

A-R-C Triangular
Univ. of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 2/6/2021
Results

Men 55 Meter Dash
Top 8 Advance by Time

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 Facility: * 6.37 1/17/2015 John Rivan, Southwestern
 Name Year School Prelims H#
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Preliminaries

1	Josh Smith	JR Loras	6.42q	4	
2	Dayvion Foreman	FR Loras	6.74q	2	
3	Nolan Lentz	FR Dubuque	6.75q	2	
4	Raymond Venditti	SO Loras	6.81q	1	
5	Jake Willkomm	FR Loras	6.83q	1	
6	Max Cleveland	SO Simpson (Iowa)	6.84q	4	
7	Nate Sielaff	JR Loras	6.86q	4	
8	Carter Berkey	JR Simpson (Iowa)	6.87q	3	
9	Miguel Vega	FR Dubuque	6.88	2	
10	Garrett Byrd	FR Dubuque	6.89	3	
11	Ted Kruse	FR Loras	6.91	3	
12	Derik Buntin	FR Loras	6.95	4	6.943
13	Nehemiah Griffin	FR Dubuque	6.95	2	6.948
14	Austin Wierick	FR Dubuque	6.98	3	
15	Ulysses Patterson	FR Simpson (Iowa)	6.99	1	
16	Jakhari Anderson	FR Dubuque	7.14	4	
17	Elliott Meyer	SR Simpson (Iowa)	7.16	4	
18	Noah Gabrys	FR Dubuque	7.20	2	
19	Ziad Alshomrani	SO Dubuque	7.21	1	
20	Greyson Kuester	JR Loras	7.30	2	
21	Kellen Fitch	SR Simpson (Iowa)	7.34	1	7.332
22	Tyler Williams	JR Simpson (Iowa)	7.34	2	7.336
23	Luke Sigwarth	FR Dubuque	7.39	3	
24	Connor Tuohy	JR Loras	7.43	1	

Men 55 Meter Dash

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 Facility: * 6.37 1/17/2015 John Rivan, Southwestern
 Name Year School Finals Points
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Finals

1	Josh Smith	JR Loras	6.44	7	
2	Nolan Lentz	FR Dubuque	6.72	5	
3	Raymond Venditti	SO Loras	6.75	4	
4	Dayvion Foreman	FR Loras	6.77	3	6.761
5	Jake Willkomm	FR Loras	6.77	2	6.769
6	Nate Sielaff	JR Loras	6.80	1	
7	Max Cleveland	SO Simpson (Iowa)	6.87		
8	Carter Berkey	JR Simpson (Iowa)	6.92		

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Men 200 Meter Dash

Facility: * 22.25 1/14/2012 Gabriel Green, William Penn

Facility: * 22.25 1/18/2020 Patrick Mikel, Loras

Name	Year	School	Finals	H#	Points
1 Josh Smith	JR	Loras	22.34	5	7
2 Shamari Scott	SR	Loras	22.95	5	5
3 Jake Willkomm	FR	Loras	23.13	5	4
4 Raymond Venditti	SO	Loras	23.14	4	3
5 Nehemiah Griffin	FR	Dubuque	23.24	4	2
6 Austin Wierick	FR	Dubuque	23.90	4	1
7 Garrett Byrd	FR	Dubuque	24.06	3	
8 Ulysses Patterson	FR	Simpson (Iowa)	24.07	3	
9 Max Santiago	FR	Dubuque	24.24	2	
10 Ziad Alshomrani	SO	Dubuque	24.73	2	
11 Elliott Meyer	SR	Simpson (Iowa)	25.16	1	
12 Noah Gabrys	FR	Dubuque	25.21	2	
13 Luke Sigwarth	FR	Dubuque	25.61	1	
14 Carter Berkey	JR	Simpson (Iowa)	25.75	3	
15 Kellen Fitch	SR	Simpson (Iowa)	25.95	4	
16 Tyler Williams	JR	Simpson (Iowa)	26.11	1	

Men 400 Meter Dash

Facility: * 49.48 1/28/2012 Ben Farrell, UW-Platteville

Name	Year	School	Finals	H#	Points
1 Mike Jasa	JR	Loras	48.95*	3	7
2 Carter Oberfoell	SO	Loras	50.42	3	5
3 Kobe Howell	SO	Dubuque	51.10	2	4
4 Ted Kruse	FR	Loras	51.15	3	3
5 Shamari Scott	SR	Loras	51.45	3	2
6 Conor Otting	SR	Loras	52.41	2	1
7 Carson Vaske	FR	Loras	52.56	2	
8 Steve Cruz-Castro	JR	Simpson (Iowa)	52.66	2	
9 Greyson Kuester	JR	Loras	58.09	1	
10 Connor Tuohy	JR	Loras	1:00.50	1	

Men 800 Meter Run

Facility: * 2:31.85 2011 Matt Isaac, Clarke

I Smith, D Volland, N Savage, K Cline

Name	Year	School	Finals	H#	Points
1 Andrew Hutchinson	FR	Dubuque	1:59.11*	3	7
2 Spencer Moon	SO	Simpson (Iowa)	1:59.62*	3	5
3 Chris Guise	FR	Loras	2:00.43*	3	4
4 James Murray	FR	Simpson (Iowa)	2:00.60*	3	3
5 Clay Billheimer	SO	Simpson (Iowa)	2:01.86*	3	2
6 Brandon Doser	SO	Loras	2:03.22*	2	1

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....Men 800 Meter Run

7	Shane McBride	SO Loras	2:03.28*	3
8	Michael Orcutt	SR Dubuque	2:03.70*	3
9	Carlo Dannenfelser	FR Loras	2:04.54*	2
10	Drew Klein	FR Simpson (Iowa)	2:05.89*	2
11	Jordan Morrow	SO Dubuque	2:06.64*	2
12	Trent Pelzer	FR Simpson (Iowa)	2:06.76*	3
13	Eman Rivera	JR Loras	2:06.91*	2
14	Ryan Monson	FR Loras	2:08.33*	2
15	John Innamorato	FR Dubuque	2:10.04*	2
16	Jacob Westermeyer	FR Loras	2:12.44*	1
17	Cade Mash	FR Simpson (Iowa)	2:14.28*	1
18	Bradley Coen	JR Loras	2:15.71*	1
19	Luke Armstrong	FR Dubuque	2:15.90*	2
20	Hunter Snyder	FR Dubuque	2:16.94*	1
21	Derek Behrens	FR Loras	2:18.27*	1
22	Dillion Leffler	FR Dubuque	2:18.97*	2
23	Jack Mayer	FR Dubuque	2:20.07*	1
24	Nick Kremer	FR Dubuque	2:20.67*	2
25	Nick Rotter	FR Dubuque	2:22.54*	1
26	Cole Jacobson	SR Simpson (Iowa)	2:22.94*	1
27	Jared Rutkowski	FR Dubuque	2:29.00*	1

Men 1 Mile Run

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 Facility: * 4:16.11 2/24/2013 Eli Horton, Central

Name	Year	School	Finals	H#	Points
1	Spencer Moon	SO Simpson (Iowa)	4:18.27	2	7
2	Mark Biechler	JR Dubuque	4:18.71	2	5
3	Luke Guttormson	JR Loras	4:19.37	2	4
4	James Murray	FR Simpson (Iowa)	4:28.59	2	3
5	Ryan Courtney	SR Simpson (Iowa)	4:31.47	2	2
6	Drew Klein	FR Simpson (Iowa)	4:32.07	2	1
7	Will Yasdick	FR Loras	4:33.82	2	
8	Joey Schultz	SR Loras	4:35.28	2	
9	Seth Corrigan	JR Loras	4:35.42	2	
10	Brian Maty	SR Loras	4:36.73	2	
11	Will Whalen	JR Loras	4:37.69	2	
12	Clay Billheimer	SO Simpson (Iowa)	4:41.80	1	
13	Cale Billheimer	SR Simpson (Iowa)	4:47.17	1	
14	Nathan Magalhaes	SR Simpson (Iowa)	4:51.82	1	
15	Trent Pelzer	FR Simpson (Iowa)	4:52.14	1	
16	John Innamorato	FR Dubuque	4:58.62	1	
17	Cade Mash	FR Simpson (Iowa)	5:01.47	1	
18	Luke Armstrong	FR Dubuque	5:04.10	1	
19	Nick Kremer	FR Dubuque	5:09.04	1	
20	Miles Combs	FR Simpson (Iowa)	5:16.92	1	
21	Joey Wohlers	FR Dubuque	5:21.61	1	

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Men 3000 Meter Run

Facility: * 8:32.65 2017 Alec Bass, Dubuque					
Name	Year	School	Finals	Points	
1 Harry Dudley	SR	Simpson (Iowa)	8:52.94	7	
2 Tyler Cernohous	JR	Dubuque	8:58.30	5	
3 Seth Nostrala	SR	Simpson (Iowa)	9:05.65	4	
4 Eric Baldus	SO	Simpson (Iowa)	9:09.23	3	
5 Noah Forrey	SR	Dubuque	9:30.84	2	
6 Jayden Oshirak	JR	Dubuque	9:39.61	1	
7 Marc Medici	FR	Simpson (Iowa)	9:50.40		

Men 55 Meter Hurdles

Facility: * 7.64 1/28/2012 TJ Valley, UW-Platteville					
Name	Year	School	Finals	Points	
1 Ryan Rogers	SR	Loras	7.76	7	
2 Max Cleveland	SO	Simpson (Iowa)	7.84	5	
3 Elliott Meyer	SR	Simpson (Iowa)	8.08	4	
4 Blake Hardison	FR	Dubuque	8.20	3	
5 Brendan Godbout	FR	Simpson (Iowa)	8.52	2	
6 Max Santiago	FR	Dubuque	8.65	1	
7 Tyler Williams	JR	Simpson (Iowa)	8.94		
8 Jack Mayer	FR	Dubuque	9.06		

Men 4x400 Meter Relay

Facility: * 3:20.12 1/18/2020 Loras, Loras					
S Scott, J Smith, M Jasa, P Mikel					
School	Finals	H#	Points		
1 Loras	3:22.32	2	7		
1) Carson Vaske FR				2) Ted Kruse FR	
3) Josh Smith JR				4) Mike Jasa JR	
2 Loras 'B'	x3:24.76	2			
1) Conor Otting SR				2) Shamari Scott SR	
3) Jake Willkomm FR				4) Carter Oberfoell SO	
3 Dubuque	3:24.80	2	5		
1) Blake Hardison FR				2) Kobe Howell SO	
3) Nolan Lentz FR				4) Jeremiah Steed SR	
4 Dubuque 'B'	x3:32.29	1			
1) Nehemiah Griffin FR				2) Garrett Byrd FR	
3) Austin Wierick FR				4) Andrew Hutchinson FR	
5 Simpson (Iowa)	3:34.19	2	4		
1) Craig Garrison JR				2) Steve Cruz-Castro JR	
3) Ulysses Patterson FR				4) Brendan Godbout FR	
6 Loras 'C'	x3:38.61	1			
1) Shane McBride SO				2) Nate Sielaff JR	
3) Chris Guise FR				4) Eman Rivera JR	

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....Men 4x400 Meter Relay

7 Dubuque 'C'	x3:46.85	1
1) Jordan Morrow SO	2) Dillion Leffler FR	
3) Hunter Snyder FR	4) Mark Biechler JR	
8 Loras 'D'	x3:57.45	1
1) Brandon Doser SO	2) Ryan Monson FR	
3) Bradley Coen JR	4) Derek Behrens FR	

Men High Jump

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Facility: * 2.11m 2/24/2013 Jonas Elusme, Wartburg															
Facility: * 2.11m 1/14/2017 Tristin Elmore, William Penn															
Name	Year	School										Finals	Points		
=====															
1 Matt Bandy		JR Loras										1.95m	6-04.75	7	
1.50 1.55 1.60 1.65 1.70			1.75	1.80	1.85	1.90	1.95	2.00							
P P P P P			P	XO	O	XO	XO	XXX							
2 Jatavion Hawkins		SO Dubuque										J1.95m	6-04.75	5	
1.50 1.55 1.60 1.65 1.70			1.75	1.80	1.85	1.90	1.95	2.00							
P P P P P			P	P	O	O	XXO	XXX							
3 Ryan Rogers		SR Loras										1.90m	6-02.75	4	
1.50 1.55 1.60 1.65 1.70			1.75	1.80	1.85	1.90	1.95								
P P P P P			P	P	XO	XO	XXX								
4 Alex Martens		SR Loras										1.85m	6-00.75	3	
1.50 1.55 1.60 1.65 1.70			1.75	1.80	1.85	1.90									
P P P P P			P	O	XXO	XXX									
5 Jack Mayer		FR Dubuque										1.65m	5-05.00	2	
1.50 1.55 1.60 1.65 1.70															
P O O O XXX															
6 Brendan Godbout		FR Simpson (Iowa)										J1.65m	5-05.00	1	
1.50 1.55 1.60 1.65 1.70															
P P O XO XXX															

Men Pole Vault

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Facility: * 4.80m 2/21/2009 Ryan Rupcich, Unattached														
Name	Year	School										Finals	Points	
=====														
1 Ryan Rogers		SR Loras										4.55m	14-11.00	7
2.31 2.44 2.59 2.74 2.92			3.05	3.20	3.35	3.51	3.65	3.81	3.96	4.27	4.45	4.55	4.65	
P P P P P			P	P	P	P	P	P	P	P	O	XXO	O	XXX
2 Logan Jones		SO Loras										3.65m	11-11.75	5
2.31 2.44 2.59 2.74 2.92			3.05	3.20	3.35	3.51	3.65	3.81						
P P P P P			P	P	O	XO	XO	XXX						
3 Raymond Venditti		SO Loras										J3.65m	11-11.75	4
2.31 2.44 2.59 2.74 2.92			3.05	3.20	3.35	3.51	3.65	3.81						
P P P P P			P	P	XO	XXO	XO	XXX						
4 Luke Sigwarth		FR Dubuque										2.92m	9-07.00	3
2.31 2.44 2.59 2.74 2.92			3.05											
P P O O O			XXX											

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....Men Pole Vault

5	Jack Mayer	FR Dubuque	2.74m	8-11.75	2
	2.31 2.44 2.59 2.74 2.92				
	O XXO XXO O XXX				

Men Long Jump

Facility: * 7.32m 1/18/2014 James Wilson, Monmouth						
Name	Year	School	Finals	Points		
1 Jaidyn Williams	FR	Dubuque	6.78m	22-03.00	7	
	6.78m 6.10m	FOUL FOUL	6.13m 6.45m			
2 Derik Buntun	FR	Loras	6.56m	21-06.25	5	
	FOUL 6.25m	FOUL 6.50m	6.54m 6.56m			
3 Miguel Vega	FR	Dubuque	6.36m	20-10.50	4	
	6.35m 5.42m	FOUL 6.11m	6.36m 6.11m			
4 Nate Sielaff	JR	Loras	6.08m	19-11.50	3	
	6.08m 5.87m 5.92m	5.48m FOUL FOUL				
5 Jataavion Hawkins	SO	Dubuque	6.07m	19-11.00	2	
	6.04m FOUL FOUL	6.07m FOUL FOUL				
6 Doyle Carroll	SR	Loras	6.05m	19-10.25	1	
	5.90m 5.70m 6.05m	FOUL FOUL FOUL				
7 Brendan Godbout	FR	Simpson (Iowa)	6.04m	19-09.75		
	5.72m 5.63m	FOUL 6.04m	5.79m 5.87m			
8 Jakhari Anderson	FR	Dubuque	5.89m	19-04.00		
	5.82m 5.71m 5.66m	5.59m 5.89m	5.70m			
9 Jack Mayer	FR	Dubuque	5.58m	18-03.75		
	5.34m 5.41m 5.03m	5.58m 5.29m				
10 Ulysses Patterson	FR	Simpson (Iowa)	5.24m	17-02.25		
	FOUL 5.24m	FOUL				
-- Carter Berkey	JR	Simpson (Iowa)	FOUL			
	FOUL FOUL FOUL					

Men Triple Jump

Facility: * 14.86m 1/15/2011 Pat Zeunik, Augustana						
Name	Year	School	Finals	Points		
1 Derik Buntun	FR	Loras	13.02m	42-08.75	7	
	13.00m 12.68m 12.58m	13.02m 12.24m 12.80m				
2 Jakhari Anderson	FR	Dubuque	12.91m	42-04.25	5	
	12.83m 12.91m 12.86m	12.90m FOUL	12.34m			
3 Doyle Carroll	SR	Loras	12.53m	41-01.50	4	
	FOUL 12.53m	FOUL 11.50m	FOUL 12.41m			
4 Carson Vaske	FR	Loras	11.35m	37-03.00	3	
	FOUL 11.21m	FOUL 10.79m	FOUL 11.35m			

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Men Shot Put

Facility: * 17.49m 1/19/2019 Blaze Murfin, Dubuque									
Name	Year	School	Finals		Points				
1 Zachary Naatz	SR	Dubuque	15.73m	51-07.25	7				
			14.62m 15.73m FOUL 14.41m 15.29m 15.26m						
2 Clayton Hahn	JR	Dubuque	15.06m	49-05.00	5				
			FOUL 14.21m FOUL 15.06m FOUL FOUL						
3 Cade Collier	SO	Dubuque	x14.68m	48-02.00					
			14.68m FOUL FOUL FOUL FOUL FOUL						
4 Mason Spree	SR	Simpson (Iowa)	13.68m	44-10.75	4				
			13.66m FOUL FOUL FOUL 13.68m 13.44m						
5 Holden Murphy	FR	Loras	12.78m	41-11.25	3				
			12.78m 12.26m 12.47m 11.83m 12.67m FOUL						
6 Brenann Linn	SO	Simpson (Iowa)	12.57m	41-03.00	2				
			FOUL FOUL 12.42m 12.46m 12.57m FOUL						
7 Neal Eckhoff	SO	Loras	12.31m	40-04.75	1				
			FOUL FOUL 11.61m FOUL 10.96m 12.31m						
8 Theo Davis	FR	Loras	x12.07m	39-07.25					
			12.07m FOUL FOUL FOUL 11.87m FOUL						
9 Luke Weber	FR	Dubuque	x11.97m	39-03.25					
			11.77m 10.04m 11.97m FOUL 11.15m 11.25m						
10 Jack Mayer	FR	Dubuque	x7.27m	23-10.25					
			7.27m FOUL FOUL						
-- Tommy Halatek	FR	Loras	FOUL						
			FOUL FOUL FOUL						
-- Zac Couture	SR	Loras	FOUL						
			FOUL FOUL FOUL						

Men Weight Throw

Facility: * 20.39m 1/19/2019 Blaze Murfin, Dubuque									
Name	Year	School	Finals		Points				
1 Mason Spree	SR	Simpson (Iowa)	16.85m	55-03.50	7				
			16.36m 16.85m 15.94m 16.27m 16.49m FOUL						
2 Clayton Hahn	JR	Dubuque	16.18m	53-01.00	5				
			15.72m 15.78m 16.18m FOUL FOUL FOUL						
3 Zachary Naatz	SR	Dubuque	16.09m	52-09.50	4				
			15.63m 16.09m FOUL FOUL FOUL FOUL						
4 Neal Eckhoff	SO	Loras	15.48m	50-09.50	3				
			15.48m 14.94m FOUL 14.60m 14.85m 13.93m						
5 Zac Couture	SR	Loras	14.41m	47-03.50	2				
			14.41m FOUL FOUL FOUL 14.33m FOUL						
6 Cade Collier	SO	Dubuque	x13.62m	44-08.25					
			12.67m FOUL FOUL FOUL FOUL 13.62m						
7 Holden Murphy	FR	Loras	x13.05m	42-09.75					
			12.63m 12.55m 11.61m 12.04m 12.84m 13.05m						
8 Mac Roush	SR	Simpson (Iowa)	12.97m	42-06.75	1				
			FOUL 12.09m FOUL 11.92m 12.31m 12.97m						



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....Men Weight Throw

9	Luke Weber		FR Dubuque	x11.94m	39-02.25	
	11.15m	11.88m	FOUL	11.94m	11.41m	11.67m
10	Hunter Rowray		JR Loras	x11.70m	38-04.75	
	11.70m	11.26m	FOUL			
11	Tommy Halatek		FR Loras	x11.63m	38-02.00	
	10.55m	11.63m	FOUL			

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Women - Team Rankings - 14 Events Scored

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1) Loras	144.50	2) Dubuque	98
3) Simpson (Iowa)	46.50		

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Men - Team Rankings - 14 Events Scored

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1) Loras	139	2) Dubuque	92
3) Simpson (Iowa)	67		