

**Cascade Early Bird Invitational**  
**Cascade High School**  
**Cascade, Iowa - 3/29/18**  
**Results**

**Boys 100 Meter Dash**

Name	Year	School	Finals	H#	Points
<b>Finals</b>					
1 Trey Holub	11	Central City	11.94	6	10
2 Max Keleher	12	Monticello	12.08	6	8
3 Cade Jargo	10	Easton Valley	12.20	6	6
4 Caiden Atienza	09	Maquoketa	12.26	1	5
5 Derek Kuntz	12	Cascade	12.28	6	4
6 Thomas McAllister	09	Marion	12.33	5	3
7 Ronald Jones	12	Easton Valley	12.35	6	2
8 Austin Lieurance	12	Cascade	12.39	6	1
9 Max Bahls	10	Edgewood-Colesburg	12.70	5	
10 Emmett Sheets	09	Maquoketa	12.81	1	
11 John Stroup	09	Tipton	12.87	6	
12 Brayden Stannard	10	Edgewood-Colesburg	12.88	5	
13 Jordan Wegmann	10	Edgewood-Colesburg	12.91	3	
14 Bryce Silver	12	Central City	12.97	2	
15 Wes Minnaert	09	Anamosa	13.00	5	12.991
16 Dylan Griswold	09	Center Point-Urbana	13.00	4	12.996
17 Jacob Hungate	10	Springville	13.01	6	
18 Jose Nava Vega	10	Cascade	13.03	4	
19 Patrick Bleadorn	11	Marion	13.06	5	
20 Timothy Kramer	09	Center Point-Urbana	13.23	3	
21 Payton Henson	12	Easton Valley	13.26	4	13.254
22 Jon Mootz	11	Monticello	13.26	4	13.256
23 Luke Recker	09	East Buchanan	13.28	4	
24 James Linden	11	Maquoketa	13.31	1	
25 Ian Reimers	10	Marion	13.39	3	
26 Spencer Avery	09	Monticello	13.45	4	
27 Riley Hall	10	Anamosa	13.51	3	
28 Bryce Hanson	11	Maquoketa	13.57	2	13.562
29 Alex Banning	10	Center Point-Urbana	13.57	3	13.565
30 Joey Shannon	10	Cascade	13.65	5	13.646
31 Lucas Pilipovic	12	Springville	13.65	4	13.650
32 Zach Banning	10	Center Point-Urbana	13.72	3	
33 Curtis Hartung	11	Easton Valley	13.77	4	
34 Trenton Geltz	09	Anamosa	13.99	3	
35 Tate Little	09	Anamosa	14.12	5	
36 Xavier Papesh	09	Marion	14.14	5	
37 Ben Oswald	10	Monticello	14.21	3	
38 Dravin Silver	10	Central City	14.30	2	
39 Dustin Sill	10	Springville	14.64	2	
40 Tommy Brown	10	Tipton	14.66	2	
41 Dustin Ferris	09	Central City	15.77	2	
42 Travis Evens	09	Springville	17.64	2	

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Name	Year	School	Finals	H#	Points
1 Logan Seeley	12	Anamosa	23.92	6	10
2 Jon Karteus	12	Center Point-Urbana	23.93	6	8
3 Max Keleher	12	Monticello	24.13	6	6
4 Payton Olson	12	Easton Valley	24.39	6	5
5 Eian Countryman	12	Anamosa	24.41	6	4
6 Gavin Cooper	11	Monticello	24.56	6	3
7 Gabe Countryman	12	Anamosa	24.64	6	2
8 Trey Holub	11	Central City	24.84	5	1
9 Brock Naber	11	East Buchanan	25.08	5	
10 Austin Lieurance	12	Cascade	25.13	6	
11 Cameron Kirby	09	Edgewood-Colesburg	25.25	4	
12 Connor Becker	09	Maquoketa	25.32	1	
13 Keegan Hansel	09	Edgewood-Colesburg	25.44	5	
14 Michael Walker	12	Central City	25.61	5	
15 Blaise Thumma	12	Tipton	25.65	4	
16 Bryson Mossman	09	Marion	25.69	4	
17 Alex Casey	09	Anamosa	25.81	5	
18 Cole Bowden	09	East Buchanan	26.07	5	
19 John Stroup	09	Tipton	26.57	4	
20 Ronald Jones	12	Easton Valley	26.76	5	
21 Nate Trenkamp	10	Easton Valley	26.79	4	
22 Andrew Hoeger-Pint	11	Edgewood-Colesburg	26.83	3	
23 Cody Kremer	09	Cascade	26.85	4	
24 Josh Garnett	10	Center Point-Urbana	26.89	4	
25 Carter Gustafson	09	Marion	27.12	4	
26 Jose Nava Vega	10	Cascade	27.27	3	
27 Ian Reimers	10	Marion	27.58	3	
28 Aaron Bramer	11	Maquoketa	27.77	1	
29 Lucas Pilipovic	12	Springville	28.30	2	
30 Mason Rahe	11	Marion	28.35	3	
31 Curtis Hartung	11	Easton Valley	28.37	2	
32 Ried Barnhart	10	Monticello	28.44	2	
33 Jack Bowman	10	Maquoketa	28.98	1	
34 Ben Oswald	10	Monticello	29.02	3	
35 Marshall Cordes	11	Springville	29.28	2	
36 Casey Koppes	09	Cascade	29.56	3	
37 Dustin Sill	10	Springville	30.60	2	
38 Alex Foley	09	Springville	30.80	2	
39 Noah Houston	11	Maquoketa	31.37	1	
40 Jon LeGrand	09	Center Point-Urbana	31.78	1	
41 Alex Hackett	10	East Buchanan	31.91	2	
42 Tommy Brown	10	Tipton	33.48	1	
43 Brady Kouba	09	Central City	34.66	2	

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**Boys 400 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Gabe Countryman	12	Anamosa	55.62	4	10
2 Colton Borst	09	Anamosa	56.36	4	8
3 Dylan Rickels	11	Anamosa	56.70	4	6
4 Gavin Raabe	10	Easton Valley	58.84	4	5
5 Derick Koppes	11	Cascade	58.93	4	4
6 Lucas Unsen	09	Marion	59.48	3	3
7 Matthew Brase	11	Marion	59.53	4	2
8 Noah Jedlicka	11	Tipton	59.57	4	1
9 Austin Griest	11	Marion	1:00.27	3	
10 Brandon Valet	09	Tipton	1:02.11	3	
11 Tyler Kaalberg	09	Cascade	1:03.28	3	
12 Spencer DeMean	09	Springville	1:04.26	3	
13 Payton Henson	12	Easton Valley	1:04.55	3	
14 Quintin Hess	09	Edgewood-Colesburg	1:05.46	2	
15 Rylan Sawyer	09	East Buchanan	1:06.06	1	
16 Brandan Gibbons	12	Maquoketa	1:06.38	1	
17 Ethan Thompson	09	East Buchanan	1:06.84	3	
18 Joey Shannon	10	Cascade	1:07.49	2	
19 Dylan Kress	10	East Buchanan	1:09.43	1	
20 Holden Cordes	09	Springville	1:14.39	1	
21 Brady Kouba	09	Central City	1:21.72	1	
22 Alex Hoffner	11	Central City	1:30.75	1	
-- Jonathan Kearns	10	Edgewood-Colesburg	DQ	2	
-- Jose Nava Vega	10	Cascade	DQ	2	
-- Evan Christof	09	Easton Valley	DQ	2	
-- Owen Hansen	09	Center Point-Urbana	DQ	2	

**Boys 800 Meter Run**

Name	Year	School	Finals	H#	Points	
1 Noah Sams	12	Anamosa	2:11.39	3	10	
2 Zac Mclean	11	Anamosa	2:12.10	3	8	
3 Harrison Vanderlinden	11	Marion	2:14.36	3	6	
4 Tyler Meyeres	11	Maquoketa	2:19.42	3	5	
5 Cole Webster	10	Center Point-Urbana	2:19.54	3	4	
6 Cole Cruise	10	Monticello	2:20.04	3	3	2:20.035
7 Andrew Olseen	10	Tipton	2:20.04	3	2	2:20.038
8 Caleb Christiansen	11	Springville	2:22.18	3	1	
9 Trent Pelzer	10	Tipton	2:22.96	3		
10 Ben Ellis	11	Tipton	2:24.01	3		
11 Tyler Schnell	11	Center Point-Urbana	2:25.29	2		
12 Jonah Manternach	09	Cascade	2:27.73	2		
13 Derick Koppes	11	Cascade	2:28.31	3		
14 Hunter Vogel	09	Cascade	2:29.40	2		
15 Ben Barnhart	12	Monticello	2:31.80	2		
16 Jacob Zeimet	12	Easton Valley	2:32.80	2		

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**....Boys 800 Meter Run**

17 Mason Springer	11 Maquoketa	2:33.19	1
18 Randy Gerischer	11 Maquoketa	2:35.19	1
19 Tyler Kaalberg	09 Cascade	2:37.51	2
20 Logan Crawford	10 East Buchanan	2:38.13	1
21 Gavin Baugh	09 Monticello	2:39.44	1
22 Quintin Hess	09 Edgewood-Colesburg	2:40.24	2
23 Cade Zaruba	10 Springville	2:42.43	2
24 Connor Peterson	09 Center Point-Urbana	2:44.19	1
25 Spencer DeMean	09 Springville	2:45.51	2
26 Jonathan Kearns	10 Edgewood-Colesburg	2:45.62	2
27 Jayden Orcutt	09 Monticello	2:46.57	1
28 Jacob Koopman	10 Anamosa	2:46.90	1
29 Tryston Engen	09 Central City	2:46.93	2
30 Ethan Thompson	09 East Buchanan	2:51.06	1
31 Evan Christof	09 Easton Valley	2:51.46	1
32 Walker Schulte	09 Edgewood-Colesburg	3:00.20	1
33 Evan Meyer	09 Easton Valley	3:13.02	1

**Boys 1600 Meter Run**

Name	Year	School	Finals	H#	Points
1 Aaron Loes	12	Monticello	4:47.15	2	10
2 Jacob Wessel	12	Edgewood-Colesburg	5:01.09	2	8
3 Caleb Shumaker	09	Tipton	5:09.60	2	6
4 Jasper Nietert	09	Monticello	5:10.73	2	5
5 Reid Coates	10	Marion	5:11.63	2	4
6 Ben Moss	10	Anamosa	5:15.09	2	3
7 Connor Bjornsen	12	Marion	5:16.61	2	2
8 Carter Cruise	10	Monticello	5:17.19	2	1
9 Jed Wyse	11	Center Point-Urbana	5:20.37	2	
10 Mason Bach	09	Center Point-Urbana	5:27.31	2	
11 Carson Nauman	09	Cascade	5:27.50	2	
12 Christian French	12	East Buchanan	5:28.96	1	
13 Payton Auman	12	Anamosa	5:32.71	1	
14 Marshal VanDeVegte	09	Central City	5:38.84	1	
15 Caleb Otting	09	Anamosa	5:40.01	1	
16 Brady Lasack	11	Anamosa	5:41.36	2	
17 Alex Koppes	09	Springville	5:41.73	2	
18 Buddy Junge	11	Easton Valley	5:43.82	1	
19 Levi Temple	09	Monticello	5:44.60	1	
20 Landon Cohn	09	Springville	5:46.04	1	
21 Austin Smith	11	Springville	5:48.96	2	
22 Mason Springer	11	Maquoketa	5:49.34	1	
23 Logan Hoffman	12	Tipton	6:01.52	1	
24 Spencer Schnell	09	Center Point-Urbana	6:02.36	1	
25 Austin Cook	10	East Buchanan	6:17.32	1	
26 Evan Christof	09	Easton Valley	6:41.96	1	
27 Evan Meyer	09	Easton Valley	7:15.09	1	

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**Boys 3200 Meter Run**

Name	Year	School	Finals	Points
1 Harrison Vanderlinden	11	Marion	10:10.61	10
2 Jacob Wessel	12	Edgewood-Colesburg	10:33.22	8
3 Daniel Miller	12	Anamosa	10:39.02	6
4 Cole Cruise	10	Monticello	10:52.31	5
5 Ben Ellis	11	Tipton	10:56.28	4
6 Caleb Christiansen	11	Springville	11:02.87	3
7 Andrew Olseen	10	Tipton	11:05.01	2
8 Tyler Schnell	11	Center Point-Urbana	11:09.35	1
9 Jacob Zeimet	12	Easton Valley	11:30.41	
10 Brady Lasack	11	Anamosa	11:44.94	
11 Payton Auman	12	Anamosa	11:46.44	
12 Carson Nauman	09	Cascade	11:49.21	
13 Randy Gerischer	11	Maquoketa	12:03.19	
14 Buddy Junge	11	Easton Valley	12:03.49	
15 Cade Zaruba	10	Springville	12:25.00	
16 Tryston Engen	09	Central City	12:51.26	
17 Austin Cook	10	East Buchanan	13:40.31	

**Boys 110 Meter Hurdles**

Name	Year	School	Finals	H#	Points
1 Avery Martensen	11	Monticello	15.39	3	10
2 Blair Brooks	12	Marion	15.94	3	8
3 Nathan Dietiker	11	Anamosa	16.14	3	6
4 Frank Bierman	10	Tipton	16.39	3	5
5 Trevor Paulsen	11	Marion	16.48	3	4
6 Paden Zell	11	Tipton	16.61	3	3
7 Jake Ohl	12	East Buchanan	17.42	2	2
8 Alex Nealson	12	Monticello	17.44	2	1
9 Xavier Reeves	09	Edgewood-Colesburg	17.86	1	
10 Ethan Jeter	09	Cascade	18.70	2	
11 David Warrington	10	Central City	19.20	1	
12 Brady Graff	09	Cascade	19.96	1	

**Boys 400 Meter Hurdles**

Name	Year	School	Finals	H#	Points
1 Nathan Dietiker	11	Anamosa	1:02.00	3	10
2 Mitchell Gibbs	12	Cascade	1:02.42	3	8
3 Colton Borst	09	Anamosa	1:04.03	3	6
4 Maverick Gatrost	11	Center Point-Urbana	1:04.49	3	5
5 CJ Garnett	12	Center Point-Urbana	1:05.07	2	4
6 Jake Ohl	12	East Buchanan	1:05.83	2	3
7 Derek Koppes	12	Cascade	1:07.24	2	2
8 Frank Bierman	10	Tipton	1:07.56	2	1

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**....Boys 400 Meter Hurdles**

9 Xavier Reeves	09 Edgewood-Colesburg	1:07.87	2
10 James Mossman	11 East Buchanan	1:09.53	2
11 Nathan Keating	09 Anamosa	1:09.89	3
12 Ethan Jeter	09 Cascade	1:11.00	2
13 Noah Jedlicka	11 Tipton	1:11.06	1
14 Brennan Tye	09 Central City	1:11.67	1
15 David Warrington	10 Central City	1:13.85	1

**Boys 4x100 Meter Relay**

School	Finals	H#	Points
1 Maquoketa	47.26	3	10
1) Arvin Neth 12	2) Trey Cornelious 12		
3) Connor Becker 09	4) Caiden Atienza 09		
2 Monticello	48.65	3	8
1) Gavin Cooper 11	2) Brody Brokaw 11		
3) Colin Jordan 10	4) Max Keleher 12		
3 Anamosa	49.60	3	6
1) Gavin Betzer 12	2) Nathan Dietiker 11		
3) Alex Casey 09	4) Lazarius Bland 11		
4 Edgewood-Colesburg 'B'	50.42	2	5
1) Tony Wright 11	2) Andrew Hoeger-Pint 11		
3) Jordan Wegmann 10	4) Xavier Reeves 09		
5 Tipton	50.53	3	4
1) John Stroup 09	2) Austin Lenz 10		
3) Davis Butler 11	4) Paden Zell 11		
6 Tipton 'B'	x50.59	2	
1) Brandon Hines 09	2) Payten Elijah 09		
3) Andrew Stewart 11	4) Brandon Valet 09		
7 Marion 'B'	50.85	2	3
1) Trey Robertson 12	2) Carter Scott 09		
3) Patrick Bleadorn 11	4) Cooper Dewoody 10		
8 Center Point-Urbana	50.94	3	2
1) Ryan Kapfer 11	2) Logan Peterson 09		
3) Aaron Wendell 11	4) Collin Naaktgeboren 12		
9 Edgewood-Colesburg	x50.95	2	
1) Brayden Stannard 10	2) Max Bahls 10		
3) Cameron Kirby 09	4) Keegan Hansel 09		
10 Maquoketa 'B'	x51.53	1	
1) Richee Akinson 10	2) Bryce Hanson 11		
3) Drake Iverson 10	4) Reise Johnson 12		
11 Center Point-Urbana 'B'	x52.70	2	
1) Dylan Griswold 09	2) Zach Banning 10		
3) Alex Banning 10	4) Tristen Wiley 09		
12 Central City	52.91	1	1
1) Trey Orcutt 10	2) Nick Reid 10		
3) Cole Silver 09	4) Ethan Tye 09		
13 Anamosa 'B'	x52.98	2	

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**....Boys 4x100 Meter Relay**

1) Nathan Keating 09	2) Adam Kohl 11			
3) Tate Little 09	4) Walker Marsh 11			
14 East Buchanan		53.15	1	
1) Taylor Fox 11	2) AJ Kremer 09			
3) Carter Palmer 12	4) Luke Recker 09			
15 Monticello 'B'		x53.73	1	
1) Jon Mootz 11	2) Ben Oswald 10			
3) Ried Barnhart 10	4) Ethan Tallman 09			
16 Springville		54.64	2	
1) Zach March 11	2) Henry Hoogland 12			
3) Caleb Weber 10	4) Alex Foley 09			
17 Cascade 'B'		55.51	2	55.505
1) Jose Nava Vega 10	2) Cody Kremer 09			
3) Brady Graff 09	4) Casey Koppes 09			
18 Central City 'B'		x55.51	1	55.509
1) Cody Gray 12	2) Keegan Kula 10			
3) Wyatt Starry 11	4) Bryce Silver 12			
19 East Buchanan 'B'		x58.32	1	
1) Dylan Kress 10	2) Alex Hackett 10			
3) Ethan Thompson 09	4) Rylan Sawyer 09			

**Boys 4x200 Meter Relay**

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School		Finals	H#	Points
=====		=====		
1 Marion		1:37.61	3	10
1) Dawson Kirk 12	2) JuCorey Higgins 11			
3) Connor Whalen 10	4) Grant Meth 12			
2 Easton Valley		1:38.56	3	8
1) Cade Jargo 10	2) Cameron Wilhelm 12			
3) Payton Olson 12	4) Michael Parker 12			
3 Cascade		1:38.81	3	6
1) Mitchell Gibbs 12	2) Brock Simon 12			
3) Logan Otting 11	4) Austin Lieurance 12			
4 Tipton		1:40.71	3	5
1) Quinten Mesick 12	2) Blaise Thumma 12			
3) Bryce Deerberg 12	4) Corey Wallick 12			
5 Marion 'B'		x1:41.70	3	
1) Mitchell McAllister 11	2) Brayden Bettenga 10			
3) Jevin Manderscheid 12	4) Caden Miller-Baker 10			
6 Central City		1:43.27	2	4
1) Trey Holub 11	2) Marshal VanDeVegte 09			
3) Nick Reid 10	4) Michael Walker 12			
7 Anamosa		1:43.40	3	3
1) Gavin Betzer 12	2) Adam Kohl 11			
3) Lazarius Bland 11	4) Nathan Keating 09			
8 Cascade 'B'		x1:44.57	3	
1) Derek Kuntz 12	2) Johnny Supple 12			
3) Hugh Moloney 10	4) Derek Koppes 12			

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9 Center Point-Urbana	1:45.77	2	2
1) Logan Peterson 09		2) Aaron Wendell 11	
3) Ryan Kapfer 11		4) Dylan Griswold 09	
10 Tipton 'B'	x1:46.97	2	
1) Brandon Hines 09		2) Payten Elijah 09	
3) Andrew Stewart 11		4) Gavin Belitz 10	
11 Monticello	1:47.50	2	1
1) Colin Jordan 10		2) Adam Schmitt 10	
3) Ethan Tallman 09		4) Kain Luensman 09	
12 Edgewood-Colesburg	1:47.64	2	
1) Tony Wright 11		2) Jordan Wegmann 10	
3) Max Bahls 10		4) Andrew Hoeger-Pint 11	
13 Easton Valley 'B'	x1:48.20	2	
1) Kolton Murphy 09		2) Hudson Felkey 09	
3) Porter Fuegen 09		4) Nate Trenkamp 10	
14 Monticello 'B'	x1:51.28	1	
1) Jon Mootz 11		2) Caden Unga 09	
3) Dane Thomas 10		4) Ried Barnhart 10	
15 Anamosa 'B'	x1:51.53	2	
1) Wyatt Bickford 10		2) Wes Minnaert 09	
3) Tate Little 09		4) Cody Edson 10	
16 East Buchanan	1:51.70	1	
1) Taylor Fox 11		2) AJ Kremer 09	
3) Carter Palmer 12		4) Luke Recker 09	
17 Center Point-Urbana 'B'	x1:52.49	1	
1) Collin Naaktgeboren 12		2) Zach Banning 10	
3) Noah George 12		4) Timothy Kramer 09	
18 Central City 'B'	x1:54.00	1	
1) Ethan Tye 09		2) Dravin Silver 10	
3) Bryce Silver 12		4) Cole Silver 09	
19 Springville	1:54.02	2	
1) Caleb Weber 10		2) Tanner Malanaphy 10	
3) Kyle Koppes 10		4) Tommy Hagensick 09	
20 Maquoketa	1:54.85	3	
1) Bryce Hanson 11		2) Noah Houston 11	
3) James Linden 11		4) Jack Bowman 10	

**Boys 4x400 Meter Relay**

School	Finals	H#	Points
1 Anamosa	3:39.41	3	10
1) Eian Countryman 12		2) Logan Seeley 12	
3) Dylan Rickels 11		4) Noah Sams 12	
2 Center Point-Urbana	3:40.00	3	8
1) Jon Karteus 12		2) Mitch Anderson 12	
3) Max Chesmore 11		4) Hunter Peterson 12	
3 Tipton	3:47.03	3	6
1) Bryce Deerberg 12		2) Corey Wallick 12	





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**....Boys 4x400 Meter Relay**

3) Blaise Thumma 12	4) Quinten Mesick 12		
4 Anamosa 'B'	x3:48.16	3	
1) Gabe Countryman 12	2) Zac Mclean 11		
3) Daniel Miller 12	4) Nolan Mclean 09		
5 Easton Valley	3:49.90	3	5
1) Payton Olson 12	2) Michael Parker 12		
3) Cameron Wilhelm 12	4) Hudson Felkey 09		
6 Monticello	3:59.98	2	4
1) TJ Nealson 12	2) Alex Nealson 12		
3) Adam Schmitt 10	4) Cole Cruise 10		
7 Marion 'B'	4:07.08	2	3
1) Mitchell McAllister 11	2) Jevin Manderscheid 12		
3) Ethan Johnston 11	4) Brayden Bettenga 10		
8 East Buchanan	4:13.24	2	2
1) Mason Higgins 11	2) TJ Lau 09		
3) James Mossman 11	4) Cole Bowden 09		
9 Cascade	4:20.59	2	1
1) Hugh Moloney 10	2) Jonah Manternach 09		
3) Hunter Vogel 09	4) Jackson McAleer 09		
10 Tipton 'B'	x4:25.52	2	
1) Kayden Rezac 09	2) Trent Pelzer 10		
3) Craig Shaffer 10	4) Gavin Belitz 10		
11 Center Point-Urbana 'B'	x4:29.36	1	
1) Avery Andrews 11	2) Liam Easton 10		
3) Noah George 12	4) Connor Peterson 09		
12 Springville	4:36.85	1	
1) Jacob Hungate 10	2) Zane Taube 10		
3) Kyle Koppes 10	4) Caleb Christiansen 11		
13 Monticello 'B'	x4:50.50	1	
1) Ben Barnhart 12	2) Zach Chapman 09		
3) Keagan Glawatz 09	4) Gavin Baugh 09		
14 Springville 'B'	x5:03.00	1	
1) Tommy Hagensick 09	2) Tanner Malanaphy 10		
3) Holden Cordes 09	4) Marshall Cordes 11		

**Boys 4x800 Meter Relay**

School	Finals	Points
1 Anamosa	8:45.70	10
1) Dylan Rickels 11	2) Zac Mclean 11	
3) Gabe Countryman 12	4) Colton Borst 09	
2 Marion	8:50.74	8
1) Connor Whalen 10	2) Matthew Brase 11	
3) Cole Hemann 10	4) Reid Coates 10	
3 Tipton	9:06.90	6
1) Bryce Deerberg 12	2) Corey Wallick 12	
3) Caleb Shumaker 09	4) Noah Jedlicka 11	
4 Monticello	9:09.83	5

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1) Aaron Loes 12	2) Alex Nealson 12		
3) Ben Barnhart 12	4) Carter Cruise 10		
5 Springville		9:24.13	4
1) Jack Hoogland 09	2) Zach March 11		
3) Landon Cohn 09	4) Alex Koppes 09		
6 East Buchanan		9:59.53	3
1) Mason Higgins 11	2) Christian French 12		
3) Logan Crawford 10	4) Ethan Thompson 09		
7 Tipton 'B'		x10:02.43	
1) Kayden Rezac 09	2) Brandon Valet 09		
3) Craig Shaffer 10	4) Gavin Belitz 10		
8 Center Point-Urbana		10:15.16	2
1) Mason Bach 09	2) Liam Easton 10		
3) Spencer Schnell 09	4) Noah George 12		
9 Anamosa 'B'		x10:16.84	
1) Ben Moss 10	2) Caleb Otting 09		
3) Adam Kohl 11	4) Jacob Koopman 10		
10 Monticello 'B'		x10:45.62	
1) Levi Temple 09	2) Keagan Glawwatz 09		
3) Gavin Baugh 09	4) Jayden Orcutt 09		
11 East Buchanan 'B'		x11:27.47	
1) Gabe Gaxiola 09	2) Dylan Kress 10		
3) Alex Hackett 10	4) Rylan Sawyer 09		

**Boys 800 Sprint Medley**

School	Finals	H#	Points
1 Marion	1:39.85	3	10
1) Dawson Kirk 12	2) JuCorey Higgins 11		
3) Blair Brooks 12	4) Grant Meth 12		
2 Anamosa	1:39.99	3	8
1) Logan Seeley 12	2) Matthew Walton 11		
3) Eian Countryman 12	4) Noah Sams 12		
3 Center Point-Urbana	1:40.73	3	6
1) Hunter Peterson 12	2) Max Chesmore 11		
3) Mitch Anderson 12	4) Jon Karteus 12		
4 Easton Valley	1:41.02	3	5
1) Cade Jargo 10	2) Cameron Wilhelm 12		
3) Payton Olson 12	4) Michael Parker 12		
5 Monticello	1:42.82	3	4
1) Avery Martensen 11	2) Brody Brokaw 11		
3) Gavin Cooper 11	4) Max Keleher 12		
6 Tipton	1:45.42	2	3
1) Quinten Mesick 12	2) Brandon Hines 09		
3) Austin Lenz 10	4) Blaise Thumma 12		
7 Central City	1:46.13	3	2
1) Marshal VanDeVegte 09	2) Nick Reid 10		
3) Trey Holub 11	4) Michael Walker 12		

**Cascade Early Bird Invitational  
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**....Boys 800 Sprint Medley**

8 Edgewood-Colesburg	1:47.85	2	1
1) Brayden Stannard 10			
3) Jordan Wegmann 10			
9 Tipton 'B'	x1:49.15	1	
1) John Stroup 09			
3) Davis Butler 11			
10 Monticello 'B'	x1:49.21	2	
1) Colin Jordan 10			
3) TJ Nealson 12			
11 Cascade	1:49.68	3	
1) Derek Kuntz 12			
3) Hugh Moloney 10			
12 Center Point-Urbana 'B'	x1:49.88	2	
1) CJ Garnett 12			
3) Avery Andrews 11			
13 Easton Valley 'B'	x1:50.13	2	
1) Kolton Murphy 09			
3) Gavin Raabe 10			
14 Anamosa 'B'	x1:51.00	2	
1) Gavin Betzer 12			
3) Wyatt Bickford 10			
15 Springville	1:52.40	1	
1) Zane Taube 10			
3) Henry Hoogland 12			
16 Marion 'B'	x1:53.37	2	
1) Mason Rahe 11			
3) Gage Franck 09			
17 Maquoketa	1:53.50	2	
1) Richee Akinson 10			
3) Drake Iverson 10			
18 Maquoketa 'B'	x1:55.89	1	
1) Noah Houston 11			
3) Emmett Sheets 09			
19 Edgewood-Colesburg 'B'	x2:01.38	1	
1) Tony Wright 11			
3) Quintin Hess 09			
-- East Buchanan	DQ	3	
1) Nolan Meyer 11			
3) Brock Naber 11			

**Boys Distance Medley**

School	Finals	H#	Points
1 Center Point-Urbana	3:51.44	3	10
1) Max Chesmore 11			
3) Mitch Anderson 12			
2 Anamosa	3:57.21	3	8
1) Lazarius Bland 11			
2) Noah Sams 12			

**Cascade Early Bird Invitational  
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**....Boys Distance Medley**

3) Eian Countryman 12	4) Daniel Miller 12			
3 Maquoketa	4:01.15	2	6	
1) Richee Akinson 10	2) Connor Becker 09			
3) Dalen Acton 11	4) Tyler Meyeres 11			
4 Monticello	4:03.33	2	5	
1) Brody Brokaw 11	2) Adam Schmitt 10			
3) Gavin Cooper 11	4) Jasper Nietert 09			
5 Edgewood-Colesburg	4:06.73	3	4	
1) Xavier Reeves 09	2) Keegan Hansel 09			
3) Cameron Kirby 09	4) Jacob Wessel 12			
6 Center Point-Urbana 'B'	x4:08.80	3		
1) Collin Naaktgeboren 12	2) Maverick Gatrost 11			
3) Avery Andrews 11	4) Jed Wyse 11			
7 Marion 'B'	4:10.26	3	3	
1) Cooper Dewoody 10	2) Hunter Johnson 12			
3) Dae Quan Johnson 09	4) Ethan Johnston 11			
8 Tipton	4:14.82	2	2	
1) Austin Lenz 10	2) Davis Butler 11			
3) Logan Hoffman 12	4) Trent Pelzer 10			
9 Cascade	4:16.51	2	1	
1) Hugh Moloney 10	2) Cody Kremer 09			
3) Jonah Manternach 09	4) Hunter Vogel 09			
10 Marion	x4:20.54	3		
1) Gage Franck 09	2) Wyatt Cannon 09			
3) Bryson Mossman 09	4) Connor Bjornsen 12			
11 Anamosa 'B'	x4:21.40	2		
1) Alex Casey 09	2) Cody Edson 10			
3) Nathan Keating 09	4) Brady Lasack 11			
12 Easton Valley	4:22.58	3		
1) Ronald Jones 12	2) Nate Trenkamp 10			
3) Casey Reuter 12	4) Jacob Zeimet 12			
13 Tipton 'B'	x4:24.31	1		
1) Frank Bierman 10	2) Paden Zell 11			
3) Craig Shaffer 10	4) Kayden Rezac 09			
14 East Buchanan	4:25.31	1		
1) Carter Palmer 12	2) Brock Naber 11			
3) Mason Higgins 11	4) Logan Crawford 10			
15 Monticello 'B'	x4:28.53	1		
1) Kain Luensman 09	2) Ried Barnhart 10			
3) TJ Nealson 12	4) Zach Chapman 09			
16 Central City	4:34.71	3		
1) Ethan Tye 09	2) Trey Orcutt 10			
3) Cole Silver 09	4) Brennan Tye 09			
17 Springville	4:47.55	2		
1) Zach March 11	2) Zane Taube 10			
3) Austin Smith 11	4) Marshall Cordes 11			

**Cascade Early Bird Invitational**  
**Cascade High School**  
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**Boys 4x110 Meter Shuttle Hurdle**

School	Finals	H#	Points
1 Tipton	1:04.48	3	10
1) Frank Bierman 10	2) Davis Butler 11		
3) Payten Elijah 09	4) Paden Zell 11		
2 Cascade	1:04.50	4	8
1) Mitchell Gibbs 12	2) Johnny Supple 12		
3) Derek Koppes 12	4) Logan Otting 11		
3 Anamosa	1:07.13	4	6
1) Gavin Betzer 12	2) Matthew Walton 11		
3) Logan Seeley 12	4) Nathan Dietiker 11		
4 Marion	1:08.55	4	5
1) Trevor Paulsen 11	2) Trey Robertson 12		
3) Carter Scott 09	4) Carter Gustafson 09		
5 East Buchanan	1:09.17	3	4
1) Jake Ohl 12	2) Nolan Meyer 11		
3) Taylor Fox 11	4) James Mossman 11		
6 Cascade 'B'	x1:12.45	3	
1) Ethan Jeter 09	2) Jackson McAleer 09		
3) Brady Graff 09	4) Casey Koppes 09		
7 Center Point-Urbana	1:14.91	2	3
1) CJ Garnett 12	2) Maverick Gatrost 11		
3) Tristen Wiley 09	4) Connor Peterson 09		
8 Marion 'B'	x1:15.08	2	
1) Dae Quan Johnson 09	2) Gage Franck 09		
3) Dalton Cannon 11	4) Lucas Unsen 09		
9 Easton Valley	1:16.26	4	2
1) Braydin Farrell 10	2) Casey Reuter 12		
3) Porter Fuegen 09	4) Parker Olson 09		
10 Maquoketa	1:16.46	2	1
1) Trey Cornelious 12	2) Payton Scheuller 09		
3) Aaron Bramer 11	4) Dalen Acton 11		
11 East Buchanan 'B'	x1:17.73	1	
1) Cole Bowden 09	2) AJ Kremer 09		
3) Christian French 12	4) TJ Lau 09		
12 Central City	1:17.77	2	
1) Trey Orcutt 10	2) Brennan Tye 09		
3) Ethan Tye 09	4) David Warrington 10		
13 Springville	1:20.05	1	
1) Henry Hoogland 12	2) Tanner Malanaphy 10		
3) Kyle Koppes 10	4) Tommy Hagensick 09		
-- Springville 'B'	DQ	1	
1) Austin Smith 11	2) Grant Gloeckner 09		
3) Holden Cordes 09	4) Matas Rubis 12		
-- Anamosa 'B'	DQ	3	
1) Alex Casey 09	2) Nolan Mclean 09		
3) Walker Marsh 11	4) Wyatt Bickford 10		

**Cascade Early Bird Invitational**  
**Cascade High School**  
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**Boys High Jump**

Name	Year	School	Finals	Points
1 Avery Martensen	11	Monticello	5-10.00	10
2 Andrew Stewart	11	Tipton	5-08.00	8
3 Jake Ohl	12	East Buchanan	J5-08.00	6
4 Colton Borst	09	Anamosa	5-06.00	5
5 Wyatt Cannon	09	Marion	5-04.00	4
6 David Warrington	10	Central City	J5-04.00	3
7 Cody Westcott	11	Center Point-Urbana	5-00.00	2
-- Dae Quan Johnson	09	Marion	NH	
-- TJ Nealson	12	Monticello	NH	
-- Caden Ungs	09	Monticello	NH	
-- Gavin Raabe	10	Easton Valley	NH	
-- Jackson McAleer	09	Cascade	NH	
-- Mason Springer	11	Maquoketa	NH	
-- Curtis Hartung	11	Easton Valley	NH	

**Boys Long Jump**

Name	Year	School	Finals	Points
1 Quinten Mesick	12	Tipton	19-08.00	10
2 Avery Martensen	11	Monticello	19-05.50	8
3 Alex Nealson	12	Monticello	18-08.50	6
4 Brock Simon	12	Cascade	18-04.50	5
5 Thomas McAllister	09	Marion	18-01.00	4
6 Lazarius Bland	11	Anamosa	17-09.50	3
7 Keegan Hansel	09	Edgewood-Colesburg	17-07.50	2
8 Brady Lasack	11	Anamosa	17-04.50	1
9 Wes Minnaert	09	Anamosa	17-02.50	
10 Lucas Unsen	09	Marion	16-11.00	
11 Tony Wright	11	Edgewood-Colesburg	16-09.00	
12 Jacob Hungate	10	Springville	16-07.00	
13 Connor Becker	09	Maquoketa	16-06.50	
14 Payton Scheuller	09	Maquoketa	16-04.50	
15 Brayden Stannard	10	Edgewood-Colesburg	15-10.00	
16 Joey Shannon	10	Cascade	15-09.50	
17 Cameron Kirby	09	Edgewood-Colesburg	15-05.00	
18 Payton Henson	12	Easton Valley	13-05.00	
19 Aaron Bramer	11	Maquoketa	13-04.00	

**Boys Shot Put**

Name	Year	School	Finals	Points
1 Wade Picray	11	Monticello	44-06.50	10
2 Isaac Kono	12	Center Point-Urbana	44-01.00	8
3 Nick Takes	11	Center Point-Urbana	42-07.00	6
4 Shawn Buhr	11	Anamosa	42-05.00	5

**Cascade Early Bird Invitational  
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**....Boys Shot Put**

5	Caleb Wagner	12	Marion	42-04.50	4
6	Austin Brubaker	11	Center Point-Urbana	42-01.00	3
7	Derek Kuntz	12	Cascade	41-02.00	2
8	Lake Stahlberg	11	Monticello	40-0.75	1
9	Derek Besick	11	Center Point-Urbana	39-07.75	
10	Wyatt Starry	11	Central City	38-07.25	
11	Mason Rueter	10	Monticello	38-04.50	
12	Quentin Recker	12	Cascade	38-0.25	
13	Cody Gray	12	Central City	37-03.50	
14	Luke Recker	09	East Buchanan	36-11.25	
15	Brayden Cleeton	09	Monticello	35-11.50	
16	Max Kuan	11	Maquoketa	35-08.50	
17	Will Marburger	11	Easton Valley	35-05.75	
18	Mitch McMurrin	10	Tipton	35-03.50	
19	Reid Hinerichsen	10	Easton Valley	34-11.25	
20	Nile Schuett	09	Tipton	33-11.25	
21	Garret Wagner	09	Marion	33-10.75	
22	Kaden Swanger	09	Marion	33-10.25	
23	Wes Minnaert	09	Anamosa	33-05.00	
24	Brendon Koch	10	Maquoketa	33-00.00	
25	Cory Fairbanks	09	Marion	32-09.25	
26	Jake Jones	09	Edgewood-Colesburg	32-06.50	
27	Keegan Kula	10	Central City	32-0.25	
28	Caleb Weber	12	Cascade	31-11.50	
29	Anthony Hansen	12	Maquoketa	30-10.50	
30	Parker Wright	11	Cascade	30-01.00	
31	Teddy Koch	09	Maquoketa	29-10.25	
32	Carson Charves	09	Tipton	27-06.25	
33	Zane Taube	10	Springville	27-03.25	
34	Henry Butera	10	Edgewood-Colesburg	26-08.75	
35	Landon Cohn	09	Springville	25-09.50	
36	Hayden Bormann	10	Easton Valley	25-03.50	
37	Travis Evens	09	Springville	25-0.75	
38	Cole Chapman	11	Anamosa	25-0.50	
39	Alex Hoffner	11	Central City	24-05.50	
40	Alex Foley	09	Springville	23-07.00	
41	Daken Kramer	09	Easton Valley	22-11.75	

**Boys Discus Throw**

Name	Year	School	Finals	Points
1 Isaac Kono	12	Center Point-Urbana	127-09	10
2 Caleb Wagner	12	Marion	125-08	8
3 Cody Westcott	11	Center Point-Urbana	124-08	6
4 Henry Hoogland	12	Springville	117-04	5
5 Wade Picray	11	Monticello	116-02	4
6 Luke Weber	10	Monticello	115-00	3
7 Nolan Mclean	09	Anamosa	114-00	2



**Cascade Early Bird Invitational  
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**....Boys Discus Throw**

8 Lake Stahlberg	11 Monticello	109-04	1
9 Nick Takes	11 Center Point-Urbana	104-02	
10 Nile Coghlan	11 Central City	103-07	
11 Taylor Fox	11 East Buchanan	101-06	
12 Quentin Recker	12 Cascade	100-05	
13 Wyatt Starry	11 Central City	98-03	
14 Shawn Buhr	11 Anamosa	97-02	
15 Jake Jones	09 Edgewood-Colesburg	93-02	
16 Reid Hinerichsen	10 Easton Valley	90-00	
17 Nile Schuett	09 Tipton	86-07	
18 Mitch McMurrin	10 Tipton	85-00	
19 Dalton Cannon	11 Marion	83-04	
20 Perry Barnes	12 Maquoketa	82-04	
21 Keegan Kula	10 Central City	79-08	
22 Parker Wright	11 Cascade	79-04	
23 Cory Fairbanks	09 Marion	77-09	
24 Kaleb Topping	09 Cascade	76-00	
24 Caleb Weber	12 Cascade	76-00	
26 Brendon Koch	10 Maquoketa	74-08	
27 Carson Charves	09 Tipton	71-06	
28 Travis Evens	09 Springville	70-00	
29 Hayden Bormann	10 Easton Valley	66-09	
30 Henry Butera	10 Edgewood-Colesburg	66-03	
31 Dustin Ferris	09 Central City	64-04	

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Women - Team Rankings - 19 Events Scored

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1) Benton Community	115	2) Cascade	96
3) Western Dubuque	91	4) Anamosa	88
5) Tipton	76	6) North Linn	55
7) Center Point-Urbana	48	8) Lisbon	41
9) Springville	38	9) Marion	38
11) Maquoketa	27	12) Central City	25

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Men - Team Rankings - 19 Events Scored

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1) Anamosa	156	2) Monticello	122
3) Marion	104	4) Center Point-Urbana	90
5) Tipton	78	6) Cascade	42
7) Easton Valley	38	8) Edgewood-Colesburg	28
9) Maquoketa	27	10) Central City	21
11) East Buchanan	20	12) Springville	13