

Three Rivers Middle School Conference Meet
La Crosse Logan High School
La Crosse, Wisconsin - 5/23/2019
Results

Girls 100 Meter Dash

Name	Year	School	Finals	H#	Points	
Finals						
1 Kya Smith	7	Lincoln Midd	13.25	5	10	
2 Taylor Molling	8	Onalaska Mid	13.69	4	8	
3 Annika Parry	8	West Salem M	13.79	5	6	
4 Kendra Vian	8	Sparta Middl	13.91	4	5	
5 Jenna Richgels	7	Onalaska Mid	13.94	4	4	13.936
6 Danica Silcox	7	Aquinas Midd	13.94	5	3	13.937
7 Gabbi Jarman	7	Lincoln Midd	14.04	5	2	
8 Anna Skemp	7	Onalaska Mid	14.42	3	1	
9 Maddie Murphy	7	Aquinas Midd	14.56	4		
10 Aleana Evans	7	Sparta Middl	14.58	4		
11 Hardison Bianca	7	Longfellow/L	14.75	3		
12 Hannah Crick	8	Westby Area	14.79	3		
13 Anna Syzmanski	8	West Salem M	14.81	5		
14 Emmalee Fischer	7	Tomah Middle School	14.99	2		
15 Erika Mueller	7	Winona Junior High	15.24	5		
16 Erin Seberg	6	Longfellow/L	15.40	3		
17 Maddie MacLennan	7	Winona Junior High	15.42	3	15.413	
18 Unity Vang	8	La Crosse Lo	15.42	2	15.414	
19 Claire Erickson	7	Aquinas Midd	15.71	4		
20 Cheng Yang	6	La Crosse Lo	15.74	2		
21 Allison Oines	8	Holmen Middl	15.76	1		
22 Jaida Degenhardt	7	La Crosse Lo	15.82	2		
23 Mariska Eaton	7	Winona Junior High	15.86	3		
24 Sophia Goyette	8	Holmen Middl	16.29	1		
25 Arianna Smith	6	Westby Area	16.32	2		
26 Ada Tuszyński	7	Westby Area	16.68	1		

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Kya Smith	7	Lincoln Midd	27.86	4	10
2 Taylor Molling	8	Onalaska Mid	28.77	3	8
3 Gabbi Jarman	7	Lincoln Midd	28.81	4	6
4 Danica Silcox	7	Aquinas Midd	28.88	4	5
5 Annika Parry	8	West Salem M	28.94	4	4
6 Carmen Roraff	8	Onalaska Mid	29.13	2	3
7 Josie Blum	8	Onalaska Mid	30.11	3	2
8 Rayna McArdle	7	Holmen Middl	30.20	4	1
9 Kendra Vian	8	Sparta Middl	30.21	3	
10 Maria Cannon	7	West Salem M	30.86	3	
11 Maclaine Heilman	6	Aquinas Midd	30.87	4	
12 Adele Jacobsen	7	Winona Junior High	31.41	3	
13 Giulia Berns	7	Aquinas Midd	31.67	2	
14 Montana Lindahl	8	Westby Area	31.88	2	
15 Bianca Marcon	7	Holmen Middl	32.65	2	

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16 Erin Seberg	6 Longfellow/L	32.79	3
17 Hannah Fremstad	6 Westby Area	32.82	1
18 Cheng Yang	6 La Crosse Lo	33.36	1
19 Alexa Sanchez Rodriguez	7 Sparta Middl	33.37	1
20 Jaida Degenhardt	7 La Crosse Lo	33.48	2
21 MaiCheng Thao	8 La Crosse Lo	34.88	1
22 Alyx Keenlance	6 Westby Area	35.45	1

Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Sarah Gyllander	8 Aquinas Midd	1:04.74	4	10
2 Annika Parry	8 West Salem M	1:07.21	4	8
3 Rayna McArdle	7 Holmen Middl	1:08.09	4	6
4 Liberty Butterfield	8 Holmen Middl	1:08.40	4	5
5 Audra Newman	7 Holmen Middl	1:09.79	3	4
6 Bella Timm	8 Aquinas Midd	1:10.56	4	3
7 Taya Schraith	8 Lincoln Midd	1:11.07	3	2
8 Josie Blum	8 Onalaska Mid	1:11.39	3	1
9 Erin Gluch	6 Westby Area	1:11.63	4	
10 Emi Veum	8 Lincoln Midd	1:11.65	3	
11 Makayla Ueek	7 Tomah Middle School	1:12.87	2	1:12.862
12 Maclaine Heilman	6 Aquinas Midd	1:12.87	2	1:12.867
13 Juliana Sanchez	6 Sparta Middl	1:13.14	2	
14 Taylor Burch	7 West Salem M	1:14.00	2	
15 Grace Ivens	8 Longfellow/L	1:14.17	1	
16 Isabella Gerlatch	7 Onalaska Mid	1:16.61	2	
17 Grace Nelson	7 Winona Junior High	1:19.24	1	
18 Grace Bailey	6 Westby Area	1:19.30	3	
19 Sarah Sheridan	8 Winona Junior High	1:19.34	1	
20 Rhianna Steiger	7 Westby Area	1:20.35	2	
21 MaiCheng Thao	8 La Crosse Lo	1:21.91	1	

Girls 800 Meter Run

Name	Year School	Finals	H#	Points
1 Anabella Filips	7 Holmen Middl	2:36.61	2	10
2 Jenna Hutschenrueter	8 Lincoln Midd	2:41.13	2	8
3 Alli Thomas	8 Onalaska Mid	2:44.58	2	6
4 Alena Donahue	8 West Salem M	2:44.65	2	5
5 Katie Christiansen	8 Lincoln Midd	2:49.14	2	4
6 Shealyn Bahr	8 Aquinas Midd	2:50.86	2	3
7 Molly Twitchell	8 Holmen Middl	2:51.82	2	2
8 Denali Huebner	8 Westby Area	2:53.62	1	1
9 Grace Ivens	8 Longfellow/L	2:54.10	1	
10 Savannah Myers	6 Tomah Middle School	2:54.49	1	
11 Leah Modjeski	6 Sparta Middl	2:54.70	1	

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....Girls 800 Meter Run

12 Sheryl Wang	7 Holmen Middl	2:54.84	2
13 Sam Laidlaw	7 West Salem M	2:55.47	1
14 Mary Niegelsen	7 Aquinas Midd	2:58.19	2
15 Kyla Mooney	8 West Salem M	2:58.41	1
16 Naomi Koch	8 Aquinas Midd	2:59.81	2
17 Ella Barth	6 La Crosse Lo	3:00.12	1
18 Adeline Lee	8 Onalaska Mid	3:03.11	1
19 Adrianna Lien	7 La Crosse Lo	3:03.34	1
20 Celia Olbert	7 Sparta Middl	3:03.79	1
21 Megan Salek	7 Westby Area	3:04.44	2
22 Aubrey Jothan	8 Westby Area	3:08.74	1

Girls 1600 Meter Run

Name	Year School	Finals	Points
1 Anabella Filips	7 Holmen Middl	5:56.15	10
2 Alli Thomas	8 Onalaska Mid	6:00.05	8
3 Alena Donahue	8 West Salem M	6:03.51	6
4 Ava Werner	7 Holmen Middl	6:06.77	5
5 Katie Christiansen	8 Lincoln Midd	6:09.09	4
6 Lily Churchill	7 Holmen Middl	6:21.03	3
7 Leah Modjeski	6 Sparta Middl	6:25.87	2
8 Maya Rizwan	6 Longfellow/L	6:26.06	1
9 Morgan Quackenbush	8 West Salem M	6:33.35	
10 Serena Swanson	7 Sparta Middl	6:35.05	
11 Ava Belland	6 Aquinas Midd	6:36.30	
12 Adrianna Lien	7 La Crosse Lo	6:46.68	
13 Ella Barth	6 La Crosse Lo	6:54.88	
14 Jackie Taylor	6 Aquinas Midd	7:40.95	
15 Abby Schelfout	8 Aquinas Midd	7:49.76	

Girls 100 Meter Hurdles Low

Name	Year School	Finals	H#	Points
1 Ella Hemker	8 Sparta Middl	16.30	4	10
2 Macy Donarski	8 Aquinas Midd	16.32	4	8
3 Taryn Winga	8 Longfellow/L	16.87	4	6
4 Odysa Barryo	8 Longfellow/L	16.90	4	5
5 Laurel Erickson	6 Lincoln Midd	16.95	3	4
6 Emerald Olson	7 Onalaska Mid	17.23	3	3
7 Taylor Bembnister	8 Holmen Middl	17.53	3	2
8 Morgan Kammel	8 West Salem M	17.72	3	1
9 Macey Tauscher	8 West Salem M	17.74	4	
10 Josephine Lawton	6 Aquinas Midd	17.90	2	
11 Kimora Livingston	7 Onalaska Mid	17.94	2	
12 Emma Rudie	7 Onalaska Mid	17.96	2	
13 Cleo Lohnes	7 Winona Junior High	17.98	2	

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....Girls 100 Meter Hurdles Low

14 Mya Kendrick	7 La Crosse Lo	18.06	1	
15 Caylan Adams	7 La Crosse Lo	18.19	3	
16 Grace Bailey	6 Westby Area	18.37	3	
17 Rachel Gagermeier	6 Aquinas Midd	18.66	4	18.651
18 MaiCheng Thao	8 La Crosse Lo	18.66	2	18.659
19 Josie Bailey	7 Tomah Middle School	19.52	1	
20 Piper Hoffman	8 Holmen Middl	23.10	1	

Girls 200 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Odysa Barryo	8 Longfellow/L	33.60	3	10
2 Macy Donarski	8 Aquinas Midd	33.81	3	8
3 Ella Hemker	8 Sparta Middl	34.21	3	6
4 Taryn Winga	8 Longfellow/L	34.58	2	5
5 Laurel Erickson	6 Lincoln Midd	35.02	2	4
6 Macey Tauscher	8 West Salem M	35.29	3	3
7 Denali Huebner	8 Westby Area	35.66	3	2
8 Brianna Chouinard	8 Onalaska Mid	35.89	2	1
9 Mya Kendrick	7 La Crosse Lo	36.52	3	
10 Cleo Lohnes	7 Winona Junior High	37.35	1	
11 Carly Conway	7 Winona Junior High	37.36	1	
12 Caylan Adams	7 La Crosse Lo	37.95	1	
13 Josephine Lawton	6 Aquinas Midd	39.99	2	
14 Emma Rudie	7 Onalaska Mid	40.57	2	
15 Josie Bailey	7 Tomah Middle School	41.16	1	
16 Rachel Gagermeier	6 Aquinas Midd	42.17	2	

Girls 4x100 Meter Relay

School	Finals	H#	Points
1 Lincoln Middle School 1) Liberty Sprain 7 3) Ella Boge 7	54.76	2	10
2 Aquinas Middle School 1) Danica Silcox 7 3) Macy Donarski 8	55.94	2	8
3 Sparta Middle School 1) Aleana Evans 7 3) Ella Hemker 8	56.05	2	6
4 Onalaska Middle School 1) Sarah Brewer 7 3) Carmen Roraff 8	57.47	1	5
5 La Crosse Logan Middle School 1) Julie Yang 7 3) Katie Sullivan 8	58.48	2	4
6 West Salem Middle School	58.71	2	3

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....Girls 4x100 Meter Relay

1) Kendall Burkhamer 8	2) Maria Cannon 7		
3) Keayrah Kelly 8	4) Kiera Dorado 7		
7 Longfellow/LDI Middle School		59.83	1 2
1) Hardison Bianca 7	2) Sierra Fried 6		
3) Lilly Picah 7	4) Erin Seberg 6		
8 Holmen Middle School		1:01.09	1 1
1) Liberty Butterfield 8	2) KerriAnne Rothfahn 7		
3) Maddy Elsen 8	4) Bianca Marcon 7		
9 Westby Area Middle School		1:01.69	1
1) Courtney Johnson 6	2) Montana Lindahl 8		
3) Eliza Doval 6	4) Ava Schmidt 7		
10 Winona Junior High		1:02.95	2
1) Arianna Berlin-Burns 8	2) Shay Berlin-Burns 7		
3) Shelby Hemstock 8	4) LaCajah Gurley 8		
11 Tomah Middle School		1:04.19	1
1) Emmalee Fischer 7	2) Savannah Myers 6		
3) Allie Olson 6	4) Makayla Ueeck 7		

Girls 4x200 Meter Relay

School		Finals	H#	Points
1 Onalaska Middle School		1:55.57	2	10
1) Carmen Roraff 8	2) Josie Blum 8			
3) Taylor Molling 8	4) Jenna Richgels 7			
2 Lincoln Middle School		2:02.72	2	8
1) Ava Scholl 8	2) Kate Eubanks 8			
3) Elliana Wicks 8	4) Gabbi Jarman 7			
3 La Crosse Logan Middle School		2:03.68	1	6
1) MaiSee Xiong 8	2) Katie Sullivan 8			
3) Lauren Rendler 8	4) Julie Yang 7			
4 West Salem Middle School		2:03.84	2	5
1) Morgan Kammel 8	2) Gen Merkel Sprain 8			
3) Maria Cannon 7	4) Keayrah Kelly 8			
5 Holmen Middle School		2:06.69	2	4
1) Bianca Marcon 7	2) KerriAnne Rothfahn 7			
3) Hennessy LaMere 7	4) Taylor Bembnister 8			
6 Westby Area Middle School		2:08.48	1	3
1) Megan Salek 7	2) Hannah Crick 8			
3) Amaya Keenlance 8	4) Aubrey Jothen 8			
7 Sparta Middle School		2:09.08	2	2
1) Aleana Evans 7	2) Elaina McTaggart 7			
3) Evelyn Tripp 7	4) Mayra Hernandez Ruvalcaba 7			
8 Aquinas Middle School		2:16.51	1	1
1) Alex Roupe 8	2) Maddie George 7			
3) Maria Schwinn-Weaver 8	4) Grace Hundt 7			
-- Longfellow/LDI Middle School		DQ	2	
1) Hardison Bianca 7	2) Aryanna Brown 7			
3) Taryn Winga 8	4) Odyssa Barryo 8			



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Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Holmen Middle School	4:42.26	2	10
1) Liberty Butterfield 8	2) Audra Newman 7		
3) Ava Werner 7	4) Taylor Bembnister 8		
2 Winona Junior High	4:43.15	2	8
1) Anna Florness 8	2) Molly Heinert 8		
3) Ava Pike 8	4) Olivia Becker 8		
3 Aquinas Middle School	4:46.46	2	6
1) Bella Timm 8	2) Elizabeth Bagneifski 8		
3) Shealyn Bahr 8	4) Sarah Gyllander 8		
4 La Crosse Logan Middle School	4:47.35	1	5
1) Julie Yang 7	2) Lauren Rendler 8		
3) Mya Kendrick 7	4) MaiSee Xiong 8		
5 Sparta Middle School	4:48.81	1	4
1) Juliana Sanchez 6	2) Elle Erickson 7		
3) Evelyn Tripp 7	4) Elaina McTaggart 7		
6 Lincoln Middle School	4:50.34	2	3
1) Katie Christiansen 8	2) Jenna Hutschenrueter 8		
3) Emi Veum 8	4) Taya Schraith 8		
7 Longfellow/LDI Middle School	4:52.71	1	2
1) Grace Ivens 8	2) Rachel McGrath 7		
3) Aryanna Brown 7	4) Sierra Fried 6		
8 Onalaska Middle School	4:59.27	2	1
1) Lydia Kromke 7	2) Kendyl Johanson 7		
3) Alli Thomas 8	4) Isabella Gerlatch 7		
9 West Salem Middle School	5:16.79	2	
1) Maddie Giblin 8	2) Morgan Quackenbush 8		
3) Sam Laidlaw 7	4) Kyla Mooney 8		

Girls High Jump

Name	Year School	Finals	Points
1 Greta Gyllander	8 Aquinas Midd	4-08.00	10
2 Daisha Pedretti	8 Westby Area	J4-08.00	8
3 Aailyah Hamilton	7 Lincoln Midd	4-06.00	6
4 Jenna Richgels	7 Onalaska Mid	J4-06.00	5
5 Montana Lindahl	8 Westby Area	4-04.00	3.50
5 Josie Edwards	8 Sparta Middl	4-04.00	3.50
7 Rayna McArdle	7 Holmen Middl	J4-04.00	2
8 Erin Gluch	6 Westby Area	J4-04.00	1
9 Lilly Steele	7 Sparta Middl	4-02.00	
9 Caylan Adams	7 La Crosse Lo	4-02.00	
9 Mary-Catherine Clatworth	7 Onalaska Mid	4-02.00	
12 Kate Fortney	6 Aquinas Midd	4-00.00	
12 Nadia Nguyen	8 Lincoln Midd	4-00.00	
12 Lizzie Stavlo	7 West Salem M	4-00.00	
12 Jasmine Ellefson	8 La Crosse Lo	4-00.00	

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....Girls High Jump

12 Makayla Ueek 7 Tomah Middle School 4-00.00

Girls Long Jump

Name	Year	School	Finals	Points
1 Macy Donarski	8	Aquinas Midd	15-01.50	10
2 Hadley Thurston	8	Sparta Middl	14-02.00	8
3 Kya Smith	7	Lincoln Midd	14-01.00	6
4 Kendall Burkhamer	8	West Salem M	13-10.00	5
5 Liberty Sprain	7	Lincoln Midd	13-09.00	4
6 Sarah Gyllander	8	Aquinas Midd	13-08.00	3
7 Grace Butler	8	Aquinas Midd	13-05.00	2
8 Kendra Vian	8	Sparta Middl	13-03.00	1
9 Vanessa Leis	8	Sparta Middl	13-00.00	
10 Emerald Olson	7	Onalaska Mid	12-11.00	
11 Aubrey Jothan	8	Westby Area	12-10.00	
12 Rachel McGrath	7	Longfellow/L	12-05.00	
13 Ava Werner	7	Holmen Middl	12-03.00	
14 Sierra Fried	6	Longfellow/L	12-00.00	
15 Ava Calvey	8	Winona Junior High	11-07.00	
16 MaiSee Xiong	8	La Crosse Lo	11-05.00	
17 Maddy Elsen	8	Holmen Middl	11-04.00	
18 Ava Schmidt	7	Westby Area	11-00.00	
19 Savannah Myers	6	Tomah Middle School	10-02.00	
20 Ada Tuszycki	7	Westby Area	10-01.00	
21 Gabrielle Greene	7	Winona Junior High	9-11.00	
22 Cheng Yang	6	La Crosse Lo	9-08.00	

Girls Triple Jump

Name	Year	School	Finals	Points
1 Bethany Roethel	8	Westby Area	31-10.00	10
2 Josie Blum	8	Onalaska Mid	31-07.50	8
3 Denali Huebner	8	Westby Area	30-09.00	6
4 Ella Hemker	8	Sparta Middl	J30-09.00	5
5 Taya Schraith	8	Lincoln Midd	29-04.50	4
6 Taryn Winga	8	Longfellow/L	28-11.50	3
7 Hadley Thurston	8	Sparta Middl	28-07.00	2
8 Taylor Bembnister	8	Holmen Middl	J28-07.00	1
9 Sierra Fried	6	Longfellow/L	28-00.00	
10 Kendall Burkhamer	8	West Salem M	27-09.50	
11 Evelyn Tripp	7	Sparta Middl	27-08.00	
12 Bella Timm	8	Aquinas Midd	27-04.00	
12 Lizzie Stavlo	7	West Salem M	27-04.00	
14 Lael Denisen	7	Winona Junior High	27-02.00	
15 Hennessy LaMere	7	Holmen Middl	26-09.00	
16 Aryanna Brown	7	Longfellow/L	26-01.50	

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17 Elizabeth Bagneifski	8 Aquinas Midd	26-01.00
18 Miranda Lindaman	7 Winona Junior High	26-00.00
19 Unity Vang	8 La Crosse Lo	23-05.50
-- Elliana Wicks	8 Lincoln Midd	ND

Girls Shot Put

Name	Year School	Finals	H#	Points
1 Taylor Squires	8 Tomah Middle School	29-00.75	2	10
2 Jady Roden	7 Holmen Middl	26-09.75	2	8
3 Scotlyn Baird	8 Sparta Middl	26-08.50	2	6
4 Bethany Roethel	8 Westby Area	26-08.25	2	5
5 Grace Butler	8 Aquinas Midd	25-10.25	2	4
6 Tayah Goodman	7 Lincoln Midd	23-09.50	1	3
7 Liberty Sprain	7 Lincoln Midd	23-08.50	2	2
8 Naomi Koch	8 Aquinas Midd	23-05.00	1	1
9 Jasmine Ellefson	8 La Crosse Lo	23-04.75	1	
10 Kianah Stettler	8 Onalaska Mid	23-04.25	1	
11 Skylar Olson	8 La Crosse Lo	23-03.00	2	
12 Shealyn Bahr	8 Aquinas Midd	23-02.25	2	
13 Rebecca Gann	8 Sparta Middl	22-05.50	1	
14 Ella Boge	7 Lincoln Midd	21-09.75	1	
15 Aliyah Schieldt	6 Longfellow/L	20-09.00	2	
16 Grace Maki	8 Winona Junior High	19-02.25	1	
17 Donna Schwabe	8 Longfellow/L	17-01.00	1	
18 Kayleigh Cottrell	8 Winona Junior High	16-11.00	1	

Girls Discus Throw

Name	Year School	Finals	H#	Points
1 Liberty Sprain	7 Lincoln Midd	89-09.25	2	10
2 Scotlyn Baird	8 Sparta Middl	76-05	2	8
3 Ella Boge	7 Lincoln Midd	74-11	2	6
4 Nadia Tovar	8 Sparta Middl	70-10.25	2	5
5 Tayah Goodman	7 Lincoln Midd	70-03	2	4
6 Gen Merkel Sprain	8 West Salem M	69-06	2	3
7 Jady Roden	7 Holmen Middl	66-08	2	2
8 Kianah Stettler	8 Onalaska Mid	65-02.75	1	1
9 Grace Maki	8 Winona Junior High	64-11	1	
10 Skylar Olson	8 La Crosse Lo	64-03.75	2	
11 Aliyah Schieldt	6 Longfellow/L	61-07.50	2	
12 Emma Jo Candahl	8 Onalaska Mid	55-03.50	1	
13 Taylor Burch	7 West Salem M	55-00.50	2	
14 Taylor Squires	8 Tomah Middle School	52-04.25	1	
15 Jenna Marten	8 Sparta Middl	51-05.50	1	
16 Sophia Paulson	6 Aquinas Midd	48-03.50	1	
17 Abby Russell	8 Winona Junior High	46-01.50	1	

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18 Madeline Berg	7 Westby Area	42-09	1
19 Donna Schwabe	8 Longfellow/L	40-01	1
-- Aly St. Onge	8 Winona Junior High	ND	1