

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

Men 60 Meter Dash
Top 16 Advance by Time

Name	Year School	Prelims	H#
Preliminaries			
1 Michael Garza	Iowa Track	X7.03q	6
2 Elijah Thomas	FR Loras	7.10q	8
3 Shawn Bandel	SO Judson	7.14q	6
4 Nife Williams	JR Illinois College	7.17q	7
5 Patrick Mikel	JR Loras	7.18q	2 7.176
6 Makhtar Mbaye	SO Unattached	X7.18q	4 7.177
7 De'Andre Klein	FR Loras	7.22q	1
8 Vance Bohlen	SR St. Ambrose	7.23q	5
9 Jaelen Love	FR Calumet-St. Joseph	7.24q	5 7.231
10 Tyson Morrison	JR Loras	7.24q	3 7.235
11 Alex Collins	FR St. Xavier	7.26q	6 7.254
11 Josh Smith	FR Loras	7.26q	2 7.254
13 Kolton Grawe	FR Quincy	7.26q	3 7.255
14 Jake Clouse	SO Grand View	7.26q	7 7.260
15 Dewayne Godwin	FR Grand View	7.30q	2 7.291
16 Marshaun Zachary	FR St. Ambrose	7.30q	4 7.298
17 Brant Wrede	SO Grand View	7.33	5
18 Sean Madsen	FR Grand View	7.36	8
19 Kevin Saunders	FR Quincy	7.39	8 7.386
20 Rafael Passanha	FR Mount Mercy	7.39	4 7.388
21 Will Reynolds	FR Clarke	7.39	1 7.389
21 Curtis Johns	FR Central Methodist	7.39	7 7.389
23 Anthony Glover	FR St. Xavier	7.42	5
24 Jarvis Carter	SO St. Xavier	7.43	6 7.427
25 Rylan Hynek	JR Illinois College	7.43	5 7.428
26 Lucas Motley	SO Illinois College	7.45	8
27 Tyjon Rose	FR Grand View	7.47	3 7.461
28 Devynn Armstead	FR Central Methodist	7.47	7 7.465
29 Daniel Yarbrough	SO Central Methodist	7.47	2 7.466
30 Major Watkins Jr	Unattached	X7.48	2
31 Kobey Embrey	SR Iowa Track	X7.50	4
32 Jeremiah Jackson	SO St. Ambrose	7.51	3 7.504
32 Thomas Ragan	FR Grand View	7.51	1 7.504
34 Asante Bright	SO Illinois College	7.53	8
35 Tre Gibson	FR Calumet-St. Joseph	7.62	1
36 John Newton	SO Grand View	7.63	4 7.626
37 Jurrone Petry	SO Trinity Christian	7.63	6 7.627
38 Erik Hite	SR Iowa Track	X7.65	4 7.642
39 Gianni Berry	JR Grand View	7.65	7 7.646
40 Nicholas Schlader	FR Loras	7.73	6
41 Derek Thompson	FR Grand View	7.77	8
42 Tyre Hall	SO Clarke	7.82	2
43 Rojay Ottey	JR Mount Mercy	7.90	5
44 Glenford Wagner	FR Calumet-St. Joseph	8.06	1 8.052
45 Jacob Kwak	FR Clarke	8.06	3 8.053

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Results

....Men 60 Meter Dash

46 Connor Tuohy	FR Loras	8.08	2
47 Agustin Alatorre	SO Calumet-St. Joseph	8.72	1

Men 60 Meter Dash

Name	Year School	Finals	H#	Points
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Finals

1 Michael Garza	Iowa Track	X6.91	2	
2 Elijah Thomas	FR Loras	7.07	2	10
3 Patrick Mikel	JR Loras	7.12	2	8
4 Shawn Bandel	SO Judson	7.13	2	6 7.122
5 Nife Williams	JR Illinois College	7.13	2	5 7.128
6 Jake Clouse	SO Grand View	7.20	1	4 7.194
7 Vance Bohlen	SR St. Ambrose	7.20	2	3 7.196
8 Josh Smith	FR Loras	7.21	1	2 7.203
9 Makhtar Mbaye	SO Unattached	X7.21	2	7.204
10 Kolton Grawe	FR Quincy	7.22	1	1
11 Marshaun Zachary	FR St. Ambrose	7.23	1	7.222
12 Tyson Morrison	JR Loras	7.23	1	7.223
13 De'Andre Klein	FR Loras	7.23	2	7.227
14 Alex Collins	FR St. Xavier	7.27	1	
15 Dewayne Godwin	FR Grand View	7.28	1	
-- Jaelen Love	FR Calumet-St. Joseph	FS	1	

Men 200 Meter Dash

Name	Year School	Finals	H#	Points
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1 Patrick Mikel	JR Loras	22.24	12	10
2 Daniel Headley	JR Grand View	22.55	1	8
3 Jake Clouse	SO Grand View	22.90	11	6
4 Brett Peifer	SR Illinois College	23.03	12	5
5 Josh Smith	FR Loras	23.08	11	4
6 Michael Garza	Iowa Track	X23.18	9	
7 Chris Moore	SR Illinois College	23.19	12	3
8 Alex Cordova	FR Central Methodist	23.27	11	2
9 Kolton Grawe	FR Quincy	23.44	1	1
10 Jaelen Love	FR Calumet-St. Joseph	23.54	2	
11 Tyjon Rose	FR Grand View	23.57	9	
12 Jarvis Carter	SO St. Xavier	23.59	10	
13 Elijah Thomas	FR Loras	23.60	10	
14 Marshall Brown	FR Illinois College	23.65	9	
15 De'Andre Klein	FR Loras	23.67	8	
16 Makhtar Mbaye	SO Unattached	X23.68	12	
17 Nife Williams	JR Illinois College	23.72	12	
18 Shawn Bandel	SO Judson	23.76	10	
19 Sean Madsen	FR Grand View	23.79	1	
20 Alex Collins	FR St. Xavier	23.84	10	

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Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men 200 Meter Dash

21	Curtis Johns	FR Central Methodist	23.90	8	
22	Jacob Beaton	JR Loras	23.95	8	
23	Daniel Yarbrough	SO Central Methodist	23.98	7	23.972
24	Marshaun Zachary	FR St. Ambrose	23.98	9	23.977
25	Rylan Hynek	JR Illinois College	24.06	11	
26	Antonio Kneeland	SO Calumet-St. Joseph	24.14	11	
27	Rafael Passanha	FR Mount Mercy	24.19	7	
28	Alexander Ayala	FR Central Methodist	24.21	6	
29	Lucas Motley	SO Illinois College	24.31	7	
30	Francisco Villanueva	SO Judson	24.39	6	
31	Jeremiah Jackson	SO St. Ambrose	24.40	6	
32	Nehemiah Colyer	SO Central Methodist	24.58	8	
33	Austin Robinson	FR St. Ambrose	24.88	6	
34	Gianni Berry	JR Grand View	24.89	5	
35	Sam Guyton-Evans	SO Loras	24.94	5	
36	Brockton Reed	SO St. Ambrose	25.00	5	
37	Charles Chihak	FR Mount Mercy	25.20	5	
38	Kobey Embrey	SR Iowa Track	X25.23	2	
39	Nicklas Mucciante	JR Illinois College	25.26	7	
40	Derek Thompson	FR Grand View	25.41	4	
41	Tyrell Bailey	FR Clarke	25.46	2	
42	Devin Blish	SO Mount Mercy	25.51	4	
43	Greyson Kuester	FR Loras	25.53	3	
44	Erik Hite	SR Iowa Track	X25.62	2	
45	Asante Bright	SO Illinois College	25.64	5	
46	Devynn Armstead	FR Central Methodist	25.78	1	
47	Connor Tuohy	FR Loras	25.81	3	
48	Justin Griser	FR St. Ambrose	26.00	2	
49	Tom Rexing	FR Illinois College	26.27	4	
50	Ben Jongewaard	SR Iowa Track	X26.39	1	
51	Grant Bradman	JR Judson	26.53	3	
52	Rojay Ottey	JR Mount Mercy	26.78	4	
53	Glenford Wagner	FR Calumet-St. Joseph	26.83	3	
54	Agustin Alatorre	SO Calumet-St. Joseph	28.86	6	
--	Anthony Glover	FR St. Xavier	DQ	9	

Men 400 Meter Dash

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Name	Year	School	Finals	H#	Points
=====					
1	Mike	Jasa	FR Loras	51.19	6 10
2	Tyson	Morrison	JR Loras	51.69	7 8
3	Evan	Gradoville	SR Loras	51.82	7 6
4	Brett	Peifer	SR Illinois College	51.83	7 5
5	Alex	Cordova	FR Central Methodist	51.95	7 4
6	Jake	Thompson	SR Grand View	52.09	6 3
7	Chris	Moore	SR Illinois College	52.13	7 2
8	Jaelen	Love	FR Calumet-St. Joseph	52.29	3 1
9	Marshall	Brown	FR Illinois College	52.84	6

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....Men 400 Meter Dash

10	Will Reynolds	FR	Clarke	52.86	5	
11	Gannon Svestka	SO	Grand View	53.04	7	53.033
12	Josh White	FR	Quincy	53.04	5	53.039
13	Austin Spriggs	SR	Illinois College	53.48	6	
14	Nehemiah Colyer	SO	Central Methodist	53.62	5	
15	Keegan Norris	SO	St. Ambrose	54.36	4	
16	Jackson Stoos	FR	St. Ambrose	54.81	4	
17	Josiah Watson	FR	Mount Mercy	55.01	4	
18	Nash Reicks	SO	Loras	55.14	5	
19	Clayton Neff	SR	Iowa Track	X55.27	1	
20	Malachi Thongvanh	FR	Grand View	55.51	6	
21	Jon Meinholz	FR	Loras	55.97	5	
22	Max Hanzlik	FR	St. Ambrose	56.31	4	
23	Jacob Stone	SO	St. Ambrose	56.82	4	
24	Tre Gibson	FR	Calumet-St. Joseph	56.98	1	
25	August Stamp	SR	Mount Mercy	57.07	4	
26	Devin Blish	SO	Mount Mercy	57.37	3	
27	James Bruinius	SO	Trinity Christian	57.43	3	
28	Logan Andreatta	FR	Calumet-St. Joseph	57.47	2	
29	Mason Johnson	SR	Iowa Track	X58.21	1	
30	Grant Bradman	JR	Judson	1:00.73	3	
31	Max Murphy	FR	St. Ambrose	1:00.82	3	
32	Jacob Kwak	FR	Clarke	1:01.21	2	
33	Glenford Wagner	FR	Calumet-St. Joseph	1:04.99	2	
34	Agustin Alatorre	SO	Calumet-St. Joseph	1:07.69	3	
--	Makhtar Mbaye	SO	Unattached		6	False Start

Men 600 Meter Run

Name	Year	School	Finals	H#	Points	
1	Alonzo Rodriguez-Spencer	SO	Grand View	1:23.64	3	10
2	Anakin Hall	SR	Loras	1:23.88	3	8
3	Mohammed Nyaoga	FR	Central Methodist	1:25.17	3	6
4	Conor Otting	SO	Loras	1:25.80	3	5
5	Kyle Sellers	SO	St. Ambrose	1:26.16	3	4
6	Jacob Blackmon	JR	Mount Mercy	1:27.84	2	3
7	Brandon Albaugh	JR	Grand View	1:28.37	2	2
8	Michael Marshall	SR	Mount Mercy	1:28.88	3	1
9	Sam Webster	FR	Loras	1:29.05	1	
10	Hunter Filloon	SO	Mount Mercy	1:29.21	2	
11	Noah Friesen	SR	Trinity Christian	1:29.88	1	
12	Noah Smith	JR	Loras	1:29.95	2	
13	Nathan Krygsheld	SO	Trinity Christian	1:30.36	2	
14	Josh Long	SR	Mount Mercy	1:30.46	2	
15	Alex Garcia	FR	St. Ambrose	1:30.63	1	
16	Sam Okwuolisa	FR	Grand View	1:32.89	1	
17	Ethan Nuss	JR	Central Methodist	1:36.36	1	
18	Alex Smith	FR	Mount Mercy	1:49.55	1	

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Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

Men 800 Meter Run

Name	Year School	Finals	H#	Points
1 Ben Huftalin	SO Grand View	1:59.40	4	10
2 Brandon Young	SO Grand View	1:59.81	4	8
3 Isaiah Wittrock	FR Grand View	2:02.05	4	6
4 Wyatt Kelly	FR Loras	2:02.16	4	5
5 Jack Carroll	SR Loras	2:02.41	4	4
6 Anthony Kemp	SR Loras	2:03.32	4	3
7 Joe Eichhorn	FR Loras	2:03.68	4	2
8 Mark Morgan	FR Loras	2:03.97	3	1
9 Ahren Davis	FR Grand View	2:04.18	4	
10 Kyle Campagna	SO St. Ambrose	2:04.38	3	
11 Kevin Ockenfels	JR Clarke	2:04.81	3	
12 Joseph Sipiorski	SR Judson	2:04.93	4	
13 Aaron Golding	JR Mount Mercy	2:05.27	4	
14 Jimmy Slowik	SO Clarke	2:07.51	2	
15 Floyd Evans	SR Iowa Track	X2:07.68	3	
16 Cameron Steffens	SO Mount Mercy	2:08.35	3	
17 Colton Schwartz	SR Iowa Track	X2:08.59	3	
18 Andrew Miller	JR Trinity Christian	2:09.82	3	
19 John Kennedy	FR Trinity Christian	2:10.13	2	
20 Jack Mongan	SO Loras	2:10.96	3	
21 Sayed Opeyany	FR Mount Mercy	2:13.00	2	
22 Hunter Filloon	SO Mount Mercy	2:13.10	2	
23 Cody Mathis	JR Mount Mercy	2:16.34	2	
24 Jose Beltran	JR Trinity Christian	2:16.75	2	
25 Rakeem Bluitt	JR Calumet-St. Joseph	2:18.70	3	
26 Mahlon Steepleton	SO Mount Mercy	2:19.67	1	
27 Chase Kress	SO Mount Mercy	2:21.92	2	
28 Mason Johnson	SR Iowa Track	X2:24.18	1	
29 Zach Dutkiewicz	SO St. Xavier	2:27.32	1	
30 Wendell Bias	JR Quincy	2:28.21	1	
31 Ahmed Hamed	FR Calumet-St. Joseph	2:29.70	1	
32 Brandon Stanley	FR Loras	2:32.32	1	
33 John McIlmoil	FR Quincy	2:32.33	1	

Men 1000 Meter Run

Name	Year School	Finals	Points
1 Nick Chapan	FR St. Ambrose	2:45.77	10
2 Cameron Steffens	SO Mount Mercy	2:47.67	8
3 Tyler Reinkemeyer	SO Central Methodist	2:48.20	6
4 Daymean Probst	SR Central Methodist	2:50.34	5
5 Rakeem Bluitt	JR Calumet-St. Joseph	2:53.47	4
6 Logan Waid	SO Quincy	2:54.07	3
7 Simon Hagen	SO St. Ambrose	3:01.14	2
8 Mahlon Steepleton	SO Mount Mercy	3:02.46	1
9 Leo Kessler	JR St. Ambrose	3:06.64	

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Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men 1000 Meter Run

10 Addison Barnhill	SO Calumet-St. Joseph	3:15.43
11 Ryan Spoede	FR Central Methodist	3:15.88

Men 1 Mile Run

Name	Year School	Finals	H#	Points
1 Josh Pestka	JR St. Ambrose	4:28.05	3	10
2 Rane Nichols	SR St. Ambrose	4:28.66	3	8
3 Cole Conklin-Little	JR Loras	4:28.82	3	6
4 Jack Carroll	SR Loras	4:30.44	3	5
5 Mark Morgan	FR Loras	4:36.66	3	4
6 Jose Alvarado	FR Clarke	4:37.81	3	3
7 Nick Heidinger	SR Trinity Christian	4:38.61	3	2
8 Joseph Sipiowski	SR Judson	4:41.31	3	1
9 Will Kipping	SO Quincy	4:41.67	3	
10 Floyd Evans	SR Iowa Track	X4:41.78	3	
11 Sayed Opeyany	FR Mount Mercy	4:50.86	2	
12 Hector Martinez	FR Calumet-St. Joseph	4:51.09	2	
13 Jack Mongan	SO Loras	4:52.30	2	
14 Alex Belzer	SR Iowa Track	X4:58.26	2	
15 Jaxson Eden	FR Grand View	5:01.13	2	
16 Owen Millers	SR Iowa Track	X5:01.25	2	
17 Nathaniel Quick	FR Central Methodist	5:05.51	2	
18 Chase Kress	SO Mount Mercy	5:06.07	2	
19 Anthony Canton	JR Illinois College	5:06.78	2	
20 Cody Mathis	JR Mount Mercy	5:06.97	1	
21 Jared Tegeler	FR Mount Mercy	5:08.90	1	
22 Jacob Fedderke	FR Illinois College	5:10.61	1	
23 Nate Goslin	SR Loras	5:11.05	1	
24 Kyle Hall	JR Loras	5:14.05	1	
25 Joshua Sieverding	SR Iowa Track	X5:16.94	1	
26 Jesse Hannan	Iowa Track	X5:17.44	1	
27 Taylor Murray	SR Grand View	5:18.51	1	
28 Michael Mikhail	SO Judson	5:20.65	1	

Men 3000 Meter Run

Name	Year School	Finals	H#	Points
1 Mario Scarcelli	SO St. Xavier	8:47.56	2	10
2 Patrick Wolak	JR Loras	8:57.91	2	8
3 Joey Schultz	SO Loras	8:59.62	2	6
4 Mason Tope	Iowa Track	X9:04.57	2	
5 Matt Jung	FR St. Ambrose	9:06.16	2	5
6 Roger Malonda Pedros	SR Unattached	X9:14.33	2	
7 Jake Till	SR Loras	9:14.92	2	4
8 Blake Keller	JR Loras	9:19.17	2	3
9 Brian Maty	SO Loras	9:25.51	2	2

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Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men 3000 Meter Run

10 Logan Hayes	JR Loras	9:36.08	2	1
11 Nathan Vail	SO Loras	9:50.30	1	
12 Daniel Miller	FR Clarke	9:53.00	2	
13 Tyler Glassman	FR Loras	10:02.08	1	
14 Chris Borschnack	FR St. Ambrose	10:02.59	1	
15 Ryan Murphy	JR Loras	10:10.26	1	
16 Seth Corrigan	FR Loras	10:10.76	1	
17 Danny Parr	SO St. Ambrose	10:13.85	1	
18 Owen Millers	SR Iowa Track	X10:28.52	1	
19 Cristian Nolasco	FR St. Ambrose	10:33.98	1	
20 Michael Mikhail	SO Judson	10:50.99	1	
21 Josiah Prenger	SO Quincy	11:01.88	1	
22 Ahmed Hamed	FR Calumet-St. Joseph	11:01.99	1	
23 Lucas Booher	SO Quincy	11:07.69	1	
24 Kyle Sieb	JR Judson	12:37.47	1	
-- Kevin Arias	SO St. Xavier	DQ	1	

Men 5000 Meter Run

Name	Year School	Finals	Points
1 Colton Forster	JR Mount Mercy	15:18.61	10
2 Joe Puetz	Unattached	X15:18.80	
3 Radovan Kemboi	SO Central Methodist	15:20.00	8
4 James Lindstrom	SR Mount Mercy	15:23.59	6
5 Elliot Knernschield	JR Central Methodist	15:43.47	5
6 Trevor Albert	SO Grand View	16:16.03	4
7 Trevor Roebke	JR Central Methodist	16:19.40	3
8 Gabriel Esparza	JR St. Xavier	16:23.08	2
9 Kyle VanderPlaats	SR Trinity Christian	16:31.28	1
10 Graham Lemmons	SO Central Methodist	16:31.39	
11 Alex Arechavaleta	SR Grand View	16:43.64	
12 Logan Fraker	SR Clarke	17:05.61	
13 Hector Martinez	FR Calumet-St. Joseph	17:10.41	
14 Joseph Bruemmer	JR Central Methodist	17:12.81	
15 Dillan Sorrells	SR Illinois College	17:17.33	
16 Chris Hatch	FR Grand View	17:18.07	
17 Kirk Leach	SO Grand View	17:26.89	
18 Cole Akimoff	SO Trinity Christian	17:32.09	
19 Grant Seniker	FR Illinois College	17:34.90	
20 Gonzalo Gaytan	FR Grand View	17:36.39	
21 Caleb Chmelka	FR Grand View	17:48.01	
22 Addison Barnhill	SO Calumet-St. Joseph	18:43.25	

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Roell Indoor Track - St. Ambrose University
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Results

Men 60 Meter Hurdles
Top 16 Advance by Time

Name	Year School	Prelims	H#
Preliminaries			
1 Ryan Rogers	SO Loras	8.59q	1
2 Jack Reemtsma	SR St. Ambrose	8.60q	3
3 Jorden Nathan	SR Grand View	8.61q	3
4 Antonio Kneeland	SO Calumet-St. Joseph	8.85q	1
5 Francisco Villanueva	SO Judson	8.86q	2
6 Tyler Miller	FR Grand View	8.88q	2 8.871
7 Dakota Stevens	SO Illinois College	8.88q	3 8.880
8 Nicklas Mucciante	JR Illinois College	8.95q	1
9 Alexander Ayala	FR Central Methodist	9.07q	2
10 Malachi Thongvanh	FR Grand View	9.23q	1
11 Jacob Large	FR Grand View	9.27q	2
12 Austin Robinson	FR St. Ambrose	9.38q	2
13 Dewayne Godwin	FR Grand View	9.59q	3
14 Evan Sablan	FR Grand View	9.76q	3
15 Brady Richlen	Iowa Track	X9.80q	1
16 Tom Rexing	FR Illinois College	9.82q	2
17 Brady Janssen	FR Grand View	10.42	2
18 Kyus Shineflew	JR Grand View	10.46	1
19 Sammy Salinas	SR Illinois College	10.85	1
20 Jacob Kwak	FR Clarke	11.10	2

Men 60 Meter Hurdles

Name	Year School	Finals	H#	Points
Finals				
1 Jorden Nathan	SR Grand View	8.41	2	10
2 Jack Reemtsma	SR St. Ambrose	8.50	2	8
3 Ryan Rogers	SO Loras	8.53	2	6
4 Francisco Villanueva	SO Judson	8.86	2	5
5 Antonio Kneeland	SO Calumet-St. Joseph	8.88	2	4
6 Nicklas Mucciante	JR Illinois College	8.98	2	3
7 Dakota Stevens	SO Illinois College	8.99	2	2
8 Tyler Miller	FR Grand View	9.06	2	1
9 Evan Sablan	FR Grand View	9.16	1	
10 Alexander Ayala	FR Central Methodist	9.20	1	
11 Austin Robinson	FR St. Ambrose	9.25	1	
12 Brady Richlen	Iowa Track	X9.27	1	
13 Jacob Large	FR Grand View	9.29	1	
14 Tom Rexing	FR Illinois College	9.61	1	
15 Dewayne Godwin	FR Grand View	9.62	1	
16 Brady Janssen	FR Grand View	9.77	1	

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
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Results

Men 4x400 Meter Relay

School	Finals	H#	Points
1 Loras	3:20.88	3	10
1) Tyson Morrison JR			
3) Anakin Hall SR			
2) Mike Jasa FR			
4) Patrick Mikel JR			
2 St. Ambrose	3:24.44	3	8
1) Jack Reemtsma SR			
3) Rane Nichols SR			
2) Josh Pestka JR			
4) Kyle Sellers SO			
3 Grand View	3:24.63	3	6
1) Gannon Svestka SO			
3) Jake Thompson SR			
2) Malachi Thongvanh FR			
4) Alonzo Rodriguez-Spencer SO			
4 Central Methodist	3:32.09	3	5
1) Nehemiah Colyer SO			
3) Mohammed Nyaoga FR			
2) Jacob Fritz SO			
4) Alex Cordova FR			
5 Loras 'B'	x3:32.64	2	
1) Evan Gradoville SR			
3) Noah Smith JR			
2) Conor Otting SO			
4) Joe Eichhorn FR			
6 Central Methodist 'B'	x3:38.16	3	
1) Daniel Yarbrough SO			
3) Curtis Johns FR			
2) Andre Pritchett FR			
4) Alexander Ayala FR			
7 Grand View 'B'	x3:39.03	2	
1) Brant Wrede SO			
3) Brady Janssen FR			
2) Tyler Miller FR			
4) Dewayne Godwin FR			
8 Trinity Christian	3:41.06	2	4
1) Andrew Miller JR			
3) Ryan Mathes FR			
2) Jurrone Petry SO			
4) Andrew Dobrescu FR			
9 Loras 'C'	x3:41.58	2	
1) Anthony Kemp SR			
3) Jon Meinholz FR			
2) Nash Reicks SO			
4) Nicholas Schlader FR			
10 Mount Mercy	3:41.73	1	3
1) August Stamp SR			
3) Michael Marshall SR			
2) Josh Long SR			
4) Josiah Watson FR			
11 Illinois College	3:45.26	3	2
1) Dakota Stevens SO			
3) Max Fowler FR			
2) Ben Rakers SO			
4) Kyle Adams JR			
12 St. Ambrose 'B'	x3:48.22	1	
1) Max Hanzlik FR			
3) Jacob Stone SO			
2) Jackson Stoos FR			
4) Austin Robinson FR			
13 Trinity Christian 'B'	x3:58.68	1	
1) Nathan Krygsheld SO			
3) James Bruinius SO			
2) John Kennedy FR			
4) Jose Beltran JR			

Men 4x800 Meter Relay

School	Finals	Points
1 Grand View	8:00.53	10
1) Ahren Davis FR		
3) Isaiah Wittrock FR		
2) Ben Huftalin SO		
4) Brandon Young SO		

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Results

....Men 4x800 Meter Relay

2 Mount Mercy	8:14.94	8
1) Jacob Blackmon JR	2) Colton Forster JR	
3) Aaron Golding JR	4) James Lindstrom SR	
3 Trinity Christian	8:15.87	6
1) Ryan Mathes FR	2) Andrew Dobrescu FR	
3) Caleb DeWeerd SO	4) Brantley VanOverloop JR	
4 Clarke	8:20.46	5
1) Kevin Ockenfels JR	2) Jimmy Slowik SO	
3) Daniel Miller FR	4) Jose Alvarado FR	
5 Illinois College	8:58.82	4
1) Kyle Adams JR	2) Anthony Canton JR	
3) Jacob Fedderke FR	4) Grant Seniker FR	
6 Calumet-St. Joseph	9:31.11	3
1) Hector Martinez FR	2) Ahmed Hamed FR	
3) Rakeem Bluitt JR	4) Logan Andreatta FR	

Men Distance Medley

School	Finals	Points
1 Trinity Christian	11:00.90	10
1) Brantley VanOverloop JR	2) Noah Friesen SR	
3) Nick Heidinger SR	4) Caleb DeWeerd SO	
2 Clarke	11:12.20	8
1) Kevin Ockenfels JR	2) Jimmy Slowik SO	
3) Hayden DeGross FR	4) Jose Alvarado FR	
3 Quincy	11:30.73	6
1) Josh White FR	2) Kolton Grawe FR	
3) Logan Waid SO	4) Will Kipping SO	
4 St. Ambrose	11:36.23	5
1) Alex Garcia FR	2) Keegan Norris SO	
3) Nick Chapan FR	4) Kyle Campagna SO	
5 Central Methodist	11:59.47	4
1) Tyler Reinkemeyer SO	2) Ethan Nuss JR	
3) Daymean Probst SR	4) Nathaniel Quick FR	
6 Grand View	12:00.77	3
1) Brandon Albaugh JR	2) John Newton SO	
3) Jaxson Eden FR	4) Sam Okwuolisa FR	
7 Iowa Track and Field Club	X12:23.04	
1) Floyd Evans SR	2) Clayton Neff SR	
3) Joshua Sieverding SR	4) Owen Millers SR	

Men High Jump

Name	Year School	Finals	Points
1 Demetrius Banks	SR Calumet-St. Joseph	1.89m	6-02.25 10
1.64 1.69 1.74 1.79 1.84 1.89 1.94			
P P P P O O XXX			



St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men High Jump

2	Ryan Rogers	SO Loras	J1.89m	6-02.25	8
	1.64 1.69 1.74 1.79 1.84 1.89 1.94				
	P P P XO XXO XXO XXX				
3	Quintin Durov	JR Loras	1.84m	6-00.50	5.50
	1.64 1.69 1.74 1.79 1.84 1.89				
	P P P P O XXX				
3	Justin Griser	FR St. Ambrose	1.84m	6-00.50	5.50
	1.64 1.69 1.74 1.79 1.84 1.89				
	P P O O O XXX				
5	Darryl Nellum	FR Grand View	J1.84m	6-00.50	4
	1.64 1.69 1.74 1.79 1.84 1.89				
	P O O XO XXO XXX				
6	Colton Bahr	FR Grand View	1.79m	5-10.50	3
	1.64 1.69 1.74 1.79 1.84				
	P P XO O XXX				
7	Justin Droessler	JR Clarke	J1.79m	5-10.50	1.50
	1.64 1.69 1.74 1.79 1.84				
	P P P XO XXX				
7	Josh White	FR Quincy	J1.79m	5-10.50	1.50
	1.64 1.69 1.74 1.79 1.84				
	P P P XO XXX				
9	Austin Spriggs	SR Illinois College	J1.79m	5-10.50	
	1.64 1.69 1.74 1.79 1.84				
	P P P XXO XXX				
--	Max Murphy	FR St. Ambrose		NH	
	1.64				
	XXX				
--	Chris Moore	SR Illinois College		NH	
	1.64 1.69 1.74 1.79				
	P P P XXX				

Men Pole Vault

Name	Year	School	Finals	Points
1 Nick Homman		Unattached	X4.90m 16-00.75	
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90 4.05 4.20 4.35 4.50 4.65 4.90 5.05			
	P P P P P P P P P P P P P XO XXX			
2 Peyton Besand		JR Central Methodist	4.50m 14-09.00	10
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90 4.05 4.20 4.35 4.50 4.65			
	P P P P P P O P XO O O XXX			
3 Nick Peterson		JR Clarke	J4.50m 14-09.00	8
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90 4.05 4.20 4.35 4.50 4.65			
	P P P P P P P P P P O XXO XXO XXX			
4 Daniel Becker		SR Judson	4.35m 14-03.25	6
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90 4.05 4.20 4.35 4.50			
	P P P P P P P P P P O O XXX			

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men Pole Vault

5	Parker Yager	FR Central Methodist	4.20m	13-09.25	5
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90 4.05 4.20 4.35				
	P P P P P O O O O XXO XXX				
6	Robert Jerrick	SO Central Methodist	3.90m	12-09.50	4
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90 4.05				
	P P P P P XXO O XXO XXX				
7	Kaleb Polzin	FR Clarke	3.75m	12-03.50	3
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90				
	P P P O O O O XXX				
8	Owen Baldwin	Iowa Track	XJ3.75m	12-03.50	
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90				
	P P P XO XXO O XO XXX				
9	Joshua Broadus	SR Central Methodist	J3.75m	12-03.50	2
	2.95 3.10 3.25 3.40 3.55 3.60 3.75 3.90				
	P P P P P O XXO XXX				
10	Jacob Rossmiller	FR St. Ambrose	3.55m	11-07.75	1
	2.95 3.10 3.25 3.40 3.55 3.60				
	P P P XO O XXX				
11	Daniel Pugh	SR Central Methodist	J3.55m	11-07.75	
	2.95 3.10 3.25 3.40 3.55 3.60				
	P P P XXO O XXX				
12	Issac Riddle	FR Illinois College	3.25m	10-08.00	
	2.95 3.10 3.25 3.40				
	P XO XO XXX				
13	Jon Meinholz	FR Loras	3.10m	10-02.00	
	2.95 3.10 3.25				
	XXO XO XXX				
14	Jacob Verplaetse	Iowa Track	XJ3.10m	10-02.00	
	2.95 3.10 3.25				
	P XXO XXX				

Men Long Jump

Name	Year School	Finals	Points
1 Robert Davis	JR Calumet-St. Joseph	6.97m 22-10.50	10
	6.97m 6.70m 6.66m 6.55m 6.45m 6.86m		
2 Ryan Rogers	SO Loras	6.94m 22-09.25	8
	6.56m 6.77m 6.90m 5.80m 6.67m 6.94m		
3 Daniel Headley	JR Grand View	6.90m 22-07.75	6
	6.48m FOUL 6.81m FOUL FOUL 6.90m		
4 Alec McElyea	SO St. Ambrose	6.77m 22-02.50	5
	6.77m 6.76m 6.67m 6.66m FOUL FOUL		
5 Tyrell Bailey	FR Clarke	6.55m 21-06.00	3.50
	6.26m 6.32m 6.55m 6.31m 6.17m 5.96m		
5 Linc Thomas	SO Grand View	6.55m 21-06.00	3.50
	FOUL 6.50m 6.55m 6.52m 6.52m FOUL		
7 Abdulai Rashid	FR Central Methodist	6.46m 21-02.50	2
	6.24m 6.46m 5.89m 6.32m 6.13m 6.28m		

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men Long Jump

8	Demetrius Banks	SR Calumet-St. Joseph	6.29m	20-07.75	1
	6.04m 6.25m 6.29m	PASS FOUL FOUL			
9	Jaerien Horton	JR Central Methodist	6.25m	20-06.25	
	5.76m 6.25m 6.16m	5.78m FOUL FOUL			
10	Quintin Durov	JR Loras	6.23m	20-05.25	
	6.23m 5.96m 6.11m				
11	Andre Pritchett	FR Central Methodist	6.13m	20-01.50	
	5.98m 6.11m 6.13m				
12	Darryl Nellum	FR Grand View	6.09m	19-11.75	
	FOUL FOUL 6.09m				
13	Cam Edom	SO St. Ambrose	6.02m	19-09.00	
	FOUL 6.01m 6.02m				
14	Brockton Reed	SO St. Ambrose	5.98m	19-07.50	
	FOUL 5.77m 5.98m				
15	Tyre Hall	SO Clarke	5.96m	19-06.75	
	5.83m 5.96m 5.73m				
16	Charles Chihak	FR Mount Mercy	5.94m	19-06.00	
	5.94m 5.69m FOUL				
17	Justin Griser	FR St. Ambrose	5.68m	18-07.75	
	5.68m 5.48m 5.66m				
18	Colton Bahr	FR Grand View	5.55m	18-02.50	
	5.35m 5.55m 4.89m				
19	Jamarri Watson	SO St. Xavier	5.29m	17-04.25	
	4.44m 5.13m 5.29m				
20	Jon Meinholz	FR Loras	5.26m	17-03.25	
	5.24m 5.17m 5.26m				

Men Triple Jump

=====						
Name	Year	School	Finals	Points		
=====						
1 Tyrell Bailey	FR	Clarke	14.13m	46-04.25	10	
	13.70m	14.13m	FOUL	13.60m	14.01m	13.73m
2 Robert Davis	JR	Calumet-St. Joseph	13.72m	45-00.25	8	
	13.66m	FOUL	13.37m	FOUL	13.72m	FOUL
3 Andre Pritchett	FR	Central Methodist	13.67m	44-10.25	6	
	FOUL	13.67m	13.60m	12.86m	FOUL	FOUL
4 Abdulai Rashid	FR	Central Methodist	13.40m	43-11.75	5	
	13.40m	12.93m	13.09m	13.13m	13.16m	13.25m
5 Jaerien Horton	JR	Central Methodist	13.34m	43-09.25	4	
	13.05m	13.34m	13.17m	12.62m	12.63m	FOUL
6 Doyle Carroll	SO	Loras	13.13m	43-01.00	3	
	13.13m	12.83m	12.82m	FOUL	12.58m	12.90m
7 Peter Kilburg	SO	Loras	12.93m	42-05.25	2	
	12.83m	12.93m	12.86m	12.77m	12.89m	FOUL
8 Cam Edom	SO	St. Ambrose	12.82m	42-00.75	1	
	12.82m	12.35m	12.13m	12.45m	12.39m	12.40m
9 Quantrell Polk	FR	St. Ambrose	12.60m	41-04.25		
	12.60m	12.47m	FOUL	12.55m	FOUL	FOUL

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men Triple Jump

10 Tyre Hall	SO Clarke	12.51m	41-00.50
FOUL 12.51m 12.44m			
11 Keegan Norris	SO St. Ambrose	12.03m	39-05.75
12.03m FOUL 12.01m			
12 Anthony Hand	JR Illinois College	11.91m	39-01.00
11.91m FOUL FOUL			
13 Daniel Yarbrough	SO Central Methodist	11.72m	38-05.50
11.67m FOUL 11.72m			
14 Lucas Motley	SO Illinois College	11.62m	38-01.50
11.61m 11.62m 11.32m			

Men Shot Put

Name	Year School	Finals	Points
1 James Plummer	SR Grand View	16.54m	54-03.25 10
FOUL 16.49m FOUL 16.14m 16.54m FOUL			
2 Jake Goeller	SR Grand View	14.99m	49-02.25 8
13.85m 13.54m 14.00m 12.49m FOUL 14.99m			
3 Garrett Hammond	SR Loras	14.78m	48-06.00 6
14.30m 14.78m 14.63m 14.25m 14.71m 14.47m			
4 Jake Berg	SR Loras	14.53m	47-08.00 5
13.15m 14.33m 14.53m 13.56m 13.59m FOUL			
5 Tyler Goeller	Unattached	X13.90m	45-07.25
13.43m 12.90m FOUL 13.38m 13.25m 13.90m			
6 Austin Hill	JR Grand View	13.84m	45-05.00 4
12.97m 13.07m 13.61m 13.74m 13.84m 13.84m			
7 Ethan Brown	FR Grand View	13.80m	45-03.50 3
13.80m 13.46m 13.61m FOUL 13.47m FOUL			
8 Clay Siefken	SR Unattached	X13.55m	44-05.50
13.00m 13.55m 13.16m FOUL FOUL FOUL			
9 Zac Couture	SO Loras	13.05m	42-09.75 2
12.16m 13.05m 12.65m 12.96m 12.00m FOUL			
10 Anthony Flores	JR Illinois College	13.02m	42-08.75 1
12.07m 13.02m 12.73m 12.36m 12.24m 12.38m			
11 Sawyer Foss	SO Clarke	12.87m	42-02.75
FOUL 11.94m 12.87m			
12 Ronnie Strain	JR Calumet-St. Joseph	12.85m	42-02.00
12.85m 11.65m 12.26m 12.71m 12.80m 12.12m			
13 Chad Moser	SR Loras	J12.85m	42-02.00
FOUL FOUL 12.85m			
14 Noah Clark	SO Grand View	12.08m	39-07.75
12.08m FOUL FOUL			
15 Geoff Murphy	FR St. Ambrose	11.39m	37-04.50
FOUL 11.15m 11.39m			
16 Owen Meyer	FR Clarke	11.38m	37-04.00
10.84m 10.14m 11.38m			
17 Fabian Barth-Alonzo	FR St. Ambrose	11.37m	37-03.75
10.00m 11.37m 10.84m			

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men Shot Put

18	Anthony Wilson	SR Grand View	J11.37m	37-03.75
	FOUL FOUL 11.37m			
19	Jacob White	SO St. Ambrose	11.35m	37-03.00
	FOUL 11.00m 11.35m			
20	Ross Barz	SO Trinity Christian	11.29m	37-00.50
	11.01m 11.29m 11.29m			
21	John Schell	FR Central Methodist	11.25m	36-11.00
	9.52m 11.25m 11.10m			
22	Taylor Bottomley	SO Central Methodist	11.05m	36-03.00
	11.05m FOUL FOUL			
23	CJ Hanna	FR Illinois College	10.79m	35-05.00
	FOUL 10.79m FOUL			
24	Josh Cole-Brodnax	SR Mount Mercy	10.63m	34-10.50
	10.49m 10.63m FOUL			
25	Carter Knupp	SR Loras	10.60m	34-09.50
	FOUL 10.42m 10.60m			
26	Marcell Simmons	FR Illinois College	10.24m	33-07.25
	FOUL FOUL 10.24m			
27	Preston Hanley	SO St. Ambrose	10.15m	33-03.75
	9.72m 10.07m 10.15m			
28	Joe Stohl	FR St. Ambrose	10.10m	33-01.75
	FOUL 10.10m FOUL			
29	Dominic Clouse	FR St. Xavier	10.05m	32-11.75
	9.89m 9.37m 10.05m			
30	Daniel Morales Avalos	FR Mount Mercy	9.70m	31-10.00
	8.64m 9.70m 7.96m			
31	Thomas Farley	FR St. Xavier	9.38m	30-09.25
	8.07m 9.38m 9.00m			
32	Niles Siefken	FR Grand View	J9.38m	30-09.25
	FOUL FOUL 9.38m			
33	Ben Cook	FR Mount Mercy	9.07m	29-09.25
	7.99m 9.07m 8.69m			
34	Miles Collins	JR Central Methodist	7.70m	25-03.25
	7.63m 7.70m 6.57m			
35	Eric Venvertloh	FR Quincy	7.41m	24-03.75
	7.41m FOUL 7.22m			
--	Kyle Verdon	SR St. Ambrose	FOUL	
	FOUL FOUL FOUL			

Men Weight Throw

=====						
Name	Year	School	Finals	Points		
=====						
1	James Plummer	SR Grand View	20.47m	67-02.00	10	
	FOUL 20.21m FOUL 19.68m 20.47m FOUL					
2	Clay Siefken	SR Unattached	X17.91m	58-09.25		
	17.52m 17.67m 17.91m FOUL 17.66m 17.77m					
3	Austin Hill	JR Grand View	17.11m	56-01.75	8	
	16.33m 17.11m 14.09m 15.79m 16.05m FOUL					

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men Weight Throw

4	Garrett Hammond	SR Loras	15.83m	51-11.25	6
	FOUL 14.68m 13.83m 14.97m 15.83m FOUL				
5	Jake Goeller	SR Grand View	15.77m	51-09.00	5
	15.65m 15.27m FOUL FOUL 15.29m 15.77m				
6	Tyler Goeller	Unattached	X15.76m	51-08.50	
	14.96m FOUL 15.14m 15.35m 15.42m 15.76m				
7	Andrew Allen	SR Judson	15.66m	51-04.50	4
	15.66m 14.26m FOUL 14.33m FOUL FOUL				
8	Anthony Flores	JR Illinois College	14.81m	48-07.25	3
	FOUL 14.14m 14.81m FOUL 13.32m 14.46m				
9	Ronnie Strain	JR Calumet-St. Joseph	14.71m	48-03.25	2
	14.71m FOUL 12.97m FOUL FOUL FOUL				
10	Jake Berg	SR Loras	14.59m	47-10.50	1
	14.10m FOUL 14.26m 14.59m 14.37m 13.48m				
11	Noah Clark	SO Grand View	14.18m	46-06.25	
	13.18m 13.30m 14.04m FOUL 14.18m FOUL				
12	Taylor Bottomley	SO Central Methodist	14.04m	46-00.75	
	12.01m 14.04m 13.99m 13.63m 13.91m 13.30m				
13	Ethan Brown	FR Grand View	13.64m	44-09.00	
	12.85m FOUL 13.64m				
14	Sawyer Foss	SO Clarke	13.46m	44-02.00	
	13.16m 13.46m 12.59m				
15	Jacob Boyle	JR Clarke	13.43m	44-00.75	
	12.97m 13.35m 13.43m				
16	John Meskimen	SR Loras	13.27m	43-06.50	
	12.50m 13.27m 13.10m				
17	Nic Young	JR Loras	13.04m	42-09.50	
	12.96m 12.67m 13.04m				
18	Jacob White	SO St. Ambrose	13.01m	42-08.25	
	12.33m 13.01m FOUL				
19	Zac Couture	SO Loras	12.43m	40-09.50	
	FOUL FOUL 12.43m				
20	Anthony Wilson	SR Grand View	12.37m	40-07.00	
	12.37m FOUL FOUL				
21	John Schell	FR Central Methodist	12.05m	39-06.50	
	11.84m 11.86m 12.05m				
22	Chad Moser	SR Loras	11.62m	38-01.50	
	11.39m 11.18m 11.62m				
23	Joe Stohl	FR St. Ambrose	J11.62m	38-01.50	
	11.22m FOUL 11.62m				
24	Owen Meyer	FR Clarke	11.36m	37-03.25	
	11.18m 10.39m 11.36m				
25	CJ Hanna	FR Illinois College	11.35m	37-03.00	
	11.35m FOUL FOUL				
26	Carter Knupp	SR Loras	11.22m	36-09.75	
	10.96m 11.22m 11.22m				
27	Sully Adams	SO Clarke	J11.22m	36-09.75	
	11.16m FOUL 11.22m				

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

....Men Weight Throw

28	Josh Cole-Brodnax	SR Mount Mercy	11.15m	36-07.00
	9.85m 9.92m 11.15m			
29	Niles Siefken	FR Grand View	11.01m	36-01.50
	11.01m 10.40m FOUL			
30	Dalton West	SO Illinois College	J11.01m	36-01.50
	11.01m 9.70m FOUL			
31	Preston Hanley	SO St. Ambrose	10.86m	35-07.75
	10.64m 10.86m FOUL			
32	Ross Barz	SO Trinity Christian	10.68m	35-00.50
	10.68m 10.51m FOUL			
33	Geoff Murphy	FR St. Ambrose	10.36m	34-00.00
	9.42m 10.36m 10.27m			
34	Daniel Morales Avalos	FR Mount Mercy	10.02m	32-10.50
	10.02m 8.72m 8.97m			
35	Fabian Barth-Alonzo	FR St. Ambrose	9.11m	29-10.75
	9.11m FOUL FOUL			
36	Miles Collins	JR Central Methodist	8.43m	27-08.00
	7.92m 8.43m 7.14m			
--	Marzell Norris	FR Illinois College	FOUL	
	FOUL FOUL FOUL			
--	Alex Kostyzak	SO Grand View	FOUL	
	FOUL FOUL FOUL			

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year School	Finals	Points
1 Drew Gandy	Unattached	X7.41	742
2 Hayden Hackman	SO Central Methodist	7.55	697
3 Cole Connell	SR St. Ambrose	7.78	625
4 Ben Simpson	JR Judson	7.93	580

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Drew Gandy	Unattached	X2:45.53	813
2 Hayden Hackman	SO Central Methodist	2:46.62	801
3 Ben Simpson	JR Judson	3:22.28	463
4 Cole Connell	SR St. Ambrose	3:22.67	459

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	Points
1 Drew Gandy	Unattached	X8.75	802
2 Cole Connell	SR St. Ambrose	8.86	777
3 Hayden Hackman	SO Central Methodist	10.06	530
4 Ben Simpson	JR Judson	11.62	277

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

Heptathlon: #4 Men High Jump Heptathlon

Name	Year	School	Finals		Points									
1 Cole Connell	SR	St. Ambrose	1.86m	6-01.25	679									
	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80	1.86	1.92
	P	P	P	P	P	P	P	P	P	O	P	O	XXO	XXX
2 Hayden Hackman	SO	Central Methodist	1.71m	5-07.25	552									
	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74				
	P	P	P	P	O	P	XO	P	XXO	XXX				
3 Drew Gandy		Unattached	X1.65m	5-05.00	504									
	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71					
	P	P	P	P	O	P	XO	P	XXX					
4 Ben Simpson	JR	Judson	1.56m	5-01.25	434									
	1.47	1.50	1.53	1.56	1.59									
	O	XXO	O	XXO	XXX									

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year	School	Finals		Points										
1 Drew Gandy		Unattached	X4.30m	14-01.25	702										
	2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.74	3.84	3.94	4.04	4.14	4.30	4.45
	P	P	P	P	P	P	P	P	P	P	XO	O	XO	XO	XXX
2 Cole Connell	SR	St. Ambrose	3.94m	12-11.00	601										
	2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.74	3.84	3.94	4.04	4.14		
	P	P	P	P	P	P	P	P	O	P	O	P	XXX		
3 Hayden Hackman	SO	Central Methodist	3.04m	9-11.75	367										
	2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14							
	O	O	O	O	O	O	XO	XXX							
3 Ben Simpson	JR	Judson	3.04m	9-11.75	367										
	2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14							
	P	P	P	P	O	O	XO	XXX							

Heptathlon: #2 Men Long Jump Heptathlon

Name	Year	School	Finals		Points
1 Cole Connell	SR	St. Ambrose	6.24m	20-05.75	639
	FOUL	6.24m	FOUL		
2 Drew Gandy		Unattached	X6.15m	20-02.25	619
	6.14m	6.15m	6.04m		
3 Hayden Hackman	SO	Central Methodist	5.78m	18-11.75	540
	5.76m	5.78m	FOUL		
4 Ben Simpson	JR	Judson	5.41m	17-09.00	463
	5.33m	5.41m	FOUL		

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/25/2019 to 1/26/2019
Results

Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Ben Simpson 10.43m 10.71m 10.14m	JR Judson	10.71m 35-01.75	528
2 Cole Connell 10.16m 9.98m 10.56m	SR St. Ambrose	10.56m 34-07.75	519
3 Drew Gandy 9.95m 10.39m 10.12m	Unattached	X10.39m 34-01.25	509
4 Hayden Hackman 9.32m 9.56m 10.14m	SO Central Methodist	10.14m 33-03.25	494

Men Heptathlon

Name	Year School	Finals	Points
1 Drew Gandy	Unattached	X4691	
2 Cole Connell	SR St. Ambrose	4299	10
3 Hayden Hackman	SO Central Methodist	3981	8
4 Ben Simpson	JR Judson	3112	6

Men 3000 Meter Race Walk

Name	Year School	Finals	Points
1 Jon Andersen	SR Mount Mercy	13:56.02	10
2 Brycin Healy	Olivet Nazarene	X14:18.82	
3 Taylor Murray	SR Grand View	18:23.23	8
4 Ryan Bennett	JR Central Methodist	19:29.65	6

Women - Team Rankings - 21 Events Scored

1) St. Ambrose	165.50	2) Loras	160
3) Grand View	92	4) Mount Mercy	75
5) Clarke	67.50	6) Central Methodist	62.50
7) Judson	39	8) Calumet-St. Joseph	36.50
9) St. Xavier	36	9) Illinois College	36
11) Trinity Christian	30	12) Quincy	3

Men - Team Rankings - 21 Events Scored

1) Loras	187.50	2) Grand View	163.50
3) Central Methodist	100	4) St. Ambrose	85.50
5) Mount Mercy	50	6) Calumet-St. Joseph	43
7) Clarke	42	8) Illinois College	35
9) Judson	28	10) Trinity Christian	23
11) Quincy	12.50	12) St. Xavier	12