

**Empire Invitational  
Holmen High School  
Holmen, Wisconsin - 4/2/2019  
Results**

**Girls 100 Meter Dash**

Name	Year	School	Finals	H#	Points
Finals					
1 Avery Trohkimoinen	10	La Crosse Logan	13.79	4	10
2 Tess Bigalke	12	New Lisbon	14.18	4	8
3 Eryn DuCharme	10	Holmen	14.37	3	6
4 Kori Jaynes	9	Prairie du Chien	14.45	3	5
5 Jaiden Hart	10	New Lisbon	14.48	2	4
6 Jamia Dillard	9	Onalaska	14.66	4	3
7 Delaney Gelder	9	Holmen	14.68	4	2
8 Kristin Goede	12	Holmen	14.87	3	1
9 Jaiden Hansbery	10	Cashton	15.00	1	
10 Kim Rushlow	12	Luther	15.12	3	
11 Emma Leis	9	Cashton	15.14	1	
12 Lily Powers	10	Holmen	15.20	2	
13 Claire Eade	12	Holmen	15.24	3	
14 Maggie Hanks	10	Holmen	15.27	4	
15 Faith Hemmersbach	10	Cashton	15.30	1	
16 Anna Nevala	12	Holmen	15.37	3	
17 Olivia Tillman	9	Onalaska	15.44	4	
18 Ava Clark	9	Holmen	15.73	3	
19 Brynn Kleiner	9	Holmen	15.77	3	
20 Allie Powell	11	Whitehall	15.97	2	
21 Halle Schwartz	9	Luther	16.34	2	
22 Brenna Schlosser	11	Holmen	16.58	2	
23 Tessa Wilder	12	La Crosse Logan	16.95	2	
24 Jenny Frick	9	Luther	17.18	2	
25 Lauren Schwaab	9	Onalaska	17.19	3	
26 Sora Umeda	12	La Crosse Logan	17.33	2	
-- Kamryn McNally	9	Holmen	FS	4	

**Girls 200 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Jaiden Hart	10	New Lisbon	29.77	3	10
2 Lily Adams	11	Cashton	30.43	2	8
3 Jessica Waege	10	Luther	30.99	2	6
4 Ava Wickstrom	9	Holmen	31.55	3	5
5 Kloei Grandt	10	Holmen	31.65	2	4
6 Anna Nevala	12	Holmen	31.66	3	3
7 Faith Hemmersbach	10	Cashton	31.67	1	2
8 Jaiden Hansbery	10	Cashton	31.70	1	1
9 Ava Clark	9	Holmen	32.05	1	
10 Peyton Running	11	Holmen	32.32	2	
11 Alexis Nolan	12	Prairie du Chien	32.93	3	
12 Rian Mally	9	Holmen	32.97	2	
13 Brianna Voss	10	New Lisbon	33.16	3	
14 Ava Fisher	9	Luther	33.84	2	

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15 Brenna Schlosser	11 Holmen	34.05	1
16 Kylee Holen	9 Onalaska	34.19	2
17 Hope Knudtson	9 Holmen	34.51	1
18 Nylah Lisowski	9 Whitehall	35.30	1
19 Janna Thoma	10 Whitehall	35.59	1
20 Alexis Sill	9 Luther	35.92	2
21 Ciera Hendrickson	10 New Lisbon	37.46	2

**Girls 400 Meter Dash**

Name	Year School	Finals	H#	Points
1 Avery Trohkimoinen	10 La Crosse Logan	1:03.02	3	10
2 Kaylah Haas	11 Holmen	1:08.95	3	8
3 Tess Bigalke	12 New Lisbon	1:09.90	3	6
4 Sophie Baggett	12 La Crosse Logan	1:10.28	3	5
5 Ella Metza	9 Holmen	1:10.94	1	4
6 Leah Schilling	10 Luther	1:11.21	1	3
7 Paige Schneider	10 Prairie du Chien	1:11.39	3	2
8 Natalie Beck	9 La Crosse Logan	1:12.20	3	1
9 Catrina Johnson	12 New Lisbon	1:12.44	2	
10 Madison Kruschel	10 Luther	1:13.74	1	
11 Lily Gronemus	9 Cashton	1:14.47	2	
12 Kloei Grandt	10 Holmen	1:15.41	3	
13 Borene Claire	9 Onalaska	1:15.78	1	
14 Anna Goyette	12 Holmen	1:15.85	2	
15 Libby Rogers	9 New Lisbon	1:17.63	2	
16 Madeline Beinborn	9 Holmen	1:18.36	2	
17 Nylah Lisowski	9 Whitehall	1:19.26	2	
18 Hope Knudtson	9 Holmen	1:21.01	1	
19 Susie Rodriguez	9 Whitehall	1:22.27	2	
20 Mercer Phlegar	11 Onalaska	1:24.21	1	
21 Evelyn Kuhn	10 Cashton	1:29.86	1	
22 Priya Naik	9 Onalaska	1:30.20	1	
23 Makenzie Stammeyer	11 Holmen	1:32.10	1	

**Girls 800 Meter Run**

Name	Year School	Finals	Points
1 Karly Jaynes	11 Prairie du Chien	2:32.16	10
2 Cianna Hoppe	12 Luther	2:32.36	8
3 Brooklyn Waldner	9 Onalaska	2:45.59	6
4 Emma Gronemus	11 Cashton	2:46.22	5
5 Daina Clemmensen	9 Luther	2:51.51	4
6 Hailie Myers	9 Prairie du Chien	3:01.14	3
7 Abigail Bramwell	10 Holmen	3:04.13	2
8 Amber Greene	12 New Lisbon	3:09.58	1
9 Olivia Meyers	11 Cashton	3:11.97	

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**....Girls 800 Meter Run**

10 Caylee Bruemmer	10 Luther	3:20.01
11 Mikaila Schroeder	10 New Lisbon	3:22.63
12 Destiny Wehman	12 New Lisbon	3:22.73

**Girls 1600 Meter Run**

Name	Year School	Finals	Points
1 Emily Wintrone	11 Luther	5:52.14	10
2 Gracey Mlsna	11 Cashton	6:03.76	8
3 Elle Stussy	9 Holmen	6:06.33	6
4 Izzi Mason	10 Cashton	6:10.08	5
5 Carolyn Kearns	10 Onalaska	6:11.32	4
6 Rachel Hosch	10 Onalaska	6:15.15	3
7 Jenny Harding	11 Onalaska	6:17.31	2
8 Lydia Korn	11 Cashton	6:35.85	1
9 Libby Miller	12 La Crosse Logan	6:43.89	
10 Abbigayle Las	11 Luther	6:53.36	
11 Dominique Reilly	10 Prairie du Chien	6:57.11	
12 Makayla Hansen	10 Luther	6:57.15	
13 Jadyen Jenks	10 Prairie du Chien	7:02.35	
14 Kayla Kertis	11 Holmen	7:40.47	
15 Bronte Wise	9 Holmen	7:44.26	
16 Madyson Lemke	10 Holmen	7:44.96	
17 Mikaila Schroeder	10 New Lisbon	8:41.58	

**Girls 3200 Meter Run**

Name	Year School	Finals	Points
1 Sophia Hoch	10 Holmen	13:33.39	10
2 Grace Filipis	9 Holmen	14:30.65	8
3 Chelsea Bruemmer	12 Luther	14:31.13	6
4 Gretchen Cortez	12 Luther	14:43.59	5

**Girls 100 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Leah Surprenant	12 La Crosse Logan	17.45	2	10
2 Adelynn Hyatt	10 Cashton	17.46	2	8
3 Iris Vang	12 Holmen	18.07	2	6
4 Faith Dillman	12 Prairie du Chien	18.59	2	5
5 Emma Ries	10 Luther	18.93	2	4
6 Gabriella Geszvain	12 La Crosse Logan	19.22	2	3
7 Lindsey Nicholson	12 Prairie du Chien	19.46	2	2
8 Nicole Rickleff	9 Prairie du Chien	20.49	1	1
9 Brianna Law	9 Onalaska	20.86	1	
10 Sofie Hendrickson	11 New Lisbon	21.21	2	

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**....Girls 100 Meter Hurdles**

11 Baylea Wilk	12 Holmen	21.47	2
12 Jennifer Garves	9 Onalaska	21.66	1
13 Leah Schilling	10 Luther	21.89	1
14 Paige Hoeft	9 Cashton	22.49	1
15 Olivia Hall	9 Holmen	23.06	1
-- Jenna Crick	9 Luther	DQ	1

**Girls 300 Meter Hurdles Low**

Name	Year School	Finals	H#	Points
1 Adelynn Hyatt	10 Cashton	51.76	2	10
2 Alli Casperson	11 Whitehall	53.18	2	8
3 Leah Surprenant	12 La Crosse Logan	54.29	2	6
4 Faith Dillman	12 Prairie du Chien	55.21	2	5
5 Ashley Endrizzi	12 Onalaska	57.28	2	4
6 Paige Hoeft	9 Cashton	58.59	1	3
7 Lydia Korn	11 Cashton	59.15	2	2
8 Chloe Erdmann	9 Luther	1:00.17	2	1
9 Natalie Bolstad	11 Luther	1:01.27	2	
10 Grace Jacobson	9 Onalaska	1:02.77	1	
11 Madeline La Rocque	12 Prairie du Chien	1:03.72	2	
12 Halle Schwartz	9 Luther	1:04.25	1	

**Girls 4x100 Meter Relay**

School	Finals	Points
1 Holmen 1) Makayla Radtke 12 3) Megan Zittlow 11	52.92	10
2 Luther 1) Emma Ries 10 3) Kim Rushlow 12	56.62	8
3 Cashton 1) Holly Adams 11 3) Lily Adams 11	59.49	6
4 Onalaska 1) Adnyra Holt 9 3) Kylie Schula 9	1:00.91	5
5 La Crosse Logan 1) Rosemary Mumm 9 3) Cecilia Bouzek 9	1:02.87	4
6 Prairie du Chien 1) Nicole Rickleff 9 3) Eva Keene 9	1:03.55	3
7 Whitehall 1) Janna Thoma 10 3) Abbi Herman 12	1:04.90	2
2) Hailey Brueggen 9 4) Kamryn McNally 9		
2) Kyler Ernst 10 4) Brianna Zenke 9		
2) Paige Olson 9 4) Alyssa Meyers 10		
2) Abigail Haun 9 4) Cierra Butler 10		
2) Martha Franke 9 4) Averianna Jacobson 10		
2) Clare Teynor 10 4) Alexis Nolan 12		
2) Ciera Dubiel 9 4) Allie Powell 11		

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**Girls 4x200 Meter Relay**

School	Finals	Points
1 Cashton 1) Adelynn Hyatt 10 3) Emma Schlesner 10	1:54.93	10
2 Luther 1) Emma Ries 10 3) Grace Komay 10	2:00.75	8
3 Holmen 1) Kristin Goede 12 3) Peyton Running 11	2:03.09	6
4 Prairie du Chien 1) Madeline La Rocque 12 3) Gabby Ritchie 12	2:07.16	5
5 Onalaska 1) Lilly Tobert 9 3) Amber Nguyen 10	2:07.88	4
6 La Crosse Logan 1) Rosemary Mumm 9 3) Cecilia Bouzek 9	2:16.46	3
7 Whitehall 1) Janna Thoma 10 3) Nylah Lisowski 9	2:18.93	2
-- New Lisbon 1) Sofie Hendrickson 11 3) McKylie Green 10	DQ	
	2) Alyssa Meyers 10 4) Annie Schreier 10	
	2) Kyler Ernst 10 4) Kaitlyn Kennedy 12	
	2) Eryn DuCharme 10 4) Maggie Hanks 10	
	2) Lindsey Nicholson 12 4) Kori Jaynes 9	
	2) Stella Weiner 9 4) Jamia Dillard 9	
	2) Martha Franke 9 4) Averiana Jacobson 10	
	2) Susie Rodriguez 9 4) Allie Powell 11	
	2) Ciera Hendrickson 10 4) Brianna Voss 10	

**Girls 4x400 Meter Relay**

School	Finals	Points
1 Holmen 1) Hailey Brueggen 9 3) Gelder Delaney 9	4:47.40	10
2 Onalaska 1) Jenny Harding 11 3) Amber Nguyen 10	4:59.20	8
3 New Lisbon 1) Tess Bigalke 12 3) Libby Rogers 9	5:02.10	6
4 Luther 1) Rachel Koenig 9 3) Grace Komay 10	5:04.60	5
5 Cashton 1) Holly Adams 11 3) Alyssa Meyers 10	5:13.20	4
6 Holmen 'B' 1) Lydia Addison 10 3) Anna Goyette 12	5:17.20	3
	2) Makayla Radtke 12 4) Morgan Butterfield 12	
	2) Carolyn Kearns 10 4) Rachel Hosch 10	
	2) Jaiden Hart 10 4) Catrina Johnson 12	
	2) Kaitlyn Kennedy 12 4) Emily Wintrone 11	
	2) Lily Gronemus 9 4) Emma Schlesner 10	
	2) Elle Stussy 9 4) Rian Mally 9	

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**....Girls 4x400 Meter Relay**

7 Whitehall	5:53.00	2
1) Alli Casperson 11	2) Olivia Youngbauer 10	
3) Kensie Beighley 11	4) Abby Semb 10	

**Girls 4x800 Meter Relay**

School	Finals	Points
1 Luther	10:48.02	10
1) Rachel Koenig 9	2) Lizzie Stuebs 11	
3) Cassie Warren 10	4) Cianna Hoppe 12	
2 Cashton	11:14.64	8
1) Gracey Mlsna 11	2) Izzi Mason 10	
3) Carly Butzler 10	4) Emma Gronemus 11	
3 Holmen	11:21.81	6
1) Sophia Hoch 10	2) Kaylah Haas 11	
3) Grace Filips 9	4) Madeline Beinborn 9	
4 Prairie du Chien	11:35.17	5
1) Amber Huser 12	2) Dominique Reilly 10	
3) Karly Jaynes 11	4) Ella Hager 10	
5 Whitehall	12:00.68	4
1) Jessica Mohan 12	2) Olivia Youngbauer 10	
3) Kensie Beighley 11	4) Abby Semb 10	
6 New Lisbon	12:49.76	3
1) Destiny Wehman 12	2) Amber Greene 12	
3) Libby Rogers 9	4) Catrina Johnson 12	

**Girls High Jump**

Name	Year School	Finals	Points
1 Adelynn Hyatt	10 Cashton	4-10.00	9
1 Morgan Butterfield	12 Holmen	4-10.00	9
3 Paige Olson	9 Cashton	4-08.00	6
4 Rachel Koenig	9 Luther	J4-08.00	5
5 Lydia Korn	11 Cashton	J4-08.00	4
6 Emma Ries	10 Luther	4-04.00	3
7 Paige Schneider	10 Prairie du Chien	J4-04.00	1.50
7 Melanie Roberts	10 Holmen	J4-04.00	1.50
9 Jennifer Garves	9 Onalaska	4-02.00	
9 Erin Bringe	9 Holmen	4-02.00	
11 Tess Bigalke	12 New Lisbon	4-00.00	
12 Susie Rodriguez	9 Whitehall	3-08.00	
12 Cristina Pullia	10 Onalaska	3-08.00	

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**Girls Pole Vault**

Name	Year	School	Finals	Points
1 Megan Zittlow	11	Holmen	9-00.00	10
2 Melanie Roberts	10	Holmen	8-06.00	8
3 Claire Eade	12	Holmen	7-06.00	6
4 Natalie Bolstad	11	Luther	7-00.00	5
5 Maya Trautsch	10	Prairie du Chien	J7-00.00	4
6 Jessica Mohan	12	Whitehall	6-00.00	2.50
6 Kamryn McNally	9	Holmen	6-00.00	2.50
8 Daina Clemmensen	9	Luther	J6-00.00	1
-- Kayla Krueger	12	Onalaska	NH	
-- Maggie Hanks	10	Holmen	NH	
-- Liv Mickschl	11	Onalaska	NH	

**Girls Long Jump**

Name	Year	School	Finals	Points
1 Morgan Butterfield	12	Holmen	14-10.25	10
2 Iris Vang	12	Holmen	14-00.50	8
3 Baylea Wilk	12	Holmen	13-10.00	6
4 Madeline La Rocque	12	Prairie du Chien	13-03.00	5
5 Gracey Mlsna	11	Cashton	13-01.00	4
6 Alexis Nolan	12	Prairie du Chien	12-11.00	3
7 Anna Goyette	12	Holmen	12-08.00	2
8 Jolene Las	12	Luther	12-04.75	1
9 Leah Schilling	10	Luther	12-04.50	
10 Abbigayle Las	11	Luther	11-11.00	
11 Kendall Woyak	11	Onalaska	11-09.25	
12 Emma Leis	9	Cashton	11-08.25	
13 Libby Rogers	9	New Lisbon	11-07.00	
14 Eryn DuCharme	10	Holmen	11-03.50	
15 Ciera Dubiel	9	Whitehall	11-00.25	
16 Jasmine Odegard	9	Onalaska	10-05.00	
16 Serena Urbanek	9	Onalaska	10-05.00	
18 Peyton Running	11	Holmen	10-04.25	
19 Evelyn Kuhn	10	Cashton	8-10.75	

**Girls Triple Jump**

Name	Year	School	Finals	Points
1 Annie Schreier	10	Cashton	32-06.50	10
2 Emma Schlesner	10	Cashton	30-01.00	8
3 Baylea Wilk	12	Holmen	29-06.50	6
4 Iris Vang	12	Holmen	29-02.50	5
5 Lindsey Nicholson	12	Prairie du Chien	29-00.50	4
6 Emma Gronemus	11	Cashton	28-02.25	3
7 Kensie Beighley	11	Whitehall	27-02.00	2

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**....Girls Triple Jump**

8	Catrina Johnson	12	New Lisbon	27-01.50	1
9	Brianna Law	9	Onalaska	24-09.00	
10	Ashley Fenn	9	Onalaska	24-08.50	
11	Nylah Lisowski	9	Whitehall	23-00.00	
--	Kayla Zabel	10	Holmen	ND	
--	Kylie Schula	9	Onalaska	ND	
--	Olivia Youngbauer	10	Whitehall	ND	

**Girls Shot Put**

Name	Year	School	Finals	H#	Points
1	Gabby Ritchie	12	Prairie du Chien	34-05.50	3 10
2	Molly Graff	12	Holmen	33-05.00	3 8
3	Annie Schreier	10	Cashton	33-04.50	3 6
4	Amelia Retzlaff	10	New Lisbon	30-03.50	3 5
5	Nicole Rickleff	9	Prairie du Chien	29-02.00	3 4
6	Janelle Jarrett	12	La Crosse Logan	28-08.00	3 3
7	Morgan Sanders	10	New Lisbon	28-07.00	1 2
8	Natalie Graff	10	Holmen	27-08.00	1 1
9	Chloe Scoiss	10	Onalaska	27-05.00	2
10	Megan Zittlow	11	Holmen	27-03.00	3
11	Avery Luebke	11	Holmen	27-00.50	3
12	Abbi Herman	12	Whitehall	27-00.00	3
13	Nicole Olson	12	Cashton	26-06.00	3
14	Skylar Kasten	12	Luther	25-10.00	2
15	Natalie Bolstad	11	Luther	25-00.00	2
16	Millie Bauer	10	Onalaska	24-11.00	2
17	Allie Powell	11	Whitehall	24-10.50	1
18	Mackenzie Shankle	9	New Lisbon	24-07.00	1
19	Haleigh Ritter	10	Cashton	24-05.00	2
20	Natalya Melvin	11	Holmen	24-01.00	2
20	Kortnee Jostad	11	Holmen	24-01.00	3
22	Brynn Hundt	9	Holmen	24-00.50	1
22	Sydney Layland	9	Holmen	24-00.50	1
24	Lily Powers	10	Holmen	23-06.00	2
25	Hannah Schroeder	9	Holmen	22-07.50	1
26	Clare Teynor	10	Prairie du Chien	22-05.00	2
27	Ashley Fenn	9	Onalaska	22-04.00	1
28	Alexia Nelson	11	La Crosse Logan	21-10.00	1
29	Keahnah Gosa	10	La Crosse Logan	21-01.00	2
30	Makayla Hansen	10	Luther	20-07.00	2
31	Raquel Sosalla	12	Whitehall	18-11.00	1

**Girls Discus Throw**

Name	Year	School	Finals	H#	Points
1	Maddy Glynn	12	Onalaska	100-06	3 10



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**....Girls Discus Throw**

2 Molly Graff	12 Holmen	97-02	3	8
3 Katarina Lettner	12 La Crosse Logan	91-05	3	6
4 Jaiden Hart	10 New Lisbon	87-01	3	5
5 Natalie Graff	10 Holmen	86-02	1	4
6 Gabby Ritchie	12 Prairie du Chien	85-07	3	3
7 Amelia Retzlaff	10 New Lisbon	85-02	2	2
8 Janelle Jarrett	12 La Crosse Logan	83-05	3	1
9 Skylar Kasten	12 Luther	79-03	3	
10 Kortnee Jostad	11 Holmen	79-02	3	
11 Olivia Meyers	11 Cashton	78-07	2	
11 Abbi Herman	12 Whitehall	78-07	3	
13 Natalie Bolstad	11 Luther	75-11	3	
14 Nicole Olson	12 Cashton	74-03	1	
15 Eva Keene	9 Prairie du Chien	72-07	2	
16 Emily Komay	11 Luther	71-07	2	
17 Hannah Schroeder	9 Holmen	69-06	1	
18 Haleigh Ritter	10 Cashton	69-00	2	
19 Avery Luebke	11 Holmen	68-03	2	
20 Janna Thoma	10 Whitehall	60-07	1	
21 Brynn Hundt	9 Holmen	58-05	1	
22 Madison Sly	10 Onalaska	57-02	2	
23 Lily Powers	10 Holmen	54-11	1	
24 Alexis Johnson	10 Onalaska	53-01	2	
25 Natalya Melvin	11 Holmen	51-05	2	
26 Rachel DeWitt	11 New Lisbon	49-04	1	
27 Raquel Sosalla	12 Whitehall	44-11	1	
28 Sydney Layland	9 Holmen	36-10	1	

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Women - Team Rankings - 18 Events Scored

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1) Holmen	195	2) Cashton	131
3) Luther	93	4) Prairie du Chien	80.50
5) La Crosse Logan	62	6) New Lisbon	53
7) Onalaska	49	8) Whitehall	22.50

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Men - Team Rankings - 18 Events Scored

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1) Holmen	332.83	2) Cashton	90.50
3) Onalaska	65	4) Luther	53.33
5) La Crosse Central	52	6) Whitehall	35
7) Prairie du Chien	31	8) New Lisbon	24.33
9) La Crosse Logan	5		