

Mississippi Valley Conference Cross Country Championships
 Maple Grove Venues - Hosted by Aquinas HS
 West Salem, Wisconsin
 October 14, 2021

Results provided by AccuRace Timing Services
 www accuracetiming.com

**** Girls' Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Gr	Team	Time	Pace
1	1	4765	Alli Thomas	11	Onalaska	20:22.2	6:34
2	2	4683	Anabella Filips	10	Holmen	20:23.3	6:34
3	3	4698	Sydney Valiska	10	Holmen	20:57.3	6:45
4	4	4736	Ellie Haverland	12	La Crosse Logan	21:08.2	6:49
5	5	4693	Bailey Sommerville	9	Holmen	21:14.1	6:51
6	6	4738	Ashley Janisch	12	La Crosse Logan	21:15.7	6:51
7	7	4718	Brianna Grilley	9	La Crosse Central	21:18.6	6:52
8	8	4684	Grace Filips	12	Holmen	21:22.5	6:53
9	9	4753	Keagan Anderson	10	Onalaska	21:29.8	6:56
10	10	4695	Elle Stussy	12	Holmen	21:45.0	7:01
11	11	4697	Molly Twitchell	11	Holmen	21:53.8	7:03
12	12	4679	Taylor Bembnister	11	Holmen	21:57.2	7:04
13	13	4723	Taryn Winga	11	La Crosse Central	22:08.5	7:08
14	14	4759	Jillian Lonning	12	Onalaska	22:14.4	7:10
15	15	4742	Trista Szafran	12	La Crosse Logan	22:16.8	7:11
16	16	4754	Siri Anderson	10	Onalaska	22:22.2	7:13
17	17	4650	Naomi Koch	11	Aquinas	22:22.4	7:13
18	18	4649	Ruthie Hale	10	Aquinas	22:27.5	7:14
19	19	4722	Emilia Veum	11	La Crosse Central	22:28.4	7:14
20	20	4784	Chloe Allen	10	Sparta	22:28.4	7:14
21	21	4785	Emma Blackdeer	12	Sparta	22:37.5	7:17
22	22	4719	Jada Johnson	12	La Crosse Central	22:47.6	7:21
23	23	4717	River Fife	11	La Crosse Central	22:47.6	7:21
24	24	4737	Elsa Hirsch	12	La Crosse Logan	22:50.8	7:22
25	25	4792	leah Modjeski	9	Sparta	23:00.4	7:25
26	26	4811	Aisha Hughart Topygal	11	Tomah	23:00.6	7:25
27	27	4789	Morgan Intihar	12	Sparta	23:01.4	7:25
28	28	4648	Sara Gyllander	11	Aquinas	23:10.3	7:28
29	29	4757	Isabella Gutierrez	9	Onalaska	23:11.1	7:28
30	30	4807	Josie Bailey	10	Tomah	23:39.3	7:37
31	31	4651	Alexa Neumeister	11	Aquinas	23:42.3	7:38
32	32	4654	Maria Schwinn	11	Aquinas	23:47.5	7:40
33	33	4740	Maddisen Larsen	11	La Crosse Logan	23:48.1	7:40
34	34	4756	Mary-Catherine Clatworthy	10	Onalaska	23:48.9	7:40
35	35	4721	Ella Madsen	9	La Crosse Central	23:50.0	7:41
36	36	4763	Alara Running	9	Onalaska	23:50.9	7:41
37	37	4734	Eden Devine	9	La Crosse Logan	24:04.7	7:45
38	38	4793	Katie O'Rourke	9	Sparta	24:22.0	7:51
39	39	4817	Kaylee Miller	11	Tomah	24:27.4	7:53
40	40	4813	Lily Joyce	10	Tomah	24:31.0	7:54
41	41	4646	Rachel Gagermeier	9	Aquinas	24:32.8	7:55
42	42	4809	Avery Hagen	10	Tomah	24:33.1	7:55
43	43	4790	Amanda Jaeger	12	Sparta	24:34.6	7:55
44	44	4735	Ameerah Freeman-Herdina	10	La Crosse Logan	24:40.8	7:57
45	45	4806	Alyssa Alden	12	Tomah	24:41.5	7:57
46	46	4720	Makenna Klingelhofer	9	La Crosse Central	24:44.1	7:58
47	47	4814	Madeleine Kline	12	Tomah	24:47.6	7:59
48	48	4788	Jade Intihar	10	Sparta	24:49.6	8:00
49	49	4647	Gretta Gyllander	11	Aquinas	24:56.1	8:02

10/14/2021 6:51PM

Mississippi Valley Conference Cross Country Championships
Maple Grove Venues - Hosted by Aquinas HS
West Salem, Wisconsin
October 14, 2021

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Varsity Team Score ****

1.	28	Holmen		(21:08.5	105:42.2	1:21.7)
=====						
1	2	Anabella Filips	10	20:23.3		
2	3	Sydney Valiska	10	20:57.3		
3	5	Bailey Sommerville	9	21:14.1		
4	8	Grace Filips	12	21:22.5		
5	10	Elle Stussy	12	21:45.0		
6	(11)	Molly Twitchell	11	21:53.8		
7	(12)	Taylor Bembnister	11	21:57.2		
2.	69	Onalaska		(21:56.0	109:39.7	2:48.9)
=====						
1	1	Alli Thomas	11	20:22.2		
2	9	Keagan Anderson	10	21:29.8		
3	14	Jillian Lonning	12	22:14.4		
4	16	Siri Anderson	10	22:22.2		
5	29	Isabella Gutierrez	9	23:11.1		
6	(34)	Mary-Catherine Clatworthy	10	23:48.9		
7	(36)	Alara Running	9	23:50.9		
3.	82	La Crosse Logan		(22:16.0	111:19.6	2:39.9)
=====						
1	4	Ellie Haverland	12	21:08.2		
2	6	Ashley Janisch	12	21:15.7		
3	15	Trista Szafran	12	22:16.8		
4	24	Elsa Hirsch	12	22:50.8		
5	33	Maddisen Larsen	11	23:48.1		
6	(37)	Eden Devine	9	24:04.7		
7	(44)	Ameerah Freeman-Herdina	10	24:40.8		
4.	84	La Crosse Central		(22:18.2	111:30.7	1:29.0)
=====						
1	7	Brianna Grilley	9	21:18.6		
2	13	Taryn Winga	11	22:08.5		
3	19	Emilia Veum	11	22:28.4		
4	22	Jada Johnson	12	22:47.6		
5	23	River Fife	11	22:47.6		
6	(35)	Ella Madsen	9	23:50.0		
7	(46)	Makenna Klingelhofer	9	24:44.1		
5.	126	Aquinas		(23:06.0	115:30.0	1:25.1)
=====						
1	17	Naomi Koch	11	22:22.4		
2	18	Ruthie Hale	10	22:27.5		
3	28	Sara Gyllander	11	23:10.3		
4	31	Alexa Neumeister	11	23:42.3		
5	32	Maria Schwinn	11	23:47.5		
6	(41)	Rachel Gagermeier	9	24:32.8		
7	(49)	Gretta Gyllander	11	24:56.1		
6.	131	Sparta		(23:06.0	115:29.7	1:53.6)
=====						
1	20	Chloe Allen	10	22:28.4		
2	21	Emma Blackdeer	12	22:37.5		
3	25	leah Modjeski	9	23:00.4		
4	27	Morgan Intihar	12	23:01.4		
5	38	Katie O'Rourke	9	24:22.0		
6	(43)	Amanda Jaeger	12	24:34.6		
7	(48)	Jade Intihar	10	24:49.6		

Mississippi Valley Conference Cross Country Championships
Maple Grove Venues - Hosted by Aquinas HS
West Salem, Wisconsin
October 14, 2021

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Varsity Team Score ****

7.	177	Tomah			(24:02.3 120:11.4 1:32.5)
=====					
1	26	Aisha Hughart Topygal	11	23:00.6	
2	30	Josie Bailey	10	23:39.3	
3	39	Kaylee Miller	11	24:27.4	
4	40	Lily Joyce	10	24:31.0	
5	42	Avery Hagen	10	24:33.1	
6	(45)	Alyssa Alden	12	24:41.5	
7	(47)	Madeleine Kline	12	24:47.6	

Mississippi Valley Conference Cross Country Championships
 Maple Grove Venues - Hosted by Aquinas HS
 West Salem, Wisconsin
 October 14, 2021

Results provided by AccuRace Timing Services
 www accuracetimeing.com

**** Girls' Junior Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Gr	Team	Time	Pace
1	1	4761	Makayla Carkhuff	11	Onalaska	21:01.2	6:46
2	2	4691	Audra Newman	10	Holmen	22:40.4	7:18
3	3	4688	Jaida Harshman	12	Holmen	23:17.7	7:30
4	4	4700	Ava Werner	10	Holmen	23:54.6	7:42
5	5	4699	Sheryl Wang	10	Holmen	24:03.2	7:45
6	6	4760	Alli Neilson	11	Onalaska	24:07.0	7:46
7	7	4687	Gabrielle Gunderson	10	Holmen	24:35.7	7:55
8	8	4680	Michaela Bertram	12	Holmen	24:36.7	7:56
9	9	4692	Allison Oines	11	Holmen	24:44.3	7:58
10		4694	Abby Stoczynski	9	Holmen	24:45.6	7:59
11		4689	Hennesy LaMere	10	Holmen	24:52.8	8:01
12	10	4758	Adeline Lee	10	Onalaska	24:52.8	8:01
13	11	4764	Falyn Stalnaker	12	Onalaska	25:15.4	8:08
14		4808	Lydia Boettcher	10	Tomah	26:13.3	8:27
15		4656	Estella Weisse	11	Aquinas	26:52.4	8:39
16		4678	Taylor Baker	10	Holmen	27:13.3	8:46
17		4696	Jule Toben	11	Holmen	27:36.8	8:54
18		4681	Autumn Burkhalter	10	Holmen	27:48.4	8:57
19		4653	Sophia Paulson	9	Aquinas	27:49.9	8:58
20		4791	Nadia Laufenberg	12	Sparta	28:08.7	9:04
21		4701	Bronte Wise	12	Holmen	28:21.3	9:08
22		4816	Alyssa Marth	9	Tomah	28:30.7	9:11
23		4739	Jade Jefferies	11	La Crosse Logan	28:42.1	9:15
24		4812	Kellie Jorgensen	11	Tomah	28:49.1	9:17
25	12	4755	Ava Ballmer	9	Onalaska	29:56.5	9:39
26		4732	Ella Barth	9	La Crosse Logan	30:07.4	9:42
27		4787	Madysen Henry	9	Sparta	30:39.9	9:53
28		4733	Bella Brown	11	La Crosse Logan	30:50.7	9:56
29	13	4762	Abby Rudrud	11	Onalaska	30:58.4	9:59
30		4652	Kylie Ortmeier	9	Aquinas	32:24.0	10:26
31		4810	Joy Hilson	12	Tomah	32:54.4	10:36

10/14/2021 6:51PM

Mississippi Valley Conference Cross Country Championships
Maple Grove Venues - Hosted by Aquinas HS
West Salem, Wisconsin
October 14, 2021

Results provided by AccuRace Timing Services
www accuraceticiming.com

**** Girls' Junior Varsity Team Score ****

1.	21	Holmen		(23:42.4	118:31.6	1:55.3)
=====						
1	2	Audra Newman	10	22:40.4		
2	3	Jaida Harshman	12	23:17.7		
3	4	Ava Werner	10	23:54.6		
4	5	Sheryl Wang	10	24:03.2		
5	7	Gabrielle Gunderson	10	24:35.7		
6	(8)	Michaela Bertram	12	24:36.7		
7	(9)	Allison Oines	11	24:44.3		
2.	40	Onalaska		(25:02.6	125:12.9	8:55.3)
=====						
1	1	Makayla Carkhuff	11	21:01.2		
2	6	Alli Neilson	11	24:07.0		
3	10	Adeline Lee	10	24:52.8		
4	11	Falyn Stalnaker	12	25:15.4		
5	12	Ava Ballmer	9	29:56.5		
6	(13)	Abby Rudrud	11	30:58.4		