

MVC Boys Championship Meet
Loras College - Hosted by Wahlert Catholic
Dubuque, Iowa - 5/6/2021
Results

Boys 100 Meter Dash Wheelchair

Name	Year	School	Finals
Finals			
1 Koda Beland	11	Cedar Falls	23.69

Boys 200 Meter Dash Wheelchair

Name	Year	School	Finals
1 Koda Beland	11	Cedar Falls	45.24

Boys 100 Meter Dash Varsity

Name	Year	School	Finals	H#	Points	
1 Miles Thompson	10	Cedar Rapids	11.11	2	10	11.103
2 Ryan Brosius	10	Wahlert Catholic	11.11	2	8	11.109
3 ceondae adams	12	Prairie	11.12	2	6	
4 Isaac Rohert	12	Iowa City City High	11.16	2	5	
5 Luke Meyers	11	Iowa City-Li	11.25	2	4	
6 Nate Gee	12	Cedar Falls	11.28	2	3	
7 Trey Campbell	11	Cedar Falls	11.34	2	2	
8 Bronx Lewis	12	Prairie	11.59	2	1	
9 Charlie Irwin	11	Wahlert Catholic	11.75	1		
10 Carson Burger	10	Western Dubuque	11.89	1		
11 Brody Fishman	12	Iowa City-Li	11.95	1		
12 Dominic Frost	11	Western Dubuque	12.09	1		
13 Miles Parlet	9	Cedar Rapids	12.10	1		
14 Mengty Tan	11	Iowa City City High	12.17	1		
15 Aiden Miell	12	Linn Mar	12.56	1		

Boys 200 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Will Eastman	12	Cedar Falls	22.12	2	10
2 ceondae adams	12	Prairie	22.21	2	8
3 Trey Campbell	11	Cedar Falls	22.33	2	6
4 Luke Meyers	11	Iowa City-Li	22.40	2	5
5 Isaac Rohert	12	Iowa City City High	22.43	2	4
6 nate keiper	12	Prairie	22.72	2	3
7 Logan Brosius	12	Western Dubuque	23.10	2	2
8 Jake Brosius	12	Wahlert Catholic	23.75	2	1
9 Ben O'Connor	10	Iowa City-Li	23.77	1	
10 Christopher O'Toole	11	Linn Mar	24.12	1	
11 Maxwell Nemickas	11	Cedar Rapids	24.23	1	
12 Jacob Butcher	12	Western Dubuque	24.25	1	
13 Akili Mattox	10	Iowa City City High	24.89	1	
14 Aiden Miell	12	Linn Mar	25.63	1	

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....Boys 200 Meter Dash Varsity

15 Jacob Padilla	11 Wahlert Catholic	26.58	1
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Boys 400 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Jovan Harris	11	Iowa City City High	49.89	2	10
2 Hunter Jacobson	11	Cedar Falls	50.90	2	8
3 Alex Mujica	12	Cedar Falls	51.16	2	6
4 Landon Ruby	10	Prairie	52.45	2	5
5 Matt Guckenberger	12	Prairie	52.84	1	4
6 Quincy Jagnow	12	Iowa City-Li	53.30	2	3
7 Aidan Armon	11	Cedar Rapids	54.48	2	2
8 Shourya Singh	11	Linn Mar	54.67	2	1
9 Jordan Robinson	10	Iowa City-Li	55.65	1	
10 Will Larson	11	Iowa City City High	56.62	2	
11 Greg Gerst	12	Linn Mar	57.05	1	
12 Eli Shubatt	12	Wahlert Catholic	57.93	1	
13 Devin Johnson	11	Western Dubuque	58.68	1	

Boys 800 Meter Run Varsity

Name	Year	School	Finals	Points
1 Ammon Smith	10	Iowa City City High	1:56.53	10
2 Jack Jorgensen	12	Cedar Falls	1:57.98	8
3 Ty Costigan	12	Prairie	1:58.74	6
4 Gavin Keeney	11	Iowa City-Li	1:58.81	5
5 Michael Goodenbour	12	Cedar Falls	1:58.84	4
6 Truman Thompson	10	Iowa City City High	2:00.29	3
7 Caleb Schillinger	12	Iowa City-Li	2:00.75	2
8 Brady Cortez	11	Prairie	2:01.41	1
9 Eli Nauman	11	Western Dubuque	2:05.01	
10 Dylan Schroeder	11	Western Dubuque	2:05.95	
11 Gabe Cechura	11	Linn Mar	2:10.66	
12 Joe Chapman	11	Wahlert Catholic	2:14.19	
13 Ethan Wise	12	Linn Mar	2:16.73	
14 Eli Shubatt	12	Wahlert Catholic	2:21.92	

Boys 1600 Meter Run Varsity

Name	Year	School	Finals	Points
1 Bowen Gryp	12	Iowa City-Li	4:23.52	10
2 Ford Washburn	10	Iowa City City High	4:24.92	8
3 Jack Kinzer	12	Iowa City-Li	4:26.59	6
4 andrew bickford	12	Prairie	4:27.38	5
5 anthony lee	11	Prairie	4:28.59	4
6 Hayden Kuhn	11	Linn Mar	4:28.81	3

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....Boys 1600 Meter Run Varsity

7 Brayden Burnett	11 Cedar Falls	4:29.04	2
8 Cooper Olsen	12 Cedar Falls	4:34.96	1
9 Sullivan Hall	11 Iowa City City High	4:38.62	
10 Nathan Munshower	12 Wahlert Catholic	4:40.22	
11 Lukas Engledow	12 Cedar Rapids	4:54.23	
12 Derek Fangman	10 Western Dubuque	5:00.41	
13 Lucas McCarley	11 Cedar Rapids	5:04.49	
14 Caden Coyle	11 Western Dubuque	5:08.71	
15 Jacob Derr	12 Linn Mar	5:12.87	

Boys 3200 Meter Run Varsity

Name	Year School	Finals	Points
1 andrew bickford	12 Prairie	9:33.40	10
2 Eli Smith	12 Cedar Falls	9:35.58	8
3 Cooper Olsen	12 Cedar Falls	9:36.12	6
4 Hayden Kuhn	11 Linn Mar	9:37.68	5
5 hunter kalous	12 Prairie	9:59.59	4
6 Aidan Decker	9 Iowa City-Li	10:02.56	3
7 Noah Carey	10 Iowa City City High	10:02.80	2
8 Christian Montover	11 Iowa City-Li	10:12.93	1
9 Parker Max	11 Iowa City City High	10:17.03	
10 Cade Messer	12 Western Dubuque	10:18.67	
11 Carter Hancock	11 Wahlert Catholic	10:20.13	
12 Isaiah Hammerand	10 Western Dubuque	10:34.72	
13 Lukas Engledow	12 Cedar Rapids	10:42.16	
14 Graedyn Morrissey	9 Linn Mar	11:03.08	

Boys 110 Meter Hurdles Varsity

Name	Year School	Finals	H#	Points
1 Adam Longwell	12 Prairie	15.02	2	10
2 Logan Brosius	12 Western Dubuque	15.10	2	8
3 Eric Lucas	10 Cedar Falls	15.22	2	6
4 geramie hardaway	11 Prairie	15.38	2	5
5 Nicholas Gorsich	10 Linn Mar	15.64	2	4
6 Jack Block	12 Cedar Falls	15.66	2	3
7 Austin Rindels	10 Iowa City City High	15.96	1	2
8 John Aschenbrenner	12 Iowa City City High	15.98	2	1
9 Marcus Walker	10 Western Dubuque	16.45	1	
10 Maxwell Thompson	10 Iowa City-Li	16.75	1	
11 Daqwan Sanders	12 Iowa City-Li	18.83	2	

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Boys 400 Meter Hurdles Varsity

Name	Year	School	Finals	H#	Points
1 Joel Burris	12	Cedar Falls	54.38	2	10
2 Matt Schaeckenbach	10	Iowa City City High	56.08	2	8
3 Abass Kemokai	12	Linn Mar	56.41	2	6
4 michael guckenberger	12	Prairie	57.74	2	5
5 Nicholas Gorsich	10	Linn Mar	57.93	2	4
6 geramie hardaway	11	Prairie	58.09	2	3
7 Devin Neuhaus	12	Western Dubuque	58.44	2	2
8 Tanner Nauman	12	Western Dubuque	58.71	2	1
9 JayVon Ratleff	12	Cedar Falls	59.05	1	
10 Beau Miller	12	Iowa City-Li	59.72	1	
11 Reid Ortiz	11	Cedar Rapids	1:00.22	1	
12 Maxwell Thompson	10	Iowa City-Li	1:03.10	1	
13 Markies Stewart	10	Cedar Rapids	1:04.69	1	

Boys 4x100 Meter Relay Varsity

School	Finals	Points
1 Cedar Falls	42.91	10
1) Nate Gee 12		
2) Zander White 11		
3) Will Eastman 12		
4) Trey Campbell 11		
2 Prairie	43.57	8
1) ceondae adams 12		
2) aiden moeller 12		
3) nick pearson 12		
4) Bronx Lewis 12		
3 Western Dubuque	43.70	6
1) Carson Burger 10		
2) Mitchell Ashline 12		
3) Tommy DeSollar 12		
4) Logan Brosius 12		
4 Iowa City-Liberty High	43.97	5
1) Michael Miller 12		
2) Ben O'Connor 10		
3) Brody Fishman 12		
4) Luke Meyers 11		
5 Iowa City City High	44.31	4
1) Sam Rew 10		
2) Jovan Harris 11		
3) Ronnie Major 10		
4) Isaac Rohert 12		
6 Cedar Rapids Washington	44.33	3
1) Watts McBride 10		
2) Michael Blank 10		
3) Traijan Sain 10		
4) Miles Thompson 10		
7 Wahlert Catholic	44.50	2
1) Ryan Brosius 10		
2) Gabe Anstoetter 12		
3) Carson Cumber 11		
4) Jake Brosius 12		
8 Linn Mar	45.16	1
1) Bricen White 12		
2) Devin Miell 12		
3) Gavyn Lamb 12		
4) Carter Henderson 10		

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Boys 4x200 Meter Relay Varsity

School	Finals	Points
1 Prairie	1:30.13	10
1) aiden moeller 12	2) nate keiper 12	
3) nick pearson 12	4) Bronx Lewis 12	
2 Wahlert Catholic	1:31.32	8
1) Jake Brosius 12	2) Gabe Anstoetter 12	
3) Carson Cummer 11	4) Ryan Brosius 10	
3 Cedar Falls	1:32.42	6
1) Logan Reiter 12	2) Derek Woods 10	
3) Campbell Tressler 12	4) JayVon Ratleff 12	
4 Western Dubuque	1:33.24	5
1) Spencer Zinn 11	2) Jacob Butcher 12	
3) Tommy DeSollar 12	4) Mitchell Ashline 12	
5 Cedar Rapids Washington	1:33.33	4
1) Traijan Sain 10	2) Watts McBride 10	
3) Michael Blank 10	4) Miles Thompson 10	
6 Linn Mar	1:33.98	3
1) Bricen White 12	2) Gavyn Lamb 12	
3) Tayden Ferguson 9	4) Devin Miell 12	
7 Iowa City City High	1:34.97	2
1) Sam Rew 10	2) Akili Mattox 10	
3) Isaiah Svoboda 11	4) Ronnie Major 10	
8 Iowa City-Liberty High	1:36.65	1
1) Garrett Gregoire 10	2) Wyatt Williams 10	
3) Griffin Kraft 11	4) Evan Chandler 11	

Boys 4x400 Meter Relay Varsity

School	Finals	Points
1 Cedar Falls	3:24.44	10
1) Jack Jorgensen 12	2) Alex Mujica 12	
3) Ben Roussell 10	4) Hunter Jacobson 11	
2 Iowa City City High	3:28.12	8
1) Isaac Rohert 12	2) Jovan Harris 11	
3) Matt Schaeckenbach 10	4) Ammon Smith 10	
3 Prairie	3:29.48	6
1) Matt Guckenberger 12	2) nate keiper 12	
3) Landon Ruby 10	4) michael guckenberger 12	
4 Western Dubuque	3:32.17	5
1) Ian Fagan 10	2) Nathan Williams 10	
3) Aidan Orr 10	4) Eli Nauman 11	
5 Linn Mar	3:32.27	4
1) Luke Meike 11	2) Devin Miell 12	
3) Tayden Ferguson 9	4) Tyler Tiefel 10	
6 Iowa City-Liberty High	3:41.42	3
1) Quincy Jagnow 12	2) Gavin Keeney 11	
3) Caleb Schillinger 12	4) Bowen Gryp 12	

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7 Cedar Rapids Washington	3:45.28	2
1) Aidan Armon 11	2) Watts McBride 10	
3) Michael Blank 10	4) Traijan Sain 10	
8 Wahlert Catholic	3:57.77	1
1) Cayden Ellis 12	2) Wilson Oberfoell 11	
3) Kaiden Knockel 11	4) Zack May 11	

Boys 4x800 Meter Relay Varsity

School	Finals	Points
1 Iowa City-Liberty High	8:03.08	10
1) Gavin Keeney 11	2) Jordan Robinson 10	
3) Caleb Schillinger 12	4) Bowen Gryp 12	
2 Iowa City City High	8:04.28	8
1) Ammon Smith 10	2) Ford Washburn 10	
3) Soren Otsby 12	4) Truman Thompson 10	
3 Prairie	8:13.84	6
1) Ty Costigan 12	2) bryson canton 11	
3) jake opitz 12	4) Brady Cortez 11	
4 Cedar Falls	8:23.50	5
1) Kyle Westhoff 11	2) Gavin Steege 10	
3) Brayden Burnett 11	4) Michael Goodenbour 12	
5 Western Dubuque	8:32.89	4
1) Lucas Ingles 10	2) Nathan Williams 10	
3) Ryan Digmann 9	4) Caden Coyle 11	
6 Linn Mar	8:34.11	3
1) Ethan Cozine 10	2) Luke Steffen 10	
3) Jacob Derr 12	4) Tyler Tiefel 10	
7 Wahlert Catholic	8:56.86	2
1) Nathan Munshower 12	2) Cayden Ellis 12	
3) Wilson Oberfoell 11	4) Joe Chapman 11	

Boys 800 Sprint Medley Varsity

School	Finals	Points
1 Prairie	1:34.31	10
1) ceondae adams 12	2) Bronx Lewis 12	
3) geramie hardaway 11	4) nate keiper 12	
2 Cedar Rapids Washington	1:34.97	8
1) Watts McBride 10	2) Michael Blank 10	
3) Miles Thompson 10	4) Traijan Sain 10	
3 Cedar Falls	1:35.40	6
1) Nate Gee 12	2) Will Eastman 12	
3) Zander White 11	4) Derek Woods 10	
4 Iowa City-Liberty High	1:35.52	5
1) Michael Miller 12	2) Brody Fishman 12	
3) Luke Meyers 11	4) Jack Kinzer 12	

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....Boys 800 Sprint Medley Varsity

5 Linn Mar	1:38.11	4
1) Bricen White 12	2) Gavyn Lamb 12	
3) Devin Miell 12	4) Tayden Ferguson 9	
6 Western Dubuque	1:39.15	3
1) Spencer Zinn 11	2) Carson Burger 10	
3) Tyler Horstman 9	4) Dylan Schroeder 11	
7 Iowa City City High	1:40.43	2
1) Mengty Tan 11	2) Isaiah Svoboda 11	
3) Akili Mattox 10	4) Juma Amisi 11	
8 Wahlert Catholic	1:41.20	1
1) Charlie Irwin 11	2) Carson Cummer 11	
3) Gabe Anstoetter 12	4) Matthew Nachtman 10	

Boys 1600 Sprint Medley Varsity

School	Finals	Points
1 Iowa City-Liberty High	3:39.02	10
1) Evan Chandler 11	2) Ben O'Connor 10	
3) Michael Miller 12	4) Jack Kinzer 12	
2 Cedar Falls	3:43.79	8
1) Ryan Finck 11	2) Zander White 11	
3) Ben Roussell 10	4) Cayden Schellhorn 10	
3 Linn Mar	3:45.60	6
1) Carter Henderson 10	2) Isaac Guerrero 9	
3) Christopher O'Toole 11	4) Luke Meike 11	
4 Prairie	3:48.11	5
1) Collin Rickersen 12	2) Nick Fetters 12	
3) Octaviyon Stanley 12	4) hunter kalous 12	
5 Iowa City City High	3:50.15	4
1) Mengty Tan 11	2) Sam Rew 10	
3) Kaleb Turnbough 11	4) Nollen Abriam 11	
6 Western Dubuque	3:55.45	3
1) Aidan Orr 10	2) Ian Fagan 10	
3) Brayden Staner 11	4) Brenden Begle 11	
7 Cedar Rapids Washington	4:01.22	2
1) Riley Martin 11	2) Maxwell Nemickas 11	
3) Jake Sturtz 11	4) Lucas McCarley 11	
8 Wahlert Catholic	4:07.89	1
1) Kody Arthofer 11	2) Jacob Padilla 11	
3) Kaiden Knockel 11	4) Diego Mejia Moreno 11	

Boys 4x110 Meter Shuttle Hurdle Varsity

School	Finals	H#	Points
1 Prairie	1:00.46	2	10
1) Adam Longwell 12	2) michael guckenberger 12		
3) Eli Ebel 10	4) geramie hardaway 11		

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....Boys 4x110 Meter Shuttle Hurdle Varsity

2 Iowa City City High	1:00.64	2	8
1) John Aschenbrenner 12		2) Austin Rindels 10	
3) Jovan Harris 11		4) Matt Schaeckenbach 10	
3 Western Dubuque	1:01.35	1	6
1) Mitchell Ashline 12		2) Tanner Nauman 12	
3) Devin Neuhaus 12		4) Logan Brosius 12	
4 Linn Mar	1:01.59	2	5
1) Nicholas Gorsich 10		2) Greg Gerst 12	
3) Abass Kemokai 12		4) Shourya Singh 11	
5 Iowa City-Liberty High	1:01.85	1	4
1) Maxwell Thompson 10		2) Daqwan Sanders 12	
3) Beau Miller 12		4) Griffin Kraft 11	
6 Cedar Falls	1:02.35	2	3
1) Eric Lucas 10		2) Logan Reiter 12	
3) Sidney Atkins 11		4) Jack Block 12	
7 Cedar Rapids Washington	1:14.56	1	2
1) Reid Ortiz 11		2) Isaiah Skvor 9	
3) Aiden Williams 11		4) Landyn Mitvalsky 9	

Boys High Jump Varsity

Name	Year School	Finals	Points
1 Jacob Kieler	10 Cedar Falls	6-06.00	10
2 TJ Jackson	10 Linn Mar	6-02.00	8
3 Matt Schaeckenbach	10 Iowa City City High	J6-00.00	6
4 Tommy DeSollar	12 Western Dubuque	J6-00.00	5
5 Joel Burris	12 Cedar Falls	J5-10.00	4
6 Marcus Walker	10 Western Dubuque	J5-10.00	2.50
6 Beau Miller	12 Iowa City-Li	J5-10.00	2.50
8 John Aschenbrenner	12 Iowa City City High	J5-08.00	0.50
8 Jacob Dooley	11 Linn Mar	J5-08.00	0.50
-- Jeremiah Madlock	9 Iowa City-Li	JNH	

Boys Long Jump Varsity

Name	Year School	Finals	Points
1 Daqwan Sanders	12 Iowa City-Li	20-09.50	10
2 Isaac Guerrero	9 Linn Mar	20-04.50	8
3 Ronnie Major	10 Iowa City City High	20-03.50	6
4 jake lopez	11 Prairie	20-00.50	5
5 Miles Parlet	9 Cedar Rapids	19-11.50	4
6 Bricen White	12 Linn Mar	19-04.25	3
7 Caleb Klein	10 Western Dubuque	19-00.00	2
8 Akili Mattox	10 Iowa City City High	18-11.75	1
9 Makelle Taylor	10 Prairie	18-09.75	
10 Trey Schweitzer	9 Iowa City-Li	18-08.25	
11 Devin Johnson	11 Western Dubuque	18-02.75	



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11 Carter Ernst	11 Cedar Falls	18-02.75
13 Charlie Irwin	11 Wahlert Catholic	17-11.50
14 Logan Aswegan	9 Cedar Rapids	16-06.25
-- Jacob Padilla	11 Wahlert Catholic	ND

Boys Shot Put Varsity

Name	Year School	Finals	H#	Points
1 Raph Hamilton	12 Iowa City City High	54-10.25	2	10
2 Dakota Hoffman	11 Western Dubuque	51-01.50	2	8
3 Luke Gaffney	11 Linn Mar	50-03.25	1	6
4 Nate Jones	12 Prairie	49-11.75	2	5
5 Capri Wilson	12 Cedar Falls	49-05.50	2	4
6 Drew Hoth	12 Cedar Falls	48-10.50	2	3
7 Sawyer Nauman	12 Western Dubuque	48-01.50	2	2
8 Duke Faley	10 Wahlert Catholic	46-11.50	2	1
9 Sam Braksiek	12 Prairie	46-07.50	1	
10 Tae Shon McDaniels	11 Iowa City City High	43-03.75	1	
11 Noah Allen	11 Cedar Rapids	41-08.75	1	
12 Malachi Stille	11 Wahlert Catholic	39-06.50	1	
13 Maxwell Perez	12 Cedar Rapids	36-05.75	1	
14 Brady Cannon	9 Iowa City-Li	34-08.25	1	
15 Trey Williams	9 Iowa City-Li	33-04.00	1	

Boys Discus Throw Varsity

Name	Year School	Finals	H#	Points
1 Duke Faley	10 Wahlert Catholic	162-01	2	10
2 Raph Hamilton	12 Iowa City City High	151-10	2	8
3 Sam Braksiek	12 Prairie	151-08	1	6
4 Bryden Borcharding	11 Cedar Falls	135-04	1	5
5 Tate Joens	10 Prairie	135-03	1	4
6 Tae Shon McDaniels	11 Iowa City City High	129-07	2	3
7 Dakota Hoffman	11 Western Dubuque	129-03	2	2
8 Jake Peters	9 Cedar Falls	124-10	1	1
9 Noah Allen	11 Cedar Rapids	119-11	1	
10 Malachi Stille	11 Wahlert Catholic	118-03	1	
11 Josh Ernzen	11 Western Dubuque	114-03	2	
12 Asa Greco	10 Cedar Rapids	106-05	1	
13 Josh Munson	10 Iowa City-Li	90-01	1	
14 Ethan Dueker	10 Iowa City-Li	82-07	1	

Boys 100 Meter Dash Sophomore

Name	Year School	Finals	H#	Points
1 Ronnie Major	10 Iowa City City High	11.69	2	10

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2 Mitchell Darst	9 Cedar Falls	11.78	2	8
3 Cody Nichols	9 Iowa City-Li	11.80	2	6
4 Cy Anderson	10 Cedar Falls	11.83	2	5
5 Aiden Mesch	10 Linn Mar	11.93	2	4
6 Zion Jackson-Collins	9 Cedar Rapids	12.11	1	3
7 Andrew Abouassaly	9 Linn Mar	12.12	2	2
8 Drake Summers	9 Western Dubuque	12.15	1	1
9 Treyten Tomash	10 Prairie	12.24	1	
10 Mike Rew	10 Iowa City City High	12.30	2	
11 Brock Carpenter	9 Western Dubuque	12.45	1	
12 Trey Schweitzer	9 Iowa City-Li	12.60	1	
13 Logan Aswegan	9 Cedar Rapids	12.83	1	
14 Lucas Gravelin	9 Prairie	13.34	2	
15 Avery Paulson	10 Wahlert Catholic	13.50	1	
16 Eden Schrack	9 Wahlert Catholic	13.56	1	

Boys 200 Meter Dash Sophomore

Name	Year School	Finals	H#	Points
1 Cy Anderson	10 Cedar Falls	23.80	2	10
2 Conner Trunnell	10 Cedar Falls	24.49	2	8
3 Drew Larson	9 Iowa City City High	24.88	1	6
4 Mike Rew	10 Iowa City City High	25.30	2	5
5 Ryan Gienger	10 Linn Mar	25.40	2	4
6 Brock Carpenter	9 Western Dubuque	25.55	1	3
7 Chase Mahoney	10 Cedar Rapids	25.71	1	2
8 Marcus Colerick	10 Linn Mar	25.98	2	1
9 Vincenzo Lima	9 Iowa City-Li	26.00	1	
10 Jaden Frantz	10 Iowa City-Li	26.06	1	
11 William Grommet	9 Wahlert Catholic	26.10	1	
12 Grant Glausser	9 Western Dubuque	26.17	2	
13 Tyler Andrews	9 Prairie	26.77	2	
14 Payten Kreiger	9 Prairie	27.60	2	
15 Josiah Wickum	9 Cedar Rapids	29.08	1	

Boys 400 Meter Dash Sophomore

Name	Year School	Finals	H#	Points
1 Willie Herbst	10 Wahlert Catholic	54.03	2	10
2 Cody Nichols	9 Iowa City-Li	54.95	2	8
3 Morgan Henrickson	10 Cedar Falls	55.91	2	6
4 Ryan Gienger	10 Linn Mar	57.64	2	5
5 Jaden Frantz	10 Iowa City-Li	57.67	2	4
6 Mason Munnik	9 Cedar Falls	58.36	2	3
7 Owen Smith	9 Western Dubuque	59.35	2	2
8 Connor Donaldson	9 Linn Mar	1:00.18	2	1
9 Kaii Crittenden	10 Prairie	1:01.14	1	

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10	Jaquan Cunningham	10	Prairie	1:01.96	1
11	Jonas Ackerman	10	Iowa City City High	1:03.68	1
12	Grant Demmer	9	Western Dubuque	1:04.52	1
13	Rhys Zawojewski	10	Iowa City City High	1:04.88	1
14	Josiah Wickum	9	Cedar Rapids	1:06.47	1
15	Owen Vick	9	Cedar Rapids	1:06.78	1

Boys 800 Meter Run Sophomore

Name	Year	School	Finals	Points
1 Aidan Decker	9	Iowa City-Li	2:04.74	10
2 Gavin Steege	10	Cedar Falls	2:07.30	8
3 Noah Carey	10	Iowa City City High	2:09.91	6
4 Colby Cryer	10	Cedar Falls	2:10.76	5
5 Lucas Ingles	10	Western Dubuque	2:11.30	4
6 Ryan Digmann	9	Western Dubuque	2:15.29	3
7 Graedyn Morrissey	9	Linn Mar	2:15.97	2
8 Luke Gage	10	Iowa City-Li	2:16.14	1
9 Anson Fauchier	10	Prairie	2:16.86	
10 Lucas Rabe	9	Linn Mar	2:18.67	
11 Landon Kahler	9	Prairie	2:18.77	
12 Kyle Reisinger	9	Cedar Rapids	2:22.59	
13 Will Dickson	10	Iowa City City High	2:31.98	

Boys 1600 Meter Run Sophomore

Name	Year	School	Finals	Points
1 Zach Cooper	10	Prairie	4:52.86	10
2 Luke Hartman	9	Cedar Falls	4:53.18	8
3 Colin Johnson	10	Cedar Falls	4:55.18	6
4 Harrison Allard	10	Prairie	4:55.28	5
5 Luke Steffen	10	Linn Mar	4:56.72	4
6 Paxton Hummer	10	Linn Mar	4:57.42	3
7 Nathan Kinzer	10	Iowa City-Li	5:00.48	2
8 Maddux Johnson	9	Iowa City-Li	5:00.95	1
9 Ayman Noreldaim	10	Iowa City City High	5:04.47	
10 John Lorenz	10	Cedar Rapids	5:04.62	
11 Braeden Marker	10	Iowa City City High	5:08.71	
12 Levi Meyer	10	Western Dubuque	5:13.10	
13 Drew Meyer	10	Western Dubuque	5:15.63	

Boys 3200 Meter Run Sophomore

Name	Year	School	Finals	Points
1 Luke Hartman	9	Cedar Falls	10:17.94	10
2 Colin Johnson	10	Cedar Falls	10:28.49	8

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....Boys 3200 Meter Run Sophomore

3	Anson Fauchier	10	Prairie	10:44.90	6
4	Landon Kahler	9	Prairie	10:53.06	5
5	John Lorenz	10	Cedar Rapids	10:56.82	4
6	Boden Bisgard	10	Iowa City-Li	11:05.54	3
7	Jonas Ackerman	10	Iowa City City High	11:23.07	2
8	Iben Coohy	9	Iowa City-Li	11:24.20	1
9	Ezra Crandall	9	Linn Mar	11:28.16	
10	Brendan Bakker	9	Linn Mar	11:29.86	
11	Jack Degner	9	Iowa City City High	12:21.78	
12	Austin Hagerty	9	Western Dubuque	12:58.15	

Boys 110 Meter Hurdles Sophomore

Name	Year	School	Finals	H#	Points	
1	Eli Ebel	10	Prairie	15.39	2	10
2	Will Grant	10	Linn Mar	17.09	1	8
3	Christian Barney	10	Cedar Falls	17.75	2	6
4	Tate Hermansen	9	Cedar Falls	17.93	2	5
5	Phillip Kaplan	9	Iowa City City High	18.33	2	4
6	Ian Moore	10	Iowa City City High	18.71	2	3
7	Henry Maassen	9	Iowa City-Li	18.75	2	2
8	Colin McDermott	9	Western Dubuque	18.93	1	1
9	Landyn Mitvalsky	9	Cedar Rapids	19.89	1	
10	Isaiah Skvor	9	Cedar Rapids	20.17	2	

Boys 400 Meter Hurdles Sophomore

Name	Year	School	Finals	H#	Points	
1	Will Grant	10	Linn Mar	59.02	2	10
2	Willie Herbst	10	Wahlert Catholic	59.31	2	8
3	Matthew Nachtman	10	Wahlert Catholic	1:00.20	2	6
4	Phillip Kaplan	9	Iowa City City High	1:00.76	2	5
5	Morgan Henrickson	10	Cedar Falls	1:01.09	2	4
6	Ashton Hogrefe	9	Western Dubuque	1:02.22	2	3
7	James Eckhardt	9	Iowa City-Li	1:03.98	1	2
8	Jimmy Wood	9	Linn Mar	1:03.99	2	1
9	Dillon Aulwes	9	Western Dubuque	1:04.46	1	
10	Luke Sulentic	10	Cedar Falls	1:06.26	1	
11	Henry Maassen	9	Iowa City-Li	1:06.60	1	
12	Weston Koch	9	Prairie	1:07.83	1	
13	Ian Moore	10	Iowa City City High	1:09.32	2	
14	Landyn Mitvalsky	9	Cedar Rapids	1:11.56	1	

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Boys 4x100 Meter Relay Sophomore

School	Finals	Points
1 Iowa City-Liberty High	45.45	10
1) Garrett Gregoire 10	2) Cody Nichols 9	
3) Jalen Wieck 10	4) Wyatt Williams 10	
2 Linn Mar	45.62	8
1) Andrew Abouassaly 9	2) Aiden Mesch 10	
3) Isaac Guerrero 9	4) Will Starnes 10	
3 Cedar Falls	45.84	6
1) Cade Courbat 9	2) Mitchell Darst 9	
3) Josh Hansen 10	4) Cy Anderson 10	
4 Western Dubuque	47.52	5
1) Brock Carpenter 9	2) Drake Summers 9	
3) Kaleb Reed 10	4) Marcus Walker 10	
5 Iowa City City High	49.53	4
1) Phillip Kaplan 9	2) Trey Dervrich 9	
3) Quinton Tran 9	4) Michael Etuma 10	
6 Prairie	49.57	3
1) Payten Kreiger 9	2) Austyn Riehle 10	
3) Ethan Springer 9	4) Keegan Erickson 9	
7 Cedar Rapids Washington	49.94	2
1) Jaden Harris 10	2) Chase Mahoney 10	
3) Bryce Brim 10	4) Brisahn Fields 10	
8 Wahlert Catholic	54.87	1
1) Will Voss 9	2) Pierce Oberfoell 9	
3) Eden Schrack 9	4) William Grommet 9	

Boys 4x200 Meter Relay Sophomore

School	Finals	Points
1 Cedar Falls	1:37.41	10
1) Luke Sulentic 10	2) Ethan Sanko 9	
3) Sam Smith 10	4) Cade Courbat 9	
2 Linn Mar	1:38.09	8
1) Andrew Abouassaly 9	2) Ben Blackford 10	
3) Kinnick Lechtenberg 9	4) Kade Jesse 9	
3 Cedar Rapids Washington	1:38.87	6
1) Miles Parlet 9	2) Logan Aswegan 9	
3) Zion Jackson-Collins 9	4) Jaden Harris 10	
4 Prairie	1:39.30	5
1) Nate Patterson 10	2) Austyn Riehle 10	
3) Ethan Springer 9	4) Keegan Erickson 9	
5 Western Dubuque	1:41.44	4
1) Eric Deutmeyer 10	2) Dayvion Gaston 10	
3) Kaleb Reed 10	4) Caleb Klein 10	
6 Iowa City-Liberty High	1:41.76	3
1) Vincenzo Lima 9	2) Trey Schweitzer 9	
3) Jackson Khamphilanouvong 9	4) Trey Gregoire 10	

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....Boys 4x200 Meter Relay Sophomore

7 Iowa City City High	1:49.62	2
1) Bond Shymansky 9		
2) Trey Dervrich 9		
3) Corahn Bently 9		
4) Jack Kahle 9		

Boys 4x400 Meter Relay Sophomore

School	Finals	Points
1 Cedar Falls	3:36.74	10
1) Gavin Steege 10		
2) Derek Woods 10		
3) Eric Lucas 10		
4) Cayden Schellhorn 10		
2 Linn Mar	3:40.50	8
1) Kade Jesse 9		
2) Ben Blackford 10		
3) Will Grant 10		
4) Jackson Severson 10		
3 Iowa City-Liberty High	3:45.50	6
1) Garrett Gregoire 10		
2) Carter Meyers 9		
3) Tye Hughes 10		
4) Jeremiah Madlock 9		
4 Western Dubuque	3:45.69	5
1) Caleb Klein 10		
2) Tyler Horstman 9		
3) Colin McDermott 9		
4) Ryan Digmann 9		
5 Prairie	4:02.36	4
1) Treyten Tomash 10		
2) Lucas Gravelin 9		
3) Trevor Leitheiser 9		
4) Tyler Andrews 9		
6 Iowa City City High	4:04.10	3
1) Drew Larson 9		
2) Ayman Noreldaim 10		
3) Rhys Zawojewski 10		
4) Jonas Ackerman 10		

Boys 4x800 Meter Relay Sophomore

School	Finals	Points
1 Cedar Falls	9:10.49	10
1) Tyler Moody 9		
2) Hogan Fuessel 10		
3) Will Pease 9		
4) Colby Cryer 10		
2 Iowa City-Liberty High	9:15.07	8
1) Maddux Johnson 9		
2) Holden Carter 9		
3) Timothy Welch 10		
4) Luke Gage 10		
3 Linn Mar	9:16.09	6
1) Austin Andersen 9		
2) Paxton Hummer 10		
3) Abe Behning 9		
4) Connor Deahl 10		
4 Iowa City City High	9:25.65	5
1) Ayman Noreldaim 10		
2) Braeden Marker 10		
3) Rhys Zawojewski 10		
4) Will Dickson 10		
5 Prairie	9:34.15	4
1) Weston Koch 9		
2) Kaden Drecker 10		
3) Go Benesh 10		
4) Julien Benesh 9		
6 Western Dubuque	9:36.55	3
1) Levi Meyer 10		
2) Drew Meyer 10		
3) Derek Fangman 10		
4) Dustin Coyle 9		

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Boys 800 Sprint Medley Sophomore

School	Finals	Points
1 Linn Mar	1:42.84	10
1) Aiden Mesch 10	2) Will Starnes 10	
3) Kade Jesse 9	4) Kinnick Lechtenberg 9	
2 Prairie	1:43.38	8
1) Casey Kelley 9	2) Brayden Duerksen 10	
3) Jackson Baedke 10	4) Sean Steinbrecht 9	
3 Iowa City-Liberty High	1:44.08	6
1) Garrett Gregoire 10	2) Jackson Khamphilanouvong 9	
3) Wyatt Williams 10	4) Tye Hughes 10	
4 Cedar Falls	1:44.37	5
1) Cade Courbat 9	2) Mitchell Darst 9	
3) Sam Smith 10	4) Josh Hansen 10	
5 Western Dubuque	1:44.62	4
1) Grant Glausser 9	2) Eric Deutmeyer 10	
3) Dillon Aulwes 9	4) Dayvion Gaston 10	
6 Iowa City City High	1:51.22	3
1) Ian Moore 10	2) Mike Rew 10	
3) Quinton Tran 9	4) Drew Larson 9	
7 Wahlert Catholic	1:55.08	2
1) Will Voss 9	2) Pierce Oberfoell 9	
3) Eden Schrack 9	4) William Grommet 9	
8 Cedar Rapids Washington	1:55.68	1
1) Jaden Harris 10	2) Bryce Brim 10	
3) Brisahn Fields 10	4) Owen Vick 9	

Boys 1600 Sprint Medley Sophomore

School	Finals	Points
1 Iowa City-Liberty High	3:55.89	10
1) Jeremiah Madlock 9	2) Jalen Wieck 10	
3) Carter Meyers 9	4) Nathan Kinzer 10	
2 Linn Mar	3:58.28	8
1) Marcus Colerick 10	2) Will Starnes 10	
3) Jackson Severson 10	4) Creighton Fairley 10	
3 Cedar Falls	4:01.51	6
1) John Pezley 10	2) Josh Hansen 10	
3) Conner Trunnell 10	4) Colin O'Byron 9	
4 Western Dubuque	4:29.83	5
1) Grant Glausser 9	2) Thomas Blair 10	
3) Ben Hermsen 10	4) Jackson Doyle 10	
5 Iowa City City High	4:31.51	4
1) Bond Shymansky 9	2) Trey Dervrich 9	
3) Jack Kahle 9	4) Hal Seamans 10	
-- Prairie		DQ
1) Casey Kelley 9	2) Brayden Duerksen 10	
3) Jackson Baedke 10	4) Sean Steinbrecht 9	

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Boys 4x110 Meter Shuttle Hurdle Sophomore

School	Finals	H#	Points
1 Linn Mar	1:09.25	2	10
1) TJ Jackson 10			
3) Jimmy Wood 9			
2 Western Dubuque	1:11.53	2	8
1) Tyler Horstman 9			
3) Caden Abresch 9			
3 Cedar Falls	1:12.80	2	6
1) Tate Hermansen 9			
3) Henry Wiering 9			
4 Iowa City City High	1:14.89	1	5
1) Phillip Kaplan 9			
3) Logan Jaskolka 10			
5 Cedar Rapids Washington	1:19.85	1	4
1) Markies Stewart 10			
3) Colton Carver 9			
-- Iowa City-Liberty High	DQ	1	
1) James Eckhardt 9			
3) Fischer Dykstra 10			

Boys High Jump Sophomore

Name	Year	School	Finals	Points
1 Miles Mounce	10	Cedar Falls	5-10.00	10
2 Caden Abresch	9	Western Dubuque	5-06.00	8
3 Austin Rindels	10	Iowa City City High	J5-04.00	6
4 Cade Courbat	9	Cedar Falls	J5-04.00	5
-- Drew Larson	9	Iowa City City High	NH	
-- Jaquan Cunningham	10	Prairie	NH	

Boys Long Jump Sophomore

Name	Year	School	Finals	Points
1 Mitchell Darst	9	Cedar Falls	18-05.25	10
2 Miles Mounce	10	Cedar Falls	18-05.00	8
3 Austin Rindels	10	Iowa City City High	18-02.75	6
4 Jackson Severson	10	Linn Mar	18-01.50	5
5 Keegan Erickson	9	Prairie	17-08.50	4
6 Casey Kelley	9	Prairie	17-07.50	3
7 Drake Summers	9	Western Dubuque	17-05.00	2
8 Trey Williams	9	Iowa City-Li	17-04.50	1
9 Zion Jackson-Collins	9	Cedar Rapids	17-01.50	
10 Ben Hermsen	10	Western Dubuque	16-08.75	
11 Timothy Welch	10	Iowa City-Li	15-10.50	
12 Corahn Bently	9	Iowa City City High	15-02.25	

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Boys Shot Put Sophomore

Name	Year	School	Finals	H#	Points
1 Keaton Roskop	9	Linn Mar	48-03.50	2	10
2 Sam Watts	9	Linn Mar	44-09.50	2	8
3 Hogan Simmer	10	Cedar Falls	43-02.50	2	6
4 Jake Peters	9	Cedar Falls	42-06.50	2	5
5 Eli Harbaugh	10	Western Dubuque	40-02.00	2	4
6 Jake Murphy	10	Western Dubuque	37-04.50	2	3
7 Michael Etuma	10	Iowa City City High	37-04.25	2	2
8 Cael Schramm	9	Iowa City-Li	35-06.50	1	1
9 Nicholas Pierro	10	Wahlert Catholic	34-10.00	1	
10 Haydn Stockdale	9	Prairie	34-05.50	1	
11 Geofflin Donre	9	Cedar Rapids	32-02.00	1	
12 Brom Leopold	10	Iowa City City High	31-10.75	1	
13 Jacob Montover	9	Iowa City-Li	31-04.50	2	
14 Asa Greco	10	Cedar Rapids	31-00.00	1	
15 Avery Paulson	10	Wahlert Catholic	30-06.75	1	
16 Brock Johnson	10	Prairie	25-08.75	1	

Boys Discus Throw Sophomore

Name	Year	School	Finals	H#	Points
1 Keaton Roskop	9	Linn Mar	146-10	2	10
2 Murphy Aucutt	9	Linn Mar	124-05	2	8
3 Haydn Stockdale	9	Prairie	120-03	2	6
4 Kael Martin	10	Cedar Falls	116-05	2	5
5 Andrew Lageshulte	9	Cedar Falls	110-08	2	4
6 Michael Etuma	10	Iowa City City High	108-10	2	3
7 Jacob Montover	9	Iowa City-Li	108-05	2	2
8 Cael Schramm	9	Iowa City-Li	103-03	1	1
9 Nicholas Pierro	10	Wahlert Catholic	97-05	1	
10 Eli Harbaugh	10	Western Dubuque	94-02	2	
11 Geofflin Donre	9	Cedar Rapids	89-01	1	
12 Avery Paulson	10	Wahlert Catholic	89-00	1	
13 Brock Johnson	10	Prairie	88-05	1	
14 Joe Boge	9	Western Dubuque	82-08	1	
15 Chase Mahoney	10	Cedar Rapids	73-03	1	
16 Richie Nguyen	10	Iowa City City High	73-00	1	

Men - Varsity - Team Rankings - 19 Events Scored

1) Cedar Falls	158	2) Prairie	155
3) Iowa City City High	123.50	4) Iowa City-Liberty High	89.50
5) Linn Mar	74.50	6) Western Dubuque	66.50
7) Cedar Rapids Washington	37	8) Wahlert Catholic	35

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....Boys Discus Throw Sophomore

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Men - Sophomore - Team Rankings - 19 Events Scored
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1) Cedar Falls	206	2) Linn Mar	144
3) Iowa City-Liberty High	88	4) Iowa City City High	84
5) Prairie	73	6) Western Dubuque	68
7) Wahlert Catholic	27	8) Cedar Rapids Washington	22