

Mississippi Valley Conference Championship Meet
 Maple Grove Venues - Hosted by La Crosse Central
 West Salem, Wisconsin
 October 12, 2023

Results provided by AccuRace Timing Services
 www accuracetiming.com

**** Girls' Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Gr	Team	Time	Pace
1	1	4568	Sabrina Lechnir	10	Holmen	19:28.9	6:17
2	2	4534	Alexa Myre	10	Aquinas	19:44.5	6:22
3	3	4572	Sydney Valiska	12	Holmen	19:47.4	6:23
4	4	4560	Anabella Filips	12	Holmen	19:55.4	6:25
5	5	4574	Naomi Wedan	10	Holmen	20:12.7	6:31
6	6	4570	Bailey Sommerville	11	Holmen	20:14.4	6:31
7	7	4527	Emily Bagniefski	9	Aquinas	20:30.6	6:37
8	8	4630	Kareena Ramakrishnan	9	La Crosse Logan	20:38.9	6:39
9	9	4573	Sheryl Wang	12	Holmen	20:49.3	6:43
10	10	4661	Francesca Vriens	9	Onalaska	21:05.4	6:48
11	11	4531	Hope Hawker	9	Aquinas	21:13.9	6:51
12	12	4608	Chloe Wynn	10	La Crosse Central	21:23.5	6:54
13	13	4530	Bethany Hale	10	Aquinas	21:34.3	6:57
14	14	4673	Chloe Allen	12	Sparta	21:38.0	6:58
15	15	4562	Aubree Herrmann	10	Holmen	21:38.3	6:58
16	16	4676	Abby Gilbertson	10	Sparta	21:44.2	7:00
17	17	4683	Madeline Ziegler	10	Sparta	21:47.8	7:01
18	18	4679	Leah Modjeski	11	Sparta	21:57.2	7:04
19	19	4601	Minna Crusan	9	La Crosse Central	21:59.7	7:05
20	20	4693	Josie Bailey	12	Tomah	22:07.0	7:08
21	21	4659	Alara Running	11	Onalaska	22:11.8	7:09
22	22	4680	Aaliyah Pastick	10	Sparta	22:21.7	7:12
23	23	4603	Makenna Klingelhofer	11	La Crosse Central	22:31.7	7:16
24	24	4629	Rosa Myers	12	La Crosse Logan	22:33.2	7:16
25	25	4625	Ava Howard	10	La Crosse Logan	22:34.2	7:16
26	26	4533	Tenny Makepeace	11	Aquinas	22:42.4	7:19
27	27	4528	Gwyneth Buck	10	Aquinas	22:51.9	7:22
28	28	4653	Eva Dryer	11	Onalaska	22:55.0	7:23
29	29	4654	Maya Hartman	9	Onalaska	22:56.2	7:23
30	30	4658	Leora Robinson	12	Onalaska	22:56.2	7:23
31	31	4681	Serena Swanson	12	Sparta	23:08.4	7:27
32	32	4606	Mae Medinger	9	La Crosse Central	23:09.1	7:28
33	33	4698	Ruby Joyce	10	Tomah	23:10.7	7:28
34	34	4622	Brinn Bennett	12	La Crosse Logan	23:21.7	7:32
35	35	4627	Ivy Miles	9	La Crosse Logan	23:24.2	7:32
36	36	4632	Tabitha Sward	11	La Crosse Logan	23:25.1	7:33
37	37	4696	Avery Hagen	12	Tomah	23:25.9	7:33
38	38	4607	Leyna Sonnenfeld	11	La Crosse Central	23:27.3	7:33
39	39	4604	Margarete Mach	10	La Crosse Central	23:31.8	7:35
40	40	4657	Alli Neilson	12	Onalaska	23:32.4	7:35
41	41	4678	Kallie Modjeski	9	Sparta	23:49.0	7:40
42	42	4700	Yesenia Ruiz	9	Tomah	24:00.8	7:44
43	43	4620	Amelia Adams	12	La Crosse Logan	24:41.0	7:57
44	44	4540	Leah Waller	10	Aquinas	24:53.9	8:01
45	45	4699	Lupita Ruiz	12	Tomah	25:00.2	8:03
46	46	4697	Madison Henze	9	Tomah	25:04.0	8:05
47	47	4651	Mary Catherine Clatworthy	12	Onalaska	25:15.6	8:08
48	48	4695	Lydia Boettcher	12	Tomah	25:50.2	8:19
49	49	4605	Ella Madsen	11	La Crosse Central	27:04.4	8:43

10/12/2023 6:25PM

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**** Girls' Varsity Team Score ****

1.	19	Holmen		(19:55.8	99:38.8	0:45.5)
=====						
1	1	Sabrina Lechnir	10	19:28.9		
2	3	Sydney Valiska	12	19:47.4		
3	4	Anabella Filips	12	19:55.4		
4	5	Naomi Wedan	10	20:12.7		
5	6	Bailey Sommerville	11	20:14.4		
6	(9)	Sheryl Wang	12	20:49.3		
7	(15)	Aubree Herrmann	10	21:38.3		
2.	59	Aquinas		(21:09.2	105:45.7	2:57.9)
=====						
1	2	Alexa Myre	10	19:44.5		
2	7	Emily Bagniefski	9	20:30.6		
3	11	Hope Hawker	9	21:13.9		
4	13	Bethany Hale	10	21:34.3		
5	26	Tenny Makepeace	11	22:42.4		
6	(27)	Gwyneth Buck	10	22:51.9		
7	(44)	Leah Waller	10	24:53.9		
3.	87	Sparta		(21:53.8	109:28.9	0:43.7)
=====						
1	14	Chloe Allen	12	21:38.0		
2	16	Abby Gilbertson	10	21:44.2		
3	17	Madeline Ziegler	10	21:47.8		
4	18	Leah Modjeski	11	21:57.2		
5	22	Aaliyah Pastick	10	22:21.7		
6	(31)	Serena Swanson	12	23:08.4		
7	(41)	Kallie Modjeski	9	23:49.0		
4.	118	Onalaska		(22:25.0	112:04.6	1:50.8)
=====						
1	10	Francesca Vriens	9	21:05.4		
2	21	Alara Running	11	22:11.8		
3	28	Eva Dryer	11	22:55.0		
4	29	Maya Hartman	9	22:56.2		
5	30	Leora Robinson	12	22:56.2		
6	(40)	Alli Neilson	12	23:32.4		
7	(47)	Mary Catherine Clatworthy	12	25:15.6		
5.	124	La Crosse Central		(22:30.3	112:31.3	2:03.8)
=====						
1	12	Chloe Wynn	10	21:23.5		
2	19	Minna Crusan	9	21:59.7		
3	23	Makenna Klingelhofer	11	22:31.7		
4	32	Mae Medinger	9	23:09.1		
5	38	Leyna Sonnenfeld	11	23:27.3		
6	(39)	Margarete Mach	10	23:31.8		
7	(49)	Ella Madsen	11	27:04.4		
6.	126	La Crosse Logan		(22:30.5	112:32.2	2:45.3)
=====						
1	8	Kareena Ramakrishnan	9	20:38.9		
2	24	Rosa Myers	12	22:33.2		
3	25	Ava Howard	10	22:34.2		
4	34	Brinn Bennett	12	23:21.7		
5	35	Ivy Miles	9	23:24.2		
6	(36)	Tabitha Sward	11	23:25.1		
7	(43)	Amelia Adams	12	24:41.0		

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7.	177	Tomah		(23:33.0	117:44.6	2:53.2)
=====						
1	20	Josie Bailey	12	22:07.0		
2	33	Ruby Joyce	10	23:10.7		
3	37	Avery Hagen	12	23:25.9		
4	42	Yesenia Ruiz	9	24:00.8		
5	45	Lupita Ruiz	12	25:00.2		
6	(46)	Madison Henze	9	25:04.0		
7	(48)	Lydia Boettcher	12	25:50.2		

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**** Girls' Junior Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Gr	Team	Time	Pace
1	1	4577	Annyka Werner	9	Holmen	21:25.4	6:54
2	2	4563	Megan Jamesson	9	Holmen	22:22.4	7:13
3	3	4535	Helen Onyeabor	9	Aquinas	22:37.6	7:17
4	4	4571	Abigail Stoczynski	11	Holmen	22:45.1	7:20
5	5	4565	Izzy Korhuis	10	Holmen	22:49.6	7:21
6	6	4556	Talia Bemnister	9	Holmen	23:29.6	7:34
7	7	4578	Ava Werner	12	Holmen	23:31.3	7:35
8	8	4655	Addison Hoff	11	Onalaska	23:45.2	7:39
9	9	4650	Khole Burnstad	9	Onalaska	23:47.8	7:40
10	10	4660	Kateley Schlicht	12	Onalaska	23:56.5	7:43
11	11	4555	Taylor Baker	12	Holmen	24:04.5	7:45
12		4559	Kateley Dittman	9	Holmen	24:08.1	7:47
13	12	4529	Rachel Gagermeier	11	Aquinas	24:27.7	7:53
14		4674	Natalia Campos	11	Sparta	24:28.0	7:53
15	13	4647	Alea Runde	12	Onalaska	24:34.1	7:55
16		4675	Logan Eilers	11	Sparta	24:56.9	8:02
17		4624	Lauren Domroese	10	La Crosse Logan	25:11.7	8:07
18		4576	Addison Wera	10	Holmen	25:14.6	8:08
19	14	4536	Sophia Paulson	11	Aquinas	25:27.0	8:12
20	15	4538	Anna Sans Crainte	9	Aquinas	26:22.3	8:30
21		4682	Dulce Tinoco Vazquez	10	Sparta	26:24.1	8:30
22	16	4656	Eva McClung	9	Onalaska	26:43.8	8:37
23		4621	Ella Barth	11	La Crosse Logan	27:07.6	8:44
24		4694	Alexis Berg	9	Tomah	27:26.7	8:51
25	17	4541	Kiera Wengel	10	Aquinas	27:28.9	8:51
26	18	4537	Adela Piggush	9	Aquinas	27:30.7	8:52
27	19	4539	Violet Thrush	10	Aquinas	27:44.2	8:56
28		4677	Jade Intihar	12	Sparta	28:38.8	9:14
29		4626	Ava Kerrigan	10	La Crosse Logan	29:04.3	9:22
30		4631	Nora Sciammas	10	La Crosse Logan	29:48.6	9:36
31		4532	Emily Kamrowski	10	Aquinas	29:58.8	9:39
32		4602	Sophia Kampa	10	La Crosse Central	30:26.5	9:48

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1.	18	Holmen		(22:34.5 112:52.1 2:04.2)
=====				
1	1	Annyka Werner	9 21:25.4	
2	2	Megan Jamesson	9 22:22.4	
3	4	Abigail Stoczynski	11 22:45.1	
4	5	Izzy Korhuis	10 22:49.6	
5	6	Talia Bembnister	9 23:29.6	
6	(7)	Ava Werner	12 23:31.3	
7	(11)	Taylor Baker	12 24:04.5	
2.	56	Onalaska		(24:33.5 122:47.4 2:58.6)
=====				
1	8	Addison Hoff	11 23:45.2	
2	9	Khole Burnstad	9 23:47.8	
3	10	Kateley Schlicht	12 23:56.5	
4	13	Alea Runde	12 24:34.1	
5	16	Eva McClung	9 26:43.8	
3.	61	Aquinas		(25:16.7 126:23.5 4:51.3)
=====				
1	3	Helen Onyeabor	9 22:37.6	
2	12	Rachel Gagermeier	11 24:27.7	
3	14	Sophia Paulson	11 25:27.0	
4	15	Anna Sans Crainte	9 26:22.3	
5	17	Kiera Wengel	10 27:28.9	
6	(18)	Adela Piggush	9 27:30.7	
7	(19)	Violet Thrush	10 27:44.2	