

**Frigid Bee Invitational**  
**Roell Indoor Track - St. Ambrose University**  
**Davenport, Iowa - 12/4/2021**  
**Results**

**Women 60 Meter Dash**  
**Top 8 Advance by Time**

| Name                    | Year | School            | Prelims | H#      |
|-------------------------|------|-------------------|---------|---------|
| <b>Preliminaries</b>    |      |                   |         |         |
| 1 Alyssa Busker         | FR   | Trinity Christian | 7.88q   | 3       |
| 2 Nailea Espinoza       | FR   | Upper Iowa        | 8.08q   | 3 8.072 |
| 3 Makenzie Schwartz     | SO   | Columbia (Mo.)    | 8.08q   | 1 8.077 |
| 4 Lily Ashrafzadeh      | SO   | Columbia (Mo.)    | 8.12q   | 1       |
| 5 Danisha Washington    | SR   | William Penn      | 8.15q   | 2       |
| 6 Breana Roberts        | JR   | William Penn      | 8.21q   | 2       |
| 7 Jade Johnson          | SO   | Augustana (Ill.)  | 8.30q   | 1 8.291 |
| 8 Alexandra Rose        | SO   | William Penn      | 8.30q   | 2 8.292 |
| 9 Jayda Allen           | FR   | Grand View        | 8.31    | 3       |
| 10 Paige Crippes        | FR   | St. Ambrose       | 8.35    | 3       |
| 11 Galilea Espinoza     | FR   | Upper Iowa        | 8.39    | 2       |
| 12 Kysta Ramirez        | SO   | Upper Iowa        | 8.40    | 1 8.391 |
| 13 Tabitha Rogers       | FR   | William Penn      | 8.40    | 1 8.394 |
| 14 Anna Paul            | FR   | Grand View        | 8.41    | 2       |
| 15 Carolina Regalado    | FR   | Upper Iowa        | 8.49    | 2       |
| 16 Lindsey Campbell     | NA   | Unat-St. Ambrose  | X8.50   | 1       |
| 17 Ebony Kimmins        | JR   | Columbia (Mo.)    | 8.53    | 3       |
| 18 Sara Clapp           | JR   | Augustana (Ill.)  | 8.62    | 2       |
| 19 Colleen Klostermann  | FR   | St. Ambrose       | 8.64    | 3       |
| 20 Lizzie Oswalt        | SR   | Augustana (Ill.)  | 8.66    | 1 8.656 |
| 21 Anna Possehl         | SO   | St. Ambrose       | 8.66    | 1 8.660 |
| 22 Nadia Porro - Fanjul | SR   | Columbia (Mo.)    | 8.74    | 3       |
| 23 Kayla Shiverdecker   | JR   | Columbia (Mo.)    | 9.08    | 3       |

**Women 60 Meter Dash**

| Name                 | Year | School            | Finals | Points  |
|----------------------|------|-------------------|--------|---------|
| <b>Finals</b>        |      |                   |        |         |
| 1 Alyssa Busker      | FR   | Trinity Christian | 7.82   | 10      |
| 2 Nailea Espinoza    | FR   | Upper Iowa        | 7.96   | 8       |
| 3 Danisha Washington | SR   | William Penn      | 8.12   | 6 8.116 |
| 4 Lily Ashrafzadeh   | SO   | Columbia (Mo.)    | 8.12   | 5 8.119 |
| 5 Makenzie Schwartz  | SO   | Columbia (Mo.)    | 8.13   | 4       |
| 6 Breana Roberts     | JR   | William Penn      | 8.22   | 3       |
| 7 Alexandra Rose     | SO   | William Penn      | 8.31   | 2       |
| 8 Jade Johnson       | SO   | Augustana (Ill.)  | 8.32   | 1       |

**Women 200 Meter Dash**

| Name             | Year | School       | Finals | H# | Points |
|------------------|------|--------------|--------|----|--------|
| 1 Maddie Stevens | FR   | Upper Iowa   | 26.22  | 4  | 10     |
| 2 Raven Williams | SR   | William Penn | 26.90  | 14 | 8      |
| 3 Megan Jansett  | SR   | St. Ambrose  | 27.09  | 3  | 6      |

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**....Women 200 Meter Dash**

|    |                       |                      |        |    |   |        |
|----|-----------------------|----------------------|--------|----|---|--------|
| 4  | Lily Ashrafzadeh      | SO Columbia (Mo.)    | 27.29  | 14 | 5 |        |
| 5  | Katie Lambrecht       | FR St. Ambrose       | 27.50  | 3  | 4 |        |
| 6  | Galilea Espinoza      | FR Upper Iowa        | 27.62  | 5  | 3 |        |
| 7  | Paige Crippes         | FR St. Ambrose       | 27.69  | 4  | 2 |        |
| 8  | Jadie Knecht          | SO St. Ambrose       | 27.94  | 13 | 1 |        |
| 9  | Leah Rose             | SR St. Ambrose       | 27.97  | 12 |   |        |
| 10 | Alyssa Horstman       | SO Trinity Christian | 28.08  | 10 |   |        |
| 11 | Breana Roberts        | JR William Penn      | 28.12  | 10 |   |        |
| 12 | Tabitha Rogers        | FR William Penn      | 28.17  | 1  |   |        |
| 13 | Karissa Koval         | NA Unat-St. Ambrose  | X28.48 | 6  |   |        |
| 14 | LaShae Brewton        | FR Upper Iowa        | 28.53  | 1  |   |        |
| 15 | Kysta Ramirez         | SO Upper Iowa        | 28.71  | 7  |   |        |
| 16 | Carolina Regalado     | FR Upper Iowa        | 28.82  | 2  |   |        |
| 17 | Sara Clapp            | JR Augustana (Ill.)  | 28.85  | 9  |   |        |
| 18 | Makenzie Schwartz     | SO Columbia (Mo.)    | 28.92  | 13 |   |        |
| 19 | Khanalia Kielo        | JR Upper Iowa        | 28.93  | 1  |   | 28.921 |
| 20 | Madalyn Oltman        | JR St. Ambrose       | 28.93  | 11 |   | 28.924 |
| 21 | Lexie Johnson         | Unat-St. Ambrose     | X29.01 | 5  |   |        |
| 22 | Alexandra Rose        | SO William Penn      | 29.02  | 12 |   |        |
| 23 | Morgan McEnroe        | Unattached           | X29.17 | 8  |   |        |
| 24 | Jayda Allen           | FR Grand View        | 29.21  | 10 |   |        |
| 25 | Madeline Burton       | FR Columbia (Mo.)    | 29.22  | 5  |   |        |
| 26 | Avryl Bennett-Stewart | SR William Penn      | 29.30  | 8  |   |        |
| 27 | Ebony Kimmins         | JR Columbia (Mo.)    | 29.33  | 13 |   |        |
| 28 | Anna Paul             | FR Grand View        | 29.47  | 11 |   |        |
| 29 | Halie Moeller         | JR Columbia (Mo.)    | 29.53  | 11 |   |        |
| 30 | Kira Nelson           | FR Augustana (Ill.)  | 29.59  | 9  |   |        |
| 31 | Anna Possehl          | SO St. Ambrose       | 29.90  | 7  |   |        |
| 32 | Lindsey Campbell      | NA Unat-St. Ambrose  | X29.91 | 3  |   |        |
| 33 | Hadley Sanders        | FR Columbia (Mo.)    | 30.00  | 2  |   |        |
| 34 | Colleen Klostermann   | FR St. Ambrose       | 30.07  | 1  |   |        |
| 35 | Nadia Porro - Fanjul  | SR Columbia (Mo.)    | 30.68  | 7  |   |        |
| 36 | Lauryn Bennett        | FR St. Ambrose       | 30.69  | 4  |   |        |
| 37 | Alicia Felker         | FR Augustana (Ill.)  | 30.94  | 1  |   |        |
| 38 | Sarah DeVries         | SR Trinity Christian | 31.34  | 6  |   |        |
| 39 | Kayla Shiverdecker    | JR Columbia (Mo.)    | 31.57  | 6  |   |        |
| -- | Madison Morrow        | SO Augustana (Ill.)  | DNF    | 9  |   |        |

**Women 400 Meter Dash**

| Name | Year            | School              | Finals   | H# | Points |
|------|-----------------|---------------------|----------|----|--------|
| 1    | Neomi Sidique   | FR Grand View       | 1:01.39  | 5  | 10     |
| 2    | Megan Jansett   | SR St. Ambrose      | 1:01.45  | 5  | 8      |
| 3    | Raven Williams  | SR William Penn     | 1:01.93  | 5  | 6      |
| 4    | Katie Lambrecht | FR St. Ambrose      | 1:02.55  | 5  | 5      |
| 5    | Zakaria Fuller  | JR Upper Iowa       | 1:02.94  | 4  | 4      |
| 6    | Jadie Knecht    | SO St. Ambrose      | 1:04.20  | 4  | 3      |
| 7    | Karissa Koval   | NA Unat-St. Ambrose | X1:04.34 | 1  |        |

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**...Women 400 Meter Dash**

|    |                   |                      |          |   |   |
|----|-------------------|----------------------|----------|---|---|
| 8  | Morgan McEnroe    | Unattached           | X1:05.03 | 3 |   |
| 9  | Mason Nickolaus   | FR Grand View        | 1:05.27  | 3 | 2 |
| 10 | Halie Moeller     | JR Columbia (Mo.)    | 1:05.38  | 3 | 1 |
| 11 | Haley Flaws       | JR Grand View        | 1:05.46  | 4 |   |
| 12 | Kira Nelson       | FR Augustana (Ill.)  | 1:05.64  | 3 |   |
| 13 | Hadley Sanders    | FR Columbia (Mo.)    | 1:05.86  | 1 |   |
| 14 | Gabbi Butler      | SO St. Ambrose       | 1:06.28  | 2 |   |
| 15 | Michaela Kmiec    | JR William Penn      | 1:07.42  | 4 |   |
| 16 | Christella Luyeye | FR Grand View        | 1:08.19  | 2 |   |
| 17 | Natalia Kurnyta   | SO Trinity Christian | 1:09.16  | 1 |   |
| 18 | Anna Pierce       | SO St. Ambrose       | 1:11.90  | 2 |   |
| 19 | Roselaure Fuller  | FR William Penn      | 1:11.91  | 1 |   |

**Women 800 Meter Run**

| Name               | Year | School         | Finals  | Points |
|--------------------|------|----------------|---------|--------|
| 1 Michaela Kmiec   | JR   | William Penn   | 2:45.00 | 10     |
| 2 Katelyn Conner   | JR   | Columbia (Mo.) | 2:52.82 | 8      |
| 3 Delana Jordan    | JR   | William Penn   | 2:53.19 | 6      |
| 4 Zena Cohuo       | SR   | William Penn   | 2:54.91 | 5      |
| 5 Roselaure Fuller | FR   | William Penn   | 2:59.27 | 4      |

**Women 1 Mile Run**

| Name            | Year | School            | Finals  | Points |
|-----------------|------|-------------------|---------|--------|
| 1 April Van Ryn | SR   | Trinity Christian | 5:32.27 | 10     |
| 2 Delana Jordan | JR   | William Penn      | 6:20.03 | 8      |
| 3 Zena Cohuo    | SR   | William Penn      | 6:56.99 | 6      |

**Women 60 Meter Hurdles****Top 8 Advance by Time**

| Name                 | Year | School         | Prelims | H# |
|----------------------|------|----------------|---------|----|
| <b>Preliminaries</b> |      |                |         |    |
| 1 Mya Moore          | FR   | Grand View     | 9.42q   | 1  |
| 2 Leah Rose          | SR   | St. Ambrose    | 9.44q   | 2  |
| 3 Katie Goldring     | FR   | Grand View     | 9.55q   | 2  |
| 4 Katherine Hunter   | SR   | William Penn   | 9.95q   | 1  |
| 5 Makenzie Schwartz  | SO   | Columbia (Mo.) | 9.96q   | 1  |
| 6 McKenna Davidson   | JR   | Grand View     | 10.01q  | 2  |
| 7 Katelyn Conner     | JR   | Columbia (Mo.) | 10.10q  | 2  |
| 8 Lauryn Bennett     | FR   | St. Ambrose    | 10.19q  | 2  |
| 9 Cameron Mesecher   | SO   | Grand View     | 10.23   | 1  |
| 10 Faith Dillman     | SO   | St. Ambrose    | 10.52   | 2  |
| 11 Karri Pippett     | JR   | Grand View     | 10.58   | 2  |
| 12 Hana Hart         | SR   | St. Ambrose    | 11.14   | 1  |

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**....Women 60 Meter Hurdles**

13 Sarah DeVries SR Trinity Christian 12.66 1

**Women 60 Meter Hurdles**

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

**Finals**

|                     |                   |       |    |
|---------------------|-------------------|-------|----|
| 1 Leah Rose         | SR St. Ambrose    | 9.42  | 10 |
| 2 Mya Moore         | FR Grand View     | 9.47  | 8  |
| 3 Katie Goldring    | FR Grand View     | 9.50  | 6  |
| 4 McKenna Davidson  | JR Grand View     | 9.82  | 5  |
| 5 Katherine Hunter  | SR William Penn   | 10.00 | 4  |
| 6 Makenzie Schwartz | SO Columbia (Mo.) | 10.06 | 3  |
| 7 Lauryn Bennett    | FR St. Ambrose    | 10.15 | 2  |
| 8 Katelyn Conner    | JR Columbia (Mo.) | 10.52 | 1  |

**Women 4x400 Meter Relay**

| School | Finals | Points |
|--------|--------|--------|
|--------|--------|--------|

|                         |                        |    |
|-------------------------|------------------------|----|
| 1 Grand View            | 4:14.39                | 10 |
| 1) Neomi Sidique FR     | 2) Haley Flaws JR      |    |
| 3) Karri Pippett JR     | 4) Cameron Mesecher SO |    |
| 2 Upper Iowa            | 4:16.40                | 8  |
| 1) LaShae Brewton FR    | 2) Maddie Stevens FR   |    |
| 3) Nailea Espinoza FR   | 4) Zakaria Fuller JR   |    |
| 3 Grand View 'B'        | 4:18.87                | 6  |
| 1) Mya Moore FR         | 2) Katie Goldring FR   |    |
| 3) Christella Luyeye FR | 4) Mason Nickolaus FR  |    |
| 4 St. Ambrose           | 4:31.72                | 5  |
| 1) Paige Crippes FR     | 2) Faith Dillman SO    |    |
| 3) Hana Hart SR         | 4) Anna Pierce SO      |    |

**Women High Jump**

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

|   |                      |       |            |
|---|----------------------|-------|------------|
| 1 Kat Krebasch                          | SR Augustana (Ill.)  | 1.60m | 5-03.00 10 |
| 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 |                      |       |            |
| P P P P XO O XO XXX                     |                      |       |            |
| 2 Alyssa Horstman                       | SO Trinity Christian | 1.55m | 5-01.00 8  |
| 1.30 1.35 1.40 1.45 1.50 1.55 1.60      |                      |       |            |
| P P P P O O XXX                         |                      |       |            |
| 3 Kayla Shiverdecker                    | JR Columbia (Mo.)    | 1.50m | 4-11.00 6  |
| 1.30 1.35 1.40 1.45 1.50 1.55           |                      |       |            |
| P O O O XXO XXX                         |                      |       |            |
| 4 Haley Flaws                           | JR Grand View        | 1.45m | 4-09.00 5  |
| 1.30 1.35 1.40 1.45 1.50                |                      |       |            |
| P P O O XXX                             |                      |       |            |

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**....Women High Jump**

|    |                          |                      |        |         |      |
|----|--------------------------|----------------------|--------|---------|------|
| 5  | Natalia Kurnyta          | SO Trinity Christian | J1.45m | 4-09.00 | 4    |
|    | 1.30 1.35 1.40 1.45 1.50 |                      |        |         |      |
|    | P O O XXO XXX            |                      |        |         |      |
| 6  | Katelyn Conner           | JR Columbia (Mo.)    | 1.35m  | 4-05.00 | 2.50 |
|    | 1.30 1.35 1.40           |                      |        |         |      |
|    | P XO XXX                 |                      |        |         |      |
| 6  | Olivia Sobieszczyk       | FR St. Ambrose       | 1.35m  | 4-05.00 | 2.50 |
|    | 1.30 1.35 1.40           |                      |        |         |      |
|    | O XO XXX                 |                      |        |         |      |
| -- | Hana Hart                | SR St. Ambrose       |        | NH      |      |
|    | 1.30 1.35 1.40           |                      |        |         |      |
|    | P P XXX                  |                      |        |         |      |

**Women Pole Vault**

| Name                  | Year School   | Finals         | Points |
|-----------------------|---|----------------|--------|
| 1 Kat Krebasch        | SR Augustana (Ill.)   | 3.50m 11-05.75 | 10     |
|                       | 1.85 2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65 |                |        |
|                       | P P P P P P P P P P P O XXX                                 |                |        |
| 2 Brooke Ziegenhorn   | JR Augustana (Ill.)   | 3.20m 10-06.00 | 8      |
|                       | 1.85 2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35           |                |        |
|                       | P P P P P P O O XXO XXX                                     |                |        |
| 3 Genevieve Berryman  | SO Augustana (Ill.)   | 2.75m 9-00.25  | 6      |
|                       | 1.85 2.15 2.30 2.45 2.60 2.75 2.90                          |                |        |
|                       | P P P O O O XXX   |                |        |
| 4 Tara Ryan           | SO St. Ambrose  | J2.75m 9-00.25 | 5      |
|                       | 1.85 2.15 2.30 2.45 2.60 2.75 2.90                          |                |        |
|                       | P P P XO XO XO XXX  |                |        |
| 5 Madison Morrow      | SO Augustana (Ill.)   | 2.60m 8-06.25  | 4      |
|                       | 1.85 2.15 2.30 2.45 2.60 2.75                               |                |        |
|                       | P O O XO O XXX  |                |        |
| 6 Genevieve Chenoweth | FR Upper Iowa   | J2.60m 8-06.25 | 3      |
|                       | 1.85 2.15 2.30 2.45 2.60 2.75                               |                |        |
|                       | O O O XO XO XXX   |                |        |
| 7 Alicia Felker       | FR Augustana (Ill.)   | 2.15m 7-00.50  | 2      |
|                       | 1.85 2.15 2.30  |                |        |
|                       | P XO XXX  |                |        |

**Women Long Jump**

| Name               | Year School                         | Finals          | H# | Points |
|--------------------|-------------------------------------|-----------------|----|--------|
| 1 Neomi Sidique    | FR Grand View                       | 5.41m 17-09.00  | 1  | 10     |
|                    | 5.37m 5.41m 5.20m PASS PASS PASS    |                 |    |        |
| 2 Lily Ashrafzadeh | SO Columbia (Mo.)                   | J5.41m 17-09.00 | 2  | 8      |
|                    | FOUL FOUL 5.19m FOUL 5.19m 5.41m    |                 |    |        |
| 3 Madeline Burton  | FR Columbia (Mo.)                   | 5.36m 17-07.00  | 1  | 6      |
|                    | 4.71m 5.17m 5.10m 5.29m 5.36m 5.23m |                 |    |        |



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**....Women Long Jump**

|    |                                     |      |                  |        |          |   |   |
|----|-------------------------------------|------|------------------|--------|----------|---|---|
| 4  | Madalyn Oltman                      | JR   | St. Ambrose      | 5.06m  | 16-07.25 | 2 | 5 |
|    | 4.94m 5.06m 4.85m                   | FOUL | FOUL             | FOUL   |          |   |   |
| 5  | Lexie Johnson                       |      | Unat-St. Ambrose | X5.02m | 16-05.75 | 2 |   |
|    | FOUL 4.92m 4.90m 4.96m              | FOUL | 5.02m            |        |          |   |   |
| 6  | Nadia Porro - Fanjul                | SR   | Columbia (Mo.)   | 4.90m  | 16-01.00 | 2 | 4 |
|    | 4.43m 4.47m 4.90m 4.41m 4.48m 4.62m |      |                  |        |          |   |   |
| 7  | Lovisa Ulegaard                     | FR   | Augustana (Ill.) | 4.87m  | 15-11.75 | 1 | 3 |
|    | 4.66m 4.87m 4.64m                   | PASS | PASS             | PASS   |          |   |   |
| 8  | Gracie Schultz                      | FR   | Columbia (Mo.)   | 4.83m  | 15-10.25 | 1 | 2 |
|    | 4.83m 4.74m 4.78m                   |      |                  |        |          |   |   |
| 9  | Adelynn Ahartz                      | SO   | Grand View       | 4.74m  | 15-06.75 | 2 | 1 |
|    | 4.74m 4.58m                         | FOUL | 4.62m            | FOUL   | 4.58m    |   |   |
| 10 | Katelyn Conner                      | JR   | Columbia (Mo.)   | 4.68m  | 15-04.25 | 2 |   |
|    | 4.58m 4.56m 4.68m                   |      |                  |        |          |   |   |
| 11 | Hannah Johnson                      | SO   | Augustana (Ill.) | 4.61m  | 15-01.50 | 2 |   |
|    | 4.61m 4.60m 4.42m                   |      |                  |        |          |   |   |
| 12 | Lilianna Olsen                      | JR   | St. Ambrose      | 4.59m  | 15-00.75 | 2 |   |
|    | 4.50m 4.50m 4.59m                   |      |                  |        |          |   |   |
| 13 | Allisyn Blaser                      | SR   | St. Ambrose      | 4.13m  | 13-06.75 | 1 |   |
|    | FOUL 4.13m                          | FOUL |                  |        |          |   |   |
| 14 | Lizzie Oswalt                       | SR   | Augustana (Ill.) | 3.99m  | 13-01.25 | 2 |   |
|    | FOUL FOUL 3.99m                     |      |                  |        |          |   |   |
| 15 | Gabbi Butler                        | SO   | St. Ambrose      | 3.54m  | 11-07.50 | 1 |   |
|    | FOUL FOUL 3.54m                     |      |                  |        |          |   |   |

**Women Triple Jump**

| Name                | Year                | School               | Finals | Points      |
|---------------------|---------------------|----------------------|--------|-------------|
| 1 Madeline Burton   | FR                  | Columbia (Mo.)       | 10.37m | 34-00.25 10 |
|                     | 10.00m 9.93m 9.75m  | 10.37m 10.09m 10.28m |        |             |
| 2 Lilianna Olsen    | JR                  | St. Ambrose          | 10.19m | 33-05.25 8  |
|                     | 10.13m 9.96m 10.03m | 10.19m FOUL FOUL     |        |             |
| 3 Brooke Ziegenhorn | JR                  | Augustana (Ill.)     | 9.88m  | 32-05.00 6  |
|                     | 9.50m 9.78m 9.88m   | FOUL FOUL FOUL       |        |             |
| 4 Hannah Johnson    | SO                  | Augustana (Ill.)     | 9.29m  | 30-05.75 5  |
|                     | 9.22m 9.29m 8.79m   | 9.19m 9.24m FOUL     |        |             |

**Women Shot Put**

| Name                | Year                 | School                    | Finals | H#       | Points |
|---------------------|----------------------|---------------------------|--------|----------|--------|
| 1 Sydney Flatness   | JR                   | Grand View                | 13.16m | 43-02.25 | 2 10   |
|                     | 13.16m 12.04m 11.86m | 12.60m 12.64m 12.29m      |        |          |        |
| 2 Cassidy Nerland   | JR                   | Grand View                | 12.31m | 40-04.75 | 2 8    |
|                     | 11.80m 12.31m        | FOUL 12.06m 11.76m 11.97m |        |          |        |
| 3 Heather Michalski | FR                   | Augustana (Ill.)          | 12.26m | 40-02.75 | 1 6    |
|                     | 11.12m 12.26m        | FOUL FOUL 10.25m 9.44m    |        |          |        |

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**Results**

**....Women Shot Put**

|    |   |                      |        |          |   |   |
|----|---|----------------------|--------|----------|---|---|
| 4  | Annah Miller                              | SO St. Ambrose       | 11.99m | 39-04.00 | 2 | 5 |
|    | 11.12m 11.56m 11.99m 11.47m 11.80m 11.24m |                      |        |          |   |   |
| 5  | Ava Conrad                                | FR Grand View        | 11.71m | 38-05.00 | 2 | 4 |
|    | 11.16m 11.71m 11.10m 9.66m FOUL FOUL      |                      |        |          |   |   |
| 6  | Grace Overgaard                           | FR Grand View        | 11.46m | 37-07.25 | 2 | 3 |
|    | 11.33m 11.11m 11.24m 11.10m 11.05m 11.46m |                      |        |          |   |   |
| 7  | Lily Alsum                                | SO Trinity Christian | 11.24m | 36-10.50 | 2 | 2 |
|    | 10.70m 11.24m 10.91m FOUL 10.83m 11.08m   |                      |        |          |   |   |
| 8  | April Czarnecki                           | SO Grand View        | 11.22m | 36-09.75 | 2 | 1 |
|    | 11.15m 10.88m 11.22m 10.45m 10.78m FOUL   |                      |        |          |   |   |
| 9  | Madison Green                             | FR Grand View        | 11.13m | 36-06.25 | 2 |   |
|    | 11.00m 11.13m FOUL FOUL FOUL 10.96m       |                      |        |          |   |   |
| 10 | Nicole Emmons                             | JR Columbia (Mo.)    | 11.06m | 36-03.50 | 2 |   |
|    | 11.06m 11.05m 10.59m                      |                      |        |          |   |   |
| 11 | Brittiney Harris                          | JR Upper Iowa        | 10.84m | 35-06.75 | 2 |   |
|    | 10.84m FOUL 10.69m                        |                      |        |          |   |   |
| 12 | Kiana Maghanoy                            | SO Upper Iowa        | 10.50m | 34-05.50 | 2 |   |
|    | 10.29m 10.50m FOUL                        |                      |        |          |   |   |
| 13 | Kaylee Hodnefield                         | FR Grand View        | 10.21m | 33-06.00 | 2 |   |
|    | 9.47m 10.21m 10.11m                       |                      |        |          |   |   |
| 14 | Ellie Loesch                              | SR Upper Iowa        | 10.18m | 33-04.75 | 1 |   |
|    | 6.49m 6.11m 10.18m                        |                      |        |          |   |   |
| 15 | Anna Dunne                                | JR St. Ambrose       | 10.17m | 33-04.50 | 1 |   |
|    | 10.17m 9.76m 9.55m                        |                      |        |          |   |   |
| 16 | Hannah Koenigsfeld                        | FR Columbia (Mo.)    | 9.95m  | 32-07.75 | 1 |   |
|    | 9.95m FOUL 9.67m                          |                      |        |          |   |   |
| 17 | Bridgett Wunderlich                       | FR Augustana (Ill.)  | 9.92m  | 32-06.50 | 1 |   |
|    | 9.92m 9.91m 9.20m                         |                      |        |          |   |   |
| 18 | Jeanette Woehrle                          | FR Columbia (Mo.)    | 9.89m  | 32-05.50 | 2 |   |
|    | 9.16m 9.79m 9.89m                         |                      |        |          |   |   |
| 19 | Haley Wills                               | SO Augustana (Ill.)  | 9.51m  | 31-02.50 | 1 |   |
|    | 9.21m 9.51m FOUL                          |                      |        |          |   |   |
| 20 | Afi Gati                                  | FR Augustana (Ill.)  | 9.43m  | 30-11.25 | 1 |   |
|    | FOUL FOUL 9.43m                           |                      |        |          |   |   |
| 21 | Alexa Velazquez                           | FR Trinity Christian | 9.25m  | 30-04.25 | 1 |   |
|    | 8.02m 8.79m 9.25m                         |                      |        |          |   |   |
| 22 | Evelyn Roland                             | FR Columbia (Mo.)    | 9.15m  | 30-00.25 | 1 |   |
|    | 8.47m 8.82m 9.15m                         |                      |        |          |   |   |
| 23 | Margaret Nielsen                          | JR Upper Iowa        | 8.56m  | 28-01.00 | 1 |   |
|    | 8.29m 8.49m 8.56m                         |                      |        |          |   |   |
| 24 | Danielle Gundling                         | SO William Penn      | 8.44m  | 27-08.25 | 1 |   |
|    | 8.32m 8.22m 8.44m                         |                      |        |          |   |   |
| 25 | Jade Martin                               | JR Upper Iowa        | 7.58m  | 24-10.50 | 1 |   |
|    | 7.27m 7.58m 7.15m                         |                      |        |          |   |   |
| 26 | Katelyn Conner                            | JR Columbia (Mo.)    | 6.53m  | 21-05.25 | 1 |   |
|    | FOUL 6.53m FOUL                           |                      |        |          |   |   |

**Frigid Bee Invitational**  
**Roell Indoor Track - St. Ambrose University**  
**Davenport, Iowa - 12/4/2021**  
**Results**

**Women Weight Throw**

| Name                                      | Year | School            | Finals | H#       | Points |
|---|------|-------------------|--------|----------|--------|
| 1 Cassidy Nerland                         | JR   | Grand View        | 15.55m | 51-00.25 | 2 10   |
| 14.83m FOUL 13.74m 14.82m 15.25m 15.55m   |      |                   |        |          |        |
| 2 Madison Green                           | FR   | Grand View        | 15.11m | 49-07.00 | 2 8    |
| 14.32m 14.72m 15.11m 14.87m FOUL 14.40m   |      |                   |        |          |        |
| 3 April Czarnecki                         | SO   | Grand View        | 14.45m | 47-05.00 | 2 6    |
| FOUL 14.29m 14.45m 13.26m FOUL FOUL       |      |                   |        |          |        |
| 4 Sydney Flatness                         | JR   | Grand View        | 13.57m | 44-06.25 | 2 5    |
| 13.21m 13.11m 12.50m 13.07m 13.11m 13.57m |      |                   |        |          |        |
| 5 Grace Overgaard                         | FR   | Grand View        | 13.37m | 43-10.50 | 1 4    |
| 9.74m 9.31m 11.46m FOUL 12.24m 13.37m     |      |                   |        |          |        |
| 6 Jeanette Woehrle                        | FR   | Columbia (Mo.)    | 13.30m | 43-07.75 | 2 3    |
| 12.85m 13.30m 12.53m 10.88m 12.87m 13.16m |      |                   |        |          |        |
| 7 Nicole Emmons                           | JR   | Columbia (Mo.)    | 12.98m | 42-07.00 | 2 2    |
| FOUL FOUL 12.98m FOUL 12.77m FOUL         |      |                   |        |          |        |
| 8 Heather Michalski                       | FR   | Augustana (Ill.)  | 12.77m | 41-10.75 | 1 1    |
| 12.34m 12.77m 10.91m 12.03m 12.30m 11.86m |      |                   |        |          |        |
| 9 Haley Wills                             | SO   | Augustana (Ill.)  | 11.31m | 37-01.25 | 2      |
| 11.31m 10.26m 10.96m FOUL FOUL 10.53m     |      |                   |        |          |        |
| 10 Lily Alsum                             | SO   | Trinity Christian | 11.22m | 36-09.75 | 2      |
| 10.33m FOUL 11.22m                        |      |                   |        |          |        |
| 11 Ava Conrad                             | FR   | Grand View        | 11.21m | 36-09.50 | 1      |
| FOUL 11.21m 10.26m                        |      |                   |        |          |        |
| 12 Afi Gati                               | FR   | Augustana (Ill.)  | 11.07m | 36-04.00 | 1      |
| 10.21m 11.07m 10.90m                      |      |                   |        |          |        |
| 13 Kiana Maghanoy                         | SO   | Upper Iowa        | 10.92m | 35-10.00 | 2      |
| 10.53m 10.92m 10.50m                      |      |                   |        |          |        |
| 14 Anna Dunne                             | JR   | St. Ambrose       | 10.43m | 34-02.75 | 2      |
| 9.37m 10.43m 9.62m                        |      |                   |        |          |        |
| 15 Kaylee Hodnefield                      | FR   | Grand View        | 9.97m  | 32-08.50 | 1      |
| FOUL 8.95m 9.97m                          |      |                   |        |          |        |
| 16 Hannah Koenigsfeld                     | FR   | Columbia (Mo.)    | 9.83m  | 32-03.00 | 2      |
| 9.83m 7.45m 9.29m                         |      |                   |        |          |        |
| 17 Alexa Velazquez                        | FR   | Trinity Christian | 8.48m  | 27-10.00 | 1      |
| FOUL FOUL 8.48m                           |      |                   |        |          |        |
| 18 Danielle Gundling                      | SO   | William Penn      | 8.37m  | 27-05.50 | 1      |
| 8.37m 8.37m 7.82m                         |      |                   |        |          |        |
| 19 Ashlyn Utterback                       | NA   | St. Ambrose       | 8.26m  | 27-01.25 | 1      |
| 8.26m 6.62m FOUL                          |      |                   |        |          |        |
| 20 Bridgett Wunderlich                    | FR   | Augustana (Ill.)  | 8.14m  | 26-08.50 | 1      |
| 8.14m FOUL FOUL                           |      |                   |        |          |        |
| 21 Julianna Jones                         | FR   | St. Ambrose       | 8.03m  | 26-04.25 | 1      |
| FOUL 6.74m 8.03m                          |      |                   |        |          |        |
| 22 Madi Blumhoff                          | JR   | St. Ambrose       | 7.64m  | 25-00.75 | 1      |
| 7.64m FOUL FOUL                           |      |                   |        |          |        |
| 23 Evelyn Roland                          | FR   | Columbia (Mo.)    | 6.94m  | 22-09.25 | 1      |
| 6.94m FOUL FOUL                           |      |                   |        |          |        |



**Frigid Bee Invitational**  
**Roell Indoor Track - St. Ambrose University**  
**Davenport, Iowa - 12/4/2021**  
**Results**

**Women 3000 Meter Race Walk**

| Name             | Year School   | Finals   | Points |
|------------------|---------------|----------|--------|
| 1 Paige Thompson | SO Grand View | 18:48.21 | 10     |

Women - Team Rankings - 14 Events Scored

|                      |       |                 |       |
|----------------------|-------|-----------------|-------|
| 1) Grand View        | 132   | 2) St. Ambrose  | 71.50 |
| 3) Columbia (Mo.)    | 70.50 | 4) William Penn | 68    |
| 5) Augustana (Ill.)  | 62    | 6) Upper Iowa   | 36    |
| 7) Trinity Christian | 34    |                 |       |

Men - Team Rankings - 15 Events Scored

|                      |        |                     |        |
|----------------------|--------|---------------------|--------|
| 1) William Penn      | 176    | 2) St. Ambrose      | 130.50 |
| 3) Grand View        | 112.50 | 4) Augustana (Ill.) | 63     |
| 5) Upper Iowa        | 26     | 6) Columbia (Mo.)   | 23     |
| 7) Trinity Christian | 16     |                     |        |