

**River Valley Conference Championships**  
**University of Dubuque - A.Y. McDonald Indoor Track**  
**Dubuque, Iowa - 3/22/2022**  
**Results**

**Girls 55 Meter Dash**

Name	Year	School	Finals	H#	Points
<b>Finals</b>					
1 Ella Blinkinsop	11	Camanche	7.69	7	10
2 Gracie Sanderson	11	Camanche	7.73	7	8
3 Paige Holst	11	Northeast	7.74	7	6
4 Emma Hynick	12	Monticello	7.83	7	5
5 Adessa Leibfried	11	Bellevue	7.84	7	4
6 Grace Bergfeld	12	Cascade	7.87	7	3
7 Emma Lueck	10	Mid-Prairie	7.97	6	2
8 Iva Senio	11	West Branch	7.98	2	1
9 Morgan Meyer	11	Bellevue	7.99	6	
10 Avery Kies	10	Regina	8.01	7	
11 Madison Tarr	12	Northeast	8.09	6	
12 McKenna Milbert	12	Beckman	8.13	5	
13 Dakota Mitchell	9	Mid-Prairie	8.17	1	
14 Emma Meincke	9	Durant-Bennett	8.18	5	8.172
14 Shannon Head	12	Durant-Bennett	8.18	6	8.172
16 Adison Musser	10	North Cedar	8.27	7	
17 Jordan Norton	12	Monticello	8.34	5	
18 Valery Meyer	12	Beckman	8.35	5	8.344
19 Sophia Schwartz	11	Mid-Prairie	8.35	6	8.345
20 Jayden Cravatta	10	Camanche	8.36	6	
21 Rylan Smith	9	Camanche	8.39	5	
22 Aseneta Oliver	12	Regina	8.40	6	
23 Alyssa Mente	12	Tipton	8.41	5	
24 Ellie Green	10	Cascade	8.42	6	
25 Kaycie Ries	11	North Cedar	8.48	4	8.477
26 Lanee Duwa	9	Mid-Prairie	8.48	5	8.479
27 Emyerson Green	9	Cascade	8.49	5	
28 Cassie Menster	9	Cascade	8.51	4	
29 Kayelee Hanssen	12	Northeast	8.67	2	8.662
30 Kaylin Noll	10	Monticello	8.67	4	8.669
31 Peyton Braddock	10	West Branch	8.81	2	
32 Caejyn Helgens	9	Anamosa	8.88	3	
33 Alaina Timmerman	10	Regina	8.91	2	
34 Cynthia Johnson	10	Bellevue	8.93	3	
35 Lanie Meyer	9	West Branch	9.00	1	
36 Riley Evans	10	Monticello	9.01	4	
37 Allie Althoff	10	Anamosa	9.02	3	
38 Addie Holst	9	Northeast	9.04	2	
39 Redi Boelk	11	West Branch	9.05	2	
40 Halle Gatto	9	Anamosa	9.06	4	9.059
40 Chloe Borst	10	Anamosa	9.06	3	9.059
42 Kiah Wendt	10	North Cedar	9.07	4	
43 Chloe Sulzner	9	North Cedar	9.12	3	
44 Anna Knepper	9	Beckman	9.13	4	
45 Paula Braun	12	Beckman	9.19	3	
46 Zoey Hagen	9	Tipton	9.35	2	

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47 Ashley Shelangoski	11 Durant-Bennett	9.53	3
48 Mia Berry	9 Durant-Bennett	9.60	3
49 Madeline Nugent	12 Regina	10.13	1

**Girls 200 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Ellie Rickertsen	12	Northeast	27.77	7	10
2 Ella Blinkinsop	11	Camanche	27.97	7	8
3 Paige Holst	11	Northeast	28.14	7	6
4 Tabitha Evans	11	Mid-Prairie	28.18	7	5
5 Grace Bergfeld	12	Cascade	28.98	6	4
6 Avery Kies	10	Regina	29.10	5	3
7 Emma Lueck	10	Mid-Prairie	29.41	7	2
8 Shannon Head	12	Durant-Bennett	29.74	6	1
9 Carlee Webber	9	Anamosa	29.75	6	
10 Emma Meincke	9	Durant-Bennett	29.97	5	
11 Tatum Nebergall	9	Tipton	30.12	6	
12 Ellie Green	10	Cascade	30.73	5	
13 Alyssa Mente	12	Tipton	30.97	4	
14 Aseneta Oliver	12	Regina	31.01	4	
15 Celina Hermann	10	Camanche	31.02	5	
16 Alexis McCombie	10	Bellevue	31.33	5	
17 Elyse Wilhau	10	North Cedar	31.47	4	
18 Hayden Hoefler	10	North Cedar	31.73	3	
19 Dayna Maiers	12	Durant-Bennett	31.94	5	
20 Jami Portz	10	Bellevue	32.40	4	
21 Judith Williams	9	Beckman	32.65	3	
22 Cadence Driscoll	9	Northeast	32.87	3	
23 Jordan Waters	9	West Branch	32.91	1	
24 Peyton Braddock	10	West Branch	33.12	2	
25 Anna Knepper	9	Beckman	33.47	2	
26 Geneva Fairlie	9	Camanche	33.99	3	
27 Mya Hansen	9	Monticello	34.22	4	
28 Cadence Spores	9	Anamosa	34.25	2	
29 Audrey Aguirre	9	Regina	34.43	4	
30 Madilynn Krominga	9	Monticello	34.51	3	
31 Laura Owen	9	Tipton	34.55	3	
32 Isabel Forbes	12	Mid-Prairie	35.17	2	
33 Haley Kluesner	9	Beckman	35.30	2	
34 Sophie Poppe	10	North Cedar	35.67	1	
35 Serenity Reynolds	12	Monticello	36.50	2	
36 Hanna Lacina	9	West Branch	39.15	1	

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**Girls 400 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Jorgia Neumann	9	Northeast	1:04.73	6	10
2 Molly Roling	9	Cascade	1:06.57	6	8
3 Morgan Miller	9	Regina	1:09.37	4	6
4 Ella Nauman	9	Cascade	1:09.91	5	5
5 Alexa Roeder	12	Bellevue	1:11.42	5	4
6 Adison Daufeldt	9	Durant-Bennett	1:11.80	3	3
7 Maggie Wagner	11	Anamosa	1:11.84	3	2
8 Koda Fogg	9	Tipton	1:12.11	3	1
9 Kayla Burkle	9	Beckman	1:12.18	4	
10 Hannah Braet	10	Bellevue	1:12.45	4	
11 Gabi Barnhart	10	Monticello	1:13.15	5	
12 Judith Williams	9	Beckman	1:13.31	3	
13 Kayla Walter	11	Tipton	1:14.16	2	
14 Dessa Poll	9	Mid-Prairie	1:14.64	6	
15 Baylee Pullen	12	North Cedar	1:14.80	1	
16 Jessica Stadtmueller	9	Monticello	1:15.52	6	
17 Olivia Zimmerman	11	Monticello	1:15.58	5	
18 Kaitlyn Besler	9	Beckman	1:16.30	5	
19 Nina Gonzalez	11	North Cedar	1:16.76	1	
20 Addison Schuett	10	Durant-Bennett	1:17.13	2	
21 Keira Sickels	10	Regina	1:17.60	4	
22 Ali Butler	11	West Branch	1:17.87	2	
23 Geneva Fairlie	9	Camanche	1:18.76	2	
24 Halle Gatto	9	Anamosa	1:20.57	2	
25 Claudia Noonan	10	Cascade	1:21.37	4	
26 Morgan Squires	10	Regina	1:23.28	2	
27 Draven Lopez	9	Durant-Bennett	1:23.92	1	
28 Madi Davis	9	Camanche	1:25.68	1	
29 Alyssa Wagner	9	Bellevue	1:27.15	1	
30 Chelsea Andersen	12	Camanche	1:44.23	1	

**Girls 800 Meter Run**

Name	Year	School	Finals	H#	Points
1 Mitzi Evans	12	Mid-Prairie	2:21.57	2	10
2 Grace Ketelsen	11	Northeast	2:39.74	2	8
3 Mack Walter	11	Tipton	2:45.75	2	6
4 Rebecca Hinderaker	10	Tipton	2:47.96	2	5
5 Emma Althoff	11	Monticello	2:49.63	1	4
6 Koda Fogg	9	Tipton	2:51.19	2	3
7 Mya Whitaker	11	Regina	2:51.60	2	2
8 Triniti Etzel	12	Monticello	2:54.44	2	1
9 Kennedy Recker	10	Beckman	2:56.38	2	
10 Nina Torkelson	10	West Branch	2:56.68	2	
11 Cate Klitgaard	10	Regina	2:56.74	2	
12 Paityn Jennings	11	Mid-Prairie	3:02.05	2	

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**....Girls 800 Meter Run**

13 Addison Schuett	10 Durant-Bennett	3:02.95	1
14 Grace Puttmann	9 Mid-Prairie	3:04.10	1
15 Kendelle Scheckel	9 Bellevue	3:05.76	1
16 Olivia Shaw	9 Anamosa	3:09.51	1
17 Nora Ziehr	9 West Branch	3:09.55	1
18 Mia Berry	9 Durant-Bennett	3:15.69	1
19 Nina Gonzalez	11 North Cedar	3:17.03	1
20 Amber Wolf	9 West Branch	3:17.20	1
21 Madi Davis	9 Camanche	3:37.30	1

**Girls 1500 Meter Run**

Name	Year School	Finals	Points
1 Hunter Jones	11 North Cedar	5:19.80	10
2 Natalie Franklin	12 Regina	5:26.16	8
3 Rebecca Hinderaker	10 Tipton	5:35.36	6
4 Maria Kruse	10 Beckman	5:36.91	5
5 Julia Mertz	10 Beckman	5:38.30	4
6 Karle Kramer	12 Monticello	5:41.78	3
7 Ava Capron	9 Monticello	5:50.10	2
8 Coryn Wallick	10 Tipton	6:03.77	1
9 Saidee Hamilton	9 Tipton	6:08.24	
10 Faith Hansen	12 Monticello	6:09.79	
11 Nina Torkelson	10 West Branch	6:10.69	
12 Maria Dudzik	10 Beckman	6:23.26	
13 Nora Ziehr	9 West Branch	6:28.08	
14 Amber Wolf	9 West Branch	6:37.46	
15 Grace Conway	11 Mid-Prairie	7:16.35	
16 Anna Nafziger	12 Mid-Prairie	7:35.38	

**Girls 55 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Ellie Rickertsen	12 Northeast	8.57	5	10
2 Addie Koelker	12 Beckman	9.16	5	8
3 Devin Simon	11 Cascade	9.26	5	6
4 Sydney Barton	12 Tipton	9.37	5	5
5 Elizabeth Gibbs	12 Cascade	9.81	5	4
6 Lainey Shelangoski	10 Durant-Bennett	9.85	4	3
7 Kate Green	9 Cascade	9.89	5	2
8 Carlee Webber	9 Anamosa	9.94	3	1
9 Behla Schmidt	10 Mid-Prairie	10.00	5	
10 Allison Clark	10 Regina	10.12	1	
11 Kaitlyn Besler	9 Beckman	10.18	3	
12 Abby Knepper	11 Beckman	10.20	4	
13 Brianna Koppes	11 Cascade	10.22	4	
14 Nora Pennington	11 Mid-Prairie	10.27	2	

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**....Girls 55 Meter Hurdles**

15 Kendra Jacobs	10 Monticello	10.38	4	10.372
16 Hope Simpson	12 Regina	10.38	2	10.379
17 Elizabeth Daufeldt	12 Durant-Bennett	10.47	4	
18 Madison Messerich	12 Northeast	10.61	4	
19 Aubrie Kruse	12 Northeast	10.72	3	
20 Mayson Lehrman	11 North Cedar	10.73	3	
21 Mollie Ries	9 North Cedar	10.77	3	
22 Katelyn Schmitt	9 Beckman	11.00	3	10.992
23 Ashlee Farrier	9 Mid-Prairie	11.00	2	10.997
24 Gabi Barnhart	10 Monticello	11.08	5	
25 Alliya Vratney	9 Anamosa	11.10	1	11.091
26 Emily Schlabach	11 Mid-Prairie	11.10	2	11.097
27 Ashlyn Voss	10 Tipton	11.29	3	
28 Madison Meier	10 Tipton	11.32	1	
29 Amber Wolf	9 West Branch	11.37	1	
30 Olivia Shaw	9 Anamosa	11.44	2	11.431
31 Celina Hermann	10 Camanche	11.44	1	11.432
32 Alyvia Husmann	9 Monticello	11.52	4	
33 Emmy Erwin	9 Northeast	11.53	4	
34 Natalie Gahan	9 Regina	11.59	1	
35 Macy Huston	10 Durant-Bennett	11.77	2	
36 Cadence Spores	9 Anamosa	12.35	1	
37 Lacie Koppes	10 Monticello	12.36	2	

**Girls 4x200 Meter Relay**

School	Finals	H#	Points
1 Northeast	1:52.83	5	10
1) Alyssa Fowler 11	2) Ellie Rickertsen 12		
3) Madison Tarr 12	4) Paige Holst 11		
2 Mid-Prairie	1:53.08	5	8
1) Madeline Schrader 11	2) Colby Brown 12		
3) Dakota Mitchell 9	4) Mitzi Evans 12		
3 Cascade	1:54.97	5	6
1) Grace Bergfeld 12	2) Elizabeth Gibbs 12		
3) Devin Simon 11	4) Brianna Koppes 11		
4 Durant-Bennett	1:57.09	4	5
1) Shannon Head 12	2) Isabelle Delong 10		
3) Emma Meincke 9	4) Lainey Shelangoski 10		
5 North Cedar	1:58.05	4	4
1) Adison Musser 10	2) Aubrie Pruess 12		
3) Caitlin Jensen 11	4) Claire Dennis 10		
6 Bellevue	1:58.40	5	3
1) Morgan Meyer 11	2) Cate Dunne 9		
3) Jami Portz 10	4) Adessa Leibfried 11		
7 Monticello	1:58.76	4	2
1) Jordan Norton 12	2) Claire Tuetken 11		
3) Keziah McQuillan 10	4) Emma Hynick 12		

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**....Girls 4x200 Meter Relay**

8 Anamosa	2:00.78	4	1
1) Reise Newhaus 9	2) Regan Nebergall 9		
3) Kaylee Fairbanks 10	4) Nicole Wehring 10		
9 Tipton	2:00.91	3	
1) Madison Meier 10	2) Addi Tholen 10		
3) Alyssa Mente 12	4) Tatum Nebergall 9		
10 Cascade 'B'	x2:02.01	3	
1) Ellie Green 10	2) Emyerson Green 9		
3) Cassie Menster 9	4) Issie Rhomberg 9		
11 Regina	2:02.65	4	
1) Allison Clark 10	2) Hope Simpson 12		
3) Avery Kies 10	4) Aseneta Oliver 12		
12 North Cedar 'B'	x2:03.07	2	
1) Kaycie Ries 11	2) Hillary Frey 11		
3) Elyse Wilhau 10	4) Hayden Hoefler 10		
13 Mid-Prairie 'B'	x2:04.32	5	
1) Sophia Schwartz 11	2) Lanee Duwa 9		
3) Bronwyn Brenneman 12	4) Ashlee Farrier 9		
14 Northeast 'B'	x2:04.36	3	
1) Aubrie Kruse 12	2) Madison Messerich 12		
3) Emmy Erwin 9	4) Cadence Driscoll 9		
15 Camanche	2:04.42	5	
1) Jayden Cravatta 10	2) Rylan Smith 9		
3) Celina Hermann 10	4) Miley Duritza 9		
16 West Branch 'B'	2:04.78	3	
1) Peyton Braddock 10	2) Emmersen Thomas 11		
3) Cadence Hansen 11	4) Redi Boelk 11		
17 Beckman	2:05.13	1	
1) Valery Meyer 12	2) McKenna Milbert 12		
3) Rebecca Goerd 9	4) Anna Sperslage 9		
18 Anamosa 'B'	x2:05.85	2	
1) Allysa Power 11	2) Lola Holub 9		
3) Kayla Noll-Heims 11	4) Maggie Wagner 11		
19 Durant-Bennett 'B'	x2:06.52	2	
1) Macy Huston 10	2) Elizabeth Daufeldt 12		
3) Adison Daufeldt 9	4) Kennedy Schumacher 10		
20 Monticello 'B'	x2:09.70	2	
1) Kayla Simmons 12	2) Kendra Mescher 9		
3) Kaylee Manternach 12	4) Savannah Freese 11		
21 Beckman 'B'	x2:10.67	1	
1) Haley Kluesner 9	2) Izzy Lutgen 10		
3) Jenna Lansing 11	4) Kayla Burkle 9		
22 Tipton 'B'	x2:11.51	3	
1) Laura Owen 9	2) Karli Hines 9		
3) Kaleena Hagen 12	4) Ashlyn Voss 10		
23 Bellevue 'B'	x2:11.94	3	
1) Alexis McCombie 10	2) Tayla Leibfried 9		
3) Cynthia Johnson 10	4) Caitlyn Klein 9		
24 Camanche 'B'	x2:20.12	1	

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**....Girls 4x200 Meter Relay**

- |                     |                         |          |   |
|---------------------|-------------------------|----------|---|
| 1) Krishel Kalina 9 | 2) Alyssa Lucy 9        |          |   |
| 3) Amara Welch 9    | 4) Gretchyn Fairlie 9   |          |   |
| 25 Regina 'B'       |                         | x2:23.70 | 2 |
| 1) Vanessa Evans 9  | 2) Elizabeth Trenkamp 9 |          |   |
| 3) Diana Cardona 9  | 4) Claire Rockensies 11 |          |   |
| -- West Branch      |                         | DQ       | 4 |
| 1) Ava Finley 11    | 2) Iva Senio 11         |          |   |
| 3) JaLynn Falco 10  | 4) Avery Shultes 11     |          |   |

**Girls 4x400 Meter Relay**

School	Finals	H#	Points
1 Northeast	4:25.17	4	10
1) Jorgia Neumann 9	2) Alyssa Fowler 11		
3) Madison Tarr 12	4) Ellie Rickertsen 12		
2 Monticello	4:25.73	4	8
1) Claire Tuetken 11	2) Lydia Recker 12		
3) Keziah McQuillan 10	4) Marisa Kehoe 10		
3 Tipton	4:30.21	4	6
1) Addie Nerem 10	2) Claire Montgomery 9		
3) Madison Meier 10	4) Alivia Edens 10		
4 Cascade	4:33.90	4	5
1) Elizabeth Gibbs 12	2) Devin Simon 11		
3) Molly Roling 9	4) Claudia Noonan 10		
5 Bellevue	4:38.79	3	4
1) Adessa Leibfried 11	2) Alexa Roeder 12		
3) Grace Hingtgen 10	4) Cate Dunne 9		
6 Monticello 'B'	x4:43.47	3	
1) Hailey Henderson 9	2) Jessica Stadtmueller 9		
3) Lacie Koppes 10	4) Olivia Zimmerman 11		
7 Beckman	4:44.13	4	3
1) Kaitlyn Besler 9	2) Addie Koelker 12		
3) Maria Kruse 10	4) Maria Dudzik 10		
8 Durant-Bennett	4:44.26	2	2
1) Isabelle Delong 10	2) Lainey Shelangoski 10		
3) Kennedy Schumacher 10	4) Elizabeth Daufeldt 12		
9 Anamosa	4:49.45	3	1
1) Reise Newhaus 9	2) Regan Nebergall 9		
3) Kaylee Fairbanks 10	4) Lola Holub 9		
10 North Cedar	4:50.99	2	
1) Adison Musser 10	2) Caitlin Jensen 11		
3) Aubrie Pruess 12	4) Claire Dennis 10		
11 Northeast 'B'	x4:51.35	1	
1) Aubrie Kruse 12	2) Madison Messerich 12		
3) Elizabeth Chambers 12	4) Addie Holst 9		
12 Regina	4:53.77	4	
1) Hope Simpson 12	2) Natalie Gahan 9		
3) Josie Pursley 12	4) Morgan Miller 9		

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13 Cascade 'B'	x4:55.36	3
1) Kate Green 9	2) Ella Nauman 9	
3) Grace Rhomberg 11	4) Kennedy Simon 9	
14 Beckman 'B'	x4:56.67	3
1) Abby Knepper 11	2) Jenna Lansing 11	
3) Anna Sperslage 9	4) Claire Heinrichs 9	
15 Tipton 'B'	x4:56.70	2
1) Tatum Nebergall 9	2) Sydney Barton 12	
3) Rebecca Hinderaker 10	4) Addi Tholen 10	
16 Anamosa 'B'	x4:56.90	2
1) Allysa Power 11	2) Savanna Venenga 10	
3) Alliya Vratney 9	4) Nicole Wehring 10	
17 West Branch	4:57.18	3
1) Avery Shultes 11	2) Cadence Hansen 11	
3) JaLynn Falco 10	4) Delaynie Luneckas 12	
18 West Branch 'B'	x5:00.90	2
1) Emmersen Thomas 11	2) Ali Butler 11	
3) Amber Wolf 9	4) Jordan Waters 9	
19 Regina 'B'	x5:16.65	2
1) Natalie Gahan 9	2) Morgan Squires 10	
3) Madelyn Greve 11	4) Kathryn Molony 10	
20 North Cedar 'B'	x5:26.48	1
1) Hunter Jones 11	2) Addison Shields 10	
3) Sarah Esbaum 9	4) Jilliet Spahr 11	
21 Camanche	5:35.23	1
1) Miley Duritza 9	2) Krishel Kalina 9	
3) Alyssa Lucy 9	4) Amara Welch 9	

**Girls 4x800 Meter Relay**

School	Finals	Points
1 Tipton	10:27.36	10
1) Addie Nerem 10	2) Claire Montgomery 9	
3) Addi Tholen 10	4) Alivia Edens 10	
2 Monticello	10:33.09	8
1) Marisa Kehoe 10	2) Lydia Recker 12	
3) Leah Koehler 9	4) Triniti Etzel 12	
3 Regina 'B'	11:09.81	6
1) Natalie Franklin 12	2) Cate Klitgaard 10	
3) Josie Pursley 12	4) Mya Whitaker 11	
4 Monticello 'B'	x11:18.58	
1) Emma Althoff 11	2) Karle Kramer 12	
3) Ava Capron 9	4) Kinzi Schlarmann 10	
5 Tipton 'B'	x11:19.02	
1) Mack Walter 11	2) Kaleena Hagen 12	
3) Coryn Wallick 10	4) Saidee Hamilton 9	
6 Beckman	11:19.86	5
1) Maria Kruse 10	2) Julia Mertz 10	





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**....Girls 4x800 Meter Relay**

3) Maria Dudzik 10	4) Kennedy Recker 10		
7 Bellevue	11:30.03	4	
1) Grace Hingtgen 10	2) Alexa Roeder 12		
3) Kendelle Scheckel 9	4) Hannah Braet 10		
8 Mid-Prairie	11:32.96	3	
1) Annika Poll 10	2) Tabitha Evans 11		
3) Greta Sieren 10	4) Dessa Poll 9		
9 Regina	x12:16.71		
1) Josie Voss 12	2) Madelyn Greve 11		
3) Keira Sickels 10	4) Gwyn Charlton 9		
10 Mid-Prairie 'B'	x13:20.22		
1) Grace Conway 11	2) Charlotte Sieren 9		
3) Aliza Parks 9	4) Anna Nafziger 12		

**Girls 1600 Sprint Medley**

School	Finals	H#	Points
1 Tipton	4:43.28	2	10
1) Sydney Barton 12	2) Claire Montgomery 9		
3) Addie Nerem 10	4) Alivia Edens 10		
2 Monticello	4:51.67	2	8
1) Jordan Norton 12	2) Keziah McQuillan 10		
3) Leah Koehler 9	4) Hailey Henderson 9		
3 Bellevue	4:52.77	2	6
1) Morgan Meyer 11	2) Cate Dunne 9		
3) Adessa Leibfried 11	4) Grace Hingtgen 10		
4 North Cedar	4:55.13	2	5
1) Mollie Ries 9	2) Mayson Lehrman 11		
3) Addison Shields 10	4) Hunter Jones 11		
5 Mid-Prairie	5:02.15	2	4
1) Madeline Schrader 11	2) Alyssa McDowell 12		
3) Annika Poll 10	4) Greta Sieren 10		
6 Anamosa	5:05.16	2	3
1) Reise Newhaus 9	2) Regan Nebergall 9		
3) Kaylee Fairbanks 10	4) Savanna Venenga 10		
7 Regina	5:13.19	1	2
1) Piper Sweeting 9	2) Grace Gavin 10		
3) Kathryn Molony 10	4) Alex Spies 12		
8 Cascade	5:24.73	1	1
1) Emyerson Green 9	2) Issie Rhomberg 9		
3) Grace Rhomberg 11	4) Kennedy Simon 9		
9 Camanche	5:50.64	1	
1) Rylan Smith 9	2) Jayden Cravatta 10		
3) Miley Duritza 9	4) Gretchyn Fairlie 9		
-- West Branch	DQ	1	
1) Ava Finley 11	2) Iva Senio 11		
3) JaLynn Falco 10	4) Avery Shultes 11		

**River Valley Conference Championships**  
**University of Dubuque - A.Y. McDonald Indoor Track**  
**Dubuque, Iowa - 3/22/2022**  
**Results**

**Girls High Jump**

Name	Year	School	Finals	Points
1 Elizabeth Chambers	12	Northeast	5-04.00	10
2 Jazmine Woode	11	Tipton	5-00.00	8
3 Alyssa Fowler	11	Northeast	4-10.00	6
4 Alyvia Husmann	9	Monticello	J4-08.00	4
4 Aubrie Pruess	12	North Cedar	J4-08.00	4
4 Tatum Nebergall	9	Tipton	J4-08.00	4
7 Gracie Sanderson	11	Camanche	J4-06.00	2
8 Nora Pennington	11	Mid-Prairie	J4-06.00	0.50
8 Emma Hynick	12	Monticello	J4-06.00	0.50
10 Kate Green	9	Cascade	J4-06.00	
10 Mayson Lehrman	11	North Cedar	J4-06.00	
12 Kaylee Fairbanks	10	Anamosa	4-04.00	
12 Kayla Noll-Heims	11	Anamosa	4-04.00	
12 Isabelle Delong	10	Durant-Bennett	4-04.00	
12 Kennedy Schumacher	10	Durant-Bennett	4-04.00	
16 Alaina Timmerman	10	Regina	4-02.00	
16 Addison Shields	10	North Cedar	4-02.00	
16 Izzy Lutgen	10	Beckman	4-02.00	
19 Celina Hermann	10	Camanche	4-00.00	
20 Lola Holub	9	Anamosa	3-10.00	

**Girls Long Jump**

Name	Year	School	Finals	H#	Points
1 Emma Lueck	10	Mid-Prairie	16-01.00	2	10
2 Gracie Sanderson	11	Camanche	16-00.00	2	8
3 Madeline Schrader	11	Mid-Prairie	15-06.00	2	6
4 Paige Holst	11	Northeast	15-04.50	2	5
5 Morgan Meyer	11	Bellevue	15-02.50	2	4
6 Ella Blinkinsop	11	Camanche	J14-09.00	2	3
7 Colby Brown	12	Mid-Prairie	J14-09.00	2	2
8 Aseneta Oliver	12	Regina	13-11.50	1	1
9 Lainey Shelangoski	10	Durant-Bennett	13-11.00	2	
10 Lauren Verhagen	10	Monticello	13-05.00	2	
11 Maria Kruse	10	Beckman	13-03.50	2	
11 Jazmine Woode	11	Tipton	13-03.50	2	
13 Cadence Driscoll	9	Northeast	13-02.50	1	
14 Kendra Mescher	9	Monticello	13-01.00	1	
15 Avery Kies	10	Regina	12-09.50	1	
16 Caejyn Helgens	9	Anamosa	12-07.00	1	
17 Addie Holst	9	Northeast	12-05.00	1	
18 Alexis McCombie	10	Bellevue	12-01.00	1	
18 Madison Meier	10	Tipton	12-01.00	1	
20 Allie Althoff	10	Anamosa	12-00.50	1	
21 Chloe Borst	10	Anamosa	11-10.00	2	
22 Amara Welch	9	Camanche	11-08.00	1	

**River Valley Conference Championships**  
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**Dubuque, Iowa - 3/22/2022**  
**Results**

**....Girls Long Jump**

23 Sydney Barton	12 Tipton	11-06.00	2
24 Claire Rockensies	11 Regina	11-03.00	1
25 Hanna Lacina	9 West Branch	10-09.00	1

**Girls Shot Put**

Name	Year	School	Finals	H#	Points
1 Allison Kenneavy	12	Camanche	34-08.00	3	10
2 Maddie Fischer	10	Anamosa	33-01.00	3	8
3 Cora Mescher	12	Monticello	31-07.00	3	6
4 Josie Manternach	9	Cascade	J31-05.00	2	5
5 Abby Beal	12	Camanche	J31-05.00	3	4
6 Sadie Smith	11	West Branch	31-04.00	3	3
7 Liz Sander	11	North Cedar	30-10.00	3	2
8 Elian Dzangue	10	Tipton	30-04.50	3	1
9 Emma Meincke	9	Durant-Bennett	30-04.00	3	
10 Grace Helle	11	Beckman	29-11.00	3	
11 Alyssa Pierce	9	West Branch	29-00.00	3	
12 Dori Paddock	11	Monticello	28-03.50	2	
13 Alyssa Hefflefinger	11	North Cedar	28-02.50	2	
14 Brylee Gearhart	9	Mid-Prairie	28-02.00	1	
15 Grace Rhomberg	11	Cascade	27-10.00	3	
16 Alexis Pratt	12	Tipton	27-08.50	2	
17 Addison Schuett	10	Durant-Bennett	26-08.00	2	
18 Alyssa Manders	12	Bellevue	26-06.00	2	
19 Ally Kane	10	Northeast	26-04.00	2	
20 Haley Hefflefinger	9	North Cedar	26-00.00	1	
21 Lacey Kos	11	Mid-Prairie	25-11.00	1	
22 Natalie Henderson	9	Monticello	25-09.00	2	
23 Paige Mangler	12	Bellevue	25-06.00	1	
23 Emma Barrick	9	Beckman	25-06.00	1	
25 Madison Kluever	11	Northeast	25-04.50	2	
26 Izzy Himes	10	Tipton	25-00.00	1	
27 Rosie Queen	12	Mid-Prairie	23-08.50	1	
28 Ashley Shelangoski	11	Durant-Bennett	21-10.00	1	
29 Sarah Roling	10	Beckman	21-07.00	1	
29 Zulieka Nodal	10	Cascade	21-07.00	2	
31 Jorja Culver	10	Anamosa	20-02.00	1	
32 Caroline Keller	12	Regina	19-09.50	1	
33 Anna Waterman	11	West Branch	18-10.00	2	

Women - Team Rankings - 13 Events Scored

1) Northeast	91	2) Tipton	66
3) Camanche	53	4) Mid-Prairie	52.50
5) Monticello	51.50	6) Cascade	49
7) Bellevue	29	8) Regina	28
9) North Cedar	25	9) Beckman	25

**River Valley Conference Championships**  
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**Results**

**....Girls Shot Put**

11) Anamosa	16	12) Durant-Bennett	14
13) West Branch	4		

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Men - Team Rankings - 13 Events Scored

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1) Bellevue	76	2) Northeast	69
3) Anamosa	57	4) Tipton	50
5) Mid-Prairie	43	6) Cascade	42
7) North Cedar	38	8) West Branch	32
9) Regina	31	10) Durant-Bennett	24
11) Monticello	22	12) Camanche	19
13) Beckman	4		