

St. Ambrose Invitational
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/26/18 to 1/27/18
Results

Women 60 Meter Dash
Top 16 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Allie Flaws	SO	Grand View	8.00q	1
2 Erica Carradine	SR	Clarke	8.01q	3
3 Destiny McGinnis	FR	Grand View	8.03q	3
4 Breanna Judkins	SO	Clarke	8.04q	2
5 Paige Murphy	FR	Clarke	8.21q	1
6 Anne Nolting	JR	St. Ambrose	8.24q	1
7 Ajah Morgan	FR	Clarke	8.31q	3
8 Mary Perez	SR	St. Ambrose	8.34q	3
9 Lani Hillard	FR	St. Ambrose	8.35q	3
10 Mary Jensen	FR	St. Ambrose	8.40q	2
11 Muabon Paye	FR	Trinity Christian	8.50q	2
12 Kiona Hughes-Sinks	JR	Central Methodist	8.55q	2
13 Ciara Carmichael	JR	Calumet-St. Joseph	8.58q	2
14 Isabel Hindt	FR	Judson	8.63q	3 8.621
15 Alli Osterberger	FR	Clarke	8.63q	2 8.630
16 Nicolette Dobson	FR	Judson	8.84q	1
17 Bailie Fredlock	SO	Trinity Christian	9.49	3
18 Krysta Navarro	SR	Judson	9.51	1
19 Daisy Vazquez	JR	Trinity Christian	11.12	2

Women 60 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Erica Carradine	SR	Clarke	7.89	2	10
2 Allie Flaws	SO	Grand View	7.99	2	8
3 Destiny McGinnis	FR	Grand View	8.04	2	6
4 Breanna Judkins	SO	Clarke	8.23	2	5
5 Paige Murphy	FR	Clarke	8.28	2	4
6 Ajah Morgan	FR	Clarke	8.32	2	3
7 Anne Nolting	JR	St. Ambrose	8.33	2	2
8 Mary Perez	SR	St. Ambrose	8.34	2	1 8.331
9 Mary Jensen	FR	St. Ambrose	8.34	1	8.332
10 Lani Hillard	FR	St. Ambrose	8.45	1	
11 Muabon Paye	FR	Trinity Christian	8.48	1	
12 Kiona Hughes-Sinks	JR	Central Methodist	8.53	1	
13 Alli Osterberger	FR	Clarke	8.54	1	
14 Ciara Carmichael	JR	Calumet-St. Joseph	8.56	1	

Women 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Olivia Askew	SR	Calumet-St. Joseph	26.96	6	10

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2	Destiny McGinnis	FR Grand View	27.43	4	8
3	Allie Flaws	SO Grand View	27.46	6	6
4	Mary Perez	SR St. Ambrose	27.58	6	5
5	Lani Hillard	FR St. Ambrose	27.69	5	4
6	Isabel Hindt	FR Judson	27.71	4	3
7	Anne Nolting	JR St. Ambrose	27.94	5	2
8	Ajah Morgan	FR Clarke	28.14	3	1
9	Mary Jensen	FR St. Ambrose	28.49	3	28.481
10	Theresa Zehnle	SR Central Methodist	28.49	5	28.490
11	Paige Murphy	FR Clarke	28.55	6	
12	Bridget Sulek	SO St. Ambrose	28.58	4	
13	Alli Osterberger	FR Clarke	28.79	4	28.783
14	Charlette Flanders	SR St. Ambrose	28.79	3	28.784
15	Nicolette Dobson	FR Judson	28.83	2	
16	Marissa Reed	FR Grand View	29.04	2	
17	Christa Veenstra	JR Trinity Christian	29.31	2	
18	Ciara Carmichael	JR Calumet-St. Joseph	29.43	3	
19	Chantel Kyler	JR Clarke	29.88	3	
20	Rachel Lipsey	SO Central Methodist	29.94	5	
21	Kristina Shelman	SO St. Ambrose	30.01	1	
22	Kaleigha MacDougall	SR Grand View	30.52	2	
23	Emilee Long	SO Central Methodist	32.68	1	
24	Bailie Fredlock	SO Trinity Christian	34.80	1	

Women 400 Meter Dash

Name	Year School	Finals	H#	Points
1	Olivia Askew	SR Calumet-St. Joseph	1:01.24	3 10
2	Ronnoja Ayers	SR Grand View	1:01.56	4 8
3	Breanna Judkins	SO Clarke	1:02.06	4 6
4	Isabel Hindt	FR Judson	1:02.33	3 5
5	Olivia Hoekstra	FR Trinity Christian	1:02.48	4 4
6	Hannah Rehder	SR Clarke	1:03.04	3 3
7	Charlette Flanders	SR St. Ambrose	1:03.35	3 2
8	Katie Roberts	SR Grand View	1:03.63	4 1
9	Theresa Zehnle	SR Central Methodist	1:04.38	4
10	Rachel Lipsey	SO Central Methodist	1:04.93	3
11	Kristina Shelman	SO St. Ambrose	1:05.63	2
12	Nicolette Dobson	FR Judson	1:06.16	1
13	Tatum Nearmyer	FR Grand View	1:06.79	3
14	Deja Sanders	FR Grand View	1:12.22	2
15	Alicia Flores	FR St. Xavier	1:14.13	1
16	Joli Jungels	SR Calumet-St. Joseph	1:26.73	2

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Women 600 Meter Run

Name	Year	School	Finals	Points
1 Abby Hammer	SR	St. Ambrose	1:45.28	10
2 Sarah Adams	SO	St. Ambrose	1:46.00	8
3 Jessica VanZuuk	JR	Grand View	1:50.14	6
4 Jozie Macias	SO	St. Xavier	1:54.64	5
5 Carrington Curphy	FR	St. Ambrose	1:59.89	4
6 Megan Curley	FR	St. Ambrose	2:11.99	3

Women 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Ashley Plumb	JR	St. Ambrose	2:23.63	2	10
2 Kathryn Vander Poel	JR	Mount Mercy	2:24.06	2	8
3 Lacey Heaver	JR	Judson	2:25.66	2	6
4 Marie Mayer	FR	Judson	2:28.30	1	5
5 Corrie Reilley	JR	St. Ambrose	2:29.04	2	4
6 McKenna Johnson	FR	Mount Mercy	2:29.11	2	3
7 Mady Roth	SO	Mount Mercy	2:30.02	2	2
8 Deandra Stokes	JR	St. Xavier	2:30.21	2	1
9 McKenzie Mellecker	SO	Mount Mercy	2:36.79	2	
10 Amy Brouch	FR	St. Ambrose	2:41.45	1	
11 Tasneem Jaber	FR	St. Xavier	2:43.91	1	
12 Annette Sanchez	SO	St. Xavier	2:43.94	1	
13 Savannah Henn	SR	Judson	2:47.45	1	
14 Rachel Smith	FR	Judson	2:53.76	1	
15 Maggie Ferrel	FR	Grand View	2:54.78	1	

Women 1000 Meter Run

Name	Year	School	Finals	Points
1 Abby Sears	SO	St. Ambrose	3:07.92	10
2 Marie Mayer	FR	Judson	3:07.94	8
3 Brooke Van Voorhis	FR	Central Methodist	3:15.25	6
4 Kellyn Vale	SO	Calumet-St. Joseph	3:18.29	5
5 Emily Riesenber	JR	Clarke	3:25.52	4
6 Abby Cross	JR	Central Methodist	3:25.55	3
7 Savannah Henn	SR	Judson	3:38.80	2
8 Rachel Smith	FR	Judson	3:40.86	1
9 Mariah Pellino	FR	Clarke	3:52.30	

Women 1 Mile Run

Name	Year	School	Finals	Points
1 Ashlyn Rulis	SR	St. Ambrose	5:40.34	10
2 Mallory Rettenmeier	SO	St. Ambrose	5:42.70	8

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....Women 1 Mile Run

3	Grace Maletich	SO	St. Xavier	5:46.72	6
4	Tasneem Jaber	FR	St. Xavier	5:54.26	5
5	Amy Brouch	FR	St. Ambrose	5:57.50	4
6	Annie Knobloch	FR	Clarke	6:44.33	3
7	Sydney Lafrentz	JR	Grand View	6:53.74	2
8	Jasmine Jackson	FR	Judson	7:39.69	1

Women 3000 Meter Run

Name	Year	School	Finals	Points
1 Grace Dwyer	FR	Calumet-St. Joseph	11:43.45	10
2 Lorena Garcia	SO	St. Xavier	11:51.83	8
3 Fatima Chaudhry	FR	Judson	12:23.15	6
4 Jocey Camacho	SR	St. Xavier	12:23.52	5
5 Christine Trovato	FR	St. Xavier	12:47.58	4
6 Desiree Garcia	FR	St. Xavier	13:28.22	3

Women 5000 Meter Run

Name	Year	School	Finals	Points
1 April Van Ryn	FR	Trinity Christian	17:35.37	10
2 Jenny Dickes	SO	St. Ambrose	18:48.86	8
3 Chloe Gunn	JR	St. Ambrose	18:53.01	6
4 Karyn Paisley	SR	St. Ambrose	18:57.33	5
5 Lisa Sauter	FR	Central Methodist	19:01.23	4
6 Nicole Syverson	JR	Trinity Christian	19:01.33	3
7 Susanna Finley	SR	Judson	19:07.78	2
8 Megan Grady	FR	St. Ambrose	19:20.27	1
9 Keeley Knobloch	JR	St. Ambrose	19:30.20	
10 Lauren Block	JR	Clarke	19:30.96	
11 Shannon Feurt	SR	Central Methodist	20:30.01	
12 Hope Fathman	JR	Trinity Christian	20:31.30	
13 Lauryn Pritchard	FR	Clarke	21:23.02	

Women 60 Meter Hurdles**Top 16 Advance by Time**

Name	Year	School	Prelims	H#
Preliminaries				
1 Amara Taylor	FR	Grand View	9.26q	2
2 Dimetrea Hamilton	SO	Grand View	9.41q	1
3 Maddy Youngers	SO	St. Ambrose	10.07q	1
4 Harley Sutton	JR	Calumet-St. Joseph	10.25q	2
5 Trystin Stille	FR	Grand View	10.42q	1
6 Kaitlin Holschlag	FR	Grand View	10.52q	2
7 Jada Wyrick	FR	Grand View	10.63q	1

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....Women 60 Meter Hurdles

8 Autumn Lamb	SO Clarke	10.88q	2
9 Emilee Long	SO Central Methodist	11.43q	1

Women 60 Meter Hurdles

Name	Year School	Finals	H#	Points
Finals				
1 Amara Taylor	FR Grand View	9.17	2	10
2 Dimetrea Hamilton	SO Grand View	9.35	2	8
3 Kaitlin Holschlag	FR Grand View	10.13	2	6
4 Harley Sutton	JR Calumet-St. Joseph	10.24	2	5
5 Maddy Youngers	SO St. Ambrose	10.36	2	4
6 Jada Wyrick	FR Grand View	10.40	1	3
7 Trystin Stille	FR Grand View	10.43	2	2
8 Autumn Lamb	SO Clarke	10.76	1	1

Women 4x400 Meter Relay

School	Finals	H#	Points
1 Grand View	4:07.84	2	10
1) Ronnoja Ayers SR	2) Kennedy King SR		
3) Amara Taylor FR	4) Chantel Blair SO		
2 St. Ambrose	4:17.85	2	8
1) Charlette Flanders SR	2) Lani Hillard FR		
3) Kristina Shelman SO	4) Mary Jensen FR		
3 Judson	4:18.87	2	6
1) Lacey Heaver JR	2) Marie Mayer FR		
3) Nicolette Dobson FR	4) Isabel Hindt FR		
4 Calumet-St. Joseph	4:20.10	2	5
1) Olivia Askew SR	2) Ciara Carmichael JR		
3) Kellyn Vale SO	4) Grace Dwyer FR		
5 Trinity Christian	4:31.27	2	4
1) Olivia Hoekstra FR	2) Christa Veenstra JR		
3) Muabon Paye FR	4) Carissa Wisse SO		

Women 4x800 Meter Relay

School	Finals	Points
1 St. Ambrose	9:34.57	10
1) Abby Hammer SR	2) Sarah Adams SO	
3) Corrie Reilley JR	4) Ashley Plumb JR	
2 Mount Mercy	9:44.76	8
1) McKenzie Mellecker SO	2) McKenna Johnson FR	
3) Mady Roth SO	4) Kathryn Vander Poel JR	
3 Clarke	10:45.83	6
1) Anna Cole SR	2) Sydnee Hendricks SR	

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....Women 4x800 Meter Relay

3) Emily Riesenberger JR	4) Hannah Rehder SR	
4 Trinity Christian	11:01.58	5
1) Brittany Hoekman JR	2) Mikayla VanLaan SO	
3) Corrie Jacobi SO	4) Annie Rangel FR	
5 Grand View	11:45.87	4
1) Maggie Ferrel FR	2) Michaela Barretta SO	
3) Kaleigha MacDougall SR	4) Marissa Reed FR	

Women Distance Medley

School	Finals	Points
1 St. Ambrose	13:33.84	10
1) Abby Sears SO	2) Abbie Fuller SO	
3) Ashlyn Rulis SR	4) Mallory Rettenmeier SO	
2 Trinity Christian	14:33.08	8
1) Mikayla VanLaan SO	2) Brittany Hoekman JR	
3) Corrie Jacobi SO	4) Annie Rangel FR	

Women High Jump

Name	Year School	Finals	Points
1 Chantel Kyler	JR Clarke	1.71m	5-07.25 10
1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.68 1.71 1.74			
P P P P P P O O XO XXO XO XXX			
2 Madelyn Clausen	FR Trinity Christian	1.55m	5-01.00 7
1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60			
P P O O O O XXO XXX			
2 Breanna Judkins	SO Clarke	1.55m	5-01.00 7
1.50 1.55 1.60			
O XXO XXX			
4 Anna Colwell	SO Central Methodist	1.45m	4-09.00 5
1.25 1.30 1.35 1.40 1.45 1.50			
P P P XO XO XXX			
5 Michaela Hayes	FR St. Ambrose	1.35m	4-05.00 4
1.25 1.30 1.35 1.40			
O O O XXX			
6 Kaitlyn Carney	FR Grand View	J1.35m	4-05.00 3
1.25 1.30 1.35 1.40			
O O XXO XXX			
7 Joli Jungels	SR Calumet-St. Joseph	1.30m	4-03.25 2
1.25 1.30 1.35			
O O XXX			
8 Bridget Sulek	SO St. Ambrose	J1.30m	4-03.25 1
1.25 1.30 1.35			
XO XO XXX			

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....Women High Jump

9 Jessica Wulffen JR St. Ambrose 1.25m 4-01.25
 1.25 1.30
 O XXX

Women Pole Vault

Name	Year	School	Finals	Points
1 Alissa DeShane	FR	St. Ambrose	3.05m 10-00.00	9
2.45 2.60 2.75 2.90 3.05 3.20 O O O O XO XXX				
1 Alex Axup	FR	St. Ambrose	3.05m 10-00.00	9
2.45 2.60 2.75 2.90 3.05 3.20 P P P O XO XXX				
3 Allie Haugen		Iowa Track Club	X2.90m 9-06.25	
2.45 2.60 2.75 2.90 3.05 O P O O XXX				
4 Kortnee Vaught	SO	Central Methodist	2.75m 9-0.25	6
2.45 2.60 2.75 2.90 O O XO XXX				
5 Madelyn Clausen	FR	Trinity Christian	2.45m 8-0.50	5
2.45 2.60 XO XXX				
-- Kelsey Weatherford	FR	St. Ambrose	NH	
2.45 XXX				
-- Sarah DeVries	FR	Trinity Christian	NH	
2.45 XXX				

Women Long Jump

Name	Year	School	Finals	Points
1 Lauren Lamourt	SO	St. Ambrose	5.30m 17-04.75	10
5.13m 5.12m 5.26m FOUL 5.30m 5.20m				
2 Brandi Hosford	SR	St. Ambrose	5.08m 16-08.00	8
5.03m 4.83m 5.08m 4.95m 4.98m FOUL				
3 Lani Hillard	FR	St. Ambrose	5.02m 16-05.75	6
4.98m FOUL FOUL 4.95m 4.86m 5.02m				
4 Muabon Paye	FR	Trinity Christian	5.00m 16-05.00	5
4.55m 4.90m 4.68m 4.65m 4.76m 5.00m				
5 Paige Murphy	FR	Clarke	4.98m 16-04.25	4
4.73m FOUL 4.76m 4.95m 4.98m 4.81m				
6 Alex Lambros	JR	St. Xavier	4.95m 16-03.00	3
4.78m 4.95m 4.90m 4.66m 4.92m 4.92m				
7 Mackenzie Williams	FR	Clarke	J4.95m 16-03.00	2
4.60m 4.86m 4.95m 4.67m 4.89m 4.66m				

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....Women Long Jump

8	Abbie Fuller	SO St. Ambrose	4.88m	16-0.25	1
	4.84m 4.85m 4.85m 4.88m 4.87m 4.81m				
9	Amara Taylor	FR Grand View	J4.88m	16-0.25	
	4.38m 4.86m 4.75m 4.51m 4.56m 4.88m				
10	Destiny McGinnis	FR Grand View	4.69m	15-04.75	
	FOUL 4.69m FOUL				
11	Harley Sutton	JR Calumet-St. Joseph	4.55m	14-11.25	
	4.50m 4.55m 4.31m				
12	Emily Phillips	FR Central Methodist	4.42m	14-06.00	
	4.42m 4.32m 3.68m				
13	Claudia Rodriguez	FR St. Xavier	4.41m	14-05.75	
	4.41m FOUL 4.20m				
14	Jada Wyrick	FR Grand View	4.36m	14-03.75	
	4.12m 4.20m 4.36m				
15	Elizabeth Baker	SO Judson	J4.36m	14-03.75	
	FOUL 4.15m 4.36m				
16	Maggie Christianson	FR Clarke	4.25m	13-11.50	
	4.25m 4.20m FOUL				
17	Sarah DeVries	FR Trinity Christian	4.24m	13-11.00	
	FOUL 4.19m 4.24m				
18	Joli Jungels	SR Calumet-St. Joseph	3.76m	12-04.00	
	3.76m 3.68m 3.51m				
19	Taylor Yanke	SO Trinity Christian	3.73m	12-03.00	
	3.62m FOUL 3.73m				
20	Krysta Navarro	SR Judson	3.57m	11-08.50	
	3.20m 3.57m 3.49m				

Women Triple Jump

Name	Year School	Finals	Points
1 Brandi Hosford	SR St. Ambrose	11.29m	37-0.50 10
	10.95m 11.11m 11.29m FOUL 11.23m FOUL		
2 Lauren Lamourt	SO St. Ambrose	11.16m	36-07.50 8
	10.95m 11.03m 11.16m 11.00m 11.11m 10.82m		
3 Maddy Youngers	SO St. Ambrose	10.71m	35-01.75 6
	10.26m FOUL 10.71m FOUL FOUL 10.38m		
4 Alex Lambros	JR St. Xavier	10.01m	32-10.25 5
	9.58m FOUL FOUL 10.01m 9.90m 9.99m		
5 Chantel Blair	SO Grand View	J10.01m	32-10.25 4
	9.96m FOUL FOUL 10.01m 9.23m FOUL		
6 Emily Phillips	FR Central Methodist	9.67m	31-08.75 3
	9.42m 9.67m 9.59m 9.31m 9.22m 9.23m		
7 Deja Sanders	FR Grand View	9.41m	30-10.50 2
	9.40m 9.41m 9.35m 9.34m 9.29m 9.41m		
8 Elizabeth Baker	SO Judson	9.30m	30-06.25 1
	9.03m FOUL 9.27m 9.10m 9.09m 9.30m		
9 Jessica Anderson	JR Clarke	J9.30m	30-06.25
	9.03m FOUL 9.30m FOUL FOUL FOUL		

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....Women Triple Jump

10	Michaela Hayes	FR St. Ambrose	9.05m	29-08.25
	FOUL FOUL 9.05m			
--	Claudia Rodriguez	FR St. Xavier	FOUL	
	FOUL FOUL FOUL			

Women Shot Put

Name	Year School	Finals	Points
1 Jennifer Donnell	SR Judson	12.79m	41-11.50 10
	11.99m 12.34m 12.50m 12.56m 12.79m FOUL		
2 Katelynn Rheingans	JR Clarke	12.45m	40-10.25 8
	12.18m 11.01m 12.45m FOUL FOUL FOUL		
3 Erin Soat	JR Clarke	12.38m	40-07.50 6
	11.78m FOUL FOUL 11.29m 12.38m FOUL		
4 Brooke Willson	SR St. Ambrose	12.01m	39-05.00 5
	11.79m 12.01m FOUL 11.46m FOUL 11.67m		
5 Mikayla Houston	JR Clarke	11.93m	39-01.75 4
	FOUL 11.81m FOUL 11.93m 11.46m FOUL		
6 Becca Krueger	FR Grand View	J11.93m	39-01.75 3
	11.54m 11.16m 11.36m 11.93m 9.84m 11.36m		
7 Michelle Carrillo	SO Grand View	11.89m	39-0.25 2
	11.32m 11.89m 11.81m 10.58m 11.24m 10.76m		
8 Katie Halterman	FR Grand View	11.61m	38-01.25 1
	10.83m 10.81m 11.45m 11.61m 10.55m 11.05m		
9 Maryn Phillips	FR Grand View	11.56m	37-11.25
	11.56m FOUL 10.64m 10.79m FOUL 10.18m		
10 LaVon Davis	SO Grand View	11.32m	37-01.75
	11.32m 11.28m 10.46m		
11 Lauren Willson	FR St. Ambrose	11.23m	36-10.25
	11.04m 11.23m 10.95m		
12 Mara Guse	JR St. Ambrose	11.14m	36-06.75
	FOUL 11.14m 10.10m		
13 Taylor Lathrum	FR Grand View	10.11m	33-02.00
	9.56m 10.11m 9.41m		
14 Daisy Geurink	SR Trinity Christian	9.85m	32-03.75
	9.85m 9.56m 9.68m		
15 Miranda Nikkel	JR Trinity Christian	9.52m	31-03.00
	9.16m 9.02m 9.52m		
16 Courtney Cook	FR St. Ambrose	8.71m	28-07.00
	8.24m 8.20m 8.71m		
17 Katie Marter	JR Clarke	8.45m	27-08.75
	8.42m 8.14m 8.45m		
18 Mikayla Hermanson	FR Central Methodist	7.98m	26-02.25
	FOUL 7.90m 7.98m		
19 Cait Malloy	FR Grand View	7.97m	26-01.75
	7.62m 7.97m 7.73m		
20 Taylor Yanke	SO Trinity Christian	7.85m	25-09.25
	7.49m 7.58m 7.85m		

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....Women Shot Put

21	ZoeRae Lozano	FR St. Ambrose	7.80m	25-07.25
	FOUL 7.80m 6.80m			
22	Hannah Mansur	FR Central Methodist	7.56m	24-09.75
	7.35m FOUL 7.56m			
23	Joli Jungels	SR Calumet-St. Joseph	7.37m	24-02.25
	7.37m 6.91m 5.97m			
24	Jasmine Toney	FR Central Methodist	6.01m	19-08.75
	FOUL 6.01m FOUL			

Women Weight Throw

Name	Year School	Finals	Points
1 LaVon Davis	SO Grand View	18.13m	59-05.75 10
	16.57m 16.95m FOUL FOUL 16.18m 18.13m		
2 Mikayla Houston	JR Clarke	16.94m	55-07.00 8
	16.92m 16.33m 16.88m FOUL 16.94m 16.34m		
3 Michelle Carrillo	SO Grand View	16.24m	53-03.50 6
	15.66m FOUL 16.24m 14.56m FOUL FOUL		
4 Erin Soat	JR Clarke	13.78m	45-02.50 5
	13.28m 12.48m 13.78m 13.51m FOUL FOUL		
5 Lauren Willson	FR St. Ambrose	12.97m	42-06.75 4
	12.23m 12.97m 11.84m 11.78m 12.14m 11.89m		
6 Jennifer Donnell	SR Judson	12.95m	42-06.00 3
	12.02m 12.22m 12.95m 12.04m FOUL FOUL		
7 Maryn Phillips	FR Grand View	12.64m	41-05.75 2
	12.06m 12.56m 11.94m 12.54m 12.31m 12.64m		
8 Miranda Nikkel	JR Trinity Christian	12.12m	39-09.25 1
	12.12m 11.68m 11.87m 10.70m 10.94m 11.92m		
9 Brooke Willson	SR St. Ambrose	11.97m	39-03.25
	11.97m FOUL FOUL 11.27m 11.73m 11.54m		
10 Taylor Lathrum	FR Grand View	11.94m	39-02.25
	FOUL 11.94m 11.92m		
11 Katie Halterman	FR Grand View	11.81m	38-09.00
	11.23m FOUL 11.81m		
12 Marchya Jackson	FR Central Methodist	11.76m	38-07.00
	10.67m 11.76m FOUL		
13 Alexis Diaz	JR Judson	11.42m	37-05.75
	10.92m FOUL 11.42m		
14 Cait Malloy	FR Grand View	11.05m	36-03.00
	FOUL 11.05m FOUL		
15 Katelynn Rheingans	JR Clarke	10.94m	35-10.75
	10.94m 10.76m FOUL		
16 Courtney Cook	FR St. Ambrose	10.67m	35-0.25
	10.02m 10.67m 10.19m		
17 Hannah Mansur	FR Central Methodist	9.60m	31-06.00
	FOUL 9.60m FOUL		
18 ZoeRae Lozano	FR St. Ambrose	8.99m	29-06.00
	8.99m FOUL FOUL		

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....Women Weight Throw

19	Katie Marter	JR Clarke	8.26m	27-01.25
	8.26m 8.26m 8.14m			
20	Mikayla Hermanson	FR Central Methodist	7.60m	24-11.25
	7.60m FOUL FOUL			
21	Jasmine Toney	FR Central Methodist	7.00m	22-11.75
	7.00m FOUL 6.64m			
--	Becca Krueger	FR Grand View	FOUL	
	FOUL FOUL FOUL			

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1 Maddy Youngers	SO St. Ambrose	2:42.42	545
2 Tatum Nearmyer	FR Grand View	2:48.24	482
3 Harley Sutton	JR Calumet-St. Joseph	2:49.66	467
4 Kaitlin Holschlag	FR Grand View	2:54.24	421
5 Jessica Wulffen	JR St. Ambrose	3:00.82	358

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Kaitlin Holschlag	FR Grand View	9.60	2	789
2 Harley Sutton	JR Calumet-St. Joseph	9.71	1	767
3 Tatum Nearmyer	FR Grand View	11.22	2	501
4 Alexis Nguyen	FR Judson	11.29	1	490
5 Maddy Youngers	SO St. Ambrose	11.35	2	480
6 Jessica Wulffen	JR St. Ambrose	11.80	1	412

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Harley Sutton	JR Calumet-St. Joseph	1.46m	4-09.50 577
		1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49	
		P P P P P P P P P O O O O O XXO O XXX	
2 Maddy Youngers	SO St. Ambrose	1.40m	4-07.00 512
		1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43	
		P P P P P O XO O O O O XO XXX	
3 Kaitlin Holschlag	FR Grand View	1.34m	4-04.75 449
		1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37	
		O P P O P O P XO P O XXX	
3 Tatum Nearmyer	FR Grand View	1.34m	4-04.75 449
		1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37	
		O P P O P O P O P XXO XXX	
5 Alexis Nguyen	FR Judson	1.28m	4-02.25 389
		1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31	
		O P P P P O O O XXX	



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....Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

5	Jessica Wulffen	JR St. Ambrose	1.28m	4-02.25	389
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31				
	P P P P P O O O XXX				

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Harley Sutton	JR Calumet-St. Joseph	4.99m 16-04.50	557
		4.99m 4.80m 4.98m	
2 Kaitlin Holschlag	FR Grand View	4.93m 16-02.25	540
		4.82m 4.93m 4.79m	
3 Maddy Youngers	SO St. Ambrose	4.51m 14-09.75	431
		4.47m 4.51m FOUL	
4 Jessica Wulffen	JR St. Ambrose	4.32m 14-02.25	384
		3.88m 4.25m 4.32m	
5 Tatum Nearmyer	FR Grand View	4.22m 13-10.25	359
		4.08m FOUL 4.22m	
6 Alexis Nguyen	FR Judson	4.12m 13-06.25	336
		FOUL FOUL 4.12m	

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points
1 Harley Sutton	JR Calumet-St. Joseph	9.66m 31-08.50	507
		9.16m 9.48m 9.66m	
2 Tatum Nearmyer	FR Grand View	7.73m 25-04.50	382
		7.31m 7.71m 7.73m	
3 Jessica Wulffen	JR St. Ambrose	7.69m 25-02.75	379
		7.68m 7.51m 7.69m	
4 Kaitlin Holschlag	FR Grand View	7.44m 24-05.00	363
		7.44m 6.86m 7.15m	
5 Maddy Youngers	SO St. Ambrose	7.13m 23-04.75	343
		7.13m 6.78m 6.97m	
6 Alexis Nguyen	FR Judson	6.68m 21-11.00	315
		6.68m 6.29m 6.40m	

Women Indoor Pentathlon

Name	Year School	Finals	Points
1 Harley Sutton	JR Calumet-St. Joseph	2875	10
2 Kaitlin Holschlag	FR Grand View	2562	8
3 Maddy Youngers	SO St. Ambrose	2311	6
4 Tatum Nearmyer	FR Grand View	2173	5
5 Jessica Wulffen	JR St. Ambrose	1922	4

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Women 3000 Meter Race Walk

Name	Year School	Finals	Points
1 Anali Cisneros	SO Judson	13:55.34	10
2 Molly Josephs	Unat-St. Ambrose	X14:15.36	
3 Cassandra Delgado	JR St. Ambrose	14:28.42	8
4 Jenny Lopez	SR St. Ambrose	15:03.76	6
5 Nayeli Cisneros	FR Judson	15:53.86	5
6 Michaela Barretta	SO Grand View	19:23.26	4
7 Lauren Thome	FR Mount Mercy	25:14.36	3
8 Sydney Lafrentz	JR Grand View	28:10.28	2
9 Mariah Pellino	FR Clarke	28:10.29	1
10 Annie Knobloch	FR Clarke	28:16.37	

Women - Team Rankings - 21 Events Scored

1) St. Ambrose	244	2) Grand View	140
3) Clarke	101	4) Judson	74
5) Calumet-St. Joseph	57	6) Trinity Christian	52
7) St. Xavier	45	8) Central Methodist	27
9) Mount Mercy	24		

Men - Team Rankings - 21 Events Scored

1) St. Ambrose	194	2) Grand View	159
3) Central Methodist	124	4) Calumet-St. Joseph	66
5) Trinity Christian	60	6) Judson	56
7) Mount Mercy	36	8) Clarke	31
9) St. Xavier	9		