

Cascade Co-Ed Invitational
Cascade High School
Cascade, Iowa - 4/27/2023
Results

Boys 100 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
Finals					
1 Ian Miller	12	Edgewood-Colesburg	11.65	3	10
2 Noah Brady	12	Springville	11.80	3	8
3 Sawyer House	11	Midland	11.82	3	6
4 Dustin Foht	12	Dubuque Senior	11.98	2	5
5 Quinn Casey	10	Cascade	12.07	3	4
6 Nolan Gates	10	Central City	12.15	3	3
7 Pryce Rochford	10	Edgewood-Colesburg	12.51	2	2
8 Colby Gray	9	Northeast	12.52	2	1
9 Montrel Jones	11	Dubuque Senior	12.53	2	
10 Luke Schieltz	12	Beckman Catholic	12.54	2	
11 Luke Sigwarth	11	Beckman Catholic	12.55	2	
12 Anthony Harrington	12	Midland	12.73	3	
13 William Schemers	12	Northeast	12.85	3	
14 Luke Lansing	9	Springville	13.30	2	
15 Brayden Balichek	10	North Cedar	13.59	1	
16 Christopher Greif	12	Central City	13.73	2	
17 Nate Milum	10	Cascade	13.96	1	
18 Nathan Beitz	10	Maquoketa Valley	14.15	1	
19 Preston Salow	12	Maquoketa Valley	14.39	1	

Boys 200 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Ian Miller	12	Edgewood-Colesburg	23.29	3	10
2 Jack Menster	12	Cascade	23.33	3	8
3 Brayden Grau	12	Midland	23.58	3	6
4 Colin Harris	12	Edgewood-Colesburg	23.89	3	5
5 Jared Crock	12	Midland	24.06	3	4
6 Eli Kluesner	11	Beckman Catholic	24.38	2	3
7 Nolan Gates	10	Central City	24.52	3	2
8 Matt Klosterman	10	Central City	25.26	2	1
9 Theison Folk	12	Dubuque Senior	25.41	2	
10 Luke Sigwarth	11	Beckman Catholic	25.50	2	
11 Noah Brady	12	Springville	25.54	2	
12 Andrew Theisen	11	Dubuque Senior	25.64	2	
13 William Schemers	12	Northeast	25.65	2	
14 Eli Fritz	9	Cascade	26.31	1	
15 Logan Mason	12	Springville	26.41	2	
16 Logan Crock	10	North Cedar	28.06	1	
17 Mason Wells	10	Calamus-Wheatland	29.02	1	
18 Preston Salow	12	Maquoketa Valley	29.14	3	
19 Kenyon Baker	9	Maquoketa Valley	29.44	1	
20 Ethan Johnson	11	Northeast	32.42	1	

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Boys 400 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1	Luka Rickels	12 Cascade	51.46	3	10
2	Lance McShane	11 Maquoketa Valley	51.59	3	8
3	Will Hosch	11 Cascade	53.69	3	6
4	Dustin Foht	12 Dubuque Senior	54.29	3	5
5	Eli Kluesner	11 Beckman Catholic	55.34	3	4
6	Landon Kelly	11 Dubuque Senior	57.17	3	3
7	Christopher Lange	9 Edgewood-Colesburg	58.05	3	2
8	Alex Everson	12 Northeast	58.25	2	1
9	Wyatt Hansen	10 Midland	1:00.21	2	
10	Keegan Vaske	10 Midland	1:00.81	2	
11	Mason Mohr	9 Calamus-Wheatland	1:01.52	2	
12	Parker Pangburn	9 Central City	1:02.69	2	
13	Max Authur	10 Central City	1:04.15	2	
14	Kaiser Sands	10 Calamus-Wheatland	1:06.77	1	
15	Cameron Strutz	9 North Cedar	1:07.35	1	
16	Alex Newberry	11 Northeast	1:10.09	1	
--	Kyler Cole	10 Edgewood-Colesburg	DQ	2	

Boys 800 Meter Run Varsity

Name	Year	School	Finals	Points
1	Matthew Schaul	10 Maquoketa Valley	2:08.74	10
2	Parker Messerich	10 Northeast	2:12.17	8
3	Jacob Haug	10 Dubuque Senior	2:12.89	6
4	Calvin Lueken	10 Dubuque Senior	2:13.36	5
5	Jacob Weih	12 Calamus-Wheatland	2:17.39	4
6	Nate Manternach	11 Cascade	2:17.71	3
7	Jack Stecker	10 Central City	2:18.39	2
8	Kelvin Machande	11 Northeast	2:20.33	1
9	Andrew Salrin	11 Beckman Catholic	2:23.91	
10	Cash Weber	9 Central City	2:25.34	
11	Carter Battin	9 Edgewood-Colesburg	2:25.44	
12	Weston Dircks	9 North Cedar	2:28.67	
13	Carson Ingles	9 Edgewood-Colesburg	2:30.80	
14	Cole Luensmann	9 Beckman Catholic	2:32.71	
15	Milo Smith	12 Midland	2:42.92	
16	David DeRusse	9 Springville	2:48.04	
17	Brody Beecher	10 Cascade	2:48.12	
18	Kaiser Sands	10 Calamus-Wheatland	2:48.35	

Boys 1600 Meter Run Varsity

Name	Year	School	Finals	Points
1	Jack Stamp	10 Springville	4:45.19	10
2	Adam Knepper	12 Cascade	4:48.01	8

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....Boys 1600 Meter Run Varsity

3	Lane Cook	10	Cascade	4:50.71	6
4	Robert Howes	12	Dubuque Senior	4:53.67	5
5	Jacob Rowe	10	Dubuque Senior	4:54.71	4
6	Andrew Schlarmann	9	Beckman Catholic	5:01.03	3
7	Jaydon Wiggins	11	North Cedar	5:12.30	2
8	Aidan Yaddof	9	Calamus-Wheatland	5:19.52	1
9	Alex Rickertsen	9	Calamus-Wheatland	5:43.55	
10	Kyler Cole	10	Edgewood-Colesburg	5:44.40	
11	Charles Robinson	10	North Cedar	6:15.22	
12	Alex Newberry	11	Northeast	6:49.95	

Boys 3200 Meter Run Varsity

Name	Year	School	Finals	Points	
1	Andrew Schlarmann	9	Beckman Catholic	10:38.33	10
2	Lane Cook	10	Cascade	11:05.02	8
3	Jaydon Wiggins	11	North Cedar	11:15.76	6
4	Ben Hohmann	9	Dubuque Senior	11:15.77	5
5	Aidan Yaddof	9	Calamus-Wheatland	11:51.39	4
6	Kenyon Baker	9	Maquoketa Valley	11:58.42	3
7	Mason Liddle	10	Dubuque Senior	12:04.25	2
8	Alex Rickertsen	9	Calamus-Wheatland	12:33.41	1
9	Cameron Strutz	9	North Cedar	13:10.14	

Boys 110 Meter Hurdles Varsity

Name	Year	School	Finals	H#	Points	
1	Nate Obbink	12	Dubuque Senior	15.69	2	10
2	Corbin Knutsen	11	Northeast	16.97	2	8
3	Arion Rave	12	Maquoketa Valley	17.33	2	6
4	Dylan Thul	11	Dubuque Senior	17.72	2	5
5	Brody Gravel	11	Cascade	18.50	2	4
6	Carter Klaren	12	Maquoketa Valley	18.90	2	3
7	Asa Cox	10	Northeast	19.20	2	2
8	Kinnick Weis	9	Central City	19.23	1	1
9	Eli Dies	9	North Cedar	19.94	1	
10	Luke Lansing	9	Springville	20.09	1	
11	Riley Koppes	11	Cascade	20.47	1	
12	Cael Helmrichs	9	Edgewood-Colesburg	20.81	1	
13	Aiden Heims	9	Edgewood-Colesburg	21.05	1	
14	Dashny Munyakazi	9	Central City	21.26	2	

Boys 400 Meter Hurdles Varsity

Name	Year	School	Finals	H#	Points	
1	Lance McShane	11	Maquoketa Valley	56.43	2	10

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2 Nate Obbink	12 Dubuque Senior	56.81	2	8
3 Corbin Knutsen	11 Northeast	59.76	2	6
4 Brody Gravel	11 Cascade	1:00.57	2	5
5 Arion Rave	12 Maquoketa Valley	1:01.05	2	4
6 Christopher Lange	9 Edgewood-Colesburg	1:01.96	2	3
7 Tyler McDonald	12 Dubuque Senior	1:02.78	2	2
8 August Rowland	10 Northeast	1:06.50	1	1
9 Chase Klatt	9 Calamus-Wheatland	1:07.20	2	
10 Eli Dies	9 North Cedar	1:11.40	1	
11 Bradley Dolphin	9 Cascade	1:23.58	1	

Boys 4x100 Meter Relay Varsity

School		Finals	H#	Points
1	Midland	44.67	2	10
	1) Justin Block 12			
	2) Sawyer House 11			
	3) Brayden Grau 12			
	4) Jared Crock 12			
2	Cascade	44.80	2	8
	1) Luka Rickels 12			
	2) Jack Menster 12			
	3) Will Hosch 11			
	4) Quinn Casey 10			
3	Edgewood-Colesburg	45.60	2	6
	1) Colin Harris 12			
	2) Cael Funk 12			
	3) Dawson Bergan 12			
	4) Ian Miller 12			
4	Dubuque Senior	46.96	2	5
	1) Mahdi AlAtabi 10			
	2) Ethan Rader 12			
	3) Tyler McDonald 12			
	4) Nate Obbink 12			
5	Central City	48.05	2	4
	1) Matt Klosterman 10			
	2) Nolan Gates 10			
	3) Aiden Klostermann 11			
	4) Dashny Munyakazi 9			
6	Springville	48.25	1	3
	1) Braden Jordan 9			
	2) Luke Lansing 9			
	3) Conlin Rouse 9			
	4) Noah Brady 12			
7	Northeast	48.57	1	2
	1) Aiden Eickert 10			
	2) Colby Gray 9			
	3) Alex Everson 12			
	4) William Schemers 12			
8	Maquoketa Valley	49.52	2	1
	1) Carter Klaren 12			
	2) Brady Wall 12			
	3) Kash Hunt 12			
	4) Tate Intorf 10			
9	North Cedar	52.54	1	
	1) Tyler Williams 10			
	2) Tyler Stewart 9			
	3) Brayden Balichek 10			
	4) Devron Hansen 9			

Boys 4x200 Meter Relay Varsity

School		Finals	H#	Points
1	Edgewood-Colesburg	1:33.76	2	10
	1) Colin Harris 12			
	2) Cael Funk 12			



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3) Dawson Bergan 12	4) Ian Miller 12		
2 Midland		1:33.87	2 8
1) Justin Block 12	2) Sawyer House 11		
3) Brayden Grau 12	4) Jared Crock 12		
3 Dubuque Senior		1:38.99	2 6
1) Daylin Moore 10	2) Montrel Jones 11		
3) Ethan Rader 12	4) Mahdi AlAtabi 10		
4 Central City		1:42.77	2 5
1) Matt Klosterman 10	2) Nolan Gates 10		
3) Aiden Klostermann 11	4) Dashny Munyakazi 9		
5 Northeast		1:43.26	2 4
1) Jeremy Weispfenning 10	2) Aiden Eickert 10		
3) Colby Gray 9	4) William Schemers 12		
6 Maquoketa Valley		1:43.40	1 3
1) Tate Intorf 10	2) Colin Smith 12		
3) DeShawn Strickland 12	4) George Livingston 11		
7 Cascade		1:44.50	2 2
1) Eli Fritz 9	2) Jake Hosch 9		
3) Brody Otting 9	4) Carter Conrad 9		
8 North Cedar		1:45.78	1 1
1) Tyler Williams 10	2) Tyler Stewart 9		
3) James Troughton 9	4) Peyton Clark 11		
9 Beckman Catholic		1:47.27	1
1) Brady Salter 10	2) Julien Kramer 9		
3) Ben Westhoff 12	4) Derek Hoeger 10		
-- Springville		DQ	2
1) Braden Jordan 9	2) Conlin Rouse 9		
3) Mason Hoy 9	4) Connor Williams 10		

Boys 4x400 Meter Relay Varsity

School		Finals	Points
1 Cascade		3:33.51	10
1) Luka Rickels 12	2) Will Hosch 11		
3) Jack Menster 12	4) Quinn Casey 10		
2 Dubuque Senior		3:42.04	8
1) Zachary Heiar 10	2) Landon Kelly 11		
3) Brandon Kringle 12	4) Dustin Foht 12		
3 Maquoketa Valley		3:43.86	6
1) Matthew Schaul 10	2) DeShawn Strickland 12		
3) Brady Wall 12	4) Tate Intorf 10		
4 Edgewood-Colesburg		3:49.59	5
1) Cael Funk 12	2) Dawson Bergan 12		
3) Christopher Lange 9	4) Bryce Stannard 9		
5 Northeast		3:56.02	4
1) Corbin Knutsen 11	2) Cole Johnson 12		
3) Kirk Camp 11	4) August Rowland 10		
6 Calamus-Wheatland		4:00.60	3

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1) Chase Klatt 9	2) Mason Mohr 9	
3) Logan Riedesel 10	4) Jackson Riedesel 11	
7 Midland		4:09.93 2
1) Grady Sauer 12	2) Ethan Miller 10	
3) Jay Bentley 12	4) Nolan Zaehringer 9	

Boys 4x800 Meter Relay Varsity

School	Finals	Points
1 Calamus-Wheatland	8:45.16	10
1) Jackson Riedesel 11	2) Logan Riedesel 10	
3) Jacob Weih 12	4) Mason Mohr 9	
2 Dubuque Senior	8:46.58	8
1) Calvin Lueken 10	2) Jacob Rowe 10	
3) Nicolas Graham 12	4) Robert Howes 12	
3 Springville	9:19.54	6
1) Jack Stamp 10	2) Mason Hoy 9	
3) Conlin Rouse 9	4) Connor Williams 10	
4 Beckman Catholic	9:46.31	5
1) Adam Gaul 9	2) Danny Dudzik 9	
3) Andrew Salrin 11	4) Cole Luensmann 9	
5 Cascade	10:03.85	4
1) Nate Manternach 11	2) Carter Conrad 9	
3) Bradley Dolphin 9	4) Nate Milum 10	
6 Edgewood-Colesburg	10:06.94	3
1) Carter Battin 9	2) Bryce Stannard 9	
3) Kyler Cole 10	4) Cael Helmricks 9	
7 North Cedar	10:33.93	2
1) Eli Dies 9	2) Paul Stoffer 11	
3) Weston Dircks 9	4) Jaydon Wiggins 11	

Boys 1600 Sprint Medley Varsity

School	Finals	H#	Points
1 Midland	1:39.51	2	10
1) Justin Block 12	2) Sawyer House 11		
3) Jared Crock 12	4) Brayden Grau 12		
2 Dubuque Senior	1:41.50	2	8
1) Mahdi AlAtabi 10	2) Tyler McDonald 12		
3) Dustin Foht 12	4) Zachary Heiar 10		
3 Edgewood-Colesburg	1:42.05	2	6
1) Cael Funk 12	2) Pryce Rochford 10		
3) Colin Harris 12	4) Dawson Bergan 12		
4 Cascade	1:44.48	2	5
1) Eli Fritz 9	2) Jake Hosch 9		
3) Trever Finzel 12	4) Andrew Kaalberg 10		
5 Northeast	1:46.53	2	4

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1) Jeremy Weispfenning 10	2) Alex Everson 12		
3) Asa Cox 10	4) Kirk Camp 11		
6 Maquoketa Valley		1:47.80	2 3
1) Colin Smith 12	2) Kash Hunt 12		
3) Carter Klaren 12	4) Tate Intorf 10		
7 North Cedar		1:52.48	1 2
1) Tyler Williams 10	2) Tyler Stewart 9		
3) James Troughton 9	4) Peyton Clark 11		
8 Central City		1:58.56	1 1
1) Christopher Greif 12	2) Aiden Klostermann 11		
3) Kinnick Weis 9	4) Cooper Mclaughlin 9		
9 Springville		2:04.03	1
1) Braden Jordan 9	2) Keagan Swayze 10		
3) Ryan Foley 11	4) David DeRusse 9		

Boys Distance Medley Varsity

School	Finals	H#	Points
1 Cascade	3:51.31	2	10
1) Trever Finzel 12	2) Jake Hosch 9		
3) Andrew Kaalberg 10	4) Adam Knepper 12		
2 Northeast	4:02.17	2	8
1) Aiden Eickert 10	2) Asa Cox 10		
3) Chase Christiansen 10	4) Kirk Camp 11		
3 Dubuque Senior	4:04.97	2	6
1) Brandon Kringle 12	2) Zachary Heiar 10		
3) Theison Folk 12	4) Finn Kinkaid 10		
4 Calamus-Wheatland	4:12.90	2	5
1) Mason Wells 10	2) Chase Klatt 9		
3) Logan Riedesel 10	4) Jackson Riedesel 11		
5 Midland	4:16.62	2	4
1) Caden Ballou 12	2) Seth Bixler 11		
3) Kael Cress 10	4) Nolan Zaehring 9		
6 Edgewood-Colesburg	4:18.57	2	3
1) Chase Kirby 12	2) Bennett Steger 11		
3) Bryce Stannard 9	4) Carson Ingles 9		
7 Maquoketa Valley	4:22.08	1	2
1) Colin Smith 12	2) Dylan Knipper 12		
3) Brady Wall 12	4) Kenyon Baker 9		
8 North Cedar	4:25.65	1	1
1) Tyler Williams 10	2) Tyler Stewart 9		
3) Weston Dircks 9	4) Jaydon Wiggins 11		
9 Central City	4:26.56	1	
1) Christopher Greif 12	2) Dashny Munyakazi 9		
3) Cooper Mclaughlin 9	4) Jack Stecker 10		

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Boys 4x110 Meter Shuttle Hurdle Varsity

School	Finals	H#	Points
1 Maquoketa Valley	1:04.94	2	10
1) Carter Klaren 12			
3) Kash Hunt 12			
2 Northeast	1:05.59	2	8
1) Corbin Knutsen 11			
3) Cole Johnson 12			
3 Dubuque Senior	1:05.92	2	6
1) Dylan Thul 11			
3) Ethan Rader 12			
4 Cascade	1:15.26	1	5
1) Brody Gravel 11			
3) Riley Koppes 11			
5 North Cedar	1:26.44	1	4
1) Eli Dies 9			
3) Logan Crock 10			

Boys High Jump Varsity

Name	Year School	Finals	Points
1 Quinn Casey	10 Cascade	5-10.00	10
2 Colby Gray	9 Northeast	5-08.00	8
3 Chase Klatt	9 Calamus-Wheatland	5-06.00	6
4 Aiden Heims	9 Edgewood-Colesburg	5-04.00	5
5 Logan Crock	10 North Cedar	5-02.00	3.50
5 Jeremy Weispfenning	10 Northeast	5-02.00	3.50
7 DeShawn Strickland	12 Maquoketa Valley	5-00.00	2
-- Kael Cress	10 Midland	NH	
-- Kyler Cole	10 Edgewood-Colesburg	NH	
-- Braden Jordan	9 Springville	NH	

Boys Long Jump Varsity

Name	Year School	Finals	Points
1 Anthony Harrington	12 Midland	20-03.00	10
2 Lance McShane	11 Maquoketa Valley	19-05.50	8
3 Matt Klosterman	10 Central City	19-02.00	6
4 Kael Cress	10 Midland	18-08.00	5
5 Montrel Jones	11 Dubuque Senior	18-01.00	4
6 Brady Wall	12 Maquoketa Valley	17-09.00	3
7 Cole Johnson	12 Northeast	17-04.50	2
8 Theison Folk	12 Dubuque Senior	17-04.00	1
9 Pryce Rochford	10 Edgewood-Colesburg	17-00.50	
10 Aiden Eickert	10 Northeast	17-00.00	
11 Connor Williams	10 Springville	16-05.50	
12 Chase Kirby	12 Edgewood-Colesburg	16-03.00	

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13 Riley Koppes	11 Cascade	16-02.00
14 Kinnick Weis	9 Central City	15-03.00

Boys Shot Put Varsity

Name	Year	School	Finals	H#	Points
1 Artura Venegas	12	Beckman Catholic	44-08.25	2	10
2 Clayton Meyermann	11	Northeast	44-04.00	2	8
3 Jalyn Mingo	12	Dubuque Senior	44-02.50	2	6
4 Anthony Harrington	12	Midland	43-09.25	2	5
5 Daiton Price	11	Central City	42-11.25	2	4
6 TJ Lynn	11	Dubuque Senior	42-03.00	2	3
7 Morgan Schulte	11	Beckman Catholic	40-08.25	2	2
8 Dylan Knipper	12	Maquoketa Valley	39-11.25	2	1
9 Brody Beecher	10	Cascade	39-02.75	2	
10 Gavin Schneider	12	Northeast	38-01.50	2	
11 Matt Sauer	11	Midland	37-11.00	1	
12 Nathan Beitz	10	Maquoketa Valley	37-10.75	2	
13 Xander Saldivar	9	North Cedar	36-03.50	1	
14 Bennett Steger	11	Edgewood-Colesburg	35-06.25	1	
15 Grady Mather	11	Edgewood-Colesburg	33-05.50	1	
16 Henry Wenndt	9	North Cedar	33-05.00	1	
17 Colten Brown	10	Central City	33-00.75	1	
18 Keagan Swayze	10	Springville	32-08.25	1	
19 Tristan Malanaphy	12	Springville	31-02.25	1	
20 Justin Pry	9	Cascade	29-02.25	1	
21 Chase DeHoet	10	Calamus-Wheatland	27-04.25	1	
22 Andrew Weih	9	Calamus-Wheatland	20-05.50	1	

Boys Discus Throw Varsity

Name	Year	School	Finals	H#	Points
1 Morgan Schulte	11	Beckman Catholic	142-09	2	10
2 Matt Sauer	11	Midland	138-00	2	8
3 Ty Jensen	11	Midland	136-01	2	6
4 Daiton Price	11	Central City	121-04	2	5
5 Gavin Schneider	12	Northeast	117-09	2	4
6 Brody Beecher	10	Cascade	115-11	2	3
7 Grady Mather	11	Edgewood-Colesburg	115-06	2	2
8 Artura Venegas	12	Beckman Catholic	110-01	2	1
9 TJ Lynn	11	Dubuque Senior	102-06	2	
10 Farve Weber	11	Central City	100-02	2	
11 Justin Pry	9	Cascade	98-11	2	
11 Jackson Ley	12	Dubuque Senior	98-11	1	
13 Chase DeHoet	10	Calamus-Wheatland	97-01	1	
14 Nathan Beitz	10	Maquoketa Valley	J97-01	1	
15 Caden Melchiori	11	Northeast	95-03	1	

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....Boys Discus Throw Varsity

16 Preston Salow	12 Maquoketa Valley	94-08	1
17 Noah Schroeder	9 North Cedar	93-07	1
18 Xander Saldivar	9 North Cedar	83-00	1
19 Bayne Anderson	10 Springville	78-07	1
20 Ike Schulte	9 Edgewood-Colesburg	75-09	1
21 Tristan Malanaphy	12 Springville	69-02	1

Boys 4x100 Meter Relay JV

School	Finals
1 Dubuque Senior	47.37
1) Daylin Moore 10	2) Jalen Johnson 10
3) Montrel Jones 11	4) Brennan Kreimeyer 10
2 Midland	47.53
1) Caden Ballou 12	2) Kael Cress 10
3) Jay Bentley 12	4) Seth Bixler 11
3 Edgewood-Colesburg	49.07
1) Chase Kirby 12	2) Pryce Rochford 10
3) Bennett Steger 11	4) Grady Mather 11
4 Maquoketa Valley	52.18
1) Colin Smith 12	2) Preston Salow 12
3) Dylan Knipper 12	4) Nathan Beitz 10
5 Cascade	53.02
1) Eli Fritz 9	2) Brody Otting 9
3) Riley Koppes 11	4) Carter Conrad 9
6 Springville	54.99
1) Bayne Anderson 10	2) Connor Williams 10
3) Keagan Swayze 10	4) Tristan Malanaphy 12

Boys 4x400 Meter Relay JV

School	Finals	Points
1 Cascade	3:47.34	10
1) Andrew Kaalberg 10	2) Jake Hosch 9	
3) Trever Finzel 12	4) Adam Knepper 12	
2 Dubuque Senior	3:57.40	8
1) Andrew Theisen 11	2) Josh Schwab 9	
3) Joshua Miron 11	4) Charlie Crow 9	
3 Edgewood-Colesburg	4:05.83	6
1) Aiden Heims 9	2) Carter Battin 9	
3) Cael Helmrichs 9	4) Carson Ingles 9	
4 Beckman Catholic	4:06.66	5
1) Brady Salter 10	2) Adam Gaul 9	
3) Ben Westhoff 12	4) Danny Dudzik 9	

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Boys 1600 Sprint Medley JV

School	Finals	Points
1 Dubuque Senior	1:42.89	10
1) Daylin Moore 10	2) Jalen Johnson 10	
3) Brennan Kreimeyer 10	4) Charlie Crow 9	
2 Midland	1:51.87	8
1) Jay Bentley 12	2) Keegan Vaske 10	
3) Ethan Miller 10	4) Grady Sauer 12	
3 Beckman Catholic	1:53.05	6
1) Brady Salter 10	2) Derek Hoeger 10	
3) Julien Kramer 9	4) Ben Westhoff 12	

Women - Varsity - Team Rankings - 19 Events Scored

1) Cascade	131	2) Midland	91
3) Maquoketa	85.50	4) Edgewood-Colesburg	68
5) North Cedar	65	6) Maquoketa Valley	61
7) Beckman Catholic	59.50	8) Bellevue	45
9) Easton Valley	33	10) Calamus-Wheatland	28
11) Springville	21	12) Northeast	19

Women - JV - Team Rankings - 2 Events Scored

1) Cascade	20	2) Midland	16
3) Beckman Catholic	6	4) North Cedar	5
5) Edgewood-Colesburg	4		

Men - Varsity - Team Rankings - 19 Events Scored

1) Dubuque Senior	126	2) Cascade	119
3) Midland	84	4) Northeast	83.50
5) Maquoketa Valley	83	6) Edgewood-Colesburg	72
7) Beckman Catholic	48	8) Central City	34
8) Calamus-Wheatland	34	10) Springville	27
11) North Cedar	21.50		

Men - JV - Team Rankings - 2 Events Scored

1) Dubuque Senior	18	2) Beckman Catholic	11
3) Cascade	10	4) Midland	8
5) Edgewood-Colesburg	6		