

Onalaska Quint
Onalaska High School
Onalaska, Wisconsin - 5/13/2021
Results

Girls 100 Meter Dash

Name	Year	School	Finals	H#
Finals				
1 Taylor Molling	10	Onalaska	13.39	2
2 Britney Janiszewski	10	Tomah	13.54	2
3 Mercy Salzwedel	11	Altoona	14.52	2
4 Elizabeth Dahl	10	Tomah	14.80	2
5 Aly Fleming	12	Tomah	14.85	1
6 Jade Saunders	9	Sparta	14.88	1
7 Zandrea Mason	9	Tomah	15.20	2
8 Maddie Gagnon	9	Altoona	15.21	2
9 Josie Anderson	10	Onalaska	15.40	1
10 Josie Bailey	9	Tomah	15.74	2
11 Kelechi Nduka	10	La Crosse Central	15.77	1
12 Corin Milne	9	Sparta	15.82	1
13 Macey Oswald	10	Sparta	16.33	1
14 Olivia Czarnecki	10	Tomah	17.31	1

Girls 200 Meter Dash

Name	Year	School	Finals	H#
1 Psalm Woody	12	La Crosse Central	27.99	3
2 Britney Janiszewski	10	Tomah	28.15	3
3 Kya Smith	9	La Crosse Central	28.35	3
4 Jenna Richgels	9	Onalaska	29.04	3
5 Talia Davis-Wilson	11	Tomah	29.60	3
6 Ashlynn Benish	11	Tomah	30.34	3
7 Adeline Marcou-Smart	9	La Crosse Central	30.37	3
8 Hailey Kramlich	10	Tomah	30.65	3
9 Maddie Gagnon	9	Altoona	31.22	2
10 Zandrea Mason	9	Tomah	31.25	2
11 Jade Saunders	9	Sparta	32.24	1
12 Kari Wynos	11	La Crosse Central	32.58	2
13 Lydia Dillaman	9	Altoona	32.79	2
14 Corin Milne	9	Sparta	33.57	1
15 Jenna Bakken	10	Tomah	33.86	2
16 Ava Blegen	11	La Crosse Central	34.01	2
17 Samantha Hosch	9	Onalaska	34.75	2
18 Savannah Nicolai	9	Onalaska	34.96	1
19 Priya Naik	11	Onalaska	35.23	1
20 Olivia Czarnecki	10	Tomah	35.46	1
21 Mercy Salzwedel	11	Altoona	37.55	2
22 Abby Rudrud	10	Onalaska	37.70	1

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Girls 400 Meter Dash

Name	Year	School	Finals
1 MaKayla Ueek	9	Tomah	1:08.73
2 Ava Gunderson	9	Altoona	1:09.83
3 Josie Rondestvedt	9	Altoona	1:13.07
4 Kali Strehlau	9	Altoona	1:13.87
5 Corin Milne	9	Sparta	1:17.64
6 Jenna Bakken	10	Tomah	1:17.77
7 Rachelle Brown	10	Sparta	1:22.74

Girls 800 Meter Run

Name	Year	School	Finals
1 Jenna Hutschenreuter	10	La Crosse Central	2:33.37
2 Mercedes Romo	12	Altoona	2:40.10
3 Maria Ruiz	9	Tomah	2:46.39
4 Julia Poelma	12	La Crosse Central	2:46.73
5 Ava Wintin	11	La Crosse Central	2:48.22
6 Josie Rondestvedt	9	Altoona	2:49.69
7 Ava Gunderson	9	Altoona	2:55.78
8 Serena Swanson	9	Sparta	2:59.54
9 Amanda Jaeger	11	Sparta	3:03.27

Girls 1600 Meter Run

Name	Year	School	Finals
1 Mercedes Romo	12	Altoona	5:39.88
2 Carolyn Kearns	12	Onalaska	5:45.40
3 Maria Ruiz	9	Tomah	6:26.08
4 Leah Saeger	11	Altoona	6:27.42
5 Lauren Theyerl	12	Altoona	6:41.95
6 Eden Winga	12	La Crosse Central	6:44.19
7 Serena Swanson	9	Sparta	6:44.49
-- Kaylee Miller	10	Tomah	DNF

Girls 3200 Meter Run

Name	Year	School	Finals
1 Katie Christensen	10	La Crosse Central	12:40.56
2 Leah Saeger	11	Altoona	13:48.50
3 Lauren Theyerl	12	Altoona	14:13.70
4 Aisha Hughart Topygal	10	Tomah	14:38.61
5 Kalista Krause	11	Altoona	15:34.94

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Girls 100 Meter Hurdles

Name	Year	School	Finals	H#
1 Madison Mazur	12	Tomah	18.47	2
2 Emma Rudie	9	Onalaska	19.12	2
3 Radiance Hohman	11	Altoona	19.14	2
4 Brianna Chouinard	10	Onalaska	19.16	2
5 Lily Joyce	9	Tomah	19.27	2
6 Talia Davis-Wilson	11	Tomah	20.00	2
7 Josie Bailey	9	Tomah	21.82	1
8 Juliah Hahm	11	Altoona	22.56	1
9 Priya Naik	11	Onalaska	25.92	1
-- Brianna Law	11	Onalaska	DNF	2

Girls 300 Meter Hurdles

Name	Year	School	Finals
1 Ali Thomas	10	Onalaska	50.60
2 Madison Mazur	12	Tomah	54.41
3 Talia Davis-Wilson	11	Tomah	54.98
4 Lily Joyce	9	Tomah	57.96
5 Lydia Dillaman	9	Altoona	1:00.47
6 Josie Bailey	9	Tomah	1:01.33
7 Juliah Hahm	11	Altoona	1:03.39
8 Kali Strehlau	9	Altoona	1:08.21

Girls 4x100 Meter Relay

School	Finals
1 Onalaska	54.92
1) Jenna Richgels 9	2) Josie Blum 10
3) Jennifer Garves 11	4) Taylor Molling 10
2 Tomah	55.56
1) Britney Janiszewski 10	2) Hailey Kramlich 10
3) Ashlynn Benish 11	4) Amanda Valest 12
3 Onalaska 'B'	x57.58
1) Emma Rudie 9	2) Payton Mickschl 9
3) Mary-Catherine Clatworthy 9	4) Carmen Roraff 10
4 La Crosse Central	57.78
1) Katie Eubanks 10	2) Ava Blegen 11
3) Bianca Hardison 10	4) Kelechi Nduka 10
5 Altoona	59.24
1) Mercy Salzwedel 11	2) Lidia Bach 9
3) Khalia Mork 10	4) Maddie Gagnon 9
6 Tomah 'B'	x1:04.49
1) Trinity Nichols 11	2) Erin Perry 10
3) Sabin Steinhoff 11	4) Aly Fleming 12

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Girls 4x200 Meter Relay

School	Finals
1 La Crosse Central	1:55.14
1) Kya Smith 9	2) Adeline Marcou-Smart 9
3) Libby Mickelson 12	4) Psalm Woody 12
2 La Crosse Central 'B'	x2:01.88
1) Brittney Mislivecek 10	2) Cora Hansen 11
3) Kari Wynos 11	4) Ncaylee Niemann 11
3 Altoona	2:14.59
1) Khalia Mork 10	2) Juliah Hahm 11
3) Mercy Salzwedel 11	4) Maddie Schroeder 12
-- Tomah	DQ
1) Hailey Kramlich 10	2) Zandrea Mason 9
3) Ashlynn Benish 11	4) Lily Joyce 9

Girls 4x400 Meter Relay

School	Finals
1 La Crosse Central	4:38.92
1) Kya Smith 9	2) Adeline Marcou-Smart 9
3) Libby Mickelson 12	4) Psalm Woody 12
2 La Crosse Central 'B'	x4:39.52
1) Jenna Hutschenreuter 10	2) Julia Poelma 12
3) Ava Wintin 11	4) Ncaylee Niemann 11
3 Altoona	5:53.59
1) Kalista Krause 11	2) Juliah Hahm 11
3) Kali Strehlau 9	4) Leah Saeger 11

Girls 4x800 Meter Relay

School	Finals
1 Altoona	11:11.98
1) Ava Gunderson 9	2) Mercedes Romo 12
3) Lauren Theyerl 12	4) Josie Rondestvedt 9

Girls High Jump

Name	Year School	Finals
1 Jennifer Garves	11 Onalaska	J4-08.00
2 MaKayla Ueek	9 Tomah	J4-08.00
3 Radiance Hohman	11 Altoona	J4-04.00
4 Jenna Richgels	9 Onalaska	J4-04.00
5 Adeline Marcou-Smart	9 La Crosse Central	J4-02.00
5 Mary-Catherine Clatworth	9 Onalaska	J4-02.00
7 Libby Mickelson	12 La Crosse Central	J4-02.00
-- Kali Strehlau	9 Altoona	NH

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....Girls High Jump

-- Lydia Dillaman 9 Altoona NH

Girls Pole Vault

Name	Year	School	Finals
1 Savannah Nicolai	9	Onalaska	J7-00.00
2 Josie Anderson	10	Onalaska	J7-00.00
3 Elizabeth Dahl	10	Tomah	6-06.00
4 Josie Bailey	9	Tomah	6-00.00
5 Samantha Hosch	9	Onalaska	5-06.00
-- Macey Oswald	10	Sparta	NH
-- Hadley Thurston	10	Sparta	NH
-- Elaina McTaggart	9	Sparta	NH
-- Olivia Czarnecki	10	Tomah	NH

Girls Long Jump

Name	Year	School	Finals
1 Brittney Mislivecek	10	La Crosse Central	14-11.75
2 Amanda Valest	12	Tomah	14-03.00
3 Kya Smith	9	La Crosse Central	14-02.25
4 Lidia Bach	9	Altoona	13-04.75
5 Payton Mickschl	9	Onalaska	13-03.00
6 Hailey Kramlich	10	Tomah	J13-01.00
7 Ava Gunderson	9	Altoona	J13-01.00
8 Carmen Roraff	10	Onalaska	13-00.00
9 Zandrea Mason	9	Tomah	12-11.50
10 Jenna Bakken	10	Tomah	11-05.50
11 Jade Saunders	9	Sparta	11-01.00
-- Cora Hansen	11	La Crosse Central	FOUL
-- Brianna Coenen	10	Altoona	FOUL

Girls Triple Jump

Name	Year	School	Finals
1 Brittney Mislivecek	10	La Crosse Central	32-01.00
2 Josie Blum	10	Onalaska	30-01.00
3 Amanda Valest	12	Tomah	27-06.25
4 Lidia Bach	9	Altoona	27-04.50
5 Brianna Law	11	Onalaska	26-07.25
6 Hadley Thurston	10	Sparta	25-04.75

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Girls Shot Put

Name	Year	School	Finals	H#
1 Chloe Skolos	12	Onalaska	29-10.50	2
2 Jenna Morris	12	La Crosse Central	29-08.75	2
3 Sarah Voter	12	Onalaska	29-02.75	2
4 Taylor Squires	10	Tomah	27-07.00	2
5 Sabin Steinhoff	11	Tomah	27-04.00	2
6 Amanda Jaeger	11	Sparta	26-08.00	1
7 Kianah Stettler	10	Onalaska	25-04.00	2
8 Alyssa Wirth	9	Altoona	24-09.50	2
9 Erin Perry	10	Tomah	24-07.00	2
10 Trinity Nichols	11	Tomah	24-05.00	2
11 Kaitlyn Klich	10	La Crosse Central	22-05.00	2
12 Kendra Arndt	12	La Crosse Central	21-11.25	1
13 Elizabeth Weiss	11	Altoona	21-00.50	1
14 Donna Schwabe	10	La Crosse Central	20-03.50	1
15 Willow-mae Zahrte	11	Sparta	20-02.00	1
16 Rebecca Gann	10	Sparta	19-09.50	1
17 Gabriella Sierra	11	Tomah	18-07.00	1
18 Bella Giese	10	La Crosse Central	18-02.50	1
19 Khalia Mork	10	Altoona	18-02.00	1
20 Jillian Roou	10	Sparta	16-11.25	1

Girls Discus Throw

Name	Year	School	Finals	H#
1 Trinity Nichols	11	Tomah	92-03	2
2 Alexis Johnson	12	Onalaska	85-08	2
3 Jenna Morris	12	La Crosse Central	83-03	2
4 Aly Fleming	12	Tomah	82-03	2
5 Sabin Steinhoff	11	Tomah	79-09	2
6 Kianah Stettler	10	Onalaska	68-03	2
7 Alyssa Wirth	9	Altoona	63-11	2
8 Aaliyah Bowman	12	La Crosse Central	62-10	1
9 Taylor Squires	10	Tomah	62-02	2
10 MaKayla Ueek	9	Tomah	59-08	1
10 Maddie Gagnon	9	Altoona	59-08	2
12 Khalia Mork	10	Altoona	56-04	1
13 Jillian Roou	10	Sparta	54-08	1
14 Rebecca Gann	10	Sparta	53-09	2
15 Willow-mae Zahrte	11	Sparta	52-03	1
16 Bella Giese	10	La Crosse Central	49-02	1
17 Erin Perry	10	Tomah	49-00	2
18 Kaitlyn Klich	10	La Crosse Central	45-00	1
19 Donna Schwabe	10	La Crosse Central	44-11	1
20 Kendra Arndt	12	La Crosse Central	40-01	1
21 Gabriella Sierra	11	Tomah	31-11	1