
24 Elle Steffens	7	Holmen Middl	16.51	8	
25 Birgitta Finn	8	Holmen Middl	16.66	6	16.651
25 Adesa Mahlum	7	Holmen Middl	16.66	8	16.651
27 Reagan O'Neill	6	Aquinas	16.67	6	
28 Pairis Wolf	8	Onalaska Mid	16.74	3	
29 Aubrey Jakes	6	Aquinas	16.85	5	
30 Isabella Patton	8	Onalaska Mid	16.99	2	
31 Cassidy Knoll	8	Holmen Middl	17.08	5	
32 Brennan Lawrence	7	Holmen Middl	17.11	6	
33 Teegan Wagner	8	Onalaska Mid	17.29	6	
34 Alex Seielstad	7	Onalaska Mid	17.41	2	
35 Emma Young	8	Onalaska Mid	17.52	5	
36 Simone Swanson	6	Aquinas	17.59	6	17.583
37 Eva King	8	Onalaska Mid	17.59	6	17.586
38 Wendi Shilts	8	Onalaska Mid	17.67	2	
39 Brynn Skala	6	Westby	17.75	4	
40 Molly Stanton	7	Aquinas	17.77	4	17.764
41 Pyper Moen	7	Holmen Middl	17.77	7	17.766
42 Alexis Manning	7	Holmen Middl	17.96	7	
43 Maria Magozzi	7	Holmen Middl	18.09	7	
44 Lilli Phetteplace-Faas	8	Onalaska Mid	18.12	6	
45 Leah Nofsinger	6	Westby	18.35	1	
46 Sofia Gerlach	7	Onalaska Mid	18.43	1	

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47 Alexis Wentz	8 Holmen Middl	18.47	5
48 Jordan Shanigan	8 Holmen Middl	18.51	7
49 Cali Grosch	7 Onalaska Mid	18.55	5
50 Kendyl Dove	8 Holmen Middl	18.80	5
51 Summer Yang	7 Onalaska Mid	18.88	1
52 Willow Larson	7 Onalaska Mid	19.09	4
53 Allison Komperud	7 Onalaska Mid	19.46	2
54 Delilah Lenox	8 Onalaska Mid	19.55	4
55 Izzy Ellenz	6 Aquinas	19.66	4
56 Bella Grethel	7 Westby	20.61	5
57 Felicity Korger	6 Aquinas	20.80	4
58 Nevaeh Marsh	7 Westby	21.33	3
59 Madeline Michaels	7 Westby	21.36	2

Girls 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Elise Myre	7 Aquinas	30.28	4	6
2 Ava Amundson	8 Holmen Middl	30.73	4	4
3 Ella Everson	7 Holmen Middl	30.86	4	3
4 Elsa Swiggum	8 Westby	31.14	4	2
5 Hannah Kleiner	7 Holmen Middl	31.47	4	1
6 Zoey Olesevich	7 Onalaska Mid	32.31	1	
7 Talia Bembnister	8 Holmen Middl	32.35	3	
8 Ali Amundson	7 Westby	32.51	1	
9 Ava Senn	7 Onalaska Mid	32.77	1	
10 Makenzie Rothfahn	8 Holmen Middl	32.83	3	
11 Teagan Boge	7 Aquinas	33.03	3	
12 Maya Hartman	8 Aquinas	33.35	2	
13 Natalie Barr	7 Onalaska Mid	33.36	4	
14 Amelia Dewey	7 Holmen Middl	33.81	4	
15 Kate Arsenault	8 Onalaska Mid	34.09	4	
16 Amelia Hoven	7 Westby	34.66	3	
17 Vivian Guzzo	7 Onalaska Mid	34.88	1	
18 Reagan O'Neill	6 Aquinas	35.15	2	
19 Ayla Jeffers	7 Holmen Middl	35.94	3	
20 Adalyn Heim	7 Holmen Middl	36.48	3	
21 Lahna Bloyer	7 Holmen Middl	36.51	2	36.501
22 Isabella Patton	8 Onalaska Mid	36.51	1	36.509
23 Sofia Gerlach	7 Onalaska Mid	37.13	1	
24 Emilia Suarez	7 Holmen Middl	37.24	2	
25 Shashi Getachew	7 Aquinas	37.41	3	
26 Addison Steine	8 Holmen Middl	37.46	3	
27 Finley Schams	7 Onalaska Mid	37.56	1	
28 Katelyn McKane	7 Onalaska Mid	38.12	1	
29 Elsie Brewer	7 Aquinas	41.32	2	
30 Nora Aliesch-Swanson	7 Holmen Middl	42.18	2	
31 Bella Grethel	7 Westby	42.39	2	

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Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Delilah Heacox	8	Holmen Middl	1:12.20	2	6
2 Talia Bembnister	8	Holmen Middl	1:13.67	2	4
3 Nalani Veng	8	Holmen Middl	1:13.95	2	3
4 Helen Onyeabor	8	Aquinas	1:14.36	1	2
5 Katelyn McKane	7	Onalaska Mid	1:16.26	1	1
6 Amelia Hoven	7	Westby	1:18.53	1	
7 Kateley Dittman	8	Holmen Middl	1:18.67	2	
8 Adela Piggush	8	Aquinas	1:23.55	2	
9 Gretchen Hanson	8	Holmen Middl	1:24.84	2	
10 Anna Sans Crainte	8	Aquinas	1:26.34	1	
11 Ella Krejchik	6	Aquinas	1:26.38	1	
12 Shashi Getachew	7	Aquinas	1:30.76	1	
13 Maria Magozzi	7	Holmen Middl	1:35.69	2	
14 Meggie Filips	8	Holmen Middl	1:42.90	2	
15 Gracie Reynolds	6	Westby	1:51.89	1	

Girls 800 Meter Run

Name	Year	School	Finals	Points
1 Sanjana Musafir	7	Aquinas	2:49.38	6
2 Zoey Lichty	8	Onalaska Mid	3:13.14	4
3 Nalani Veng	8	Holmen Middl	3:14.29	3
4 Greta VonFeldt	6	Westby	3:18.93	2
5 Gretchen Hanson	8	Holmen Middl	3:21.95	1
6 Lydia Hale	7	Aquinas	3:29.05	
7 Margaret Hansen	6	Aquinas	3:35.54	
8 Anna Sans Crainte	8	Aquinas	3:37.75	
9 Adela Piggush	8	Aquinas	3:38.78	

Girls 1600 Meter Run

Name	Year	School	Finals	Points
1 Sanjana Musafir	7	Aquinas	5:57.47	6
2 Mara Klein	8	Onalaska Mid	6:09.78	4
3 Odessa Huebner	7	Westby	6:37.52	3
4 Francesca Vriens	8	Onalaska Mid	6:39.37	2
5 Megan Jamesson	8	Holmen Middl	6:39.92	1
6 Elizabeth Geary	7	Holmen Middl	7:08.43	
7 Claire Vandenlanegberg	6	Aquinas	8:08.90	

Girls 100 Meter Hurdles Low

Name	Year	School	Finals	H#	Points
1 Jada Clay	8	Onalaska Mid	17.89	2	6

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....Girls 100 Meter Hurdles Low

2	Helen Onyeabor	8 Aquinas	18.25	2	4
3	Faith Hawker	8 Aquinas	18.66	2	3
4	Lilli Ryan	8 Onalaska Mid	18.89	1	2
5	Freya Finn	8 Holmen Middl	19.00	2	1
6	Lydia Gillette	8 Onalaska Mid	19.37	2	
7	Greta VonFeldt	6 Westby	20.14	1	
8	Bailee Lockington	8 Holmen Middl	20.99	1	
9	Brennan Lawrence	7 Holmen Middl	21.48	1	
10	Claire Vandenlanegberg	6 Aquinas	21.96	2	
11	Hannah Wedan	7 Holmen Middl	22.18	1	
12	Lahna Bloyer	7 Holmen Middl	22.52	1	
13	Lilli Phetteplace-Faas	8 Onalaska Mid	24.89	1	

Girls 200 Meter Hurdles

Name	Year	School	Finals	Points
1	Faith Hawker	8 Aquinas	39.10	6
2	Francesca Vriens	8 Onalaska Mid	40.25	4
3	Lilli Ryan	8 Onalaska Mid	40.61	3
4	Elodie Most	7 Onalaska Mid	42.39	2
5	Reagan O'Neill	6 Aquinas	42.72	1

Girls 4x100 Meter Relay

School	Finals	H#	Points
1	Aquinas	57.00	2 6
	1) Elise Myre 7	2) Molly Stanton 7	
	3) Anna Binsfield 7	4) Teagan Boge 7	
2	Onalaska Middle School	58.97	1 4
	1) Lydia Gillette 8	2) Ella Ballmer 8	
	3) Elin Gilles 7	4) Ava Senn 7	
3	Onalaska Middle School 'B'	x1:00.69	1
	1) Nevaeh Williams 8	2) Jada Clay 8	
	3) Natalie Barr 7	4) Sofiya Cromheecke 7	
4	Holmen Middle School	1:00.94	2 2
	1) Grace Foster 8	2) Talia Bembnister 8	
	3) Annyka Werner 8	4) Molly McBride 8	
5	Holmen Middle School 'B'	x1:01.04	2
	1) Ella Everson 7	2) Alexis Grabowenski 7	
	3) Amelia Dewey 7	4) Lauren Fiers 7	
6	Holmen Middle School 'F'	x1:01.56	2
	1) Rihanna Robbins 8	2) Freya Finn 8	
	3) Birgitta Finn 8	4) Makenzie Rothfahn 8	
7	Onalaska Middle School 'C'	x1:02.96	1
	1) Madilynn Nicholson 8	2) Kendall Carlson 8	
	3) Francesca Vriens 8	4) Summer Yang 7	
8	Holmen Middle School 'E'	x1:05.44	2

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....Girls 4x100 Meter Relay

1) Cassidy Knoll 8	2) Avery Arms 8		
3) Alexis Wentz 8	4) Jordan Shanigan 8		
9 Holmen Middle School 'C'		x1:07.42	2
1) Adalyn Heim 7	2) Nora Aliesch-Swanson 7		
3) Brennan Lawrence 7	4) Lahna Bloyer 7		
10 Holmen Middle School 'D'		x1:10.22	2
1) Kendyl Dove 8	2) Kateley Dittman 8		
3) Bailee Lockington 8	4) Addison Steine 8		

Girls 4x200 Meter Relay

School	Finals	Points
1 Onalaska Middle School	2:13.30	6
1) Finley Schams 7	2) Ava Senn 7	
3) Allison Komperud 7	4) Kendall Carlson 8	
2 Holmen Middle School	2:16.40	3
1) Grace Foster 8	2) Addison Steine 8	
3) Alexis Grabowenski 7	4) Lauren Fiers 7	
2 Westby	2:16.40	3
1) Greta VonFeldt 6	2) Brynn Skala 6	
3) Ali Amundson 7	4) Leah Nofsinger 6	
4 Holmen Middle School 'B'	x2:18.20	
1) Elle Steffens 7	2) Emilia Suarez 7	
3) Maria Magozzi 7	4) Hannah Kleiner 7	

Girls 4x400 Meter Relay

School	Finals	Points
1 Aquinas	4:56.29	6
1) Elise Myre 7	2) Ava Kujak 7	
3) Anna Binsfield 7	4) Sanjana Musafir 7	
2 Onalaska Middle School	5:23.83	4
1) Lydia Gillette 8	2) Eva King 8	
3) Mara Klein 8	4) Kendall Carlson 8	

Girls High Jump

Name	Year School	Finals	Points
1 Megan Jamesson	8 Holmen Middl	4-04.00	6
2 Elodie Most	7 Onalaska Mid	4-02.00	4
3 Ella Krejchik	6 Aquinas	4-00.00	2.50
3 Sofiya Cromheecke	7 Onalaska Mid	4-00.00	2.50
5 Makenzie Rothfahn	8 Holmen Middl	J3-08.00	1
6 Natalie Barr	7 Onalaska Mid	J3-08.00	
7 Finley Schams	7 Onalaska Mid	3-06.00	

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Girls Long Jump

Name	Year	School	Finals	Points
1 Maleah Wehrenberg	6	Aquinas	15-00.00	6
2 Ava Amundson	8	Holmen Middl	13-02.00	4
3 Elsa Swiggum	8	Westby	12-10.00	3
4 Molly McBride	8	Holmen Middl	J12-06.00	2
5 Lydia Gillette	8	Onalaska Mid	J12-06.00	1
6 Ella Ballmer	8	Onalaska Mid	12-05.00	
7 Nevaeh Williams	8	Onalaska Mid	12-02.00	
8 Eva King	8	Onalaska Mid	11-11.50	
9 Faith Hawker	8	Aquinas	11-10.50	
9 Madilynn Nicholson	8	Onalaska Mid	11-10.50	
11 Teagan Boge	7	Aquinas	11-08.50	
12 Caitlin Wengel	8	Aquinas	11-07.00	
13 Jada Clay	8	Onalaska Mid	11-06.00	
14 Kate Arsenault	8	Onalaska Mid	11-05.00	
15 Elise Myre	7	Aquinas	11-04.50	
16 Sofiya Cromheecke	7	Onalaska Mid	11-01.50	
17 Birgitta Finn	8	Holmen Middl	11-00.00	
17 Ava Senn	7	Onalaska Mid	11-00.00	
19 Francesca Vriens	8	Onalaska Mid	10-11.00	
20 Claire Verzwyvelt	7	Onalaska Mid	10-10.00	
21 Vivian Guzzo	7	Onalaska Mid	10-09.00	
21 Zoey Olesevich	7	Onalaska Mid	10-09.00	
23 Maya Hartman	8	Aquinas	10-08.50	
24 Lilli Phetteplace-Faas	8	Onalaska Mid	10-07.50	
25 Avery Arms	8	Holmen Middl	10-07.00	
25 Adesa Mahlum	7	Holmen Middl	10-07.00	
27 Elizabeth Geary	7	Holmen Middl	10-06.00	
27 Lahna Bloyer	7	Holmen Middl	10-06.00	
29 Shashi Getachew	7	Aquinas	10-05.00	
30 Alison Storandt	7	Onalaska Mid	10-04.50	
31 Sofia Gerlach	7	Onalaska Mid	10-00.00	
32 Lilli Ryan	8	Onalaska Mid	9-10.00	
32 Adalyn Heim	7	Holmen Middl	9-10.00	
34 Alexis Wentz	8	Holmen Middl	9-09.50	
35 Brynn Skala	6	Westby	9-09.00	
36 Katelyn McKane	7	Onalaska Mid	9-08.50	
37 Molly Stanton	7	Aquinas	9-08.00	
38 Elianna Peterson	7	Onalaska Mid	9-07.00	
39 Alexis Manning	7	Holmen Middl	9-03.00	
39 Addison Steine	8	Holmen Middl	9-03.00	
41 Leah Nofsinger	6	Westby	9-02.00	
42 Pyper Moen	7	Holmen Middl	8-08.00	
43 Hannah Wedan	7	Holmen Middl	8-07.00	
44 Cassidy Knoll	8	Holmen Middl	8-06.00	
45 Simone Swanson	6	Aquinas	8-02.00	
46 Izzy Ellenz	6	Aquinas	7-10.00	
47 Lyla Waldenberger	7	Onalaska Mid	7-00.00	

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....Girls Long Jump

47 Felicity Korger	6 Aquinas	7-00.00
49 Nevaeh Marsh	7 Westby	5-07.00

Girls Triple Jump

Name	Year	School	Finals	Points
1 Ava Amundson	8	Holmen Middl	30-11.00	6
2 Mara Klein	8	Onalaska Mid	28-05.00	4
3 Zoey Lichty	8	Onalaska Mid	26-03.00	3
4 Claire Verzwyvelt	7	Onalaska Mid	26-00.00	2
5 Hannah Kleiner	7	Holmen Middl	24-10.00	1
6 Grace Foster	8	Holmen Middl	24-07.00	
7 Alexis Grabowenski	7	Holmen Middl	24-03.00	
8 Emilia Suarez	7	Holmen Middl	24-02.50	
9 Birgitta Finn	8	Holmen Middl	24-01.00	
10 Odessa Huebner	7	Westby	23-08.00	
11 Greta VonFeldt	6	Westby	23-07.00	
12 Ayla Jeffers	7	Holmen Middl	20-10.00	

Girls Shot Put

Name	Year	School	Finals	H#	Points
1 Megan Jamesson	8	Holmen Middl	21-09.00	1	6
2 Faith Hawker	8	Aquinas	21-01.00	2	4
3 Helen Onyeabor	8	Aquinas	20-10.00	2	3
4 Avery Cowley	7	Onalaska Mid	20-08.00	1	2
5 Pairis Wolf	8	Onalaska Mid	20-06.00	1	1
6 Esmay Baldwin	7	Onalaska Mid	19-07.00	2	
7 Adela Piggush	8	Aquinas	19-00.00	2	
8 Felicity Korger	6	Aquinas	17-03.00	2	
9 Alex Seielstad	7	Onalaska Mid	16-11.00	1	
9 Cali Grosch	7	Onalaska Mid	16-11.00	1	
11 Meggie Filips	8	Holmen Middl	16-04.00	1	
12 Elodie Most	7	Onalaska Mid	15-03.00	1	
13 Madeline Michaels	7	Westby	14-08.00	1	
14 Gracie Reynolds	6	Westby	13-08.00	1	
15 Bella Grethel	7	Westby	13-07.00	2	
16 Emma Young	8	Onalaska Mid	13-00.00	2	
17 Ella Maly	7	Onalaska Mid	12-11.00	1	
18 Katelyn McKane	7	Onalaska Mid	12-08.00	2	
19 Summer Yang	7	Onalaska Mid	12-02.00	2	
20 Izzy Ellenz	6	Aquinas	10-07.00	2	
21 Wendi Shilts	8	Onalaska Mid	10-06.00	2	
22 Aubrey Jakes	6	Aquinas	9-03.00	2	

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Girls Discus Throw

Name	Year	School	Finals	Points
1 Avery Cowley	7	Onalaska Mid	64-07.50	6
2 Peyton Soland	7	Onalaska Mid	60-06.50	4
3 Teegan Wagner	8	Onalaska Mid	59-07	3
4 Maria Magozzi	7	Holmen Middl	45-04	2
5 Madeline Michaels	7	Westby	42-03	1
6 Emma Young	8	Onalaska Mid	41-09.50	
7 Isabella Patton	8	Onalaska Mid	32-03.50	
8 Delilah Lenox	8	Onalaska Mid	32-02	
9 Bella Grethel	7	Westby	30-03.50	

Women - Team Rankings - 15 Events Scored

1) Onalaska Middle School	80.50	2) Holmen Middle School	69
3) Aquinas	62.50	4) Westby	14

Men - Team Rankings - 15 Events Scored

1) Onalaska Middle School	108	2) Holmen Middle School	75
3) Aquinas	35	4) Westby	10