

**Liz Wuertz Indoor Invitational**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 2/22/2020**  
**Results**

**Women 60 Meter Dash**  
**Top 8 Advance by Time**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Alanna Muhammad	SO	Wartburg	7.89q	1
2 Abbie Ranschau	SR	Northern Iowa	7.96q	3 7.9502
3 Brooke Lorenz	SR	Northern Iowa	J7.96q	1 7.9506
4 Jackie Ganshirt	JR	Wartburg	8.09q	2
5 Morgan Funke	SO	Wartburg	8.10q	3
6 Allyson Woods	JR	Central College	8.16q	3
7 Paige Olowu	SO	Grinnell	8.20q	1
8 Maria Gonzalez	SR	Northern Iowa	8.24q	2
9 Olivia Hubler	SO	Northern Iowa	8.27	2
10 Callie Anderson	FR	Wartburg	8.33	1
11 Francesca Dalla Betta	SO	Grinnell	8.34	3
12 Kate Luers	SO	Wartburg	8.41	3
13 Mia Kauffman	FR	Grinnell	8.54	2
14 Madeline McCabe	SO	Grinnell	8.57	1
15 Erica Loussaert	JR	Northern Iowa	8.63	1
16 Kylie Volesky	FR	Upper Iowa	8.72	3
17 Jenna Li	FR	Knox	8.74	2
18 Allison Hilleman	SO	Northern Iowa	9.95	2
-- Aleenah Marcucci		Unattached	X7.80	2
-- Evelyn Dunning		Iowa TC	X9.17	3

**Women 60 Meter Dash**

Name	Year	School	Finals	Points
<b>Finals</b>				
1 Alanna Muhammad	SO	Wartburg	7.86	10
2 Abbie Ranschau	SR	Northern Iowa	7.97	8
3 Morgan Funke	SO	Wartburg	8.06	6
4 Brooke Lorenz	SR	Northern Iowa	8.13	5
5 Allyson Woods	JR	Central College	8.15	4
6 Paige Olowu	SO	Grinnell	8.16	3
7 Jackie Ganshirt	JR	Wartburg	8.17	2
8 Maria Gonzalez	SR	Northern Iowa	8.37	1

**Women 200 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Alanna Muhammad	SO	Wartburg	26.05	1	10
2 Carlyn Cole	SR	Coe	26.27	1	8
3 Olivia Hubler	SO	Northern Iowa	26.35	2	6
4 Jackie Ganshirt	JR	Wartburg	26.41	1	5
5 Jaderial Staebler	JR	Wartburg	26.92	3	4
6 Callie Anderson	FR	Wartburg	26.94	4	3

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7	Morgan Funke	SO Wartburg	27.22	2	2
8	Brenna Jacobs	SO Wartburg	27.23	3	1
9	Lydia Mitchell	SO Knox	27.31	4	
10	Allyson Woods	JR Central College	27.57	4	
11	Kate Luers	SO Wartburg	27.62	3	
12	Holly Forrester	JR Central College	27.86	5	
13	Rebekah Beard	SO Central College	28.17	5	
14	Sailor Hinegardner	SO Wartburg	28.52	4	
15	Sydney Cohen	FR Grinnell	28.64	6	
16	Allison Yuska	JR Wartburg	28.92	5	
17	Darian Wegner	JR Wartburg	29.25	3	
18	Madeline McCabe	SO Grinnell	29.28	5	
19	Jocelyn Haack	FR Wartburg	29.35	6	
20	Jenna Li	FR Knox	29.45	7	
21	Kylie Volesky	FR Upper Iowa	29.76	6	
22	Breyanna Hill	SR Upper Iowa	29.95	7	
23	Jiayi Chen	FR Grinnell	35.32	7	
--	MiAsia Bergmann	Unattached	X27.00	2	

**Women 400 Meter Dash**

Name	Year	School	Finals	H#	Points
1	Tyler Gray	FR Northern Iowa	59.20	1	10
2	Carson McSorley	SO Wartburg	59.57	1	8
3	Brittany Davis	SR Northern Iowa	1:02.22	1	6
4	Makenzie Soeken	SR Upper Iowa	1:02.27	2	5
5	Taylan Olson	SO Wartburg	1:03.36	2	4
6	Mia Kauffman	FR Grinnell	1:04.35	2	3
7	Breyanna Hill	SR Upper Iowa	1:07.46	3	2
8	Athena Frasca	FR Grinnell	1:07.58	3	1
9	Paige Olowu	SO Grinnell	1:07.79	3	
10	Halle Slifka	FR Central College	1:18.06	3	

**Women 800 Meter Run**

Name	Year	School	Finals	H#	Points
1	Erica Rittgers	SR Wartburg	2:13.90	1	10
2	Dianna Slight	SO Northern Iowa	2:15.15	1	8
3	Paige Holub	SO Northern Iowa	2:18.32	1	6
4	Noel James	FR Northern Iowa	2:18.91	1	5
5	Belle Tyynismaa	SR Wartburg	2:20.93	2	4
6	Mari Stein	FR Central College	2:21.38	1	3
7	Moriah Morter	SO Wartburg	2:22.57	1	2
8	Natalie Fober	SR Wartburg	2:23.21	2	1
9	Rachel Bottum	FR Grinnell	2:25.28	2	
10	Rebecca Villa	JR Grinnell	2:25.85	2	
11	Annie Mast	FR Wartburg	2:25.97	2	

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**....Women 800 Meter Run**

12	Lauren Coon	FR Central College	2:27.32	3
13	Dana Koester	SR Coe	2:28.47	2
14	Ashley Bloomquist	FR Wartburg	2:29.03	3
15	Christonna Shafranski	SO Upper Iowa	2:29.51	2
16	Lauren Miller	FR Central College	2:30.78	3
17	Clare Dunne	SO Wartburg	2:31.66	3
18	Tori LaVerdiere	SR Grinnell	2:31.92	3
19	Madison Brownrigg	JR Upper Iowa	2:34.82	3
20	Ashley Donovan	FR Upper Iowa	2:36.57	4
21	Nicole May	SO Central College	2:37.41	3
22	Stevette Perez	FR Central College	2:44.23	4
23	Rachel Corzine	SO Knox	2:47.04	4
24	Sarah Beisner	SO Grinnell	2:51.09	4
25	Abbie Smith	FR Grinnell	3:09.66	4
--	Sadie Juergens	Unattached	X2:26.08	2
--	Dana Lapinski	0 Iowa TC	X2:36.71	3

**Women 1 Mile Run**

Name	Year School	Finals	H#	Points
1	Cassidy Christopher	JR Wartburg	5:20.06	1 10
2	Katalina Stai	SR Coe	5:23.21	1 8
3	Haylee Luna	JR Northern Iowa	5:23.74	1 6
4	Emma Schaefer	SO Grinnell	5:27.51	1 5
5	Madison Brownrigg	JR Upper Iowa	5:34.44	1 4
6	Hailey Hill	FR Central College	5:43.93	1 3
7	Danica Dosmann	SO Knox	5:49.45	1 2
8	Lily Keane	SO Grinnell	5:53.22	2 1
9	Ashley Donovan	FR Upper Iowa	6:05.06	2
10	Addison Davis	SO Grinnell	6:05.52	2
11	Kaylie Barker	FR Wartburg	6:07.00	2
12	Julia Sloniewsky	JR Grinnell	6:13.13	2
13	Victoria Breitbach	FR Wartburg	6:15.99	2
--	Lexi Brown	NA Unat-Southea	X5:48.09	1
--	Kayla VanLangen	0 Iowa TC	X6:38.63	2

**Women 3000 Meter Run**

Name	Year School	Finals	Points
1	Aubrie Fisher	FR Wartburg	10:05.54 10
2	Madeleine Breunig	SR Grinnell	11:07.63 8
3	Lauren Moll	JR Central College	11:14.07 6
4	Allissa Neubauer	SO Wartburg	11:29.32 5
5	Serianna Dehmlow	SO Upper Iowa	11:38.49 4
6	Nichole Segay	FR Wartburg	11:48.49 3
7	Sarah Salas	SR Central College	12:02.98 2
8	AJ Kendrick	FR Wartburg	13:17.02 1

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**....Women 3000 Meter Run**

-- Alex Wilson	Unattached	XDNF
-- Olivia Moore	0 Iowa TC	X11:24.54
-- Lexi Brown	NA Unat-Southea	X11:45.80

**Women 5000 Meter Run**

Name	Year School	Finals	Points
1 Carlene Hamilton	FR Wartburg	18:58.18	10
2 Anna Hertz	SO Wartburg	19:03.75	8
3 Kylie Kelchen	SR Wartburg	20:06.20	6
4 Addy Carlson	FR Wartburg	20:11.41	5
5 Clare Davison	JR Wartburg	20:38.89	4

**Women 60 Meter Hurdles**  
**Top 8 Advance by Time**

Name	Year School	Prelims	H#
<b>Preliminaries</b>			
1 Marissa Nolan	SR Wartburg	9.17q	1
2 Maggi Bjustrom	SR Wartburg	9.18q	1
3 Anna Achter	SR Wartburg	9.43q	1
4 Sailor Hinegardner	SO Wartburg	9.48q	2
5 Haley Beckert	JR Wartburg	9.60q	2
6 Kortney Lightfoot	SR Upper Iowa	9.87q	1
7 Jocelyn Haack	FR Wartburg	9.96q	1
8 Allison Yuska	JR Wartburg	10.16q	2
9 Bri Dellamuth	SR Wartburg	10.29	1
10 Ryin Lehmann	FR Wartburg	10.33	2
11 Abby DeBaillie	SR Wartburg	10.77	2
12 Kaitlyn Kashiahian	FR Knox	11.99	2
-- MiAsia Bergmann	Unattached	X9.49	1

**Women 60 Meter Hurdles**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Anna Achter	SR Wartburg	9.26	10
2 Sailor Hinegardner	SO Wartburg	9.27	8
3 Maggi Bjustrom	SR Wartburg	9.28	6
4 Marissa Nolan	SR Wartburg	9.38	5
5 Haley Beckert	JR Wartburg	9.59	4
6 Jocelyn Haack	FR Wartburg	9.75	3
7 Kortney Lightfoot	SR Upper Iowa	10.07	2
8 Allison Yuska	JR Wartburg	10.21	1

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**Women 4x400 Meter Relay**

School	Finals	H#	Points
1 Wartburg	3:58.72	1	10
1) Abby DeBaillie SR			
3) Jackie Ganshirt JR			
2) Bri Dellamuth SR			
4) Brenna Jacobs SO			
2 Wartburg 'B'	4:04.04	1	8
1) Ryin Lehmann FR			
3) Carson McSorley SO			
2) Annie Mast FR			
4) Marissa Nolan SR			
3 Upper Iowa	4:06.54	1	6
1) Cassiddy Wilson JR			
3) Jade Martin FR			
2) Ellie Loesch FR			
4) Jenna Ross JR			
4 Wartburg 'C'	4:20.05	2	5
1) Erica Rittgers SR			
3) Belle Tyynismaa SR			
2) Jaderial Staebler JR			
4) Moriah Morter SO			
5 Grinnell	4:21.78	1	4
1) Rebecca Villa JR			
3) Sydney Cohen FR			
2) Rachel Bottum FR			
4) Francesca Dalla Betta SO			
6 Knox	4:45.31	2	3
1) Lydia Mitchell SO			
3) Danica Dosmann SO			
2) Kaitlyn Kashiashian FR			
4) Rachel Corzine SO			
-- Iowa Track and Field Club	X4:51.95	2	
1) Dana Lapinski 0			
3) Olivia Moore 0			
2) Kayla VanLangen 0			
4) Kaylee Zweigart 0			

**Women Distance Medley**

School	Finals	Points
1 Northern Iowa	12:34.03	10
1) Josie Kriener JR		
3) Jenna Lederman SR		
2) Brittany Davis SR		
4) Maddie Block SO		
2 Northern Iowa 'B'	12:44.48	8
1) Brett Schneider SO		
3) Abby Riley FR		
2) Erin Kerkhoff FR		
4) Tess Roorda SO		

**Women High Jump**

Name	Year School	Finals	Points
1 Morgan Johnk	FR Northern Iowa	1.58m	5-02.25 10
1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.61			
P P P P O XO XXO XXX			
2 Ellie Roquet	JR Wartburg	1.53m	5-00.25 8
1.28 1.33 1.38 1.43 1.48 1.53 1.58			
P P P P P O XXX			
3 Auriona Kimbrough	FR Northern Iowa	J1.53m	5-00.25 6
1.28 1.33 1.38 1.43 1.48 1.53 1.58			
P P P P XO O XXX			

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**....Women High Jump**

4	Marissa Nolan	SR Wartburg	J1.53m	5-00.25	5
	1.28 1.33 1.38 1.43 1.48 1.53 1.58				
	P O O O XXO O XXX				
5	Sydney Durbin	FR Northern Iowa	J1.53m	5-00.25	4
	1.28 1.33 1.38 1.43 1.48 1.53 1.58				
	P P P P O XO XXX				
6	Lexi Groe	SO Wartburg	1.48m	4-10.25	3
	1.28 1.33 1.38 1.43 1.48 1.53				
	P P P P O XXX				
7	Haley Beckert	JR Wartburg	J1.48m	4-10.25	2
	1.28 1.33 1.38 1.43 1.48 1.53				
	P P P XO XXO XXX				
8	Jade Martin	FR Upper Iowa	1.43m	4-08.25	1
	1.28 1.33 1.38 1.43 1.48				
	P O O XO XXX				
9	Thao Loung	FR Knox	1.38m	4-06.25	
	1.28 1.33 1.38 1.43				
	O O O XXX				
10	Tallulah Pellisslier Llo	SO Grinnell	1.33m	4-04.25	
	1.28 1.33 1.38				
	P O XXX				

**Women Pole Vault**

=====										
Name	Year		School	Finals				Points		
=====										
1	Sarina Kopf	SO	Grinnell	3.54m	11-07.25	10				
	2.17 2.32 2.47 2.62 2.77 2.92 3.07 3.22 3.54 3.67									
	P P P P P P O O O XXX									
2	Anna Achter	SR	Wartburg	3.07m	10-00.75	8				
	2.17 2.32 2.47 2.62 2.77 2.92 3.07 3.22									
	P P P P XO O O XXX									
3	Tori LaVerdiere	SR	Grinnell	2.62m	8-07.00	6				
	2.17 2.32 2.47 2.62 2.77									
	XO XXO XO O XXX									
4	Mary Calhoun	FR	Grinnell	2.32m	7-07.25	5				
	2.17 2.32 2.47									
	XXO XO XXX									
--	Isabelle Albers	FR	Wartburg	NH						
	2.17 2.32 2.47 2.62 2.77									
	P P P P XXX									
--	Skylar Andrews	SO	Grinnell	NH						
	2.17									
	XXX									

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**Women Long Jump**

Name	Year	School	Finals	H#	Points
1 Jaderial Staebler	JR	Wartburg	5.35m	17-06.75	2 10
FOUL 5.17m 5.35m 5.24m 5.06m 5.31m					
2 Rebekah Beard	SO	Central College	5.30m	17-04.75	2 8
4.89m FOUL 5.30m FOUL FOUL 4.88m					
3 Brooke Lorenz	SR	Northern Iowa	5.28m	17-04.00	2 6
5.04m 5.23m 5.28m 4.98m 5.16m FOUL					
4 Anna Achter	SR	Wartburg	5.13m	16-10.00	2 5
5.11m 4.99m 5.13m 4.85m 5.09m 5.09m					
5 Holly Forrester	JR	Central College	5.08m	16-08.00	2 4
4.84m 4.97m 4.87m 4.92m 4.72m 5.08m					
6 Maria Gonzalez	SR	Northern Iowa	5.07m	16-07.75	2 3
FOUL 5.01m 5.06m 5.01m 5.07m FOUL					
7 Alanna Muhammad	SO	Wartburg	5.05m	16-07.00	2 2
FOUL 5.05m 4.80m					
8 Darian Wegner	JR	Wartburg	4.99m	16-04.50	2 1
4.79m 4.99m FOUL 4.70m FOUL 4.69m					
9 Makenzie Soeken	SR	Upper Iowa	4.91m	16-01.50	2
FOUL FOUL 4.91m					
10 Erica Loussaert	JR	Northern Iowa	4.90m	16-01.00	2
4.83m 4.90m 4.67m					
11 Bri Dellamuth	SR	Wartburg	4.89m	16-00.50	1
4.89m 4.85m 4.88m					
12 Paige Olowu	SO	Grinnell	4.84m	15-10.50	1
4.77m 4.84m 4.70m					
13 Landry Luhring	SO	Central College	4.66m	15-03.50	1
4.44m 4.45m 4.66m					
14 Kortney Lightfoot	SR	Upper Iowa	4.54m	14-10.75	1
4.54m 4.48m 4.46m					
15 Madeline McCabe	SO	Grinnell	4.45m	14-07.25	1
4.33m 4.22m 4.45m					
16 Ashley Brady	SR	Upper Iowa	4.25m	13-11.50	1
4.25m 4.07m 4.14m					
17 Abby DeBaillie	SR	Wartburg	4.19m	13-09.00	1
FOUL FOUL 4.19m					
18 Haley Engen	FR	Central College	4.15m	13-07.50	1
4.15m 4.05m FOUL					
19 Kylie Volesky	FR	Upper Iowa	3.94m	12-11.25	1
3.70m 3.85m 3.94m 4.92m					
20 Thao Loung	FR	Knox	3.78m	12-05.00	1
3.65m 3.78m 3.74m					
-- Cherisse Ward	SO	Wartburg	FOUL		2
FOUL FOUL FOUL					
-- Aleenah Marcucci		Unattached	X5.91m	19-04.75	2
5.59m 5.50m 5.59m 5.72m 5.91m FOUL					

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**Women Triple Jump**

Name	Year	School	Finals	Points
1 Brea Christopher	FR	Wartburg	10.99m	36-00.75 10
10.79m 10.99m 10.57m		FOUL PASS PASS		
2 Isabelle Albers	FR	Wartburg	10.72m	35-02.00 8
10.16m 10.72m FOUL		10.48m FOUL 10.31m		
3 Ellie Roquet	JR	Wartburg	10.64m	34-11.00 6
10.00m 10.03m 10.42m		10.64m PASS PASS		
4 Ashley Brady	SR	Upper Iowa	9.27m	30-05.00 5
FOUL 8.92m 9.27m		8.89m 9.05m 9.10m		
5 Landry Luhning	SO	Central College	9.26m	30-04.75 4
FOUL 8.78m FOUL		8.84m 9.26m 9.21m		
6 Yuan Bank	SO	Central College	9.20m	30-02.25 3
9.06m FOUL 9.01m		FOUL 9.17m 9.20m		

**Women Shot Put**

Name	Year	School	Finals	H#	Points
1 Brinn Grunder	SR	Upper Iowa	14.87m	48-09.50	2 10
13.53m 12.48m 14.50m		14.87m 14.44m 14.45m			
2 Dani Johnson	JR	Wartburg	12.69m	41-07.75	2 8
FOUL 11.91m 12.69m		12.09m 12.14m FOUL			
3 Anna Rehberg	SR	Wartburg	12.65m	41-06.00	2 6
FOUL 11.40m 12.30m		11.15m FOUL 12.65m			
4 Jamilla Love	FR	Central College	12.19m	40-00.00	2 5
11.08m 11.74m 11.95m		10.93m 12.19m 11.74m			
5 Jaydyn Palmer	FR	Coe	12.00m	39-04.50	2 4
12.00m FOUL FOUL		11.29m 11.79m FOUL			
6 Emma Ammons	FR	Wartburg	11.59m	38-00.25	2 3
10.97m 11.15m 11.05m		11.59m 10.44m 11.07m			
7 Abby Marr	FR	Central College	11.16m	36-07.50	2 2
11.16m 10.52m 10.90m		10.96m 11.11m 10.66m			
8 Josie Finch	SO	Coe	11.07m	36-04.00	1 1
10.92m 11.07m FOUL		10.92m 11.07m FOUL			
9 Emma Jacobs	JR	Wartburg	10.80m	35-05.25	2
10.37m 10.67m 9.70m		10.55m FOUL 10.80m			
10 Kristen Reicks	FR	Wartburg	10.02m	32-10.50	1
9.73m 10.02m 9.85m					
11 Grace McCartan	FR	Wartburg	9.54m	31-03.75	1
9.54m FOUL 9.01m					
12 Elli Becicka	FR	Wartburg	9.10m	29-10.25	1
8.97m 9.10m 7.90m					
13 Aiyana Rouse	JR	Central College	8.66m	28-05.00	1
8.66m FOUL FOUL					
14 Kaitlyn Kashiagian	FR	Knox	7.32m	24-00.25	1
7.15m 7.08m 7.32m					
15 Arsema Berhane	SO	Grinnell	6.41m	21-00.50	1
5.94m 6.30m 6.41m					



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**Women Weight Throw**

Name	Year	School	Finals	H#	Points
1 Brinn Grunder	SR	Upper Iowa	18.09m	59-04.25	2 10
16.90m FOUL 16.00m 18.09m FOUL FOUL					
2 Kennedy Morris	JR	Central College	17.47m	57-03.75	2 8
17.47m 17.42m 17.45m FOUL FOUL FOUL					
3 Anna Rehberg	SR	Wartburg	17.29m	56-08.75	2 6
15.95m 17.12m 17.00m 16.28m 17.24m 17.29m					
4 Emily Burt	SR	Central College	16.12m	52-10.75	2 5
16.12m 15.72m 15.96m 15.10m 15.68m 15.58m					
5 Dani Johnson	JR	Wartburg	15.85m	52-00.00	2 4
10.88m 15.37m 15.79m 15.85m FOUL 15.43m					
6 Tieranny Keahna	SR	Coe	15.84m	51-11.75	2 3
15.41m FOUL 15.09m 15.47m 15.02m 15.84m					
7 Abby Marr	FR	Central College	14.18m	46-06.25	2 2
14.07m 13.22m FOUL 12.15m 14.18m 13.29m					
8 Lillian Smithson	SR	Central College	13.71m	44-11.75	2 1
13.25m FOUL 13.02m FOUL 13.01m 13.71m					
9 Emma Jacobs	JR	Wartburg	12.98m	42-07.00	2
FOUL 12.49m 12.98m FOUL 12.74m FOUL					
10 Josie Finch	SO	Coe	J12.98m	42-07.00	1
12.98m FOUL 12.21m FOUL FOUL FOUL					
11 Jamilla Love	FR	Central College	12.96m	42-06.25	2
12.78m FOUL 12.96m					
12 Emma Ammons	FR	Wartburg	J12.96m	42-06.25	1
FOUL 12.96m FOUL					
13 Grace McCartan	FR	Wartburg	12.64m	41-05.75	1
11.37m 12.64m 12.54m					
14 Caitlynn Smith	SO	Wartburg	11.64m	38-02.25	1
10.62m 9.66m 11.64m					
15 Aiyana Rouse	JR	Central College	11.56m	37-11.25	1
10.67m FOUL 11.56m					
16 Jaydyn Palmer	FR	Coe	11.40m	37-05.00	1
11.40m FOUL FOUL					
17 Kristen Reicks	FR	Wartburg	10.16m	33-04.00	1
9.66m 9.26m 10.16m					
18 Elli Becicka	FR	Wartburg	9.89m	32-05.50	1
9.89m 9.31m 9.83m					
19 Arsema Berhane	SO	Grinnell	6.79m	22-03.50	1
FOUL 6.79m FOUL					

Women - Team Rankings - 16 Events Scored

1) Wartburg	289	2) Northern Iowa	108
3) Central College	60	4) Upper Iowa	49
5) Grinnell	46	6) Coe	24
7) Knox	5		

**Liz Wuertz Indoor Invitational**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 2/22/2020**  
**Results**

**....Women Weight Throw**

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Men - Team Rankings - 14 Events Scored

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1) Wartburg	212	2) Central College	95
3) Northern Iowa	93	4) Coe	39
5) Knox	38	6) Upper Iowa	35
7) Grinnell	27		