

**Wartburg College High School Invitational**  
**Wartburg-Waverly Sports & Wellness Center**  
**Waverly, Iowa - 3/3/2020**  
**Results**

**Girls 55 Meter Dash**  
**Top 8 Advance by Time**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Eva Van de Mortel	11	Ankeny	7.27q	6
2 Mytika Mayberry	11	Ankeny	7.35q	7
3 Anisia Smith	10	Cedar Falls	7.54q	1
4 Cameron Moon	9	Ames	7.57q	5
5 Mallory Wilson	12	Dowling Catholic	7.59q	5
6 Hannah Stuelke	10	Cedar Rapids	7.64q	3
7 Hannah Wilson	12	Ankeny Centennial	7.65q	4 7.649
8 Kimeisha Star	12	Des Moines East	7.65q	1 7.650
9 TaJanik Williams	12	Waterloo	7.67	3
10 Forest Kuestner-Burleson	11	Dowling Catholic	7.72	7 7.712
11 Jenneh Gee	12	Cedar Falls	7.72	1 7.717
12 Macee Pruisner	11	Ankeny Centennial	7.73	2 7.721
13 Kaliyah Perry	10	Waukee	7.73	6 7.723
14 Ellasa Horton	10	Waterloo East	7.73	1 7.728
15 Sehansa Karunatilaka	11	Waukee	7.76	2
16 Jada Gaskil	11	Hudson	7.80	5 7.792
17 Kaylee Tedrow	10	Prairie	7.80	2 7.797
18 Keeajah Scott	11	Waterloo	7.82	4
19 Jayda Allen	12	West Des Moi	7.85	5
20 Lina Newland	10	Ottumwa	7.92	3
21 Zariah Brooks	10	Ames	8.03	4 8.024
22 Rachel Shultz	12	Cedar Rapids	8.03	6 8.028
23 Taylor Ingledue	11	Lake Mills	8.05	2
24 Mya Allen	10	West Des Moi	8.10	1 8.093
25 Karma Wright	9	Tipton	8.10	7 8.095
26 Alicia Vasquez	12	Des Moines East	8.13	5
27 Gia Brichetto	12	Johnston	8.14	4 8.131
28 Halle Van Roekel	12	Johnston	8.14	2 8.137
29 Emma Wegner	10	New Hampton	8.23	3
30 Montana Hill	12	Ottumwa	8.25	4
31 Hannah Roe	10	Prairie	8.27	6
32 Morgan Lohrman	11	Des Moines Lincoln	8.29	2
33 Grace Willms	11	West Fork	8.40	4
34 Jaydon Bierman	11	Tipton	8.41	6
35 Kenzie Christopher	10	Hudson	8.42	3
36 Gillian Biscupski	11	Cedar Rapids	8.43	7
37 Kailee Meek	10	South Tama County	8.47	2
38 Eliska Hermankova	12	South Tama County	8.49	3 8.481
39 Makiyla Smith	9	Cedar Rapids	8.49	1 8.488
40 Miracle Kolheim	9	Charles City	8.51	5
41 Tara Backhaus	10	Mason City	8.53	7
42 Janila Toney	9	Charles City	8.54	6
43 Natalie Brandenburg	9	Lake Mills	8.56	7
44 Lily Christenson	11	Des Moines Lincoln	8.58	3
45 Tierney Perkins	9	New Hampton	8.66	4

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46	Karlie Bown	12	West Marshall	8.79	6
47	Autumn Stonecypher	9	West Fork	8.87	7
48	Greta Wengert	10	West Marshall	8.92	5
49	Evie Nehman	12	Mason City	9.28	1
50	Angel Mannah	9	Waterloo East	9.64	7

**Girls 55 Meter Dash**

Name	Year	School	Finals
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## Finals

1	Eva Van de Mortel	11	Ankeny	7.27
2	Mytika Mayberry	11	Ankeny	7.40
3	Anisia Smith	10	Cedar Falls	7.46
4	Cameron Moon	9	Ames	7.57
5	Hannah Wilson	12	Ankeny Centennial	7.59
6	Mallory Wilson	12	Dowling Catholic	7.61
7	Hannah Stuelke	10	Cedar Rapids	7.66
8	Kimeisha Star	12	Des Moines East	7.79

**Girls 200 Meter Dash**

Name	Year	School	Finals	H#
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1	Cameron Moon	9	Ames	26.81	1
2	Nyla Norman	9	Waterloo East	26.97	1
3	JoJo Tyynismaa	10	South Tama County	27.24	5
4	Eden Gibson	10	Ankeny	27.37	1
5	Addie Drees	12	Waukee	27.66	2
6	Anisia Smith	10	Cedar Falls	27.76	2
7	Sehansa Karunatilaka	11	Waukee	27.95	2
8	Sha'Lynn Carey	10	Waterloo East	27.98	2
9	Sarah Jordan	9	Prairie	28.42	3
10	Addison Kamienski	11	Johnston	28.44	3
11	Maraye Breeding	10	Ankeny Centennial	28.67	3
12	Hope McDonald	11	New Hampton	28.92	5
13	Kimeisha Star	12	Des Moines East	29.08	1
14	Zoey Fanter	9	West Des Moi	29.09	4
15	Alison Frandsen	9	Ames	29.12	2
16	Mille Hill	11	Ankeny Centennial	29.20	3
17	Chloe Schneckloth	11	Ottumwa	29.26	4
18	Adisyn Young	10	West Marshall	29.30	3
19	Maddy Janeczko	12	Dowling Catholic	29.33	3
20	Malea Daughtery	12	Ankeny	29.46	1
21	Shreya Gaddi	11	West Des Moi	29.50	5
22	Alyssa Miner	10	Johnston	29.52	4
23	Hannah Roe	10	Prairie	29.97	5
24	Katie Nelson	12	Ottumwa	30.16	4
25	Kosha Shaddin	10	Des Moines East	30.25	2

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26	Avery Randall	11	West Marshall	30.30	4	
27	Lilly Luft	9	Charles City	30.46	6	
28	Morgan Lohrman	11	Des Moines Lincoln	30.54	7	
29	Kaylee Hennick	10	Charles City	30.56	6	
30	Rachel Brokenshire	12	Cedar Falls	30.68	4	
31	Makenzie Fessler	11	West Fork	30.70	6	
32	Ankia Snow	11	Des Moines Lincoln	30.76	9	
33	Katherine Earl	9	Cedar Rapids	31.06	7	
34	RaeLynn Nash	9	West Fork	31.17	5	
35	Alexis Hoeft	9	Mason City	31.21	8	
36	Leah Moen	10	Lake Mills	31.40	5	
37	Avrion Banks	12	Waterloo	31.59	7	
38	Azaria Banks	11	Waterloo	31.71	6	
39	Laney Roberson	12	New Hampton	31.86	6	
40	Cassandra Klosterman	9	South Tama County	32.08	8	32.072
41	Eve-Marie Bronstun	12	Cedar Rapids	32.08	6	32.077
42	Avery Holstein	9	Tipton	32.60	9	
43	Courtney Petersen	11	Tipton	32.73	7	
44	Taia Hillhouse	10	Mason City	32.81	8	
45	Francoise Swedi	11	Cedar Rapids	33.08	9	
46	Lexi Bergmeier	12	Hudson	33.13	8	
47	Ellie Hanna	9	Lake Mills	33.46	7	
48	Kaidence Luloff	9	Hudson	35.00	8	
49	Avery Basquin	9	Cedar Rapids	35.69	7	

**Girls 400 Meter Dash**

Name	Year	School	Finals	H#	
1	Gabby Cortez	10	Prairie	1:00.04	1
2	Morgan Engels	10	Ames	1:00.50	1
3	Sydney Stokes	10	Cedar Falls	1:01.49	2
4	Alexis Moses	10	Prairie	1:03.29	1
5	Eva Van de Mortel	11	Ankeny	1:03.47	1
6	Brooke Maxwell	11	Des Moines Lincoln	1:03.94	2
7	Maddy McFarland	10	Cedar Falls	1:04.41	4
8	Mallory Drake	10	Waukee	1:04.55	2
9	Lydia Staudt	10	Charles City	1:05.77	3
10	Eva Fulk	10	Ankeny	1:05.91	1
11	Jade Anderson	9	Des Moines Lincoln	1:06.05	3
12	Nyadio Chan	10	Ames	1:06.37	3
13	Carly Olney	11	Waukee	1:06.41	2
14	Julie Paijeo	12	West Des Moi	1:08.64	2
15	Abbie Nathe	12	Waterloo	1:08.92	4
16	Mia Kemmer	9	Johnston	1:09.17	5
17	Reese Ervin	9	Dowling Catholic	1:09.58	4
18	Selah Opp	12	Charles City	1:10.12	4
19	Mira Baccile	12	Dowling Catholic	1:10.31	1
20	Brooklyn Martin	9	Waterloo East	1:10.53	7

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21	Kosha Shaddin	10	Des Moines East	1:10.56	3
22	Taylor Ciabatti	10	Cedar Rapids	1:10.69	3
23	Olivia Naylor	12	Ankeny Centennial	1:10.92	7
24	Hailey Stewart	11	Tipton	1:11.65	4
25	Jaycie Rauch	11	South Tama County	1:11.74	6
26	Emma Wegner	10	New Hampton	1:11.76	6
27	Kelley Lieser	11	Tipton	1:12.76	5
28	Kimeisha Star	12	Des Moines East	1:13.20	4
29	Kayla Eilander	12	Ankeny Centennial	1:13.24	8
30	Jenna Tank		New Hampton	1:13.28	6
31	Katya Kleman	11	Cedar Rapids	1:14.18	7
32	Olivia Gradwell	10	West Marshall	1:15.49	6
33	Peyton Smith	9	West Marshall	1:15.59	5
34	Kaiya Gonzalez	9	West Des Moi	1:15.62	2
35	Raylynn Kendrick	9	Ottumwa	1:16.11	5
36	Tori Kolterman	10	Hudson	1:17.14	6
37	Anna Dirksen	9	West Fork	1:18.73	8
38	Sarah Hunger	9	Ottumwa	1:19.65	7
39	Taia Hillhouse	10	Mason City	1:19.77	8
40	Kiara Ingamells	11	Hudson	1:20.76	6
41	Claire Reidel	10	Mason City	1:21.29	8
42	Jennica Hickman	10	South Tama County	1:22.51	7
43	Anna Tarvestad	9	Cedar Rapids	1:26.02	7
44	Emily Thoma	9	Lake Mills	1:26.26	9
45	Macy Dirksen	11	West Fork	1:29.91	8
--	Magdelyn Miner	9	Johnston	DQ	5 lane violation
--	Armoni Harrington	12	Waterloo	DQ	5 lane violation
--	Kadence Henderson	9	Lake Mills	X1:20.12	9 lane violation

**Girls 800 Meter Run**

Name	Year	School	Finals	H#	
1	Mackenzie Michael	12	Cedar Falls	2:16.53	1
2	Camille Jackson	12	Ames	2:23.94	1
3	Mary Cline	11	Cedar Rapids	2:28.36	1
4	Carli Reittinger	12	Prairie	2:29.86	1
5	Abbie McLaren	11	Johnston	2:34.16	2
6	Annie Flood	12	Dowling Catholic	2:34.90	1
7	Sophia Hueser	11	Waukee	2:35.09	1
8	Lily Johannes	10	Prairie	2:37.26	1
9	Jessica Regenwether	11	Hudson	2:37.55	2
10	Morgan Graybill	12	Ankeny Centennial	2:38.64	2
11	Sophie Lee	12	Ankeny Centennial	2:39.33	2
12	Mackenzzy Bilharz	12	Charles City	2:40.15	2
13	Emily Jackson	10	New Hampton	2:41.42	3
14	Alivia Van Maanen	10	Ottumwa	2:41.93	2
15	Alivia See	11	Waterloo East	2:42.48	1
16	Ellie Huisman	11	Waukee	2:43.04	1

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17	Maya Blass	10	Ankeny	2:43.12	1
18	Jules Fromm	11	Cedar Falls	2:43.30	2
19	Maddie Walsh	9	Ankeny	2:43.48	1
20	Madeleine Wade	9	Ames	2:45.41	3
21	Alyssa Chyma	11	South Tama County	2:47.70	3
22	Lydia Gessner	12	New Hampton	2:48.26	3
23	Alexis Johnston	11	Ottumwa	2:48.28	3
24	Sage Slessor	9	Cedar Rapids	2:51.30	3
25	Kate Easter	10	Dowling Catholic	2:53.91	2
26	Liz Noll	9	West Des Moi	2:54.16	2
27	Madison Bateman	9	Cedar Rapids	2:55.16	2
28	Addyson Franklin	11	Johnston	2:55.19	2
29	Sami Miller	12	Mason City	2:55.79	3
30	Lily Buck	10	West Marshall	2:56.55	3
31	Myciah Weaver	10	West Fork	2:56.59	4
32	Saida Komjo	11	West Des Moi	2:56.88	2
33	Dresden Eldridge	11	West Marshall	2:58.82	3
34	Emma Rickers	10	Mason City	3:00.28	4
35	Libbie McKeag	11	Charles City	3:02.44	3
36	Rebekkah Martin	9	Cedar Rapids	3:02.83	3
37	Isabel Naderman	9	Des Moines Lincoln	3:10.97	4
38	Peyton Saunders	12	Des Moines Lincoln	3:11.77	4
39	Nora Pederson	9	Lake Mills	3:13.09	4
40	Alayna Ritter	12	Waterloo	3:19.52	4
41	Kennedy Albrecht	10	Waterloo	3:23.74	4
42	Emma Schellhorn	11	Waterloo East	3:27.25	4
43	Jaqueline Barboza	12	Des Moines East	3:42.38	4
44	Yajayra Cruz	12	Des Moines East	3:48.32	4

**Girls 1500 Meter Run**

Name	Year	School	Finals	H#	
1	Aleah Tenpas	10	Johnston	4:52.97	1
2	Brooke McKee	12	Johnston	4:58.95	1
3	Emma Shepard	12	Waukee	5:22.29	1
4	Laurdyn Meyer	11	Prairie	5:23.85	1
5	Karleigh Osborn	11	Dowling Catholic	5:25.91	1
6	Megan Wainwright	10	Dowling Catholic	5:30.71	1
7	Ava Carder	10	Waukee	5:31.31	1
8	Callie Frakes	12	South Tama County	5:31.91	1
9	Alyana Wallace	11	Ankeny Centennial	5:33.98	2
10	Kendall Jorgensen	10	Ankeny Centennial	5:40.09	2
11	Talia Dosh	10	Ankeny	5:43.04	2
12	Megan Bosch	11	Ankeny	5:43.56	3
13	Sophie Selenke	12	Hudson	5:44.04	2
14	Serena Cross	10	Ames	5:47.77	2
15	Rabina Subba	10	West Des Moi	5:48.56	2
16	Libby White	10	West Des Moi	5:50.58	2

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17	Gretchen Fixen	12	Cedar Falls	5:53.36	2
18	Mindi Neve	12	Charles City	5:55.92	2
19	Maggie Gorman	10	Cedar Rapids	5:57.40	2
20	Abby Ingraham	9	Cedar Rapids	6:11.31	2
21	Grace Fox	10	Cedar Rapids	6:16.49	3
22	Kirsten Reicherts	9	New Hampton	6:19.71	3
23	Hailey Neer	10	Des Moines Lincoln	6:26.15	3
24	Neena Lasley	10	South Tama County	6:32.04	3
25	Madison Tieskotter	10	Waterloo	6:34.29	2
26	Peyton Lamers	9	Mason City	6:35.81	3
27	Montserrat Guerrero Chapu	12	Ottumwa	6:35.82	2
28	Isabel Naderman	9	Des Moines Lincoln	6:36.79	3
29	Mya Johnson	9	Waterloo East	6:46.37	1
30	Sadie Clark	11	West Marshall	6:51.94	3
31	Chloe Shaw	10	Ottumwa	7:04.88	2
32	Noelle Buck	9	Prairie	7:13.94	3
33	Kendra Whelan	9	Mason City	7:14.76	3
34	Taylor Wittkop	11	West Marshall	7:19.24	3
35	Hawra-Lizetth Aldurazi	9	Waterloo	7:37.23	3
36	Hailey Humphrey	10	Lake Mills	8:00.40	3
37	Amelie Paredes	9	Lake Mills	8:34.17	3

**Girls 3000 Meter Run**

Name	Year	School	Finals	H#	
1	Lauren Schulze	11	West Des Moi	10:46.16	1
2	Clara Toot	12	Johnston	10:49.06	1
3	Kiki Connell	11	Charles City	10:54.50	1
4	Mandy Overton	9	West Des Moi	11:59.60	1
5	Margaux Basart	11	Waukee	12:05.16	1
6	Kate Hoogensen	12	Ankeny Centennial	12:07.73	2
7	Kaya Young	12	Johnston	12:11.79	1
8	Kariin Roush	10	Waukee	12:15.99	1
9	Fiona Riordan	12	Ankeny	12:17.10	2
10	Paige Beason	9	Ankeny	12:17.22	2
11	Bethany Smeed	10	Cedar Rapids	12:17.46	1
12	Katie Jensen	11	Ankeny Centennial	12:24.72	1
13	Rachel Mandt	9	Cedar Falls	12:33.73	1
14	Isa Belle Mellin	11	Ottumwa	12:45.58	1
15	Maddox Kalous	9	Prairie	12:48.47	2
16	Emelia Hauser	9	West Marshall	12:48.54	2
17	Jaenelle Bryant	9	Des Moines Lincoln	13:22.29	2
18	Jessa Day	11	Prairie	13:28.80	1
19	Natalie DeGabriele	12	Cedar Falls	13:40.02	2
20	Victoria Knight	11	Waterloo	13:51.45	2
21	Emma Hickman	12	Waterloo	14:17.99	2
22	Lilly Mitchell	9	Ottumwa	14:19.76	2
23	Madison Holton	12	Lake Mills	16:03.89	2

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**Girls 55 Meter Hurdles**  
**Top 8 Advance by Time**

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Katie Petersen	12	Ankeny Centennial	8.59q	5
2 Addie Drees	12	Waukee	8.90q	6
3 Mira Baccile	12	Dowling Catholic	8.91q	4
4 Carlee Rochford	9	New Hampton	8.98q	1
5 Kynzi Winger	11	Waukee	9.00q	2
6 Mya Moore	12	West Des Moi	9.07q	2
7 JoJo Tyynismaa	10	South Tama County	9.15q	1
8 Malea Daughtery	12	Ankeny	9.21q	2
9 Jewels Buss	12	Ames	9.44	6
10 Noelani Mattson	11	Cedar Falls	9.51	2
11 Lynn Hoeft	12	Charles City	9.55	5
12 Maddy McFarland	10	Cedar Falls	9.57	3
13 Ciara Wheeler	11	Johnston	9.59	6
14 Ellie Dalton	11	Ankeny	9.67	1
15 Alex Suntken	10	West Fork	9.78	2
16 Kayla Eilander	12	Ankeny Centennial	9.84	5
17 Sofia Burke	11	Cedar Rapids	9.92	6
18 Laura Hepworth	11	Waterloo	9.94	3
19 Ella Stene	9	Lake Mills	9.97	1
20 Zoey Jones	11	Ottumwa	10.01	4
21 Hannah Wieland	12	Cedar Rapids	10.03	3
22 Rosa Monarch	9	Mason City	10.04	6
23 Alex Litterer	12	Charles City	10.15	4
24 Lourdes Moreno	10	West Des Moi	10.16	2
25 Maci Harder	10	Prairie	10.19	3
26 Claire Quirk	11	New Hampton	10.21	3
27 Ava Smithson	10	Johnston	10.25	1
28 Emily Crumbo	10	Prairie	10.43	1
29 Tia Lau	11	West Fork	10.46	3
30 Liz Bierman	11	Tipton	10.53	3
31 Mary Wilkey	11	West Marshall	10.73	4
32 Lizzie Quintero	11	Mason City	10.75	5
33 Jazmin Galves-Vasquez	11	Waterloo East	10.80	5
34 Isabelle Presley	10	Cedar Rapids	10.84	4
35 Ashlyn Curry	12	Tipton	10.87	4
36 Emma Weilbrenner	11	Ottumwa	11.35	5
37 Karli Helgeson	9	Lake Mills	11.39	6
38 Delaney Nichols	11	West Marshall	11.51	5
39 Dajanique Crockett	11	Des Moines East	11.70	2
40 Jennica Hickman	10	South Tama County	12.06	4
41 Niyata Adum	12	Des Moines East	16.24	1

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**Girls 55 Meter Hurdles**

Name	Year School	Finals
Finals		
1 Katie Petersen	12 Ankeny Centennial	8.48
2 Addie Drees	12 Waukee	8.62
3 Mira Baccile	12 Dowling Catholic	8.75
4 Kynzi Winger	11 Waukee	8.92
5 JoJo Tyynismaa	10 South Tama County	8.98
6 Mya Moore	12 West Des Moi	9.06
7 Malea Daughtery	12 Ankeny	9.13
-- Carlee Rochford	9 New Hampton	FS

**Girls 4x200 Meter Relay**

School	Finals	H#
1 Ankeny Centennial	1:54.02	1
1) Hannah Wilson 12	2) Katie Petersen 12	
3) Macee Pruisner 11	4) Sophie Lampe 11	
2 Waukee	1:54.11	1
1) Ainsley Schlicher 11	2) Kaliyah Perry 10	
3) Tina Liu 11	4) Lindsey Akason 11	
3 West Des Moines Valley	1:55.07	1
1) Serina Shannon 12	2) Danielle Socarras 11	
3) Audrey Hronick 12	4) Nya Bottley 11	
4 Cedar Falls	1:55.08	2
1) Jenneh Gee 12	2) Noelani Mattson 11	
3) Lauryn Bennett 11	4) Raelynn Smith 12	
5 Ames	1:55.20	2
1) Elizabeth Lynch 9	2) Leah Tietjens 11	
3) Jewels Buss 12	4) Ireland Buss 9	
6 Waterloo	1:55.87	1
1) Keeajah Scott 11	2) TaJanik Williams 12	
3) Madeline Grimm 10	4) Gina Huseinovic 12	
7 Dowling Catholic	1:56.11	3
1) Forest Kuestner-Burleson 11	2) Kathryn Pierick 12	
3) Maddy Janeczko 12	4) Olivia Kramer 9	
8 Prairie	1:56.34	1
1) Kaylee Tedrow 10	2) Lindsey Barnes 11	
3) Sarah Jordan 9	4) Logan Kalous 11	
9 Cedar Rapids Kennedy	1:56.66	2
1) Aleksyia LeClere 10	2) Alexis Wheatley 10	
3) Hannah Wieland 12	4) Addison Parker 11	
10 Ankeny	1:57.05	1
1) Kennedy Palmer 9	2) Leah Davis 10	
3) Avery Rubin 10	4) Macey Filling 11	
11 New Hampton	1:58.44	3
1) Carlee Rochford 9	2) Rachel Rincken 12	
3) Alivya Wisner 9	4) Kandice Eggerich 9	



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**....Girls 4x200 Meter Relay**

12 Johnston	1:58.58	2
1) Gia Bricchetto 12	2) Halle Van Roekel 12	
3) Mia Long 10	4) Ava Smithson 10	
13 Tipton	1:58.77	2
1) Karma Wright 9	2) Rachel Bierman 11	
3) Karlee Kamberling 12	4) Jaydon Bierman 11	
14 Des Moines Lincoln	1:59.01	4
1) Cecilia Campero 9	2) Gracilove Littlejohn 10	
3) Celia Emunah 10	4) Desirae Bundy 9	
15 Waterloo East	1:59.72	2
1) Jaleah Jones 10	2) Naviah Jones 10	
3) Jazmin Galves-Vasquez 11	4) Asia Copper 9	
16 Des Moines East	2:02.20	4
1) Alexis Brown 10	2) Billie Davis 12	
3) Leigha Cooperwood 12	4) Aiom Makier 10	
17 Mason City	2:02.80	4
1) Rosa Monarch 9	2) Lizzie Quintero 11	
3) Madisyn Heller 11	4) Grace Tobin 12	
18 Charles City	2:03.51	3
1) Olivia Litterer 9	2) Hannah Lahner 10	
3) Nakila Toney 9	4) Lexi Vance 12	
19 Cedar Rapids Washington	2:07.15	4
1) Sofia Burke 11	2) Emily Oldorf 10	
3) Makiyla Smith 9	4) Eve-Marie Bronstun 12	
20 South Tama County	2:07.16	3
1) Morgan Haughey 11	2) Emma Harwick 9	
3) Bre Riha 10	4) Kailee Meek 10	
21 West Marshall	2:08.54	3
1) Greta Wengert 10	2) Natalie Nickols 9	
3) Caley Wilson 10	4) Ella Meyer 9	
22 Ottumwa	2:09.70	3
1) Melanie Alvarado 12	2) Guadalupe Patlan 12	
3) Yasmene Diaz 12	4) Mallory Morgan 9	
23 West Fork	2:12.03	5
1) Grace Willms 11	2) Macy Rust 12	
3) Kylie Fink 11	4) Kira Strashko 9	
24 Lake Mills	2:12.21	5
1) Natalie Brandenburg 9	2) Finley Rogstad 9	
3) Ellie Hanna 9	4) Karli Helgeson 9	
25 Hudson	2:12.22	5
1) Kenzie Christopher 10	2) Maddie Hansen 10	
3) Kiara Ingamells 11	4) Kaidence Luloff 9	

**Girls 4x400 Meter Relay**

School	Finals	H#
1 Waukee	4:14.22	1
1) Jessica Caraway 12	2) Sydney Schaffer 12	

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**....Girls 4x400 Meter Relay**

3) Natalie Harris 10	4) Molly Bannister 10		
2 Ames		4:19.14	1
1) Morgan Engels 10	2) Elaina Deardorff 9		
3) Alison Frandsen 9	4) Elizabeth Lynch 9		
3 Ankeny Centennial		4:19.29	2
1) Rondi Quass 9	2) Kathryn Vortherms 11		
3) Mille Hill 11	4) Maraye Breeding 10		
4 Johnston		4:21.81	2
1) Faith Nead 10	2) Lily Trenkamp 10		
3) Addison Kamienski 11	4) Samantha Strauss 11		
5 Ankeny		4:24.80	1
1) Eva Fulk 10	2) Eva Van de Mortel 11		
3) Eden Gibson 10	4) Kailey Becker 12		
6 Des Moines Lincoln		4:26.79	3
1) Brooke Maxwell 11	2) Cecilia Campero 9		
3) Jaenelle Bryant 9	4) Desirae Bundy 9		
7 Dowling Catholic		4:28.23	1
1) Mallory Wilson 12	2) Annie Flood 12		
3) Calli Coppola 10	4) Olivia Gehrke 12		
8 West Des Moines Valley		4:33.86	1
1) Emma Nau 11	2) Mya Moore 12		
3) Hayley Chappell 11	4) Reagan Griffith 10		
9 New Hampton		4:34.86	3
1) Claire Quirk 11	2) Ali Russler 9		
3) Hope McDonald 11	4) Maddie Usher 11		
10 Cedar Falls		4:35.40	2
1) Rachel Brokenshire 12	2) Sydney Stokes 10		
3) Devin O'Loughlin 12	4) Sabrina Leistikow 12		
11 Mason City		4:40.75	2
1) Brycelyn Hanson 11	2) Rosa Monarch 9		
3) Madisyn Heller 11	4) Hannah Thomas 12		
12 Waterloo		4:44.98	4
1) Laura Hepworth 11	2) Amanda Didovic 10		
3) Brianna Williams 9	4) KeShonda Brown 9		
13 West Marshall		4:48.73	3
1) Avery Randall 11	2) Lily Buck 10		
3) Hannah Jovanovich 11	4) Emelia Hauser 9		
14 Cedar Rapids Kennedy		4:49.67	1
1) Kyla Holm 10	2) Molly Joyner 10		
3) Sophia Barbieri 9	4) Sydney White 9		
15 Tipton		4:50.89	2
1) Kallie Wallick 11	2) Hailey Stewart 11		
3) Karlee Kamberling 12	4) Rachel Bierman 11		
16 South Tama County		4:53.69	4
1) JoJo Tynnismaa 10	2) Shelby Slaven 11		
3) Abbigail Froelich 11	4) Cassandra Klosterman 9		
17 West Fork		4:53.89	3
1) Maddie Hubka 10	2) Makenzie Fessler 11		
3) Alex Suntken 10	4) Rachael Hubka 12		

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**....Girls 4x400 Meter Relay**

18 Ottumwa	4:58.64	3
1) Olivia Coram 9	2) Ella Allar 9	
3) Katie Shewry 9	4) Jennifer Davis 9	
19 Cedar Rapids Washington	5:01.30	4
1) Johanna Hayes 12	2) Ellie Rockwell 11	
3) Katya Kleman 11	4) Maggie Gorman 10	
20 Des Moines East	5:02.04	4
1) Myrka Carrillo 11	2) Abbi Webb 11	
3) Alexis Brown 10	4) Rylee Roberts 10	
21 Charles City	5:08.98	4
1) Rylie Patrie 11	2) Lydia Thompson 11	
3) Nia Litterer 11	4) Claire Eckenrod 9	
22 Hudson	5:15.62	3
1) Jada Gaskil 11	2) Lexi Bergmeier 12	
3) Macey McKenna 9	4) Tori Kolterman 10	

**Girls 4x800 Meter Relay**

School	Finals	H#
1 Ottumwa	9:43.33	1
1) Carollin Mellin 12	2) Meghan Coulter 11	
3) Alli Bookin Nosbisch 12	4) Grace Bookin Nosbisch 12	
2 Waukee	9:48.89	1
1) Jessica Caraway 12	2) Sydney Schaffer 12	
3) Isabelle Schaffer 12	4) Molly Bannister 10	
3 Prairie	9:58.15	1
1) Gabby Cortez 10	2) Alexis Moses 10	
3) Alyza Koppes 10	4) Carli Reittinger 12	
4 Ankeny Centennial	10:02.87	1
1) Rondi Quass 9	2) Morgan Graybill 12	
3) Kathryn Vortherms 11	4) Sophie Lee 12	
5 Johnston	10:12.29	1
1) Faith Nead 10	2) Lily Trenkamp 10	
3) Bailey Vaughan 10	4) Samantha Strauss 11	
6 Dowling Catholic	10:32.71	1
1) Karleigh Osborn 11	2) Megan Wainwright 10	
3) Kate Easter 10	4) Annie Flood 12	
7 Ankeny	10:33.61	1
1) Megan Bosch 11	2) Maya Blass 10	
3) Jenna Pitz 9	4) Cierra Fillinger 12	
8 West Des Moines Valley	10:36.33	1
1) Kamryn Ensley 10	2) Maddie Hollander 10	
3) Mya DouBrava 9	4) Teghan Booth 11	
9 Cedar Falls	10:42.17	1
1) Devin O'Loughlin 12	2) Jules Fromm 11	
3) Gretchen Fixen 12	4) Paige Wageman 10	
10 Hudson	10:43.34	1
1) Sophie Selenke 12	2) Maddie Hansen 10	



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**....Girls 4x800 Meter Relay**

11 New Hampton	3) Jessica Regenwether 11	4) Morgan Hansen 12	10:59.10	2
	1) Maddie Usher 11	2) Claire Quirk 11		
	3) Emily Jackson 10	4) Lydia Gessner 12		
12 Mason City	1) Hannah Thomas 12	2) Sami Miller 12	11:04.67	2
	3) Taylor Halverson 9	4) Brycelyn Hanson 11		
13 Ames	1) Nyadio Chan 10	2) Sydney Turk 9	11:15.54	2
	3) Breanna VanDyke 11	4) Juliana Johnson 12		
14 Des Moines Lincoln	1) Jade Anderson 9	2) Hailey Neer 10	11:17.49	2
	3) Brooke Maxwell 11	4) Jaenelle Bryant 9		
15 Cedar Rapids Kennedy	1) Anabel Bradley 9	2) Kayleigh Duncan 10	11:18.71	1
	3) Erica Schulte 11	4) Sarah Grams 11		
16 South Tama County	1) Alyssa Chyma 11	2) Neena Lasley 10	11:36.44	2
	3) Callie Frakes 12	4) Abbigail Froelich 11		
17 West Marshall	1) Hannah Jovanovich 11	2) Emma Nason 9	12:03.29	2
	3) Peyton Smith 9	4) Dresden Eldridge 11		
18 Charles City	1) Astrid Hernandez 12	2) Ingrid Hernandez 12	12:12.76	2
	3) Harper McInroy 9	4) Maya Bruening 9		
19 Cedar Rapids Washington	1) Johanna Hayes 12	2) Sage Slessor 9	12:16.18	2
	3) Jenna Scherrman 9	4) Anna Tarvestad 9		
20 Waterloo	1) Allison Schaffer 12	2) Jordyn Smith 11	12:44.07	2
	3) Makayla Hanson 12	4) Kayley Fangman 11		
21 Lake Mills	1) Nora Pederson 9	2) Sydnee Lindeman 9	14:05.97	2
	3) Kit Byars 10	4) Allison Rygh 9		
22 Des Moines East	1) Paulina Rojas-Sandoval 9	2) Jaqueline Barboza 12	14:36.47	2
	3) Yajayra Cruz 12	4) Nayelli Sandoval 9		

**Girls High Jump**

Name	Year	School	Finals
1 Anne Guest	11	Ottumwa	5-05.00
2 Layanna Green	11	Waukee	5-02.00
3 Mira Baccile	12	Dowling Catholic	5-00.00
4 Kacy Nickerson	12	Ottumwa	J5-00.00
5 Aubrey Mahoney	12	Waukee	4-10.00
6 Calli Coppola	10	Dowling Catholic	J4-10.00
7 Chol Chuol	9	Ames	4-08.00

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**....Girls High Jump**

8	Sierra Dorsey	12	West Des Moi	J4-08.00
9	Mia Long	10	Johnston	J4-08.00
10	Morgan Haughey	11	South Tama County	J4-08.00
11	Allison Harris	10	Cedar Rapids	J4-08.00
11	Claire Galvin	10	Ames	J4-08.00
13	Sierra Emison Clair	9	West Des Moi	J4-08.00
15	Sophie Lampe	11	Ankeny Centennial	J4-08.00
15	Ella Stene	9	Lake Mills	J4-08.00
16	Lexi Stephens	10	Ankeny	4-06.00
16	Emma Harwick	9	South Tama County	4-06.00
16	Lauryn Bennett	11	Cedar Falls	4-06.00
16	Catherine Pethoud	9	New Hampton	4-06.00
20	Jaleah Jones	10	Waterloo East	4-04.00
--	Brooklyn Martin	9	Waterloo East	NH
--	Caroly Coronado-Vargas	12	Des Moines East	NH
--	Abbi Webb	11	Des Moines East	NH
--	Macie Strnad	9	Ankeny	NH
--	Sabrina Leistikow	12	Cedar Falls	NH
--	Kaylee Baker	10	New Hampton	NH
--	Avery Kroll	12	Waterloo	NH
--	Macey McKenna	9	Hudson	NH
--	Magdelyn Miner	9	Johnston	NH

**Girls Long Jump**

Name	Year	School	Finals	H#	
1	Liz Fiser	12	Charles City	17-01.00	3
2	Carlee Rochford	9	New Hampton	16-10.50	3
3	Mytika Mayberry	11	Ankeny	16-04.00	3
4	Hannah Thomas	12	Mason City	16-03.50	3
5	Elaina Deardorff	9	Ames	16-00.50	3
6	Olivia Gehrke	12	Dowling Catholic	15-11.00	1
7	Lydia Stout		Charles City	15-09.50	1
8	Rachel Rincken	12	New Hampton	15-08.00	3
9	Abbi Webb	11	Des Moines East	15-02.00	2
10	Danielle Socarras	11	West Des Moi	J15-02.00	1
11	Valieghja Wright	10	Waterloo East	15-00.00	3
12	Adisyn Young	10	West Marshall	14-11.00	1
13	Madeline Grimm	10	Waterloo	14-07.50	2
13	Raelynn Smith	12	Cedar Falls	14-07.50	3
15	Aleksyia LeClere	10	Cedar Rapids	14-06.00	3
16	Addison Parker	11	Cedar Rapids	14-05.50	3
17	Paige Laird	10	Waukee	14-05.00	2
18	Lina Newland	10	Ottumwa	14-04.50	3
19	Helene Lenz	10	West Des Moi	14-04.00	1
20	Ciara Wheeler	11	Johnston	14-03.50	2
21	Olivia Kramer	9	Dowling Catholic	14-03.00	2
22	Naviah Jones	10	Waterloo East	14-00.50	2

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**....Girls Long Jump**

23 Avery Rubin	10 Ankeny	13-11.50	3
23 Taylor Lee	10 Prairie	13-11.50	3
25 Myrka Carrillo	11 Des Moines East	13-11.00	1
25 Logan Kalous	11 Prairie	13-11.00	2
27 Alyssa Miner	10 Johnston	13-07.50	2
28 Anna Taft	12 Cedar Falls	13-06.50	1
28 Delaney Nichols	11 West Marshall	13-06.50	1
30 Olivia Naylor	12 Ankeny Centennial	13-03.50	2
31 Finley Rogstad	9 Lake Mills	13-01.50	1
32 Jordan Wagner	12 Waukee	13-00.50	2
33 Shelby Slaven	11 South Tama County	13-00.00	1
34 Sedina Covic	12 Waterloo	12-11.50	1
35 Mya Davis	11 Ottumwa	12-11.00	2
36 Alexis Hoeft	9 Mason City	12-10.50	2
37 Maddie Hubka	10 West Fork	12-07.00	1
38 RaeLynn Nash	9 West Fork	12-03.00	1
39 Francoise Swedi	11 Cedar Rapids	11-07.50	1
40 Bre Riha	10 South Tama County	10-03.50	1

**Girls Shot Put**

Name	Year School	Finals	H#
1 Grace Tobin	12 Mason City	39-10.50	4
2 Madison Green	12 West Des Moi	36-05.00	3
3 Allison Flanscha	12 Cedar Falls	35-08.00	4
4 Ella Stagg	10 Ames	35-07.50	3
5 Hannah Stuelke	10 Cedar Rapids	35-07.00	3
6 Kaitlyn Gammon	12 Prairie	34-09.00	3
7 Ja'Dein Madison	10 Ankeny	33-11.00	4
8 Carly Stevenson	11 Charles City	33-08.00	3
9 Maren Rasmussen	10 Johnston	J33-08.00	4
10 Caitlyn Cox	10 West Des Moi	33-05.00	3
11 Alex Buscher	10 Waukee	32-00.00	3
12 Portia Jones	11 Des Moines East	31-08.00	2
13 Katie Sindt	10 Charles City	31-06.50	3
14 Emily Ball	11 Dowling Catholic	31-02.00	4
14 Avelyn Burger	11 Waukee	31-02.00	4
16 Liz Bierman	11 Tipton	31-00.00	3
17 Trinity Mitchell	9 Prairie	30-06.00	4
18 Rylee Bolsinger	12 Cedar Rapids	30-03.50	4
19 Kylie Greenfield	11 Lake Mills	30-02.50	3
20 Maya Van Erem	12 Waterloo	30-00.00	1
21 Megann Rentz	11 Cedar Falls	29-10.50	2
22 Anastasia Toben	12 Des Moines Lincoln	29-10.00	4
23 Natalie See	9 Waterloo East	29-08.00	1
24 Mallory Murphy	12 Cedar Rapids	29-04.00	3
25 Jasmine Bentley	12 Ankeny	29-03.50	4
26 Jordan Pauls	9 Ottumwa	29-02.50	4

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**....Girls Shot Put**

27 Lexi Curtis	11 Mason City	28-07.00	2
28 Kelly Klinge	12 Des Moines Lincoln	28-02.50	4
29 Baylee Butler	10 West Marshall	27-11.00	2
30 Taylor Claussen	10 New Hampton	27-10.00	2
31 Ruby Chris	10 Waterloo	27-04.00	1
31 Marli Reisner	11 Hudson	27-04.00	1
31 Tara Jochumsen	12 Hudson	27-04.00	1
34 Jaycie Rauch	11 South Tama County	27-02.50	2
35 Sydney Parizek	11 South Tama County	27-00.00	2
36 Halle Mohan	10 Dowling Catholic	26-11.00	2
37 Sarah Imhoff	10 Ames	26-02.50	2
38 Tahajne Haynes	12 Des Moines East	26-01.00	1
39 Allison Klahn	12 Johnston	24-08.00	2
40 Kaydence Zack	9 New Hampton	24-07.50	2
41 Hope Hartman	11 West Fork	24-07.00	1
42 Kylie Fink	11 West Fork	24-02.00	1
43 Aliyah Penn	11 Cedar Rapids	24-01.00	1
44 Sarah Pierce	11 West Marshall	24-00.00	1
45 Emma Strayer	9 Ottumwa	20-07.00	1
46 Emily Floth	12 Waterloo East	19-06.00	1
47 Carys Christianson	9 Lake Mills	18-11.00	1