

Three Rivers Conference Middle School Meet
Holmen High School
Holmen, Wisconsin - 5/17/18
Results

Girls 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Andrea White	8	Aquinas Midd	13.72	4	10
2 Anna Whitford-Hawkins	8	Lincoln Midd	14.13	4	8
3 Kya Smith	6	Lincoln Midd	14.15	4	6
4 Lauren Jarrett	8	Lincoln Midd	14.19	4	5
5 Brittney Mislivecek	7	Longfellow/L	14.20	4	4
6 Olivia Blazek	8	Sparta Middl	14.21	4	3
7 Kiya Bronston	8	Onalaska Mid	14.48	4	2
8 Aleana Evans	6	Sparta Middl	14.49	3	1
9 Ncaylee Niemann	8	Longfellow/L	14.51	3	
10 Katie Arlt	8	Longfellow/L	14.67	4	
11 Natalie Mumm	8	Onalaska Mid	14.70	4	
12 Lily Wehrs	8	West Salem M	14.78	2	
13 Sarah Wilson	7	Holmen Middl	14.85	3	
14 Libby Dahl	7	Tomah Middle School	14.92	3	
15 Madisyn Hyatt	8	Tomah Middle School	14.96	3	
16 Kaya Wedo-Runkle	8	Winona Junior High	14.98	2	
17 Molly Forgues	8	Westby Area	15.12	2	
18 Serena Urbanek	8	Onalaska Mid	15.17	3	
19 Cadence Thomson	8	Tomah Middle School	15.21	2	
20 Lydia Walz	8	Aquinas Midd	15.25	3	
21 Grace Butler	7	Aquinas Midd	15.38	3	
22 Allie Cruz-Lambert	7	West Salem M	15.41	2	
23 Madison Monroe	7	Holmen Middl	15.60	3	
24 Elizabeth Yangtz	7	Winona Junior High	15.93	1	
25 Caylie Scharpf	6	La Crosse Lo	15.96	2	
26 Jackie Green	8	Westby Area	16.45	2	
27 Cheyanne Nash	8	Westby Area	16.62	2	
28 Adrianna Lien	6	La Crosse Lo	16.70	1	
29 Aubrey Borreson	6	La Crosse Lo	17.61	1	

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Kalli Knoble	8	Lincoln Midd	28.06	3	10
2 Andrea White	8	Aquinas Midd	28.15	3	8
3 Brittney Mislivecek	7	Longfellow/L	29.07	2	6
4 Ncaylee Niemann	8	Longfellow/L	29.19	2	5
5 Olivia Blazek	8	Sparta Middl	29.49	3	4
6 Aleana Evans	6	Sparta Middl	29.53	3	3
7 Natalie Mumm	8	Onalaska Mid	30.22	2	2
8 Josie Blum	7	Onalaska Mid	30.30	2	1
9 Makalyn Butterfield	8	Holmen Middl	30.36	3	
10 Ella Mueller	8	Winona Junior High	30.37	3	
11 McKenna Murphy	7	Onalaska Mid	30.43	2	
12 Erin Bringe	8	Holmen Middl	30.58	3	

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13 Lily Wehrs	8 West Salem M	30.62	2
14 Delaney Gelder	8 Holmen Middl	30.81	3
15 Keelyn Slaby	8 Longfellow/L	30.82	2
16 Lydia Walz	8 Aquinas Midd	31.45	2
17 Ella Larson	7 Winona Junior High	31.55	2
18 Allie Cruz-Lambert	7 West Salem M	31.68	1
19 Alexia Rodriguez	7 La Crosse Lo	32.48	1
20 Skylar Olson	7 La Crosse Lo	33.08	1
21 Mia Rodriguez	8 La Crosse Lo	33.22	1
22 Cheyanne Nash	8 Westby Area	33.72	1
23 Hannah Pedretti	8 Westby Area	33.81	1
24 Josie Bailey	6 Tomah Middle School	33.98	1
25 Baylee Oliver	8 Westby Area	35.03	1

Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Hailey Brueggen	8 Holmen Middl	1:05.85	3	10
2 Katie Arlt	8 Longfellow/L	1:06.20	3	8
3 Tamia Brown	8 La Crosse Lo	1:08.99	3	6
4 Sarah Gyllander	7 Aquinas Midd	1:09.11	2	5
5 Rian Mally	8 Holmen Middl	1:09.58	3	4
6 Mayra Hernandez Ruvalcab	6 Sparta Middl	1:10.20	3	3
7 Natalie Beck	8 Lincoln Midd	1:10.97	3	2
8 Jamia Dillard	8 Onalaska Mid	1:11.39	1	1
9 Makenzie Sheard	8 La Crosse Lo	1:11.60	3	
10 Shannon Hoffman	8 Sparta Middl	1:12.09	2	
11 Emmy Venum	7 Lincoln Midd	1:12.38	3	
12 Sophie Paduano	7 Westby Area	1:12.69	3	
13 Aleah Serleth	8 Winona Junior High	1:13.17	2	
14 Genna Henline	8 Westby Area	1:13.58	2	
15 River Fife	7 Longfellow/L	1:14.49	2	
16 Brenda Berg	8 Westby Area	1:14.82	2	
17 Makayla Ueek	6 Tomah Middle School	1:15.11	1	
18 Vanessa Gavilan	7 Sparta Middl	1:15.29	2	
19 Ava Dahlke	7 Winona Junior High	1:15.65	2	
20 Trista Szafran	8 La Crosse Lo	1:17.84	1	
21 Alyssa Alden	8 Tomah Middle School	1:24.09	1	

Girls 800 Meter Run

Name	Year School	Finals	H#	Points
1 Alli Thomas	7 Onalaska Mid	2:39.18	2	10
2 Jillian Lonning	8 Onalaska Mid	2:40.96	2	8
3 Ava Pike	7 Winona Junior High	2:43.41	2	6
4 Greta Gyllander	7 Aquinas Midd	2:44.18	2	5
5 Elle Stussy	8 Holmen Middl	2:44.46	2	4

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....Girls 800 Meter Run

6	Ella McKinney	7	West Salem M	2:45.53	2	3
7	Katie Christiansen	7	Lincoln Midd	2:45.58	2	2
8	Jada Johnson	8	Longfellow/L	2:49.77	2	1
9	Mandy Dodsworth	7	Tomah Middle School	2:52.29	1	
10	Alexa Sanchez Rodriguez	6	Sparta Middl	2:53.03	1	
11	Ashley Janish	8	La Crosse Lo	2:53.99	2	
12	Vanessa Gavilan	7	Sparta Middl	2:55.05	1	
13	Morgan Quackenbush	7	West Salem M	2:56.58	1	
14	Aubrey Jothan	7	Westby Area	2:56.67	1	
15	Michaela Bertram	8	Holmen Middl	2:57.45	1	
16	Alena Donahue	7	West Salem M	2:58.18	2	
17	Taylor Semelroth	7	Tomah Middle School	3:13.30	1	
18	Sarah Sheridan	8	Winona Junior High	3:15.09	1	
19	Aisha Hughart Topgyal	7	Tomah Middle School	3:23.96	1	

Girls 1600 Meter Run

Name	Year	School	Finals	Points
1	Alli Thomas	7	Onalaska Mid	5:44.66 10
2	Jillian Lonning	8	Onalaska Mid	5:46.81 8
3	Ashley Janish	8	La Crosse Lo	5:54.93 6
4	Alena Donahue	7	West Salem M	5:56.44 5
5	Elle Stussy	8	Holmen Middl	6:00.62 4
6	Katie Christiansen	7	Lincoln Midd	6:06.27 3
7	Ella McKinney	7	West Salem M	6:10.95 2
8	Jada Johnson	8	Longfellow/L	6:11.81 1
9	Olivia Becker	7	Winona Junior High	6:14.10
10	Taylor Bembnister	7	Holmen Middl	6:16.45
11	Morgan Intihar	8	Sparta Middl	6:19.53
12	Denali Huebner	7	Westby Area	6:22.31
13	Anna Dunnum	8	Westby Area	6:23.28
14	Anna Florness	7	Winona Junior High	6:24.08
15	Ellie Haverland	8	Lincoln Midd	6:25.66
16	Maddie Giblin	7	West Salem M	6:29.00
17	Grace Quinn	8	Winona Junior High	6:33.04
18	Naomi Koch	7	Aquinas Midd	6:38.16
19	Kaylee Miller	7	Tomah Middle School	6:45.42
20	Madeline Kline	8	Tomah Middle School	6:52.86
21	Lydia Boettcher	6	Tomah Middle School	7:28.50

Girls 100 Meter Hurdles Low

Name	Year	School	Finals	H#	Points
1	Alli Thomas	7	Onalaska Mid	16.17	2 10
2	Madison Kratt	8	Aquinas Midd	16.26	2 8
3	Macy Cagle	8	Longfellow/L	16.43	2 6
4	Mandy Duellman	8	Winona Junior High	16.49	2 5

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....Girls 100 Meter Hurdles Low

5	Miriam Shepard	8	Longfellow/L	16.90	2	4
6	Libby Dahl	7	Tomah Middle School	17.63	2	3
7	Olivia Hall	8	Holmen Middl	17.64	2	2
8	Camryn Rand	7	Holmen Middl	17.74	2	1
9	Brianna Law	8	Onalaska Mid	17.76	2	
10	Rebecca VanHoff	8	Tomah Middle School	17.77	1	
11	Morgan Intihar	8	Sparta Middl	18.41	1	
12	Brenda Berg	8	Westby Area	18.74	1	
13	MaiSee Xiong	7	La Crosse Lo	18.84	1	
14	Halee Porter	8	Sparta Middl	18.87	1	
15	MaiCheng Thao	7	La Crosse Lo	18.92	1	
16	Aly St. Onge	7	Winona Junior High	21.42	1	

Girls 200 Meter Hurdles Low

Name	Year	School	Finals	H#	Points	
1	Macy Cagle	8	Longfellow/L	33.59	2	10
2	Macy Donarski	7	Aquinas Midd	34.39	2	8
3	Brianna Chouinard	7	Onalaska Mid	35.14	2	6
4	Ella Hemker	7	Sparta Middl	35.83	2	5
5	Denali Huebner	7	Westby Area	36.08	2	4
6	Ariana Dixon	8	Longfellow/L	36.68	2	3
7	Camryn Rand	7	Holmen Middl	36.93	1	2
8	Lily Tolbert	8	Onalaska Mid	37.26	2	1
9	Bella Timm	7	Aquinas Midd	37.52	2	
10	Gretchen Frydenlund	8	Westby Area	37.58	2	
11	MaiCheng Thao	7	La Crosse Lo	37.86	1	
12	Julia Steinfeldt	7	Winona Junior High	38.31	1	
13	Josie Bailey	6	Tomah Middle School	38.52	1	
14	MaiSee Xiong	7	La Crosse Lo	39.57	1	

Girls 4x100 Meter Relay

School	Finals	H#	Points
1 Aquinas Middle School 1) Madison Kratt 8 3) Macy Donarski 7	54.50	2	10
2 Lincoln Middle School 1) Kya Smith 6 3) Lauren Jarrett 8	55.16	2	8
3 Longfellow/LDI Middle School 1) Ava Wintin 8 3) Keelyn Slaby 8	55.80	2	6
4 Holmen Middle School 1) Makalyn Butterfield 8 3) Delaney Gelder 8	56.53	2	5
5 Onalaska Middle School	57.14	2	4

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....Girls 4x100 Meter Relay

1) Kiya Bronston 8	2) Serena Urbanek 8		
3) Jasmine Odegard 8	4) Natalie Mumm 8		
6 Sparta Middle School		57.50	2 3
1) Ella Hemker 7	2) Aleana Evans 6		
3) Taylor Cook 8	4) Olivia Blazek 8		
7 Tomah Middle School		58.24	2 2
1) Rebecca VanHoff 8	2) Madisyn Hyatt 8		
3) Ashlynn Benish 8	4) Libby Dahl 7		
8 Westby Area Middle School		59.98	1 1
1) Natalie Benish 8	2) Molly Forgues 8		
3) Gretchen Frydenlund 8	4) Hannah Pedretti 8		
9 La Crosse Logan Middle School		1:01.82	1
1) Skylar Olson 7	2) Alexia Rodriguez 7		
3) Mia Rodriguez 8	4) Katie Sullivan 7		
10 Winona Junior High		1:09.25	1
1) Kayleigh Cottrell 7	2) Gussie Gruhlke 7		
3) Sydney Withrow 8	4) Madelynn Bosch 7		

Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Lincoln Middle School	1:54.97	2	10
1) Kya Smith 6	2) Taya Schraith 7		
3) Anna Whitford-Hawkins 8	4) Kalli Knobler 8		
2 Holmen Middle School	1:58.81	2	8
1) Makalyn Butterfield 8	2) Delaney Gelder 8		
3) Sarah Wilson 7	4) Erin Bringe 8		
3 Longfellow/LDI Middle School	1:58.95	2	6
1) Brooke Biando 8	2) Keelyn Slaby 8		
3) Ncaylee Niemann 8	4) Macy Cagle 8		
4 Onalaska Middle School	2:05.70	1	5
1) Ashlyn Leu 8	2) Serena Urbanek 8		
3) Stella Weiner 8	4) Jamia Dillard 8		
5 La Crosse Logan Middle School	2:05.76	2	4
1) Ari Koski 6	2) Lauren Rendler 7		
3) MaiSee Xiong 7	4) Kyasha Kendrick 8		
6 Winona Junior High	2:06.68	2	3
1) Ella Schultz 8	2) Ella Mueller 8		
3) Grace Quinn 8	4) Kaya Wedo-Runkle 8		
7 Sparta Middle School	2:07.41	2	2
1) Taylor Cook 8	2) Victoria Freeman 8		
3) Esmerelda Hernandez 8	4) Evelyn Tripp 6		
8 Westby Area Middle School	2:09.40	1	1
1) Audra Johnson 7	2) Rachel Simonson 7		
3) McKendra Hansen 7	4) Bethany Roethel 7		
9 Tomah Middle School	2:12.55	1	
1) Rebecca VanHoff 8	2) Ella Haskamp 6		
3) Sydney Waitkus 8	4) Ashlynn Benish 8		

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....Girls 4x200 Meter Relay

10 Aquinas Middle School	2:12.66	2
1) Grace Butler 7	2) Lizzie Wintheiser 8	
3) Hannah Noelke 7	4) Alex Roupe 7	

Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Longfellow/LDI Middle School	4:40.95	2	10
1) River Fife 7	2) Jada Johnson 8		
3) Elyssa Marsolek 8	4) Katie Arlt 8		
2 La Crosse Logan Middle School	4:42.73	2	8
1) Tamia Brown 8	2) Makenzie Sheard 8		
3) Lauren Rendler 7	4) Kyasha Kendrick 8		
3 Holmen Middle School	4:46.95	2	6
1) Rian Mally 8	2) Kyla Christnovich 7		
3) Chloe Lichucki 8	4) Hailey Brueggen 8		
4 Westby Area Middle School	4:53.96	1	5
1) McKendra Hansen 7	2) Audra Johnson 7		
3) Rachel Simonson 7	4) Anna Dunnum 8		
5 Aquinas Middle School	4:56.16	1	4
1) Bella Timm 7	2) Elizabeth Bagneifski 7		
3) Maria Schwinn-Weaver 7	4) Sarah Gyllander 7		
6 Sparta Middle School	4:57.74	2	3
1) Morgan Intihar 8	2) Shannon Hoffman 8		
3) Evelyn Tripp 6	4) Mayra Hernandez Ruvalcaba 6		
7 Winona Junior High	4:57.85	2	2
1) Aleah Serleth 8	2) Ava Pike 7		
3) Julia Steinfeldt 7	4) Olivia Becker 7		
8 West Salem Middle School	4:58.65	2	1
1) Alena Donahue 7	2) Maddie Giblin 7		
3) Ella McKinney 7	4) Lily Wehrs 8		
9 Lincoln Middle School	4:58.73	2	
1) Emmy Venum 7	2) Cora Hansen 8		
3) Sophie Hannum 8	4) Natalie Beck 8		
10 Onalaska Middle School	4:58.78	2	
1) Addison Wick 8	2) Ashley Fenn 8		
3) Brooklyn Waldner 8	4) Jillian Lonning 8		
11 Tomah Middle School	5:12.71	1	
1) Makayla Ueeck 6	2) Madeline Kline 8		
3) Mandy Dodsworth 7	4) Sydney Waitkus 8		

Girls High Jump

Name	Year School	Finals	Points
1 Kalli Knoble	8 Lincoln Midd	5-00.00	10
2 Erin Bringe	8 Holmen Middl	4-10.00	8
3 Madison Kratt	8 Aquinas Midd	4-08.00	6

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4	Daisha Pedretti	7	Westby Area	4-06.00	5
5	Halee Porter	8	Sparta Middl	4-04.00	4
6	Jennifer Garves	8	Onalaska Mid	J4-04.00	2
6	Greta Gyllander	7	Aquinas Midd	J4-04.00	2
6	Elyssa Marsolek	8	Longfellow/L	J4-04.00	2
9	Madeline Kline	8	Tomah Middle School	J4-04.00	
10	Hailey Brueggen	8	Holmen Middl	J4-04.00	
11	Josie Edwards	7	Sparta Middl	J4-04.00	
12	Rachel Simonson	7	Westby Area	4-00.00	

Girls Long Jump

Name	Year	School	Finals	Points	
1	Macy Donarski	7	Aquinas Midd	15-00.00	10
2	Kalli Knoble	8	Lincoln Midd	14-09.00	8
3	Macy Cagle	8	Longfellow/L	13-06.25	6
4	Grace Butler	7	Aquinas Midd	13-03.25	5
5	Olivia Blazek	8	Sparta Middl	13-01.75	4
6	CeCe Bouzek	8	Lincoln Midd	12-03.25	3
7	Grace Dickman	8	Longfellow/L	12-02.50	2
8	Ava Calvey	7	Winona Junior High	12-01.50	1
9	Ella Schultz	8	Winona Junior High	12-0.50	
10	Molly Forgues	8	Westby Area	11-11.50	
11	Morgan Intihar	8	Sparta Middl	11-07.75	
12	Caylie Scharpf	6	La Crosse Lo	11-05.25	
13	Hallie Overson	8	Westby Area	11-04.25	
14	Ari Koski	6	La Crosse Lo	11-03.00	
15	Taylor Cook	8	Sparta Middl	11-02.50	
16	Justice Brazelton	7	Holmen Middl	11-02.00	
17	Kyla Christnovich	7	Holmen Middl	11-01.50	
18	Madelynn Bosch	7	Winona Junior High	11-01.00	
19	Lily Wehrs	8	West Salem M	10-10.25	
20	Jackie Green	8	Westby Area	10-09.75	
21	Alli Thomas	7	Onalaska Mid	10-09.00	
22	Lily Engen	7	La Crosse Lo	9-04.00	

Girls Triple Jump

Name	Year	School	Finals	Points	
1	Taya Schraith	7	Lincoln Midd	30-03.50	10
2	Denali Huebner	7	Westby Area	29-05.00	8
3	Bethany Roethel	7	Westby Area	29-01.50	6
4	Alex Roupe	7	Aquinas Midd	29-0.50	5
5	Ava Wintin	8	Longfellow/L	28-01.00	4
6	Josie Blum	7	Onalaska Mid	27-10.50	3
7	Evelyn Tripp	6	Sparta Middl	27-09.00	2
8	Grace Dickman	8	Longfellow/L	27-08.00	1

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9 Brianna Law	8 Onalaska Mid	27-02.00
10 Keelyn Slaby	8 Longfellow/L	26-09.00
11 Ella Hemker	7 Sparta Middl	26-02.00
12 Elizabeth Bagneifski	7 Aquinas Midd	25-07.00
13 Hannah Pedretti	8 Westby Area	25-05.50
14 Taylor Bembnister	7 Holmen Middl	25-04.00
15 Ashlyn Leu	8 Onalaska Mid	25-03.50
16 Allison Oines	7 Holmen Middl	24-03.50
17 Kaitlin Groth	7 Aquinas Midd	22-01.00
-- Anna Florness	7 Winona Junior High	FOUL

Girls Shot Put

Name	Year School	Finals	Points
1 Taylor Squires	7 Tomah Middle School	27-04.00	10
2 Anna Whitford-Hawkins	8 Lincoln Midd	26-06.00	8
3 Jacy Weisbord	8 Aquinas Midd	26-01.00	6
4 Mandy Duellman	8 Winona Junior High	24-11.00	5
5 Bethany Roethel	7 Westby Area	24-01.00	4
6 Codi Strong	8 Lincoln Midd	24-00.00	3
7 Sabin Steinhoff	8 Tomah Middle School	23-11.00	2
8 Nadia Laufenberg	8 Sparta Middl	23-05.00	1
9 Marissa Capelli	8 Aquinas Midd	22-05.00	
10 Liberty Sprain	6 Lincoln Midd	21-05.00	
11 Makenzie Sheard	8 La Crosse Lo	21-00.00	
12 Jasmine Ellefson	7 Longfellow/L	20-03.00	
13 Naomi Koch	7 Aquinas Midd	19-09.00	
14 Brianna Law	8 Onalaska Mid	18-07.00	
15 Essence Thao	8 Onalaska Mid	17-10.00	
16 Grace Filips	8 Holmen Middl	17-09.00	
17 Lauren Finn	8 Longfellow/L	15-06.00	
18 Maddy Sather	7 La Crosse Lo	J15-06.00	
19 Anna McCormick	8 Winona Junior High	13-04.00	
-- Brooklynn Cook	8 Holmen Middl	FOUL	

Girls Discus Throw

Name	Year School	Finals	Points
1 Liberty Sprain	6 Lincoln Midd	78-11	10
2 Trinity Nichols	8 Tomah Middle School	77-00	8
3 Codi Strong	8 Lincoln Midd	75-06	6
4 Jada Johnson	8 Longfellow/L	72-04	5
5 Nadia Laufenberg	8 Sparta Middl	68-00	4
6 Erin Bringe	8 Holmen Middl	67-04	3
7 Victoria Freeman	8 Sparta Middl	66-07	2
8 Delaney Gelder	8 Holmen Middl	61-09	1
9 Ashley Fenn	8 Onalaska Mid	60-01	

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10 Nadia Tovar	7 Sparta Middl	58-01
11 Sabin Steinhoff	8 Tomah Middle School	57-06
12 Brooklyn Waldner	8 Onalaska Mid	56-02
13 Lauren Finn	8 Longfellow/L	42-04
14 Maddy Sather	7 La Crosse Lo	41-00

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Women - Team Rankings - 15 Events Scored

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1) Lincoln Middle School	112	2) Aquinas Middle School	92
3) Longfellow/LDI Middle Scho	90	4) Onalaska Middle School	73
5) Holmen Middle School	58	6) Sparta Middle School	44
7) Westby Area Middle School	34	8) Tomah Middle School	25
9) La Crosse Logan Middle Sch	24	10) Winona Junior High	22
11) West Salem Middle School	11		

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Men - Team Rankings - 15 Events Scored

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1) Longfellow/LDI Middle Scho	163.50	2) Holmen Middle School	108.50
3) Onalaska Middle School	77	4) Lincoln Middle School	50.50
5) Sparta Middle School	49	6) La Crosse Logan Middle Sc	45
7) Aquinas Middle School	40	8) Tomah Middle School	28.50
9) Winona Junior High	12	10) Westby Area Middle School	6
11) West Salem Middle School	5		