

G-E-T Middle School Meet
Gale-Ettrick-Trempealeau High School
Trempealeau, Wisconsin - 4/21/2023
Results

Girls 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Nora Schank	8	Independence	14.17	7	10
2 Mackenna Aspenson	8	Cochrane-Fou	14.43	7	8
3 Bristol Coats	8	Melrose Mind	14.65	6	6
4 Natalie Konter	7	Independence	15.27	7	5
5 Claire Baures	7	Gale-Ettrick	15.40	1	4
6 Kendal Parker	7	Melrose Mind	15.48	4	3
7 Charlotte McCutchen	7	Gale-Ettrick	15.57	3	2 15.562
8 Alexia Stanton	7	Melrose Mind	15.57	4	1 15.565
9 Hayden Brown	8	Black River	15.68	7	
10 Siena Schmitt	8	Cochrane-Fou	15.73	7	
11 Destiny Schneider	8	Blair-Taylor	15.74	7	
12 Hope Meimen	8	Melrose Mind	15.77	4	
13 Shawna Whitewater	8	Independence	15.81	7	15.807
14 Emmy Lacey	8	Cochrane-Fou	15.81	7	15.810
15 Allie Jorgenson	7	Blair-Taylor	15.91	6	
16 Tylan Brown	6	Black River	15.95	2	
17 Alley Samples	8	Blair-Taylor	15.96	6	
18 Hailee Gilson	8	Gale-Ettrick	15.97	2	
19 Nessa Noll	8	Alma-Pepin JH	15.98	6	15.972
20 Hadley Sylla	7	Independence	15.98	3	15.977
21 Finley Hullopeter	7	Alma-Pepin JH	15.99	6	
22 Imani Lopez-Elliot	7	Alma-Pepin JH	16.16	5	
23 Norah Lisowski	6	Cochrane-Fou	16.38	1	
24 Madeline Ruud	8	Gale-Ettrick	16.44	5	
25 Aubrey Pommerening	7	Alma-Pepin JH	16.56	5	
26 Rylynn Simmons	7	Gale-Ettrick	16.64	6	
27 Madelyn Beaman	6	Blair-Taylor	16.85	5	
28 Gissell Cruz Vasquez	6	Arcadia Midd	16.87	5	
29 Cyndy Juan Esteban	7	Arcadia Midd	16.88	5	
30 Erika Steinlicht	7	Arcadia Midd	16.90	5	
31 Yulissa Itehua-Salas	8	Gale-Ettrick	16.96	3	
32 Madison Mahutga	8	Arcadia Midd	17.23	4	
33 Alivia Elliot	8	Alma-Pepin JH	17.29	4	
34 Teagan Pientok	6	Arcadia Midd	17.37	5	
35 Laurynn Olson	8	Independence	17.38	1	
36 Alba Sanchez	6	Independence	17.64	2	
37 Mya Guzman	7	Alma-Pepin JH	17.73	4	
38 Jaydon Tollefson	6	Blair-Taylor	18.34	4	
39 Sofia Cabezas	7	Cochrane-Fou	18.65	2	
40 Alyssa Sedon	6	Blair-Taylor	18.71	2	
41 Maky Flores	8	Arcadia Midd	19.32	3	
42 Judy Hulett	7	Black River	19.43	3	

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Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Bristol Coats	8	Melrose Mind	30.67	5	10
2 Alexis Ouellette	7	Gale-Ettrick	31.57	5	8
3 Lily Dickman	6	Arcadia Midd	31.63	4	6
4 Sophia Kampa	8	Independence	31.85	5	5
5 Rielyn Sheahan	7	Independence	32.64	4	4
6 Anna Kent	8	Independence	32.77	5	3
7 Claire Breidenbach	8	Gale-Ettrick	32.96	5	2
8 Samantha Filla	8	Gale-Ettrick	33.30	5	1
9 Mareesa Rehberg	7	Independence	33.82	5	
10 Layla Blaschko	6	Arcadia Midd	33.98	3	
11 Arden Hayter	6	Cochrane-Fou	34.06	4	34.051
12 Hope Meimen	8	Melrose Mind	34.06	3	34.057
13 Peyton Pett	8	Gale-Ettrick	34.17	2	
14 Hadley Sylla	7	Independence	34.55	4	
15 Tracy Gomez	8	Arcadia Midd	35.49	3	
16 Kelsey Young	7	Melrose Mind	35.57	3	
17 Ruth Anne Falcon	8	Black River	35.66	1	
18 Addison Connolly	7	Gale-Ettrick	35.98	2	
19 Norah Lisowski	6	Cochrane-Fou	36.06	4	
20 Gissell Cruz Vasquez	6	Arcadia Midd	36.48	2	
21 Zoe Tepovich	6	Cochrane-Fou	36.58	2	
22 Meadow Lang	8	Arcadia Midd	36.79	3	
23 Aurora Bork	7	Cochrane-Fou	37.25	3	
24 Jaylen Hilton	7	Gale-Ettrick	37.96	2	
25 Teagan Pientok	6	Arcadia Midd	38.05	3	
26 Jillian Sylla	6	Independence	38.85	2	
27 Lauren Bjerke	8	Black River	41.25	2	

Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Macy Hunger	8	Cochrane-Fou	1:11.34	3	10
2 Claire Baures	7	Gale-Ettrick	1:15.81	1	8
3 Sheila Johnson	8	Melrose Mind	1:16.08	2	6
4 Macy Stewart	8	Alma-Pepin JH	1:16.88	2	5
5 Rielyn Sheahan	7	Independence	1:17.19	3	4
6 Allie Sylla	7	Independence	1:17.21	3	3
7 Mareesa Rehberg	7	Independence	1:17.40	1	2
8 Kinley Arneson	6	Cochrane-Fou	1:17.96	3	1
9 Amaya Schlessler	8	Arcadia Midd	1:18.06	3	
10 Anna Kent	8	Independence	1:18.22	3	
11 Allie Jorgenson	7	Blair-Taylor	1:18.44	3	
12 Grace Tande	8	Black River	1:18.80	1	
13 Natalie Konter	7	Independence	1:19.28	3	
14 Gianna Backaus	6	Black River	1:21.73	1	
15 Harper Tracey	7	Melrose Mind	1:21.88	2	

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....Girls 400 Meter Dash

16	Layla Blaschko	6	Arcadia Midd	1:23.39	2
17	Megan Breska	7	Arcadia Midd	1:23.67	2
18	Gisselle Veliz	7	Arcadia Midd	1:23.90	2
19	Lexi Knapmiller	7	Gale-Ettrick	1:27.05	1
20	Reina Tomas	6	Arcadia Midd	1:27.25	2
21	Riley Dostal	7	Black River	1:30.27	2

Girls 800 Meter Run

Name	Year	School	Finals	H#	Points	
1	Paxtyn Duellman	7	Cochrane-Fou	2:46.98	2	10
2	Ashlyn Earney	8	Cochrane-Fou	2:55.00	2	8
3	Kinley Arneson	6	Cochrane-Fou	3:03.97	2	6
4	Sophia Kampa	8	Independence	3:04.20	2	5
5	Isabella Tibbitts	8	Gale-Ettrick	3:13.73	2	4
6	Hazel Schank	8	Arcadia Midd	3:18.89	1	3
7	Alyssa Tubbs	7	Black River	3:19.50	1	2
8	Jayda Ristey	6	Blair-Taylor	3:19.64	2	1
9	Avery Rahmlow	7	Black River	3:20.76	1	
10	Jadrean Borreson	8	Blair-Taylor	3:21.55	2	
11	Gisselle Veliz	7	Arcadia Midd	3:23.51	1	
12	Reina Tomas	6	Arcadia Midd	3:26.62	1	

Girls 1600 Meter Run

Name	Year	School	Finals	Points	
1	Paxtyn Duellman	7	Cochrane-Fou	6:06.53	10
2	Isabella Tibbitts	8	Gale-Ettrick	6:41.59	8
3	Jadrean Borreson	8	Blair-Taylor	6:48.19	6
4	Alyssa Tubbs	7	Black River	7:03.85	5
5	Jayda Ristey	6	Blair-Taylor	7:05.99	4
6	Allie Jorgenson	7	Blair-Taylor	7:25.26	3
7	Farrah Johnson	6	Black River	7:31.61	2
8	Madelyn Beaman	6	Blair-Taylor	7:34.81	1
9	Lakyn Blasing	6	Independence	8:34.63	
10	Ruby Herried	8	Blair-Taylor	9:26.04	

Girls 100 Meter Hurdles

Name	Year	School	Finals	H#	Points	
1	Mackenna Aspenson	8	Cochrane-Fou	17.86	4	10
2	Ave Grandt	8	Gale-Ettrick	20.02	4	8
3	Alley Samples	8	Blair-Taylor	21.06	4	6
4	Josie Gamroth	7	Whitehall	21.15	4	5
5	Addison Connolly	7	Gale-Ettrick	21.37	1	4
6	Jordyn King	7	Black River	21.57	1	3

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....Girls 100 Meter Hurdles

7 Emma McMahon	7 Alma-Pepin JH	21.61	3	2
8 Destiny Schneider	8 Blair-Taylor	21.99	4	1
9 Shauna Dejno	8 Independence	22.09	4	
10 Tracy Gomez	8 Arcadia Midd	22.11	4	
11 Kalani Vazquez	7 Arcadia Midd	22.24	3	
12 Aurora Bork	7 Cochrane-Fou	22.30	3	
13 Avery Rahmlow	7 Black River	22.31	2	
14 KiyLee Phillipson	7 Blair-Taylor	22.72	3	
15 Lexi Knapmiller	7 Gale-Ettrick	22.76	2	
16 Bella Brouillard	8 Alma-Pepin JH	22.85	2	
17 Symphony Haas	7 Whitehall	23.17	3	
18 Hailey Gruber	6 Independence	23.26	3	
19 Jaelyn Pronschinske	8 Independence	23.55	2	
20 Riley Dostal	7 Black River	23.76	2	
21 Caydence Thompson	7 Gale-Ettrick	25.15	2	
22 Jaylen Hilton	7 Gale-Ettrick	25.98	2	
23 Rylynn Simmons	7 Gale-Ettrick	26.72	1	
24 Deyanira Ortiz	8 Arcadia Midd	28.68	2	

Girls 4x100 Meter Relay

School	Finals	H#	Points
=====			
1 Cochrane-Fountain City Middle	1:01.09	2	10
1) Siena Schmitt 8			
3) Maeva Noeldner 8			
2 Gale-Ettrick-Trempealeau	1:01.92	2	8
1) Ave Grandt 8			
3) Hailee Gilson 8			
3 Arcadia Middle School	1:02.41	2	6
1) Riley Walters 8			
3) Tatum Draskowski 8			
4 Melrose Mindoro Middle School	1:02.90	2	5
1) Kendal Parker 7			
3) Hope Meimen 8			
5 Gale-Ettrick-Trempealeau 'B'	x1:03.36	2	
1) Alexis Ouellette 7			
3) Jaylen Hilton 7			
6 Independence-Gilmanton	1:06.51	1	4
1) Shauna Dejno 8			
3) Laurynn Olson 8			
7 Alma-Pepin JH	1:06.62	2	3
1) Aubrey Pommerening 7			
3) Alivia Elliot 8			
8 Blair-Taylor	1:07.33	2	2
1) Alley Samples 8			
3) Myah Osegard 7			
9 Cochrane-Fountain City Middle 'B'	x1:09.76	2	
1) Zoe Tepovich 6			
2) Arden Hayter 6			



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....Girls 4x100 Meter Relay

3) Jasmine McKitty 6	4) Norah Lisowski 6		
10 Arcadia Middle School 'B'		x1:11.24	1
1) Kalani Vazquez 7	2) Madison Mahutga 8		
3) Erika Steinlicht 7	4) Isabel Dickman 7		
11 Blair-Taylor 'B'		x1:14.16	1
1) Jaydon Tollefson 6	2) Madelyn Beaman 6		
3) Mckenzie Killian 7	4) Kiylee Phillipson 7		
12 Black River Falls Middle Schoo 'B'		1:14.98	1 1
1) Andrea Cogswell 8	2) Cassondra Eagen 8		
3) Judy Hulett 7	4) Farrah Johnson 6		
13 Independence-Gilmanton 'B'		x1:16.59	1
1) Jillian Sylla 6	2) Celia Slaby 6		
3) Elsa Pape 6	4) Maritza Cano Alejo 6		

Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Arcadia Middle School 'B'	2:09.35	2	10
1) Sacia Boland 8	2) Tatum Drazkowski 8		
3) Riley Walters 8	4) Amaya Schlessler 8		
2 Cochrane-Fountain City Middle	2:11.12	2	8
1) Avery Wnuk 7	2) Arden Hayter 6		
3) Emmy Lacey 8	4) Ashlyn Earney 8		
3 Alma-Pepin JH	2:14.32	1	6
1) Emma McMahon 7	2) Finley Hulloper 7		
3) Nessa Noll 8	4) Macy Stewart 8		
4 Melrose Mindoro Middle School	2:17.28	2	5
1) Kendal Parker 7	2) Kelsey Young 7		
3) Lauralee Stanton 8	4) Alexia Stanton 7		
5 Independence-Gilmanton	2:18.02	2	4
1) Hailey Gruber 6	2) Hannah Ekern 7		
3) Allie Sylla 7	4) Hadley Sylla 7		
6 Black River Falls Middle Schoo	2:20.96	1	3
1) Jordyn King 7	2) Avery Rahmlow 7		
3) Addison Weikel 6	4) Gianna Backaus 6		
7 Gale-Ettrick-Trempealeau	2:21.46	2	2
1) Peyton Pett 8	2) Yulissa Itehua-Salas 8		
3) Olivia Garcia 9	4) Isabella Tibbitts 8		
8 Black River Falls Middle Schoo 'B'	x2:25.46	1	
1) Lauren Bjerke 8	2) Hayden Brown 8		
3) Olivia Larkin 7	4) Zoe Rukavina 8		
9 Arcadia Middle School	x2:25.54	2	
1) Gisselle Veliz 7	2) Lily Dickman 6		
3) Ava Lee 6	4) Teagan Pientok 6		
10 Independence-Gilmanton 'B'	x2:38.48	2	
1) Jillian Sylla 6	2) Alba Sanchez 6		
3) Celia Slaby 6	4) Maritza Cano Alejo 6		

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Girls High Jump

Name	Year	School	Finals	Points
1 Destiny Schneider	8	Blair-Taylor	4-04.00	10
2 Nora Schank	8	Independence	J4-02.00	8
3 Mackenna Aspenson	8	Cochrane-Fou	J4-02.00	6
4 Shauna Dejno	8	Independence	4-00.00	5
5 Gianna Backaus	6	Black River	J3-10.00	4
6 Sheila Johnson	8	Melrose Mind	J3-10.00	1.50
6 Caydence Thompson	7	Gale-Ettrick	J3-10.00	1.50
6 Harper Tracey	7	Melrose Mind	J3-10.00	1.50
6 Lauralee Stanton	8	Melrose Mind	J3-10.00	1.50
10 Grace Tande	8	Black River	3-08.00	
10 Erika Steinlicht	7	Arcadia Midd	3-08.00	
10 Addison Connolly	7	Gale-Ettrick	3-08.00	
10 Bella Brouillard	8	Alma-Pepin JH	3-08.00	
10 Alivia Elliot	8	Alma-Pepin JH	3-08.00	
10 Isabel Dickman	7	Arcadia Midd	3-08.00	
16 Kinley Arneson	6	Cochrane-Fou	3-06.00	
16 Ave Grandt	8	Gale-Ettrick	3-06.00	

Girls Long Jump

Name	Year	School	Finals	Points
1 Nora Schank	8	Independence	13-06.00	10
2 Sophia Kampa	8	Independence	13-05.50	8
3 Amaya Schlessler	8	Arcadia Midd	13-02.75	6
4 Bristol Coats	8	Melrose Mind	13-01.00	5
5 Alexis Ouellette	7	Gale-Ettrick	13-00.00	4
6 Ava Lee	6	Arcadia Midd	12-02.25	3
7 Olivia Larkin	7	Black River	11-09.50	2
8 Anna Kent	8	Independence	11-04.50	1
9 Hannah Ekern	7	Independence	11-01.00	
10 Arden Hayter	6	Cochrane-Fou	10-09.25	
11 Madeline Ruud	8	Gale-Ettrick	10-05.00	
12 Josie Gamroth	7	Whitehall	10-04.75	
13 Zoe Rukavina	8	Black River	10-04.00	
14 Charlotte McCutchen	7	Gale-Ettrick	10-03.00	
15 Reina Tomas	6	Arcadia Midd	10-02.00	
16 Zoe Tepovich	6	Cochrane-Fou	9-10.00	
17 Aubrey Pommerening	7	Alma-Pepin JH	9-05.25	
18 Isabel Dickman	7	Arcadia Midd	9-03.00	
19 Symphony Haas	7	Whitehall	9-01.50	
20 Norah Lisowski	6	Cochrane-Fou	9-00.00	
21 Lauren Bjerke	8	Black River	8-09.00	
22 Deyanira Ortiz	8	Arcadia Midd	8-08.50	
23 Chiara Thesing	8	Melrose Mind	8-06.75	
24 Elsa Pape	6	Independence	8-02.00	
25 Maky Flores	8	Arcadia Midd	7-06.00	

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....Girls Long Jump

26 Alexa Blaken	8 Melrose Mind	6-10.50
27 Maritza Cano Alejo	6 Independence	6-01.75

Girls Triple Jump

Name	Year	School	Finals	Points
1 Tatum Draskowski	8	Arcadia Midd	31-09.00	10
2 Macy Hunger	8	Cochrane-Fou	30-04.75	8
3 Avery Wnuk	7	Cochrane-Fou	27-00.00	6
4 Ashlyn Earney	8	Cochrane-Fou	26-00.00	5
5 Hailey Gruber	6	Independence	25-10.00	4
6 Hannah Ekern	7	Independence	25-03.50	3
7 Riley Walters	8	Arcadia Midd	23-10.00	2
8 Hadley Sylla	7	Independence	23-02.50	1
9 Emmy Lacey	8	Cochrane-Fou	23-02.25	
10 Allie Sylla	7	Independence	22-04.00	
11 Alba Sanchez	6	Independence	21-08.75	
12 Macy Stewart	8	Alma-Pepin JH	20-01.50	
13 Madison Mahutga	8	Arcadia Midd	18-10.00	

Girls Shot Put

Name	Year	School	Finals	H#	Points
1 Nessa Noll	8	Alma-Pepin JH	31-00.00	3	10
2 Evelyn Suchla	7	Independence	28-04.00	2	8
3 Andrea Cogswell	8	Black River	28-01.00	3	6
4 Cassondra Eagen	8	Black River	26-11.00	3	5
5 Lily Sullivan	8	Black River	26-04.00	1	4
6 Macy Stewart	8	Alma-Pepin JH	26-00.00	1	3
7 Jewel Grosskopf	8	Melrose Mind	25-08.50	2	2
8 Shauna Dejno	8	Independence	25-02.00	3	1
9 Claire Baures	7	Gale-Ettrick	25-01.00	3	
10 Maeva Noeldner	8	Cochrane-Fou	24-09.00	3	
11 Laurynn Olson	8	Independence	24-00.00	3	
12 Siena Schmitt	8	Cochrane-Fou	23-11.00	3	
13 Bailey Maphis	8	Black River	23-09.00	2	
14 Megan Breska	7	Arcadia Midd	22-08.00	3	
15 Caydence Thompson	7	Gale-Ettrick	22-04.00	3	
16 Mya Guzman	7	Alma-Pepin JH	21-10.00	2	
17 Hazel Schank	8	Arcadia Midd	21-08.00	1	
18 Alexa Blaken	8	Melrose Mind	18-08.00	1	
19 Mckenzie Killian	7	Blair-Taylor	18-04.00	2	
20 Chiara Thesing	8	Melrose Mind	18-00.00	1	
21 Kassidy Knutson	7	Blair-Taylor	17-10.00	2	
22 Layla Blaschko	6	Arcadia Midd	17-08.00	1	
23 Meadow Lang	8	Arcadia Midd	17-07.00	3	
24 Finley Hullopeter	7	Alma-Pepin JH	17-06.00	1	

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25 Lexi Knapmiller	7 Gale-Ettrick	17-01.00	1
26 Deyanira Ortiz	8 Arcadia Midd	16-10.00	2
27 Jasmine McKitty	6 Cochrane-Fou	16-08.00	2
28 Aremzy Ramirez	8 Whitehall	15-04.50	1
29 Maky Flores	8 Arcadia Midd	15-02.00	1
30 Ava Harris	7 Gale-Ettrick	14-09.00	2
31 Laura Dobson	7 Gale-Ettrick	10-08.00	2

Girls Discus Throw

Name	Year School	Finals	H#	Points
1 Andrea Cogswell	8 Black River	63-03	3	10
2 Nessa Noll	8 Alma-Pepin JH	55-06	3	8
3 Cassondra Eagen	8 Black River	47-11	3	6
4 Finley Hullopeter	7 Alma-Pepin JH	47-05	2	5
5 Mya Guzman	7 Alma-Pepin JH	47-04	2	4
6 Lexi Knapmiller	7 Gale-Ettrick	45-09	3	3
7 Myah Osegard	7 Blair-Taylor	44-11	3	2
8 Chiara Thesing	8 Melrose Mind	44-10	1	1
9 Jewel Grosskopf	8 Melrose Mind	42-00	2	
10 Averie Hernandez	8 Whitehall	40-07	1	
11 Hazel Schank	8 Arcadia Midd	39-08	2	
12 Lily Sullivan	8 Black River	39-02	1	
13 Rylenn Simmons	7 Gale-Ettrick	37-07	1	
13 Celia Slaby	6 Independence	37-07	3	
15 Laurynn Olson	8 Independence	36-02	1	
15 Evelyn Suchla	7 Independence	36-02	2	
17 Megan Breska	7 Arcadia Midd	34-05	1	
18 Alexa Blaken	8 Melrose Mind	33-03	1	
19 Kalani Vazquez	7 Arcadia Midd	33-01	2	
20 Laura Dobson	7 Gale-Ettrick	32-04	1	
21 Jasmine McKitty	6 Cochrane-Fou	31-10	2	
22 Ava Harris	7 Gale-Ettrick	27-01	2	
23 Cassidy Knutson	7 Blair-Taylor	24-05	3	
24 Guzman Marisol	8 Whitehall	23-04	2	

Women - Team Rankings - 13 Events Scored

1) Cochrane-Fountain City Mid	106	2) Independence-Gilmanton	98
3) Gale-Ettrick-Trempealeau	67.50	4) Black River Falls Middle	53
5) Melrose Mindoro Middle Sch	48.50	6) Arcadia Middle School	46
6) Alma-Pepin JH	46	8) Blair-Taylor	36
9) Whitehall	5		

Men - Team Rankings - 12 Events Scored

1) Whitehall	106	2) Gale-Ettrick-Trempealeau	103.50
3) Melrose Mindoro Middle Sch	46	3) Cochrane-Fountain City Mi	46

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5) Arcadia Middle School	45	6) Black River Falls Middle	42
7) Blair-Taylor	36.50	8) Independence-Gilmanton	36
9) Alma-Pepin JH	4		