

Central Invitational  
Elkader Golf and Country Club  
Elkader, Iowa  
September 14, 2023

Results provided by AccuRace Timing Services  
www accuracetimeing.com

\*\*\*\* Girls' 5000 Meter Run \*\*\*\*

Place	TmPl	Bib#	Name	Gr	Team	Time	Pace
1		2936	Abbi Waskow	9	Dunkerton	20:15.0	6:32
2	1	2851	Jaydin DETTMAN	12	Central	21:12.1	6:50
3	2	3035	Josie Tieskoetter	12	South Winneshiek	21:38.8	6:59
4	3	3026	Annie Hageman	9	South Winneshiek	21:38.9	6:59
5	4	3025	Ava Franzen	9	South Winneshiek	21:38.9	6:59
6	5	2951	Cora Keehner	10	MFL MarMac	22:13.1	7:10
7	6	2887	Lauren STAUDT	12	Charles City	22:22.4	7:13
8	7	2947	Brooke Donlon	9	MFL MarMac	22:22.6	7:13
9	8	3037	Karissa Wenthold	11	South Winneshiek	22:26.5	7:14
10	9	2949	SkyLAR Fisk	9	MFL MarMac	22:38.6	7:18
11	10	2879	Maggie BOSS	12	Charles City	23:02.6	7:26
12	11	3028	Izzy Kuboushek	11	South Winneshiek	23:08.1	7:27
13		2935	Grace Henninger	11	Dunkerton	23:31.6	7:35
14	12	3030	Lauren Ondrashek	9	South Winneshiek	23:42.1	7:38
15	13	2860	Coral Rork	11	Central	24:27.1	7:53
16	14	2955	Evelyn Ruff	11	MFL MarMac	24:36.9	7:56
17	15	2952	Emma Koether	10	MFL MarMac	24:42.9	7:58
18	16	2950	Clare Grau	12	MFL MarMac	25:00.1	8:03
19	17	2998	Brenda Gonzalez-Juarez	9	Postville	25:01.8	8:04
20		2940	Addison Winters	10	Kee	25:21.0	8:10
21	18	2878	Megan Babcock	9	Charles City	25:35.9	8:15
22	19	2888	Mackenzie ZWEIBOHMER	12	Charles City	25:39.3	8:16
23	20	3038	Aubrey Willey	12	South Winneshiek	25:47.3	8:19
24	21	2907	Audrey Dickson	9	Clayton Ridge	25:55.4	8:21
25	22	2861	Ashlyn Scherf	12	Central	25:59.5	8:22
26	23	2908	Daisy Dickson	12	Clayton Ridge	26:15.0	8:27
27	24	2859	Aspen RORK	11	Central	26:37.5	8:35
28	25	2915	Jayda Wardell	11	Clayton Ridge	26:41.6	8:36
29	26	2852	Layla Embretson	10	Central	26:54.4	8:40
30	27	2880	Mazie Bruening	9	Charles City	27:11.4	8:46
31	28	3008	Isabelle White	9	Postville	27:12.7	8:46
32		3036	Josie Tollefsrud	12	South Winneshiek	27:21.8	8:49
33		3033	Katie Shimek	11	South Winneshiek	27:24.2	8:50
34	29	2856	Madylen GREGERSON	12	Central	27:30.4	8:52
35	30	2863	Alexis Thiese	11	Central	27:32.1	8:52
36		2855	Hannah Friedline	9	Central	27:38.1	8:54
37	31	2953	Mariah Moser	10	MFL MarMac	27:45.8	8:57
38		2937	Lauren WOLFENSPERGER	12	Dunkerton	27:54.1	8:59
39		2948	Emma Driscoll	9	MFL MarMac	27:59.9	9:01
40	32	2885	Paige Pickar	9	Charles City	28:01.6	9:02
41	33	2909	Hailey Gaul	11	Clayton Ridge	28:06.1	9:03
42	34	2913	Hinckley Simon	11	Clayton Ridge	28:06.4	9:03
43		2954	Kaylee Nuehring	12	MFL MarMac	28:06.8	9:03
44	35	2881	Sophia Calpito	9	Charles City	28:44.4	9:16
45	36	3003	Maria Quiroz - Ordonez	11	Postville	28:54.7	9:19
46		2884	Natalie King	11	Charles City	29:40.3	9:34
47		2858	Audrey Palas	9	Central	30:38.2	9:52
48	37	2994	Angie Barrutia-Rucal	9	Postville	31:22.0	10:06
49	38	3000	Evelyn Martinez	12	Postville	31:24.8	10:07
50	39	2912	Mollie Schaefer	11	Clayton Ridge	31:52.9	10:16
51	40	2910	Pfeiffer Horns	9	Clayton Ridge	33:02.5	10:39
52		2886	Fiona Pittman	10	Charles City	34:27.4	11:06
53		2882	Athena Dittmer	9	Charles City	37:01.7	11:56
54		2883	Mataya Jones	10	Charles City	44:33.2	14:21

9/14/2023 6:41PM

Central Invitational  
Elkader Golf and Country Club  
Elkader, Iowa  
September 14, 2023

Results provided by AccuRace Timing Services  
www accuracetimesing.com

\*\*\*\* Girls' Team Score \*\*\*\*

1.	28	South Winneshiek		(22:06.3	110:31.2	1:29.3)
=====						
1	2	Josie Tieskoetter	12	21:38.8		
2	3	Annie Hageman	9	21:38.9		
3	4	Ava Franzen	9	21:38.9		
4	8	Karissa Wenthold	11	22:26.5		
5	11	Izzy Kuboushek	11	23:08.1		
6	( 12)	Lauren Ondrashek	9	23:42.1		
7	( 20)	Aubrey Willey	12	25:47.3		
2.	50	MFL MarMac		(23:18.9	116:34.1	2:29.8)
=====						
1	5	Cora Keehner	10	22:13.1		
2	7	Brooke Donlon	9	22:22.6		
3	9	Skylar Fisk	9	22:38.6		
4	14	Evelyn Ruff	11	24:36.9		
5	15	Emma Koether	10	24:42.9		
6	( 16)	Clare Grau	12	25:00.1		
7	( 31)	Mariah Moser	10	27:45.8		
3.	80	Charles City		(24:46.4	123:51.6	4:49.0)
=====						
1	6	Lauren STAUDT	12	22:22.4		
2	10	Maggie BOSS	12	23:02.6		
3	18	Megan Babcock	9	25:35.9		
4	19	Mackenzie ZWEIBOHMER	12	25:39.3		
5	27	Mazie Bruening	9	27:11.4		
6	( 32)	Paige Pickar	9	28:01.6		
7	( 35)	Sophia Calpito	9	28:44.4		
4.	86	Central		(25:02.2	125:10.6	5:42.3)
=====						
1	1	Jaydin DETTMAN	12	21:12.1		
2	13	Coral Rork	11	24:27.1		
3	22	Ashlyn Scherf	12	25:59.5		
4	24	Aspen RORK	11	26:37.5		
5	26	Layla Embretson	10	26:54.4		
6	( 29)	Madylen GREGERSON	12	27:30.4		
7	( 30)	Alexis Thiese	11	27:32.1		
5.	136	Clayton Ridge		(27:00.9	135:04.5	2:11.0)
=====						
1	21	Audrey Dickson	9	25:55.4		
2	23	Daisy Dickson	12	26:15.0		
3	25	Jayda Wardell	11	26:41.6		
4	33	Hailey Gaul	11	28:06.1		
5	34	Hinckley Simon	11	28:06.4		
6	( 39)	Mollie Schaefers	11	31:52.9		
7	( 40)	Pfeiffer Horns	9	33:02.5		
6.	156	Postville		(28:47.2	143:56.0	6:23.0)
=====						
1	17	Brenda Gonzalez-Juarez	9	25:01.8		
2	28	Isabelle White	9	27:12.7		
3	36	Maria Quiroz - Ordonez	11	28:54.7		
4	37	Angie Barrutia-Rucal	9	31:22.0		
5	38	Evelyn Martinez	12	31:24.8		

Central Invitational  
 Elkader Golf and Country Club  
 Elkader, Iowa  
 September 14, 2023

Results provided by AccuRace Timing Services  
 www accuracetiming.com

\*\*\*\* Girls' Middle School 2 Mile Run \*\*\*\*

Place	TmPl	Bib#	Name	Gr	Team	Time	Pace
1	1	2961	Emma Grau	7	MFL MarMac Middle School	14:20.1	7:11
2	2	2979	Annie Murray	8	North Fayette	14:37.2	7:19
3		2862	Blair Scherf	8	Central	14:39.0	7:20
4	3	2996	Tenley Deering	7	Postville	14:43.1	7:22
5	4	2975	Lille Cline	7	North Fayette	14:48.0	7:24
6	5	2977	Kendall Elliott	8	North Fayette	14:50.7	7:26
7	6	3023	Kaylie Bruess	7	South Winneshiek	14:50.7	7:26
8	7	2982	Megan Tudahl	8	North Fayette	14:55.8	7:28
9	8	2967	Taryn Moser	8	MFL MarMac Middle School	15:32.5	7:47
10	9	3005	Sophia Salinas	8	Postville	16:28.3	8:15
11	10	2997	Sophia Gonzalez	7	Postville	16:30.1	8:16
12		2850	Tenley Bormann	8	Central	16:34.2	8:18
13	11	2978	Ruby Gardner	8	North Fayette	16:40.7	8:21
14	12	2966	Olive Meyer	7	MFL MarMac Middle School	16:51.8	8:26
15	13	3002	Daisy Muxin-Moya	8	Postville	16:55.5	8:28
16		2853	Avery Fette	7	Central	17:04.6	8:33
17	14	2980	Anna Swensen	8	North Fayette	17:18.2	8:40
18		2854	Ella Frieden	8	Central	17:47.7	8:54
19	15	3004	Julietta Roman	8	Postville	17:55.1	8:58
20	16	3032	Violet Schmelzer	8	South Winneshiek	19:01.5	9:31
21	17	2981	Allison Thyer	7	North Fayette	19:23.2	9:42
22	18	2965	Charlotte Meyer	8	MFL MarMac Middle School	19:31.2	9:46
23		2916	Rosilie Williams	7	Clayton Ridge	19:31.2	9:46
24	19	3034	Sophia Shimek	7	South Winneshiek	19:38.8	9:50
25	20	3024	Jenna Dahl	7	South Winneshiek	19:41.3	9:51
26	21	3006	Yosalin Seegmiller-Vivero	8	Postville	20:09.4	10:05
27	22	2964	Charlotte Koether	7	MFL MarMac Middle School	20:38.5	10:20
28	23	3029	Helen Maldonado	7	South Winneshiek	21:45.0	10:53
29	24	2962	Nora Griffith	8	MFL MarMac Middle School	21:52.2	10:57
30	25	2968	Kayli Rose	8	MFL MarMac Middle School	21:59.7	11:00
31	26	2999	Fernanda Hernandez	9	Postville	22:39.0	11:20
32		2963	Kaylee King	8	MFL MarMac Middle School	22:53.8	11:27
33		2974	Payton Allan	8	North Fayette	27:25.9	13:43

9/14/2023 6:41PM

Central Invitational  
Elkader Golf and Country Club  
Elkader, Iowa  
September 14, 2023

Results provided by AccuRace Timing Services  
www accuracetimesing.com

\*\*\*\* Girls' Middle School Team Score \*\*\*\*

1.	29	North Fayette		(15:10.5 75:52.4 2:03.5)
=====				
1	2	Annie Murray	8 14:37.2	
2	4	Lille Cline	7 14:48.0	
3	5	Kendall Elliott	8 14:50.7	
4	7	Megan Tudahl	8 14:55.8	
5	11	Ruby Gardner	8 16:40.7	
6	( 14)	Anna Swensen	8 17:18.2	
7	( 17)	Allison Thyer	7 19:23.2	
2.	50	Postville		(16:30.5 82:32.1 3:12.0)
=====				
1	3	Tenley Deering	7 14:43.1	
2	9	Sophia Salinas	8 16:28.3	
3	10	Sophia Gonzalez	7 16:30.1	
4	13	Daisy Muxin-Moya	8 16:55.5	
5	15	Julietta Roman	8 17:55.1	
6	( 21)	Yosalin Seegmiller-Vivero	8 20:09.4	
7	( 26)	Fernanda Hernandez	9 22:39.0	
3.	61	MFL MarMac Middle School		(17:22.9 86:54.1 6:18.4)
=====				
1	1	Emma Grau	7 14:20.1	
2	8	Taryn Moser	8 15:32.5	
3	12	Olive Meyer	7 16:51.8	
4	18	Charlotte Meyer	8 19:31.2	
5	22	Charlotte Koether	7 20:38.5	
6	( 24)	Nora Griffith	8 21:52.2	
7	( 25)	Kayli Rose	8 21:59.7	
4.	84	South Winneshiek		(18:59.5 94:57.3 6:54.3)
=====				
1	6	Kaylie Bruess	7 14:50.7	
2	16	Violet Schmelzer	8 19:01.5	
3	19	Sophia Shimek	7 19:38.8	
4	20	Jenna Dahl	7 19:41.3	
5	23	Helen Maldonado	7 21:45.0	