

Mississippi Valley Conference Championship Meet
 Maple Grove Venues - Hosted by Sparta High School
 West Salem, Wisconsin
 October 17, 2019

Results provided by AccuRace Timing Services
 www accuracetimeing.com

**** Girls' Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	6177	Kora Malecek	11	Onalaska	17:57.3	5:47
2	2	6178	Lydia Malecek	11	Onalaska	19:14.6	6:12
3	3	6176	Amailia Malecek	11	Onalaska	19:22.7	6:15
4	4	6180	Ellie Smith	11	Onalaska	19:34.6	6:19
5	5	6259	Hannah Wilcox-Borg	11	Tomah	19:51.3	6:24
6	6	6175	Jillian Lonning	10	Onalaska	20:08.7	6:30
7	7	6146	Greta Trapp	12	La Crosse Logan	20:16.1	6:32
8	8	6173	Rachel Hosch	11	Onalaska	20:36.3	6:38
9	9	6099	Katie Christensen	9	La Crosse Central	20:38.8	6:39
10	10	6103	Jenna Hutschenreuter	9	La Crosse Central	20:39.5	6:39
11	11	6174	Caroline Kearns	11	Onalaska	20:51.4	6:43
12	12	6119	Taryn Winga	9	La Crosse Central	21:02.4	6:47
13	13	6145	Brooke Thurman	11	La Crosse Logan	21:10.8	6:50
14	14	6136	Ellie Haverland	10	La Crosse Logan	21:13.5	6:50
15	15	6060	Taylor Bembnister	9	Holmen	21:18.7	6:52
16	16	6063	Grace Filips	10	Holmen	21:23.8	6:54
17	17	6036	Andrea White	10	Aquinas	21:29.8	6:56
18	18	6073	Molly Twitchell	9	Holmen	21:43.7	7:00
19	19	6072	Elle Stussy	10	Holmen	21:44.2	7:00
20	20	6066	Sophia Hoch	11	Holmen	21:45.1	7:01
21	21	6033	Karlie Meyer	11	Aquinas	21:51.0	7:02
22	22	6147	Avery Trohkimoinen	11	La Crosse Logan	21:58.6	7:05
23	23	6115	Emilia Veum	9	La Crosse Central	22:01.6	7:06
24	24	6213	Morgan Intihar	10	Sparta	22:10.6	7:09
25	25	6243	Brooke Bakken	11	Tomah	22:13.5	7:10
26	26	6059	Lydia Addison	11	Holmen	22:15.0	7:10
27	27	6137	Ashley Janisch	10	La Crosse Logan	22:24.5	7:13
28	28	6111	Julia Poelma	11	La Crosse Central	22:31.8	7:16
29	29	6061	Michaela Bertram	10	Holmen	22:37.9	7:18
30	30	6242	Anna Apathy	12	Tomah	22:40.3	7:18
31	31	6118	Eden Winga	11	La Crosse Central	22:43.2	7:19
32	32	6031	Sara Gyllander	9	Aquinas	22:45.9	7:20
33	33	6252	Jennie Jorgensen	12	Tomah	22:47.0	7:20
34	34	6140	Mackenzey Larsen	12	La Crosse Logan	22:48.7	7:21
35	35	6106	Jada Johnson	10	La Crosse Central	22:51.7	7:22
36	36	6032	Naomi Koch	9	Aquinas	22:58.9	7:24
37	37	6224	Macy White	9	Sparta	22:59.6	7:25
38	38	6035	Bella Timm	9	Aquinas	23:00.6	7:25
39	39	6144	Trista Szafran	10	La Crosse Logan	23:01.1	7:25
40	40	6026	Elizabeth Bagniefski	9	Aquinas	23:16.0	7:30
41	41	6209	Emma Blackdeer	10	Sparta	23:20.6	7:31
42	42	6255	Cassie Lenning	10	Tomah	23:20.6	7:31
43	43	6028	Grace Gyllander	11	Aquinas	23:36.4	7:36
44	44	6247	Brielle Harmel	12	Tomah	23:53.8	7:42
45	45	6254	Maddy Kline	10	Tomah	24:04.0	7:45
46	46	6215	Nadia Laufenberg	10	Sparta	24:27.2	7:53
47	47	6222	Lily Schmitz	12	Sparta	24:33.4	7:55
48	48	6210	Viviana Campos	11	Sparta	25:00.7	8:04
49	49	6214	Amanda Jaeger	10	Sparta	25:35.6	8:15

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**** Girls' Varsity Team Score ****

1.	16	Onalaska		(19:15.6 96:17.9 2:11.4)
=====				
1	1	Kora Malecek	11 17:57.3	
2	2	Lydia Malecek	11 19:14.6	
3	3	Amailia Malecek	11 19:22.7	
4	4	Ellie Smith	11 19:34.6	
5	6	Jillian Lonning	10 20:08.7	
6	(8)	Rachel Hosch	11 20:36.3	
7	(11)	Caroline Kearns	11 20:51.4	
2.	82	La Crosse Central		(21:22.9 106:54.1 1:53.0)
=====				
1	9	Katie Christensen	9 20:38.8	
2	10	Jenna Hutschenreuter	9 20:39.5	
3	12	Taryn Winga	9 21:02.4	
4	23	Emilia Veum	9 22:01.6	
5	28	Julia Poelma	11 22:31.8	
6	(31)	Eden Winga	11 22:43.2	
7	(35)	Jada Johnson	10 22:51.7	
3.	83	La Crosse Logan		(21:24.7 107:03.5 2:08.4)
=====				
1	7	Greta Trapp	12 20:16.1	
2	13	Brooke Thurman	11 21:10.8	
3	14	Ellie Haverland	10 21:13.5	
4	22	Avery Trohkimoinen	11 21:58.6	
5	27	Ashley Janisch	10 22:24.5	
6	(34)	Mackenzey Larsen	12 22:48.7	
7	(39)	Trista Szafran	10 23:01.1	
4.	88	Holmen		(21:35.1 107:55.5 0:26.4)
=====				
1	15	Taylor Bembnister	9 21:18.7	
2	16	Grace Filips	10 21:23.8	
3	18	Molly Twitchell	9 21:43.7	
4	19	Elle Stussy	10 21:44.2	
5	20	Sophia Hoch	11 21:45.1	
6	(26)	Lydia Addison	11 22:15.0	
7	(29)	Michaela Bertram	10 22:37.9	
5.	135	Tomah		(22:10.6 110:52.7 3:29.3)
=====				
1	5	Hannah Wilcox-Borg	11 19:51.3	
2	25	Brooke Bakken	11 22:13.5	
3	30	Anna Apathy	12 22:40.3	
4	33	Jennie Jorgensen	12 22:47.0	
5	42	Cassie Lenning	10 23:20.6	
6	(44)	Brielle Harmel	12 23:53.8	
7	(45)	Maddy Kline	10 24:04.0	
6.	144	Aquinas		(22:25.3 112:06.2 1:30.8)
=====				
1	17	Andrea White	10 21:29.8	
2	21	Karlie Meyer	11 21:51.0	
3	32	Sara Gyllander	9 22:45.9	
4	36	Naomi Koch	9 22:58.9	
5	38	Bella Timm	9 23:00.6	
6	(40)	Elizabeth Bagniefski	9 23:16.0	
7	(43)	Grace Gyllander	11 23:36.4	

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7.	195	Sparta		(23:30.3	117:31.4	2:22.8)
=====						
1	24	Morgan Intihar	10	22:10.6		
2	37	Macy White	9	22:59.6		
3	41	Emma Blackdeer	10	23:20.6		
4	46	Nadia Laufenberg	10	24:27.2		
5	47	Lily Schmitz	12	24:33.4		
6	(48)	Viviana Campos	11	25:00.7		
7	(49)	Amanda Jaeger	10	25:35.6		

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**** Girls' Junior Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	6170	Claudia Delgado	11	Onalaska	21:05.1	6:48
2	2	6182	Ali Thomas	9	Onalaska	21:42.4	7:00
3	3	6172	Jenny Harding	12	Onalaska	21:43.8	7:00
4	4	6168	Caitlin Caretta	12	Onalaska	22:41.7	7:19
5	5	6098	Santanna Carranza	9	La Crosse Central	22:51.2	7:22
6	6	6069	Allison Oines	9	Holmen	23:03.8	7:26
7	7	6141	Maddisen Larsen	9	La Crosse Logan	23:17.9	7:30
8	8	6132	Megan Abraham	11	La Crosse Logan	23:18.3	7:31
9	9	6181	Falyn Stainaker	10	Onalaska	23:32.1	7:35
10	10	6101	Emma Ehlers	12	La Crosse Central	23:37.0	7:37
11	11	6100	Kacy Eckhardt	11	La Crosse Central	23:47.2	7:40
12	12	6183	Brooke Visker	12	Onalaska	24:03.5	7:45
13	13	6114	Aubrey Strittmater	11	La Crosse Central	24:09.1	7:47
14		6029	Gretta Gyllander	9	Aquinas	24:14.4	7:49
15	14	6148	Savannah Vaughn	9	La Crosse Logan	24:15.6	7:49
16	15	6135	Allison Geszvain	11	La Crosse Logan	24:16.5	7:49
17	16	6139	Lucy Kujak	11	La Crosse Logan	24:42.0	7:57
18	17	6171	Lauren Ecklund	11	Onalaska	24:43.9	7:58
19	18	6248	Jenna Hausman	11	Tomah	24:50.4	8:00
20	19	6065	Maggie Hanks	11	Holmen	25:08.4	8:06
21	20	6117	Lydia Wilson	11	La Crosse Central	25:11.1	8:07
22	21	6074	Bronte' Wise	10	Holmen	25:20.0	8:10
23	22	6112	Miriam Shepard	10	La Crosse Central	25:26.8	8:12
24	23	6097	Katie Arlt	10	La Crosse Central	25:28.3	8:12
25	24	6251	Aisha Hughart Topgyal	9	Tomah	25:32.8	8:14
26	25	6218	Jenna Perry	11	Sparta	25:35.6	8:15
27	26	6253	Kellie Jorgensen	9	Tomah	25:39.9	8:16
28		6030	Lilly Gyllander	11	Aquinas	25:41.9	8:17
29	27	6216	Vanessa Leis	9	Sparta	25:53.1	8:20
30		6179	Mercer Phleger	12	Onalaska	25:57.2	8:22
31	28	6211	Esmerelda Hernandez	10	Sparta	26:00.1	8:23
32	29	6249	Reyna Herold	12	Tomah	26:02.8	8:24
33		6105	Grace Ivens	9	La Crosse Central	26:12.9	8:27
34		6109	Makayla Kramer	10	La Crosse Central	26:14.2	8:27
35	30	6219	Justine Pokorny	11	Sparta	26:19.8	8:29
36		6110	Ncaylee Niemann	10	La Crosse Central	26:23.1	8:30
37	31	6250	Joy Hilson	10	Tomah	26:25.8	8:31
38	32	6142	Lieba Schwalbe	12	La Crosse Logan	26:27.4	8:31
39	33	6221	Elizabeth Rodriguez	9	Sparta	26:47.3	8:38
40	34	6225	Lily Wiegand	10	Sparta	26:50.1	8:39
41	35	6217	Cristina Matias-Escalante	12	Sparta	26:54.2	8:40
42		6108	Morgan Klingelhofer	11	La Crosse Central	27:15.9	8:47
43	36	6062	Finola Dienger Hanson	10	Holmen	27:21.6	8:49
44	37	6064	Sophie Goyette	9	Holmen	27:40.9	8:55
45	38	6143	Marcie Szafran	11	La Crosse Logan	27:50.3	8:58
46	39	6257	Sammy Spang	12	Tomah	29:03.7	9:22
47	40	6258	Autumn Sparks	12	Tomah	29:08.1	9:23
48		6102	Macey Heath	12	La Crosse Central	29:23.4	9:28
49		6138	Jade Jefferies	9	La Crosse Logan	29:47.2	9:36
50		6245	Kendall Frederick	10	Tomah	29:55.6	9:38
51		6027	Marissa Capelli	10	Aquinas	29:56.9	9:39
52		6133	Bella Brown	9	La Crosse Logan	31:12.9	10:03
53		6208	Bri Bautista	12	Sparta	32:45.3	10:33
54		6134	Grace Fredricksen	11	La Crosse Logan	33:15.3	10:43
55		6223	Edith Valsco-Hernandez	10	Sparta	34:22.8	11:04

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**** Girls' Junior Varsity Team Score ****

1.	19	Onalaska		(22:09.1	110:45.1	2:27.0)
=====						
1	1	Claudia Delgado	11	21:05.1		
2	2	Ali Thomas	9	21:42.4		
3	3	Jenny Harding	12	21:43.8		
4	4	Caitlin Caretta	12	22:41.7		
5	9	Falyn Stainaker	10	23:32.1		
6	(12)	Brooke Visker	12	24:03.5		
7	(17)	Lauren Ecklund	11	24:43.9		
2.	59	La Crosse Central		(23:55.2	119:35.6	2:19.9)
=====						
1	5	Santanna Carranza	9	22:51.2		
2	10	Emma Ehlers	12	23:37.0		
3	11	Kacy Eckhardt	11	23:47.2		
4	13	Aubrey Strittmater	11	24:09.1		
5	20	Lydia Wilson	11	25:11.1		
6	(22)	Miriam Shepard	10	25:26.8		
7	(23)	Katie Arlt	10	25:28.3		
3.	60	La Crosse Logan		(23:58.1	119:50.3	1:24.1)
=====						
1	7	Maddisen Larsen	9	23:17.9		
2	8	Megan Abraham	11	23:18.3		
3	14	Savannah Vaughn	9	24:15.6		
4	15	Allison Geszvain	11	24:16.5		
5	16	Lucy Kujak	11	24:42.0		
6	(32)	Lieba Schwalbe	12	26:27.4		
7	(38)	Marcie Szafran	11	27:50.3		
4.	119	Holmen		(25:43.0	128:34.7	4:37.1)
=====						
1	6	Allison Oines	9	23:03.8		
2	19	Maggie Hanks	11	25:08.4		
3	21	Bronte' Wise	10	25:20.0		
4	36	Finola Dienger Hanson	10	27:21.6		
5	37	Sophie Goyette	9	27:40.9		
5.	128	Tomah		(25:42.4	128:31.7	1:35.4)
=====						
1	18	Jenna Hausman	11	24:50.4		
2	24	Aisha Hughart Topgyal	9	25:32.8		
3	26	Kellie Jorgensen	9	25:39.9		
4	29	Reyna Herold	12	26:02.8		
5	31	Joy Hilson	10	26:25.8		
6	(39)	Sammy Spang	12	29:03.7		
7	(40)	Autumn Sparks	12	29:08.1		
6.	143	Sparta		(26:07.2	130:35.9	1:11.7)
=====						
1	25	Jenna Perry	11	25:35.6		
2	27	Vanessa Leis	9	25:53.1		
3	28	Esmerelda Hernandez	10	26:00.1		
4	30	Justine Pokorny	11	26:19.8		
5	33	Elizabeth Rodriguez	9	26:47.3		
6	(34)	Lily Wiegand	10	26:50.1		
7	(35)	Cristina Matias-Escalante	12	26:54.2		