

Region XI Time Trial  
 Cedar Creek Golf Course - Hosted by Indian Hills Community College  
 Ottumwa, Iowa  
 August 23, 2019

Results provided by AccuRace Timing Services  
 www accuracetimeing.com

\*\*\*\* Mens' 5000 Meter Run \*\*\*\*

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	8588	Shawn Kiptoo	Fr	Iowa Western CC	15:39.6	5:03
2	2	8586	Kassim Kibet	Fr	Iowa Western CC	15:49.8	5:06
3	3	8514	Anthony Rodriguez	Fr	Des Moines Area	16:13.3	5:14
4	4	8589	Gavin Klein	So	Iowa Western CC	16:27.7	5:18
5	5	8591	Aldo Zavala	So	Iowa Western CC	16:36.3	5:21
6	6	8535	Jonny Smith	So	Hawkeye CC	16:42.2	5:23
7	7	8532	Sam Mickelson	Fr	Hawkeye CC	16:45.5	5:24
8	8	8598	Janvier Irakoze	Fr	North Iowa Area CC	16:45.7	5:24
9	9	8549	Conner Riley	So	Indian Hills CC	17:01.5	5:29
10	10	8559	Noah Friske	Fr	Iowa Central CC	17:02.2	5:30
11	11	8525	Payton Bahl	So	Hawkeye CC	17:23.8	5:36
12	12	8587	Tyler Kinney	Fr	Iowa Western CC	17:26.9	5:37
13	13	8509	Cameron Campbell	Fr	Des Moines Area	17:31.0	5:39
14	14	8563	Jordan Hustak	Fr	Iowa Central CC	17:34.5	5:40
15	15	8573	Will Whalen	So	Iowa Central CC	17:35.1	5:40
16	16	8574	Andrew Wilson	Fr	Iowa Central CC	17:42.8	5:43
17	17	8600	Sam Pedelty	So	North Iowa Area CC	17:48.2	5:44
18	18	8611	Dalton Ellingboe	So	Southeastern CC	17:49.5	5:45
19	19	8548	Micha Reed	Fr	Indian Hills CC	17:49.7	5:45
20	20	8546	Ethan Mesenbrink	Fr	Indian Hills CC	17:51.1	5:45
21	21	8597	Ben Ellis	Fr	North Iowa Area CC	17:53.2	5:46
22	22	8544	Seth Kilborn	So	Indian Hills CC	17:58.3	5:48
23	23	8585	Samuel Hydro	Fr	Iowa Western CC	18:01.3	5:49
24	24	8584	Jalen Elwell	Fr	Iowa Western CC	18:05.8	5:50
25	25	8558	Darius Brown	Fr	Iowa Central CC	18:07.9	5:51
26	26	8632	Colin Shreve	So	Southwestern CC	18:14.5	5:53
27	27	8602	Paul Roehr	Fr	North Iowa Area CC	18:17.3	5:54
28	28	8547	Ben Oliver	Fr	Indian Hills CC	18:17.7	5:54
29		8582	Luke Benson	Fr	Iowa Western CC	18:21.2	5:55
30	29	8633	Nicolae Vandor	Fr	Southwestern CC	18:21.8	5:55
31	30	8570	Chase Smith	Fr	Iowa Central CC	18:24.4	5:56
32	31	8550	Zach Schocker	So	Indian Hills CC	18:25.4	5:56
33	32	8626	Joshua Carstens	So	Southwestern CC	18:26.1	5:57
34	33	8527	Keegan Dally	Fr	Hawkeye CC	18:27.9	5:57
35	34	8631	Skyler Rawlings	So	Southwestern CC	18:28.7	5:57
36	35	8556	Dalton Baker	Fr	Iowa Central CC	18:30.0	5:58
37		8562	Ma'rico Holland	So	Iowa Central CC	18:30.6	5:58
38		8583	Ethan Brenneman	Fr	Iowa Western CC	18:35.8	6:00
39	36	8601	Ellis Regan	Fr	North Iowa Area CC	18:37.9	6:00
40		8568	David Salazar	So	Iowa Central CC	18:40.6	6:01
41	37	8510	Blake Gregory	Fr	Des Moines Area	18:42.1	6:02
42	38	8541	Cade Curphy	Fr	Indian Hills CC	18:45.7	6:03
43	39	8512	Noah Lee	Fr	Des Moines Area	18:48.8	6:04
44	40	8511	Hunter Humiston	Fr	Des Moines Area	18:53.2	6:05
45	41	8629	Austin Lundy	So	Southwestern CC	18:56.6	6:06
46	42	8533	Ryan Moore	Fr	Hawkeye CC	18:59.5	6:07
47	43	8610	Thad Brooks	Fr	Southeastern CC	19:04.5	6:09
48		8590	Harrison Prentice	Fr	Iowa Western CC	19:08.3	6:10
49	44	8516	Aaron Thompson	Fr	Des Moines Area	19:09.1	6:10
50		8557	Khalil Bonham	Fr	Iowa Central CC	19:13.8	6:12
51		8561	David Hernandez	So	Iowa Central CC	19:16.5	6:13
52	45	8531	Collin Luck	Fr	Hawkeye CC	19:16.8	6:13
53		8575	Tyler Wilson	So	Iowa Central CC	19:19.8	6:14
54	46	8534	Cody Samuelson	So	Hawkeye CC	19:22.3	6:15
55		8571	Christian Snawerdt	Fr	Iowa Central CC	19:23.5	6:15
56		8543	Jacob Glandon	Fr	Indian Hills CC	19:26.5	6:16
57	47	8616	Cody Welch	Fr	Southeastern CC	19:27.0	6:16
58		8567	Daniel Nordquist	So	Iowa Central CC	19:31.3	6:17
59		8530	Cole Luck	Fr	Hawkeye CC	19:36.4	6:19
60		8536	Seth Wibben	Fr	Hawkeye CC	19:36.8	6:19

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Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61		8528	Noah Haynes	So	Hawkeye CC	19:38.5	6:20
62		8540	Aytonn Bar-Shimon	Fr	Indian Hills CC	19:39.6	6:20
63		8542	Marc Estrada	So	Indian Hills CC	19:45.1	6:22
64		8524	Isaac Bachman	Fr	Hawkeye CC	20:05.0	6:28
65	48	8625	Benjamin Aliel	Fr	Southwestern CC	20:33.1	6:37
66		8564	Andy Johnson	Fr	Iowa Central CC	20:33.8	6:38
67	49	8612	Gauge Johnson	Fr	Southeastern CC	20:43.9	6:41
68		8569	Isaac Scheidecker	Fr	Iowa Central CC	20:48.3	6:42
69	50	8613	Kurt Koopman	Fr	Southeastern CC	20:48.9	6:42
70		8572	Levi Son	Fr	Iowa Central CC	20:56.5	6:45
71	51	8599	Alexander Levad	Fr	North Iowa Area CC	21:19.3	6:52
72	52	8508	Cole Bennett	Fr	Des Moines Area	21:19.4	6:52
73		8545	Javon Martin	Fr	Indian Hills CC	21:39.5	6:59
74		8565	Colin Johnson	Fr	Iowa Central CC	21:40.6	6:59
75	53	8614	Kyler Martin	So	Southeastern CC	21:42.3	7:00
76		8604	Clay Herrman	So	Scott CC	21:46.0	7:01
77		8566	Russell Kenney	Fr	Iowa Central CC	21:53.4	7:03
78	54	8628	Kolten Johnson	Fr	Southwestern CC	22:32.3	7:16
79	55	8615	Michael Speegle	Fr	Southeastern CC	22:40.5	7:18

8/23/2019 10:32AM

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\*\*\*\* Mens' Team Score \*\*\*\*

1.	24	Iowa Western CC	(16:24.1 82:00.3 1:47.3)
=====			
1	1	Shawn Kiptoo	Fr 15:39.6
2	2	Kassim Kibet	Fr 15:49.8
3	4	Gavin Klein	So 16:27.7
4	5	Aldo Zavala	So 16:36.3
5	12	Tyler Kinney	Fr 17:26.9
6	( 23)	Samuel Hydro	Fr 18:01.3
7	( 24)	Jalen Elwell	Fr 18:05.8
2.	80	Iowa Central CC	(17:36.5 88:02.5 1:05.7)
=====			
1	10	Noah Friske	Fr 17:02.2
2	14	Jordan Hustak	Fr 17:34.5
3	15	Will Whalen	So 17:35.1
4	16	Andrew Wilson	Fr 17:42.8
5	25	Darius Brown	Fr 18:07.9
6	( 30)	Chase Smith	Fr 18:24.4
7	( 35)	Dalton Baker	Fr 18:30.0
3.	98	Indian Hills CC	(17:47.7 88:58.3 1:16.2)
=====			
1	9	Conner Riley	So 17:01.5
2	19	Micha Reed	Fr 17:49.7
3	20	Ethan Mesenbrink	Fr 17:51.1
4	22	Seth Kilborn	So 17:58.3
5	28	Ben Oliver	Fr 18:17.7
6	( 31)	Zach Schocker	So 18:25.4
7	( 38)	Cade Curphy	Fr 18:45.7
4.	99	Hawkeye CC	(17:39.8 88:18.9 2:17.3)
=====			
1	6	Jonny Smith	So 16:42.2
2	7	Sam Mickelson	Fr 16:45.5
3	11	Payton Bahl	So 17:23.8
4	33	Keegan Dally	Fr 18:27.9
5	42	Ryan Moore	Fr 18:59.5
6	( 45)	Collin Luck	Fr 19:16.8
7	( 46)	Cody Samuelson	So 19:22.3
5.	109	North Iowa Area CC	(17:52.5 89:22.3 1:52.2)
=====			
1	8	Janvier Irakoze	Fr 16:45.7
2	17	Sam Pedelty	So 17:48.2
3	21	Ben Ellis	Fr 17:53.2
4	27	Paul Roehr	Fr 18:17.3
5	36	Ellis Regan	Fr 18:37.9
6	( 51)	Alexander Levad	Fr 21:19.3
6.	132	Des Moines Area	(18:01.7 90:08.4 2:39.9)
=====			
1	3	Anthony Rodriguez	Fr 16:13.3
2	13	Cameron Campbell	Fr 17:31.0
3	37	Blake Gregory	Fr 18:42.1
4	39	Noah Lee	Fr 18:48.8
5	40	Hunter Humiston	Fr 18:53.2
6	( 44)	Aaron Thompson	Fr 19:09.1
7	( 52)	Cole Bennett	Fr 21:19.4

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7. 162 Southwestern CC (18:29.6 92:27.7 0:42.1)

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1	26	Colin Shreve	So	18:14.5
2	29	Nicolae Vandor	Fr	18:21.8
3	32	Joshua Carstens	So	18:26.1
4	34	Skyler Rawlings	So	18:28.7
5	41	Austin Lundy	So	18:56.6
6	( 48)	Benjamin Aliel	Fr	20:33.1
7	( 54)	Kolten Johnson	Fr	22:32.3

8. 207 Southeastern CC (19:34.8 97:53.8 2:59.4)

=====

1	18	Dalton Ellingboe	So	17:49.5
2	43	Thad Brooks	Fr	19:04.5
3	47	Cody Welch	Fr	19:27.0
4	49	Gauge Johnson	Fr	20:43.9
5	50	Kurt Koopman	Fr	20:48.9
6	( 53)	Kyler Martin	So	21:42.3
7	( 55)	Michael Speegle	Fr	22:40.5