

Lincoln Middle School Meet
La Crosse Logan High School
La Crosse, Wisconsin - 4/26/2022
Results

Boys 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Cade Larson	8	Lincoln Midd	12.45	15	6
2 Christian Rudrud	8	Lincoln Midd	12.90	13	4
3 Harold Nachtman	7	Longfellow M	12.97	15	3
4 Elmer McCloud	7	Lincoln Midd	13.07	13	2
5 Landon Weiland	7	West Salem	13.50	8	1
6 Jaxon Ranallo	7	West Salem	13.64	12	
7 Gavin Cahill	7	Longfellow M	13.65	7	
8 Michael Burke	7	Winona Middl	13.72	14	
9 Logan Sauter	8	Longfellow M	13.77	15	
10 Isaiah Laack	7	West Salem	13.95	2	
11 Gordon Lowell	7	Longfellow M	14.03	12	
12 Andrew Pederson	6	Lincoln Midd	14.09	14	
13 Lucas Fry	7	West Salem	14.31	10	
14 Thomas Check	6	Lincoln Midd	14.39	13	
15 Strykr Thrasher	8	West Salem	14.57	11	
16 Coen Knutson	8	West Salem	14.58	6	
17 Connor Fremstad	7	Winona Middl	14.59	11	
18 William Howard	6	Lincoln Midd	14.64	12	
19 Michael Torrance	7	West Salem	14.82	6	
20 Colin Holst	6	West Salem	14.83	1	
21 Karriem Muhammad	8	Longfellow M	14.89	12	
21 Michael Lysne	6	West Salem	14.89	11	
23 Brody Hach	7	Longfellow M	15.03	8	
24 Brayden Thomas	6	Longfellow M	15.09	9	
25 Charles Zelner	6	Lincoln Midd	15.20	13	
26 Evan Berra	6	West Salem	15.21	11	
27 Marcello Jones	8	Longfellow M	15.25	11	
27 William Schilling	7	Longfellow M	15.25	12	
29 Henry Bosch	6	Lincoln Midd	15.26	14	
29 Jack Torrance	7	West Salem	15.26	5	
31 Joseph Troendle	8	West Salem	15.39	11	
32 Bryce Zwicker	8	West Salem	15.52	7	
32 Carson Schilling	7	Longfellow M	15.52	12	
34 Ayden Olson	6	Longfellow M	15.53	9	
35 Aiden Brooks	8	West Salem	15.56	1	
36 Rhys Correll	7	Lincoln Midd	15.69	13	
37 Camden Daykin	7	Lincoln Midd	15.83	9	
38 Ivan Smith	8	Lincoln Midd	15.84	9	
39 Caleb Farmer	6	Lincoln Midd	15.94	13	
39 Cayden Sullivan	8	West Salem	15.94	3	
41 Will Byom	6	West Salem	16.03	8	
42 Silas Hyer	6	West Salem	16.06	8	
43 Kashtin LaRue	7	Longfellow M	16.09	7	
44 Gander Conrad	7	Longfellow M	16.14	5	
44 Tristan Quam	7	West Salem	16.14	6	
46 Johan Morales-Castro	6	Longfellow M	16.32	4	

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47	Jordan Candahl	7	Longfellow M	16.35	4
48	Arjun Oshan	8	West Salem	16.41	5
49	Carson Baldwin	7	West Salem	16.64	7
50	Ryan Arntson	6	West Salem	16.70	1
51	Bart Marti	6	Lincoln Midd	16.91	10
52	Augie Maharis	6	Lincoln Midd	16.94	10
52	Kai Bobo	7	Longfellow M	16.94	5
54	Gideon Stewart	6	West Salem	16.97	2
55	Channing Erickson	6	Longfellow M	17.14	5
56	Eli Corell	6	Lincoln Midd	17.51	6
57	Simon Mel	7	Lincoln Midd	17.52	4
58	Jesse Jothan	6	West Salem	17.53	4
59	Connor Helvey	6	West Salem	17.75	1
60	George Lundebek	7	Lincoln Midd	17.77	14
61	Anthony Evenson	8	West Salem	17.93	3
62	Sam Korder	6	Longfellow M	17.96	3
63	Porter Wilson	6	Lincoln Midd	18.09	9
64	Max Woodward	6	Lincoln Midd	18.13	10
65	Hayden Denton	6	West Salem	18.19	1
66	Max Maharis	7	Lincoln Midd	18.31	9
66	Noah Johnsrude	7	West Salem	18.31	2
68	Gannon Zielke	7	Longfellow M	18.46	2
69	Isaac Shimnanis	6	Lincoln Midd	18.57	10
70	Henry Duster	6	West Salem	19.07	3
70	Sam Chandler	7	West Salem	19.07	2
72	Eli Albrechtson	6	Longfellow M	19.57	3
73	Logan Olinger	6	Longfellow M	21.65	4
74	Alek Gotz	6	Longfellow M	21.94	2

Boys 200 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Korbin Frie	8	Winona Middl	28.44	6	6
2	Landon Weiland	7	West Salem	29.12	4	4
3	Michael Burke	7	Winona Middl	29.40	6	3
4	Thomas Check	6	Lincoln Midd	29.41	5	2
5	Chase Meadows	8	Winona Middl	29.94	6	1
6	Wyatt Foley	7	Lincoln Midd	30.58	3	
7	Andrew Pederson	6	Lincoln Midd	30.72	6	
8	Connor Fremstad	7	Winona Middl	31.47	5	
9	Henry Bosch	6	Lincoln Midd	32.57	4	
10	Michael Lysne	6	West Salem	32.83	2	
11	Cayden Sullivan	8	West Salem	32.96	3	
12	Charles Zelner	6	Lincoln Midd	32.97	5	
13	Aiden Brooks	8	West Salem	33.44	2	
14	Ivan Smith	8	Lincoln Midd	35.07	5	
15	Gideon Stewart	6	West Salem	35.50	2	
16	Tristan Stetzer	7	West Salem	36.07	3	

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17 Marcus Krueger	6 West Salem	36.26	1
18 Tristan Quam	7 West Salem	37.16	2
19 Isaac Shimnanis	6 Lincoln Midd	39.09	4

Boys 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Cade Larson	8 Lincoln Midd	59.84	2	6
2 Harold Nachtman	7 Longfellow M	1:02.84	2	4
3 Wyatt Foley	7 Lincoln Midd	1:06.51	2	3
4 William Howard	6 Lincoln Midd	1:07.83	2	2
5 Calvin Mikkelsen	7 Winona Middl	1:09.96	1	1
6 Cole Falkenberry	8 Longfellow M	1:10.70	2	
7 Jaimyn Groth	8 West Salem	1:10.81	2	
8 Jacob Fresia	7 Longfellow M	1:17.76	1	
9 Lucas Valentine	6 Longfellow M	1:20.26	1	
10 Bart Marti	6 Lincoln Midd	1:25.38	1	
11 Porter Wilson	6 Lincoln Midd	1:31.62	1	

Boys 800 Meter Run

Name	Year School	Finals	H#	Points
1 Kedrick Boucek	7 Winona Middl	2:31.77	2	6
2 Andrew Heltemes	8 Winona Middl	2:34.94	2	4
3 Owen Ellinghuysen	7 Winona Middl	2:43.01	2	3
4 Sawyer Stakston	8 West Salem	2:43.44	2	2
5 Isaac Gabriel	7 Lincoln Midd	2:45.63	2	1
6 Cole Falkenberry	8 Longfellow M	2:46.69	2	
7 Calvin Mikkelsen	7 Winona Middl	2:47.19	2	
8 Mason Welch	7 Lincoln Midd	2:51.15	2	
9 Jacob Fresia	7 Longfellow M	2:52.07	2	
10 Camden Daykin	7 Lincoln Midd	2:52.51	2	
11 Evan Berra	6 West Salem	2:53.40	1	
12 Teagen Berzinski	7 Winona Middl	2:59.57	1	
13 Marcus Krueger	6 West Salem	3:01.70	1	
14 Joseph Sheridan	7 Winona Middl	3:02.94	1	
15 Cameron Lueck	7 West Salem	3:04.76	1	
16 Nate Grilly	6 Lincoln Midd	3:13.97	1	

Boys 1600 Meter Run

Name	Year School	Finals	Points
1 Kedrick Boucek	7 Winona Middl	5:35.89	6
2 Andrew Heltemes	8 Winona Middl	5:39.63	4
3 Lyndon Torkkelson	8 Longfellow M	5:40.53	3
4 Isaac Gabriel	7 Lincoln Midd	5:58.69	2

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....Boys 1600 Meter Run

5 Mason Welch	7 Lincoln Midd	6:05.42	1
6 Owen Ellinghuysen	7 Winona Middl	6:09.32	
7 Teagen Berzinski	7 Winona Middl	6:31.26	
8 Cameron Lueck	7 West Salem	6:39.76	
9 Nate Grilly	6 Lincoln Midd	6:44.21	
-- Max Collins	6 Longfellow M	NT	
-- Greyson Garbers	6 West Salem	NT	

Boys 100 Meter Hurdles Low

Name	Year School	Finals	H#	Points
1 Gabe Servais	7 Lincoln Midd	15.76	4	6
2 Lyndon Torkkelson	8 Longfellow M	16.00	4	4
3 Korbin Frie	8 Winona Middl	16.46	1	3
4 Jack Torrance	7 West Salem	16.70	4	2
5 Chase Meadows	8 Winona Middl	17.10	2	1
6 Tristan Stetzer	7 West Salem	18.08	1	
7 Bryce Zwicker	8 West Salem	19.00	2	
8 Caleb Farmer	6 Lincoln Midd	19.02	4	
9 Ashton Stafford	8 Winona Middl	19.20	1	
10 Owen Sauter	8 Longfellow M	19.32	3	
11 Will Byom	6 West Salem	19.84	2	
12 William Frandsen	7 Longfellow M	19.88	4	
13 Greyson Garbers	6 West Salem	20.34	2	
14 Carson Baldwin	7 West Salem	20.62	3	
15 Graham Sjoquist	7 West Salem	20.63	3	

Boys 200 Meter Hurdles

Name	Year School	Finals	Points
1 Jack Torrance	7 West Salem	34.62	6
2 Caleb Farmer	6 Lincoln Midd	37.22	4
3 Ashton Stafford	8 Winona Middl	40.85	3
4 Simon Mel	7 Lincoln Midd	47.39	2

Boys 4x100 Meter Relay

School	Finals	H#	Points
1 Lincoln Middle School 1) Eli Corell 6 3) Isaac Gabriel 7	53.12	1	6
2 Longfellow Middle School - La 1) Sean Erickson 8 3) Logan Sauter 8	55.64	2	4
3 West Salem 'C' 1) Aiden Brooks 8	1:01.02	2	2

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....Boys 4x100 Meter Relay

3) Cayden Sullivan 8	4) Joseph Troendle 8		
4 Longfellow Middle School - La 'D'	x1:01.88	1	
1) Kai Bobo 7	2) Gander Conrad 7		
3) Brody Hach 7	4) Griffin Rudie 7		
5 Longfellow Middle School - La 'B'	x1:02.31	2	
1) Sam Hanson 6	2) Lincoln Erickson 8		
3) Maxx Alberts 8	4) Gordon Lowell 7		
6 Longfellow Middle School - La 'C'	x1:03.20	1	
1) William Schilling 7	2) Carson Schilling 7		
3) Kashtin LaRue 7	4) Jordan Candahl 7		
7 West Salem	x1:03.50	2	
1) Evan Berra 6	2) Greyson Garbers 6		
3) Colin Holst 6	4) Michael Lysne 6		
8 West Salem 'B'	x1:04.13	2	
1) Tristan Quam 7	2) Graham Sjoquist 7		
3) Tristan Stetzer 7	4) Michael Torrance 7		
9 Longfellow Middle School - La 'E'	x1:05.40	1	
1) Aditya Chauhan 7	2) Owen Sauter 8		
3) Timothy Yang 7	4) Brayden Thomas 6		
10 West Salem 'D'	x1:09.47	2	
1) Ryan Arntson 6	2) Connor Helvey 6		
3) Jesse Jothen 6	4) Carson Baldwin 7		
11 Longfellow Middle School - La 'F'	x1:13.90	1	
1) Channing Erickson 6	2) Eli Albrechtson 6		
3) Johan Morales-Castro 6	4) Sam Korder 6		

Boys 4x200 Meter Relay

School	Finals	H#	Points
1 Winona Middle School	1:57.00	2	6
1) Michael Burke 7	2) Connor Fremstad 7		
3) Chase Meadows 8	4) Korbin Frie 8		
2 Longfellow Middle School - La	1:57.82	2	4
1) Marcello Jones 8	2) Sean Erickson 8		
3) Joey Pretasky 8	4) Logan Sauter 8		
3 West Salem	2:03.84	2	2
1) Colin Holst 6	2) Isaiah Laack 7		
3) Landon Weiland 7	4) Graham Sjoquist 7		
4 Longfellow Middle School - La 'D'	x2:10.89	1	
1) Griffin Rudie 7	2) Brody Hach 7		
3) Gander Conrad 7	4) Kai Bobo 7		
5 Longfellow Middle School - La 'B'	x2:11.85	2	
1) Sam Hanson 6	2) Maxx Alberts 8		
3) Lincoln Erickson 8	4) Gordon Lowell 7		
6 Longfellow Middle School - La 'C'	x2:15.20	2	
1) William Schilling 7	2) Carson Schilling 7		
3) Jordan Candahl 7	4) Kashtin LaRue 7		
7 West Salem 'B'	x2:17.45	2	

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....Boys 4x200 Meter Relay

1) Connor Helvey 6	2) Jesse Jothen 6		
3) Lucas Fry 7	4) Jaxon Ranallo 7		
8 Longfellow Middle School - La 'E'		x2:18.66	1
1) Owen Sauter 8	2) Timothy Yang 7		
3) Aditya Chauhan 7	4) Brayden Thomas 6		
9 Longfellow Middle School - La 'F'		x2:50.22	1
1) Eli Albrechtson 6	2) Channing Erickson 6		
3) Sam Korder 6	4) Johan Morales-Castro 6		

Boys 4x400 Meter Relay

School	Finals	Points
1 Winona Middle School	4:40.20	6
1) Kedrick Boucek 7	2) Teagen Berzinski 7	
3) Calvin Mikkelsen 7	4) Andrew Heltemes 8	
2 Longfellow Middle School - La	4:48.34	4
3 Longfellow Middle School - La 'B'	x5:15.85	
4 West Salem	5:20.14	2
1) Cameron Lueck 7	2) Jaimyn Groth 8	
3) Sawyer Stakston 8	4) Joseph Troendle 8	
5 Lincoln Middle School	5:28.78	

Boys Long Jump

Name	Year School	Finals	Points
1 Cade Larson	8 Lincoln Midd	18-01.00	6
2 Wyatt Foley	7 Lincoln Midd	13-10.00	4
3 Lincoln Erickson	8 Longfellow M	13-08.50	3
4 Evan Berra	6 West Salem	13-07.00	2
5 Griffin Rudie	7 Longfellow M	13-05.50	1
6 Thomas Check	6 Lincoln Midd	13-02.00	
7 Coen Knutson	8 West Salem	12-08.00	
8 Henry Bosch	6 Lincoln Midd	12-02.50	
9 Landon Weiland	7 West Salem	12-02.00	
10 Charles Zelner	6 Lincoln Midd	12-01.00	
10 Chase Meadows	8 Winona Middl	12-01.00	
12 Aiden Brooks	8 West Salem	11-11.00	
13 Marcus Krueger	6 West Salem	11-07.00	
14 Tristan Stetzer	7 West Salem	11-05.00	
15 Greyson Garbers	6 West Salem	11-04.00	
16 Will Byom	6 West Salem	11-03.50	
17 Elliot Mashak	6 Longfellow M	11-03.00	
18 Ashton Stafford	8 Winona Middl	10-10.00	
18 Strykr Thrasher	8 West Salem	10-10.00	
20 Tristan Quam	7 West Salem	10-08.00	
21 Max Maharis	7 Lincoln Midd	10-03.00	
22 Cameron Lueck	7 West Salem	10-01.00	

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....Boys Long Jump

23 Sawyer Stakston	8 West Salem	10-00.00
24 Connor Helvey	6 West Salem	9-11.00
25 Bart Marti	6 Lincoln Midd	9-10.00
26 Graham Sjoquist	7 West Salem	9-09.50
27 Camden Daykin	7 Lincoln Midd	9-08.50
28 Jaimyn Groth	8 West Salem	9-08.00
29 Bryce Zwicker	8 West Salem	9-07.00
30 Ivan Smith	8 Lincoln Midd	9-05.50
31 Jesse Jothan	6 West Salem	9-04.50
32 Porter Wilson	6 Lincoln Midd	9-04.00
33 Hayden Denton	6 West Salem	5-04.00

Boys Triple Jump

Name	Year School	Finals	Points
1 Jackson Noel	6 Longfellow M	26-02.00	6
2 William Frandsen	7 Longfellow M	24-10.50	4
3 Cole Falkenberry	8 Longfellow M	24-08.00	3
4 Lucas Valentine	6 Longfellow M	23-08.00	2

Boys Shot Put

Name	Year School	Finals	H#	Points
1 Timothy Yang	7 Longfellow M	27-07.50	2	6
2 Isaiah Laack	7 West Salem	24-09.50	2	4
3 Thomas Check	6 Lincoln Midd	24-09.00	1	3
4 Elliot Wolf	8 West Salem	23-05.50	2	2
5 Lucas Fry	7 West Salem	23-02.50	1	1
6 Gideon Stewart	6 West Salem	22-10.00	2	
7 Beckham Garcia	7 Winona Middl	21-10.75	2	
8 Bryce Zwicker	8 West Salem	20-07.00	2	
9 Avant Williams	7 Longfellow M	20-02.00	2	
10 Henry Duster	6 West Salem	19-02.00	2	
11 Noah Johnsrude	7 West Salem	19-01.00	2	
12 Strykr Thrasher	8 West Salem	17-06.00	2	
13 Will Byom	6 West Salem	17-00.00	2	
14 Hayden Denton	6 West Salem	16-06.50	1	
15 Ryan Arntson	6 West Salem	15-07.00	2	
16 George Lundebek	7 Lincoln Midd	15-01.00	1	
17 Porter Wilson	6 Lincoln Midd	14-11.00	1	
18 Max Maharis	7 Lincoln Midd	13-05.00	1	
19 Augie Maharis	6 Lincoln Midd	13-02.75	1	
20 Camden Daykin	7 Lincoln Midd	13-02.50	1	
21 Max Woodward	6 Lincoln Midd	13-00.00	1	
22 Eli Corell	6 Lincoln Midd	10-07.00	1	

**Lincoln Middle School Meet
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Boys Discus Throw

Name	Year School	Finals	Points
1 Elliot Wolf	8 West Salem	87-05	6
2 Isaiah Laack	7 West Salem	84-07	4
3 Timothy Yang	7 Longfellow M	76-10	3
4 Michael Torrance	7 West Salem	66-11	2
5 Coen Knutson	8 West Salem	63-02	1
6 Strykr Thrasher	8 West Salem	62-10	
7 Beckham Garcia	7 Winona Middl	59-07	
8 Avant Williams	7 Longfellow M	51-07	
9 Joseph Troendle	8 West Salem	51-00	
10 Porter Wilson	6 Lincoln Midd	40-06	
11 Lincoln Erickson	8 Longfellow M	38-01	
12 Cayden Sullivan	8 West Salem	37-02.50	

Women - Team Rankings - 13 Events Scored

1) West Salem	84	2) Longfellow Middle School	40
3) Lincoln Middle School	37.50	4) Winona Middle School	31.50

Men - Team Rankings - 14 Events Scored

1) Lincoln Middle School	60	2) Longfellow Middle School	54
3) Winona Middle School	53	4) West Salem	43