

Mustang Open
Mount Mercy University - Plaster Athletic Complex
Cedar Rapids, Iowa - 4/13/2018
Results

Women 100 Meter Dash

Name	Year	School	Finals	Wind	H#	Points
Finals						
1 Kaila Jackson	SO	Waldorf	13.11	1.9	3	10
2 Ashli O'Shea	SR	Mount Mercy	13.16	1.9	3	8
3 Erica Kelly	JR	Upper Iowa	13.31	1.9	3	6
4 Allison Trenkamp	FR	Upper Iowa	13.43	1.9	3	5
5 Alli Osterberger	FR	Clarke	13.44	1.9	3	4
6 Alexzandra Woudenberg	SO	William Penn	13.60	1.9	3	3 13.591
7 Megan Hudson	FR	Hawkeye CC	13.60	-1.5	2	2 13.597
8 Morgan Neely	SR	William Penn	13.79	-2.1	1	1
9 Miara Oliver	FR	Hawkeye CC	13.90	-2.1	1	
10 Chauntel Fleming	FR	Northwestern	13.92	-2.1	1	
11 Theresa Hatch	FR	Hawkeye CC	13.94	-1.5	2	
12 Imani Welch	SR	William Penn	13.99	1.9	3	
13 Hannah Rehder	SR	Clarke	14.01	1.9	3	
14 Morgan Thompson	FR	Hawkeye CC	14.05	-2.1	1	
15 Juliette Martin	FR	Northwestern	14.27	-2.1	1	
16 Kortney Lightfoot	SO	Upper Iowa	14.44	-1.5	2	
17 Rebekah Kortan	FR	Northwestern	14.67	-2.1	1	
18 Gwen Holtzman	JR	Grinnell	14.71	-1.5	2	
19 Jenna Elsbernd	FR	Upper Iowa	14.88	-1.5	2	
20 Laura Christensen	JR	Faith Baptist Bible	15.03	-1.5	2	
21 Christina Leske	FR	Mount Mercy	15.26	-1.5	2	
22 Hannah Thoelke	FR	Northwestern	19.51	-2.1	1	

Women 200 Meter Dash

Name	Year	School	Finals	Wind	H#	Points
1 Rachel Gadiant	SO	Mount Mercy	27.14	1.5	5	10
2 Carlyn Cole	SO	Coe	27.57	1.5	5	8
3 Ashli O'Shea	SR	Mount Mercy	27.58	1.5	5	6
4 Zaria Lambert	SO	Cornell College	27.69	1.5	5	5
5 Erica Carradine	SR	Clarke	27.71	1.5	5	4
6 Erica Kelly	JR	Upper Iowa	27.76	-4.5	4	3
7 Kaila Jackson	SO	Waldorf	27.93	1.5	5	2
8 Receva Duos	SR	Mount Mercy	28.12	1.5	5	1
9 Megan Hudson	FR	Hawkeye CC	28.36	1.5	5	
10 Breyanna Hill	SO	Upper Iowa	28.45	-4.5	4	
11 Alli Osterberger	FR	Clarke	28.47	-2.4	3	
12 Jenna Ross	FR	Upper Iowa	28.66	-2.4	3	
13 Lauren Steege	FR	Coe	28.90	-2.4	3	
14 Miara Oliver	FR	Hawkeye CC	29.06	-2.4	3	
15 Alexzandra Woudenberg	SO	William Penn	29.11	-4.5	4	
16 Chauntel Fleming	FR	Northwestern	29.18	-2.4	3	
17 Jordan Maddaus	JR	Grinnell	29.36	-4.5	4	
18 Theresa Hatch	FR	Hawkeye CC	29.86	-2.4	3	
19 Shay Rule	SR	Cornell College	29.90	-0.4	2	

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20	Imani Welch	SR	William Penn	30.12	-4.5	4
21	Kyna Smith	SO	Coe	30.38	-4.5	4
22	Karley Jaynes	JR	Mount Mercy	30.66	-0.4	2
23	Jenna Elsbernd	FR	Upper Iowa	30.99	-0.4	2
24	Rebecca Reinertson	SR	Faith Baptist Bible	31.07	-0.4	2
25	Maya Peske	SO	Cornell College	31.44	3.4	1
26	Brooklynn Ossman	FR	Mount Mercy	31.65	3.4	1
27	Laura Christensen	JR	Faith Baptist Bible	31.94	-0.4	2
28	Christina Leske	FR	Mount Mercy	32.03	3.4	1
29	Melanie Arteaga	SO	Cornell College	32.91	3.4	1
30	Abbie Blomberg	SO	Faith Baptist Bible	33.15	3.4	1
31	Julia Sloniewky	FR	Grinnell	36.28	3.4	1

Women 400 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Carlyn Cole	SO	Coe	1:02.59	2	10
2	Abbie Denlinger	FR	Clarke	1:03.89	2	8
3	Rachel Kelly	JR	Coe	1:07.73	2	6
4	Maya Peske	SO	Cornell College	1:08.05	2	5
5	Kyna Smith	SO	Coe	1:08.10	2	4
6	Quentinique Wilkinson	FR	Waldorf	1:09.20	1	3
7	Rebecca Reinertson	SR	Faith Baptist Bible	1:11.39	2	2
8	Robin Nilsson	FR	Cornell College	1:16.84	1	1
9	Kieanna Rebers	SO	Cornell College	1:17.23	1	

Women 800 Meter Run

Name	Year	School	Finals	H#	Points	
1	Kathryn Vander Poel	JR	Mount Mercy	2:22.48	2	10
2	Claire Sulflow	FR	Northwestern	2:23.22	2	8
3	Ashley Plumb	JR	St. Ambrose	2:25.47	2	6
4	Allison Cottrell	FR	Grinnell	2:28.02	2	5
5	Corrie Reilley	JR	St. Ambrose	2:29.31	2	4
6	Hannah Rehder	SR	Clarke	2:29.53	2	3
7	Samantha Hardison	FR	Cornell College	2:34.77	2	2
8	Madison Brownrigg	FR	Upper Iowa	2:35.31	1	1
9	Jazmine Reynolds	JR	Mount Mercy	2:44.10	1	
10	Abbie Blomberg	SO	Faith Baptist Bible	2:49.24	1	
11	Heaven Buckner	SO	William Penn	2:52.02	2	
12	Lauren Miller	SO	Grinnell	2:52.80	1	
13	Madison Harper	FR	Mount Mercy	2:57.10	1	
14	Marissa Widener	SO	Waldorf	2:58.85	1	
15	Clara Roderick	FR	Waldorf	3:19.68	1	

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Women 1500 Meter Run

Name	Year	School	Finals	H#	Points
1 Madison Bach	SO	Unattached	X5:00.60	2	10
2 Madison Brownrigg	FR	Upper Iowa	5:11.10	1	8
3 Joanna Topham	FR	Hawkeye CC	5:14.21	2	6
4 Marissa Kuik	SO	Waldorf	5:15.50	1	5
5 Dominique Fleming	JR	Cornell College	5:17.06	2	4
6 Erin Hosto	FR	Cornell College	5:22.19	2	3
7 Katie Baker	JR	Cornell College	5:23.55	2	2
8 Marissa Czapla	SO	Cornell College	5:27.62	2	1
9 Stephanie Voller	JR	Cornell College	5:28.51	2	
10 Lucy Syverson	FR	Upper Iowa	5:31.44	1	
11 Jazmine Reynolds	JR	Mount Mercy	5:38.25	2	
12 Alyssa Knudson	JR	Coe	5:44.64	1	
13 Andrea Ertz	SO	Mount Mercy	5:44.95	2	
14 Bailey Matthaides	JR	Waldorf	5:48.85	1	
15 Michelle Reyes	FR	William Penn	5:49.46	1	
16 Ella Gibbons	JR	Coe	5:57.33	1	
17 Allison Woods	SO	Mount Mercy	5:57.82	1	
18 Marissa Widener	SO	Waldorf	6:00.00	1	
19 Katelynn Ramirez	SR	Waldorf	6:38.84	1	
20 Ellie Bechler	JR	Coe	6:47.42	1	

Women 5000 Meter Run

Name	Year	School	Finals	Points
1 Mareena Franke	JR	Coe	19:03.68	10
2 Alexa Zamora	JR	Mount Mercy	19:07.22	8
3 Katie Hoffert	SO	Mount Mercy	19:30.14	6
4 Molly Pruett	JR	Mount Mercy	19:52.12	5
5 Madeleine Breunig	SO	Grinnell	20:12.67	4
6 Cara Keleher	FR	Grinnell	20:20.26	3
7 Holly Wisnousky	SR	Coe	21:01.45	2
8 Ava DeShazer	FR	Northwestern	21:47.92	1
9 Virginia Haverstic	FR	Grinnell	21:58.44	
10 Vishva Nalamalapu	SO	Grinnell	22:14.46	
11 Annie Knobloch	FR	Clarke	23:33.99	

Women 10000 Meter Run

Name	Year	School	Finals	Points
1 Emma Zimmerman	SR	Grinnell	39:05.16	10
2 Vanessa Cortes	SO	Mount Mercy	40:36.07	8
3 Lauren Block	JR	Clarke	41:19.85	6
4 Lauryn Pritchard	FR	Clarke	46:15.25	5

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Women 100 Meter Hurdles

Name	Year	School	Finals	Wind	H#	Points
1 Receva Duos	SR	Mount Mercy	15.07	0.9	2	10
2 Megan Hudson	FR	Hawkeye CC	15.38	0.9	2	8
3 Kristin Culp	FR	Upper Iowa	15.70	0.9	2	6
4 Lauren Steege	FR	Coe	16.22	-2.0	1	5
5 Makenzie Soeken	SO	Upper Iowa	16.56	0.9	2	4
6 Morgan Straight	SO	Waldorf	16.90	0.9	2	3
7 Amanda McGuire	SO	William Penn	17.63	-2.0	1	2
8 Kortney Lightfoot	SO	Upper Iowa	17.91	-2.0	1	1
9 Autumn Lamb	SO	Clarke	18.02	0.9	2	18.018
10 Brooklynn Ossman	FR	Mount Mercy	18.02	-2.0	1	18.020
11 Julie Wise	JR	Mount Mercy	18.03	0.9	2	
12 Midori Soderberg	FR	Grinnell	18.67	-2.0	1	

Women 400 Meter Hurdles

Name	Year	School	Finals	H#	Points	
1 Kristin Culp	FR	Upper Iowa	1:04.51	2	10	
2 Emma Cochran	JR	Cornell College	1:05.05	2	8	
3 Morgan Straight	SO	Waldorf	1:10.65	2	6	
4 Shelby Williams	FR	Cornell College	1:11.08	2	5	
5 Cassiddy Wilson	FR	Upper Iowa	1:11.20	2	4	
6 Gwen Holtzman	JR	Grinnell	1:12.48	2	3	1:12.476
7 Midori Soderberg	FR	Grinnell	1:12.48	2	2	1:12.480
8 Dana Koester	SO	Coe	1:12.84	2	1	
9 Martha Jesuit	FR	Coe	1:15.20	1		
10 Julie Wise	JR	Mount Mercy	1:17.51	1		
11 Maddix Stovie	FR	Cornell College	1:19.78	1		
12 Katrina Lewis	SR	Cornell College	1:21.89	1		
13 Lucy Syverson	FR	Upper Iowa	1:22.73	1		

Women 3000 Meter Steeplechase

Name	Year	School	Finals	Points
1 Morgan Barnard	SO	Cornell College	12:23.46	10
2 Emily Riesenber	JR	Clarke	12:27.57	8
3 McKenna Johnson	FR	Mount Mercy	12:38.83	6
4 Zoe Kane-Preissing	SO	Cornell College	13:06.54	5

Women 4x100 Meter Relay

School	Finals	Points
1 Upper Iowa	50.33	10
1) Erica Kelly JR	2) Allison Trenkamp FR	
3) Jenna Ross FR	4) Kristin Culp FR	

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....Women 4x100 Meter Relay

2 Mount Mercy	50.44	8
1) Receva Duos SR	2) Rachel Gadiant SO	
3) Ashli O'Shea SR	4) Jasmine Wardell FR	
3 Clarke	50.80	6
1) Abbie Denlinger FR	2) Erica Carradine SR	
3) Paige Murphy FR	4) Mackenzie Williams FR	
4 Hawkeye CC	54.09	5
1) Morgan Thompson FR	2) Theresa Hatch FR	
3) Zarreel Knox FR	4) Miara Oliver FR	
5 Grinnell	54.81	4
1) Yolana Martin SO	2) Jordan Maddaus JR	
3) Midori Soderberg FR	4) Cara Bresnahan JR	
6 Upper Iowa 'B'	x55.66	
1) Cami Pickett JR	2) Kortney Lightfoot SO	
3) Gabbie Mohs JR	4) Jenna Elsbernd FR	

Women 4x400 Meter Relay

School	Finals	Points
1 Upper Iowa	4:09.93	10
1) Breyanna Hill SO	2) Erica Kelly JR	
3) Jenna Ross FR	4) Kristin Culp FR	
2 Cornell College	4:10.33	8
1) Emma Cochrane JR	2) Libby Schnoor SR	
3) Zaria Lambert SO	4) Shelby Williams FR	
3 Northwestern (Minn.)	4:28.70	6
1) Claire Sulflow FR	2) Chauntel Fleming FR	
3) Annie Sheedlo FR	4) Rebekah Kortan FR	
4 Waldorf	5:29.31	5
1) Bailey Matthaides JR	2) Marissa Kuik SO	
3) Katelynn Ramirez SR	4) Clara Roderick FR	

Women 4x800 Meter Relay

School	Finals	Points
1 Mount Mercy	10:29.34	10
1) Andrea Ertz SO	2) Kathryn Vander Poel JR	
3) Mady Roth SO	4) Alexa Zamora JR	
2 Northwestern (Minn.)	11:32.95	8
1) Annie Sheedlo FR	2) Juliette Martin FR	
3) Tatyana Breitkreuz JR	4) Karee Joedeman FR	

Women 1600 Sprint Medley

School	Finals	Points
1 Upper Iowa	4:36.53	10

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....Women 1600 Sprint Medley

1) Erica Kelly JR	2) Jenna Ross FR		
3) Breyanna Hill SO	4) Makenzie Soeken SO		
2 Northwestern (Minn.)		4:51.21	8
1) Annie Sheedlo FR	2) Juliette Martin FR		
3) Brandhi Whittemore FR	4) Ava DeShazer FR		
3 Grinnell		4:56.78	6
1) Jordan Maddaus JR	2) Yolana Martin SO		
3) Meghan Riley JR	4) Tori LaVerdiere SO		
4 William Penn		4:57.69	5
1) Imani Welch SR	2) Alexzandrea Woudenberg SO		
3) Lauren Carlson SO	4) Heaven Buckner SO		

Women High Jump

Name	Year School	Finals	Points
1 Chantel Kyler 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.68 P P P P P XO XXO XXX	JR Clarke	1.60m	5-03.00 10
2 Rachel Gadiant 1.30 1.35 1.40 1.45 1.50 1.55 1.60 P P P P XO XO XXX	SO Mount Mercy	1.55m	5-01.00 8
3 May Hanlon 1.30 1.35 1.40 O O XXX	FR Grinnell	1.35m	4-05.00 6
4 Rebecca Staples 1.30 1.35 1.40 O XXO XXX	FR Coe	J1.35m	4-05.00 5
5 Quentinique Wilkinson 1.30 1.35 O XXX	FR Waldorf	1.30m	4-03.25 4

Women Pole Vault

Name	Year School	Finals	Points
1 Christina Brown 2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.15 P P P P O O O XXX	SR Coe	3.05m	10-00.00 10
2 Franci Gates 2.15 2.30 2.45 2.60 O O O XXX	JR Clarke	2.45m	8-00.50 8
3 Brandhi Whittemore 2.15 2.30 2.45 P O XXX	FR Northwestern	2.30m	7-06.50 6

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Women Long Jump

Name	Year	School	Finals	Wind	Points	
1 Mackenzie Williams	FR	Clarke	5.27m	1.6	17-03.50	10
5.25m(2.9) FOUL	FOUL	5.27m(1.6) FOUL	4.69m(1.7)			
2 Makenzie Soeken	SO	Upper Iowa	4.94m	2.0	16-02.50	8
FOUL 4.94m(2.0) FOUL	PASS	PASS	PASS			
3 Zarreeel Knox	FR	Hawkeye CC	4.92m	5.2	16-01.75	6
4.56m(1.1) 4.63m(2.0) FOUL	4.92m(5.2) FOUL	4.60m(2.3)				
4 Jordan Holmes	FR	Coe	4.86m	1.6	15-11.50	5
4.66m(2.1) 4.86m(1.6) 4.46m(2.7) 4.67m(1.6) 4.50m(2.0) 4.70m(3.7)						
5 Paige Murphy	FR	Clarke	4.85m	4.1	15-11.00	4
4.74m(4.6) FOUL	FOUL	4.30m(3.4) 4.85m(4.1) 4.63m(0.2)				
6 Cara Bresnahan	JR	Grinnell	4.78m	2.4	15-08.25	3
4.64m(2.9) 4.69m(2.4) 4.62m(2.5) 4.74m(3.6) 0.48m(4.3) 4.78m(2.4)						
7 Calee O'Hare	FR	Coe	4.77m	1.9	15-07.75	2
4.77m(1.9) 4.22m(1.9) 4.74m(2.0) 4.31m(3.0) 4.24m(3.2) 4.21m(2.9)						
8 Theresa Hatch	FR	Hawkeye CC	4.76m	3.6	15-07.50	1
4.42m(1.8) 4.76m(3.6) 4.65m(2.2) FOUL	4.09m(3.0) 4.43m(2.1)					
9 Kaila Jackson	SO	Waldorf	4.68m	2.1	15-04.25	
FOUL 4.68m(2.1) 4.48m(2.1) FOUL	4.38m(4.0) 4.40m(2.1)					
10 Cami Pickett	JR	Upper Iowa	4.55m	1.3	14-11.25	
FOUL 4.55m(1.3) FOUL						
11 Rebekah Kortan	FR	Northwestern	4.48m	1.7	14-08.50	
FOUL 4.48m(1.7) 4.38m(1.8)						
12 Shay Rule	SR	Cornell College	4.29m	2.8	14-01.00	
FOUL FOUL 4.29m(2.8)						
13 Rebecca Staples	FR	Coe	4.28m	2.7	14-00.50	
4.28m(2.7) 4.26m(1.3) FOUL						
14 Maddix Stovie	FR	Cornell College	4.27m	2.1	14-00.25	
FOUL 4.27m(2.1) 4.14m(2.3)						
-- Lauren Steege	FR	Coe	FOUL			
FOUL FOUL FOUL						
-- Karley Jaynes	JR	Mount Mercy	FOUL			
FOUL FOUL FOUL						

Women Triple Jump

Name	Year	School	Finals	Wind	Points	
1 Chantel Kyler	JR	Clarke	10.38m	1.2	34-00.75	10
FOUL FOUL 10.38m(1.2) FOUL	10.25m(-1.4) 10.19m(-1.2)					
2 Calee O'Hare	FR	Coe	9.74m	-0.3	31-11.50	8
9.65m(+0.0) 9.30m(-0.2) 9.74m(-0.3) 9.64m(-1.5) 9.38m(-1.3) 9.65m(-0.5)						
3 Maddix Stovie	FR	Cornell College	9.35m	-0.9	30-08.25	6
FOUL 9.30m(0.6) FOUL	9.35m(-0.9) FOUL	FOUL				
4 Martha Jesuit	FR	Coe	9.23m	-0.8	30-03.50	5
FOUL FOUL FOUL FOUL	9.23m(-0.8) FOUL					
5 Shay Rule	SR	Cornell College	9.13m	0.6	29-11.50	4
FOUL FOUL 8.96m(1.8) 9.06m(-3.2) 9.04m(-1.2) 9.13m(0.6)						

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Women Shot Put

Name	Year	School	Finals	Points
1 Brinn Grunder	SO	Upper Iowa	13.99m	45-10.75 10
13.46m 13.55m 13.99m		FOUL 12.89m FOUL		
2 Courtney Schnoor	FR	Upper Iowa	12.48m	40-11.50 8
12.48m 11.97m 11.69m		12.23m FOUL 11.55m		
3 Tieranny Keahna	SO	Coe	12.42m	40-09.00 6
FOUL 12.42m FOUL		12.06m 12.21m FOUL		
4 Shelbie Williams	FR	William Penn	12.07m	39-07.25 5
12.07m 11.89m FOUL		FOUL FOUL FOUL		
5 Katelynn Rheingans	JR	Clarke	11.61m	38-01.25 4
11.61m FOUL FOUL		FOUL FOUL FOUL		
6 Taylor Overman	FR	Coe	11.36m	37-03.25 3
11.36m 11.34m FOUL		10.73m FOUL 10.61m		
7 Octavia Martinez	JR	Cornell College	11.13m	36-06.25 2
10.74m 10.64m 10.42m		FOUL 10.52m 11.13m		
8 Auburn Miller	JR	Waldorf	10.81m	35-05.75 1
10.81m 10.23m FOUL		FOUL FOUL FOUL		
9 Mikayla Houston	JR	Clarke	10.73m	35-02.50
10.73m 10.73m FOUL				
10 Oceana Papakee	FR	Mount Mercy	10.66m	34-11.75
10.38m 10.48m 10.66m		10.18m 8.86m 10.56m		
11 Sophia Fischer	FR	North Iowa Area CC	10.03m	32-11.00
9.78m 10.03m FOUL				
12 Agne Lukoseviciute	FR	Grinnell	9.98m	32-09.00
9.81m FOUL 9.98m				
13 Erin Soat	JR	Clarke	9.87m	32-04.75
FOUL 9.87m FOUL				
14 Kara Thomson	FR	Northwestern	9.58m	31-05.25
FOUL 9.19m 9.58m				
15 Sydney Gray	FR	Northwestern	9.43m	30-11.25
9.27m 8.86m 9.43m				
16 Jasmine Wardell	FR	Mount Mercy	8.87m	29-01.25
8.87m 8.78m 8.54m				
17 Savannah Wilz	JR	William Penn	8.84m	29-00.00
FOUL 8.71m 8.84m				
18 Katie Marter	JR	Clarke	8.23m	27-00.00
7.19m FOUL 8.23m				
19 Natasha George	SR	North Centra	7.31m	23-11.75
7.31m FOUL FOUL				
20 Danielle Jibben	SO	Northwestern	5.58m	18-03.75
5.58m 5.53m 5.36m				
21 Lauren Carr	FR	Northwestern	5.36m	17-07.00
4.98m 3.57m 5.36m				
22 Hannah Thoelke	FR	Northwestern	4.64m	15-02.75
4.64m 4.03m 4.30m				
-- Delany Dicus	SO	Clarke	FOUL	
FOUL FOUL FOUL				

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Women Discus Throw

Name	Year	School	Finals	Points
1 Caitlin Himes	SO	Upper Iowa	41.35m	135-08 10
39.73m 41.35m 40.54m 38.83m 40.27m 41.00m				
2 Katelynn Rheingans	JR	Clarke	37.87m	124-03 8
36.60m 37.61m 35.82m 36.99m 37.87m 36.87m				
3 Courtney Schnoor	FR	Upper Iowa	35.29m	115-09 6
31.62m 31.61m 29.19m 32.47m 31.44m 35.29m				
4 Lauren Murray	FR	Coe	35.00m	114-10 5
33.28m 33.20m 35.00m FOUL 32.48m 33.85m				
5 Mikayla Houston	JR	Clarke	34.67m	113-09 4
34.67m 33.37m FOUL FOUL 34.57m FOUL				
6 Octavia Martinez	JR	Cornell College	34.56m	113-05 3
33.12m FOUL FOUL FOUL 34.35m 34.56m				
7 Tieranny Keahna	SO	Coe	34.20m	112-02 2
30.94m 33.40m FOUL 34.20m FOUL 31.76m				
8 Elayna VanArsdale	SO	William Penn	34.15m	112-00 1
33.53m 32.91m 34.15m 32.94m 32.96m FOUL				
9 Kayla Joyce	FR	Hawkeye CC	33.26m	109-01
FOUL 30.39m 31.77m 33.26m 31.57m 31.37m				
10 Shelbie Williams	FR	William Penn	30.76m	100-11
30.76m 28.39m FOUL				
11 Agne Lukoseviciute	FR	Grinnell	30.37m	99-08
FOUL 30.37m 29.40m				
12 Delany Dicus	SO	Clarke	29.19m	95-09
27.58m 28.25m 29.19m				
13 Erin Soat	JR	Clarke	28.70m	94-02
FOUL FOUL 28.70m				
14 Kara Thomson	FR	Northwestern	28.55m	93-08
28.55m 26.75m 28.00m				
15 Taylor Overman	FR	Coe	28.02m	91-11
26.37m 28.02m FOUL				
16 Rebecca Cleppe	JR	William Penn	27.77m	91-01
26.36m 25.30m 27.77m				
17 Jasmine Wardell	FR	Mount Mercy	27.09m	88-10
26.38m 27.09m 22.64m				
18 Auburn Miller	JR	Waldorf	26.97m	88-06
22.29m 23.90m 26.97m				
19 Savannah Wilz	JR	William Penn	26.05m	85-05
26.05m FOUL 23.27m				
20 Rachel Beckman	SO	North Centra	24.50m	80-04
FOUL 24.50m 23.99m				
21 Sara Loving	FR	William Penn	23.49m	77-01
22.26m 22.33m 23.49m				
22 Sydney Gray	FR	Northwestern	23.41m	76-10
22.45m 22.82m 23.41m				
23 Ayanna Lavalais	FR	William Penn	23.12m	75-10
19.63m FOUL 23.12m				

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....Women Discus Throw

24	Natasha George	SR North Centra	18.90m	62-00
	18.90m FOUL 16.88m			
25	Sophia Fischer	FR North Iowa Area CC	18.04m	59-02
	18.04m 17.50m FOUL			
26	Amanda Beeal	SO Clarke	J18.04m	59-02
	FOUL 18.04m FOUL			
27	Lauren Carr	FR Northwestern	17.46m	57-03
	17.46m 15.04m 16.00m			
28	Danielle Jibben	SO Northwestern	15.02m	49-03
	FOUL 14.64m 15.02m			
29	Hannah Thoelke	FR Northwestern	10.10m	33-02
	10.10m 10.07m 9.34m			

Women Hammer Throw

Name	Year School	Finals	Points
1 Mikayla Houston	JR Clarke	42.56m	139-07 10
	FOUL 41.48m 42.56m 42.03m 38.83m FOUL		
2 Brinn Grunder	SO Upper Iowa	41.17m	135-01 8
	39.57m 41.17m FOUL 37.93m FOUL FOUL		
3 Rebecca Cleppe	JR William Penn	40.73m	133-07 6
	FOUL 35.77m FOUL 36.58m 40.73m 39.78m		
4 Agne Lukoseviciute	FR Grinnell	39.75m	130-05 5
	34.03m FOUL 37.85m 33.62m 35.78m 39.75m		
5 Caitlin Himes	SO Upper Iowa	38.33m	125-09 4
	32.30m 35.94m 38.33m 35.07m 35.29m 35.63m		
6 Oceana Papakee	FR Mount Mercy	37.71m	123-09 3
	36.91m 37.31m FOUL 37.71m 36.96m 34.49m		
7 Taylor Overman	FR Coe	37.39m	122-08 2
	FOUL FOUL 34.99m 37.39m FOUL FOUL		
8 Katelynn Rheingans	JR Clarke	36.34m	119-03 1
	36.34m FOUL 35.85m FOUL 34.23m 35.58m		
9 Tieranny Keahna	SO Coe	35.67m	117-00
	FOUL FOUL 33.01m 32.72m 33.89m 35.67m		
10 Kelli Wallace	JR Waldorf	31.50m	103-04
	FOUL 31.23m 31.50m		
11 Lauren Murray	FR Coe	31.27m	102-07
	29.87m FOUL 31.27m		
12 Erin Soat	JR Clarke	30.93m	101-06
	30.25m 30.93m 30.21m		
13 Shelbie Williams	FR William Penn	30.67m	100-07
	30.67m FOUL 28.37m		
14 Kassandra Bain	SO Coe	30.64m	100-06
	30.64m 29.56m FOUL		
15 Savannah Wilz	JR William Penn	30.20m	99-01
	29.11m 30.20m FOUL		
16 Delany Dicus	SO Clarke	30.10m	98-09
	27.00m 30.10m FOUL		

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....Women Hammer Throw

17	Sophia Fischer	FR North Iowa Area CC	29.63m	97-02
	FOUL FOUL 29.63m			
18	Sara Loving	FR William Penn	28.63m	93-11
	27.71m 28.22m 28.63m			
19	Amanda Beeal	SO Clarke	25.97m	85-02
	FOUL 25.97m FOUL			
20	Katie Marter	JR Clarke	24.39m	80-00
	FOUL 24.39m FOUL			
21	Auburn Miller	JR Waldorf	23.73m	77-10
	23.73m 21.90m FOUL			
22	Ayanna Lavalais	FR William Penn	22.60m	74-02
	FOUL 22.60m FOUL			
--	Octavia Martinez	JR Cornell College	FOUL	
	FOUL FOUL FOUL			
--	Rachel Beckman	SO North Centra	FOUL	
	FOUL FOUL FOUL			
--	Elayna VanArsdale	SO William Penn	FOUL	
	FOUL FOUL FOUL			
--	Bridgett Madden	JR Upper Iowa	FOUL	
	FOUL FOUL FOUL			

Women Javelin Throw

Name	Year School	Finals	Points
1 Jenna Boll	Unattached	X46.71m	153-03
	39.43m 43.29m 43.18m 45.14m 42.89m 46.71m		
2 Peyton Russell	SR Waldorf	32.42m	106-04 10
	31.76m 32.42m 31.27m 30.15m FOUL FOUL		
3 Rachel Gadiant	SO Mount Mercy	31.59m	103-08 8
	29.26m 31.51m 25.83m FOUL 26.77m 31.59m		
4 Oceana Papakee	FR Mount Mercy	31.18m	102-03 6
	21.59m 31.18m 28.28m 26.89m 25.27m 25.07m		
5 Cami Pickett	JR Upper Iowa	30.64m	100-06 5
	26.34m 29.25m 28.00m 30.64m 30.25m 30.49m		
6 Kassandra Bain	SO Coe	30.49m	100-00 4
	FOUL 30.49m 30.43m FOUL FOUL 27.21m		
7 Cara Bresnahan	JR Grinnell	30.30m	99-05 3
	27.24m 30.30m 27.62m 30.25m 28.69m FOUL		
8 Makenzie Soeken	SO Upper Iowa	28.86m	94-08 2
	25.52m 25.40m 24.75m 28.86m FOUL FOUL		
9 Gabbie Mohs	JR Upper Iowa	28.16m	92-05 1
	24.94m 26.05m 25.20m 28.16m 27.77m 26.25m		
10 Caitlin Serle	FR North Iowa Area CC	26.79m	87-11
	26.79m 22.59m 26.16m		
11 Karley Jaynes	JR Mount Mercy	24.49m	80-04
	22.79m 24.49m 23.48m		
12 Jasmine Wardell	FR Mount Mercy	22.92m	75-02
	FOUL FOUL 22.92m		

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....Women Javelin Throw

13 Sydney Gray	FR Northwestern	15.76m	51-08
7.77m 15.76m FOUL			
14 Amanda Beeal	SO Clarke	15.59m	51-02
15.59m FOUL 11.15m			
15 Danielle Jibben	SO Northwestern	9.88m	32-05
FOUL FOUL 9.88m			

Women 5000 Meter Race Walk

Name	Year School	Finals	Points
1 Kaytlyn Golding	FR Mount Mercy	35:29.81	10
2 Bree'Anna Lee	JR William Penn	36:15.95	8
3 Meta Williams	SR Grinnell	39:58.98	6
4 Lauren Thome	FR Mount Mercy	42:04.51	5
5 Jasmine Alexander	FR Waldorf	46:06.91	4

Women - Team Rankings - 23 Events Scored

1) Upper Iowa	140	2) Mount Mercy	136
3) Clarke	113	4) Coe	103
5) Cornell College	74	6) Grinnell	60
7) Waldorf	53	8) Northwestern (Minn.)	37
9) William Penn	31	10) Hawkeye CC	28
11) St. Ambrose	10	12) Faith Baptist Bible	2

Men - Team Rankings - 23 Events Scored

1) William Penn	118	2) Hawkeye CC	108
3) Mount Mercy	105	4) Coe	91
5) Cornell College	76	6) Grinnell	74
7) Clarke	49	8) Northwestern (Minn.)	34
9) Waldorf	32	10) Faith Baptist Bible	22
11) North Central (Minn.)	16	12) North Iowa Area CC	2