

**Knights of Columbus Relays**  
**Veterans Memorial Stadium - Hosted by Aquinas High School**  
**La Crosse, Wisconsin - 4/29/2023**  
**Results**

**Girls 100 Meter Dash**  
**Top 10 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Taylor Molling	12	Onalaska	12.53q	2
2 Braylee Hyatt	12	Cashton	12.70q	5
3 Lydia Lazarescu	9	Holmen	12.89q	4
4 Sarah Grubbs	12	Hayward	12.92q	3
5 Adriana Brenengen	10	Winona	12.98q	1
6 Chaigoziem Nduka	10	La Crosse Central	13.23q	1
7 Evy Shaw	11	Adams-Friendship	13.30q	1 13.296
8 Carmen Roraff	12	Onalaska	13.30q	4 13.298
9 Makena McGarry	9	Onalaska	13.42q	5
10 Abry Bloyer	9	Holmen	13.50q	1
11 Alaina Elias	9	Aquinas B	13.55	2
12 Taia Dressler	10	Prairie du Chien	13.57	2
13 Alexa Myre	9	Aquinas	13.60	5
14 Katelyn Benish	9	Westby	13.62	4
15 Natalie Grubbs	10	Hayward	13.63	5
16 Sara Gyllander	12	Aquinas	13.71	3
17 Maddie Murphy	11	Aquinas	13.72	4
18 Abigail Ellenburg	12	Winona	13.78	3 13.775
19 Erin Burke	8	Winona	13.78	2 13.779
20 Gina Klum	11	Westby	13.83	1
21 Caleesa Adams	9	La Crosse Logan	13.90	4
22 Olivia Maki	9	West Salem	13.91	3
23 Naome Pouillie	12	Mauston	13.98	2
24 Reid Brown	10	Viroqua	14.20	5
25 Rylan Riste	11	West Salem	14.22	4
26 Taylor Winker	12	Mauston	14.24	3
27 Ava Herlitzke	12	La Crosse Central	14.33	1
28 Maddie Klinkner	10	Cashton	14.47	3
29 Caylan Adams	11	La Crosse Logan	14.69	1
30 Norah Dilley	11	Boscobel	14.77	4
31 Lucy LittleSoldier	11	Adams-Friendship	14.79	5
32 Ariana Bremness	9	Cadott	14.92	2
33 Morgan Guth	10	Mondovi	15.05	1
34 Tarynn Donahue	10	Cadott	15.06	5 15.053
35 Mahkenzee Koenitzer	11	Mondovi	15.06	2 15.057
36 Josie Edie	10	Blair-Taylor	15.70	4
37 Kiera Wengel	9	Aquinas B	16.59	3
38 Raquel Eiroa	12	Viroqua	16.69	1
39 Lucy Boland	9	Aquinas B	16.73	1
40 Isabelle Woodard	10	Blair-Taylor	17.06	5
41 Alaina Kempen	11	Cadott	17.93	2

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Name	Year	School	Finals	Points
<b>Finals</b>				
1 Lydia Lazarescu	9	Holmen	12.59	10
2 Braylee Hyatt	12	Cashton	12.65	8
3 Taylor Molling	12	Onalaska	12.69	6
4 Sarah Grubbs	12	Hayward	12.82	5
5 Adriana Brenengen	10	Winona	12.91	4
6 Evy Shaw	11	Adams-Friendship	13.14	3
7 Chaigoziem Nduka	10	La Crosse Central	13.31	2
8 Carmen Roraff	12	Onalaska	13.36	1
9 Makena McGarry	9	Onalaska	13.38	
10 Abry Bloyer	9	Holmen	13.52	

**Girls 200 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Sarah Grubbs	12	Hayward	26.56	6	10
2 Taylor Molling	12	Onalaska	26.73	6	8
3 Braylee Hyatt	12	Cashton	26.82	6	6
4 Lydia Lazarescu	9	Holmen	26.95	6	5
5 Adriana Brenengen	10	Winona	27.21	6	4
6 Avery Poppe	11	Hayward	27.43	6	3
7 Evy Shaw	11	Adams-Friendship	27.48	6	2
8 Molly Johnson	9	Adams-Friendship	27.54	5	1
9 Carmen Roraff	12	Onalaska	27.65	5	
10 Isabella Malecek	9	Onalaska	27.97	6	
11 Josie Graetz	11	Franklin	28.21	5	
12 Madi Fisher	11	Prairie du Chien	28.32	6	
13 Jaylie Dahl	9	Arcadia	28.38	6	
14 Natalie Grubbs	10	Hayward	28.50	5	
15 Maddie Maclennan	11	Winona	28.98	4	
16 Abry Bloyer	9	Holmen	29.26	5	
17 Allison Quimby	10	Winona	29.66	4	
18 Maia Hutchens	9	West Salem	30.06	3	30.056
19 Breah Golden	12	Arcadia	30.06	4	30.060
20 Haley Wenthold	12	Bangor	30.08	4	
21 Catie Lavold	9	Mauston	30.18	4	
22 Madelyn Vonfeldt	9	Westby	30.20	3	
23 Emma Kjos	11	Westby	30.37	3	
24 Keira Urbanek	10	Cadott	30.43	3	
25 Sydney Addink	12	Mauston	30.45	4	
26 Camille Johnson	10	La Crosse Logan	30.59	3	
27 Makayla Gooselaw	10	Cashton	30.68	4	
28 Alexys Smith	10	Mauston	30.90	4	30.891
29 Norah Dilley	11	Boscobel	30.90	2	30.894
30 Lilly Spaeth	9	Cadott	31.04	3	
31 Donna Harter	10	Cashton	31.46	2	

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32	Grace Ivens	12	La Crosse Central	31.96	2
33	Zakhia Mack	9	La Crosse Logan	33.34	2
34	Cece Rykal	10	Mondovi	33.43	1
35	Abigail Goettl	10	Cadott	33.97	1
36	Brooklyn Bauer	11	Mondovi	34.53	2

**Girls 400 Meter Dash**

Name	Year	School	Finals	H#	Points	
1	Sarah Grubbs	12	Hayward	1:00.51	4	10
2	Avery Poppe	11	Hayward	1:01.04	4	8
3	Molly Johnson	9	Adams-Friendship	1:02.62	4	6
4	Tannah Radloff	10	Prairie du Chien	1:03.58	4	5
5	Isabela Gutierrez	10	Onalaska	1:03.79	4	4
6	Jaylie Dahl	9	Arcadia	1:04.28	4	3
7	Lydia Bergschneider	10	Hayward	1:05.17	4	2
8	Maya Amundson	11	Holmen	1:05.95	3	1
9	Catie Lavold	9	Mauston	1:06.77	4	
10	Alexys Smith	10	Mauston	1:07.19	3	
11	Jaycee Stephens	11	Cadott	1:07.61	3	
12	Sydney Addink	12	Mauston	1:08.24	3	
13	Taylor Burch	11	West Salem	1:09.90	3	
14	Emily Sanwick	11	West Salem	1:10.04	3	
15	Kennedy Webb	12	Adams-Friendship	1:11.00	2	
16	Aubrey Seep	9	Boscobel	1:11.56	3	
17	Easton Carlin	12	Boscobel	1:13.24	3	
18	Gracie Mueller	9	Aquinas	1:13.50	2	
19	Hope Quinn	10	Winona	1:13.57	2	
20	Makenzie Gates	9	Prairie du Chien	1:15.01	2	
21	Marley Mengel	9	Cadott	1:15.27	2	
22	Asta Griggs	10	Winona	1:15.54	3	
23	Elle Schneider	9	Prairie du Chien	1:16.64	2	
24	Juliette Stuebs	10	Cashton	1:17.06	2	
25	Haley Larson	12	Cadott	1:17.83	2	
26	Brooklyn Bauer	11	Mondovi	1:22.35	2	
27	Abby Wheeler	9	Cashton	1:29.03	1	

**Girls 800 Meter Run**

Name	Year	School	Finals	H#	Points	
1	Lilah Glasbrenner	11	Boscobel	2:30.43	3	10
2	Reagan Svcek	11	Franklin	2:32.90	3	8
3	Ava Pike	12	Winona	2:33.96	3	6
4	Calla Pike	9	Winona	2:35.31	3	5
5	Bailey Sommerville	10	Holmen	2:35.44	3	4
6	Joselyn Lockington	9	Arcadia	2:37.64	2	3
7	Aleya Kliesner	11	Boscobel	2:40.24	3	2

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**....Girls 800 Meter Run**

8 Eva Dryer	10 Onalaska	2:40.37	2	1
9 Denali Huebner	12 Westby	2:40.74	3	
10 Hannah Ross	12 Franklin	2:40.93	3	
11 Maria Halberg	9 Hayward	2:41.35	2	
12 Naomi Koch	12 Aquinas B	2:42.73	1	
13 Mallory Long	10 West Salem	2:43.92	2	
14 Kennedy Webb	12 Adams-Friendship	2:44.29	1	
15 Ava Werner	11 Holmen	2:44.68	2	
16 Alyson Reier	11 Hayward	2:46.61	3	
17 Taryn Winga	12 La Crosse Central	2:47.98	2	
18 Faith Minard	10 West Salem	2:48.09	2	
19 Molly Twitchell	12 Holmen	2:48.78	2	
20 Ashley Kessen	10 Franklin	2:50.64	2	
21 Tabitha Sward	10 La Crosse Logan	2:56.49	1	
22 Isabell Korn	10 Cashton	2:58.81	1	
23 Julia Boisen	11 Cashton	3:13.14	1	
24 Jordan Lochner	9 Adams-Friendship	3:13.19	1	
25 Isabelle Woodard	10 Blair-Taylor	3:33.91	1	
26 Mia Weggen	10 Cadott	4:08.45	1	

**Girls 1600 Meter Run**

Name	Year School	Finals	Points
1 Alena Donahue	12 West Salem	5:39.42	10
2 Elizabeth Curtis	9 Westby	5:45.03	8
3 Caitlyn Jones	10 Franklin	5:47.86	6
4 Sydney Valiska	11 Holmen	5:51.46	5
5 Payton Greer	11 West Salem	5:55.75	4
6 Hannah Ross	12 Franklin	5:56.44	3
7 Caitlyn Stadter	11 Mondovi	6:00.04	2
8 Kennedy Garbers	10 West Salem	6:00.78	1
9 Grace Wood	11 Franklin	6:04.37	
10 Kate Gronemus	11 Cashton	6:23.07	
11 Alara Running	10 Onalaska	6:38.53	
12 Tenny Makepeace	9 Aquinas	7:04.18	
13 Ella Madsen	10 La Crosse Central	7:36.21	
14 Ava Schroeder	9 Viroqua	7:50.44	

**Girls 3200 Meter Run**

Name	Year School	Finals	Points
1 Emilee Moen	11 Franklin	11:30.32	10
2 Courtney Stadter	11 Mondovi	11:33.25	8
3 Nora Jillson	10 Boscobel	11:58.76	6
4 Mollie Ping	11 Winona	12:06.90	5
5 Alena Donahue	12 West Salem	12:08.94	4
6 Kiley Pollock	9 Winona	12:22.11	3

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**....Girls 3200 Meter Run**

7 Tegan Michalak	12 Arcadia	12:25.66	2
8 Sydney Valiska	11 Holmen	12:37.22	1
9 Emily Herrera	11 Franklin	12:46.62	
10 Caitlyn Jones	10 Franklin	12:48.54	
11 Elizabeth Curtis	9 Westby	12:52.87	
12 Kennedy Garbers	10 West Salem	13:15.48	
13 Payton Greer	11 West Salem	13:22.66	
14 Sheryl Wang	11 Holmen	13:35.66	
15 Chloe Wynn	9 La Crosse Central	14:27.70	
16 Kate Gebhard	9 Prairie du Chien	14:38.63	
17 Ava Hager	12 Prairie du Chien	15:44.79	

**Girls 100 Meter Hurdles**  
**Top 10 Advance by Time**

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Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Brie Eckerman	12	Mauston	16.03q	4
2 Meghan Nelson	12	Westby	16.78q	3 16.773
3 Iszy Sonnentag	9	Cadott	16.78q	2 16.778
4 Geannie Pham	10	Franklin	16.98q	4
5 Josie Blum	12	Onalaska	17.20q	1
6 Alexis Urbick	10	Winona	17.45q	3
7 Ava Gray	11	Mondovi	17.46q	1
8 Ally LeClaire	12	Holmen	17.64q	2
9 Ella Stevens	10	Onalaska	17.66q	2
10 Makayla Gooselaw	10	Cashton	17.88q	1
11 Emma Rudie	11	Onalaska	18.10	3
12 Emma Kowalczyk	11	Cadott	18.26	1
13 Josephine Lawton	10	Aquinas	18.33	4
14 Jaycee Stephens	11	Cadott	18.44	2
15 Alivia Wickstrom	9	Holmen	18.54	4
16 Joeryn Freit	12	Bangor	18.74	2 18.732
17 Gabby Hyatt	9	Cashton	18.74	4 18.739
18 Laurel Erickson	10	La Crosse Central	18.78	1
19 Alaina Ortiz	10	Franklin	19.12	3
20 Tricia Klum	11	Westby	19.21	2
21 Josie Kramer	11	Prairie du Chien	19.28	4
22 Morgan Kammel	12	West Salem	19.45	4
23 Brianna Hexum	10	Hayward	19.46	3
24 Morgan Lawrence	12	La Crosse Central	19.61	2
25 Hayden Rohde	9	West Salem	19.81	3
26 Paisley Dressler	9	Prairie du Chien	20.00	3
27 Mahkenzee Koenitzer	11	Mondovi	20.18	2
28 Alyssa Brown	9	Westby	20.38	1
29 Madeline Quist	10	Mauston	21.01	4
30 Maggie Herath	10	La Crosse Logan	21.02	1
31 Macy Keim	10	Holmen	21.20	1

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Name	Year	School	Finals	Points
<b>Finals</b>				
1 Brie Eckerman	12	Mauston	15.72	10
2 Iszy Sonnentag	9	Cadott	15.84	8
3 Meghan Nelson	12	Westby	16.40	6
4 Geannie Pham	10	Franklin	16.80	5
5 Ava Gray	11	Mondovi	16.93	4
6 Alexis Urbick	10	Winona	17.10	3
7 Josie Blum	12	Onalaska	17.17	2
8 Ella Stevens	10	Onalaska	17.23	1
9 Makayla Gooselaw	10	Cashton	17.79	
10 Ally LeClaire	12	Holmen	17.86	

**Girls 300 Meter Hurdles**

Name	Year	School	Finals	H#	Points
1 Iszy Sonnentag	9	Cadott	48.37	3	10
2 Alli Thomas	12	Onalaska	48.52	3	8
3 Meghan Nelson	12	Westby	49.56	3	6
4 Alivia Wickstrom	9	Holmen	51.12	3	5
5 Alexis Urbick	10	Winona	51.14	3	4
6 Ella Stevens	10	Onalaska	51.34	3	3
7 Brie Eckerman	12	Mauston	51.41	3	2
8 Ava Gray	11	Mondovi	52.49	3	1
9 Josie Blum	12	Onalaska	53.14	3	
10 Brianna Hexum	10	Hayward	53.36	2	
11 Emma Kowalczyk	11	Cadott	55.27	2	55.264
12 Olivia Maki	9	West Salem	55.27	3	55.269
13 Alyssa Brown	9	Westby	55.29	2	
14 Paige Everson	12	Mondovi	55.33	2	
15 Morgan Kammel	12	West Salem	55.89	2	
16 Laurel Erickson	10	La Crosse Central	57.32	2	
17 Josie Kramer	11	Prairie du Chien	57.41	2	
18 Tricia Klum	11	Westby	58.34	1	
19 Macy Keim	10	Holmen	59.15	2	
20 Madeline Quist	10	Mauston	1:00.86	1	

**Girls 4x100 Meter Relay**

School	Finals	H#	Points
1 Holmen	52.74	2	10
1) Alexa Szak 10			
2) Abry Bloyer 9			
3) Josie Alesch 11			
4) Lydia Lazarescu 9			
2 Winona	53.15	2	8
1) Adriana Brenengen 10			
2) Erin Burke 8			
3) Phillippa Serleth 9			
4) Abigail Ellenburg 12			

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**....Girls 4x100 Meter Relay**

3 Aquinas	53.18	2	6
1) Macy Donarski 12	2) Sara Gyllander 12		
3) Autumn Passehl 12	4) Maddie Murphy 11		
4 Bangor	54.15	2	5
1) Grace Wenthold 10	2) Megan Marr 12		
3) Joeryn Freit 12	4) Bliss Knox 10		
5 Hayward	54.60	2	4
1) Emma Beilke 11	2) Brianna Hexum 10		
3) Melody Isham 9	4) Greta Schmitt 11		
6 Onalaska	54.93	2	3
1) Rickie Tillotson 9	2) Jenna Richgels 11		
3) Makena McGarry 9	4) Rachel Young 10		
7 West Salem	55.28	2	2
1) Emily Fechner 11	2) Rylan Riste 11		
3) Maia Hutchens 9	4) Maria Cannon 11		
8 Westby	55.46	2	1
1) Eliza Doval 10	2) Ali Fortun 10		
3) Grace Bailey 10	4) Gina Klum 11		
9 La Crosse Central	55.69	2	
1) Morgan Lawrence 12	2) Mallory Flamm 10		
3) Sierra Fried 10	4) Ava Herlitzke 12		
10 Cashton	58.32	1	
1) Madison Hansbery 11	2) Maddie Klinkner 10		
3) Vanessa Hankee 10	4) Donna Harter 10		
11 Mauston	58.42	1	
1) Emalee Bohnart 9	2) Taylor Winker 12		
3) Breanna Heller 9	4) Justyna Jakacki 10		
12 Cadott	1:00.67	1	
1) Keira Urbanek 10	2) Haley Larson 12		
3) Shannon Burlum 11	4) Adrianna Goodman 10		

**Girls 4x200 Meter Relay**

School	Finals	H#	Points
1 Franklin	1:52.44	2	10
1) Ayden Yee 12	2) Mary Therese Pitcher 11		
3) Josie Graetz 11	4) Hana Smith 11		
2 Cashton	1:52.76	2	8
1) Makayla Gooselaw 10	2) Gabby Hyatt 9		
3) Adrianna Biever 10	4) Braylee Hyatt 12		
3 Aquinas	1:53.52	2	6
1) Macy Donarski 12	2) Alexa Myre 9		
3) Autumn Passehl 12	4) Maddie Murphy 11		
4 Prairie du Chien	1:54.31	2	5
1) Tannah Radloff 10	2) Teagan Radloff 12		
3) Greenlee Krahn 10	4) Madi Fisher 11		
5 Bangor	1:56.07	2	4
1) Grace Wenthold 10	2) Megan Marr 12		

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3) Haley Wenthold 12	4) Bliss Knox 10			
6 West Salem		1:56.59	2	3
1) Maia Hutchens 9	2) Rylan Riste 11			
3) Olivia Maki 9	4) Hayden Rohde 9			
7 Westby		1:59.74	2	2
1) Eliza Doval 10	2) Courtney Johnson 10			
3) Grace Bailey 10	4) Gina Klum 11			
8 La Crosse Central		1:59.97	2	1
1) Mallory Flamm 10	2) Grace Ivens 12			
3) Ava Herlitzke 12	4) Sierra Fried 10			
9 Holmen		2:02.93	1	
1) Josie Alesch 11	2) Kyla Christnovich 12			
3) Hennessy LaMere 11	4) Rayna McArdle 11			
10 Winona		2:05.37	1	
1) Zayah Wobig 9	2) Carly Conway 11			
3) Maddie Maclennan 11	4) Allison Quimby 10			
11 Cadott		2:10.35	1	
1) Kendall Webster 11	2) Lucy Lindeman 12			
3) Taylor Hager 9	4) Emma Kowalczyk 11			
12 Viroqua		2:12.05	1	
1) Moriah Cress 12	2) Emma Harem 11			
3) Selene Mercer 10	4) Amelia Olson 9			
13 Mauston		2:12.54	1	
1) Justyna Jakacki 10	2) Kathryn Forster 11			
3) Naome Pouillie 12	4) Madeline Quist 10			
14 Hayward		2:14.78	2	
1) Greta Schmitt 11	2) Brianna Hexum 10			
3) Emma Beilke 11	4) Helen Thompson 9			
15 Aquinas B		2:29.39	1	
1) Sirena Alvarado 9	2) Elizabeth Hancock 9			
3) Kiera Wengel 9	4) Lucy Boland 9			

**Girls 4x400 Meter Relay**

School		Finals	H#	Points
1 Franklin		4:21.18	2	10
1) Josie Graetz 11	2) Mary Therese Pitcher 11			
3) Reagan Svick 11	4) Hana Smith 11			
2 Westby		4:26.24	2	8
1) Katelyn Benish 9	2) Meghan Nelson 12			
3) Audra Johnson 12	4) Erin Gluch 10			
3 Hayward		4:27.01	2	6
1) Natalie Grubbs 10	2) Melody Isham 9			
3) Greta Schmitt 11	4) Lydia Bergschneider 10			
4 Mauston		4:27.90	2	5
1) Sydney Addink 12	2) Brie Eckerman 12			
3) Catie Lavold 9	4) Alexys Smith 10			
5 Holmen		4:28.31	2	4



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1) Alivia Wickstrom 9	2) Bailey Sommerville 10		
3) Melissa Hoff 11	4) Maya Amundson 11		
6 Cadott		4:28.57	2 3
1) Jaycee Stephens 11	2) Taylor Hager 9		
3) Lilly Spaeth 9	4) Iszy Sonnentag 9		
7 Prairie du Chien		4:28.65	2 2
1) Tannah Radloff 10	2) Shayla Straka 12		
3) Jayden Henderson 10	4) Teagan Radloff 12		
8 Mondovi		4:31.51	2 1
1) Paige Everson 12	2) Ava Gray 11		
3) Caitlyn Stadter 11	4) Courtney Stadter 11		
9 West Salem		4:35.33	1
1) Taylor Burch 11	2) McKenna LaFleur 11		
3) Emily Sanwick 11	4) Maria Cannon 11		
10 Boscobel		4:37.55	2
1) Lilah Glasbrenner 11	2) Aubrey Seep 9		
3) Aleya Kliesner 11	4) Easton Carlin 12		
11 Winona		4:41.59	1
1) Anna Gilmer 10	2) Alexis Urbick 10		
3) Asta Griggs 10	4) Hope Quinn 10		
12 Bangor		4:42.29	2
1) Bliss Knox 10	2) Megan Marr 12		
3) Grace Wenthold 10	4) Joeryn Freit 12		
13 Cashton		5:37.95	1
1) Kate Gronemus 11	2) Audrey Weber 9		
3) Abby Wheeler 9	4) Vanessa Hankee 10		

**Girls Distance Medley 12-4-8-16**

School	Finals	Points
1 Onalaska	13:13.64	10
1) Makayla Carkhuff 12	2) Isabella Malecek 9	
3) Isabela Gutierrez 10	4) Alli Thomas 12	
2 Boscobel	13:16.91	8
1) Lilah Glasbrenner 11	2) Easton Carlin 12	
3) Aleya Kliesner 11	4) Nora Jillson 10	
3 Winona	13:41.56	6
1) Ava Pike 12	2) Calla Pike 9	
3) Asta Griggs 10	4) Anna Gilmer 10	
4 Mondovi	13:48.20	5
1) Paige Everson 12	2) Cece Rykal 10	
3) Caitlyn Stadter 11	4) Courtney Stadter 11	
5 Franklin	13:57.80	4
1) Madison Gramblicka 11	2) Hana Smith 11	
3) Ashley Kessen 10	4) Emily Herrera 11	
6 West Salem	14:05.85	3
1) Isabel Krueger 9	2) Maria Cannon 11	
3) Faith Minard 10	4) Mia Olson 10	

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**....Girls Distance Medley 12-4-8-16**

7	Hayward	14:11.14	2
	1) Alyson Reier 11	2) Melody Isham 9	
	3) Maria Halberg 9	4) Lydia Bergschneider 10	
8	Westby	14:24.07	1
	1) Audra Johnson 12	2) Aubrey Jothan 12	
	3) Rhianna Steiger 11	4) Denali Huebner 12	
9	Holmen	14:33.32	
	1) Sheryl Wang 11	2) Ava Werner 11	
	3) Bailey Sommerville 10	4) Naomi Wedan 9	
10	Aquinas	14:50.52	
	1) Naomi Koch 12	2) Elizabeth Bagniefski 12	
	3) Bethany Hale 9	4) Maria Schwinn 12	
11	La Crosse Central	15:08.14	
	1) Emilia Veum 12	2) Leyna Sonnenfeld 10	
	3) Taryn Winga 12	4) Makenna Klingelhofer 10	
12	Adams-Friendship	15:33.18	
	1) Lucy LittleSoldier 11	2) Molly Johnson 9	
	3) Jordan Lochner 9	4) Kennedy Webb 12	
13	Viroqua	15:40.65	
	1) Rivyn DiPadova 10	2) Wynne Roberts 10	
	3) Kayleigh Ackman 9	4) Rachel Diehl 11	
14	Prairie du Chien	16:20.14	
	1) Ava Hager 12	2) Jayden Henderson 10	
	3) Avery Thompson 11	4) Kate Gebhard 9	
15	Cadott	16:22.11	
	1) Mia Weggen 10	2) Lucy Lindeman 12	
	3) Kendall Webster 11	4) Josie Roth 9	

**Girls High Jump**

Name	Year	School	Finals	Points
1 Erin Gluch	10	Westby	5-00.00	10
	4-00	4-02 4-04 4-06 4-08 4-10	5-00 5-02	
	P	P P P O	O O XXX	
2 Avery Poppe	11	Hayward	J5-00.00	8
	4-00	4-02 4-04 4-06 4-08 4-10	5-00 5-02	
	P	P P P O	O XO XXX	
3 Gretta Gyllander	12	Aquinas	4-10.00	6
	4-00	4-02 4-04 4-06 4-08 4-10	5-00	
	P	P P XO O	O XXX	
4 Chloe Fratzke	10	Winona	J4-10.00	5
	4-00	4-02 4-04 4-06 4-08 4-10	5-00	
	P	P P P XXO	O XXX	
5 Ayden Yee	12	Franklin	J4-10.00	3.50
	4-00	4-02 4-04 4-06 4-08 4-10	5-00	
	P	P P O O O	XO XXX	

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**....Girls High Jump**

5	Alexa Szak	10 Holmen	J4-10.00	3.50
	4-00 4-02 4-04 4-06 4-08 4-10 5-00			
	P P O O O XO XXX			
7	Montana Lindahl	12 Westby	J4-10.00	2
	4-00 4-02 4-04 4-06 4-08 4-10 5-00			
	P P XO O XO XO XXX			
8	Taia Dressler	10 Prairie du Chien	4-08.00	1
	4-00 4-02 4-04 4-06 4-08 4-10			
	P P P XO O XXX			
9	Ali Fortun	10 Westby	J4-08.00	
	4-00 4-02 4-04 4-06 4-08 4-10			
	P P O O XXO XXX			
10	Alaina Ortiz	10 Franklin	J4-08.00	
	4-00 4-02 4-04 4-06 4-08 4-10			
	P P XO XO XXO XXX			
11	Chaigoziem Nduka	10 La Crosse Central	4-06.00	
	4-00 4-02 4-04 4-06 4-08			
	O O O O XXX			
12	Breah Golden	12 Arcadia	J4-06.00	
	4-00 4-02 4-04 4-06 4-08			
	P P O XO XXX			
12	Makena McGarry	9 Onalaska	J4-06.00	
	4-00 4-02 4-04 4-06 4-08			
	P P P XO XXX			
14	Emma Hayes	9 Onalaska	4-04.00	
	4-00 4-02 4-04 4-06			
	XO O O XXX			
15	Bre Heller	9 Mauston	J4-04.00	
	4-00 4-02 4-04 4-06			
	P O XO XXX			
16	Catie Lavold	9 Mauston	J4-04.00	
	4-00 4-02 4-04 4-06			
	P XO XO XXX			
17	Ava Herlitzke	12 La Crosse Central	J4-04.00	
	4-00 4-02 4-04 4-06			
	XO XXO XO XXX			
18	Morgan Kammel	12 West Salem	J4-04.00	
	4-00 4-02 4-04 4-06			
	P XO XXO XXX			
19	Laurel Erickson	10 La Crosse Central	4-02.00	
	4-00 4-02 4-04			
	O O XXX			
19	Mahkenzee Koenitzer	11 Mondovi	4-02.00	
	4-00 4-02 4-04			
	O O XXX			
21	Paige Everson	12 Mondovi	J4-02.00	
	4-00 4-02 4-04			
	XO XO XXX			

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**....Girls High Jump**

22	Maggie Herath	10	La Crosse Logan	J4-02.00
	4-00 4-02 4-04			
	XXO XXO XXX			
23	Audrey Weber	9	Cashton	4-00.00
	4-00 4-02			
	XXO XXX			
--	Sarah Wilson	12	Holmen	NH
	4-00 4-02			
	P XXX			
--	Makayla Gooselaw	10	Cashton	NH
	4-00 4-02 4-04			
	P P XXX			
--	Melody Isham	9	Hayward	NH
	4-00 4-02			
	P XXX			
--	Sadie Torgerson	12	Prairie du Chien	NH
	4-00 4-02 4-04			
	P P XXX			
--	Helen Thompson	9	Hayward	NH
	4-00 4-02 4-04 4-06 4-08 4-10 5-00			
	P P P P P P XXX			

**Girls Pole Vault**

Name	Year	School	Finals	Points
1 Casidi Pehler	11	Arcadia	10-06.00	10
	7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 11-00			
	P P P P P P P O XXX			
2 Meghan Nelson	12	Westby	J10-06.00	8
	7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 11-00			
	P P O O O O O XO XXX			
3 Macey Tauscher	12	West Salem	J10-06.00	6
	7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 11-00			
	P P O O XO XO O XO XXX			
4 Madelyn Vonfeldt	9	Westby	9-00.00	5
	7-00 7-06 8-00 8-06 9-00 9-06			
	O O O O O XXX			
5 Lauren Rendler	12	La Crosse Logan	8-06.00	4
	7-00 7-06 8-00 8-06 9-00			
	XO XO XXO XO XXX			
6 Josie Anderson	12	Onalaska	8-00.00	3
	7-00 7-06 8-00 8-06			
	O O O XXX			
7 Emily Fechner	11	West Salem	J8-00.00	2
	7-00 7-06 8-00 8-06			
	O XXO XO XXX			

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**....Girls Pole Vault**

8 Savannah Nicolai 7-00 7-06 8-00 O O XXX	11 Onalaska	7-06.00	0.50
8 Lexi Torgerson 7-00 7-06 8-00 O O XXX	11 Holmen	7-06.00	0.50
10 Clarice Potter 7-00 7-06 8-00 XO O XXX	11 Winona	J7-06.00	
10 Samantha Chaon 7-00 7-06 8-00 XO O XXX	12 Hayward	J7-06.00	
10 Phillippa Serleth 7-00 7-06 8-00 XO O XXX	9 Winona	J7-06.00	
13 Kendall Kozlowski 7-00 7-06 8-00 XXO XO XXX	9 Holmen	J7-06.00	
14 Julie Yang 7-00 7-06 8-00 O XXO XXX	11 La Crosse Logan	J7-06.00	
15 Hailey Waystedt 7-00 7-06 O XXX	10 Hayward	7-00.00	
15 Ava Hager 7-00 7-06 O XXX	12 Prairie du Chien	7-00.00	
15 Rosyln Malacina 7-00 7-06 O XXX	12 Mauston	7-00.00	
18 Norah Dilley 7-00 7-06 XO XXX	11 Boscobel	J7-00.00	
-- Taia Dressler 7-00 XXX	10 Prairie du Chien	NH	
-- Kathryn Forster 7-00 XXX	11 Mauston	NH	
-- Tarynn Donahue 7-00 XXX	10 Cadott	NH	
-- Juliette Getter 7-00 XXX	12 Viroqua	NH	
-- Morgan Lawrence 7-00 XXX	12 La Crosse Central	NH	

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**....Girls Pole Vault**

-- Sadie Torgerson                      12 Prairie du Chien                      NH  
 7-00  
 XXX

**Girls Long Jump**

Name	Year	School	Finals	Points
1 Braylee Hyatt	12	Cashton	16-05.75	10
2 Maya Amundson	11	Holmen	16-00.25	8
3 Iszy Sonnentag	9	Cadott	15-10.75	6
4 Shayla Straka	12	Prairie du Chien	15-06.75	5
5 Josie Blum	12	Onalaska	J15-04.50	4
6 Avery Poppe	11	Hayward	J15-04.50	3
7 Rylan Riste	11	West Salem	15-04.25	2
8 Brittney Mislivecek	12	La Crosse Central	15-03.50	1
9 Gretta Gyllander	12	Aquinas	15-03.00	
10 Phillippa Serleth	9	Winona	15-02.50	
11 Carly Conway	11	Winona	14-11.00	
12 Carmen Roraff	12	Onalaska	14-10.00	
13 Katelyn Benish	9	Westby	14-08.50	
14 Josie Kramer	11	Prairie du Chien	14-08.25	
15 Adrianna Goodman	10	Cadott	14-08.00	
16 Breanna Heller	9	Mauston	14-06.00	
17 Emma Kjos	11	Westby	14-05.50	
18 Ali Fortun	10	Westby	14-05.00	
19 Olivia Maki	9	West Salem	14-02.50	
20 Ava Gray	11	Mondovi	14-01.00	
21 Lydia Lazarescu	9	Holmen	13-11.25	
22 Sierra Fried	10	La Crosse Central	13-11.00	
23 Maria Halberg	9	Hayward	13-10.25	
24 Roslyn Malacina	12	Mauston	13-07.50	
25 Bliss Knox	10	Bangor	13-05.75	
26 Taylor Winker	12	Mauston	13-03.50	
27 Megan Marr	12	Bangor	13-02.00	
28 Maddie Klinkner	10	Cashton	13-01.25	
29 Amy Hein	11	Aquinas	12-10.25	
30 Geannie Pham	10	Franklin	12-07.50	
31 Kendall Webster	11	Cadott	12-06.50	
32 Hannah Skrede	10	Viroqua	12-04.50	
33 Sirena Alvarado	9	Aquinas	12-02.75	

**Girls Triple Jump**

Name	Year	School	Finals	Points
1 Maya Amundson	11	Holmen	35-04.00	10
2 Shayla Straka	12	Prairie du Chien	35-00.50	8
3 Tannah Radloff	10	Prairie du Chien	33-02.75	6



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**....Girls Triple Jump**

4	Brittney Mislivecek	12	La Crosse Central	32-04.00	5
5	Celia Mitchell	11	West Salem	32-00.25	4
6	Evy Shaw	11	Adams-Friendship	31-08.25	3
7	Emma Kjos	11	Westby	31-06.00	2
8	Amelia Olson	9	Viroqua	31-01.25	1
9	Hennessy LaMere	11	Holmen	30-11.50	
10	Breanna Heller	9	Mauston	30-09.00	
11	Denali Huebner	12	Westby	30-00.75	
12	Bethany Roethel	12	Westby	29-10.50	
12	Rayna McArdle	11	Holmen	29-10.50	
14	Elle Schneider	9	Prairie du Chien	29-08.00	
15	Jenna Richgels	11	Onalaska	29-07.25	
16	Alaina Ortiz	10	Franklin	29-03.75	
17	Sierra Fried	10	La Crosse Central	29-02.50	
18	Taylor Winker	12	Mauston	28-10.75	
19	Emma Kowalczyk	11	Cadott	28-08.75	
20	Mahkenzee Koenitzer	11	Mondovi	28-07.00	
21	Rosyln Malacina	12	Mauston	28-06.50	
22	Leah Waller	9	Aquinas	27-01.75	
23	Hannah Skrede	10	Viroqua	26-03.00	
24	Caylan Adams	11	La Crosse Logan	25-04.75	

**Girls Shot Put**

Name	Year	School	Finals	H#	Points	
1	Jadyn Roden	11	Holmen	36-03.50	4	10
2	Shay Shaquavianna) Berli	11	Winona	35-08.50	4	8
3	Jaden Hammes	12	West Salem	34-10.25	4	6
4	Ali Clifford	12	Hayward	34-08.50	4	5
5	Anna McConkey	12	West Salem	34-06.25	4	4
6	Arianna Berlin-Burns	12	Winona	34-04.75	4	3
7	Abby Rudrud	12	Onalaska	32-06.25	3	2
8	Emily Van Riper	11	Mondovi	32-05.50	3	1
9	Bethany Roethel	12	Westby	32-04.75	4	
10	Hayden Wihlm	12	La Crosse Central	32-04.00	2	
11	Amber Lund	10	Mondovi	31-10.00	2	
12	Autumn Wadewitz	9	Winona	31-00.00	3	
13	Eliana Monfre	12	Franklin	30-08.00	4	
14	Kylie Harter	10	Cashton	30-07.75	2	
15	Brenna Schmidt	9	Holmen	30-04.50	3	
16	Rickie Tillotson	9	Onalaska	30-03.75	3	
17	Liberty Sprain	11	La Crosse Logan	30-01.75	4	
18	Abby Schelfhout	12	Aquinas	29-07.25	3	
19	Felicity Bell	10	Aquinas	28-10.50	2	
20	Lucy Lindeman	12	Cadott	28-07.50	3	
21	Isabel Britton	12	Adams-Friendship	28-07.00	3	
22	Madison Hansbery	11	Cashton	28-02.25	2	
23	Moriah Cress	12	Viroqua	27-06.50	2	

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**....Girls Shot Put**

24	Haley Mathison	9	Cadott	27-05.50	2
--	Emalee Bohnart	9	Mauston	ND	1
--	Isabelle Woodard	10	Blair-Taylor	ND	1
--	Tyra Beers	12	Prairie du Chien	ND	2
--	Grace Wood	11	Franklin	ND	1
--	Josie Edie	10	Blair-Taylor	ND	1
--	Chauntise Massie	10	Prairie du Chien	ND	2
--	Sadie Graves	12	La Crosse Logan	ND	1
--	Kate Gronemus	11	Cashton	ND	2
--	Reid Brown	10	Viroqua	ND	1
--	Aliyah Schieldt	10	La Crosse Central	ND	1
--	Kasey Cavanaugh	12	Adams-Friendship	ND	1
--	Shannon Burlum	11	Cadott	ND	1

**Girls Discus Throw**

Name	Year	School	Finals	H#	Points
1 Shay Shaquavianna)	Berli	11 Winona	121-04	4	10
2 Abi Masloroff		12 Franklin	110-07	4	8
3 Jady Roden		11 Holmen	105-02	4	6
4 Amber Lund		10 Mondovi	102-08	3	5
5 Anna McConkey		12 West Salem	102-06	4	4
6 Liberty Sprain		11 La Crosse Logan	100-03	4	3
7 Casidi Pehler		11 Arcadia	99-05	3	2
8 Autumn Wadewitz		9 Winona	93-06	4	1
9 Jaden Hammes		12 West Salem	93-00	4	
10 Haley Mathison		9 Cadott	92-11	2	
11 Eliana Monfre		12 Franklin	91-10	3	
12 Lucy Lindeman		12 Cadott	91-07	3	
13 Hayden Wihlm		12 La Crosse Central	89-02	3	
14 Ella Boge		11 La Crosse Logan	88-04	3	
15 Isabel Britton		12 Adams-Friendship	88-02	2	
15 Aliyah Schieldt		10 La Crosse Central	88-02	4	
17 Alexa Komay		12 Aquinas	87-11	3	
18 Felicity Bell		10 Aquinas	87-09	3	
19 Abigail Koehler		11 Winona	87-02	4	
20 Ali Clifford		12 Hayward	86-03	2	
21 Sadie Graves		12 La Crosse Logan	84-10	2	
22 Emily Van Riper		11 Mondovi	84-08	2	
23 Bethany Roethel		12 Westby	84-05	3	
24 Abby Rudrud		12 Onalaska	82-05	2	
25 Abby Schelfhout		12 Aquinas	82-00	2	
26 Madison Hansbery		11 Cashton	81-10	2	
27 Joeryn Freit		12 Bangor	79-04	3	
28 Kylie Harter		10 Cashton	73-00	1	
29 Emma Jo Candahl		12 Onalaska	71-02	1	
-- Tyra Beers		12 Prairie du Chien	ND	2	
-- Anyiah Stolz		11 Prairie du Chien	ND	2	



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**....Girls Discus Throw**

-- Katie Sindelar	12	Adams-Friendship	ND	1
-- Brenna Lohr	10	Viroqua	ND	1
-- Rachel Diehl	11	Viroqua	ND	1
-- Kaitlyn Klich	12	La Crosse Central	ND	1
-- Bethany Gallick	10	Adams-Friendship	ND	4
-- Wynne Roberts	10	Viroqua	ND	1
-- Emalee Bohnart	9	Mauston	ND	1
-- Alaina Kempen	11	Cadott	ND	1
-- Julia Boisen	11	Cashton	ND	1

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Women - Team Rankings - 18 Events Scored

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1) Holmen	83	2) Winona	75
3) Franklin	67.50	4) Hayward	66
5) Westby	59	6) Onalaska	56.50
7) West Salem	55	8) Prairie du Chien	32
8) Cashton	32	10) Mondovi	27
10) Cadott	27	12) Boscobel	26
13) Arcadia	20	14) Aquinas	18
15) Mauston	17	16) Adams-Friendship	15
17) Bangor	9	17) La Crosse Central	9
19) La Crosse Logan	7	20) Viroqua	1

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Men - Team Rankings - 18 Events Scored

=====

1) Onalaska	78	2) Holmen	69.50
3) La Crosse Central	67	4) Franklin	62
5) Winona	58	6) Prairie du Chien	54.50
7) West Salem	47	7) Mauston	47
9) Cashton	44	10) Hayward	31
11) Arcadia	27	12) La Crosse Logan	26
13) Bangor	24	14) Aquinas	20
15) Viroqua	14	16) Cadott	10
16) Mondovi	10	18) Blair-Taylor	6
19) Westby	5	20) Boscobel	2