

**Chelsey M. Henkenius Open**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 1/18/2020**  
**Results**

**Women 60 Meter Dash**  
**Top 8 Advance by Time**

Name	Year School	Prelims	H#
<b>Preliminaries</b>			
1 Alanna Muhammad	SO Wartburg	7.85q	2
2 Sanique Rose	FR Hawkeye CC	7.88q	1
3 Taylan Olson	SO Wartburg	7.91q	2
4 Paighton Malek	SO Hawkeye CC	8.00q	1
5 Haley Flaws	SO Grand View	8.07q	1
6 Jenna Hummell	FR Hawkeye CC	8.16q	2
7 Morgan Funke	SO Wartburg	8.29q	2
8 Brenna Jacobs	SO Wartburg	8.30q	2
9 Mikala Sidney	FR Wartburg	8.34	2
10 Erika Canada	FR Grand View	8.45	1
11 Skylar Miller-Baker	SR Wartburg	8.67	1
12 Darian Wegner	JR Wartburg	8.80	1

**Women 60 Meter Dash**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Sanique Rose	FR Hawkeye CC	7.78	10
2 Alanna Muhammad	SO Wartburg	7.82	8
3 Taylan Olson	SO Wartburg	7.91	6
4 Haley Flaws	SO Grand View	8.09	4
5 Morgan Funke	SO Wartburg	8.24	2
6 Paighton Malek	SO Hawkeye CC	8.27	1
7 Jenna Hummell	FR Hawkeye CC	8.34	
8 Brenna Jacobs	SO Wartburg	8.48	

**Women 200 Meter Dash**

Name	Year School	Finals	H#	Points
1 Sanique Rose	FR Hawkeye CC	26.37	1	10
2 Jackie Ganshirt	JR Wartburg	26.89	1	8
3 Ellie Loesch	FR Upper Iowa	26.99	1	6
4 Jenna Hummell	FR Hawkeye CC	27.50	2	4
5 Maggi Bjustrom	SR Wartburg	27.51	2	2
6 Mikala Sidney	FR Wartburg	27.98	3	1
7 Cassiddy Wilson	JR Upper Iowa	28.27	2	
8 Morgan Funke	SO Wartburg	28.53	1	
9 Adeline McDermott	FR Hawkeye CC	28.62	3	
10 Allison Yuska	JR Wartburg	28.95	2	
11 Skylar Miller-Baker	SR Wartburg	29.39	2	
12 Jocelyn Haack	FR Wartburg	29.52	3	
13 Kortney Lightfoot	SR Upper Iowa	29.60	3	

**Chelsey M. Henkenius Open**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 1/18/2020**  
**Results**

**Women 400 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Riawna Hunter	FR	Grand View	1:00.81	1	10
2 Cassiddy Wilson	JR	Upper Iowa	1:01.01	1	8
3 Ellie Loesch	FR	Upper Iowa	1:02.72	1	6
4 Summer Barthelman	FR	Hawkeye CC	1:02.73	1	4
5 Karri Pippett	SO	Grand View	1:04.95	2	2
6 Destiny McGinnis	JR	Grand View	1:05.56	1	1
7 Jada Wyrick	JR	Grand View	1:05.84	2	
8 Cameron Mesecher	FR	Grand View	1:07.88	2	

**Women 600 Meter Run**

Name	Year	School	Finals	H#	Points
1 Carson McSorley	SO	Wartburg	1:38.48	1	10
2 Jaderial Staebler	JR	Wartburg	1:41.04	1	8
3 Annie Mast	FR	Wartburg	1:44.60	1	6
4 Kaylee Hosch	FR	Hawkeye CC	1:45.14	1	4
5 Jade Martin	FR	Upper Iowa	1:49.55	2	2
6 Allie Flaws	SR	Grand View	1:54.93	1	1
7 Drew Jensen	FR	Hawkeye CC	1:58.97	1	
8 Breyanna Hill	SR	Upper Iowa	1:59.98	2	
9 Deja Sanders	JR	Grand View	2:00.63	2	
10 Jenessa Carpenter	SO	Grand View	2:00.80	2	

**Women 1000 Meter Run**

Name	Year	School	Finals	Points
1 Erica Rittgers	SR	Wartburg	3:00.98	10
2 Ashley Bloomquist	FR	Wartburg	3:15.60	8
3 Natalie Fober	SR	Wartburg	3:19.17	6
4 Madison Brownrigg	JR	Upper Iowa	3:27.26	4
5 Serianna Dehmlow	SO	Upper Iowa	3:28.81	2
6 Ashley Donovan	FR	Upper Iowa	3:37.50	1
7 Gabi Erdelac-Newman	SO	Wartburg	3:50.56	

**Women 1 Mile Run**

Name	Year	School	Finals	Points
1 Aubrie Fisher	FR	Wartburg	5:19.45	10
2 Brandi Antonio	SO	Wartburg	6:05.50	8
3 Kaylie Barker	FR	Wartburg	6:19.02	6
4 AJ Kendrick	FR	Wartburg	6:32.86	4

**Chelsey M. Henkenius Open**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 1/18/2020**  
**Results**

**Women 3000 Meter Run**

Name	Year	School	Finals	Points
1 Carina Collet	JR	Wartburg	10:21.41	10
2 Natalie Paulson	FR	Wartburg	10:35.50	8
3 Trinity Borland	SO	Wartburg	10:38.13	6
4 Moriah Morter	SO	Wartburg	10:39.75	4
5 Riley Mayer	SO	Wartburg	10:42.72	2
6 Janelle Baeskens	SO	Wartburg	10:43.35	1
7 Cassidy Christopher	JR	Wartburg	10:53.82	
8 Clare Dunne	SO	Wartburg	10:55.82	
9 Anna Hertz	SO	Wartburg	10:58.89	
10 Carlene Hamilton	FR	Wartburg	11:19.65	
11 Kylie Kelchen	SR	Wartburg	11:28.68	
12 Clare Davison	JR	Wartburg	11:35.87	
13 Allissa Neubauer	SO	Wartburg	11:46.07	
14 Addy Carlson	FR	Wartburg	11:47.74	
15 Victoria Breitbach	FR	Wartburg	12:13.63	
16 Chloe Greig	FR	Grand View	12:57.20	
17 Paige Thompson	FR	Grand View	13:23.72	

**Women 60 Meter Hurdles****Top 8 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Amara Taylor	JR	Grand View	9.20q	2
2 Maggi Bjustrom	SR	Wartburg	9.32q	3
3 Sailor Hinegardner	SO	Wartburg	9.42q	1
4 Anna Achter	SR	Wartburg	9.45q	2
5 Marissa Nolan	SR	Wartburg	9.54q	1
6 Haley Beckert	JR	Wartburg	9.82q	3
7 Jocelyn Haack	FR	Wartburg	9.92q	2
8 Kortney Lightfoot	SR	Upper Iowa	10.06q	1
9 Adeline McDermott	FR	Hawkeye CC	10.08	3
10 Cameron Mesecher	FR	Grand View	10.12	2
11 Allison Yuska	JR	Wartburg	10.32	1
12 Ryin Lehmann	FR	Wartburg	10.44	1
13 Bri Dellamuth	SR	Wartburg	10.69	2
14 Abby DeBaillie	SR	Wartburg	10.73	1
15 Lily Becker	FR	Hawkeye CC	11.19	3

**Women 60 Meter Hurdles**

Name	Year	School	Finals	Points
Finals				
1 Maggi Bjustrom	SR	Wartburg	9.21	10
2 Amara Taylor	JR	Grand View	9.23	8

**Chelsey M. Henkenius Open**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 1/18/2020**  
**Results**

**....Women 60 Meter Hurdles**

3	Sailor Hinegardner	SO Wartburg	9.39	6
4	Anna Achter	SR Wartburg	9.66	4
5	Marissa Nolan	SR Wartburg	9.79	2
6	Haley Beckert	JR Wartburg	9.89	1
7	Jocelyn Haack	FR Wartburg	9.93	
8	Kortney Lightfoot	SR Upper Iowa	11.18	

**Women 4x400 Meter Relay**

School		Finals	H#	Points
1	Wartburg	3:58.29	1	10
	1) Jackie Ganshirt JR	2) Jaderial Staebler JR		
	3) Carson McSorley SO	4) Erica Rittgers SR		
2	Wartburg 'B'	x4:13.11	1	
	1) Marissa Nolan SR	2) Abby DeBaillie SR		
	3) Taylan Olson SO	4) Annie Mast FR		
3	Hawkeye CC	4:14.78	1	8
	1) Summer Barthelman FR	2) Drew Jensen FR		
	3) Kaylee Hosch FR	4) Paighton Malek SO		
4	Upper Iowa	4:15.56	1	6
	1) Cassiddy Wilson JR	2) Jenna Ross JR		
	3) Jade Martin FR	4) Ellie Loesch FR		
5	Grand View	4:27.08	1	4
	1) Amara Taylor JR	2) Haley Flaws SO		
	3) Allie Flaws SR	4) Karri Pippett SO		
6	Grand View 'B'	x4:29.12	2	
	1) Riawna Hunter FR	2) Cameron Mesecher FR		
	3) Deja Sanders JR	4) Erika Canada FR		
7	Wartburg 'C'	x4:32.64	2	
	1) Aubrie Fisher FR	2) Ashley Bloomquist FR		
	3) Natalie Fober SR	4) Jacque Garza JR		
8	Upper Iowa 'B'	x4:37.45	2	
	1) Makenzie Soeken SR	2) Ashley Donovan FR		
	3) Breyanna Hill SR	4) Kortney Lightfoot SR		

**Women High Jump**

Name	Year School	Finals	Points
1 Brea Christopher	FR Wartburg	1.70m	10
1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68 1.70 1.73			
P P P P P P O O O XO XX			
2 Nicki Schneider	JR Wartburg	1.53m	8
1.28 1.33 1.38 1.43 1.48 1.53 1.58			
P P P O XO XXO XXX			
3 Ellie Roquet	JR Wartburg	1.48m	5
1.28 1.33 1.38 1.43 1.48 1.53			
P P P P O XXX			



**Chelsey M. Henkenius Open**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 1/18/2020**  
**Results**

**....Women High Jump**

3	Lexi Groe	SO Wartburg	1.48m	5
	1.28 1.33 1.38 1.43 1.48 1.53			
	P P P O O XXX			
5	Adelynn Ahartz	FR Grand View	J1.48m	2
	1.28 1.33 1.38 1.43 1.48 1.53			
	O O O O XO XXX			
6	Haley Beckert	JR Wartburg	1.43m	1
	1.28 1.33 1.38 1.43 1.48			
	P O O O XXX			
7	Bri Dellamuth	SR Wartburg	J1.43m	
	1.28 1.33 1.38 1.43 1.48			
	P O O XO XXX			
8	Acey Jellison	FR Hawkeye CC	J1.43m	
	1.28 1.33 1.38 1.43 1.48			
	P P O XXO XXX			
9	Marissa Nolan	SR Wartburg	1.38m	
	1.28 1.33 1.38 1.43 1.48			
	O O O XX XXX			
9	Abby DeBaillie	SR Wartburg	1.38m	
	1.28 1.33 1.38 1.43			
	O O O XXX			
11	Lily Becker	FR Hawkeye CC	J1.38m	
	1.28 1.33 1.38 1.43			
	XO XO XXO XXX			
--	Jade Martin	FR Upper Iowa	NH	
	1.28 1.33 1.38 1.43 1.48			
	P P P P XXX			

**Women Pole Vault**

=====					
Name	Year	School	Finals	Points	
=====					
1	Anna Achter	SR Wartburg	2.92m	10	
	2.47 2.62 2.77 2.92 3.07				
	O O O O XXX				
2	Isabelle Albers	FR Wartburg	J2.92m	8	
	2.47 2.62 2.77 2.92 3.07				
	P P XO O XXX				
3	Nicki Schneider	JR Wartburg	2.77m	6	
	2.47 2.62 2.77 2.92				
	P P XXO XXX				

**Women Long Jump**

=====						
Name	Year	School	Finals	Points		
=====						
1	Paighton Malek	SO Hawkeye CC	5.36m	10		
	FOUL 5.03m 5.13m 5.36m FOUL FOUL					

**Chelsey M. Henkenius Open**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 1/18/2020**  
**Results**

**....Women Long Jump**

2	Cherisse Ward	SO Wartburg	5.23m	8
	4.84m 5.23m 4.52m 5.22m FOUL 5.13m			
3	Anna Achter	SR Wartburg	5.14m	6
	5.01m 4.98m 5.08m 5.02m 4.97m 5.14m			
4	Jaderial Staebler	JR Wartburg	5.11m	4
	5.00m 5.04m 5.06m 5.11m FOUL FOUL			
5	Alanna Muhammad	SO Wartburg	4.97m	2
	FOUL 4.97m FOUL FOUL FOUL FOUL			
6	Sailor Hinegardner	SO Wartburg	4.94m	1
	FOUL 4.94m FOUL FOUL FOUL FOUL			
7	Adelynn Ahartz	FR Grand View	4.92m	
	4.53m 4.65m 4.44m 4.92m 4.88m 4.71m			
8	Darian Wegner	JR Wartburg	4.77m	
	4.56m FOUL 4.77m FOUL FOUL FOUL			
8	Breya Christopher	FR Wartburg	4.77m	
	FOUL FOUL 4.77m FOUL FOUL FOUL			
10	Makenzie Soeken	SR Upper Iowa	4.63m	
	4.63m FOUL 4.63m			
11	Kortney Lightfoot	SR Upper Iowa	4.32m	
	4.29m 4.32m 4.25m			
12	Christonna Shafranski	SO Upper Iowa	4.23m	
	FOUL FOUL 4.23m			

**Women Triple Jump**

Name	Year School	Finals	Points
1 Cherisse Ward	SO Wartburg	10.45m	10
	10.33m 10.39m 10.43m 10.31m FOUL 10.45m		
2 Haley Flaws	SO Grand View	10.24m	8
	FOUL FOUL 9.24m 8.82m 9.15m 10.24m		
3 Isabelle Albers	FR Wartburg	10.17m	6
	9.21m 9.61m 9.93m 10.17m 9.83m 9.85m		
4 Deja Sanders	JR Grand View	10.11m	4
	9.77m 9.63m FOUL FOUL 10.04m 10.11m		
5 Ellie Roquet	JR Wartburg	9.81m	2
	9.54m 9.67m 9.41m 9.32m 9.55m 9.81m		

**Women Shot Put**

Name	Year School	Finals	H#	Points
1 Brinn Grunder	SR Upper Iowa	13.50m	2	10
	13.35m 13.06m 13.39m FOUL 13.14m 13.50m			
2 Anna Rehberg	SR Wartburg	13.21m	2	8
	FOUL 13.21m 12.84m FOUL 12.97m 12.25m			
3 Sydney Flatness	SO Grand View	13.01m	2	6
	13.01m 12.92m 12.54m 12.05m 12.27m 11.97m			

**Chelsey M. Henkenius Open**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 1/18/2020**  
**Results**

**....Women Shot Put**

4	LaVon Davis	JR Grand View	12.43m	2	4
	12.43m 11.63m 12.07m	FOUL 12.25m 12.23m			
5	Maryn Phillips	JR Grand View	12.32m	2	2
	11.92m 12.10m 12.32m	FOUL 11.22m 11.09m			
6	April Czarnecki	FR Grand View	11.77m	2	1
	11.77m FOUL FOUL	11.07m 10.81m 10.10m			
7	Cassidy Nerland	SO Grand View	11.39m	2	
	11.37m 11.39m 10.75m	FOUL 10.74m 10.31m			
8	Becca Krueger	JR Grand View	11.28m	2	
	11.08m 11.28m FOUL	10.68m 10.78m FOUL			
9	Emma Jacobs	JR Wartburg	11.01m	1	
	10.96m 10.33m 11.01m	10.92m 9.71m 10.57m			
10	Emma Ammons	FR Wartburg	10.62m	1	
	10.37m 10.62m 9.60m				
11	Mari Shavers	SO Hawkeye CC	10.29m	1	
	10.29m 10.14m 9.57m				
12	Iliyah Moore	FR Grand View	10.19m	1	
	9.87m 10.19m 10.10m				
13	Grace McCartan	FR Wartburg	9.83m	1	
	8.83m 9.83m FOUL				
14	Lily Becker	FR Hawkeye CC	9.54m	1	
	8.12m 9.54m 8.69m				
15	Elli Becicka	FR Wartburg	8.94m	1	
	8.84m 8.88m 8.94m				
16	Cait Malloy	JR Grand View	8.91m	1	
	8.80m 8.64m 8.91m				
--	Dani Johnson	JR Wartburg	FOUL	2	
	FOUL FOUL FOUL				

**Women Weight Throw**

Name	Year School	Finals	H#	Points
1 LaVon Davis	JR Grand View	19.69m	2	10
	19.69m 18.10m 17.70m	18.31m FOUL 17.81m		
2 Brinn Grunder	SR Upper Iowa	16.80m	2	8
	FOUL 16.52m 16.40m	16.80m 16.35m 16.11m		
3 Michelle Carrillo	SR Grand View	16.78m	2	6
	16.32m 16.78m FOUL	FOUL FOUL FOUL		
4 Anna Rehberg	SR Wartburg	16.03m	2	4
	FOUL 15.48m 15.15m	16.03m FOUL FOUL		
5 Cassidy Nerland	SO Grand View	15.64m	2	2
	15.64m 14.88m FOUL	12.92m 14.39m FOUL		
6 Mari Shavers	SO Hawkeye CC	14.67m	2	1
	14.16m 14.67m FOUL	FOUL FOUL FOUL		
7 Dani Johnson	JR Wartburg	14.58m	2	
	13.74m 14.58m FOUL	FOUL FOUL 13.80m		
8 Maryn Phillips	JR Grand View	14.11m	2	
	12.62m 13.10m 13.61m	14.11m 12.60m FOUL		

**Chelsey M. Henkenius Open**  
**Hoover Field House & Indoor Track - Wartburg College**  
**Waverly, Iowa - 1/18/2020**  
**Results**

**....Women Weight Throw**

9	Emma Jacobs	JR Wartburg	13.70m	2
	12.98m 13.70m FOUL FOUL 12.56m FOUL			
10	Sydney Flatness	SO Grand View	12.75m	1
	FOUL 9.96m 12.75m			
11	Cait Malloy	JR Grand View	12.42m	1
	12.42m 12.08m 12.09m			
12	April Czarnecki	FR Grand View	11.72m	1
	11.72m 11.66m 11.42m			
13	Iliyah Moore	FR Grand View	11.05m	1
	11.05m 10.51m 10.94m			
14	Grace McCartan	FR Wartburg	10.87m	1
	9.94m 10.17m 10.87m			
15	Emma Ammons	FR Wartburg	10.41m	1
	10.39m FOUL 10.41m			
16	Elli Becicka	FR Wartburg	8.54m	1
	7.16m FOUL 8.54m			
--	Becca Krueger	JR Grand View	FOUL	1
	FOUL FOUL FOUL			
--	Caitlynn Smith	SO Wartburg	FOUL	1
	FOUL FOUL FOUL			

=====

Women - Team Rankings - 15 Events Scored

=====

1) Wartburg	271	2) Grand View	75
3) Upper Iowa	53	4) Hawkeye CC	52

=====

Men - Team Rankings - 15 Events Scored

=====

1) Grand View	187	2) Wartburg	157
3) Hawkeye CC	66	4) Upper Iowa	38