

**Macalester Invitational**  
**Leonard Center - Macalester College**  
**St. Paul, Minnesota - 2/4/2022**  
**Results**

**Women 60 Meter Dash**

Name	Year School	Finals	Points
Finals			
1 Dacoda Speidel	SR St. Benedict	8.20	9
2 Grace Zdechlik	SR St. Benedict	8.40	7
3 Penny Hunter	SO Macalester	8.60	6

**Women 200 Meter Dash**

Name	Year School	Finals	Points
1 Laura Mitch	SR St. Benedict	28.87	9
2 Danielle Anderson	SO St. Benedict	29.37	7
3 Yinka Saba	FR Macalester	30.45	6

**Women 400 Meter Dash**

Name	Year School	Finals	Points
1 Adisa Preston	FR Macalester	1:02.49	9
2 Laura Mitch	SR St. Benedict	1:04.02	7
3 Mirjana Ganley	SO St. Benedict	1:04.21	6

**Women 600 Meter Run**

Name	Year School	Finals	H#	Points
1 Kalli Smith	FR St. Benedict	1:46.39	2	9
2 Sidela Nyuga	FR St. Benedict	1:46.55	2	7
3 Karley Thurston	SO Macalester	1:51.10	2	6
4 Lucy Lyngen	SO St. Benedict	1:51.35	2	5
5 Anna Warren	FR Macalester	1:51.69	1	4
6 Olivia Flack	JR St. Benedict	1:54.20	1	3
7 Ava Juntunen-Novak	FR St. Benedict	1:54.63	1	2
8 Leah Lyngen	JR St. Benedict	1:57.57	1	1

**Women 1000 Meter Run**

Name	Year School	Finals	Points
1 Fiona Smith	SO St. Benedict	3:02.37	9
2 Lena Stern	SR Macalester	3:15.34	7
3 Nora Doyle	SR St. Benedict	3:15.99	6
4 Tracy Renier	SR St. Benedict	3:19.48	5
5 Natalie Lieser	FR St. Benedict	3:21.60	4
6 Ella Krumm	FR Macalester	3:24.59	3
7 Alex Cook	SO St. Benedict	3:26.02	2
8 Lucy Jagoe	FR St. Benedict	3:26.16	1
9 Sylvia Coyle	FR Macalester	3:33.51	

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**....Women 1000 Meter Run**

10 Maranda Thier FR St. Benedict 3:33.59

**Women 1 Mile Run**

Name	Year School	Finals	Points
1 Fiona Smith	SO St. Benedict	4:55.30	9
2 Maria Blaesing	SO Macalester	5:05.91	7
3 Tracy Renier	SR St. Benedict	5:30.82	6
4 Erin Franke	JR Macalester	5:38.03	5
5 Danielle Freshwaters	SR Macalester	5:38.80	4
6 Maddie Wayne	SO Macalester	5:57.49	3
7 Maggie Morgan	SO Macalester	6:10.45	2

**Women 3000 Meter Run**

Name	Year School	Finals	Points
1 Sylvia Greene	SO Macalester	11:06.47	9
-- Danielle Freshwaters	SR Macalester	DNF	

**Women 4x200 Meter Relay**

School	Finals	Points
1 St. Benedict 1) Tiana Johnson SO 3) Hailey Johnson JR	2) Dacoda Speidel SR 4) Mirjana Ganley SO	1:52.64 9
2 Macalester 1) Journey Amundson JR 3) Sarah Beth Hobby SO	2) Hannah Grosse SR 4) Caitlin Falkowski FR	1:57.34 7
3 Macalester 'B' 1) Adisa Preston FR 3) Yinka Saba FR	2) Penny Hunter SO 4) Meira Smit FR	x1:58.09

**Women 4x400 Meter Relay**

School	Finals	Points
1 St. Benedict 1) Hailey Johnson JR 3) Lucy Lyngen SO	2) Kalli Smith FR 4) Tracy Renier SR	4:26.98 9
2 Macalester 1) Maria Blaesing SO 3) Ella Krumm FR	2) Anna Warren FR 4) Lena Stern SR	4:29.45 7

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**Women High Jump**

Name	Year School	Finals	Points
1 Elizabeth Selisker 1.30 1.35 1.40 1.45 1.50 P O XO XO XXX	SO St. Benedict	1.45m 4-09.00	9
2 Sarah Beth Hobby 1.30 1.35 XXO XXX	SO Macalester	1.30m 4-03.25	7

**Women Pole Vault**

Name	Year School	Finals	Points
1 Hannah Grosse 2.87 3.02 3.17 O O XXX	SR Macalester	3.02m 9-10.75	9

**Women Long Jump**

Name	Year School	Finals	Points
1 Elizabeth Selisker 4.50m 4.61m 4.58m 5.01m 4.88m 4.89m	SO St. Benedict	5.01m 16-05.25	9
2 Mikayla Ennevor 4.70m FOUL FOUL FOUL 4.72m 4.68m	SR Macalester	4.72m 15-06.00	7

**Women Triple Jump**

Name	Year School	Finals	Points
1 Journey Amundson FOUL 10.88m 10.95m 10.84m FOUL FOUL	JR Macalester	10.95m 35-11.25	9
2 Danielle Anderson 9.24m 9.13m 9.89m 9.33m 9.58m 9.83m	SO St. Benedict	9.89m 32-05.50	7

**Women Shot Put**

Name	Year School	Finals	Points
1 Haley Joos FOUL 10.40m 11.23m 10.92m 11.59m 10.85m	SO St. Benedict	11.59m 38-00.25	9
2 Maggie Beckmann 10.71m FOUL FOUL 10.46m 10.24m 10.96m	SR St. Benedict	10.96m 35-11.50	7
3 Kendall Bechtold 9.78m 10.14m 10.45m 9.84m 10.17m 10.31m	JR St. Benedict	10.45m 34-03.50	6
4 Alexis Torres 9.14m 8.79m 10.16m 8.77m 8.66m 8.29m	FR St. Benedict	10.16m 33-04.00	5

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**Women Weight Throw**

Name	Year School	Finals	Points
1 Maggie Beckmann 13.24m 11.80m 14.52m 12.92m FOUL 14.73m	SR St. Benedict	14.73m	48-04.00 9
2 Haley Joos FOUL 11.47m 12.03m 11.50m 11.20m 11.61m	SO St. Benedict	12.03m	39-05.75 7
3 Kendall Bechtold 11.10m 10.87m FOUL 11.36m 11.52m 11.42m	JR St. Benedict	11.52m	37-09.50 6
4 Alexis Torres FOUL 9.42m 9.78m 9.58m FOUL 10.00m	FR St. Benedict	10.00m	32-09.75 5

Women - Team Rankings - 15 Events Scored

1) St. Benedict	211	2) Macalester	117
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Men - Team Rankings - 11 Events Scored

1) Macalester	179	2) St. John's (Minn.)	72
3) Hamline	6		