

River Valley Conference Indoor Championships
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/21/2019
Results

Girls 55 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1	Jaedynn	Evans	12	Regina	7.64 5 10
2	Neveah	Hildebrandt	10	Northeast	7.74 5 8
3	Leah	Holub	11	Monticello	8.02 4 6
4	Molly	McElmeel	11	Cascade	8.06 5 5
5	Alexis	Ehlers	10	Northeast	8.09 4 4
6	Hope	Simpson	9	Regina	8.17 4 3
7	Dasana	Moore	11	Camanche	8.20 5 2
8	Elizabeth	Gibbs	9	Cascade	8.22 5 1
9	Sarah	Osaro	12	Camanche	8.23 5
10	Madison	Tarr	9	Northeast	8.24 4
11	Kassadie	Galloway	11	North Cedar	8.26 4
12	Haylee	Lehman	11	West Liberty	8.28 4
13	Andrea	Wachendorf	11	North Cedar	8.31 3
14	Libby	Felton	10	Cascade	8.35 3
15	Kenna	Duesing	10	Bellevue	8.43 3
16	Ellen	Carow	9	West Liberty	8.46 3
17	Macy	Akers	12	West Liberty	8.52 3
18	Lillian	Simpson	9	Regina	8.53 2
19	Sammy	Prybil	12	Anamosa	8.55 3
20	Rubie	Blinkinsop	9	Camanche	8.56 2
21	Starr	Kirk	10	Anamosa	8.60 2
22	Brooke	Denniston	10	Cascade	8.64 3
23	Kylie	Murray	9	North Cedar	8.68 1 8.671
24	Lauren	Bader	10	Monticello	8.68 3 8.675
25	Jordan	Beasley	9	Bellevue	8.70 4
26	Jordan	Norton	9	Monticello	8.71 4
27	Natalie	Franklin	9	Regina	8.81 2
28	Makenna	Putman	10	Bellevue	8.87 5
29	Amelia	Anderson	10	Monticello	9.11 2
30	Emma	Garien	10	Northeast	9.12 1
31	Rayne	Mangels	10	Durant-Bennett	9.16 2
32	Cheyann	Hilbert	11	Durant-Bennett	9.17 1
33	Katie	Thompson	12	North Cedar	9.27 2
34	Lisa	Beckley	12	Bellevue	9.42 2
35	Sofia	Reyna	9	Durant-Bennett	9.49 1
36	Kayla	Erbst	11	Durant-Bennett	9.57 1
37	Brielle	Page	10	West Liberty	10.17 1
38	Chealsa	Andersen	9	Camanche	10.46 1

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1	Kelly	Proesch	10	North Cedar	27.78 4 10
2	Jaedynn	Evans	12	Regina	27.86 5 8
3	Neveah	Hildebrandt	10	Northeast	27.90 5 6

River Valley Conference Indoor Championships
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/21/2019
Results

....Girls 200 Meter Dash

4	Ellie Rickertsen	9	Northeast	27.98	5	5
5	Meg Koenig	11	Durant-Bennett	28.73	5	4
6	Maddie Knapp	10	Cascade	29.18	4	3
7	Molly McElmeel	11	Cascade	30.38	5	2
8	Nixsia Melchor	12	West Liberty	30.73	3	1
9	Mae Felton	12	Cascade	30.82	4	
10	Skyleigh Husmann	10	Monticello	31.07	4	
11	Sarah Osaro	12	Camanche	31.23	3	
12	Lillian Simpson	9	Regina	31.33	3	
13	Dayna Maiers	9	Durant-Bennett	31.39	2	
14	Averi Goodale	10	West Liberty	31.40	4	
15	Ellen Carow	9	West Liberty	31.45	3	
16	Starr Kirk	10	Anamosa	31.98	4	
17	Reese Cox	10	Monticello	32.17	3	
18	Elizabeth Wurzer	12	Durant-Bennett	32.25	2	
19	Kylie Murray	9	North Cedar	32.31	1	
20	Olivia Kremer	11	Monticello	32.67	2	
21	Bridgette Hundley	9	Camanche	32.76	2	
22	Jordan Beasley	9	Bellevue	32.86	5	
23	Danica Eberhart	9	Northeast	32.96	1	
24	Danika Dodson	9	Camanche	33.04	2	
25	Makenna Putman	10	Bellevue	33.48	3	
26	Claire Dunne	9	Bellevue	34.34	1	

Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Abby Welter	11	Cascade	1:03.77	4	10
2	Cassie Cox	12	North Cedar	1:03.87	4	8
3	Sommer Daniel	11	Tipton	1:05.14	4	6
4	Marie Knepper	12	Cascade	1:05.50	4	5
5	Meg Koenig	11	Durant-Bennett	1:06.34	4	4
6	Gabby Gadiant	11	Anamosa	1:06.47	4	3
7	Rachel Rhomberg	10	Cascade	1:08.74	3	2
8	Madison Tarr	9	Northeast	1:09.58	3	1
9	Dayna Maiers	9	Durant-Bennett	1:10.51	3	
10	Kylee Van Dorn	9	Monticello	1:11.31	3	
11	Ahtziri Aragon	11	West Liberty	1:11.78	2	
12	Elizabeth Chambers	9	Northeast	1:13.44	2	
13	Grace Sprank	12	Bellevue	1:13.79	3	
14	Valerie Spooner	10	Northeast	1:14.55	2	
15	Allie Peel	10	Durant-Bennett	1:15.94	2	
16	Rubie Blinkinsop	9	Camanche	1:16.38	2	
17	Aubrie Pruess	9	North Cedar	1:16.99	2	
18	Kendall Ruden	9	Monticello	1:17.09	3	
19	Jackie Callihan	9	Camanche	1:28.82	1	
20	Brielle Page	10	West Liberty	1:30.15	1	
21	Grace Evans	9	West Liberty	1:40.39	1	

River Valley Conference Indoor Championships
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/21/2019
Results

Girls 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Corinne Gadiant	12	Anamosa	2:31.91	2	10
2 Madeline Rhomberg	12	Cascade	2:34.75	2	8
3 Amanda Smith	12	Tipton	2:38.72	2	6
4 Amber Friedrichsen	12	Northeast	2:38.86	2	5
5 Kiley Chapman	10	North Cedar	2:42.50	2	4
6 Harley Bradtke	9	Cascade	2:44.62	2	3
7 Madison Kelchen	12	Cascade	2:44.63	2	2
8 Isabel Morrison	9	West Liberty	2:46.78	2	1
9 Makenzie Petersen	10	Northeast	2:46.97	2	
10 Ellie Berry	12	Durant-Bennett	2:47.78	1	
11 Molly Vittetoe	12	Regina	2:52.18	2	
12 Paige Moats	11	Anamosa	3:00.71	2	
13 Kamilla Jacobo	9	Camanche	3:02.34	1	
14 Raeann Portz	12	Northeast	3:08.98	1	
15 Bronwyn Hodge	9	Monticello	3:11.56	1	
16 Makenna Patterson	12	Monticello	3:12.86	1	
17 Emma Dales	9	Anamosa	3:14.02	2	
18 Ann Kinkaid	11	Camanche	3:17.86	1	
19 Faith Hansen	9	Monticello	3:26.44	1	
20 Alex Spies	9	Regina	3:26.80	1	
21 Haylee Heister	9	Tipton	3:34.28	1	
22 Karly Cerda	10	North Cedar	3:36.44	1	

Girls 1500 Meter Run

Name	Year	School	Finals	Points
1 Madeline Rhomberg	12	Cascade	5:10.21	10
2 Amanda Smith	12	Tipton	5:21.06	8
3 Jimena Fierro	11	West Liberty	5:26.83	6
4 Madison Kelchen	12	Cascade	5:31.88	5
5 Kiley Chapman	10	North Cedar	5:35.79	4
6 Gabby Williamson	9	Bellevue	5:44.10	3
7 Triniti Etzel	9	Monticello	5:44.22	2
8 Markee Low	11	Camanche	5:47.10	1
9 Martha Pace	10	West Liberty	5:47.95	
10 Ellie Berry	12	Durant-Bennett	5:48.63	
11 Molly Vittetoe	12	Regina	5:53.92	
12 Mary Catherine Graff	12	Regina	5:54.36	
13 Shannon Morris	10	Cascade	6:07.42	
14 Alexa Jess	12	Anamosa	6:14.78	
15 Ella Oberman	11	Northeast	6:17.83	
16 Jordyn Erickson	11	Anamosa	6:27.40	
17 Makenna Patterson	12	Monticello	6:31.03	
18 Karly Cerda	10	North Cedar	7:38.43	

River Valley Conference Indoor Championships
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/21/2019
Results

Girls 55 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Ellie Rickertsen	9	Northeast	8.79	3	10
2 Kelly Proesch	10	North Cedar	9.08	3	8
3 Jordan Simon	11	Cascade	9.50	3	6
4 Haylee Lehman	11	West Liberty	9.75	3	5
5 Emma Sueppel	10	Regina	10.06	3	4
6 Mae Felton	12	Cascade	10.12	3	3
7 Kyra Lange	10	North Cedar	10.31	1	1.50 10.306
7 Rachel Rhomberg	10	Cascade	10.31	2	1.50 10.306
9 Julia Ludwig	10	Cascade	10.41	2	
10 Molly Vittetoe	12	Regina	10.83	3	
11 Aubrie Kruse	9	Northeast	10.97	2	
12 Addisyn Skinner	11	Durant-Bennett	11.08	2	
13 Avereë Kasik	10	North Cedar	11.43	2	
14 Jordyn Erickson	11	Anamosa	11.52	2	
15 Kayelee Hanssen	9	Northeast	11.59	2	
16 Camryn Saxon	9	Camanche	11.99	1	
17 Bryce Guilliams	10	Northeast	12.00	1	
18 Gabby Guilford	10	Monticello	12.72	3	

Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Northeast 1) Alexis Ehlers 10 3) Ellie Rickertsen 9	1:53.24	3	10
2 Cascade 1) Elizabeth Gibbs 9 3) Rachel Trumm 12	1:55.47	3	8
3 Regina 1) Jaedynn Evans 12 3) Natalie Franklin 9	1:57.53	3	6
4 Camanche 1) Sarah Osaro 12 3) Emy Seeser 10	1:59.66	2	5
5 North Cedar 1) Andrea Wachendorf 11 3) Kylie Murray 9	2:00.18	3	4
6 Cascade 'B' 1) Sydney Weber 10 3) Brooke Denniston 10	x2:03.00	2	
7 Durant-Bennett 1) Meg Koenig 11 3) Dayna Maiers 9	2:03.05	2	3
8 Bellevue 'B' 1) Kenna Duesing 10 3) Claire Dunne 9	2:03.10	1	2

River Valley Conference Indoor Championships
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/21/2019
Results

....Girls 4x200 Meter Relay

9 Monticello 'B'	2:03.24	1	1
1) Emma Hynick 9	2) Lauren Bader 10		
3) Olivia Kremer 11	4) Kendall Ruden 9		
10 Monticello	x2:03.30	2	
1) Leah Holub 11	2) Reese Cox 10		
3) Jordan Norton 9	4) Skyleigh Husmann 10		
11 Northeast 'B'	x2:03.31	2	
1) Kyra Dague 9	2) Madison Messerich 9		
3) Emma Fowler 10	4) Jaden Smith 11		
12 Camanche 'B'	x2:08.67	1	
1) Rubie Blinkinsop 9	2) Danika Dodson 9		
3) Bridgette Hundley 9	4) Kamilla Jacobo 9		
13 North Cedar 'B'	x2:10.26	1	
1) Hannah Bruno 10	2) Aubrie Pruess 9		
3) Avere Kasik 10	4) Amy Schroeder 12		
14 Durant-Bennett 'B'	x2:13.96	1	
1) Allie Peel 10	2) Rayne Mangels 10		
3) Cheyann Hilbert 11	4) Kayla Erbst 11		
-- West Liberty	DQ	3	
1) Averi Goodale 10	2) Haylee Lehman 11		
3) Macy Akers 12	4) Austyn Crees 11		
-- Anamosa	DQ	2	
1) Olivia Nebergall 11	2) Anna Rowley 9		
3) Starr Kirk 10	4) Sammy Prybil 12		

Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Cascade	4:21.12	2	10
1) Marie Knepper 12	2) Abby Welter 11		
3) Rachel Trumm 12	4) Elizabeth Gibbs 9		
2 Anamosa	4:33.20	2	8
1) Olivia Nebergall 11	2) Abby Fairbanks 11		
3) Anna Rowley 9	4) Gabby Gadiant 11		
3 Bellevue	4:38.95	2	6
1) Kailey Miller 12	2) Alexa Roeder 9		
3) Gabby Williamson 9	4) Giana Michels 12		
4 Regina	4:41.41	2	5
1) Emma Sueppel 10	2) Natalie Franklin 9		
3) Mary Catherine Graff 12	4) Hope Simpson 9		
5 North Cedar	4:42.79	2	4
1) Cassie Cox 12	2) Rhyan Hoefler 9		
3) Kiley Chapman 10	4) Aubrie Pruess 9		
6 Northeast	4:43.68	1	3
1) Miya Messerich 11	2) Emma Fowler 10		
3) Amber Friedrichsen 12	4) Madison Tarr 9		
7 West Liberty	4:49.76	2	2
1) Macy Akers 12	2) Isabel Morrison 9		

River Valley Conference Indoor Championships
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/21/2019
Results

....Girls 4x400 Meter Relay

3) Martha Pace 10	4) Jimena Fierro 11		
8 Camanche	4:54.18	1	1
1) Dasana Moore 11	2) Markee Low 11		
3) Maddy Sloane 12	4) Maci Sloane 10		
9 Northeast 'B'	x4:55.05	1	
1) Madison Messerich 9	2) Makenzie Petersen 10		
3) Valerie Spooner 10	4) Elizabeth Chambers 9		
10 Cascade 'B'	x4:56.41	1	
1) Harley Bradtke 9	2) Alexis Shaffer 12		
3) Maci Boffeli 9	4) Shannon Morris 10		
11 Monticello	5:04.14	1	
1) Trinitati Etzel 9	2) Piper Hansen 9		
3) Kylee Van Dorn 9	4) Bronwyn Hodge 9		
12 Camanche 'B'	x5:14.83	1	
1) Rubie Blinkinsop 9	2) Danika Dodson 9		
3) Bridgette Hundley 9	4) Kamilla Jacobo 9		

Girls 4x800 Meter Relay

School	Finals	Points
1 Cascade	10:28.58	10
1) Marie Knepper 12	2) Abby Welter 11	
3) Madison Kelchen 12	4) Madeline Rhomberg 12	
2 Bellevue	10:30.67	8
1) Gabby Williamson 9	2) Kailey Miller 12	
3) Alexa Roeder 9	4) Giana Michels 12	
3 Northeast	10:47.44	6
1) Amber Friedrichsen 12	2) Makenzie Petersen 10	
3) Madison Messerich 9	4) Miya Messerich 11	

Girls 1600 Sprint Medley

School	Finals	Points
1 Northeast	4:38.63	10
1) Alexis Ehlers 10	2) Neveah Hidebrandt 10	
3) Ellie Rickertsen 9	4) Miya Messerich 11	
2 North Cedar	4:49.96	8
1) Andrea Wachendorf 11	2) Kassadie Galloway 11	
3) Kelly Proesch 10	4) Rhyan Hoefler 9	
3 Anamosa	4:55.32	6
1) Sammy Prybil 12	2) Anna Rowley 9	
3) Olivia Nebergall 11	4) Abby Fairbanks 11	
4 Monticello	4:57.48	5
1) Leah Holub 11	2) Emma Hynick 9	
3) Trinitati Etzel 9	4) Piper Hansen 9	
5 Camanche	4:57.49	4
1) Emy Seeser 10	2) Maci Sloane 10	

River Valley Conference Indoor Championships
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/21/2019
Results

....Girls 1600 Sprint Medley

3) Maddy Sloane 12	4) Markee Low 11		
6 Cascade		5:00.86	3
1) Sydney Weber 10	2) Libby Felton 10		
3) Alexis Shaffer 12	4) Maci Boffeli 9		

Girls High Jump

Name	Year	School	Finals	Points
1 Olivia Nebergall	11	Anamosa	5-05.00	10
2 Gabby Guilford	10	Monticello	J5-05.00	8
3 Sommer Daniel	11	Tipton	5-00.00	6
4 Alexis Ehlers	10	Northeast	4-10.00	4.50
4 Elizabeth Chambers	9	Northeast	4-10.00	4.50
6 Anna McDermott	10	Cascade	J4-10.00	3
7 Aubrie Pruess	9	North Cedar	J4-10.00	2
8 Camryn Saxon	9	Camanche	4-06.00	1

Girls Long Jump

Name	Year	School	Finals	Points
1 Gabby Gadiant	11	Anamosa	15-09.50	10
2 Emy Seeser	10	Camanche	15-01.50	8
3 Kyra Dague	9	Northeast	14-11.00	6
4 Starr Kirk	10	Anamosa	14-06.00	5
5 Brin Daugherty	11	Bellevue	13-07.00	4
6 Jaden Smith	11	Northeast	13-06.00	3
7 Danika Dodson	9	Camanche	13-03.00	2
8 Addisyn Skinner	11	Durant-Bennett	13-02.00	1
9 Aubrie Hager	12	Bellevue	13-01.00	
10 Sklyar Pachtinger	9	Cascade	12-07.00	
11 Hannah Bruno	10	North Cedar	10-09.50	
-- Kelly Proesch	10	North Cedar	FOUL	

Girls Shot Put

Name	Year	School	Finals	H#	Points
1 Nicole Sander	12	North Cedar	36-01.00	2	10
2 Claire Abbot	11	Northeast	35-03.00	2	8
3 Shayla Oster	10	Bellevue	33-10.00	2	6
4 Sally Paulsen	11	Bellevue	33-04.00	2	5
5 Nola Murhammer	11	Regina	32-05.00	2	4
6 Payton Jaeger	11	Monticello	31-09.00	2	3
7 Mariah Behrens	11	North Cedar	31-06.00	2	2
8 Allison Kenneavy	9	Camanche	30-07.00	1	1
9 Kelsey Scofield	10	Anamosa	29-09.00	2	
10 Anna Dunne	12	Bellevue	29-08.00	2	

River Valley Conference Indoor Championships
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/21/2019
Results

....Girls Shot Put

11 Alyssa Pessman	10 Northeast	29-07.00	2
12 Cora Mescher	9 Monticello	29-05.00	1
13 Abbi Moraetes	10 Northeast	25-07.00	1
14 Grace Evans	9 West Liberty	24-05.00	1
15 Meyer Callie	12 North Cedar	23-03.00	1
16 Rayne Mangels	10 Durant-Bennett	21-00.00	1
17 Ahtziri Aragon	11 West Liberty	20-08.00	1
18 Brielle Page	10 West Liberty	20-01.00	1
19 Kayla Erbst	11 Durant-Bennett	18-09.00	1
20 Sofia Reyna	9 Durant-Bennett	17-02.00	1

=====

Women - Team Rankings - 13 Events Scored

=====

1) Cascade	100.50	2) Northeast	94
3) North Cedar	65.50	4) Anamosa	52
5) Regina	40	6) Bellevue	34
7) Tipton	26	8) Monticello	25
8) Camanche	25	10) West Liberty	15
11) Durant-Bennett	12		

=====

Men - Team Rankings - 13 Events Scored

=====

1) Bellevue	152	2) Northeast	85
3) Camanche	55	4) West Liberty	44
5) Monticello	43	6) Mid-Prairie	34
7) Tipton	24.50	8) Anamosa	21
9) Cascade	15	10) Regina	14.50
11) North Cedar	14	12) West Branch	5